

Nederlandse Junioren Kampioenschappen



KNZB i.s.m. Z&PV Nuenen
Eindhoven 21-6-2024 t/m 23-6-2024

Nummer: 1 - vrijdag 21 juni 2024 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

1. 50m vrije slag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	00:23.39(+71)
2. Siem de Zeeuw (OZ&PC, 200800013)	00:23.82(+69)
3. Kaan Sudak (Blue Marlins, 200803733)	00:23.86(+62)
4. Ruben Baars (DWK, 200900471)	00:24.90(+67)
5. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	00:24.93(+72)
6. Giulian Janssen (PSV, 200900125)	00:25.02(+61)
7. Bram ter Braak (De Dinkel, 200800281)	00:25.10(+77)
8. Mattia Maggio (Hellas-Glana, 200903311)	00:25.11(+62)
8. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:25.11(+64)
10. Job Sportel (De Dinkel, 200800429)	00:25.61(+67)
11. Suraj Baladurage (Team Noord Holland (SG), 200801291)	00:25.74(+59)
12. Filip Piszczynski (KSN (SG), 200802125)	00:25.80(+63)
12. Cruz de Groot (Team Noord Holland (SG), 200801077)	00:25.80(+54)
14. Luca Boorsma (De Dolfijn, 200902031)	00:25.85(+54)
15. Xiaoyu Yin (Blue Marlins, 200803363)	00:25.86(+70)
16. Xander Boets (ZPC de Kanaalstreek, 200800133)	00:25.91(+76)
17. Rens Noordover (Team Noord Holland (SG), 200800237)	00:25.97(+67)
18. Willem Weustink (Team Noord Holland (SG), 200800109)	00:26.01(+65)
19. Teun Overmars (OZ&PC, 200800103)	00:26.02(+67)
20. Neo Reiber (Feijenoord Albion, 200900699)	00:26.05(+58)
21. Gerjan Berends (ZPC Hoogeveen, 200900169)	00:26.06(+67)
22. Feddo Smink (ZPC AMERSFOORT, 200900007)	00:26.07(+63)
23. Milan Veelders (De Dinkel, 200800279)	00:26.10(+76)
23. Floris van der Valk (Wiekslag, 200801891)	00:26.10(+67)
25. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	00:26.11(+75)
26. Adriaan Coppelmans (AZC, 200903243)	00:26.14(+66)
27. Daniël Wegman (Oceanus, 200802843)	00:26.17(+68)
28. Diede Veld (HZ&PC Heerenveen, 200800011)	00:26.26(+78)
28. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187)	00:26.26(+63)

28. Arjan Boogaard (Deltasteur, 200800093)	00:26.26(+66)
31. Rian Schoneveld (De Berkelduikers, 200801789)	00:26.29(+63)
32. Bjorn Scholten (OZ&PC, 200801143)	00:26.30(+76)
33. Daan Borst (Niemo Barracuda, 200801435)	00:26.33(+66)
34. Bas Mostert (VZC, 200800629)	00:26.47(+71)
35. Thygo van de Peppel (Blue Marlins, 200901101)	00:26.48(+66)
36. Fabian Riedijk (Blue Marlins, 200800603)	00:26.54(+73)
37. Jelte de Jong (ZPCH, 200900975)	00:26.55(+71)
38. Ivo Bot (Wiekslag, 200900509)	00:26.60(+72)
38. Rein Stoel (ZVL-1886, 200800463)	00:26.60(+72)
40. Tibbe Rongen (SBC2000, 200801929)	00:26.62(+65)
41. Delano van der Wegen (Hieronymus, 200801941)	00:26.70(+68)
42. Damir Mustafic (DZ&PC, 200800885)	00:26.72(+82)
42. Tim Brouwer (Aqua-Novio'94, 200800989)	00:26.72(+66)
44. Wessel van Dorst (Aqua-Novio'94, 200900727)	00:26.74(+68)
45. Alexander Griston (De Dolfijn, 200803053)	00:26.76(+65)
46. Luuk Knijnenburg (De Columbiaan, 200802291)	00:26.77(+68)
47. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	00:26.82(+69)
48. Timo Berghuis (NDD, 200801991)	00:26.87(+69)
49. Koen de Vries (MZ&PC De Reest, 200802379)	00:26.90(+69)
50. Kyanu Sprott (Aqua-Novio'94, 200801241)	00:26.93(+70)
51. Jannick van Eeghem (Hellas-Glana, 200800147)	00:26.96(+70)
51. Twan Wielage (KSN (SG), 200902671)	00:26.96
53. Alex Woe (Poseidon'56, 200801393)	00:27.02(+55)
54. Aditya Winterberg (Blue Marlins, 200800953)	00:27.05(+60)
54. Brent Schiffers (ZPC Woerden, 200902041)	00:27.05(+71)
56. Mart Tempelman (Dedemsvaart-AC, 200801075)	00:27.06(+69)
57. Tariq van Laar (De Rijn, 200900819)	00:27.08(+67)
58. Youp Stuifzand (Deltasteur, 200800521)	00:27.12(+62)
59. Sven Buijs (Hieronymus, 200902853)	00:27.16
60. Daequan Ramos (ZPC Hoogeveen, 200901709)	00:27.17(+73)
61. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	00:27.20(+72)
62. Bink de Vries (AZC, 200901887)	00:27.28(+67)
63. Paul Ruitenbergh (De Geul, 200900979)	00:27.46(+72)
64. Niek Endeman (Deltasteur, 200902567)	00:27.49(+68)
2. 50m vrije slag - Dames	
13 - 14 jaar (Junioren 3 en 4)	
1. Juliëtte Woltjes (VZC, 200900774)	00:27.20(+74)
2. Carla Moreno Palacios (De Dolfijn, 201002302)	00:27.28(+65)

3. Fay Boxum (DZ&PC, 200900060)	00:27.43(+76)
4. Kinley Cole (PSV, 200903696)	00:27.66(+65)
4. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:27.66(+74)
6. Tara Langkamp (Aqua-Novio'94, 200900362)	00:28.10(+66)
7. Jenny Muntinga (ZPCH, 200900450)	00:28.39(+69)
8. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:28.41(+66)
9. Fenna Westerneng (DZ&PC, 200900070)	00:28.44(+70)
10. Patricia de Leu (Team Noord Holland (SG), 200900982)	00:28.46(+61)
11. Esmee de Raadt (Feijenoord Albion, 201002328)	00:28.49(+67)
12. Mariia Kostina (Blue Marlins, 201002042)	00:28.51(+70)
13. Myla Klaassen (Aqua-Novio'94, 200900110)	00:28.56(+68)
14. Megan Snoek (DAW, 200900888)	00:28.58(+60)
15. Madeleine Bertram (De Dolfijn, 200900516)	00:28.61(+75)
15. Flo Streep (DAW, 200900676)	00:28.61(+71)
17. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:28.69(+82)
18. Simone Faber (Deltasteur, 200900710)	00:28.71(+74)
19. Lotte Lübbers (KSN (SG), 200900190)	00:28.76(+76)
20. Tessa van Beek (DWK, 201001446)	00:28.77(+72)
21. Paula Spans (ZPC AMERSFOORT, 201000064)	00:28.80(+71)
22. Charlotte Landman (ESCA Zwemmen, 200901290)	00:28.83(+72)
23. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:28.91(+65)
24. Eva Ehlert (GZC DONK, 201002026)	00:28.93(+76)
25. Fenna Zusterzeel (PSV, 201000008)	00:28.98(+68)
26. Nienke Koster (ZPC Hoogeveen, 200900612)	00:28.99(+66)
27. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)	00:29.00(+68)
28. Famke Franzen (De Schotelij, 201000058)	00:29.01(+74)
29. Caitlin Sülter (Aqua-Novio'94, 200900046)	00:29.06(+64)
30. Dewi Meijer (De Dolfijn, 201000302)	00:29.10(+72)
31. Faye Thijsse (WVZ, 201001364)	00:29.12(+64)
32. Isis Verhoeff (De Otters Het Gooi, 200902962)	00:29.20(+75)
33. Yaell Elmerink (ZPC De Hof, 200900310)	00:29.22(+68)
34. Suuz Griekspoor (Noordwijkerhout, 200901204)	00:29.42(+71)
35. Fleur van den Eijk (Blue Marlins, 200900304)	00:29.43(+69)
36. Julia Dąbrowska (Blue Marlins, 201000300)	00:29.45(+68)
37. Kim Bouman (ZPC AMERSFOORT, 201000262)	00:29.47(+80)
38. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)	00:29.50(+79)
39. Emma Steenbrink (WS Twente, 200901376)	00:29.53(+81)
40. Nina van der Schrier (AZC, 201000444)	00:29.54(+71)
40. Jorja Verschoor (AZC, 200902640)	00:29.54(+74)

42. Jaydee Leenders (Aqua-Novio'94, 200900112)	00:29.55(+72)
43. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	00:29.60(+78)
44. Anouk Vis (Z&PC De Zeeuwse Kust, 200900286)	00:29.61(+72)
45. Ann Hietbrink (ZPC De Hof, 200902444)	00:29.62(+76)
46. Merel Bijl (SG SCOM/de Zeehond'73, 200900762)	00:29.64(+72)
47. Elin Riedijk (Blue Marlins, 201002056)	00:29.67(+79)
48. Fenne de Vogt (DWK, 200901656)	00:29.81(+67)
49. Puck van Wees (De Dolfijn, 200901020)	00:29.83(+74)
50. Eva de Man (Aqua-Novio'94, 201000294)	00:29.90(+69)
51. Anouk Steller (WVZ, 201000004)	00:29.92(+75)
52. Nicole Pestman (De Granaet, 201000668)	00:29.96(+59)
52. Karlijn Siderius (DWK, 200900032)	00:29.96(+80)
54. Elise Dorlandt (HZ&PC Heerenveen, 201000232)	00:30.00(+72)
55. Pieke Beekhuis (ZPC AMERSFOORT, 201000090)	00:30.02(+73)
56. Karlijn van der Schrier (Hieronymus, 200900834)	00:30.15(+73)
56. Demi Bos (Niemo Barracuda, 201001282)	00:30.15(+77)
58. Anouk de Jong (GZC DONK, 200902506)	00:30.19(+58)
59. Fardau Cazemier (ZCNF'34, 200901736)	00:30.41(+70)
60. Marjolie Spelde (ZC Borger, 200900266)	00:32.44(+75)
3. 400m vrije slag - Heren	
12 - 13 jaar (Junioren 1 en 2)	
1. Ilias Hamdouch (Wahoo Swimming, 201003617)	04:31.38(+69)
50m 00:29.73 29,73 150m 01:37.14 34,22 250m 02:47.29 34,90 350m 03:58.15 35,11	
100m 01:02.92 33,19 200m 02:12.39 35,25 300m 03:23.04 35,75	
2. Ramon Vos (ZPC Hoogeveen, 201100051)	04:33.73(+64)
50m 00:30.14 30,14 150m 01:38.66 34,95 250m 02:49.46 35,07 350m 03:59.71 33,99	
100m 01:03.71 33,57 200m 02:14.39 35,73 300m 03:25.72 36,26	
3. Abel op den Velde (De Duinkickers, 201000079)	04:36.99(+77)
50m 00:30.32 30,32 150m 01:40.49 35,80 250m 02:51.79 35,96 350m 04:03.00 35,34	
100m 01:04.69 34,37 200m 02:15.83 35,34 300m 03:27.66 35,87	
4. Evren Ege Orcunus (De Dolfijn, 201003253)	04:37.81(+68)
50m 00:30.42 30,42 150m 01:39.24 34,89 250m 02:51.00 35,66 350m 04:03.06 35,97	
100m 01:04.35 33,93 200m 02:15.34 36,10 300m 03:27.09 36,09	
5. Mathijs Boersma (ZPC Hoogeveen, 201000313)	04:39.11(+87)
50m 00:31.02 31,02 150m 01:40.75 35,37 250m 02:52.91 35,96 350m 04:04.47 35,43	
100m 01:05.38 34,36 200m 02:16.95 36,20 300m 03:29.04 36,13	
6. Thijmen Pruijssers (Hieronymus, 201000129)	04:40.60(+77)
50m 00:30.60 30,60 150m 01:41.17 35,85 250m 02:53.94 36,46 350m 04:06.43 36,21	
100m 01:05.32 34,72 200m 02:17.48 36,31 300m 03:30.22 36,28	
7. Baris Tomu (ZPCH, 201000869)	04:40.71(+65)
50m 00:30.28 30,28 150m 01:40.14 35,13 250m 02:52.59 35,89 350m 04:05.56 36,00	
100m 01:05.01 34,73 200m 02:16.70 36,56 300m 03:29.56 36,97	
8. Max van der Spank (Hieronymus, 201000275)	04:40.78(+71)
50m 00:28.86 28,86 150m 01:40.47 36,43 250m 02:53.98 36,69 350m 04:07.47 36,62	
100m 01:04.04 35,18 200m 02:17.29 36,82 300m 03:30.85 36,87	
9. Mattias Stolk (HZ&PC Heerenveen, 201000525)	04:42.08(+71)

	50m 00:31.14 31,14	150m 01:41.10 35,13	250m 02:53.34 36,18	350m 04:05.81 36,33	
	100m 01:05.97 34,83	200m 02:17.16 36,06	300m 03:29.48 36,14		
10. Joey Snabel (ZPC AMERSFOORT, 201002847)					04:42.69(+69)
	50m 00:29.87 29,87	150m 01:39.94 35,82	250m 02:53.48 36,78	350m 04:06.76 36,84	
	100m 01:04.12 34,25	200m 02:16.70 36,76	300m 03:29.92 36,44		
11. Ruben Kragt (Dedemsvaart-AC, 201000007)					04:42.82(+67)
	50m 00:30.14 30,14	150m 01:40.43 35,93	250m 02:54.48 37,05	350m 04:08.23 36,60	
	100m 01:04.50 34,36	200m 02:17.43 37,00	300m 03:31.63 37,15		
12. Bink Elgersma (Zwemlust-den Hommel, 201000137)					04:42.97(+67)
	50m 00:30.93 30,93	150m 01:42.75 36,84	250m 02:56.26 36,76	350m 04:09.49 36,58	
	100m 01:05.91 34,98	200m 02:19.50 36,75	300m 03:32.91 36,65		
13. Tycho Wienbelt (De Vikings, 201001397)					04:43.20(+73)
	50m 00:32.07 32,07	150m 01:43.25 36,10	250m 02:56.22 36,60	350m 04:08.57 36,02	
	100m 01:07.15 35,08	200m 02:19.62 36,37	300m 03:32.55 36,33		
14. Mathijs de Wit (KSN (SG), 201001215)					04:44.52(+67)
	50m 00:30.57 30,57	150m 01:42.59 36,78	250m 02:55.53 36,74	350m 04:09.32 37,20	
	100m 01:05.81 35,24	200m 02:18.79 36,20	300m 03:32.12 36,59		
15. Duco de Gelder (Blue Marlins, 201000217)					04:44.69(+65)
	50m 00:30.55 30,55	150m 01:41.41 36,06	250m 02:54.58 36,41	350m 04:08.69 37,23	
	100m 01:05.35 34,80	200m 02:18.17 36,76	300m 03:31.46 36,88		
16. Dax van den Noulant (Blue Marlins, 201000071)					04:45.86(+66)
	50m 00:31.60 31,60	150m 01:43.38 36,28	250m 02:57.61 37,30	350m 04:11.01 36,45	
	100m 01:07.10 35,50	200m 02:20.31 36,93	300m 03:34.56 36,95		
17. Matthijs van Velzen (Deltasteur, 201100435)					04:46.09(+62)
	50m 00:30.09 30,09	150m 01:42.31 36,82	250m 02:56.05 36,97	350m 04:10.77 37,13	
	100m 01:05.49 35,40	200m 02:19.08 36,77	300m 03:33.64 37,59		
18. Alief Jan van der Sluis (PSV, 201003425)					04:48.19(+77)
	50m 00:31.15 31,15	150m 01:44.89 37,07	250m 02:58.88 36,57	350m 04:13.29 36,58	
	100m 01:07.82 36,67	200m 02:22.31 37,42	300m 03:36.71 37,83		
19. Myron Artemenko (Niemo Barracuda, 201003021)					04:48.34(+70)
	50m 00:30.41 30,41	150m 01:42.78 37,02	250m 02:56.56 36,69	350m 04:11.84 37,79	
	100m 01:05.76 35,35	200m 02:19.87 37,09	300m 03:34.05 37,49		
20. Oleksandr Hordiienko (De Aalscholver, 201003061)					04:50.06(+68)
	50m 00:32.23 32,23	150m 01:46.84 37,49	250m 03:02.84 38,03	350m 04:15.66 35,60	
	100m 01:09.35 37,12	200m 02:24.81 37,97	300m 03:40.06 37,22		
21. Mathieu Gepkens (VZC, 201000045)					04:50.62(+86)
	50m 00:31.84 31,84	150m 01:44.19 36,38	250m 02:58.39 37,25	350m 04:13.44 37,50	
	100m 01:07.81 35,97	200m 02:21.14 36,95	300m 03:35.94 37,55		
22. Laurens van Nulck (Hellas-Glana, 201100521)					04:51.00(+71)
	50m 00:32.46 32,46	150m 01:44.88 36,80	250m 02:59.27 37,15	350m 04:14.22 36,88	
	100m 01:08.08 35,62	200m 02:22.12 37,24	300m 03:37.34 38,07		
23. Eli Shields (Niemo Barracuda, 201000407)					04:51.02(+66)
	50m 00:31.59 31,59	150m 01:45.81 37,64	250m 03:01.21 37,72	350m 04:16.43 37,20	
	100m 01:08.17 36,58	200m 02:23.49 37,68	300m 03:39.23 38,02		
24. Gwee Bokma (Zwemlust-den Hommel, 201002259)					04:52.54(+52)
	50m 00:32.05 32,05	150m 01:45.29 37,32	250m 02:59.95 37,01	350m 04:16.28 37,98	
	100m 01:07.97 35,92	200m 02:22.94 37,65	300m 03:38.30 38,35		
25. Girish Nolden (Blue Marlins, 201000087)					04:52.86(+69)
	50m 00:30.88 30,88	150m 01:43.58 36,99	250m 03:00.10 38,88	350m 04:16.89 38,17	
	100m 01:06.59 35,71	200m 02:21.22 37,64	300m 03:38.72 38,62		
26. Mauro Bedeke (DAW, 201000537)					04:53.35(+66)
	50m 00:32.20 32,20	150m 01:45.61 37,30	250m 03:00.93 37,53	350m 04:16.72 37,50	
	100m 01:08.31 36,11	200m 02:23.40 37,79	300m 03:39.22 38,29		
27. Thijs Jonkman (De Duck, 201000481)					04:54.18(+72)

	50m 00:32.47 32,47	150m 01:46.00 37,67	250m 03:03.12 38,73	350m 04:19.19 36,79	
	100m 01:08.33 35,86	200m 02:24.39 38,39	300m 03:42.40 39,28		
28. Sven Potappel (DWK, 201000127)					04:55.60(+75)
	50m 00:31.86 31,86	150m 01:45.57 37,29	250m 03:02.76 38,73	350m 04:19.19 37,32	
	100m 01:08.28 36,42	200m 02:24.03 38,46	300m 03:41.87 39,11		
29. Douwe Enzerink (Deltasteur, 201102657)					04:56.49(+48)
	50m 00:32.38 32,38	150m 01:47.04 37,53	250m 03:03.92 38,31	350m 04:20.30 37,88	
	100m 01:09.51 37,13	200m 02:25.61 38,57	300m 03:42.42 38,50		
29. Sven Casper Hageman (Steenwijk 1934, 201000009)					04:56.49(+65)
	50m 00:30.68 30,68	150m 01:43.29 37,30	250m 03:00.85 38,80	350m 04:17.90 37,96	
	100m 01:05.99 35,31	200m 02:22.05 38,76	300m 03:39.94 39,09		
31. Kris Westerhout (ZZ&PC De Devel, 201000883)					04:57.73(+65)
	50m 00:31.00 31,00	150m 01:45.05 37,91	250m 03:02.06 38,27	350m 04:19.67 38,82	
	100m 01:07.14 36,14	200m 02:23.79 38,74	300m 03:40.85 38,79		
32. Kasper Lubbers (Orca, 201100025)					04:58.10(+60)
	50m 00:32.83 32,83	150m 01:47.60 37,76	250m 03:03.67 38,07	350m 04:21.13 38,63	
	100m 01:09.84 37,01	200m 02:25.60 38,00	300m 03:42.50 38,83		
33. Kick Germers (SWOL 1894, 201000185)					04:58.45(+72)
	50m 00:32.53 32,53	150m 01:46.07 37,38	250m 03:02.98 38,62	350m 04:20.95 38,43	
	100m 01:08.69 36,16	200m 02:24.36 38,29	300m 03:42.52 39,54		
34. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					04:58.67(+70)
	50m 00:32.43 32,43	150m 01:46.92 37,85	250m 03:04.30 38,65	350m 04:21.81 38,95	
	100m 01:09.07 36,64	200m 02:25.65 38,73	300m 03:42.86 38,56		
35. Daan Overmars (OZ&PC, 201100027)					04:58.97(+66)
	50m 00:33.05 33,05	150m 01:47.89 38,63	250m 03:04.64 38,66	350m 04:21.81 37,94	
	100m 01:09.26 36,21	200m 02:25.98 38,09	300m 03:43.87 39,23		
36. Stijn Dijkstra (DZ&PC, 201000279)					04:59.32(+78)
	50m 00:32.55 32,55	150m 01:47.04 37,73	250m 03:04.19 38,24	350m 04:21.24 38,22	
	100m 01:09.31 36,76	200m 02:25.95 38,91	300m 03:43.02 38,83		
37. Thijn Runia (DZT'62, 201000895)					04:59.40(+73)
	50m 00:32.08 32,08	150m 01:47.48 37,93	250m 03:05.29 39,12	350m 04:22.48 38,37	
	100m 01:09.55 37,47	200m 02:26.17 38,69	300m 03:44.11 38,82		
38. Yorre van der Wal (SG Bolsward-Workum, 201000017)					04:59.96(+71)
	50m 00:32.45 32,45	150m 01:46.37 37,86	250m 03:03.55 38,97	350m 04:22.08 39,21	
	100m 01:08.51 36,06	200m 02:24.58 38,21	300m 03:42.87 39,32		
39. Henry Watson (De Dolfijn, 201001703)					05:00.21(+65)
	50m 00:32.68 32,68	150m 01:47.72 37,54	250m 03:05.11 38,91	350m 04:23.05 39,00	
	100m 01:10.18 37,50	200m 02:26.20 38,48	300m 03:44.05 38,94		
40. Tygo van de Wal (DWK, 201001329)					05:03.33(+80)
	50m 00:32.27 32,27	150m 01:47.75 38,72	250m 03:06.30 39,46	350m 04:26.41 39,32	
	100m 01:09.03 36,76	200m 02:26.84 39,09	300m 03:47.09 40,79		
41. Lev Rudman (Blue Marlins, 201102343)					05:03.61(+70)
	50m 00:31.34 31,34	150m 01:47.84 39,36	250m 03:07.20 39,12	350m 04:26.72 39,11	
	100m 01:08.48 37,14	200m 02:28.08 40,24	300m 03:47.61 40,41		
42. Nick Vodde (AZ&PC De Futen, 201002211)					05:04.73
	50m 00:31.95 31,95	150m 01:45.99 37,14	250m 03:03.60 39,17	350m 04:25.41 41,01	
	100m 01:08.85 36,90	200m 02:24.43 38,44	300m 03:44.40 40,80		
43. Cayden Malone (De Dolfijn, 201002195)					05:05.87(+74)
	50m 00:33.99 33,99	150m 01:51.06 39,06	250m 03:09.79 39,84	350m 04:29.16 39,71	
	100m 01:12.00 38,01	200m 02:29.95 38,89	300m 03:49.45 39,66		
44. Fin Horrocks (Z&PV Nuenen, 201002417)					05:07.09(+61)
	50m 00:34.31 34,31	150m 01:50.88 38,26	250m 03:10.08 39,28	350m 04:29.96 39,51	
	100m 01:12.62 38,31	200m 02:30.80 39,92	300m 03:50.45 40,37		
45. Luca Monster (ZPC Numansdorp, 201100343)					05:07.15(+68)

	50m 00:32.37 32,37	150m 01:49.43 39,02	250m 03:09.52 39,68	350m 04:29.21 39,52	
	100m 01:10.41 38,04	200m 02:29.84 40,41	300m 03:49.69 40,17		
46. Dax Muijlaert (SG Octopus - ZVV, 201100535)					05:10.62(+83)
	50m 00:33.78 33,78	150m 01:52.40 40,36	250m 03:12.59 40,29	350m 04:32.02 39,71	
	100m 01:12.04 38,26	200m 02:32.30 39,90	300m 03:52.31 39,72		
47. Nils Bellert (SG Octopus - ZVV, 201100347)					05:11.04(+74)
	50m 00:33.12 33,12	150m 01:50.33 38,75	250m 03:11.84 40,48	350m 04:34.16 41,29	
	100m 01:11.58 38,46	200m 02:31.36 41,03	300m 03:52.87 41,03		
48. Franzi Ziegler (DAW, 201100891)					05:11.47(+65)
	50m 00:32.71 32,71	150m 01:50.07 39,36	250m 03:10.99 40,25	350m 04:32.93 40,94	
	100m 01:10.71 38,00	200m 02:30.74 40,67	300m 03:51.99 41,00		
49. Mees Janssen (DSZ, 201102025)					05:22.82(+67)
	50m 00:32.52 32,52	150m 01:48.28 39,32	250m 03:10.01 41,85	350m 04:39.03 45,77	
	100m 01:08.96 36,44	200m 02:28.16 39,88	300m 03:53.26 43,25		
50. Nathan Magava (De Dolfijn, 201003067)					05:23.56(+70)
	50m 00:34.47 34,47	150m 01:52.95 39,68	250m 03:15.80 40,77	350m 04:41.10 42,28	
	100m 01:13.27 38,80	200m 02:35.03 42,08	300m 03:58.82 43,02		
4. 400m vrije slag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Malin Roozeboom (WVZ, 201100006)					04:39.19(+87)
	50m 00:31.62 31,62	150m 01:41.93 35,42	250m 02:53.10 35,60	350m 04:04.59 35,45	
	100m 01:06.51 34,89	200m 02:17.50 35,57	300m 03:29.14 36,04		
2. Yill van Bezouw (Hieronymus, 201100704)					04:46.03(+72)
	50m 00:31.73 31,73	150m 01:44.47 36,87	250m 02:57.95 36,67	350m 04:11.21 36,61	
	100m 01:07.60 35,87	200m 02:21.28 36,81	300m 03:34.60 36,65		
3. Milou Filemon (Blue Marlins, 201100078)					04:49.41(+66)
	50m 00:32.46 32,46	150m 01:45.59 37,14	250m 02:59.63 36,99	350m 04:13.52 36,56	
	100m 01:08.45 35,99	200m 02:22.64 37,05	300m 03:36.96 37,33		
4. Anna Lepoutre (PSV, 201100534)					04:53.01(+74)
	50m 00:32.77 32,77	150m 01:46.51 37,31	250m 03:01.08 37,48	350m 04:16.32 37,21	
	100m 01:09.20 36,43	200m 02:23.60 37,09	300m 03:39.11 38,03		
5. Noa van Zalk (ZPC AMERSFOORT, 201102534)					04:53.83(+70)
	50m 00:33.16 33,16	150m 01:47.25 37,08	250m 03:01.87 37,18	350m 04:17.36 37,30	
	100m 01:10.17 37,01	200m 02:24.69 37,44	300m 03:40.06 38,19		
5. Elin Reinstra (TriVia, 201100842)					04:53.83(+78)
	50m 00:32.78 32,78	150m 01:46.58 37,25	250m 03:01.58 37,28	350m 04:16.73 37,33	
	100m 01:09.33 36,55	200m 02:24.30 37,72	300m 03:39.40 37,82		
7. Lola Verheijen (PSV, 201100832)					04:55.13(+66)
	50m 00:32.09 32,09	150m 01:46.52 37,48	250m 03:02.23 37,64	350m 04:17.77 37,35	
	100m 01:09.04 36,95	200m 02:24.59 38,07	300m 03:40.42 38,19		
8. Rozalia Diederiks (ZVL-1886, 201100904)					04:55.60(+81)
	50m 00:33.79 33,79	150m 01:48.21 37,51	250m 03:04.64 37,95	350m 04:19.98 37,43	
	100m 01:10.70 36,91	200m 02:26.69 38,48	300m 03:42.55 37,91		
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					04:55.75(+73)
	50m 00:33.00 33,00	150m 01:47.25 37,40	250m 03:03.67 37,91	350m 04:19.16 37,76	
	100m 01:09.85 36,85	200m 02:25.76 38,51	300m 03:41.40 37,73		
10. Casharell Kraan (Blue Marlins, 201103426)					04:59.83(+62)
	50m 00:33.03 33,03	150m 01:48.64 38,30	250m 03:05.50 38,19	350m 04:22.87 38,56	
	100m 01:10.34 37,31	200m 02:27.31 38,67	300m 03:44.31 38,81		
11. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)					04:59.91(+81)
	50m 00:33.46 33,46	150m 01:49.12 38,33	250m 03:07.20 38,89	350m 04:24.41 38,34	
	100m 01:10.79 37,33	200m 02:28.31 39,19	300m 03:46.07 38,87		
12. Chloé in 't Veen (WVZ, 201100010)					05:03.10(+64)
	50m 00:33.45 33,45	150m 01:49.19 38,61	250m 03:07.74 39,20	350m 04:25.47 38,45	

	100m 01:10.58 37,13	200m 02:28.54 39,35	300m 03:47.02 39,28		
13. Sterre de Veen (Hellas-Glana, 201100086)					05:05.31(+73)
	50m 00:33.21 33,21	150m 01:49.00 38,55	250m 03:08.07 39,95	350m 04:26.99 39,68	
	100m 01:10.45 37,24	200m 02:28.12 39,12	300m 03:47.31 39,24		
14. Odenza Soselisa (Blue Marlins, 201101780)					05:05.87(+56)
	50m 00:33.49 33,49	150m 01:50.94 39,35	250m 03:11.06 40,08	350m 04:29.41 38,18	
	100m 01:11.59 38,10	200m 02:30.98 40,04	300m 03:51.23 40,17		
15. Romée Smit (MSV-Zeemacht, 201100438)					05:06.30(+73)
	50m 00:34.06 34,06	150m 01:49.97 38,30	250m 03:08.62 39,25	350m 04:27.89 39,62	
	100m 01:11.67 37,61	200m 02:29.37 39,40	300m 03:48.27 39,65		
16. Frédérique Nijziel (PSV, 201103114)					05:07.50(+70)
	50m 00:34.30 34,30	150m 01:51.28 38,22	250m 03:09.27 38,96	350m 04:28.45 38,89	
	100m 01:13.06 38,76	200m 02:30.31 39,03	300m 03:49.56 40,29		
17. Isabel Amelink (Deltasteur, 201100196)					05:08.67(+79)
	50m 00:33.27 33,27	150m 01:50.81 39,51	250m 03:11.45 40,48	350m 04:32.33 40,58	
	100m 01:11.30 38,03	200m 02:30.97 40,16	300m 03:51.75 40,30		
18. Noortje Bisperink (ZPC AMERSFOORT, 201100486)					05:09.14
	50m 00:33.71 33,71	150m 01:50.57 38,77	250m 03:10.86 39,89	350m 04:31.08 39,74	
	100m 01:11.80 38,09	200m 02:30.97 40,40	300m 03:51.34 40,48		
19. Julia Bannatyne (BZ&PC, 201201020)					05:10.41(+80)
	50m 00:34.96 34,96	150m 01:53.42 39,73	250m 03:13.95 39,73	350m 04:34.03 39,19	
	100m 01:13.69 38,73	200m 02:34.22 40,80	300m 03:54.84 40,89		
20. Lobke Hempenius (HZ&PC Heerenveen, 201100522)					05:10.94(+63)
	50m 00:33.47 33,47	150m 01:51.98 39,72	250m 03:12.70 40,32	350m 04:32.86 39,90	
	100m 01:12.26 38,79	200m 02:32.38 40,40	300m 03:52.96 40,26		
21. Elke Kriesels (Hieronymus, 201100898)					05:11.10(+77)
	50m 00:33.16 33,16	150m 01:50.72 39,85	250m 03:11.08 40,33	350m 04:31.94 40,12	
	100m 01:10.87 37,71	200m 02:30.75 40,03	300m 03:51.82 40,74		
22. Alissa Rooijackers (Z&PV Nuenen, 201101892)					05:11.26(+71)
	50m 00:34.95 34,95	150m 01:53.75 39,73	250m 03:13.34 40,13	350m 04:34.02 39,97	
	100m 01:14.02 39,07	200m 02:33.21 39,46	300m 03:54.05 40,71		
23. Esmee Reuver (ZC Polaris, 201100846)					05:12.78
	50m 00:34.84 34,84	150m 01:53.15 39,91	250m 03:13.37 40,26	350m 04:33.24 40,08	
	100m 01:13.24 38,40	200m 02:33.11 39,96	300m 03:53.16 39,79		
24. Simone Brobbel (ZPC Numansdorp, 201200058)					05:13.45(+78)
	50m 00:34.54 34,54	150m 01:54.57 40,95	250m 03:16.37 40,83	350m 04:35.71 38,25	
	100m 01:13.62 39,08	200m 02:35.54 40,97	300m 03:57.46 41,09		
25. Mattea Gliese-Slooijer (De Dinkel, 201100008)					05:14.07(+76)
	50m 00:33.68 33,68	150m 01:51.75 39,73	250m 03:12.93 40,75	350m 04:34.72 40,61	
	100m 01:12.02 38,34	200m 02:32.18 40,43	300m 03:54.11 41,18		
26. Noa Spaans (De Dolfijn, 201100222)					05:14.23(+71)
	50m 00:35.14 35,14	150m 01:55.11 40,50	250m 03:13.81 38,18	350m 04:36.11 41,17	
	100m 01:14.61 39,47	200m 02:35.63 40,52	300m 03:54.94 41,13		
27. Julia Ketelaars (Hellas-Glana, 201200028)					05:14.69(+80)
	50m 00:34.57 34,57	150m 01:53.42 40,34	250m 03:14.60 40,61	350m 04:36.05 40,22	
	100m 01:13.08 38,51	200m 02:33.99 40,57	300m 03:55.83 41,23		
28. Fanni Farkas (De Columbiaan, 201100360)					05:14.79(+78)
	50m 00:35.44 35,44	150m 01:54.80 40,02	250m 03:17.34 40,59	350m 04:38.20 39,62	
	100m 01:14.78 39,34	200m 02:36.75 41,95	300m 03:58.58 41,24		
29. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)					05:16.72(+84)
	50m 00:34.70 34,70	150m 01:55.44 40,27	250m 03:16.92 40,08	350m 04:38.53 40,21	
	100m 01:15.17 40,47	200m 02:36.84 41,40	300m 03:58.32 41,40		
30. Annefleur Schraa (SWOL 1894, 201100044)					05:17.07(+77)
	50m 00:35.52 35,52	150m 01:53.28 39,38	250m 03:15.21 41,60	350m 04:37.53 41,35	

	100m 01:13.90	38,38	200m 02:33.61	40,33	300m 03:56.18	40,97		
31. Meike van der Klugt (WVZ, 201100808)							05:17.34(+74)	
	50m 00:34.75	34,75	150m 01:56.38	41,68	250m 03:18.92	40,76	350m 04:39.59	39,76
	100m 01:14.70	39,95	200m 02:38.16	41,78	300m 03:59.83	40,91		
32. Amila Mustafic (DZ&PC, 201200026)							05:17.71(+76)	
	50m 00:34.44	34,44	150m 01:54.31	40,11	250m 03:18.43	42,14	350m 04:39.48	39,66
	100m 01:14.20	39,76	200m 02:36.29	41,98	300m 03:59.82	41,39		
33. Norell Kroeze (ZC Polaris, 201100378)							05:18.04(+74)	
	50m 00:34.86	34,86	150m 01:55.25	40,96	250m 03:17.26	40,88	350m 04:39.15	40,60
	100m 01:14.29	39,43	200m 02:36.38	41,13	300m 03:58.55	41,29		
34. Melody Paulussen (De Dolfijn, 201101106)							05:18.32(+79)	
	50m 00:36.03	36,03	150m 01:55.98	40,62	250m 03:17.94	40,20	350m 04:39.86	40,34
	100m 01:15.36	39,33	200m 02:37.74	41,76	300m 03:59.52	41,58		
35. Morrison Schram (De Schelde, 201100686)							05:18.74(+78)	
	50m 00:34.98	34,98	150m 01:54.91	40,22	250m 03:17.71	41,36	350m 04:40.28	40,53
	100m 01:14.69	39,71	200m 02:36.35	41,44	300m 03:59.75	42,04		
36. Carlijn Dezutter (Scheldestroom, 201100770)							05:22.59(+76)	
	50m 00:35.85	35,85	150m 01:56.93	40,94	250m 03:20.01	41,16	350m 04:42.94	41,02
	100m 01:15.99	40,14	200m 02:38.85	41,92	300m 04:01.92	41,91		
37. Sarah Förster (Hellas-Glana, 201102682)							05:22.88(+68)	
	50m 00:34.95	34,95	150m 01:56.09	41,28	250m 03:19.46	41,44	350m 04:43.80	42,55
	100m 01:14.81	39,86	200m 02:38.02	41,93	300m 04:01.25	41,79		
38. Sara Creemers (Hellas-Glana, 201100242)							05:23.36(+70)	
	50m 00:35.77	35,77	150m 01:57.65	41,17	250m 03:20.07	41,30	350m 04:43.20	41,37
	100m 01:16.48	40,71	200m 02:38.77	41,12	300m 04:01.83	41,76		
39. Roubin van Kampen (ZPCH, 201200370)							05:27.36(+79)	
	50m 00:36.44	36,44	150m 01:58.27	40,95	250m 03:22.68	42,36	350m 04:46.92	41,80
	100m 01:17.32	40,88	200m 02:40.32	42,05	300m 04:05.12	42,44		
40. Hanna Heller (ZPC AMERSFOORT, 201102730)							05:28.72(+88)	
	50m 00:34.33	34,33	150m 01:55.01	41,50	250m 03:19.57	42,62	350m 04:45.62	43,11
	100m 01:13.51	39,18	200m 02:36.95	41,94	300m 04:02.51	42,94		
41. Liva van Groningen (WZ&PC Purmerend, 201200280)							05:30.99(+64)	
	50m 00:36.64	36,64	150m 02:00.62	42,53	250m 03:26.99	43,03	350m 04:52.22	42,19
	100m 01:18.09	41,45	200m 02:43.96	43,34	300m 04:10.03	43,04		
42. Elle van Gemeren (DAW, 201100428)							05:31.48(+74)	
	50m 00:36.71	36,71	150m 02:00.18	42,51	250m 03:25.75	43,10	350m 04:51.33	42,30
	100m 01:17.67	40,96	200m 02:42.65	42,47	300m 04:09.03	43,28		
43. Esra Simon (Hellas-Glana, 201100004)							05:31.97	
	50m 00:35.64	35,64	150m 01:57.28	41,92	250m 03:23.15	43,48	350m 04:49.89	42,49
	100m 01:15.36	39,72	200m 02:39.67	42,39	300m 04:07.40	44,25		
44. Lise Markes (SBC2000, 201101276)							05:33.52(+80)	
	50m 00:36.75	36,75	150m 02:00.42	42,71	250m 03:27.20	43,96	350m 04:53.16	43,27
	100m 01:17.71	40,96	200m 02:43.24	42,82	300m 04:09.89	42,69		
45. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)							05:34.71(+75)	
	50m 00:36.44	36,44	150m 02:00.63	42,48	250m 03:27.45	43,55	350m 04:54.34	43,14
	100m 01:18.15	41,71	200m 02:43.90	43,27	300m 04:11.20	43,75		
46. Alain Dumont (ZV De Watervogels, 201102140)							05:38.78(+70)	
	50m 00:34.69	34,69	150m 01:57.65	42,76	250m 03:26.95	45,20	350m 04:56.37	44,85
	100m 01:14.89	40,20	200m 02:41.75	44,10	300m 04:11.52	44,57		
47. Emma van den Berg (VZV Njord, 201100830)							05:42.14(+81)	
	50m 00:36.22	36,22	150m 02:01.76	43,27	250m 03:29.90	44,27	350m 04:58.97	44,15
	100m 01:18.49	42,27	200m 02:45.63	43,87	300m 04:14.82	44,92		
48. Valerie Rienties (Zwemsport Parkstad, 201200400)							05:44.87(+63)	
	50m 00:36.39	36,39	150m 02:02.17	42,90	250m 03:32.03	44,74	350m 05:01.67	43,72

	100m 01:19.27	200m 02:47.29	300m 04:17.95	45,92		
49. Vicky Horens (Hellas-Glana, 201200252)					05:45.26(+68)	
	50m 00:35.91	150m 02:00.06	250m 03:29.86	350m 05:00.69		
	100m 01:16.59	200m 02:45.37	300m 04:14.74	44,88		
50. Minke Bouman (Blue Marlins, 201100104)					05:51.52(+74)	
	50m 00:36.99	150m 02:04.01	250m 03:35.00	350m 05:07.21		
	100m 01:19.96	200m 02:49.73	300m 04:21.57	46,57		
5. 400m wisselslag - Heren						
14 - 15 jaar (Junioren 3 en 4)						
1. Yarno van Dam (ACZ, 200800115)					04:42.36(+71)	
	50m 00:28.77	150m 01:38.73	250m 02:55.42	350m 04:10.05		
	100m 01:03.04	200m 02:14.49	300m 03:36.87	41,45		
2. Sven Koornstra (De Vikings, 200900189)					04:42.76(+82)	
	50m 00:29.90	150m 01:44.05	250m 03:00.22	350m 04:11.81		
	100m 01:05.59	200m 02:22.25	300m 03:38.74	38,52		
3. Martijn Nies (PSV, 200902095)					04:47.88(+77)	
	50m 00:29.69	150m 01:41.89	250m 03:00.55	350m 04:16.42		
	100m 01:04.36	200m 02:18.73	300m 03:44.10	43,55		
4. Rijk Leenders (VZC, 200800627)					04:52.68(+69)	
	50m 00:29.92	150m 01:42.22	250m 02:59.77	350m 04:18.64		
	100m 01:05.11	200m 02:18.39	300m 03:42.86	43,09		
5. Giovanni Phillipson (Team Noord Holland (SG), 200801099)					04:56.03(+75)	
	50m 00:28.60	150m 01:41.53	250m 03:01.35	350m 04:21.36		
	100m 01:03.81	200m 02:18.02	300m 03:45.44	44,09		
6. Diede Veld (HZ&PC Heerenveen, 200800011)					04:56.08(+82)	
	50m 00:29.75	150m 01:43.68	250m 03:04.63	350m 04:23.36		
	100m 01:04.51	200m 02:21.62	300m 03:48.99	44,36		
7. Bas Mostert (VZC, 200800629)					04:56.77(+71)	
	50m 00:29.88	150m 01:46.38	250m 03:11.54	350m 04:27.29		
	100m 01:04.65	200m 02:26.71	300m 03:56.35	44,81		
8. Jelte de Jong (ZPCH, 200900975)					04:56.81(+71)	
	50m 00:30.36	150m 01:43.67	250m 03:04.28	350m 04:22.90		
	100m 01:05.41	200m 02:21.27	300m 03:48.37	44,09		
9. Luca Boorsma (De Dolfijn, 200902031)					04:57.16(+59)	
	50m 00:29.39	150m 01:44.03	250m 03:03.82	350m 04:22.14		
	100m 01:05.92	200m 02:22.53	300m 03:46.93	43,11		
10. Job Sportel (De Dinkel, 200800429)					05:00.29(+65)	
	50m 00:29.92	150m 01:44.16	250m 03:02.25	350m 04:23.38		
	100m 01:05.70	200m 02:21.70	300m 03:44.72	42,47		
11. Tim Boerefijn (WVZ, 200802815)					05:01.30(+70)	
	50m 00:31.69	150m 01:47.69	250m 03:11.54	350m 04:29.43		
	100m 01:08.25	200m 02:26.42	300m 03:56.93	45,39		
12. Xiaoyu Yin (Blue Marlins, 200803363)					05:01.87(+72)	
	50m 00:29.91	150m 01:43.21	250m 03:07.43	350m 04:28.51		
	100m 01:04.34	200m 02:21.60	300m 03:54.05	46,62		
13. Gijs Hartwijk (ZVL-1886, 200800573)					05:02.71(+64)	
	50m 00:30.78	150m 01:45.81	250m 03:09.80	350m 04:28.34		
	100m 01:06.94	200m 02:25.87	300m 03:54.51	44,71		
14. Daniël Wegman (Oceanus, 200802843)					05:02.99(+68)	
	50m 00:29.71	150m 01:45.07	250m 03:08.22	350m 04:28.67		
	100m 01:05.37	200m 02:24.50	300m 03:53.10	44,88		
15. Adriaan Coppelmans (AZC, 200903243)					05:04.22(+70)	
	50m 00:31.29	150m 01:49.11	250m 03:11.66	350m 04:31.54		
	100m 01:09.66	200m 02:28.05	300m 03:55.86	44,20		

16. Sverre van der Zwaan (WVZ, 200900737)					05:05.16(+67)
50m	00:31.60 31,60	150m	01:46.21 37,32	250m	03:08.19 44,45
100m	01:08.89 37,29	200m	02:23.74 37,53	300m	03:55.40 47,21
350m	04:31.17 35,77				
17. Rens Noordover (Team Noord Holland (SG), 200800237)					05:06.06(+73)
50m	00:31.10 31,10	150m	01:46.75 38,82	250m	03:09.84 44,05
100m	01:07.93 36,83	200m	02:25.79 39,04	300m	03:54.94 45,10
350m	04:31.03 36,09				
18. Liam Tjin Wong Joe (De Dolfijn, 200804105)					05:06.15(+69)
50m	00:30.42 30,42	150m	01:47.56 40,82	250m	03:13.14 45,24
100m	01:06.74 36,32	200m	02:27.90 40,34	300m	03:58.90 45,76
350m	04:32.99 34,09				
19. Jaydey Schonewille (Steenwijk 1934, 200800025)					05:06.58(+77)
50m	00:31.37 31,37	150m	01:48.51 38,66	250m	03:11.50 44,10
100m	01:09.85 38,48	200m	02:27.40 38,89	300m	03:56.58 45,08
350m	04:31.73 35,15				
20. Stefan van der Meer (VZC, 200901361)					05:07.40(+66)
50m	00:30.75 30,75	150m	01:46.36 39,42	250m	03:09.37 44,43
100m	01:06.94 36,19	200m	02:24.94 38,58	300m	03:54.92 45,55
350m	04:32.32 37,40				
21. Koen de Vries (MZ&PC De Reest, 200802379)					05:07.64(+68)
50m	00:30.89 30,89	150m	01:48.71 41,74	250m	03:12.37 43,84
100m	01:06.97 36,08	200m	02:28.53 39,82	300m	03:57.41 45,04
350m	04:33.33 35,92				
22. Nout Folkersma (PSV, 200800595)					05:08.26(+69)
50m	00:30.26 30,26	150m	01:46.73 40,41	250m	03:11.52 43,20
100m	01:06.32 36,06	200m	02:28.32 41,59	300m	03:56.72 45,20
350m	04:32.83 36,11				
23. Teun van Weeren (WS Twente, 200801145)					05:09.78(+69)
50m	00:31.89 31,89	150m	01:49.18 40,75	250m	03:12.55 44,55
100m	01:08.43 36,54	200m	02:28.00 38,82	300m	03:58.83 46,28
350m	04:34.93 36,10				
24. Pieter van Oosten (Blue Marlins, 200903977)					05:13.81(+70)
50m	00:31.92 31,92	150m	01:51.53 40,93	250m	03:15.42 41,43
100m	01:10.60 38,68	200m	02:33.99 42,46	300m	04:00.12 44,70
350m	04:37.02 36,90				
25. Jamie Kenworthy (De Dolfijn, 200800045)					05:14.28(+71)
50m	00:30.88 30,88	150m	01:49.27 41,21	250m	03:14.05 44,64
100m	01:08.06 37,18	200m	02:29.41 40,14	300m	03:59.94 45,89
350m	04:37.32 37,38				
26. Ivo Bot (Wiekslag, 200900509)					05:15.03(+74)
50m	00:30.34 30,34	150m	01:49.05 40,68	250m	03:16.33 46,94
100m	01:08.37 38,03	200m	02:29.39 40,34	300m	04:03.25 46,92
350m	04:40.17 36,92				
27. Thomas Nauta (Arethusa, 200900339)					05:15.47(+74)
50m	00:34.09 34,09	150m	01:58.71 41,98	250m	03:22.34 42,88
100m	01:16.73 42,64	200m	02:39.46 40,75	300m	04:06.52 44,18
350m	04:41.41 34,89				
28. Jelle van Mullekom (RZC, 200801267)					05:16.14(+66)
50m	00:29.82 29,82	150m	01:48.27 43,06	250m	03:17.55 46,80
100m	01:05.21 35,39	200m	02:30.75 42,48	300m	04:05.16 47,61
350m	04:42.58 37,42				
29. Felix Gepkens (VZC, 200800631)					05:16.34(+76)
50m	00:30.88 30,88	150m	01:47.18 39,25	250m	03:16.43 50,21
100m	01:07.93 37,05	200m	02:26.22 39,04	300m	04:06.31 49,88
350m	04:42.91 36,60				
30. Duuk Harms (Dedemsvaart-AC, 200900201)					05:16.68(+74)
50m	00:33.21 33,21	150m	01:52.42 39,09	250m	03:17.18 45,73
100m	01:13.33 40,12	200m	02:31.45 39,03	300m	04:02.79 45,61
350m	04:40.32 37,53				
31. Jesse Molegraaf (De Haaien, 200800887)					05:17.17(+65)
50m	00:28.73 28,73	150m	01:48.56 43,95	250m	03:12.95 44,60
100m	01:04.61 35,88	200m	02:28.35 39,79	300m	03:59.99 47,04
350m	04:36.53 36,54				
32. Aidan van der Stelt (Blue Marlins, 200900901)					05:17.81(+73)
50m	00:30.85 30,85	150m	01:52.22 43,23	250m	03:20.38 46,50
100m	01:08.99 38,14	200m	02:33.88 41,66	300m	04:07.73 47,35
350m	04:44.14 36,41				
33. Xander Kragting (ZPC AMERSFOORT, 200900077)					05:19.00(+71)
50m	00:30.29 30,29	150m	01:48.75 40,84	250m	03:15.48 46,86
100m	01:07.91 37,62	200m	02:28.62 39,87	300m	04:04.80 49,32
350m	04:41.97 37,17				

34. Filip Piszczynski (KSN (SG), 200802125)					05:19.18(+64)
50m	00:31.52 31,52	150m	01:51.29 40,89	250m	03:17.86 46,11
100m	01:10.40 38,88	200m	02:31.75 40,46	300m	04:04.63 46,77
35. Brent Schifflers (ZPC Woerden, 200902041)					05:20.09(+75)
50m	00:31.65 31,65	150m	01:49.72 40,58	250m	03:17.84 48,15
100m	01:09.14 37,49	200m	02:29.69 39,97	300m	04:06.72 48,88
36. Mink Hugen (Aqua-Novio'94, 200801391)					05:23.58(+75)
50m	00:31.93 31,93	150m	01:52.42 42,16	250m	03:18.57 46,45
100m	01:10.26 38,33	200m	02:32.12 39,70	300m	04:07.75 49,18
37. Finn Hilders (De Dolfijn, 200900283)					05:23.96(+66)
50m	00:32.52 32,52	150m	01:52.77 40,37	250m	03:19.48 46,06
100m	01:12.40 39,88	200m	02:33.42 40,65	300m	04:08.31 48,83
6. 400m wisselslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Elin Ditewig (VZC, 200900392)					05:07.75(+71)
50m	00:30.66 30,66	150m	01:46.33 39,49	250m	03:11.01 45,61
100m	01:06.84 36,18	200m	02:25.40 39,07	300m	03:57.40 46,39
2. Fay Boxum (DZ&PC, 200900060)					05:09.63(+80)
50m	00:32.06 32,06	150m	01:50.26 38,93	250m	03:13.15 44,57
100m	01:11.33 39,27	200m	02:28.58 38,32	300m	03:58.48 45,33
3. Jasmine Vaartjes (Blue Marlins, 200903658)					05:13.10(+74)
50m	00:31.79 31,79	150m	01:50.00 41,57	250m	03:15.28 43,56
100m	01:08.43 36,64	200m	02:31.72 41,72	300m	04:01.57 46,29
4. Luus Gielens (PSV, 200900138)					05:13.70(+90)
50m	00:32.74 32,74	150m	01:50.55 40,30	250m	03:16.86 46,18
100m	01:10.25 37,51	200m	02:30.68 40,13	300m	04:02.87 46,01
5. Amber Kunst (DAW, 200900680)					05:26.29(+68)
50m	00:34.42 34,42	150m	02:01.23 42,99	250m	03:27.80 44,71
100m	01:18.24 43,82	200m	02:43.09 41,86	300m	04:14.24 46,44
6. Fenne Metten (ZPC AMERSFOORT, 201000102)					05:26.33(+73)
50m	00:33.76 33,76	150m	01:55.48 40,37	250m	03:23.17 48,75
100m	01:15.11 41,35	200m	02:34.42 38,94	300m	04:13.41 50,24
7. Carla Moreno Palacios (De Dolfijn, 201002302)					05:28.82(+72)
50m	00:32.50 32,50	150m	01:58.11 45,49	250m	03:25.43 44,71
100m	01:12.62 40,12	200m	02:40.72 42,61	300m	04:10.81 45,38
8. Mia Hoeflaken (PSV, 201004108)					05:28.86(+68)
50m	00:33.78 33,78	150m	01:56.90 44,10	250m	03:25.32 45,34
100m	01:12.80 39,02	200m	02:39.98 43,08	300m	04:10.30 44,98
9. Fenna Westerneng (DZ&PC, 200900070)					05:29.46(+75)
50m	00:34.26 34,26	150m	01:57.65 43,09	250m	03:26.66 47,61
100m	01:14.56 40,30	200m	02:39.05 41,40	300m	04:15.45 48,79
10. Tess Vonk (De Geul, 200900024)					05:31.07(+68)
50m	00:32.85 32,85	150m	01:55.74 43,82	250m	03:24.26 44,70
100m	01:11.92 39,07	200m	02:39.56 43,82	300m	04:10.67 46,41
11. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)					05:33.66(+71)
50m	00:32.34 32,34	150m	01:52.35 41,27	250m	03:24.72 51,27
100m	01:11.08 38,74	200m	02:33.45 41,10	300m	04:17.13 52,41
12. Nina van der Schrier (AZC, 201000444)					05:33.75(+78)
50m	00:34.47 34,47	150m	01:58.41 41,10	250m	03:29.03 50,27
100m	01:17.31 42,84	200m	02:38.76 40,35	300m	04:19.10 50,07
13. Suuz Griekspoor (Noordwijkerhout, 200901204)					05:33.77(+71)
50m	00:33.12 33,12	150m	01:57.78 43,02	250m	03:28.43 47,06
100m	01:14.76 41,64	200m	02:41.37 43,59	300m	04:18.06 49,63
14. Jenny Muntinga (ZPCH, 200900450)					05:35.23(+69)

	50m 00:32.90 32,90	150m 01:56.20 42,60	250m 03:27.90 50,05	350m 04:57.67 39,13	
	100m 01:13.60 40,70	200m 02:37.85 41,65	300m 04:18.54 50,64		
15. Esmaé de Gans (ZPC AMERSFOORT, 200900134)					05:35.69(+79)
	50m 00:33.51 33,51	150m 01:58.31 44,83	250m 03:26.90 45,46	350m 04:56.74 41,07	
	100m 01:13.48 39,97	200m 02:41.44 43,13	300m 04:15.67 48,77		
16. Linou van Kampen (ZPCH, 201000594)					05:36.07(+87)
	50m 00:34.58 34,58	150m 02:01.42 45,26	250m 03:29.55 44,87	350m 04:56.88 41,14	
	100m 01:16.16 41,58	200m 02:44.68 43,26	300m 04:15.74 46,19		
17. Lotte Lübbers (KSN (SG), 200900190)					05:36.54(+80)
	50m 00:34.20 34,20	150m 02:00.05 44,54	250m 03:31.86 48,82	350m 04:59.41 37,89	
	100m 01:15.51 41,31	200m 02:43.04 42,99	300m 04:21.52 49,66		
18. Elin Baars (DWK, 201000138)					05:39.06(+78)
	50m 00:33.39 33,39	150m 01:58.91 44,83	250m 03:30.75 48,50	350m 05:00.40 40,13	
	100m 01:14.08 40,69	200m 02:42.25 43,34	300m 04:20.27 49,52		
19. Mandy Berndsén (VZC, 201001138)					05:39.90(+84)
	50m 00:35.35 35,35	150m 02:01.50 43,68	250m 03:32.69 47,36	350m 05:01.81 39,43	
	100m 01:17.82 42,47	200m 02:45.33 43,83	300m 04:22.38 49,69		
20. Simone Faber (Deltasteur, 200900710)					05:42.51(+74)
	50m 00:35.24 35,24	150m 02:03.72 45,11	250m 03:36.79 50,23	350m 05:07.23 38,92	
	100m 01:18.61 43,37	200m 02:46.56 42,84	300m 04:28.31 51,52		
21. Nina Tetteroo (De Columbiaan, 201000048)					05:42.80(+83)
	50m 00:37.28 37,28	150m 02:05.44 41,79	250m 03:38.42 50,62	350m 05:06.20 37,51	
	100m 01:23.65 46,37	200m 02:47.80 42,36	300m 04:28.69 50,27		
22. Erin de Jong (GZC DONK, 201000024)					05:43.47(+91)
	50m 00:34.44 34,44	150m 02:00.01 44,41	250m 03:34.46 51,69	350m 05:06.04 39,24	
	100m 01:15.60 41,16	200m 02:42.77 42,76	300m 04:26.80 52,34		
23. Myrthe Stelten (Hellas-Glana, 200900234)					05:43.89(+84)
	50m 00:33.39 33,39	150m 02:02.14 46,03	250m 03:34.58 47,31	350m 05:03.83 41,81	
	100m 01:16.11 42,72	200m 02:47.27 45,13	300m 04:22.02 47,44		
24. Jasmijn Schoonen (Wiekslag, 200901196)					05:44.94(+79)
	50m 00:36.59 36,59	150m 02:07.60 45,25	250m 03:38.02 46,72	350m 05:06.86 40,02	
	100m 01:22.35 45,76	200m 02:51.30 43,70	300m 04:26.84 48,82		
25. Florian Pot (WS Twente, 201000768)					05:45.71(+77)
	50m 00:35.42 35,42	150m 02:04.12 45,61	250m 03:39.54 51,78	350m 05:09.12 37,72	
	100m 01:18.51 43,09	200m 02:47.76 43,64	300m 04:31.40 51,86		
26. Marre van der Wal (SG Bolsward-Workum, 201000046)					05:46.86(+72)
	50m 00:35.02 35,02	150m 02:04.92 45,33	250m 03:36.06 46,70	350m 05:07.03 41,53	
	100m 01:19.59 44,57	200m 02:49.36 44,44	300m 04:25.50 49,44		
27. Ece Öngören (Blue Marlins, 200903862)					05:47.42(+70)
	50m 00:34.72 34,72	150m 02:05.22 44,48	250m 03:38.88 51,43	350m 05:09.86 39,83	
	100m 01:20.74 46,02	200m 02:47.45 42,23	300m 04:30.03 51,15		
28. Emma Steenbrink (WS Twente, 200901376)					05:47.44(+93)
	50m 00:37.37 37,37	150m 02:07.50 43,19	250m 03:40.94 51,36	350m 05:11.47 38,33	
	100m 01:24.31 46,94	200m 02:49.58 42,08	300m 04:33.14 52,20		
29. Renske van den Bosch (VZV Njord, 201001828)					05:47.63(+87)
	50m 00:37.07 37,07	150m 02:05.39 44,14	250m 03:39.24 50,36	350m 05:10.07 40,01	
	100m 01:21.25 44,18	200m 02:48.88 43,49	300m 04:30.06 50,82		
30. Ilse Jongepier (Thor, 201000006)					05:48.25(+75)
	50m 00:36.27 36,27	150m 02:07.30 46,31	250m 03:41.24 49,39	350m 05:11.31 38,76	
	100m 01:20.99 44,72	200m 02:51.85 44,55	300m 04:32.55 51,31		
31. Rixt Rothschild (ZC Borger, 200900026)					05:48.45(+74)
	50m 00:35.13 35,13	150m 02:01.89 44,46	250m 03:33.99 47,98	350m 05:08.55 42,98	
	100m 01:17.43 42,30	200m 02:46.01 44,12	300m 04:25.57 51,58		
32. Manou Longayroux (Blue Marlins, 201000580)					05:48.79(+66)

	50m 00:35.98 35,98	150m 02:05.46 46,38	250m 03:42.08 52,82	350m 05:12.26 39,49	
	100m 01:19.08 43,10	200m 02:49.26 43,80	300m 04:32.77 50,69		
33. Dante van Meene (DAW, 200900678)					05:49.72(+81)
	50m 00:40.55 40,55	150m 02:14.84 45,26	250m 03:44.97 46,36	350m 05:12.49 39,66	
	100m 01:29.58 49,03	200m 02:58.61 43,77	300m 04:32.83 47,86		
34. Hadewych Forschelen (MNC Dordrecht, 200903572)					05:49.76(+70)
	50m 00:36.26 36,26	150m 02:06.26 46,03	250m 03:40.89 51,24	350m 05:11.98 40,28	
	100m 01:20.23 43,97	200m 02:49.65 43,39	300m 04:31.70 50,81		
35. Femke ter Horst (ZPC Hoogeveen, 201000108)					05:52.01(+81)
	50m 00:35.87 35,87	150m 02:03.86 44,83	250m 03:42.22 53,58	350m 05:13.33 39,06	
	100m 01:19.03 43,16	200m 02:48.64 44,78	300m 04:34.27 52,05		
36. Nienke Bulter (De Dinkel, 200902188)					05:54.88(+95)
	50m 00:36.23 36,23	150m 02:05.63 46,28	250m 03:41.22 51,08	350m 05:14.19 41,23	
	100m 01:19.35 43,12	200m 02:50.14 44,51	300m 04:32.96 51,74		
37. Anna Strang van Hees (De Duinkickers, 200902566)					06:00.35(+95)
	50m 00:38.06 38,06	150m 02:11.24 46,70	250m 03:46.49 49,45	350m 05:19.37 42,00	
	100m 01:24.54 46,48	200m 02:57.04 45,80	300m 04:37.37 50,88		
38. Julia Dąbrowska (Blue Marlins, 201000300)					06:01.17(+84)
	50m 00:32.82 32,82	150m 02:01.49 47,06	250m 03:42.19 54,02	350m 05:19.99 41,80	
	100m 01:14.43 41,61	200m 02:48.17 46,68	300m 04:38.19 56,00		
39. Chiara Lammertink (ZPC AMERSFOORT, 200902200)					06:02.16(+80)
	50m 00:34.50 34,50	150m 02:05.89 47,49	250m 03:44.58 53,19	350m 05:22.89 43,13	
	100m 01:18.40 43,90	200m 02:51.39 45,50	300m 04:39.76 55,18		
DIS. Juliette Woltjes (VZC, 200900774)					00:00.00
7. 200m rugslag - Heren					
12 - 13 jaar (Junioren 1 en 2)					
1. Evren Ege Orcunus (De Dolfijn, 201003253)					02:24.54(+68)
	50m 00:33.05 33,05	100m 01:08.67 35,62	150m 01:47.02 38,35		
2. Bink Elgersma (Zwemlust-den Hommel, 201000137)					02:26.05(+69)
	50m 00:34.49 34,49	100m 01:11.79 37,30	150m 01:49.64 37,85		
3. Myron Artemenko (Niemo Barracuda, 201003021)					02:26.21(+60)
	50m 00:34.58 34,58	100m 01:11.30 36,72	150m 01:49.35 38,05		
4. Abel op den Velde (De Duinkickers, 201000079)					02:26.91(+63)
	50m 00:34.26 34,26	100m 01:11.70 37,44	150m 01:50.27 38,57		
5. Ramon Vos (ZPC Hoogeveen, 201100051)					02:28.30(+77)
	50m 00:34.51 34,51	100m 01:11.95 37,44	150m 01:50.20 38,25		
6. Ilias Hamdouch (Wahoo Swimming, 201003617)					02:29.24(+68)
	50m 00:35.38 35,38	100m 01:13.94 38,56	150m 01:52.72 38,78		
7. Gwee Bokma (Zwemlust-den Hommel, 201002259)					02:29.45(+70)
	50m 00:35.16 35,16	100m 01:13.09 37,93	150m 01:51.65 38,56		
8. Ruben Kragt (Dedemsvaart-AC, 201000007)					02:29.81(+72)
	50m 00:33.72 33,72	100m 01:11.41 37,69	150m 01:50.94 39,53		
9. Duco de Gelder (Blue Marlins, 201000217)					02:30.07(+60)
	50m 00:33.49 33,49	100m 01:11.72 38,23	150m 01:51.01 39,29		
10. Thijmen Pruijssers (Hieronymus, 201000129)					02:30.18(+61)
	50m 00:35.42 35,42	100m 01:13.59 38,17	150m 01:52.83 39,24		
11. Max van der Spank (Hieronymus, 201000275)					02:30.49(+70)
	50m 00:34.55 34,55	100m 01:13.44 38,89	150m 01:52.03 38,59		
12. Mathieu Gepkens (VZC, 201000045)					02:30.95(+72)
	50m 00:35.10 35,10	100m 01:13.88 38,78	150m 01:52.92 39,04		
13. Mathijs de Wit (KSN (SG), 201001215)					02:31.46(+68)

	50m 00:35.85 35,85	100m 01:13.98 38,13	150m 01:53.39 39,41	
14. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:35.38 35,38	100m 01:14.31 38,93	150m 01:53.82 39,51	02:32.19(+61)
15. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:35.89 35,89	100m 01:14.64 38,75	150m 01:53.93 39,29	02:32.28(+71)
16. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:34.78 34,78	100m 01:13.99 39,21	150m 01:53.96 39,97	02:33.33(+59)
17. Tycho Wienbelt (De Vikings, 201001397)	50m 00:36.38 36,38	100m 01:15.42 39,04	150m 01:54.78 39,36	02:33.51(+65)
18. Thijn Runia (DZT'62, 201000895)	50m 00:35.44 35,44	100m 01:14.41 38,97	150m 01:55.35 40,94	02:33.59(+72)
19. Girish Nolden (Blue Marlins, 201000087)	50m 00:36.24 36,24	100m 01:15.63 39,39	150m 01:56.04 40,41	02:33.91(+67)
20. Eli Shields (Niemo Barracuda, 201000407)	50m 00:35.84 35,84	100m 01:15.80 39,96	150m 01:55.67 39,87	02:34.10(+59)
21. Matthijs van Velzen (Deltasteur, 201100435)	50m 00:36.20 36,20	100m 01:15.90 39,70	150m 01:56.00 40,10	02:34.20(+61)
22. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:36.64 36,64	100m 01:16.46 39,82	150m 01:56.25 39,79	02:34.99(+69)
23. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:36.76 36,76	100m 01:16.73 39,97	150m 01:57.93 41,20	02:36.84(+73)
24. Baris Tomu (ZPCH, 201000869)	50m 00:36.06 36,06	100m 01:15.92 39,86	150m 01:56.89 40,97	02:37.41(+61)
25. Dax Muijlaert (SG Octopus - ZVV, 201100535)	50m 00:36.29 36,29	100m 01:16.51 40,22	150m 01:58.27 41,76	02:37.84(+78)
26. Stijn Dijkstra (DZ&PC, 201000279)	50m 00:37.59 37,59	100m 01:18.00 40,41	150m 01:58.53 40,53	02:37.95(+73)
26. Daan Overmars (OZ&PC, 201100027)	50m 00:36.55 36,55	100m 01:16.81 40,26	150m 01:58.38 41,57	02:37.95(+59)
28. Mauro Bedeke (DAW, 201000537)	50m 00:36.30 36,30	100m 01:16.56 40,26	150m 01:57.57 41,01	02:38.50(+61)
29. Joey Snabel (ZPC AMERSFOORT, 201002847)	50m 00:36.51 36,51	100m 01:17.45 40,94	150m 01:58.97 41,52	02:38.59(+78)
30. Henry Watson (De Dolfijn, 201001703)	50m 00:37.31 37,31	100m 01:17.83 40,52	150m 01:58.74 40,91	02:38.94(+64)
31. Yorre van der Wal (SG Bolsward-Workum, 201000017)	50m 00:37.36 37,36	100m 01:17.91 40,55	150m 01:59.01 41,10	02:39.03(+79)
32. Kris Westerhout (ZZ&PC De Devel, 201000883)	50m 00:37.74 37,74	100m 01:18.66 40,92	150m 02:00.18 41,52	02:39.52(+68)
33. Sven Potappel (DVK, 201000127)	50m 00:37.31 37,31	100m 01:18.80 41,49	150m 02:00.51 41,71	02:41.00(+66)
34. Laurens van Nulck (Hellas-Glana, 201100521)	50m 00:37.89 37,89	100m 01:19.07 41,18	150m 02:00.69 41,62	02:41.22(+68)
35. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:38.02 38,02	100m 01:19.60 41,58	150m 02:01.37 41,77	02:41.25(+75)
36. Cayden Malone (De Dolfijn, 201002195)	50m 00:38.35 38,35	100m 01:18.78 40,43	150m 02:01.32 42,54	02:42.61(+77)
37. Douwe Enzerink (Deltasteur, 201102657)	50m 00:38.41 38,41	100m 01:20.56 42,15	150m 02:03.21 42,65	02:42.97(+64)

38. Nathan Magava (De Dolfijn, 201003067)				02:44.04(+50)	
50m	00:38.2738,27	100m	01:19.2040,93	150m	02:01.6342,43
39. Kick Germers (SWOL 1894, 201000185)				02:45.29(+80)	
50m	00:39.9239,92	100m	01:22.0642,14	150m	02:04.8342,77
40. Tygo van de Wal (DWK, 201001329)				02:46.11(+80)	
50m	00:38.2538,25	100m	01:20.2441,99	150m	02:03.4743,23
41. Fin Horrocks (Z&PV Nuenen, 201002417)				02:46.22(+70)	
50m	00:40.5440,54	100m	01:23.5843,04	150m	02:07.1743,59
42. Franzl Ziegler (DAW, 201100891)				02:46.26(+59)	
50m	00:38.4038,40	100m	01:20.9642,56	150m	02:04.0243,06
43. Kasper Lubbers (Orca, 201100025)				02:46.99(+61)	
50m	00:39.3639,36	100m	01:22.0242,66	150m	02:04.6342,61
44. Mees Janssen (DSZ, 201102025)				02:48.53(+59)	
50m	00:38.2138,21	100m	01:21.1542,94	150m	02:05.1243,97
45. Nick Vodde (AZ&PC De Futen, 201002211)				02:49.20(+67)	
50m	00:36.9936,99	100m	01:19.6442,65	150m	02:04.4944,85
46. Luca Monster (ZPC Numansdorp, 201100343)				02:49.73(+64)	
50m	00:39.2739,27	100m	01:23.5244,25	150m	02:07.8544,33
47. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				02:50.15(+60)	
50m	00:39.3839,38	100m	01:22.8143,43	150m	02:07.2144,40
48. Lev Rudman (Blue Marlins, 201102343)				02:52.04(+67)	
50m	00:37.8837,88	100m	01:21.6743,79	150m	02:08.9047,23
49. Alief Jan van der Sluis (PSV, 201003425)				02:55.13(+73)	
50m	00:40.8640,86	100m	01:25.4244,56	150m	02:11.3345,91
DIS. Thijs Jonkman (De Duck, 201000481)				00:00.00	
8. 200m rugslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Malin Roozeboom (WVZ, 201100006)				02:25.43(+70)	
50m	00:33.9933,99	100m	01:11.2737,28	150m	01:49.2838,01
2. Elin Reinstra (TriVia, 201100842)				02:32.52(+78)	
50m	00:35.2435,24	100m	01:13.6138,37	150m	01:53.3439,73
3. Milou Filemon (Blue Marlins, 201100078)				02:34.87(+75)	
50m	00:36.7336,73	100m	01:16.1739,44	150m	01:56.3040,13
4. Frédérique Nijziel (PSV, 201103114)				02:36.49(+67)	
50m	00:36.6136,61	100m	01:16.5839,97	150m	01:56.5840,00
5. Yill van Bezouw (Hieronymus, 201100704)				02:37.46(+67)	
50m	00:36.5236,52	100m	01:16.2839,76	150m	01:57.4941,21
6. Romée Smit (MSV-Zeemacht, 201100438)				02:37.69(+74)	
50m	00:36.8336,83	100m	01:16.4639,63	150m	01:58.0241,56
7. Noa van Zalk (ZPC AMERSFOORT, 201102534)				02:38.83(+75)	
50m	00:37.0637,06	100m	01:18.1141,05	150m	01:59.1441,03
8. Noortje Bisperink (ZPC AMERSFOORT, 201100486)				02:39.41(+75)	
50m	00:36.4736,47	100m	01:17.2840,81	150m	01:59.1341,85
9. Odenza Soselisa (Blue Marlins, 201101780)				02:40.36(+74)	
50m	00:37.3237,32	100m	01:18.7841,46	150m	02:00.3541,57
10. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				02:40.83(+74)	
50m	00:36.9136,91	100m	01:17.8240,91	150m	01:59.8141,99
11. Lobke Hempenius (HZ&PC Heerenveen, 201100522)				02:41.79(+76)	
50m	00:37.2837,28	100m	01:17.8840,60	150m	02:01.3343,45

12. Sterre de Veen (Hellas-Glana, 201100086)				02:41.89(+69)
50m 00:37.31 37,31	100m 01:17.73 40,42	150m 02:00.10 42,37		
13. Rozalia Diederiks (ZVL-1886, 201100904)				02:42.10(+95)
50m 00:40.14 40,14	100m 01:21.74 41,60	150m 02:02.80 41,06		
14. Esmee Reuver (ZC Polaris, 201100846)				02:42.15(+69)
50m 00:38.24 38,24	100m 01:19.41 41,17	150m 02:01.19 41,78		
15. Casharell Kraan (Blue Marlins, 201103426)				02:42.18(+77)
50m 00:37.64 37,64	100m 01:18.49 40,85	150m 02:00.74 42,25		
16. Meike van der Klugt (WVZ, 201100808)				02:42.60(+69)
50m 00:38.37 38,37	100m 01:20.40 42,03	150m 02:02.18 41,78		
17. Simone Brobbel (ZPC Numansdorp, 201200058)				02:42.65(+80)
50m 00:38.28 38,28	100m 01:19.99 41,71	150m 02:02.49 42,50		
18. Julia Bannatyne (BZ&PC, 201201020)				02:42.96(+71)
50m 00:37.17 37,17	100m 01:18.99 41,82	150m 02:01.42 42,43		
19. Chloé in 't Veen (WVZ, 201100010)				02:43.59(+72)
50m 00:38.70 38,70	100m 01:19.94 41,24	150m 02:02.22 42,28		
20. Elke Kriesels (Hieronymus, 201100898)				02:43.70(+57)
50m 00:37.41 37,41	100m 01:19.39 41,98	150m 02:01.74 42,35		
21. Anna Lepoutre (PSV, 201100534)				02:44.13(+71)
50m 00:38.93 38,93	100m 01:19.85 40,92	150m 02:02.67 42,82		
22. Mattea Gliese-Slooijer (De Dinkel, 201100008)				02:45.43(+77)
50m 00:37.95 37,95	100m 01:19.94 41,99	150m 02:02.94 43,00		
23. Annefleur Schraa (SWOL 1894, 201100044)				02:45.54(+65)
50m 00:37.51 37,51	100m 01:18.57 41,06	150m 02:02.30 43,73		
24. Sara Creemers (Hellas-Glana, 201100242)				02:46.09(+70)
50m 00:38.13 38,13	100m 01:20.87 42,74	150m 02:04.61 43,74		
25. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)				02:46.21(+88)
50m 00:38.48 38,48	100m 01:20.99 42,51	150m 02:05.33 44,34		
26. Amila Mustafic (DZ&PC, 201200026)				02:46.95(+62)
50m 00:39.01 39,01	100m 01:22.13 43,12	150m 02:05.44 43,31		
27. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				02:47.07(+64)
50m 00:39.05 39,05	100m 01:21.72 42,67	150m 02:05.45 43,73		
28. Lola Verheijen (PSV, 201100832)				02:47.43(+78)
50m 00:37.96 37,96	100m 01:21.20 43,24	150m 02:04.98 43,78		
29. Elle van Gemeren (DAW, 201100428)				02:47.62(+86)
50m 00:40.44 40,44	100m 01:22.79 42,35	150m 02:06.95 44,16		
30. Alissa Rooijackers (Z&PV Nuenen, 201101892)				02:48.87(+70)
50m 00:38.90 38,90	100m 01:22.60 43,70	150m 02:06.06 43,46		
31. Noa Spaans (De Dolfijn, 201100222)				02:49.04(+64)
50m 00:38.31 38,31	100m 01:20.26 41,95	150m 02:05.23 44,97		
32. Vicky Horens (Hellas-Glana, 201200252)				02:49.19(+60)
50m 00:39.10 39,10	100m 01:22.32 43,22	150m 02:06.54 44,22		
33. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)				02:50.22(+81)
50m 00:40.29 40,29	100m 01:23.99 43,70	150m 02:09.14 45,15		
34. Hanna Heller (ZPC AMERSFOORT, 201102730)				02:50.39(+83)
50m 00:40.80 40,80	100m 01:24.06 43,26	150m 02:08.15 44,09		
35. Carlijn Dezutter (Scheldestroom, 201100770)				02:51.51(+79)
50m 00:41.69 41,69	100m 01:25.10 43,41	150m 02:09.53 44,43		
36. Fanni Farkas (De Columbiaan, 201100360)				02:51.98(+84)

	50m 00:41.09	100m 01:25.99	150m 02:10.28	44,29	
37. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:38.71	100m 01:22.77	150m 02:08.30	45,53	02:52.02(+60)
38. Lise Markes (SBC2000, 201101276)	50m 00:41.05	100m 01:25.10	150m 02:11.19	46,09	02:53.46(+60)
39. Norell Kroeze (ZC Polaris, 201100378)	50m 00:41.31	100m 01:25.73	150m 02:10.80	45,07	02:53.48(+76)
40. Morrison Schram (De Schelde, 201100686)	50m 00:41.38	100m 01:26.13	150m 02:12.14	46,01	02:53.88(+67)
41. Valerie Rienties (Zwemsport Parkstad, 201200400)	50m 00:41.28	100m 01:25.95	150m 02:11.18	45,23	02:54.47(+59)
42. Melody Paulussen (De Dolfijn, 201101106)	50m 00:41.58	100m 01:26.51	150m 02:11.63	45,12	02:54.75(+75)
43. Isabel Amelink (Deltasteur, 201100196)	50m 00:41.03	100m 01:25.02	150m 02:11.14	46,12	02:54.95(+73)
44. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:40.87	100m 01:25.86	150m 02:11.28	45,42	02:55.11(+62)
45. Minke Bouman (Blue Marlins, 201100104)	50m 00:40.59	100m 01:25.21	150m 02:11.85	46,64	02:56.33(+78)
46. Sarah Förster (Hellas-Glana, 201102682)	50m 00:42.93	100m 01:29.97	150m 02:15.23	45,26	02:59.81(+65)
47. Emma van den Berg (VZV Njord, 201100830)	50m 00:43.27	100m 01:30.52	150m 02:18.07	47,55	03:03.44(+78)
48. Liva van Groningen (WZ&PC Purmerend, 201200280)	50m 00:44.18	100m 01:31.63	150m 02:18.27	46,64	03:04.11(+75)
49. Esra Simon (Hellas-Glana, 201100004)	50m 00:43.34	100m 01:30.40	150m 02:18.82	48,42	03:04.63(+57)
50. Roubin van Kampen (ZPCH, 201200370)	50m 00:44.50	100m 01:31.91	150m 02:20.39	48,48	03:08.67(+77)

9. 4x200m vrije slag heren

12 - 15 jaar (Junioren)

1. PSV

08:08.48

Martijn Nies 2009 (+79)	50m 00:27.85	27,85
Martijn Nies 2009 (+79)	100m 00:58.29	30,44
Martijn Nies 2009 (+79)	150m 01:29.01	30,72
Martijn Nies 2009 (+79)	200m 01:58.96	29,95
Nout Folkersma 2008 (+43)	250m 02:26.08	27,12
Nout Folkersma 2008 (+43)	300m 02:56.51	30,43
Nout Folkersma 2008 (+43)	350m 03:29.16	32,65
Nout Folkersma 2008 (+43)	400m 04:02.64	33,48
Giulian Janssen 2009 (+46)	450m 04:31.48	28,84
Giulian Janssen 2009 (+46)	500m 05:03.12	31,64
Giulian Janssen 2009 (+46)	550m 05:35.37	32,25
Giulian Janssen 2009 (+46)	600m 06:07.15	31,78
Theodore Allan 2009 (+51)	650m 06:33.81	26,66
Theodore Allan 2009 (+51)	700m 07:03.96	30,15
Theodore Allan 2009 (+51)	750m 07:35.92	31,96
Theodore Allan 2009 (+51)	800m 08:08.48	32,56

2. Team Noord Holland (SG)

08:08.71

Rens Noordover 2008 (+75)	50m 00:28.34	28,34
Rens Noordover 2008 (+75)	100m 00:59.49	31,15
Rens Noordover 2008 (+75)	150m 01:32.26	32,77
Rens Noordover 2008 (+75)	200m 02:04.31	32,05
Suraj Baladurage 2008 (+45)	250m 02:31.91	27,60
Suraj Baladurage 2008 (+45)	300m 03:03.46	31,55

Suraj Baladurage 2008 (+45)	350m	03:36.39	32,93
Suraj Baladurage 2008 (+45)	400m	04:10.05	33,66
Willem Weustink 2008 (+25)	450m	04:37.23	27,18
Willem Weustink 2008 (+25)	500m	05:07.71	30,48
Willem Weustink 2008 (+25)	550m	05:40.23	32,52
Willem Weustink 2008 (+25)	600m	06:12.44	32,21
Giovanni Phillipson 2008 (+54)	650m	06:38.40	25,96
Giovanni Phillipson 2008 (+54)	700m	07:07.66	29,26
Giovanni Phillipson 2008 (+54)	750m	07:39.27	31,61
Giovanni Phillipson 2008 (+54)	800m	08:08.71	29,44

3. OZ&PC

08:24.36

Bjorn Scholten 2008 (+88)	50m	00:28.73	28,73
Bjorn Scholten 2008 (+88)	100m	01:00.62	31,89
Bjorn Scholten 2008 (+88)	150m	01:33.33	32,71
Bjorn Scholten 2008 (+88)	200m	02:05.94	32,61
Teun Overmars 2008 (+66)	250m	02:34.03	28,09
Teun Overmars 2008 (+66)	300m	03:06.37	32,34
Teun Overmars 2008 (+66)	350m	03:40.31	33,94
Teun Overmars 2008 (+66)	400m	04:13.93	33,62
Finn Stamsnieder 2009 (+20)	450m	04:43.35	29,42
Finn Stamsnieder 2009 (+20)	500m	05:18.11	34,76
Finn Stamsnieder 2009 (+20)	550m	05:53.35	35,24
Finn Stamsnieder 2009 (+20)	600m	06:27.55	34,20
Siem de Zeeuw 2008 (+32)	650m	06:53.37	25,82
Siem de Zeeuw 2008 (+32)	700m	07:22.74	29,37
Siem de Zeeuw 2008 (+32)	750m	07:53.82	31,08
Siem de Zeeuw 2008 (+32)	800m	08:24.36	30,54

4. ZPC AMERSFOORT

08:24.53

Tobian Vos 2009 (+72)	50m	00:28.39	28,39
Tobian Vos 2009 (+72)	100m	00:58.96	30,57
Tobian Vos 2009 (+72)	150m	01:30.36	31,40
Tobian Vos 2009 (+72)	200m	02:01.52	31,16
Xander Kragting 2009 (+53)	250m	02:30.65	29,13
Xander Kragting 2009 (+53)	300m	03:02.85	32,20
Xander Kragting 2009 (+53)	350m	03:36.44	33,59
Xander Kragting 2009 (+53)	400m	04:09.30	32,86
Feddo Smink 2009 (+43)	450m	04:37.93	28,63
Feddo Smink 2009 (+43)	500m	05:11.36	33,43
Feddo Smink 2009 (+43)	550m	05:45.75	34,39
Feddo Smink 2009 (+43)	600m	06:19.71	33,96
Felbe van 't Land 2009 (+49)	650m	06:47.63	27,92
Felbe van 't Land 2009 (+49)	700m	07:20.09	32,46
Felbe van 't Land 2009 (+49)	750m	07:53.44	33,35
Felbe van 't Land 2009 (+49)	800m	08:24.53	31,09

5. Blue Marlins

08:27.61

Xiaoyu Yin 2008 (+71)	50m	00:28.27	28,27
Xiaoyu Yin 2008 (+71)	100m	00:59.43	31,16
Xiaoyu Yin 2008 (+71)	150m	01:32.01	32,58
Xiaoyu Yin 2008 (+71)	200m	02:05.69	33,68
Aditya Winterberg 2008 (+26)	250m	02:33.47	27,78
Aditya Winterberg 2008 (+26)	300m	03:05.35	31,88
Aditya Winterberg 2008 (+26)	350m	03:39.08	33,73
Aditya Winterberg 2008 (+26)	400m	04:13.84	34,76
Aidan van der Stelt 2009 (+49)	450m	04:43.17	29,33
Aidan van der Stelt 2009 (+49)	500m	05:17.49	34,32
Aidan van der Stelt 2009 (+49)	550m	05:52.56	35,07
Aidan van der Stelt 2009 (+49)	600m	06:26.16	33,60
Kaan Sudak 2008 (+54)	650m	06:52.78	26,62
Kaan Sudak 2008 (+54)	700m	07:23.12	30,34
Kaan Sudak 2008 (+54)	750m	07:55.51	32,39
Kaan Sudak 2008 (+54)	800m	08:27.61	32,10

6. HZ&PC Heerenveen

08:30.97

Gijs Koehoorn 2008 (+67)	50m	00:27.99	27,99
Gijs Koehoorn 2008 (+67)	100m	00:59.85	31,86

Gijs Koehoorn 2008 (+67)	150m	01:32.77	32,92
Gijs Koehoorn 2008 (+67)	200m	02:06.69	33,92
Mattias Stolk 2010 (+1)	250m	02:36.77	30,08
Mattias Stolk 2010 (+1)	300m	03:11.33	34,56
Mattias Stolk 2010 (+1)	350m	03:46.33	35,00
Mattias Stolk 2010 (+1)	400m	04:20.70	34,37
Finn Eghuizen 2009 (+40)	450m	04:49.62	28,92
Finn Eghuizen 2009 (+40)	500m	05:22.03	32,41
Finn Eghuizen 2009 (+40)	550m	05:55.81	33,78
Finn Eghuizen 2009 (+40)	600m	06:28.00	32,19
Diede Veld 2008 (+35)	650m	06:55.32	27,32
Diede Veld 2008 (+35)	700m	07:26.03	30,71
Diede Veld 2008 (+35)	750m	07:58.86	32,83
Diede Veld 2008 (+35)	800m	08:30.97	32,11

7. VZC

08:35.00

Stefan van der Meer 2009 (+67)	50m	00:29.95	29,95
Stefan van der Meer 2009 (+67)	100m	01:04.93	34,98
Stefan van der Meer 2009 (+67)	150m	01:39.86	34,93
Stefan van der Meer 2009 (+67)	200m	02:14.38	34,52
Rijk Leenders 2008 (+54)	250m	02:44.25	29,87
Rijk Leenders 2008 (+54)	300m	03:17.55	33,30
Rijk Leenders 2008 (+54)	350m	03:51.76	34,21
Rijk Leenders 2008 (+54)	400m	04:25.95	34,19
Felix Gepkens 2008 (+43)	450m	04:54.80	28,85
Felix Gepkens 2008 (+43)	500m	05:28.15	33,35
Felix Gepkens 2008 (+43)	550m	06:02.57	34,42
Felix Gepkens 2008 (+43)	600m	06:35.72	33,15
Bas Mostert 2008 (+67)	650m	07:02.63	26,91
Bas Mostert 2008 (+67)	700m	07:32.24	29,61
Bas Mostert 2008 (+67)	750m	08:03.47	31,23
Bas Mostert 2008 (+67)	800m	08:35.00	31,53

8. De Dinkel

08:39.80

Job Sportel 2008 (+68)	50m	00:28.86	28,86
Job Sportel 2008 (+68)	100m	01:02.06	33,20
Job Sportel 2008 (+68)	150m	01:35.07	33,01
Job Sportel 2008 (+68)	200m	02:08.34	33,27
Bram ter Braak 2008 (+28)	250m	02:34.28	25,94
Bram ter Braak 2008 (+28)	300m	03:04.18	29,90
Bram ter Braak 2008 (+28)	350m	03:35.33	31,15
Bram ter Braak 2008 (+28)	400m	04:07.92	32,59
Mick Leferink 2009 (+67)	450m	04:40.97	33,05
Mick Leferink 2009 (+67)	500m	05:19.31	38,34
Mick Leferink 2009 (+67)	550m	05:59.69	40,38
Mick Leferink 2009 (+67)	600m	06:38.57	38,88
Milan Veelders 2008 (+64)	650m	07:05.57	27,00
Milan Veelders 2008 (+64)	700m	07:35.53	29,96
Milan Veelders 2008 (+64)	750m	08:07.04	31,51
Milan Veelders 2008 (+64)	800m	08:39.80	32,76

9. ZPCH

08:40.63

Baris Tomu 2010 (+64)	50m	00:29.96	29,96
Baris Tomu 2010 (+64)	100m	01:03.75	33,79
Baris Tomu 2010 (+64)	150m	01:39.59	35,84
Baris Tomu 2010 (+64)	200m	02:14.59	35,00
Lucas Schouten 2009 (+58)	250m	02:44.86	30,27
Lucas Schouten 2009 (+58)	300m	03:18.37	33,51
Lucas Schouten 2009 (+58)	350m	03:53.13	34,76
Lucas Schouten 2009 (+58)	400m	04:27.34	34,21
Figó van Duuren 2008 (+72)	450m	04:57.18	29,84
Figó van Duuren 2008 (+72)	500m	04:44.74	-12,44
Figó van Duuren 2008 (+72)	550m	06:03.03	78,29
Figó van Duuren 2008 (+72)	600m	05:29.43	-33,60
Jelte de Jong 2009	650m	07:04.43	95,00
Jelte de Jong 2009	700m	07:35.66	31,23
Jelte de Jong 2009	750m	08:08.22	32,56
Jelte de Jong 2009	800m	08:40.63	32,41

10. Aqua-Novio'94

08:42.18

Wessel van Dorst 2009 (+67)	50m	00:28.96	28,96
Wessel van Dorst 2009 (+67)	100m	01:02.49	33,53
Wessel van Dorst 2009 (+67)	150m	01:36.77	34,28
Wessel van Dorst 2009 (+67)	200m	02:10.64	33,87
Mink Hugén 2008 (+22)	250m	02:39.91	29,27
Mink Hugén 2008 (+22)	300m	03:13.04	33,13
Mink Hugén 2008 (+22)	350m	03:47.26	34,22
Mink Hugén 2008 (+22)	400m	04:21.91	34,65
Tim Brouwer 2008 (+19)	450m	04:50.94	29,03
Tim Brouwer 2008 (+19)	500m	05:25.34	34,40
Tim Brouwer 2008 (+19)	550m	05:59.26	33,92
Tim Brouwer 2008 (+19)	600m	06:33.11	33,85
Liam Diavatopoulos 2008 (+36)	650m	07:02.12	29,01
Liam Diavatopoulos 2008 (+36)	700m	07:34.53	32,41
Liam Diavatopoulos 2008 (+36)	750m	08:07.99	33,46
Liam Diavatopoulos 2008 (+36)	800m	08:42.18	34,19

11. WVZ

08:43.96

Sven Mulder 2009 (+72)	50m	00:29.63	29,63
Sven Mulder 2009 (+72)	100m	01:03.17	33,54
Sven Mulder 2009 (+72)	150m	01:38.90	35,73
Sven Mulder 2009 (+72)	200m	02:13.97	35,07
Niek Sonneveld 2008 (+34)	250m	02:44.68	30,71
Niek Sonneveld 2008 (+34)	300m	03:19.70	35,02
Niek Sonneveld 2008 (+34)	350m	03:56.81	37,11
Niek Sonneveld 2008 (+34)	400m	04:32.48	35,67
Sverre van der Zwaan 2009 (+43)	450m	05:01.01	28,53
Sverre van der Zwaan 2009 (+43)	500m	05:34.12	33,11
Sverre van der Zwaan 2009 (+43)	550m	06:07.94	33,82
Sverre van der Zwaan 2009 (+43)	600m	06:41.36	33,42
Tim Boerefijn 2008 (+49)	650m	07:08.66	27,30
Tim Boerefijn 2008 (+49)	700m	07:39.80	31,14
Tim Boerefijn 2008 (+49)	750m	08:12.01	32,21
Tim Boerefijn 2008 (+49)	800m	08:43.96	31,95

12. De Dolfijn

08:45.35

Alexander Griston 2008 (+68)	50m	00:30.24	30,24
Alexander Griston 2008 (+68)	100m	01:03.85	33,61
Alexander Griston 2008 (+68)	150m	01:37.94	34,09
Alexander Griston 2008 (+68)	200m	02:10.74	32,80
Luca Boorsma 2009 (+57)	250m	02:38.56	27,82
Luca Boorsma 2009 (+57)	300m	03:11.96	33,40
Luca Boorsma 2009 (+57)	350m	03:46.86	34,90
Luca Boorsma 2009 (+57)	400m	04:22.04	35,18
Liam Tjin Wong Joe 2008 (0)	450m	04:50.76	28,72
Liam Tjin Wong Joe 2008 (0)	500m	05:23.45	32,69
Liam Tjin Wong Joe 2008 (0)	550m	05:57.16	33,71
Liam Tjin Wong Joe 2008 (0)	600m	06:30.45	33,29
Finn Hilders 2009 (+56)	650m	06:59.57	29,12
Finn Hilders 2009 (+56)	700m	07:34.31	34,74
Finn Hilders 2009 (+56)	750m	08:10.34	36,03
Finn Hilders 2009 (+56)	800m	08:45.35	35,01

13. Deltasteur

08:47.38

Arjan Boogaard 2008 (+65)	50m	00:29.50	29,50
Arjan Boogaard 2008 (+65)	100m	01:01.90	32,40
Arjan Boogaard 2008 (+65)	150m	01:35.29	33,39
Arjan Boogaard 2008 (+65)	200m	02:06.80	31,51
Matthijs van Velzen 2011 (+51)	250m	02:37.42	30,62
Matthijs van Velzen 2011 (+51)	300m	03:12.79	35,37
Matthijs van Velzen 2011 (+51)	350m	03:48.85	36,06
Matthijs van Velzen 2011 (+51)	400m	04:23.44	34,59
Hessel Penninkhof 2008 (+37)	450m	04:52.93	29,49
Hessel Penninkhof 2008 (+37)	500m	05:27.69	34,76
Hessel Penninkhof 2008 (+37)	550m	06:05.50	37,81
Hessel Penninkhof 2008 (+37)	600m	06:42.13	36,63
Youp Stuijzand 2008 (+54)	650m	07:10.53	28,40

Youp Stuifzand 2008 (+54) 700m 07:42.92 32,39
Youp Stuifzand 2008 (+54) 750m 08:15.98 33,06
Youp Stuifzand 2008 (+54) 800m 08:47.38 31,40

14. Blue Marlins

08:57.12

Alexander van der Maaten 2009 (+65) 50m 00:29.86 29,86
Alexander van der Maaten 2009 (+65) 100m 01:03.55 33,69
Alexander van der Maaten 2009 (+65) 150m 01:38.56 35,01
Alexander van der Maaten 2009 (+65) 200m 02:13.26 34,70
Duco de Gelder 2010 (+62) 250m 02:43.49 30,23
Duco de Gelder 2010 (+62) 300m 03:17.54 34,05
Duco de Gelder 2010 (+62) 350m 03:53.57 36,03
Duco de Gelder 2010 (+62) 400m 04:28.83 35,26
Fabian Riedijk 2008 (+69) 450m 04:59.35 30,52
Fabian Riedijk 2008 (+69) 500m 05:33.71 34,36
Fabian Riedijk 2008 (+69) 550m 06:10.37 36,66
Fabian Riedijk 2008 (+69) 600m 06:46.48 36,11
Pieter van Oosten 2009 (+29) 650m 07:15.32 28,84
Pieter van Oosten 2009 (+29) 700m 07:48.38 33,06
Pieter van Oosten 2009 (+29) 750m 08:24.18 35,80
Pieter van Oosten 2009 (+29) 800m 08:57.12 32,94

15. Dedemsvaart-AC

09:08.35

Ruben Nooter 2009 (+62) 50m 00:28.93 28,93
Ruben Nooter 2009 (+62) 100m 01:03.88 34,95
Ruben Nooter 2009 (+62) 150m 01:39.92 36,04
Ruben Nooter 2009 (+62) 200m 02:15.00 35,08
Guus van Duinen 2009 (+40) 250m 02:45.16 30,16
Guus van Duinen 2009 (+40) 300m 03:19.08 33,92
Guus van Duinen 2009 (+40) 350m 03:55.33 36,25
Guus van Duinen 2009 (+40) 400m 04:30.41 35,08
Duuk Harms 2009 450m 05:00.56 30,15
Duuk Harms 2009 500m 05:34.99 34,43
Duuk Harms 2009 550m 06:11.07 36,08
Duuk Harms 2009 600m 06:47.02 35,95
Ruben Kragt 2010 (+66) 650m 07:18.09 31,07
Ruben Kragt 2010 (+66) 700m 07:53.25 35,16
Ruben Kragt 2010 (+66) 750m 08:31.23 37,98
Ruben Kragt 2010 (+66) 800m 09:08.35 37,12

10. 4x200m vrije slag dames Junioren

11 - 14 jaar (Junioren 4 en jonger)

1. De Dolfijn

08:54.27

Elin Brinkhof 2009 (+70) 50m 00:30.84 30,84
Elin Brinkhof 2009 (+70) 100m 01:04.77 33,93
Elin Brinkhof 2009 (+70) 150m 01:38.89 34,12
Elin Brinkhof 2009 (+70) 200m 02:13.44 34,55
Carla Moreno Palacios 2010 (+39) 250m 02:43.42 29,98
Carla Moreno Palacios 2010 (+39) 300m 03:18.40 34,98
Carla Moreno Palacios 2010 (+39) 350m 03:53.81 35,41
Carla Moreno Palacios 2010 (+39) 400m 04:28.82 35,01
Dewi Meijer 2010 (+64) 450m 04:59.67 30,85
Dewi Meijer 2010 (+64) 500m 05:34.05 34,38
Dewi Meijer 2010 (+64) 550m 06:09.05 35,00
Dewi Meijer 2010 (+64) 600m 06:44.28 35,23
Madeleine Bertram 2009 (+50) 650m 07:13.56 29,28
Madeleine Bertram 2009 (+50) 700m 07:46.12 32,56
Madeleine Bertram 2009 (+50) 750m 08:20.79 34,67
Madeleine Bertram 2009 (+50) 800m 08:54.27 33,48

2. PSV

08:54.38

Bregje Dekkers 2009 (+70) 50m 00:30.58 30,58
Bregje Dekkers 2009 (+70) 100m 01:03.38 32,80
Bregje Dekkers 2009 (+70) 150m 01:37.05 33,67
Bregje Dekkers 2009 (+70) 200m 02:10.37 33,32
Luus Gielens 2009 (+56) 250m 02:41.33 30,96
Luus Gielens 2009 (+56) 300m 03:15.18 33,85
Luus Gielens 2009 (+56) 350m 03:50.32 35,14

Luus Gielens 2009 (+56) 400m 04:24.32 34,00
Anna Lepoutre 2011 (+31) 450m 04:55.29 30,97
Anna Lepoutre 2011 (+31) 500m 05:29.82 34,53
Anna Lepoutre 2011 (+31) 550m 06:05.84 36,02
Anna Lepoutre 2011 (+31) 600m 06:41.22 35,38
Kinley Cole 2009 (+36) 650m 07:11.31 30,09
Kinley Cole 2009 (+36) 700m 07:45.52 34,21
Kinley Cole 2009 (+36) 750m 08:20.37 34,85
Kinley Cole 2009 (+36) 800m 08:54.38 34,01

3. ZPC AMERSFOORT

09:08.29

Anne Engbersen 2010 (+84) 50m 00:30.65 30,65
Anne Engbersen 2010 (+84) 100m 01:04.90 34,25
Anne Engbersen 2010 (+84) 150m 01:40.94 36,04
Anne Engbersen 2010 (+84) 200m 02:16.65 35,71
Fenne Metten 2010 (+53) 250m 02:47.27 30,62
Fenne Metten 2010 (+53) 300m 03:22.09 34,82
Fenne Metten 2010 (+53) 350m 03:58.77 36,68
Fenne Metten 2010 (+53) 400m 04:33.89 35,12
Sterre Dietvorst 2009 (+45) 450m 05:04.51 30,62
Sterre Dietvorst 2009 (+45) 500m 05:38.54 34,03
Sterre Dietvorst 2009 (+45) 550m 06:14.41 35,87
Sterre Dietvorst 2009 (+45) 600m 06:50.42 36,01
Paula Spans 2010 (+46) 650m 07:20.28 29,86
Paula Spans 2010 (+46) 700m 07:54.33 34,05
Paula Spans 2010 (+46) 750m 08:30.96 36,63
Paula Spans 2010 (+46) 800m 09:08.29 37,33

4. Blue Marlins

09:18.57

Ece Öngören 2009 (+71) 50m 00:31.53 31,53
Ece Öngören 2009 (+71) 100m 01:06.93 35,40
Ece Öngören 2009 (+71) 150m 01:44.54 37,61
Ece Öngören 2009 (+71) 200m 02:21.99 37,45
Mijke Ouderkerken 2009 (+41) 250m 02:54.04 32,05
Mijke Ouderkerken 2009 (+41) 300m 03:28.82 34,78
Mijke Ouderkerken 2009 (+41) 350m 04:05.30 36,48
Mijke Ouderkerken 2009 (+41) 400m 04:40.69 35,39
Mariia Kostina 2010 (+68) 450m 05:11.04 30,35
Mariia Kostina 2010 (+68) 500m 05:47.08 36,04
Mariia Kostina 2010 (+68) 550m 06:25.06 37,98
Mariia Kostina 2010 (+68) 600m 07:02.89 37,83
Jasmine Vaartjes 2009 (+44) 650m 07:34.11 31,22
Jasmine Vaartjes 2009 (+44) 700m 08:08.68 34,57
Jasmine Vaartjes 2009 (+44) 750m 08:44.07 35,39
Jasmine Vaartjes 2009 (+44) 800m 09:18.57 34,50

5. Aqua-Novio'94

09:22.62

Tara Langkamp 2009 (+69) 50m 00:31.11 31,11
Tara Langkamp 2009 (+69) 100m 01:06.19 35,08
Tara Langkamp 2009 (+69) 150m 01:40.27 34,08
Tara Langkamp 2009 (+69) 200m 02:14.88 34,61
Jaydee Leenders 2009 (+56) 250m 02:46.85 31,97
Jaydee Leenders 2009 (+56) 300m 03:22.88 36,03
Jaydee Leenders 2009 (+56) 350m 04:00.46 37,58
Jaydee Leenders 2009 (+56) 400m 04:36.79 36,33
Eva de Man 2010 (+40) 450m 05:10.72 33,93
Eva de Man 2010 (+40) 500m 05:47.65 36,93
Eva de Man 2010 (+40) 550m 06:24.65 37,00
Eva de Man 2010 (+40) 600m 07:01.18 36,53
Myla Klaassen 2009 (+35) 650m 07:33.36 32,18
Myla Klaassen 2009 (+35) 700m 08:09.49 36,13
Myla Klaassen 2009 (+35) 750m 08:45.37 35,88
Myla Klaassen 2009 (+35) 800m 09:22.62 37,25

6. ZPC AMERSFOORT

09:30.60

Senna Rijnbeek 2009 (+78) 50m 00:31.45 31,45
Senna Rijnbeek 2009 (+78) 100m 01:05.36 33,91
Senna Rijnbeek 2009 (+78) 150m 01:41.24 35,88

Senna Rijnbeek 2009 (+78)	200m	02:17.81	36,57
Ylène Zondervan 2012 (+40)	250m	02:49.50	31,69
Ylène Zondervan 2012 (+40)	300m	03:25.99	36,49
Ylène Zondervan 2012 (+40)	350m	04:03.53	37,54
Ylène Zondervan 2012 (+40)	400m	04:40.76	37,23
Noa van Zalk 2011 (+81)	450m	05:14.47	33,71
Noa van Zalk 2011 (+81)	500m	05:52.70	38,23
Noa van Zalk 2011 (+81)	550m	06:31.34	38,64
Noa van Zalk 2011 (+81)	600m	07:09.02	37,68
Esmaé de Gans 2009 (+28)	650m	07:40.37	31,35
Esmaé de Gans 2009 (+28)	700m	08:16.39	36,02
Esmaé de Gans 2009 (+28)	750m	08:53.40	37,01
Esmaé de Gans 2009 (+28)	800m	09:30.60	37,20

7. Blue Marlins

09:32.98

Manou Longayroux 2010 (+68)	50m	00:33.32	33,32
Manou Longayroux 2010 (+68)	100m	01:11.11	37,79
Manou Longayroux 2010 (+68)	150m	01:49.88	38,77
Manou Longayroux 2010 (+68)	200m	02:26.67	36,79
Gabrielle Johannes Maduro 2010 (+63)	250m	02:58.70	32,03
Gabrielle Johannes Maduro 2010 (+63)	300m	03:34.02	35,32
Gabrielle Johannes Maduro 2010 (+63)	350m	04:11.76	37,74
Gabrielle Johannes Maduro 2010 (+63)	400m	04:50.41	38,65
Casharell Kraan 2011 (+34)	450m	05:22.06	31,65
Casharell Kraan 2011 (+34)	500m	05:58.13	36,07
Casharell Kraan 2011 (+34)	550m	06:35.96	37,83
Casharell Kraan 2011 (+34)	600m	07:13.04	37,08
Milou Filemon 2011 (+55)	650m	07:43.97	30,93
Milou Filemon 2011 (+55)	700m	08:19.14	35,17
Milou Filemon 2011 (+55)	750m	08:55.91	36,77
Milou Filemon 2011 (+55)	800m	09:32.98	37,07

8. WVZ

09:35.02

Faye Thijsse 2010 (+82)	50m	00:31.54	31,54
Faye Thijsse 2010 (+82)	100m	01:07.08	35,54
Faye Thijsse 2010 (+82)	150m	01:44.76	37,68
Faye Thijsse 2010 (+82)	200m	02:21.82	37,06
Sanne Mulder 2009 (+47)	250m	02:53.85	32,03
Sanne Mulder 2009 (+47)	300m	03:31.86	38,01
Sanne Mulder 2009 (+47)	350m	04:12.60	40,74
Sanne Mulder 2009 (+47)	400m	04:52.45	39,85
Anouk Steller 2010 (+34)	450m	05:25.16	32,71
Anouk Steller 2010 (+34)	500m	06:01.44	36,28
Anouk Steller 2010 (+34)	550m	06:38.76	37,32
Anouk Steller 2010 (+34)	600m	07:16.25	37,49
Tess van de Steeg 2010 (+28)	650m	07:48.46	32,21
Tess van de Steeg 2010 (+28)	700m	08:24.26	35,80
Tess van de Steeg 2010 (+28)	750m	08:59.20	34,94
Tess van de Steeg 2010 (+28)	800m	09:35.02	35,82

9. DAW

09:36.27

Dante van Meene 2009 (+78)	50m	00:32.91	32,91
Dante van Meene 2009 (+78)	100m	01:09.41	36,50
Dante van Meene 2009 (+78)	150m	01:47.84	38,43
Dante van Meene 2009 (+78)	200m	02:25.79	37,95
Megan Snoek 2009 (+66)	250m	02:58.51	32,72
Megan Snoek 2009 (+66)	300m	03:34.97	36,46
Megan Snoek 2009 (+66)	350m	04:15.13	40,16
Megan Snoek 2009 (+66)	400m	04:55.87	40,74
Flo Streep 2009 (+31)	450m	05:25.75	29,88
Flo Streep 2009 (+31)	500m	06:01.71	35,96
Flo Streep 2009 (+31)	550m	06:41.14	39,43
Flo Streep 2009 (+31)	600m	07:19.24	38,10
Amber Kunst 2009 (+33)	650m	07:49.68	30,44
Amber Kunst 2009 (+33)	700m	08:25.23	35,55
Amber Kunst 2009 (+33)	750m	09:01.12	35,89
Amber Kunst 2009 (+33)	800m	09:36.27	35,15

Nummer: 2 - zaterdag 22 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

11. 100m rugslag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Gwee Bokma (Zwemlust-den Hommel, 201002259)	01:06.48(+65)
50m 00:32.08 32,08	
2. Evren Ege Orcunus (De Dolfijn, 201003253)	01:06.75(+72)
50m 00:32.39 32,39	
3. Myron Artemenko (Niemo Barracuda, 201003021)	01:07.17(+61)
50m 00:33.10 33,10	
4. Abel op den Velde (De Duinkickers, 201000079)	01:07.59(+67)
50m 00:33.05 33,05	
5. Bink Elgersma (Zwemlust-den Hommel, 201000137)	01:08.17(+68)
50m 00:32.80 32,80	
6. Mathijs de Wit (KSN (SG), 201001215)	01:08.63(+71)
50m 00:33.28 33,28	
7. Sven Casper Hageman (Steenwijk 1934, 201000009)	01:08.93(+64)
50m 00:33.08 33,08	
8. Thijn Runia (DZT'62, 201000895)	01:09.46(+73)
50m 00:33.64 33,64	
9. Mathieu Gepkens (VZC, 201000045)	01:09.85(+75)
50m 00:34.01 34,01	
10. Ramon Vos (ZPC Hoogeveen, 201100051)	01:10.08(+75)
50m 00:34.35 34,35	
11. Ruben Kragt (Dedemsvaart-AC, 201000007)	01:10.11(+65)
50m 00:33.22 33,22	
12. Max van der Spank (Hieronymus, 201000275)	01:10.13(+79)
50m 00:33.54 33,54	
13. Duco de Gelder (Blue Marlins, 201000217)	01:10.31(+60)
50m 00:33.68 33,68	
14. Mathijs Boersma (ZPC Hoogeveen, 201000313)	01:10.37(+77)
50m 00:34.12 34,12	
15. Eli Shields (Niemo Barracuda, 201000407)	01:10.64(+58)
50m 00:34.48 34,48	
16. Thijmen Pruijssers (Hieronymus, 201000129)	01:10.93(+58)
50m 00:34.32 34,32	
17. Oleksandr Hordienko (De Aalscholver, 201003061)	01:10.99(+63)
50m 00:34.88 34,88	
18. Matthijs van Velzen (Deltasteur, 201100435)	01:11.28(+61)
50m 00:34.41 34,41	
19. Tycho Wienbelt (De Vikings, 201001397)	01:11.90(+60)
50m 00:35.49 35,49	
20. Nathan Magava (De Dolfijn, 201003067)	01:12.13(+54)
50m 00:34.50 34,50	
21. Franzi Ziegler (DAW, 201100891)	01:12.39(+62)
50m 00:35.33 35,33	
22. Dax van den Nouland (Blue Marlins, 201000071)	01:12.56(+68)
50m 00:34.99 34,99	

23. Cayden Malone (De Dolfijn, 201002195) 50m 00:34.57 34,57	01:12.84(+72)
24. Dax Muijlaert (SG Octopus - ZVV, 201100535) 50m 00:35.11 35,11	01:12.87(+77)
25. Girish Nolden (Blue Marlins, 201000087) 50m 00:35.68 35,68	01:13.06(+71)
26. Daan Overmars (OZ&PC, 201100027) 50m 00:35.33 35,33	01:13.18(+67)
27. Stijn Dijkstra (DZ&PC, 201000279) 50m 00:35.67 35,67	01:13.19(+66)
28. Mauro Bedeke (DAW, 201000537) 50m 00:35.49 35,49	01:13.37(+65)
29. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:36.27 36,27	01:13.62(+57)
30. Ilias Hamdouch (Wahoo Swimming, 201003617) 50m 00:36.04 36,04	01:13.73(+70)
31. Nils Bellert (SG Octopus - ZVV, 201100347) 50m 00:36.28 36,28	01:13.75(+75)
32. Baris Tomu (ZPCH, 201000869) 50m 00:35.74 35,74	01:13.89(+69)
33. Thijs Jonkman (De Duck, 201000481) 50m 00:36.06 36,06	01:14.00(+77)
34. Joey Snabel (ZPC AMERSFOORT, 201002847) 50m 00:35.82 35,82	01:14.14(+77)
35. Sven Potappel (DWK, 201000127) 50m 00:35.88 35,88	01:14.23(+72)
36. Henry Watson (De Dolfijn, 201001703) 50m 00:35.34 35,34	01:14.27(+65)
37. Fin Horrocks (Z&PV Nuenen, 201002417) 50m 00:36.09 36,09	01:14.50(+69)
38. Mees Janssen (DSZ, 201102025) 50m 00:35.53 35,53	01:14.75(+61)
39. Douwe Enzerink (Deltasteur, 201102657) 50m 00:36.38 36,38	01:15.30(+66)
40. Yorre van der Wal (SG Bolsward-Workum, 201000017) 50m 00:36.13 36,13	01:15.35(+79)
41. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:36.25 36,25	01:15.42(+64)
42. Kasper Lubbers (Orca, 201100025) 50m 00:36.92 36,92	01:15.89(+63)
43. Kick Germers (SWOL 1894, 201000185) 50m 00:38.10 38,10	01:16.58(+77)
44. Laurens van Nulck (Hellas-Glana, 201100521) 50m 00:36.33 36,33	01:16.60(+76)
45. Alief Jan van der Sluis (PSV, 201003425) 50m 00:36.85 36,85	01:17.09(+66)
45. Luca Monster (ZPC Numansdorp, 201100343) 50m 00:36.59 36,59	01:17.09(+60)
47. Nick Vodde (AZ&PC De Futen, 201002211) 50m 00:36.04 36,04	01:17.25(+63)

48. Tygo van de Wal (DWK, 201001329)				01:17.28(+70)
	50m 00:36.62	36,62		
49. Lev Rudman (Blue Marlins, 201102343)				01:17.98(+66)
	50m 00:36.44	36,44		
50. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				01:20.60(+60)
	50m 00:38.06	38,06		
12. 200m wisselslag - Dames				
11 - 12 jaar (Junioren 1 en 2)				
1. Yill van Bezouw (Hieronymus, 201100704)				02:29.56(+71)
	50m 00:31.77	31,77	100m 01:11.77	40,00
			150m 01:54.88	43,11
2. Malin Roozeboom (WVZ, 201100006)				02:30.17(+74)
	50m 00:33.47	33,47	100m 01:11.86	38,39
			150m 01:55.89	44,03
3. Elin Reinstra (TriVia, 201100842)				02:36.06(+80)
	50m 00:34.29	34,29	100m 01:12.61	38,32
			150m 01:59.09	46,48
4. Noa van Zalk (ZPC AMERSFOORT, 201102534)				02:39.75(+69)
	50m 00:33.59	33,59	100m 01:14.89	41,30
			150m 02:02.80	47,91
5. Frédérique Nijziel (PSV, 201103114)				02:40.10(+72)
	50m 00:31.85	31,85	100m 01:12.54	40,69
			150m 02:05.33	52,79
6. Milou Filemon (Blue Marlins, 201100078)				02:40.52(+71)
	50m 00:35.81	35,81	100m 01:15.56	39,75
			150m 02:05.09	49,53
7. Anna Lepoutre (PSV, 201100534)				02:40.74(+75)
	50m 00:33.26	33,26	100m 01:16.29	43,03
			150m 02:05.03	48,74
8. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				02:41.22(+77)
	50m 00:34.42	34,42	100m 01:16.29	41,87
			150m 02:04.89	48,60
9. Chloé in 't Veen (WVZ, 201100010)				02:42.39(+70)
	50m 00:32.38	32,38	100m 01:17.54	45,16
			150m 02:04.36	46,82
10. Julia Bannatyne (BZ&PC, 201201020)				02:43.11(+74)
	50m 00:35.25	35,25	100m 01:17.07	41,82
			150m 02:06.25	49,18
11. Rozalia Diederiks (ZVL-1886, 201100904)				02:43.14(+83)
	50m 00:36.06	36,06	100m 01:18.27	42,21
			150m 02:06.40	48,13
12. Romée Smit (MSV-Zeemacht, 201100438)				02:43.18(+74)
	50m 00:35.53	35,53	100m 01:15.15	39,62
			150m 02:05.16	50,01
13. Odenza Soselisa (Blue Marlins, 201101780)				02:44.08(+74)
	50m 00:32.24	32,24	100m 01:14.41	42,17
			150m 02:05.22	50,81
14. Elle van Gemeren (DAW, 201100428)				02:44.15(+75)
	50m 00:35.75	35,75	100m 01:17.74	41,99
			150m 02:06.03	48,29
15. Lobke Hempenius (HZ&PC Heerenveen, 201100522)				02:44.39(+78)
	50m 00:37.49	37,49	100m 01:18.09	40,60
			150m 02:06.22	48,13
16. Elke Kriesels (Hieronymus, 201100898)				02:44.61(+74)
	50m 00:32.95	32,95	100m 01:14.34	41,39
			150m 02:07.35	53,01
17. Lola Verheijen (PSV, 201100832)				02:44.75(+54)
	50m 00:31.84	31,84	100m 01:14.80	42,96
			150m 02:06.20	51,40
18. Sterre de Veen (Hellas-Glana, 201100086)				02:45.28(+69)
	50m 00:35.08	35,08	100m 01:16.93	41,85
			150m 02:04.67	47,74
19. Meike van der Klugt (WVZ, 201100808)				02:45.29(+82)
	50m 00:40.91	40,91	100m 01:22.24	41,33
			150m 02:06.43	44,19
20. Casharell Kraan (Blue Marlins, 201103426)				02:45.61(+63)
	50m 00:35.76	35,76	100m 01:17.28	41,52
			150m 02:07.23	49,95
21. Fanni Farkas (De Columbiaan, 201100360)				02:46.22(+86)

	50m 00:34.67 34,67	100m 01:20.03 45,36	150m 02:09.97 49,94	
22. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:36.14 36,14	100m 01:18.72 42,58	150m 02:08.60 49,88	02:46.81(+83)
23. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:33.95 33,95	100m 01:15.59 41,64	150m 02:09.42 53,83	02:47.01(+68)
24. Norell Kroeze (ZC Polaris, 201100378)	50m 00:37.16 37,16	100m 01:23.62 46,46	150m 02:11.28 47,66	02:47.28(+78)
25. Mattea Gliese-Slooijer (De Dinkel, 201100008)	50m 00:35.73 35,73	100m 01:19.69 43,96	150m 02:09.61 49,92	02:47.55(+86)
26. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:33.81 33,81	100m 01:19.55 45,74	150m 02:10.28 50,73	02:47.63(+67)
27. Noa Spaans (De Dolfijn, 201100222)	50m 00:36.01 36,01	100m 01:18.08 42,07	150m 02:08.95 50,87	02:47.64(+73)
28. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:35.83 35,83	100m 01:20.33 44,50	150m 02:11.44 51,11	02:49.40(+81)
29. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	50m 00:37.38 37,38	100m 01:20.45 43,07	150m 02:10.72 50,27	02:49.41(+84)
30. Lise Marques (SBC2000, 201101276)	50m 00:35.30 35,30	100m 01:18.87 43,57	150m 02:09.32 50,45	02:49.50(+81)
31. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:37.86 37,86	100m 01:21.32 43,46	150m 02:13.54 52,22	02:51.65(+83)
32. Simone Brobbel (ZPC Numansdorp, 201200058)	50m 00:35.14 35,14	100m 01:17.03 41,89	150m 02:11.63 54,60	02:51.78(+78)
33. Esmee Reuver (ZC Polaris, 201100846)	50m 00:41.22 41,22	100m 01:21.63 40,41	150m 02:13.33 51,70	02:51.91(+64)
34. Roubin van Kampen (ZPCH, 201200370)	50m 00:38.57 38,57	100m 01:26.59 48,02	150m 02:13.93 47,34	02:51.94(+73)
35. Morrison Schram (De Schelde, 201100686)	50m 00:39.73 39,73	100m 01:23.78 44,05	150m 02:14.01 50,23	02:52.82(+80)
36. Sarah Förster (Hellas-Glana, 201102682)	50m 00:37.29 37,29	100m 01:25.20 47,91	150m 02:13.66 48,46	02:52.92(+70)
37. Minke Bouman (Blue Marlins, 201100104)	50m 00:36.23 36,23	100m 01:20.32 44,09	150m 02:10.06 49,74	02:52.97(+75)
37. Annefleur Schraa (SWOL 1894, 201100044)	50m 00:37.67 37,67	100m 01:20.32 42,65	150m 02:13.74 53,42	02:52.97(+62)
39. Esra Simon (Hellas-Glana, 201100004)	50m 00:35.28 35,28	100m 01:21.04 45,76	150m 02:12.58 51,54	02:52.99(+59)
40. Valerie Rienties (Zwemsport Parkstad, 201200400)	50m 00:41.18 41,18	100m 01:25.54 44,36	150m 02:13.00 47,46	02:53.31(+52)
41. Isabel Amelink (Deltasteur, 201100196)	50m 00:37.30 37,30	100m 01:24.32 47,02	150m 02:15.64 51,32	02:53.80(+78)
42. Emma van den Berg (VZV Njord, 201100830)	50m 00:38.22 38,22	100m 01:24.23 46,01	150m 02:14.12 49,89	02:54.63(+85)
43. Amila Mustafic (DZ&PC, 201200026)	50m 00:37.23 37,23	100m 01:21.07 43,84	150m 02:17.06 55,99	02:55.13(+76)
44. Sara Creemers (Hellas-Glana, 201100242)	50m 00:38.55 38,55	100m 01:24.08 45,53	150m 02:14.15 50,07	02:55.21(+69)
45. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:38.96 38,96	100m 01:22.96 44,00	150m 02:18.21 55,25	02:56.02(+71)

46. Liva van Groningen (WZ&PC Purmerend, 201200280)	02:57.98(+69)
50m 00:38.05 38,05 100m 01:26.23 48,18 150m 02:18.83 52,60	
47. Carlijn Dezutter (Scheldestroom, 201100770)	02:59.73(+73)
50m 00:36.86 36,86 100m 01:21.34 44,48 150m 02:17.71 56,37	
48. Vicky Horens (Hellas-Glana, 201200252)	03:03.89(+68)
50m 00:40.09 40,09 100m 01:27.55 47,46 150m 02:21.82 54,27	
DIS. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	00:00.00(+73)
DIS. Melody Paulussen (De Dolfijn, 201101106)	00:00.00(+81)
13. 100m rugslag - Heren	
14 - 15 jaar (Junioren 3 en 4)	
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	00:58.97(+70)
50m 00:28.42 28,42	
2. Yarno van Dam (ACZ, 200800115)	01:00.46(+58)
50m 00:28.76 28,76	
3. Jaydey Schonewille (Steenwijk 1934, 200800025)	01:00.98(+76)
50m 00:30.14 30,14	
4. Mattia Maggio (Hellas-Glana, 200903311)	01:01.49(+59)
50m 00:29.55 29,55	
5. Rein Stoel (ZVL-1886, 200800463)	01:01.61(+64)
50m 00:29.71 29,71	
6. Luca Boorsma (De Dolfijn, 200902031)	01:02.25(+57)
50m 00:29.75 29,75	
7. Rijk Leenders (VZC, 200800627)	01:02.45(+63)
50m 00:30.94 30,94	
8. Tobian Vos (ZPC AMERSFOORT, 200900005)	01:02.94(+76)
50m 00:30.74 30,74	
9. Xander Boets (ZPC de Kanaalstreek, 200800133)	01:03.06(+66)
50m 00:30.65 30,65	
10. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	01:03.30(+61)
50m 00:31.17 31,17	
11. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	01:04.42(+62)
50m 00:30.98 30,98	
12. Adriaan Coppelmans (AZC, 200903243)	01:04.45(+58)
50m 00:30.92 30,92	
13. Niek Sonneveld (WVZ, 200802631)	01:04.53(+65)
50m 00:31.03 31,03	
14. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187)	01:04.85(+67)
50m 00:30.99 30,99	
15. Willem Weustink (Team Noord Holland (SG), 200800109)	01:05.05(+61)
50m 00:31.08 31,08	
16. Duuk Harms (Dedemsvaart-AC, 200900201)	01:05.49(+63)
50m 00:31.41 31,41	
17. Teun Overmars (OZ&PC, 200800103)	01:05.56(+68)
50m 00:32.38 32,38	
18. Tibbe Quist (Kon. AZ 1870, 200801359)	01:05.70(+64)
50m 00:30.76 30,76	
19. Mart Tempelman (Dedemsvaart-AC, 200801075)	01:06.07(+62)
50m 00:31.63 31,63	
20. Tim Brouwer (Aqua-Novio'94, 200800989)	01:06.20(+72)

	50m 00:32.05 32,05	
21.	Siem de Zeeuw (OZ&PC, 200800013) 50m 00:31.18 31,18	01:06.24(+56)
22.	Jesse Molegraaf (De Haaien, 200800887) 50m 00:31.69 31,69	01:06.47(+66)
23.	Bjorn Scholten (OZ&PC, 200801143) 50m 00:32.22 32,22	01:06.78(+69)
24.	Rian Schoneveld (De Berkelduikers, 200801789) 50m 00:32.15 32,15	01:06.94(+58)
25.	Delano van der Wegen (Hieronymus, 200801941) 50m 00:32.23 32,23	01:07.10(+57)
26.	Ivo Bot (Wiekslag, 200900509) 50m 00:31.54 31,54	01:07.11(+66)
27.	Xiaoyu Yin (Blue Marlins, 200803363) 50m 00:31.85 31,85	01:07.20(+64)
28.	Damir Mustafic (DZ&PC, 200800885) 50m 00:32.05 32,05	01:07.32(+72)
28.	Giulian Janssen (PSV, 200900125) 50m 00:32.00 32,00	01:07.32(+62)
30.	Sverre van der Zwaan (WVZ, 200900737) 50m 00:32.32 32,32	01:07.41(+61)
31.	Xander Kragting (ZPC AMERSFOORT, 200900077) 50m 00:32.80 32,80	01:07.62(+68)
32.	Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:32.85 32,85	01:07.77(+69)
33.	Felix Gepkens (VZC, 200800631) 50m 00:32.96 32,96	01:08.00(+61)
34.	Colin Beuker (ZC Polaris, 200802023) 50m 00:32.11 32,11	01:08.40(+82)
35.	Finn Hilders (De Dolfijn, 200900283) 50m 00:32.69 32,69	01:08.49(+77)
36.	Thomas Bergmans (CWW Swimteam, 200801663) 50m 00:32.61 32,61	01:08.51(+81)
37.	Brent Schifflers (ZPC Woerden, 200902041) 50m 00:33.60 33,60	01:08.99(+82)
38.	Stefan van der Meer (VZC, 200901361) 50m 00:33.87 33,87	01:09.48(+68)
14.	100m schoolslag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1.	Paula Spans (ZPC AMERSFOORT, 201000064) 50m 00:34.70 34,70	01:14.73(+80)
2.	Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:36.08 36,08	01:16.72(+69)
3.	Michelle van Hemert (PSV, 200901200) 50m 00:35.56 35,56	01:16.98(+66)
4.	Tess Vonk (De Geul, 200900024) 50m 00:37.36 37,36	01:18.39(+66)
5.	Esmee de Raadt (Feijenoord Albion, 201002328) 50m 00:37.09 37,09	01:18.81(+70)

6. Linou van Kampen (ZPCH, 201000594)					01:19.24(+88)
50m	00:37.11	37,11			
7. Fenne de Vogt (DWK, 200901656)					01:19.32(+67)
50m	00:36.40	36,40			
8. Marre van der Wal (SG Bolsward-Workum, 201000046)					01:19.58(+72)
50m	00:37.83	37,83			
9. Tara Langkamp (Aqua-Novio'94, 200900362)					01:19.93(+73)
50m	00:36.52	36,52			
10. Jessica Johnstone (WVZ, 201003890)					01:20.41(+79)
50m	00:38.28	38,28			
11. Eefje van Hinsbergen (Blue Marlins, 201002252)					01:20.59(+68)
50m	00:36.81	36,81			
12. Esmaé de Gans (ZPC AMERSFOORT, 200900134)					01:20.77(+79)
50m	00:37.84	37,84			
13. Eva Ehlert (GZC DONK, 201002026)					01:20.81(+74)
50m	00:37.86	37,86			
14. Amber Kunst (DAW, 200900680)					01:21.28(+69)
50m	00:38.03	38,03			
15. Kyana de Vries (ZWK Merlet, 200901260)					01:21.38(+73)
50m	00:38.17	38,17			
16. Anne Engbersen (ZPC AMERSFOORT, 201000044)					01:21.42(+80)
50m	00:37.53	37,53			
17. Mijke Ouderkerken (Blue Marlins, 200901254)					01:21.73(+72)
50m	00:38.41	38,41			
18. Tess van de Steeg (WVZ, 201000016)					01:21.97(+78)
50m	00:38.70	38,70			
19. Tereza Boom (PSV, 200904028)					01:22.14(+72)
50m	00:38.27	38,27			
20. Jasmijn Schoonen (Wiekslag, 200901196)					01:22.54(+79)
50m	00:38.39	38,39			
21. Flo Streep (DAW, 200900676)					01:22.58(+71)
50m	00:37.94	37,94			
22. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)					01:22.86(+76)
50m	00:38.98	38,98			
23. Annelie Batenburg (PSV, 201001962)					01:23.03(+75)
50m	00:38.94	38,94			
24. Rixt Rothschild (ZC Borger, 200900026)					01:23.12(+73)
50m	00:39.25	39,25			
25. Julia Dąbrowska (Blue Marlins, 201000300)					01:25.99(+78)
50m	00:40.20	40,20			
26. Jayna Wagemakers (Hieronymus, 201000226)					01:26.89(+79)
50m	00:40.46	40,46			
15. 400m vrije slag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Bas Mostert (VZC, 200800629)					04:09.20(+71)
50m	00:27.86	27,86	150m 01:30.05	32,02	250m 02:34.96
100m	00:58.03	30,17	200m 02:02.31	32,26	300m 03:07.36
					32,40
2. Martijn Nies (PSV, 200902095)					04:09.66(+78)
50m	00:28.36	28,36	150m 01:31.83	32,11	250m 02:36.13
100m	00:59.72	31,36	200m 02:04.60	32,77	300m 03:08.27
					32,14

3. Milan Veelders (De Dinkel, 200800279)						04:14.56(+81)	
50m	00:28.68 28,68	150m	01:32.76 32,63	250m	02:38.17 32,74	350m	03:42.66 31,87
100m	01:00.13 31,45	200m	02:05.43 32,67	300m	03:10.79 32,62		
4. Diede Veld (HZ&PC Heerenveen, 200800011)						04:14.72(+79)	
50m	00:28.54 28,54	150m	01:32.94 32,82	250m	02:38.23 32,57	350m	03:43.35 32,21
100m	01:00.12 31,58	200m	02:05.66 32,72	300m	03:11.14 32,91		
5. Sven Koornstra (De Vikings, 200900189)						04:15.65(+78)	
50m	00:29.76 29,76	150m	01:34.34 32,88	250m	02:39.69 32,75	350m	03:44.62 32,33
100m	01:01.46 31,70	200m	02:06.94 32,60	300m	03:12.29 32,60		
6. Bram ter Braak (De Dinkel, 200800281)						04:20.08(+79)	
50m	00:27.70 27,70	150m	01:33.63 33,81	250m	02:41.72 34,03	350m	03:48.77 32,33
100m	00:59.82 32,12	200m	02:07.69 34,06	300m	03:16.44 34,72		
7. Theodore Allan (PSV, 200902925)						04:20.32(+63)	
50m	00:28.39 28,39	150m	01:33.20 32,74	250m	02:39.91 33,15	350m	03:46.94 33,42
100m	01:00.46 32,07	200m	02:06.76 33,56	300m	03:13.52 33,61		
8. Giovanni Phillipson (Team Noord Holland (SG), 200801099)						04:21.54(+77)	
50m	00:28.35 28,35	150m	01:33.67 33,00	250m	02:41.00 33,80	350m	03:49.15 33,77
100m	01:00.67 32,32	200m	02:07.20 33,53	300m	03:15.38 34,38		
9. Siem de Zeeuw (OZ&PC, 200800013)						04:21.59(+73)	
50m	00:28.79 28,79	150m	01:34.64 33,52	250m	02:41.92 33,50	350m	03:50.03 34,33
100m	01:01.12 32,33	200m	02:08.42 33,78	300m	03:15.70 33,78		
10. Jelte de Jong (ZPCH, 200900975)						04:22.93(+74)	
50m	00:29.46 29,46	150m	01:35.42 33,61	250m	02:42.55 32,89	350m	03:49.72 33,46
100m	01:01.81 32,35	200m	02:09.66 34,24	300m	03:16.26 33,71		
11. Tim Boerefijn (WVZ, 200802815)						04:23.00(+72)	
50m	00:28.94 28,94	150m	01:35.13 33,61	250m	02:43.72 34,24	350m	03:50.96 33,39
100m	01:01.52 32,58	200m	02:09.48 34,35	300m	03:17.57 33,85		
12. Nout Folkersma (PSV, 200800595)						04:24.47(+69)	
50m	00:29.11 29,11	150m	01:34.64 33,26	250m	02:41.89 33,10	350m	03:50.57 34,24
100m	01:01.38 32,27	200m	02:08.79 34,15	300m	03:16.33 34,44		
13. Gijs Hartwijk (ZVL-1886, 200800573)						04:28.55(+70)	
50m	00:29.94 29,94	150m	01:36.85 33,85	250m	02:45.86 34,60	350m	03:55.22 34,63
100m	01:03.00 33,06	200m	02:11.26 34,41	300m	03:20.59 34,73		
14. Rens Noordover (Team Noord Holland (SG), 200800237)						04:28.60(+75)	
50m	00:30.15 30,15	150m	01:37.47 34,18	250m	02:46.18 34,64	350m	03:55.44 34,63
100m	01:03.29 33,14	200m	02:11.54 34,07	300m	03:20.81 34,63		
15. Ruben Baars (DWK, 200900471)						04:30.62(+76)	
50m	00:28.98 28,98	150m	01:36.48 33,30	250m	02:45.38 34,35	350m	03:55.53 35,22
100m	01:03.18 34,20	200m	02:11.03 34,55	300m	03:20.31 34,93		
16. Xiaoyu Yin (Blue Marlins, 200803363)						04:32.00(+73)	
50m	00:29.73 29,73	150m	01:35.89 33,22	250m	02:46.20 35,24	350m	03:57.90 36,02
100m	01:02.67 32,94	200m	02:10.96 35,07	300m	03:21.88 35,68		
17. Liam Tjin Wong Joe (De Dolfijn, 200804105)						04:32.13(+69)	
50m	00:30.27 30,27	150m	01:39.23 34,68	250m	02:49.87 35,07	350m	03:59.57 34,12
100m	01:04.55 34,28	200m	02:14.80 35,57	300m	03:25.45 35,58		
18. Felix Gepkens (VZC, 200800631)						04:32.63(+78)	
50m	00:31.10 31,10	150m	01:39.77 34,30	250m	02:50.10 35,57	350m	04:00.34 34,76
100m	01:05.47 34,37	200m	02:14.53 34,76	300m	03:25.58 35,48		
19. Finn Eghuizen (HZ&PC Heerenveen, 200900431)						04:32.83(+69)	
50m	00:29.53 29,53	150m	01:37.43 34,43	250m	02:48.24 34,98	350m	03:58.52 35,10
100m	01:03.00 33,47	200m	02:13.26 35,83	300m	03:23.42 35,18		
20. Arjan Boogaard (Deltasteur, 200800093)						04:32.86(+69)	
50m	00:30.47 30,47	150m	01:39.49 35,31	250m	02:50.47 35,75	350m	04:00.68 34,87
100m	01:04.18 33,71	200m	02:14.72 35,23	300m	03:25.81 35,34		

21. Sverre van der Zwaan (WVZ, 200900737)					04:33.50(+57)
50m	00:30.41 30,41	150m	01:39.25 34,90	250m	02:50.16 35,54
100m	01:04.35 33,94	200m	02:14.62 35,37	300m	03:25.42 35,26
350m	04:00.10 34,68				
22. Bjorn Scholten (OZ&PC, 200801143)					04:35.16(+82)
50m	00:29.72 29,72	150m	01:37.53 34,06	250m	02:47.84 35,13
100m	01:03.47 33,75	200m	02:12.71 35,18	300m	03:23.74 35,90
350m	03:59.62 35,88				
23. Xander Kragting (ZPC AMERSFOORT, 200900077)					04:36.22(+75)
50m	00:30.28 30,28	150m	01:38.71 34,78	250m	02:49.49 35,58
100m	01:03.93 33,65	200m	02:13.91 35,20	300m	03:25.57 36,08
350m	04:01.71 36,14				
24. Mink Hugen (Aqua-Novio'94, 200801391)					04:36.48(+75)
50m	00:30.84 30,84	150m	01:39.17 34,79	250m	02:49.94 35,59
100m	01:04.38 33,54	200m	02:14.35 35,18	300m	03:25.91 35,97
350m	04:01.94 36,03				
25. Aidan van der Stelt (Blue Marlins, 200900901)					04:36.92(+71)
50m	00:30.74 30,74	150m	01:41.61 35,86	250m	02:53.68 35,91
100m	01:05.75 35,01	200m	02:17.77 36,16	300m	03:30.32 36,64
350m	04:04.66 34,34				
26. Koen de Vries (MZ&PC De Reest, 200802379)					04:38.76(+72)
50m	00:31.09 31,09	150m	01:41.37 35,85	250m	02:53.63 36,32
100m	01:05.52 34,43	200m	02:17.31 35,94	300m	03:29.71 36,08
350m	04:05.25 35,54				
27. Teun van Weeren (WS Twente, 200801145)					04:39.11(+69)
50m	00:30.84 30,84	150m	01:40.01 35,38	250m	02:51.73 36,12
100m	01:04.63 33,79	200m	02:15.61 35,60	300m	03:28.24 36,51
350m	04:04.62 36,38				
28. Youp Stulfzand (Deltasteur, 200800521)					04:39.52(+69)
50m	00:30.03 30,03	150m	01:40.23 35,65	250m	02:51.84 35,43
100m	01:04.58 34,55	200m	02:16.41 36,18	300m	03:28.42 36,58
350m	04:04.06 35,64				
29. Figo van Duuren (ZPCH, 200800391)					04:39.62(+72)
50m	00:31.22 31,22	150m	01:40.72 35,18	250m	02:52.53 35,97
100m	01:05.54 34,32	200m	02:16.56 35,84	300m	03:29.34 36,81
350m	04:05.12 35,78				
30. Jesse Molegraaf (De Haaien, 200800887)					04:39.64(+69)
50m	00:31.48 31,48	150m	01:40.87 33,58	250m	02:51.15 34,87
100m	01:07.29 35,81	200m	02:16.28 35,41	300m	03:28.58 37,43
350m	04:05.35 36,77				
31. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)					04:42.58(+72)
50m	00:29.30 29,30	150m	01:39.94 36,58	250m	02:53.98 37,07
100m	01:03.36 34,06	200m	02:16.91 36,97	300m	03:30.92 36,94
350m	04:07.45 36,53				
32. Thomas Nauta (Arethusa, 200900339)					04:42.88(+75)
50m	00:31.15 31,15	150m	01:42.33 36,25	250m	02:55.43 36,48
100m	01:06.08 34,93	200m	02:18.95 36,62	300m	03:31.88 36,45
350m	04:07.54 35,66				
33. Brent Schifflers (ZPC Woerden, 200902041)					04:46.29(+72)
50m	00:32.10 32,10	150m	01:43.24 36,03	250m	02:56.49 36,54
100m	01:07.21 35,11	200m	02:19.95 36,71	300m	03:34.23 37,74
350m	04:11.07 36,84				
34. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187)					05:02.63(+72)
50m	00:31.29 31,29	150m	01:45.62 38,51	250m	03:04.88 39,90
100m	01:07.11 35,82	200m	02:24.98 39,36	300m	03:44.71 39,83
350m	04:25.01 40,30				
16. 200m vlinderslag - Dames					
13 - 14 jaar (Junioren 3 en 4)					
1. Jasmine Vaartjes (Blue Marlins, 200903658)					02:24.63(+76)
50m	00:31.32 31,32	100m	01:07.33 36,01	150m	01:45.91 38,58
2. Mia Hoeflaken (PSV, 201004108)					02:32.56(+74)
50m	00:33.66 33,66	100m	01:12.65 38,99	150m	01:52.76 40,11
3. Fenne Metten (ZPC AMERSFOORT, 201000102)					02:37.88(+84)
50m	00:34.27 34,27	100m	01:14.97 40,70	150m	01:57.08 42,11
4. Elin Brinkhof (De Dolfijn, 200900078)					02:39.93(+68)
50m	00:33.14 33,14	100m	01:12.97 39,83	150m	01:57.38 44,41
5. Tess Vonk (De Geul, 200900024)					02:40.10(+69)

	50m 00:34.59 34,59	100m 01:14.91 40,32	150m 01:57.24 42,33	
6. Erin de Jong (GZC DONK, 201000024)	50m 00:34.76 34,76	100m 01:17.42 42,66	150m 02:02.72 45,30	02:47.25(+83)
7. Mariia Kostina (Blue Marlins, 201002042)	50m 00:34.68 34,68	100m 01:16.64 41,96	150m 02:02.43 45,79	02:49.39(+73)
8. Grace Peters (Feijenoord Albion, 200901474)	50m 00:34.24 34,24	100m 01:15.90 41,66	150m 02:02.23 46,33	02:51.23(+72)
17. 100m vlinderslag - Heren				
<i>14 - 15 jaar (Junioren 3 en 4)</i>				
1. Yarno van Dam (ACZ, 200800115)	50m 00:26.90 26,90			00:58.18(+70)
2. Jones Chuang (PSV, 200801173)	50m 00:27.42 27,42			00:58.39(+63)
3. Kaan Sudak (Blue Marlins, 200803733)	50m 00:27.61 27,61			00:59.43(+64)
4. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:28.05 28,05			01:00.11(+62)
5. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:27.67 27,67			01:00.38(+61)
6. Bram ter Braak (De Dinkel, 200800281)	50m 00:27.90 27,90			01:00.49(+75)
7. Daniël Wegman (Oceanus, 200802843)	50m 00:28.44 28,44			01:00.59(+70)
8. Xiaoyu Yin (Blue Marlins, 200803363)	50m 00:28.29 28,29			01:00.71(+76)
9. Tibbe Quist (Kon. AZ 1870, 200801359)	50m 00:27.94 27,94			01:01.13(+60)
10. Cruz de Groot (Team Noord Holland (SG), 200801077)	50m 00:28.07 28,07			01:01.89(+67)
11. Damir Mustafic (DZ&PC, 200800885)	50m 00:28.86 28,86			01:02.06(+76)
12. Willem Weustink (Team Noord Holland (SG), 200800109)	50m 00:28.17 28,17			01:02.38(+69)
13. Aditya Winterberg (Blue Marlins, 200800953)	50m 00:28.79 28,79			01:02.63(+67)
14. Filip Piszczynski (KSN (SG), 200802125)	50m 00:28.91 28,91			01:02.64(+64)
15. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:28.56 28,56			01:02.74(+68)
16. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:28.49 28,49			01:02.75(+77)
17. Tim Brouwer (Aqua-Novio'94, 200800989)	50m 00:29.15 29,15			01:03.00(+69)
18. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:29.10 29,10			01:03.03(+74)
19. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:28.19 28,19			01:03.21(+63)
20. Arjan Boogaard (Deltasteur, 200800093)	50m 00:29.74 29,74			01:03.73(+65)

21. Luca Boorsma (De Dolfijn, 200902031)	01:03.78(+57)
50m 00:29.09 29,09	
22. Jelte de Jong (ZPCH, 200900975)	01:04.09(+72)
50m 00:29.62 29,62	
23. Martijn Nies (PSV, 200902095)	01:05.76(+82)
50m 00:29.93 29,93	
24. Floris van der Valk (Wiekslag, 200801891)	01:05.78(+67)
50m 00:29.81 29,81	
25. Rein Stoel (ZVL-1886, 200800463)	01:06.25(+75)
50m 00:29.78 29,78	
26. Diede Veld (HZ&PC Heerenveen, 200800011)	01:08.40(+81)
50m 00:30.34 30,34	
18. 100m vrije slag - Dames	
13 - 14 jaar (Junioren 3 en 4)	
1. Fay Boxum (DZ&PC, 200900060)	00:59.84(+80)
50m 00:28.87 28,87	
2. Juliëtte Woltjes (VZC, 200900774)	01:00.16(+79)
50m 00:28.88 28,88	
3. Elin Ditewig (VZC, 200900392)	01:00.36(+71)
50m 00:29.09 29,09	
4. Carla Moreno Palacios (De Dolfijn, 201002302)	01:00.49(+70)
50m 00:29.36 29,36	
5. Kinley Cole (PSV, 200903696)	01:00.66(+66)
50m 00:29.66 29,66	
6. Madeleine Bertram (De Dolfijn, 200900516)	01:00.68(+75)
50m 00:29.52 29,52	
7. Anne Engbersen (ZPC AMERSFOORT, 201000044)	01:00.91(+74)
50m 00:29.05 29,05	
8. Fenna Westerneng (DZ&PC, 200900070)	01:01.01(+74)
50m 00:29.43 29,43	
9. Faye Thijssse (WVZ, 201001364)	01:01.11(+83)
50m 00:28.93 28,93	
10. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:01.32(+59)
50m 00:29.64 29,64	
11. Jenny Muntinga (ZPCH, 200900450)	01:01.50(+55)
50m 00:29.55 29,55	
12. Bregje Dekkers (PSV, 200900746)	01:01.90(+70)
50m 00:30.03 30,03	
13. Fenna Zusterzeel (PSV, 201000008)	01:02.05(+66)
50m 00:29.70 29,70	
14. Paula Spans (ZPC AMERSFOORT, 201000064)	01:02.14(+72)
50m 00:30.17 30,17	
15. Tessa van Beek (DWK, 201001446)	01:02.21(+72)
50m 00:29.88 29,88	
16. Dewi Meijer (De Dolfijn, 201000302)	01:02.38(+74)
50m 00:30.29 30,29	
17. Tara Langkamp (Aqua-Novio'94, 200900362)	01:02.64(+71)
50m 00:29.94 29,94	
18. Lotte Lübbers (KSN (SG), 200900190)	01:02.68(+71)
50m 00:30.25 30,25	

19. Charlotte Landman (ESCA Zwemmen, 200901290) 50m 00:29.92 29,92	01:02.72(+72)
20. Daphne Dijsselhof (Dedemsvaart-AC, 200901690) 50m 00:30.65 30,65	01:02.75(+78)
21. Elin Brinkhof (De Dolfijn, 200900078) 50m 00:30.73 30,73	01:02.86(+75)
22. Suuz Griekspoor (Noordwijkerhout, 200901204) 50m 00:30.16 30,16	01:03.23(+72)
23. Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:30.28 30,28	01:03.26(+66)
24. Nina van der Schrier (AZC, 201000444) 50m 00:30.26 30,26	01:03.27(+75)
25. Patricia de Leu (Team Noord Holland (SG), 200900982) 50m 00:30.58 30,58	01:03.36(+68)
26. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:30.28 30,28	01:03.39(+81)
27. Myla Klaassen (Aqua-Novio'94, 200900110) 50m 00:30.28 30,28	01:03.40(+68)
28. Megan Snoek (DAW, 200900888) 50m 00:29.50 29,50	01:03.42(+68)
29. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:30.02 30,02	01:03.45(+80)
30. Flo Streep (DAW, 200900676) 50m 00:30.45 30,45	01:03.57(+71)
31. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:30.72 30,72	01:04.03(+75)
32. Elin Baars (DWK, 201000138) 50m 00:30.86 30,86	01:04.08(+71)
33. Hadewych Forschelen (MNC Dordrecht, 200903572) 50m 00:30.75 30,75	01:04.14(+71)
34. Esmee de Raadt (Feijenoord Albion, 201002328) 50m 00:31.32 31,32	01:04.18(+68)
34. Eva Ehlert (GZC DONK, 201002026) 50m 00:30.79 30,79	01:04.18(+74)
36. Sterre Dietvorst (ZPC AMERSFOORT, 200900726) 50m 00:30.53 30,53	01:04.24(+82)
37. Famke Franzen (De Schotegil, 201000058) 50m 00:30.45 30,45	01:04.28(+74)
38. Caitlin Sülter (Aqua-Novio'94, 200900046) 50m 00:30.94 30,94	01:04.31(+71)
38. Jaydee Leenders (Aqua-Novio'94, 200900112) 50m 00:31.23 31,23	01:04.31(+71)
40. Simone Faber (Deltasteur, 200900710) 50m 00:30.88 30,88	01:04.35(+72)
41. Chiara Lammertink (ZPC AMERSFOORT, 200902200) 50m 00:30.61 30,61	01:04.39(+86)
42. Emma Steenbrink (WS Twente, 200901376) 50m 00:31.12 31,12	01:04.49(+75)
43. Mijke Ouderkerken (Blue Marlins, 200901254)	01:04.51(+72)

50m 00:31.38 31,38

44. Mariia Kostina (Blue Marlins, 201002042)	01:04.56(+75)
50m 00:30.62 30,62	
45. Karlijn Siderius (DWK, 200900032)	01:04.65(+80)
50m 00:31.27 31,27	
46. Merel Bijl (SG SCOM/de Zeehond'73, 200900762)	01:04.71(+70)
50m 00:30.82 30,82	
47. Jorja Verschoor (AZC, 200902640)	01:04.75(+75)
50m 00:30.30 30,30	
48. Erin de Jong (GZC DONK, 201000024)	01:04.84(+91)
50m 00:31.95 31,95	
49. Ann Hietbrink (ZPC De Hof, 200902444)	01:04.88(+74)
50m 00:30.79 30,79	
50. Ilse Jongepier (Thor, 201000006)	01:04.89(+78)
50m 00:31.65 31,65	
51. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	01:04.92(+79)
50m 00:31.07 31,07	
52. Gabriëlle Johannes Maduro (Blue Marlins, 201003492)	01:04.95(+63)
50m 00:31.14 31,14	
52. Pieke Beekhuis (ZPC AMERSFOORT, 201000090)	01:04.95(+64)
50m 00:30.94 30,94	
54. Yaell Elmerink (ZPC De Hof, 200900310)	01:05.11(+71)
50m 00:31.05 31,05	
55. Fleur van den Eijk (Blue Marlins, 200900304)	01:05.12(+71)
50m 00:30.81 30,81	
56. Amber Kunst (DAW, 200900680)	01:05.14(+68)
50m 00:31.07 31,07	
57. Myrthe Stelten (Hellas-Glana, 200900234)	01:05.16(+78)
50m 00:31.20 31,20	
58. Elise Dorlandt (HZ&PC Heerenveen, 201000232)	01:05.19(+75)
50m 00:31.13 31,13	
59. Eva de Man (Aqua-Novio'94, 201000294)	01:05.32(+75)
50m 00:32.32 32,32	
60. Anouk Steller (WVZ, 201000004)	01:05.45(+78)
50m 00:31.38 31,38	
61. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	01:05.46(+76)
50m 00:31.34 31,34	
62. Karlijn van der Schrier (Hieronymus, 200900834)	01:05.61(+76)
50m 00:31.23 31,23	
63. Puck van Wees (De Dolfijn, 200901020)	01:05.72(+67)
50m 00:31.47 31,47	
64. Fenne de Vogt (DWK, 200901656)	01:05.77(+72)
50m 00:31.99 31,99	
65. Yara van Asselen (De Dolfijn, 200900408)	01:06.03(+73)
50m 00:31.73 31,73	
66. Anouk Vis (Z&PC De Zeeuwse Kust, 200900286)	01:06.20(+62)
50m 00:32.18 32,18	

19. 400m wisselslag - Heren
12 - 13 jaar (Junioren 1 en 2)

1. Ilias Hamdouch (Wahoo Swimming, 201003617)					05:06.24(+67)
50m	00:32.94 32,94	150m 01:51.99 40,26	250m 03:16.30 43,63	350m 04:33.48 33,05	
100m	01:11.73 38,79	200m 02:32.67 40,68	300m 04:00.43 44,13		
2. Myron Artemenko (Niemo Barracuda, 201003021)					05:09.38(+71)
50m	00:30.53 30,53	150m 01:48.31 41,22	250m 03:13.46 45,83	350m 04:34.87 34,27	
100m	01:07.09 36,56	200m 02:27.63 39,32	300m 04:00.60 47,14		
3. Max van der Spank (Hieronymus, 201000275)					05:09.81(+68)
50m	00:32.17 32,17	150m 01:51.36 41,75	250m 03:16.62 44,92	350m 04:36.12 34,44	
100m	01:09.61 37,44	200m 02:31.70 40,34	300m 04:01.68 45,06		
4. Evren Ege Orcunus (De Dolfijn, 201003253)					05:18.05(+75)
50m	00:32.89 32,89	150m 01:51.41 40,34	250m 03:17.33 46,76	350m 04:41.90 37,11	
100m	01:11.07 38,18	200m 02:30.57 39,16	300m 04:04.79 47,46		
5. Ruben Kragt (Dedemsvaart-AC, 201000007)					05:19.32(+65)
50m	00:31.88 31,88	150m 01:51.58 41,84	250m 03:18.66 45,83	350m 04:43.66 37,83	
100m	01:09.74 37,86	200m 02:32.83 41,25	300m 04:05.83 47,17		
6. Thijmen Pruijssers (Hieronymus, 201000129)					05:20.32(+74)
50m	00:35.23 35,23	150m 01:58.50 40,68	250m 03:23.59 45,10	350m 04:46.04 35,80	
100m	01:17.82 42,59	200m 02:38.49 39,99	300m 04:10.24 46,65		
7. Tycho Wienbelt (De Vikings, 201001397)					05:20.51(+74)
50m	00:34.72 34,72	150m 01:57.17 41,94	250m 03:22.43 45,15	350m 04:45.36 36,66	
100m	01:15.23 40,51	200m 02:37.28 40,11	300m 04:08.70 46,27		
8. Abel op den Velde (De Duinkickers, 201000079)					05:21.72(+81)
50m	00:33.30 33,30	150m 01:55.00 41,01	250m 03:23.32 49,18	350m 04:48.64 35,44	
100m	01:13.99 40,69	200m 02:34.14 39,14	300m 04:13.20 49,88		
9. Duco de Gelder (Blue Marlins, 201000217)					05:22.14(+68)
50m	00:34.61 34,61	150m 01:58.96 41,19	250m 03:23.40 44,37	350m 04:46.74 36,96	
100m	01:17.77 43,16	200m 02:39.03 40,07	300m 04:09.78 46,38		
10. Eli Shields (Niemo Barracuda, 201000407)					05:24.73(+68)
50m	00:33.08 33,08	150m 01:55.95 42,78	250m 03:24.60 47,23	350m 04:49.16 36,31	
100m	01:13.17 40,09	200m 02:37.37 41,42	300m 04:12.85 48,25		
11. Dax van den Nouland (Blue Marlins, 201000071)					05:26.21(+69)
50m	00:35.12 35,12	150m 01:58.53 41,43	250m 03:25.41 46,13	350m 04:49.91 37,16	
100m	01:17.10 41,98	200m 02:39.28 40,75	300m 04:12.75 47,34		
12. Gwee Bokma (Zwemlust-den Hommel, 201002259)					05:27.18(+71)
50m	00:30.88 30,88	150m 01:50.48 41,39	250m 03:19.92 48,53	350m 04:48.48 38,66	
100m	01:09.09 38,21	200m 02:31.39 40,91	300m 04:09.82 49,90		
13. Mathijs Boersma (ZPC Hoogeveen, 201000313)					05:28.73(+87)
50m	00:39.90 39,90	150m 02:09.11 41,57	250m 03:34.67 44,57	350m 04:55.90 35,81	
100m	01:27.54 47,64	200m 02:50.10 40,99	300m 04:20.09 45,42		
14. Bink Elgersma (Zwemlust-den Hommel, 201000137)					05:28.85(+66)
50m	00:33.16 33,16	150m 01:57.13 42,36	250m 03:25.42 48,04	350m 04:53.60 38,05	
100m	01:14.77 41,61	200m 02:37.38 40,25	300m 04:15.55 50,13		
15. Oleksandr Hordiienko (De Aalscholver, 201003061)					05:30.37(+69)
50m	00:35.16 35,16	150m 02:01.39 41,96	250m 03:29.54 48,41	350m 04:55.30 38,18	
100m	01:19.43 44,27	200m 02:41.13 39,74	300m 04:17.12 47,58		
16. Sven Potappel (DWK, 201000127)					05:30.49(+77)
50m	00:34.16 34,16	150m 01:58.73 45,69	250m 03:28.12 45,00	350m 04:53.21 39,33	
100m	01:13.04 38,88	200m 02:43.12 44,39	300m 04:13.88 45,76		
17. Mathijs de Wit (KSN (SG), 201001215)					05:30.86(+70)
50m	00:35.79 35,79	150m 02:00.93 41,65	250m 03:31.47 48,98	350m 04:56.30 37,17	
100m	01:19.28 43,49	200m 02:42.49 41,56	300m 04:19.13 47,66		
18. Ramon Vos (ZPC Hoogeveen, 201100051)					05:31.05(+65)
50m	00:36.65 36,65	150m 02:06.20 41,63	250m 03:33.96 47,24	350m 04:57.67 35,45	
100m	01:24.57 47,92	200m 02:46.72 40,52	300m 04:22.22 48,26		

19. Joey Snabel (ZPC AMERSFOORT, 201002847)					05:31.84(+74)
50m	00:33.01 33,01	150m 02:00.15 44,81	250m 03:30.68 47,96	350m 04:56.46 37,04	
100m	01:15.34 42,33	200m 02:42.72 42,57	300m 04:19.42 48,74		
20. Girish Nolden (Blue Marlins, 201000087)					05:32.01(+70)
50m	00:32.81 32,81	150m 01:56.72 44,25	250m 03:27.90 49,44	350m 04:56.86 39,06	
100m	01:12.47 39,66	200m 02:38.46 41,74	300m 04:17.80 49,90		
21. Mauro Bedeke (DAW, 201000537)					05:33.11(+66)
50m	00:32.79 32,79	150m 01:58.15 44,50	250m 03:28.53 47,91	350m 04:56.15 39,05	
100m	01:13.65 40,86	200m 02:40.62 42,47	300m 04:17.10 48,57		
22. Laurens van Nulck (Hellas-Glana, 201100521)					05:35.05(+81)
50m	00:34.52 34,52	150m 02:02.52 46,20	250m 03:32.83 46,35	350m 04:58.75 38,41	
100m	01:16.32 41,80	200m 02:46.48 43,96	300m 04:20.34 47,51		
23. Mattias Stolk (HZ&PC Heerenveen, 201000525)					05:35.31(+73)
50m	00:37.17 37,17	150m 02:09.08 44,21	250m 03:35.46 44,69	350m 04:59.43 37,62	
100m	01:24.87 47,70	200m 02:50.77 41,69	300m 04:21.81 46,35		
24. Mathieu Gepkens (VZC, 201000045)					05:35.69(+73)
50m	00:36.43 36,43	150m 02:06.04 42,18	250m 03:34.67 45,68	350m 04:59.75 37,88	
100m	01:23.86 47,43	200m 02:48.99 42,95	300m 04:21.87 47,20		
25. Douwe Enzerink (Deltasteur, 201102657)					05:36.02(+51)
50m	00:34.18 34,18	150m 02:00.56 45,11	250m 03:33.68 48,96	350m 05:00.39 37,74	
100m	01:15.45 41,27	200m 02:44.72 44,16	300m 04:22.65 48,97		
26. Matthijs van Velzen (Deltasteur, 201100435)					05:36.07(+63)
50m	00:32.91 32,91	150m 02:01.13 44,26	250m 03:32.38 48,37	350m 05:01.07 37,16	
100m	01:16.87 43,96	200m 02:44.01 42,88	300m 04:23.91 51,53		
27. Sven Casper Hageman (Steenwijk 1934, 201000009)					05:37.31(+67)
50m	00:33.24 33,24	150m 02:01.86 45,90	250m 03:35.07 49,21	350m 05:01.46 37,98	
100m	01:15.96 42,72	200m 02:45.86 44,00	300m 04:23.48 48,41		
28. Kasper Lubbers (Orca, 201100025)					05:37.35(+65)
50m	00:37.66 37,66	150m 02:06.66 43,85	250m 03:36.31 46,10	350m 05:01.68 37,69	
100m	01:22.81 45,15	200m 02:50.21 43,55	300m 04:23.99 47,68		
29. Kris Westerhout (ZZ&PC De Devel, 201000883)					05:37.56(+72)
50m	00:35.02 35,02	150m 02:04.29 44,08	250m 03:33.56 44,98	350m 04:59.72 39,08	
100m	01:20.21 45,19	200m 02:48.58 44,29	300m 04:20.64 47,08		
30. Nick Vodde (AZ&PC De Futen, 201002211)					05:38.15(+77)
50m	00:32.69 32,69	150m 01:59.13 47,77	250m 03:34.29 47,96	350m 05:00.65 37,73	
100m	01:11.36 38,67	200m 02:46.33 47,20	300m 04:22.92 48,63		
31. Henry Watson (De Dolfijn, 201001703)					05:38.33(+64)
50m	00:33.36 33,36	150m 01:59.41 44,81	250m 03:30.66 48,69	350m 05:00.20 40,23	
100m	01:14.60 41,24	200m 02:41.97 42,56	300m 04:19.97 49,31		
32. Thijs Jonkman (De Duck, 201000481)					05:38.65(+76)
50m	00:33.69 33,69	150m 02:02.52 46,86	250m 03:35.33 48,93	350m 05:03.38 38,20	
100m	01:15.66 41,97	200m 02:46.40 43,88	300m 04:25.18 49,85		
33. Cayden Malone (De Dolfijn, 201002195)					05:39.05(+79)
50m	00:35.06 35,06	150m 02:02.11 45,74	250m 03:34.66 48,74	350m 05:01.31 38,83	
100m	01:16.37 41,31	200m 02:45.92 43,81	300m 04:22.48 47,82		
34. Kick Germers (SWOL 1894, 201000185)					05:39.91(+78)
50m	00:35.10 35,10	150m 02:04.77 46,58	250m 03:35.37 46,31	350m 05:02.34 40,47	
100m	01:18.19 43,09	200m 02:49.06 44,29	300m 04:21.87 46,50		
35. Nils Bellert (SG Octopus - ZVV, 201100347)					05:41.34(+73)
50m	00:34.05 34,05	150m 02:03.54 46,56	250m 03:36.82 49,54	350m 05:05.08 40,27	
100m	01:16.98 42,93	200m 02:47.28 43,74	300m 04:24.81 47,99		
36. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					05:42.01(+68)
50m	00:36.69 36,69	150m 02:07.96 46,90	250m 03:38.90 45,43	350m 05:04.56 39,55	
100m	01:21.06 44,37	200m 02:53.47 45,51	300m 04:25.01 46,11		

37. Thijn Runia (DZT'62, 201000895)					05:42.19(+74)
50m	00:33.07 33,07	150m	02:00.73 45,54	250m	03:34.28 48,27
100m	01:15.19 42,12	200m	02:46.01 45,28	300m	04:23.86 49,58
38. Baris Tomu (ZPCH, 201000869)					05:42.22(+67)
50m	00:35.16 35,16	150m	02:04.40 44,02	250m	03:36.58 49,24
100m	01:20.38 45,22	200m	02:47.34 42,94	300m	04:27.60 51,02
39. Lev Rudman (Blue Marlins, 201102343)					05:42.89(+66)
50m	00:33.84 33,84	150m	02:02.16 46,07	250m	03:34.69 47,52
100m	01:16.09 42,25	200m	02:47.17 45,01	300m	04:25.41 50,72
40. Stijn Dijkstra (DZ&PC, 201000279)					05:45.10(+73)
50m	00:38.85 38,85	150m	02:07.50 44,42	250m	03:40.56 51,65
100m	01:23.08 44,23	200m	02:48.91 41,41	300m	04:30.61 50,05
41. Franzi Ziegler (DAW, 201100891)					05:45.33(+68)
50m	00:35.07 35,07	150m	02:03.39 46,37	250m	03:36.79 48,95
100m	01:17.02 41,95	200m	02:47.84 44,45	300m	04:26.33 49,54
42. Yorre van der Wal (SG Bolsward-Workum, 201000017)					05:45.47(+69)
50m	00:39.62 39,62	150m	02:11.09 42,45	250m	03:39.92 47,80
100m	01:28.64 49,02	200m	02:52.12 41,03	300m	04:29.00 49,08
43. Luca Monster (ZPC Numansdorp, 201100343)					05:45.63(+73)
50m	00:34.87 34,87	150m	02:08.36 48,34	250m	03:39.13 45,33
100m	01:20.02 45,15	200m	02:53.80 45,44	300m	04:26.27 47,14
44. Daan Overmars (OZ&PC, 201100027)					05:52.81(+67)
50m	00:38.80 38,80	150m	02:12.89 44,36	250m	03:46.31 50,56
100m	01:28.53 49,73	200m	02:55.75 42,86	300m	04:37.98 51,67
45. Fin Horrocks (Z&PV Nuenen, 201002417)					05:57.14(+74)
50m	00:36.24 36,24	150m	02:09.29 48,06	250m	03:45.72 52,34
100m	01:21.23 44,99	200m	02:53.38 44,09	300m	04:38.61 52,89
46. Tygo van de Wal (DWK, 201001329)					05:58.79(+85)
50m	00:37.11 37,11	150m	02:14.06 50,48	250m	03:49.21 47,49
100m	01:23.58 46,47	200m	03:01.72 47,66	300m	04:36.55 47,34
47. Mees Janssen (DSZ, 201102025)					06:05.35(+76)
50m	00:34.78 34,78	150m	02:06.59 45,95	250m	03:47.78 55,31
100m	01:20.64 45,86	200m	02:52.47 45,88	300m	04:44.56 56,78
48. Dax Muijlaert (SG Octopus - ZVV, 201100535)					06:06.81(+76)
50m	00:39.05 39,05	150m	02:17.29 47,71	250m	03:53.62 54,21
100m	01:29.58 50,53	200m	02:59.41 42,12	300m	04:46.88 53,26
DIS. Nathan Magava (De Dolfijn, 201003067)					00:00.00(+59)
DIS. Alief Jan van der Sluis (PSV, 201003425)					00:00.00(+77)
20. 100m vlinderslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Frédérique Nijziel (PSV, 201103114)					01:05.82(+71)
50m	00:30.41 30,41				
2. Odenza Soselisa (Blue Marlins, 201101780)					01:07.62(+74)
50m	00:31.58 31,58				
3. Yill van Bezouw (Hieronymus, 201100704)					01:07.96(+72)
50m	00:32.08 32,08				
4. Lola Verheijen (PSV, 201100832)					01:09.31(+69)
50m	00:32.04 32,04				
5. Chloé in 't Veen (WVZ, 201100010)					01:12.03(+66)
50m	00:33.43 33,43				
6. Anna Lepoutre (PSV, 201100534)					01:12.18(+79)
50m	00:33.27 33,27				

7. Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:33.95 33,95	01:12.72(+52)
8. Malin Roozeboom (WVZ, 201100006) 50m 00:33.57 33,57	01:12.85(+78)
9. Julia Bannatyne (BZ&PC, 201201020) 50m 00:34.09 34,09	01:12.87(+77)
10. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:34.67 34,67	01:14.78(+91)
11. Ylène Zondervan (ZPC AMERSFOORT, 201200016) 50m 00:34.97 34,97	01:14.90(+82)
12. Julia Ketelaars (Hellas-Glana, 201200028) 50m 00:35.72 35,72	01:16.12(+86)
13. Norell Kroeze (ZC Polaris, 201100378) 50m 00:34.46 34,46	01:16.40(+78)
14. Fanni Farkas (De Columbiaan, 201100360) 50m 00:35.56 35,56	01:16.77(+83)
15. Simone Brobbel (ZPC Numansdorp, 201200058) 50m 00:35.20 35,20	01:17.15(+82)
16. Elke Kriesels (Hieronymus, 201100898) 50m 00:34.30 34,30	01:17.29(+78)
16. Lise Markes (SBC2000, 201101276) 50m 00:36.86 36,86	01:17.29(+72)
18. Romée Smit (MSV-Zeemacht, 201100438) 50m 00:35.52 35,52	01:17.77(+74)
19. Esra Simon (Hellas-Glana, 201100004) 50m 00:35.14 35,14	01:18.05(+59)
20. Elin Reinstra (TriVia, 201100842) 50m 00:36.18 36,18	01:18.06(+77)
21. Elle van Gemeren (DAW, 201100428) 50m 00:36.03 36,03	01:18.33(+77)
22. Milou Filemon (Blue Marlins, 201100078) 50m 00:35.85 35,85	01:18.47(+71)
23. Casharell Kraan (Blue Marlins, 201103426) 50m 00:35.91 35,91	01:19.09(+60)
24. Alaine Dumont (ZV De Watervogels, 201102140) 50m 00:34.85 34,85	01:19.76(+70)
25. Noa Spaans (De Dolfijn, 201100222) 50m 00:34.90 34,90	01:19.78(+72)
26. Minke Bouman (Blue Marlins, 201100104) 50m 00:35.51 35,51	01:21.01(+82)
27. Annefleur Schraa (SWOL 1894, 201100044) 50m 00:37.09 37,09	01:21.78(+75)
28. Roubin van Kampen (ZPCH, 201200370) 50m 00:37.60 37,60	01:22.64(+82)
29. Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:36.71 36,71	01:22.86(+94)
30. Emma van den Berg (VZV Njord, 201100830) 50m 00:37.65 37,65	01:23.14(+81)
31. Mattea Gliese-Sloojier (De Dinkel, 201100008) 50m 00:37.03 37,03	01:23.19(+88)

32. Hanna Heller (ZPC AMERSFOORT, 201102730)	01:23.26(+86)
50m 00:37.54 37,54	
33. Sterre de Veen (Hellas-Glana, 201100086)	01:23.85(+72)
50m 00:35.28 35,28	
34. Morrison Schram (De Schelde, 201100686)	01:24.57(+78)
50m 00:39.07 39,07	
35. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	01:24.58(+80)
50m 00:38.60 38,60	
36. Carlijn Dezutter (Scheldestroom, 201100770)	01:24.87(+73)
50m 00:38.17 38,17	
37. Amila Mustafic (DZ&PC, 201200026)	01:25.00(+81)
50m 00:38.21 38,21	
38. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	01:25.06(+71)
50m 00:38.31 38,31	
39. Melody Paulussen (De Dolfijn, 201101106)	01:25.17(+76)
50m 00:37.37 37,37	
40. Isabel Amelink (Deltasteur, 201100196)	01:25.46(+77)
50m 00:38.49 38,49	
41. Vicky Horens (Hellas-Glana, 201200252)	01:26.86(+68)
50m 00:39.95 39,95	
42. Alissa Rooijackers (Z&PV Nuenen, 201101892)	01:27.14(+72)
50m 00:37.59 37,59	
43. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:27.27(+77)
50m 00:38.73 38,73	
44. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	01:27.58(+86)
50m 00:38.59 38,59	
45. Sara Creemers (Hellas-Glana, 201100242)	01:28.16(+70)
50m 00:40.10 40,10	
46. Sarah Förster (Hellas-Glana, 201102682)	01:29.39(+78)
50m 00:41.29 41,29	
47. Valerie Rienties (Zwemsport Parkstad, 201200400)	01:29.70(+52)
50m 00:39.56 39,56	
48. Esmee Reuver (ZC Polaris, 201100846)	01:30.03(+76)
50m 00:41.52 41,52	
49. Liva van Groningen (WZ&PC Purmerend, 201200280)	01:30.09(+69)
50m 00:39.50 39,50	
50. Meike van der Klugt (WVZ, 201100808)	01:32.08(+80)
50m 00:42.66 42,66	
21. 200m schoolslag - Heren	
14 - 15 jaar (Junioren 3 en 4)	
1. Job Sportel (De Dinkel, 200800429)	02:25.80(+68)
50m 00:31.81 31,81 100m 01:08.19 36,38 150m 01:46.44 38,25	
2. Sven Koornstra (De Vikings, 200900189)	02:26.86(+80)
50m 00:33.65 33,65 100m 01:10.61 36,96 150m 01:48.44 37,83	
3. Luca Boorsma (De Dolfijn, 200902031)	02:29.89(+58)
50m 00:33.16 33,16 100m 01:11.74 38,58 150m 01:50.68 38,94	
4. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	02:30.76(+75)
50m 00:32.25 32,25 100m 01:11.05 38,80 150m 01:51.01 39,96	
5. Hein Muller (DZ&PC, 200800157)	02:31.61(+72)

	50m 00:33.27	33,27	100m 01:11.36	38,09	150m 01:50.37	39,01	
6. Youp Stuifzand (Deltasteur, 200800521)							02:33.68(+64)
	50m 00:33.39	33,39	100m 01:12.43	39,04	150m 01:53.52	41,09	
7. Thygo van de Peppel (Blue Marlins, 200901101)							02:34.80(+70)
	50m 00:34.37	34,37	100m 01:13.34	38,97	150m 01:54.00	40,66	
8. Liam Diavatopoulos (Aqua-Novio'94, 200802549)							02:34.85(+77)
	50m 00:33.52	33,52	100m 01:12.63	39,11	150m 01:52.90	40,27	
9. Rijk Leenders (VZC, 200800627)							02:35.32(+72)
	50m 00:34.43	34,43	100m 01:14.09	39,66	150m 01:54.72	40,63	
10. Nout Folkersma (PSV, 200800595)							02:36.56(+67)
	50m 00:34.71	34,71	100m 01:13.89	39,18	150m 01:53.93	40,04	
11. Ruben Baars (DWK, 200900471)							02:36.94(+73)
	50m 00:34.16	34,16	100m 01:14.65	40,49	150m 01:56.46	41,81	
12. Pieter van Oosten (Blue Marlins, 200903977)							02:37.55(+73)
	50m 00:35.17	35,17	100m 01:15.55	40,38	150m 01:56.75	41,20	
13. Alexander Griston (De Dolfijn, 200803053)							02:38.72(+72)
	50m 00:34.47	34,47	100m 01:15.08	40,61	150m 01:56.17	41,09	
14. Fedor Sazonov (PSV, 200900707)							02:38.81(+75)
	50m 00:34.11	34,11	100m 01:13.67	39,56	150m 01:55.17	41,50	
15. Jonathan Baaijens (PSV, 200800409)							02:39.33(+77)
	50m 00:35.50	35,50	100m 01:16.12	40,62	150m 01:57.60	41,48	
16. Adriaan Coppelmans (AZC, 200903243)							02:40.58(+67)
	50m 00:35.12	35,12	100m 01:16.33	41,21	150m 01:58.77	42,44	
17. Feddo Smink (ZPC AMERSFOORT, 200900007)							02:40.76(+63)
	50m 00:35.17	35,17	100m 01:16.43	41,26	150m 01:59.02	42,59	
18. Suraj Baladurage (Team Noord Holland (SG), 200801291)							02:41.05(+62)
	50m 00:35.83	35,83	100m 01:17.21	41,38	150m 01:58.78	41,57	
19. Lars de Kooter (De Biesboschzwemmers, 200800185)							02:41.47(+72)
	50m 00:35.27	35,27	100m 01:15.98	40,71	150m 01:58.34	42,36	
20. Tristan Fredema (Blue Marlins, 200903699)							02:41.91(+74)
	50m 00:36.90	36,90	100m 01:17.84	40,94	150m 02:00.33	42,49	
21. Koen de Vries (MZ&PC De Reest, 200802379)							02:42.56(+70)
	50m 00:35.97	35,97	100m 01:18.00	42,03	150m 02:01.01	43,01	
22. Brian Arturo Bloemsma (De Dolfijn, 200901155)							02:43.37(+66)
	50m 00:35.98	35,98	100m 01:16.86	40,88	150m 01:59.31	42,45	
23. Cruz de Groot (Team Noord Holland (SG), 200801077)							02:43.59(+64)
	50m 00:35.42	35,42	100m 01:16.31	40,89	150m 01:59.13	42,82	
24. Joris Willemse (Hellas-Glana, 200801745)							02:43.60(+77)
	50m 00:36.36	36,36	100m 01:17.31	40,95	150m 02:00.56	43,25	
25. Gijs Hartwijk (ZVL-1886, 200800573)							02:44.52(+72)
	50m 00:38.07	38,07	100m 01:19.62	41,55	150m 02:02.13	42,51	
26. Rens Noordover (Team Noord Holland (SG), 200800237)							02:45.15(+81)
	50m 00:36.46	36,46	100m 01:18.80	42,34	150m 02:01.96	43,16	
27. Gerjan Berends (ZPC Hoogeveen, 200900169)							02:45.44(+69)
	50m 00:36.62	36,62	100m 01:18.30	41,68	150m 02:01.79	43,49	
28. Dani Yefimov (WS Twente, 200901305)							02:45.64(+80)
	50m 00:36.56	36,56	100m 01:19.06	42,50	150m 02:02.21	43,15	
29. Finn Stamsnieder (OZ&PC, 200900225)							02:45.98(+76)
	50m 00:37.82	37,82	100m 01:20.39	42,57	150m 02:03.03	42,64	

30. Jan Schouten (ZVL-1886, 200902305)				02:46.22(+80)	
50m	00:36.87 36,87	100m	01:19.34 42,47	150m	02:03.04 43,70
31. Floris van der Valk (Wiekslag, 200801891)				02:46.53(+73)	
50m	00:36.83 36,83	100m	01:20.34 43,51	150m	02:04.53 44,19
32. Stefan van der Meer (VZC, 200901361)				02:47.38(+69)	
50m	00:37.16 37,16	100m	01:20.18 43,02	150m	02:03.74 43,56
32. Thomas Nauta (Arethusa, 200900339)				02:47.38(+74)	
50m	00:36.52 36,52	100m	01:19.60 43,08	150m	02:03.64 44,04
34. Kobe Verhaegen (Zwemvereniging De Zilvermeeuw, 200802609)				02:48.89(+71)	
50m	00:37.40 37,40	100m	01:21.00 43,60	150m	02:04.70 43,70
35. Jamie Kenworthy (De Dolfijn, 200800045)				02:50.25(+64)	
50m	00:36.93 36,93	100m	01:20.84 43,91	150m	02:04.95 44,11
DIS. Tibbe Rongen (SBC2000, 200801929)				00:00.00	
22. 200m rugslag - Dames					
<i>13 - 14 jaar (Junioren 3 en 4)</i>					
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)				02:23.24(+65)	
50m	00:32.71 32,71	100m	01:08.68 35,97	150m	01:45.71 37,03
2. Fay Boxum (DZ&PC, 200900060)				02:26.66(+66)	
50m	00:33.31 33,31	100m	01:10.09 36,78	150m	01:48.14 38,05
3. Elin Ditewig (VZC, 200900392)				02:27.13(+69)	
50m	00:33.77 33,77	100m	01:10.60 36,83	150m	01:49.21 38,61
4. Nina van der Schrier (AZC, 201000444)				02:29.64(+63)	
50m	00:34.99 34,99	100m	01:13.17 38,18	150m	01:51.77 38,60
5. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:30.29(+80)	
50m	00:36.28 36,28	100m	01:14.38 38,10	150m	01:52.95 38,57
6. Fenna Zusterzeel (PSV, 201000008)				02:30.43(+56)	
50m	00:34.59 34,59	100m	01:12.81 38,22	150m	01:51.61 38,80
7. Madeleine Bertram (De Dolfijn, 200900516)				02:30.56(+61)	
50m	00:34.48 34,48	100m	01:12.80 38,32	150m	01:51.94 39,14
8. Nienke Koster (ZPC Hoogeveen, 200900612)				02:30.81(+57)	
50m	00:34.22 34,22	100m	01:12.00 37,78	150m	01:51.29 39,29
9. Fenna Westerneng (DZ&PC, 200900070)				02:31.09(+70)	
50m	00:35.31 35,31	100m	01:14.00 38,69	150m	01:52.80 38,80
10. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				02:32.09(+73)	
50m	00:34.73 34,73	100m	01:12.99 38,26	150m	01:52.33 39,34
11. Tereza Boom (PSV, 200904028)				02:32.54(+56)	
50m	00:36.81 36,81	100m	01:14.88 38,07	150m	01:54.37 39,49
12. Ece Öngören (Blue Marlins, 200903862)				02:32.80(+72)	
50m	00:35.63 35,63	100m	01:14.56 38,93	150m	01:54.38 39,82
13. Luus Gielens (PSV, 200900138)				02:33.16(+69)	
50m	00:34.91 34,91	100m	01:13.49 38,58	150m	01:53.46 39,97
14. Anouk Steller (WVZ, 201000004)				02:33.58(+68)	
50m	00:35.16 35,16	100m	01:14.66 39,50	150m	01:54.16 39,50
15. Myla Klaassen (Aqua-Novio'94, 200900110)				02:34.51(+55)	
50m	00:35.61 35,61	100m	01:14.96 39,35	150m	01:54.86 39,90
16. Jenny Muntinga (ZPCH, 200900450)				02:34.60(+66)	
50m	00:35.66 35,66	100m	01:14.80 39,14	150m	01:55.04 40,24
17. Elin Baars (DWK, 201000138)				02:35.21(+67)	
50m	00:37.34 37,34	100m	01:16.74 39,40	150m	01:56.52 39,78

18. Tess van de Steeg (WVZ, 201000016)				02:36.95(+68)
	50m 00:37.41 37,41	100m 01:17.73 40,32	150m 01:56.91 39,18	
19. Yanique Bax (ZPC AMERSFOORT, 201001428)				02:37.09(+72)
	50m 00:35.22 35,22	100m 01:15.38 40,16	150m 01:57.14 41,76	
20. Myrthe Stelten (Hellas-Glana, 200900234)				02:37.43(+67)
	50m 00:35.41 35,41	100m 01:14.62 39,21	150m 01:56.16 41,54	
21. Vera de Boer (MZ&PC De Reest, 200900512)				02:37.49(+65)
	50m 00:36.23 36,23	100m 01:16.37 40,14	150m 01:57.59 41,22	
22. Charlotte Landman (ESCA Zwemmen, 200901290)				02:37.61(+68)
	50m 00:36.25 36,25	100m 01:16.56 40,31	150m 01:57.35 40,79	
23. Nora Lynn Otten (ZPC Hoogeveen, 200903338)				02:37.65(+86)
	50m 00:36.04 36,04	100m 01:15.90 39,86	150m 01:57.12 41,22	
24. Sofie Kleissen (OZ&PC, 200901134)				02:39.25(+59)
	50m 00:36.18 36,18	100m 01:15.72 39,54	150m 01:57.42 41,70	
25. Erin de Jong (GZC DONK, 201000024)				02:40.45(+75)
	50m 00:38.93 38,93	100m 01:19.81 40,88	150m 02:00.33 40,52	
26. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)				02:40.85(+65)
	50m 00:36.53 36,53	100m 01:17.47 40,94	150m 01:59.38 41,91	
27. Julia Dąbrowska (Blue Marlins, 201000300)				02:41.02(+78)
	50m 00:37.18 37,18	100m 01:16.95 39,77	150m 01:59.36 42,41	
28. Gwen Hermans (De Columbiaan, 200900058)				02:41.85(+56)
	50m 00:37.88 37,88	100m 01:18.84 40,96	150m 02:01.11 42,27	
29. Faye Thijssen (WVZ, 201001364)				02:41.90(+71)
	50m 00:37.84 37,84	100m 01:20.27 42,43	150m 02:03.25 42,98	
30. Karlijn van der Schrier (Hieronymus, 200900834)				02:41.93(+65)
	50m 00:37.32 37,32	100m 01:18.17 40,85	150m 02:00.05 41,88	
31. Marjolie Spelde (ZC Borger, 200900266)				02:49.00(+72)
	50m 00:37.33 37,33	100m 01:19.38 42,05	150m 02:03.96 44,58	
DIS. Gabrielle Johannes Maduro (Blue Marlins, 201003492)				00:00.00

Nummer: 3 - zaterdag 22 juni 2024 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

13. 100m rugslag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)				00:57.21(+69)
	50m 00:28.04 28,04			
2. Yarno van Dam (ACZ, 200800115)				00:59.62(+61)
	50m 00:28.58 28,58			
3. Mattia Maggio (Hellas-Glana, 200903311)				01:01.14(+62)
	50m 00:29.16 29,16			
4. Jaydey Schonewille (Steenwijk 1934, 200800025)				01:01.76(+74)
	50m 00:30.19 30,19			
5. Tobian Vos (ZPC AMERSFOORT, 200900005)				01:01.87(+72)
	50m 00:30.17 30,17			
6. Felbe van 't Land (ZPC AMERSFOORT, 200900027)				01:01.95(+60)
	50m 00:30.42 30,42			
7. Rijk Leenders (VZC, 200800627)				01:02.08(+62)
	50m 00:30.61 30,61			
8. Luca Boorsma (De Dolfijn, 200902031)				01:02.45(+59)

	50m 00:29.68 29,68			
9.	Rein Stoel (ZVL-1886, 200800463) 50m 00:30.29 30,29			01:02.77(+67)
10.	Xander Boets (ZPC de Kanaalstreek, 200800133) 50m 00:30.37 30,37			01:03.35(+67)
	. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)			
	. Adriaan Coppelmans (AZC, 200903243)			
14.	100m schoolslag - Dames 13 - 14 jaar (Junioren 3 en 4)			
1.	Paula Spans (ZPC AMERSFOORT, 201000064) 50m 00:34.69 34,69			01:14.31(+74)
2.	Michelle van Hemert (PSV, 200901200) 50m 00:35.11 35,11			01:15.71(+67)
3.	Tess Vonk (De Geul, 200900024) 50m 00:35.84 35,84			01:15.72(+67)
4.	Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:35.56 35,56			01:16.46(+69)
5.	Jessica Johnstone (WVZ, 201003890) 50m 00:36.94 36,94			01:18.64(+79)
6.	Esmee de Raadt (Feijenoord Albion, 201002328) 50m 00:36.44 36,44			01:18.83(+69)
7.	Marre van der Wal (SG Bolsward-Workum, 201000046) 50m 00:36.98 36,98			01:19.57(+68)
8.	Linou van Kampen (ZPCH, 201000594) 50m 00:36.84 36,84			01:19.65(+87)
9.	Tara Langkamp (Aqua-Novio'94, 200900362) 50m 00:35.97 35,97			01:19.98(+73)
10.	Fenne de Vogt (DWK, 200901656) 50m 00:36.80 36,80			01:20.59(+72)
	. Eefje van Hinsbergen (Blue Marlins, 201002252)			
	. Esm�e de Gans (ZPC AMERSFOORT, 200900134)			
23.	200m schoolslag - Heren 12 - 13 jaar (Junioren 1 en 2)			
1.	Ilias Hamdouch (Wahoo Swimming, 201003617) 50m 00:36.46 36,46 100m 01:17.54 41,08 150m 01:59.25 41,71			02:41.81(+60)
2.	Mathijs Boersma (ZPC Hoogeveen, 201000313) 50m 00:36.99 36,99 100m 01:20.05 43,06 150m 02:02.94 42,89			02:44.75(+84)
3.	Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:37.15 37,15 100m 01:19.04 41,89 150m 02:02.59 43,55			02:46.03(+69)
4.	Luca Monster (ZPC Numansdorp, 201100343) 50m 00:36.89 36,89 100m 01:19.94 43,05 150m 02:04.35 44,41			02:48.21(+73)
5.	Duco de Gelder (Blue Marlins, 201000217) 50m 00:35.03 35,03 100m 01:18.38 43,35 150m 02:03.41 45,03			02:48.79(+81)
6.	Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:38.78 38,78 100m 01:21.88 43,10 150m 02:06.19 44,31			02:49.24(+70)
7.	Max van der Spank (Hieronymus, 201000275) 50m 00:39.75 39,75 100m 01:23.90 44,15 150m 02:07.42 43,52			02:49.43(+67)
8.	Thijmen Pruijssers (Hieronymus, 201000129) 50m 00:38.45 38,45 100m 01:22.70 44,25 150m 02:07.49 44,79			02:50.88(+72)

9. Mathieu Gepkens (VZC, 201000045)	50m 00:38.50	38,50	100m 01:22.34	43,84	150m 02:07.46	45,12	02:51.59(+73)
10. Laurens van Nulck (Hellas-Glana, 201100521)	50m 00:37.46	37,46	100m 01:21.14	43,68	150m 02:06.75	45,61	02:51.64(+76)
11. Kick Germers (SWOL 1894, 201000185)	50m 00:39.35	39,35	100m 01:23.15	43,80	150m 02:07.44	44,29	02:51.73(+76)
12. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:38.90	38,90	100m 01:24.17	45,27	150m 02:08.81	44,64	02:52.09(+63)
13. Tygo van de Wal (DWK, 201001329)	50m 00:38.37	38,37	100m 01:21.35	42,98	150m 02:06.73	45,38	02:52.29(+75)
14. Mathijs de Wit (KSN (SG), 201001215)	50m 00:39.01	39,01	100m 01:23.27	44,26	150m 02:08.75	45,48	02:52.82(+73)
15. Tycho Wienbelt (De Vikings, 201001397)	50m 00:39.78	39,78	100m 01:24.33	44,55	150m 02:09.08	44,75	02:53.46(+77)
16. Cayden Malone (De Dolfijn, 201002195)	50m 00:39.27	39,27	100m 01:23.64	44,37	150m 02:08.90	45,26	02:53.65(+70)
17. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:39.73	39,73	100m 01:24.27	44,54	150m 02:09.18	44,91	02:54.01(+73)
18. Kris Westerhout (ZZ&PC De Devel, 201000883)	50m 00:38.58	38,58	100m 01:23.65	45,07	150m 02:09.25	45,60	02:54.11(+68)
19. Sven Potappel (DWK, 201000127)	50m 00:40.01	40,01	100m 01:25.93	45,92	150m 02:10.45	44,52	02:54.49(+73)
20. Baris Tomu (ZPCH, 201000869)	50m 00:39.53	39,53	100m 01:24.51	44,98	150m 02:09.81	45,30	02:54.82(+70)
21. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:40.53	40,53	100m 01:24.71	44,18	150m 02:09.52	44,81	02:54.92(+70)
22. Thijn Runia (DZT'62, 201000895)	50m 00:38.69	38,69	100m 01:24.65	45,96	150m 02:11.51	46,86	02:55.29(+73)
23. Ruben Kragt (Dedemsvaart-AC, 201000007)	50m 00:39.01	39,01	100m 01:23.36	44,35	150m 02:09.84	46,48	02:55.34(+67)
24. Joey Snabel (ZPC AMERSFOORT, 201002847)	50m 00:39.54	39,54	100m 01:25.11	45,57	150m 02:10.82	45,71	02:55.57(+77)
25. Kasper Lubbers (Orca, 201100025)	50m 00:40.05	40,05	100m 01:25.37	45,32	150m 02:10.53	45,16	02:55.62(+59)
26. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:40.36	40,36	100m 01:25.79	45,43	150m 02:11.60	45,81	02:56.73(+72)
27. Nathan Magava (De Dolfijn, 201003067)	50m 00:39.34	39,34	100m 01:24.05	44,71	150m 02:10.91	46,86	02:57.06(+60)
28. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:41.62	41,62	100m 01:27.25	45,63	150m 02:13.21	45,96	02:57.96(+68)
29. Eli Shields (Niemo Barracuda, 201000407)	50m 00:40.80	40,80	100m 01:27.05	46,25	150m 02:13.26	46,21	02:57.97(+69)
30. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:39.84	39,84	100m 01:25.75	45,91	150m 02:11.28	45,53	02:58.00(+71)
31. Franzi Ziegler (DAW, 201100891)	50m 00:39.75	39,75	100m 01:26.07	46,32	150m 02:11.89	45,82	02:58.31(+65)
32. Yorre van der Wal (SG Bolsward-Workum, 201000017)	50m 00:39.70	39,70	100m 01:25.80	46,10	150m 02:12.14	46,34	02:58.50(+70)

33. Douwe Enzerink (Deltasteur, 201102657)				02:59.58(+48)	
50m	00:40.3140,31	100m	01:27.1746,86	150m	02:13.7346,56
34. Mauro Bedeke (DAW, 201000537)				03:00.90(+67)	
50m	00:40.1540,15	100m	01:26.1546,00	150m	02:13.8147,66
35. Gwee Bokma (Zwemlust-den Hommel, 201002259)				03:01.26(+74)	
50m	00:40.5540,55	100m	01:26.4545,90	150m	02:13.6947,24
36. Nils Bellert (SG Octopus - ZVV, 201100347)				03:01.33(+74)	
50m	00:41.0141,01	100m	01:27.3646,35	150m	02:16.3348,97
37. Thijs Jonkman (De Duck, 201000481)				03:01.90(+79)	
50m	00:40.6840,68	100m	01:27.9347,25	150m	02:15.5247,59
38. Lev Rudman (Blue Marlins, 201102343)				03:03.01(+68)	
50m	00:40.3540,35	100m	01:27.5147,16	150m	02:15.9648,45
39. Henry Watson (De Dolfijn, 201001703)				03:04.20(+68)	
50m	00:40.9440,94	100m	01:27.7846,84	150m	02:15.7247,94
40. Girish Nolden (Blue Marlins, 201000087)				03:05.02(+70)	
50m	00:42.1142,11	100m	01:30.9448,83	150m	02:18.5247,58
41. Bink Elgersma (Zwemlust-den Hommel, 201000137)				03:05.84(+66)	
50m	00:41.0341,03	100m	01:27.9046,87	150m	02:16.7848,88
42. Abel op den Velde (De Duinkickers, 201000079)				03:06.16(+81)	
50m	00:42.6242,62	100m	01:31.6249,00	150m	02:19.5847,96
43. Ramon Vos (ZPC Hoogeveen, 201100051)				03:07.10(+64)	
50m	00:40.1540,15	100m	01:27.9947,84	150m	02:17.2349,24
44. Matthijs van Velzen (Deltasteur, 201100435)				03:08.74(+64)	
50m	00:42.5142,51	100m	01:32.2649,75	150m	02:20.9348,67
45. Daan Overmars (OZ&PC, 201100027)				03:10.62(+66)	
50m	00:44.5244,52	100m	01:32.4147,89	150m	02:21.5649,15
46. Alief Jan van der Sluis (PSV, 201003425)				03:12.30(+74)	
50m	00:43.9543,95	100m	01:35.6451,69	150m	02:26.1450,50
47. Dax Muijlaert (SG Octopus - ZVV, 201100535)				03:12.33(+65)	
50m	00:43.3843,38	100m	01:33.0649,68	150m	02:23.4650,40
48. Mees Janssen (DSZ, 201102025)				03:13.41(+69)	
50m	00:42.8442,84	100m	01:32.0149,17	150m	02:23.3251,31
49. Fin Horrocks (Z&PV Nuenen, 201002417)				03:16.70(+70)	
50m	00:44.4844,48	100m	01:36.1851,70	150m	02:26.5950,41
DIS. Stijn Dijkstra (DZ&PC, 201000279)				00:00.00	
24. 200m vrije slag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Malin Roozeboom (WVZ, 201100006)				02:12.44(+76)	
50m	00:31.6731,67	100m	01:05.8134,14	150m	01:39.7533,94
2. Anna Lepoutre (PSV, 201100534)				02:13.95(+76)	
50m	00:31.3731,37	100m	01:05.6734,30	150m	01:39.8334,16
3. Lola Verheijen (PSV, 201100832)				02:14.10(+73)	
50m	00:31.5131,51	100m	01:06.7635,25	150m	01:41.7635,00
4. Yill van Bezouw (Hieronymus, 201100704)				02:17.06(+73)	
50m	00:31.3031,30	100m	01:06.2334,93	150m	01:42.0835,85
5. Milou Filemon (Blue Marlins, 201100078)				02:19.10(+59)	
50m	00:31.7131,71	100m	01:06.9235,21	150m	01:43.0236,10
6. Elin Reinstra (TriVia, 201100842)				02:20.09(+79)	
50m	00:32.6532,65	100m	01:07.7035,05	150m	01:44.2336,53

7. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:33.14 33,14	100m 01:09.18 36,04	150m 01:45.47 36,29	02:20.66(+82)
8. Casharell Kraan (Blue Marlins, 201103426)	50m 00:32.74 32,74	100m 01:08.89 36,15	150m 01:45.85 36,96	02:21.27(+69)
9. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:32.06 32,06	100m 01:08.67 36,61	150m 01:45.30 36,63	02:21.41(+68)
10. Frédérique Nijziel (PSV, 201103114)	50m 00:32.47 32,47	100m 01:08.14 35,67	150m 01:44.67 36,53	02:21.42(+77)
11. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:33.37 33,37	100m 01:09.59 36,22	150m 01:46.88 37,29	02:22.12(+77)
12. Chloé in 't Veen (WVZ, 201100010)	50m 00:32.25 32,25	100m 01:08.42 36,17	150m 01:46.16 37,74	02:22.15(+69)
13. Romée Smit (MSV-Zeemacht, 201100438)	50m 00:32.29 32,29	100m 01:08.58 36,29	150m 01:46.12 37,54	02:22.22(+72)
14. Fanni Farkas (De Columbiaan, 201100360)	50m 00:33.61 33,61	100m 01:10.37 36,76	150m 01:47.43 37,06	02:22.69(+87)
15. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:32.50 32,50	100m 01:08.87 36,37	150m 01:46.41 37,54	02:22.70(+71)
16. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:32.84 32,84	100m 01:10.30 37,46	150m 01:48.25 37,95	02:24.63(+79)
17. Julia Bannatyne (BZ&PC, 201201020)	50m 00:33.84 33,84	100m 01:11.36 37,52	150m 01:48.97 37,61	02:24.79(+81)
18. Amila Mustafic (DZ&PC, 201200026)	50m 00:32.54 32,54	100m 01:10.76 38,22	150m 01:48.93 38,17	02:25.22(+80)
19. Isabel Amelink (Deltasteur, 201100196)	50m 00:33.06 33,06	100m 01:10.09 37,03	150m 01:48.06 37,97	02:25.35(+79)
20. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:33.48 33,48	100m 01:10.70 37,22	150m 01:48.86 38,16	02:25.45(+79)
21. Elke Kriesels (Hieronymus, 201100898)	50m 00:33.05 33,05	100m 01:10.44 37,39	150m 01:47.95 37,51	02:25.55(+71)
22. Norell Kroeze (ZC Polaris, 201100378)	50m 00:34.12 34,12	100m 01:12.13 38,01	150m 01:50.54 38,41	02:26.50(+81)
23. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:33.75 33,75	100m 01:11.29 37,54	150m 01:49.46 38,17	02:26.98(+90)
24. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:34.07 34,07	100m 01:11.31 37,24	150m 01:49.71 38,40	02:27.00(+81)
25. Alissa Rooijackers (Z&PV Nuenen, 201101892)	50m 00:35.28 35,28	100m 01:13.19 37,91	150m 01:51.84 38,65	02:27.60(+70)
26. Mattea Gliese-Slooijer (De Dinkel, 201100008)	50m 00:34.25 34,25	100m 01:12.83 38,58	150m 01:51.19 38,36	02:27.98(+80)
27. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:34.32 34,32	100m 01:12.67 38,35	150m 01:51.80 39,13	02:29.35(+87)
28. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	50m 00:33.48 33,48	100m 01:12.04 38,56	150m 01:51.33 39,29	02:29.47(+86)
29. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:34.10 34,10	100m 01:11.79 37,69	150m 01:50.66 38,87	02:29.60(+69)
30. Noa Spaans (De Dolfijn, 201100222)	50m 00:34.43 34,43	100m 01:13.59 39,16	150m 01:52.99 39,40	02:29.99(+64)
31. Annefleur Schraa (SWOL 1894, 201100044)	50m 00:34.47 34,47	100m 01:12.76 38,29	150m 01:52.01 39,25	02:30.02(+78)

32. Meike van der Klugt (WVZ, 201100808)	50m 00:35.13 35,13	100m 01:14.21 39,08	150m 01:52.99 38,78	02:30.26(+86)
33. Roubin van Kampen (ZPCH, 201200370)	50m 00:35.50 35,50	100m 01:14.16 38,66	150m 01:52.85 38,69	02:30.66(+86)
34. Simone Brobbel (ZPC Numansdorp, 201200058)	50m 00:34.18 34,18	100m 01:12.80 38,62	150m 01:52.62 39,82	02:30.70(+80)
35. Morrison Schram (De Schelde, 201100686)	50m 00:34.58 34,58	100m 01:13.51 38,93	150m 01:53.26 39,75	02:30.87(+78)
36. Esmee Reuver (ZC Polaris, 201100846)	50m 00:34.59 34,59	100m 01:13.00 38,41	150m 01:52.63 39,63	02:31.22(+71)
37. Alaine Dumont (ZV De Watervogels, 201102140)	50m 00:35.09 35,09	100m 01:14.53 39,44	150m 01:54.14 39,61	02:31.49(+71)
38. Sarah Förster (Hellas-Glana, 201102682)	50m 00:34.62 34,62	100m 01:13.78 39,16	150m 01:53.28 39,50	02:31.56(+67)
39. Melody Paulussen (De Dolfijn, 201101106)	50m 00:35.72 35,72	100m 01:14.20 38,48	150m 01:53.56 39,36	02:31.90(+77)
40. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:33.73 33,73	100m 01:12.71 38,98	150m 01:53.32 40,61	02:32.02(+77)
41. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	50m 00:35.44 35,44	100m 01:15.28 39,84	150m 01:55.44 40,16	02:32.97(+78)
42. Vicky Horens (Hellas-Glana, 201200252)	50m 00:35.32 35,32	100m 01:15.02 39,70	150m 01:54.83 39,81	02:34.67(+66)
43. Esra Simon (Hellas-Glana, 201100004)	50m 00:34.62 34,62	100m 01:13.32 38,70	150m 01:54.79 41,47	02:34.68(+57)
44. Lise Marques (SBC2000, 201101276)	50m 00:36.28 36,28	100m 01:16.16 39,88	150m 01:57.36 41,20	02:35.97(+74)
45. Elle van Gemeren (DAW, 201100428)	50m 00:36.39 36,39	100m 01:17.17 40,78	150m 01:58.13 40,96	02:36.81(+75)
46. Valerie Rienties (Zwemsport Parkstad, 201200400)	50m 00:35.26 35,26	100m 01:15.73 40,47	150m 01:57.87 42,14	02:38.28(+51)
47. Liva van Groningen (WZ&PC Purmerend, 201200280)	50m 00:36.16 36,16	100m 01:16.36 40,20	150m 01:57.51 41,15	02:38.34(+56)
48. Emma van den Berg (VZV Njord, 201100830)	50m 00:36.89 36,89	100m 01:17.35 40,46	150m 01:59.13 41,78	02:38.77(+86)
49. Sara Creemers (Hellas-Glana, 201100242)	50m 00:34.95 34,95	100m 01:15.85 40,90	150m 01:58.98 43,13	02:39.20(+70)
50. Minke Bouman (Blue Marlins, 201100104)	50m 00:36.61 36,61	100m 01:18.78 42,17	150m 02:03.75 44,97	02:47.01(+74)
17. 100m vlinderslag - Heren				
<i>14 - 15 jaar (Junioren 3 en 4)</i>				
1. Kaan Sudak (Blue Marlins, 200803733)	50m 00:26.26 26,26			00:56.85(+64)
2. Yarno van Dam (ACZ, 200800115)	50m 00:26.79 26,79			00:57.62(+68)
3. Jones Chuang (PSV, 200801173)	50m 00:27.13 27,13			00:58.22(+60)
4. Tibbe Quist (Kon. AZ 1870, 200801359)	50m 00:26.58 26,58			00:58.55(+60)
5. Xiaoyu Yin (Blue Marlins, 200803363)				00:59.40(+71)

	50m 00:27.53 27,53	
6. Bram ter Braak (De Dinkel, 200800281)	50m 00:27.60 27,60	00:59.55(+78)
7. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:27.51 27,51	00:59.67(+62)
8. Daniël Wegman (Oceanus, 200802843)	50m 00:28.08 28,08	01:01.00(+72)
9. Feddo Smink (ZPC AMERSFOORT, 200900007)	50m 00:27.86 27,86	01:01.61(+63)
10. Cruz de Groot (Team Noord Holland (SG), 200801077)	50m 00:28.00 28,00	01:01.76(+70)
. Willem Weustink (Team Noord Holland (SG), 200800109)		
. Damir Mustafic (DZ&PC, 200800885)		
18. 100m vrije slag - Dames		
13 - 14 jaar (Junioren 3 en 4)		
1. Juliëtte Woltjes (VZC, 200900774)	50m 00:28.54 28,54	00:59.02(+76)
2. Fay Boxum (DZ&PC, 200900060)	50m 00:28.88 28,88	00:59.54(+80)
3. Elin Ditewig (VZC, 200900392)	50m 00:29.16 29,16	01:00.32(+70)
4. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:29.59 29,59	01:00.44(+74)
5. Fenna Westerneng (DZ&PC, 200900070)	50m 00:29.61 29,61	01:00.46(+77)
6. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:29.12 29,12	01:00.57(+75)
7. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:29.51 29,51	01:00.82(+70)
8. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:29.57 29,57	01:01.05(+68)
9. Kinley Cole (PSV, 200903696)	50m 00:29.34 29,34	01:01.14(+66)
10. Faye Thijssse (WVZ, 201001364)	50m 00:29.22 29,22	01:02.33(+76)
. Jenny Muntinga (ZPCH, 200900450)		
. Fenna Zusterzeel (PSV, 201000008)		
25. 200m vrije slag - Heren		
14 - 15 jaar (Junioren 3 en 4)		
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	50m 00:26.28 26,28 100m 00:54.86 28,58 150m 01:24.35 29,49	01:53.84(+74)
2. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:26.08 26,08 100m 00:55.86 29,78 150m 01:27.30 31,44	01:57.96(+70)
3. Bas Mostert (VZC, 200800629)	50m 00:27.72 27,72 100m 00:57.02 29,30 150m 01:28.08 31,06	01:57.97(+71)
4. Martijn Nies (PSV, 200902095)	50m 00:27.30 27,30 100m 00:57.16 29,86 150m 01:28.11 30,95	01:58.07(+81)
5. Milan Veelders (De Dinkel, 200800279)		02:00.05(+79)

	50m 00:27.49 27,49	100m 00:58.27 30,78	150m 01:28.97 30,70	
6. Yarno van Dam (ACZ, 200800115)	50m 00:27.08 27,08	100m 00:57.29 30,21	150m 01:29.07 31,78	02:00.92(+74)
7. Bram ter Braak (De Dinkel, 200800281)	50m 00:27.19 27,19	100m 00:57.66 30,47	150m 01:30.18 32,52	02:01.12(+75)
8. Giulian Janssen (PSV, 200900125)	50m 00:26.70 26,70	100m 00:57.80 31,10	150m 01:29.55 31,75	02:01.20(+64)
9. Sven Koorstra (De Vikings, 200900189)	50m 00:28.29 28,29	100m 00:59.34 31,05	150m 01:30.36 31,02	02:01.35(+79)
10. Theodore Allan (PSV, 200902925)	50m 00:27.56 27,56	100m 00:58.64 31,08	150m 01:30.15 31,51	02:01.41(+63)
11. Tim Boerefijn (WVZ, 200802815)	50m 00:27.88 27,88	100m 00:58.43 30,55	150m 01:29.93 31,50	02:01.48(+75)
12. Mattia Maggio (Hellas-Glana, 200903311)	50m 00:27.52 27,52	100m 00:57.97 30,45	150m 01:29.82 31,85	02:01.62(+63)
13. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:28.14 28,14	100m 00:59.07 30,93	150m 01:30.94 31,87	02:02.73(+71)
14. Diede Veld (HZ&PC Heerenveen, 200800011)	50m 00:27.99 27,99	100m 00:59.33 31,34	150m 01:31.80 32,47	02:03.35(+83)
15. Jaydey Schonewille (Steenwijk 1934, 200800025)	50m 00:28.48 28,48	100m 01:00.26 31,78	150m 01:32.51 32,25	02:03.38(+76)
16. Ruben Baars (DWK, 200900471)	50m 00:27.65 27,65	100m 00:58.38 30,73	150m 01:30.72 32,34	02:03.59(+70)
17. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:28.13 28,13	100m 00:59.11 30,98	150m 01:31.90 32,79	02:03.83(+68)
18. Jelte de Jong (ZPCH, 200900975)	50m 00:28.05 28,05	100m 00:59.09 31,04	150m 01:31.44 32,35	02:04.09(+74)
19. Willem Weustink (Team Noord Holland (SG), 200800109)	50m 00:28.62 28,62	100m 00:59.85 31,23	150m 01:32.44 32,59	02:04.44(+62)
20. Nout Folkersma (PSV, 200800595)	50m 00:27.71 27,71	100m 00:58.84 31,13	150m 01:31.35 32,51	02:04.57(+67)
21. Jones Chuang (PSV, 200801173)	50m 00:29.06 29,06	100m 01:00.42 31,36	150m 01:32.67 32,25	02:05.18(+60)
22. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:27.93 27,93	100m 00:59.53 31,60	150m 01:32.10 32,57	02:05.22(+67)
23. Rens Noordover (Team Noord Holland (SG), 200800237)	50m 00:28.60 28,60	100m 01:00.18 31,58	150m 01:32.67 32,49	02:05.94(+79)
24. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:26.86 26,86	100m 00:58.46 31,60	150m 01:32.22 33,76	02:05.99(+76)
25. Finn Eghuizen (HZ&PC Heerenveen, 200900431)	50m 00:28.52 28,52	100m 01:00.17 31,65	150m 01:33.04 32,87	02:06.20(+65)
26. Arjan Boogaard (Deltasteur, 200800093)	50m 00:28.37 28,37	100m 01:00.29 31,92	150m 01:33.90 33,61	02:07.05(+66)
27. Suraj Baladurage (Team Noord Holland (SG), 200801291)	50m 00:28.79 28,79	100m 01:01.67 32,88	150m 01:34.66 32,99	02:07.14(+63)
28. Liam Tjin Wong Joe (De Dolfijn, 200804105)	50m 00:28.75 28,75	100m 01:01.11 32,36	150m 01:34.28 33,17	02:07.24(+75)
29. Brent Schiffers (ZPC Woerden, 200902041)	50m 00:29.20 29,20	100m 01:01.34 32,14	150m 01:34.73 33,39	02:07.43(+72)

30. Bjorn Scholten (OZ&PC, 200801143)	50m 00:27.98 27,98	100m 00:59.80 31,82	150m 01:34.16 34,36	02:07.51(+76)
31. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187)	50m 00:28.70 28,70	100m 01:00.87 32,17	150m 01:34.89 34,02	02:07.56(+68)
32. Job Sportel (De Dinkel, 200800429)	50m 00:27.68 27,68	100m 00:59.55 31,87	150m 01:33.69 34,14	02:07.60(+67)
33. Ivo Bot (Wiekslag, 200900509)	50m 00:28.11 28,11	100m 01:01.09 32,98	150m 01:34.67 33,58	02:07.65(+71)
34. Daan Borst (Niemo Barracuda, 200801435)	50m 00:27.71 27,71	100m 01:00.57 32,86	150m 01:34.92 34,35	02:07.76(+73)
35. Koen de Vries (MZ&PC De Reest, 200802379)	50m 00:29.69 29,69	100m 01:02.36 32,67	150m 01:35.71 33,35	02:07.98(+71)
36. Pieter van Oosten (Blue Marlins, 200903977)	50m 00:29.06 29,06	100m 01:01.38 32,32	150m 01:35.54 34,16	02:08.01(+73)
37. Adriaan Coppelmans (AZC, 200903243)	50m 00:27.89 27,89	100m 01:00.50 32,61	150m 01:34.97 34,47	02:08.16(+65)
38. Filip Piszczynski (KSN (SG), 200802125)	50m 00:29.08 29,08	100m 01:01.51 32,43	150m 01:34.94 33,43	02:08.23(+65)
38. Teun Overmars (OZ&PC, 200800103)	50m 00:28.93 28,93	100m 01:01.20 32,27	150m 01:35.08 33,88	02:08.23(+68)
40. Xander Kragting (ZPC AMERSFOORT, 200900077)	50m 00:28.90 28,90	100m 01:01.15 32,25	150m 01:34.77 33,62	02:08.26(+75)
41. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:28.82 28,82	100m 01:01.21 32,39	150m 01:37.79 36,58	02:08.76(+79)
42. Figo van Duuren (ZPCH, 200800391)	50m 00:29.76 29,76	100m 01:02.14 32,38	150m 01:35.67 33,53	02:08.82(+71)
43. Youp Stuifzand (Deltasteur, 200800521)	50m 00:29.03 29,03	100m 01:03.16 34,13	150m 01:37.74 34,58	02:09.13(+70)
43. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	50m 00:29.01 29,01	100m 01:01.59 32,58	150m 01:35.37 33,78	02:09.13(+76)
45. Felix Gepkens (VZC, 200800631)	50m 00:28.92 28,92	100m 01:01.97 33,05	150m 01:35.40 33,43	02:09.22(+84)
46. Daniël Wegman (Oceanus, 200802843)	50m 00:30.00 30,00	100m 01:03.47 33,47	150m 01:37.71 34,24	02:09.68(+73)
47. Xander Boets (ZPC de Kanaalstreek, 200800133)	50m 00:29.70 29,70	100m 01:02.89 33,19	150m 01:36.38 33,49	02:09.79(+78)
48. Sverre van der Zwaan (WVZ, 200900737)	50m 00:29.97 29,97	100m 01:03.34 33,37	150m 01:37.21 33,87	02:10.24(+67)
49. Aidan van der Stelt (Blue Marlins, 200900901)	50m 00:30.30 30,30	100m 01:03.62 33,32	150m 01:37.39 33,77	02:10.57(+74)
50. Xiaoyu Yin (Blue Marlins, 200803363)	50m 00:28.76 28,76	100m 01:01.66 32,90	150m 01:35.84 34,18	02:10.60(+71)
51. Jesse Molegraaf (De Haaien, 200800887)	50m 00:28.83 28,83	100m 01:01.18 32,35	150m 01:35.47 34,29	02:10.61(+66)
52. Wessel van Dorst (Aqua-Novio'94, 200900727)	50m 00:29.71 29,71	100m 01:03.39 33,68	150m 01:38.45 35,06	02:10.90(+68)
53. Gijs Hartwijk (ZVL-1886, 200800573)	50m 00:29.47 29,47	100m 01:02.36 32,89	150m 01:36.62 34,26	02:10.95(+73)
54. Twan Wielage (KSN (SG), 200902671)				02:11.11(+70)

	50m 00:28.73 28,73	100m 01:01.30 32,57	150m 01:36.15 34,85	
55. Mink Hugen (Aqua-Novio'94, 200801391)	50m 00:29.96 29,96	100m 01:03.36 33,40	150m 01:37.90 34,54	02:11.25(+77)
56. Alexander Griston (De Dolfijn, 200803053)	50m 00:31.30 31,30	100m 01:05.23 33,93	150m 01:39.38 34,15	02:11.51(+73)
57. Timo Berghuis (NDD, 200801991)	50m 00:30.41 30,41	100m 01:04.76 34,35	150m 01:38.97 34,21	02:11.96(+71)
58. Niek Sonneveld (WVZ, 200802631)	50m 00:30.91 30,91	100m 01:05.61 34,70	150m 01:41.48 35,87	02:14.36(+67)
59. Rein Stoel (ZVL-1886, 200800463)	50m 00:30.07 30,07	100m 01:04.48 34,41	150m 01:40.02 35,54	02:14.84(+72)
60. Jannick van Eeghem (Hellas-Glana, 200800147)	50m 00:29.62 29,62	100m 01:03.83 34,21	150m 01:40.47 36,64	02:14.86(+73)
61. Finn Hilders (De Dolfijn, 200900283)	50m 00:30.41 30,41	100m 01:05.38 34,97	150m 01:41.50 36,12	02:16.62(+69)
26. 200m wisselslag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Fay Boxum (DZ&PC, 200900060)	50m 00:31.76 31,76	100m 01:08.67 36,91	150m 01:51.85 43,18	02:25.27(+80)
2. Juliëtte Woltjes (VZC, 200900774)	50m 00:31.20 31,20	100m 01:09.59 38,39	150m 01:54.29 44,70	02:26.45(+77)
3. Elin Ditewig (VZC, 200900392)	50m 00:30.83 30,83	100m 01:07.21 36,38	150m 01:52.56 45,35	02:26.53(+72)
4. Bregje Dekkers (PSV, 200900746)	50m 00:32.26 32,26	100m 01:11.26 39,00	150m 01:54.84 43,58	02:28.80(+74)
5. Luus Gielens (PSV, 200900138)	50m 00:32.34 32,34	100m 01:10.68 38,34	150m 01:55.43 44,75	02:28.97(+87)
6. Jasmine Vaartjes (Blue Marlins, 200903658)	50m 00:31.38 31,38	100m 01:10.90 39,52	150m 01:55.98 45,08	02:30.62(+75)
7. Amber Kunst (DAW, 200900680)	50m 00:33.07 33,07	100m 01:13.08 40,01	150m 01:56.77 43,69	02:31.16(+69)
8. Madeleine Bertram (De Dolfijn, 200900516)	50m 00:32.10 32,10	100m 01:11.46 39,36	150m 02:00.10 48,64	02:33.99(+78)
9. Jenny Muntinga (ZPCH, 200900450)	50m 00:33.10 33,10	100m 01:12.06 38,96	150m 01:58.33 46,27	02:34.12(+70)
10. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:33.31 33,31	100m 01:14.39 41,08	150m 01:58.62 44,23	02:34.32(+74)
11. Lotte Lübbers (KSN (SG), 200900190)	50m 00:32.94 32,94	100m 01:13.61 40,67	150m 01:59.35 45,74	02:34.34(+74)
12. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:32.28 32,28	100m 01:11.89 39,61	150m 01:59.51 47,62	02:34.63(+69)
13. Fenne Metten (ZPC AMERSFOORT, 201000102)	50m 00:33.71 33,71	100m 01:12.58 38,87	150m 02:00.53 47,95	02:34.85(+81)
14. Mijke Ouderkerken (Blue Marlins, 200901254)	50m 00:33.26 33,26	100m 01:14.73 41,47	150m 01:59.91 45,18	02:35.42(+76)
15. Nina van der Schrier (AZC, 201000444)	50m 00:34.18 34,18	100m 01:12.92 38,74	150m 02:01.49 48,57	02:35.51(+74)
16. Elin Baars (DWK, 201000138)	50m 00:33.06 33,06	100m 01:13.71 40,65	150m 01:59.81 46,10	02:35.70(+76)

17. Tara Langkamp (Aqua-Novio'94, 200900362)				02:35.94(+75)	
50m	00:31.5531,55	100m	01:14.6143,06	150m	02:01.3346,72
18. Suuz Griekspoor (Noordwijkerhout, 200901204)				02:36.00(+74)	
50m	00:33.0833,08	100m	01:13.6740,59	150m	01:59.2645,59
19. Carla Moreno Palacios (De Dolfijn, 201002302)				02:36.22(+69)	
50m	00:32.6732,67	100m	01:15.5742,90	150m	01:59.4843,91
20. Nienke Koster (ZPC Hoogeveen, 200900612)				02:37.19(+69)	
50m	00:33.3133,31	100m	01:11.7938,48	150m	01:59.7247,93
21. Esmaé de Gans (ZPC AMERSFOORT, 200900134)				02:37.52(+80)	
50m	00:33.5433,54	100m	01:15.5942,05	150m	02:00.6045,01
22. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				02:37.60(+76)	
50m	00:34.3134,31	100m	01:17.1742,86	150m	02:01.4444,27
23. Tess van de Steeg (WVZ, 201000016)				02:37.71(+76)	
50m	00:34.3334,33	100m	01:14.4440,11	150m	01:59.5445,10
24. Tessa van Beek (DWK, 201001446)				02:37.93(+73)	
50m	00:33.1833,18	100m	01:13.9640,78	150m	02:00.7346,77
25. Julia Dąbrowska (Blue Marlins, 201000300)				02:38.68(+84)	
50m	00:31.6131,61	100m	01:12.0440,43	150m	02:02.2350,19
26. Eva Ehlert (GZC DONK, 201002026)				02:38.90(+73)	
50m	00:33.4933,49	100m	01:18.7445,25	150m	02:01.6842,94
27. Mia Hoeflaken (PSV, 201004108)				02:39.01(+69)	
50m	00:33.0033,00	100m	01:15.6642,66	150m	02:02.0846,42
28. Dewi Meijer (De Dolfijn, 201000302)				02:39.09(+77)	
50m	00:33.3733,37	100m	01:16.4443,07	150m	02:04.6748,23
29. Anouk Steller (WVZ, 201000004)				02:39.24(+75)	
50m	00:33.0533,05	100m	01:11.5338,48	150m	02:02.5250,99
30. Ece Öngören (Blue Marlins, 200903862)				02:40.46(+69)	
50m	00:33.6633,66	100m	01:13.6640,00	150m	02:02.7849,12
31. Anne Engbersen (ZPC AMERSFOORT, 201000044)				02:41.02(+82)	
50m	00:34.5934,59	100m	01:15.4440,85	150m	02:02.8847,44
32. Jorja Verschoor (AZC, 200902640)				02:41.19(+78)	
50m	00:34.8134,81	100m	01:16.6841,87	150m	02:06.0749,39
33. Charlotte Landman (ESCA Zwemmen, 200901290)				02:41.25(+72)	
50m	00:33.2033,20	100m	01:14.4041,20	150m	02:05.6951,29
34. Myrthe Stelten (Hellas-Glana, 200900234)				02:41.37(+81)	
50m	00:33.0033,00	100m	01:16.2843,28	150m	02:02.2645,98
35. Rixt Rothschild (ZC Borger, 200900026)				02:41.58(+74)	
50m	00:34.6234,62	100m	01:16.1141,49	150m	02:03.6747,56
35. Marre van der Wal (SG Bolsward-Workum, 201000046)				02:41.58(+74)	
50m	00:34.7434,74	100m	01:17.2842,54	150m	02:02.5445,26
37. Emma Steenbrink (WS Twente, 200901376)				02:41.72(+86)	
50m	00:35.6735,67	100m	01:16.6040,93	150m	02:06.7350,13
38. Linou van Kampen (ZPCH, 201000594)				02:41.76(+86)	
50m	00:34.2134,21	100m	01:16.6042,39	150m	02:03.1346,53
39. Mariia Kostina (Blue Marlins, 201002042)				02:43.49(+73)	
50m	00:32.5932,59	100m	01:14.1841,59	150m	02:06.0651,88
40. Puck van Wees (De Dolfijn, 200901020)				02:44.71(+75)	
50m	00:35.2735,27	100m	01:17.5442,27	150m	02:07.5750,03
41. Erin de Jong (GZC DONK, 201000024)				02:44.79(+94)	
50m	00:34.7034,70	100m	01:16.5141,81	150m	02:06.8750,36

DIS: Fenna Westerneng (DZ&PC, 200900070)

00:00.00

27. 100m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Myron Artemenko (Niemo Barracuda, 201003021) 00:58.07(+72)
50m 00:28.25 28,25
2. Gwee Bokma (Zwemlust-den Hommel, 201002259) 00:58.39(+73)
50m 00:28.12 28,12
3. Nick Vodde (AZ&PC De Futen, 201002211) 00:58.78(+74)
50m 00:27.85 27,85
4. Ilias Hamdouch (Wahoo Swimming, 201003617) 00:58.83(+59)
50m 00:28.74 28,74
5. Max van der Spank (Hieronymus, 201000275) 00:58.96(+68)
50m 00:28.31 28,31
6. Bink Elgersma (Zwemlust-den Hommel, 201000137) 00:59.19(+67)
50m 00:27.84 27,84
7. Mathijs de Wit (KSN (SG), 201001215) 00:59.45(+71)
50m 00:28.16 28,16
8. Sven Casper Hageman (Steenwijk 1934, 201000009) 00:59.53(+68)
50m 00:28.37 28,37
9. Ramon Vos (ZPC Hoogeveen, 201100051) 00:59.60(+61)
50m 00:28.75 28,75
10. Joey Snabel (ZPC AMERSFOORT, 201002847) 00:59.69(+72)
50m 00:28.87 28,87
11. Mathijs Boersma (ZPC Hoogeveen, 201000313) 00:59.89(+77)
50m 00:28.60 28,60
12. Thijmen Pruijssers (Hieronymus, 201000129) 01:00.50(+74)
50m 00:29.19 29,19
13. Mees Janssen (DSZ, 201102025) 01:00.69(+72)
50m 00:28.61 28,61
14. Alief Jan van der Sluis (PSV, 201003425) 01:00.72(+72)
50m 00:29.30 29,30
15. Ruben Kragt (Dedemsvaart-AC, 201000007) 01:00.90(+68)
50m 00:29.03 29,03
16. Duco de Gelder (Blue Marlins, 201000217) 01:00.91(+71)
50m 00:29.01 29,01
17. Evren Ege Orcunus (De Dolfijn, 201003253) 01:00.98(+70)
50m 00:29.58 29,58
18. Eli Shields (Niemo Barracuda, 201000407) 01:01.06(+64)
50m 00:29.80 29,80
19. Abel op den Velde (De Duinkickers, 201000079) 01:01.26(+79)
50m 00:29.39 29,39
20. Baris Tomu (ZPCH, 201000869) 01:01.32(+66)
50m 00:29.47 29,47
21. Cayden Malone (De Dolfijn, 201002195) 01:01.37(+71)
50m 00:29.48 29,48
22. Thijs Jonkman (De Duck, 201000481) 01:01.45(+72)
50m 00:29.56 29,56
22. Matthijs van Velzen (Deltasteur, 201100435) 01:01.45(+63)
50m 00:29.08 29,08

24. Sven Potappel (DWK, 201000127) 50m 00:29.98 29,98	01:01.65(+73)
25. Girish Nolden (Blue Marlins, 201000087) 50m 00:30.28 30,28	01:01.81(+72)
26. Henry Watson (De Dolfijn, 201001703) 50m 00:29.66 29,66	01:02.11(+63)
27. Mauro Bedeke (DAW, 201000537) 50m 00:29.59 29,59	01:02.28(+65)
28. Daan Overmars (OZ&PC, 201100027) 50m 00:30.46 30,46	01:02.95(+62)
29. Franzl Ziegler (DAW, 201100891) 50m 00:30.14 30,14	01:03.02(+75)
30. Thijn Runia (DZT'62, 201000895) 50m 00:30.93 30,93	01:03.63(+73)
31. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:29.99 29,99	01:03.72(+67)
32. Tygo van de Wal (DWK, 201001329) 50m 00:30.65 30,65	01:03.80(+77)
33. Tycho Wienbelt (De Vikings, 201001397) 50m 00:30.91 30,91	01:03.81(+77)
34. Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:30.74 30,74	01:03.95(+70)
35. Stijn Dijkstra (DZ&PC, 201000279) 50m 00:30.65 30,65	01:04.00(+69)
36. Mathieu Gepkens (VZC, 201000045) 50m 00:30.83 30,83	01:04.04(+73)
37. Kick Germers (SWOL 1894, 201000185) 50m 00:31.12 31,12	01:04.12(+72)
38. Oleksandr Hordiienko (De Aalscholver, 201003061) 50m 00:30.78 30,78	01:04.13(+69)
39. Douwe Enzerink (Deltasteur, 201102657) 50m 00:30.76 30,76	01:04.25(+50)
40. Kasper Lubbers (Orca, 201100025) 50m 00:31.37 31,37	01:04.33(+62)
41. Dax van den Nouland (Blue Marlins, 201000071) 50m 00:31.35 31,35	01:04.48(+67)
42. Fin Horrocks (Z&PV Nuenen, 201002417) 50m 00:31.88 31,88	01:04.96(+78)
43. Dax Muijlaert (SG Octopus - ZVV, 201100535) 50m 00:31.32 31,32	01:05.02(+83)
44. Nathan Magava (De Dolfijn, 201003067) 50m 00:30.80 30,80	01:05.36(+62)
45. Yorre van der Wal (SG Bolsward-Workum, 201000017) 50m 00:31.42 31,42	01:05.47(+71)
46. Lev Rudman (Blue Marlins, 201102343) 50m 00:31.05 31,05	01:05.50(+68)
47. Luca Monster (ZPC Numansdorp, 201100343) 50m 00:31.24 31,24	01:05.96(+69)

48. Laurens van Nulck (Hellas-Glana, 201100521)	01:06.01(+72)
50m 00:31.57 31,57	
49. Nils Bellert (SG Octopus - ZVV, 201100347)	01:06.04(+78)
50m 00:32.01 32,01	
49. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	01:06.04(+55)
50m 00:31.39 31,39	
28. 100m schoolslag - Dames	
11 - 12 jaar (Junioren 1 en 2)	
1. Yill van Bezouw (Hieronymus, 201100704)	01:18.27(+72)
50m 00:36.75 36,75	
2. Malin Roozeboom (WVZ, 201100006)	01:19.70(+76)
50m 00:37.92 37,92	
3. Meike van der Klugt (WVZ, 201100808)	01:20.90(+81)
50m 00:38.57 38,57	
4. Noa van Zalk (ZPC AMERSFOORT, 201102534)	01:23.02(+68)
50m 00:38.88 38,88	
5. Elin Reinstra (TriVia, 201100842)	01:23.06(+80)
50m 00:39.17 39,17	
6. Romée Smit (MSV-Zeemacht, 201100438)	01:23.17(+73)
50m 00:39.11 39,11	
7. Casharell Kraan (Blue Marlins, 201103426)	01:23.56(+56)
50m 00:39.05 39,05	
8. Vicky Horens (Hellas-Glana, 201200252)	01:23.82(+66)
50m 00:39.39 39,39	
9. Morrison Schram (De Schelde, 201100686)	01:24.29(+79)
50m 00:40.11 40,11	
10. Chloé in 't Veen (WVZ, 201100010)	01:24.72(+67)
50m 00:39.49 39,49	
11. Odenza Soselisa (Blue Marlins, 201101780)	01:24.89(+78)
50m 00:38.92 38,92	
12. Sterre de Veen (Hellas-Glana, 201100086)	01:24.97(+83)
50m 00:40.64 40,64	
13. Valerie Rienties (Zwemsport Parkstad, 201200400)	01:25.38(+63)
50m 00:39.97 39,97	
14. Noa Spaans (De Dolfijn, 201100222)	01:25.62(+73)
50m 00:40.18 40,18	
15. Sarah Förster (Hellas-Glana, 201102682)	01:25.86(+72)
50m 00:40.35 40,35	
16. Elle van Gemeren (DAW, 201100428)	01:26.53(+76)
50m 00:41.37 41,37	
17. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	01:26.61(+86)
50m 00:41.58 41,58	
18. Minke Bouman (Blue Marlins, 201100104)	01:27.01(+67)
50m 00:40.85 40,85	
19. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	01:27.07(+82)
50m 00:40.39 40,39	
20. Anna Lepoutre (PSV, 201100534)	01:27.35(+85)
50m 00:40.68 40,68	
21. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:27.39(+76)
50m 00:40.89 40,89	

22. Alaine Dumont (ZV De Watervogels, 201102140)	01:27.55(+70)
50m 00:41.64 41,64	
23. Norell Kroeze (ZC Polaris, 201100378)	01:27.70(+78)
50m 00:41.43 41,43	
24. Hanna Heller (ZPC AMERSFOORT, 201102730)	01:28.00(+96)
50m 00:41.52 41,52	
25. Sara Creemers (Hellas-Glana, 201100242)	01:28.10(+64)
50m 00:41.40 41,40	
26. Rozalia Diederiks (ZVL-1886, 201100904)	01:28.40(+84)
50m 00:42.19 42,19	
27. Lise Markes (SBC2000, 201101276)	01:28.71(+73)
50m 00:42.21 42,21	
28. Lola Verheijen (PSV, 201100832)	01:28.74(+71)
50m 00:41.62 41,62	
29. Julia Bannatyne (BZ&PC, 201201020)	01:28.90(+77)
50m 00:41.55 41,55	
30. Roubin van Kampen (ZPCH, 201200370)	01:29.00(+69)
50m 00:42.32 42,32	
31. Julia Ketelaars (Hellas-Glana, 201200028)	01:29.12(+73)
50m 00:42.03 42,03	
32. Emma van den Berg (VZV Njord, 201100830)	01:30.44(+85)
50m 00:43.21 43,21	
33. Mattea Gliese-Sloojer (De Dinkel, 201100008)	01:30.91(+75)
50m 00:42.55 42,55	
34. Carlijn Dezutter (Scheldestroom, 201100770)	01:31.12(+71)
50m 00:43.31 43,31	
35. Milou Filemon (Blue Marlins, 201100078)	01:31.96(+73)
50m 00:43.95 43,95	
36. Esmee Reuver (ZC Polaris, 201100846)	01:32.10(+71)
50m 00:43.86 43,86	
37. Isabel Amelink (Deltasteur, 201100196)	01:32.66(+77)
50m 00:43.13 43,13	
38. Fanni Farkas (De Columbiaan, 201100360)	01:32.76(+77)
50m 00:43.99 43,99	
39. Annefleur Schraa (SWOL 1894, 201100044)	01:33.25(+80)
50m 00:43.36 43,36	
40. Elke Kriesels (Hieronymus, 201100898)	01:33.30(+76)
50m 00:44.37 44,37	
41. Esra Simon (Hellas-Glana, 201100004)	01:33.39(+73)
50m 00:44.26 44,26	
42. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	01:33.63(+78)
50m 00:44.45 44,45	
43. Frédérique Nijziel (PSV, 201103114)	01:34.76(+73)
50m 00:44.48 44,48	
44. Liva van Groningen (WZ&PC Purmerend, 201200280)	01:35.58(+63)
50m 00:44.87 44,87	
45. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	01:36.66(+80)
50m 00:46.45 46,45	
46. Melody Paulussen (De Dolfijn, 201101106)	01:37.07(+78)

50m 00:47.03 47,03

47. Alissa Rooijackers (Z&PV Nuenen, 201101892) 01:37.87(+73)
50m 00:46.87 46,87
48. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 01:40.42(+83)
50m 00:46.81 46,81
49. Simone Brobbel (ZPC Numansdorp, 201200058) 01:41.13(+77)
50m 00:47.04 47,04
50. Amila Mustafic (DZ&PC, 201200026) 01:45.53(+86)
50m 00:49.48 49,48
29. 4x100m wisselslag heren
12 - 15 jaar (Junioren)
1. Team Noord Holland (SG) 04:03.21
Giovanni Phillipson 2008 (+67) 50m 00:28.08 28,08
Giovanni Phillipson 2008 (+67) 100m 00:57.15 29,07
Cruz de Groot 2008 (+32) 150m 01:29.95 32,80
Cruz de Groot 2008 (+32) 200m 02:08.37 38,42
Willem Weustink 2008 (+37) 250m 02:35.45 27,08
Willem Weustink 2008 (+37) 300m 03:07.76 32,31
Rens Noordover 2008 (+41) 350m 03:33.92 26,16
Rens Noordover 2008 (+41) 400m 04:03.21 29,29
2. Blue Marlins 04:08.75
Aditya Winterberg 2008 (+71) 50m 00:31.17 31,17
Aditya Winterberg 2008 (+71) 100m 01:05.71 34,54
Thygo van de Peppel 2009 (+27) 150m 01:37.24 31,53
Thygo van de Peppel 2009 (+27) 200m 02:15.45 38,21
Xiaoyu Yin 2008 (+54) 250m 02:43.31 27,86
Xiaoyu Yin 2008 (+54) 300m 03:15.64 32,33
Kaan Sudak 2008 (+20) 350m 03:40.71 25,07
Kaan Sudak 2008 (+20) 400m 04:08.75 28,04
3. PSV 04:12.35
Martijn Nies 2009 (+70) 50m 00:31.58 31,58
Martijn Nies 2009 (+70) 100m 01:05.88 34,30
Fedor Sazonov 2009 (+18) 150m 01:39.01 33,13
Fedor Sazonov 2009 (+18) 200m 02:17.58 38,57
Jones Chuang 2008 (+63) 250m 02:45.43 27,85
Jones Chuang 2008 (+63) 300m 03:17.68 32,25
Giulian Janssen 2009 (+42) 350m 03:43.43 25,75
Giulian Janssen 2009 (+42) 400m 04:12.35 28,92
4. ZPC AMERSFOORT 04:15.58
Tobian Vos 2009 (+73) 50m 00:30.69 30,69
Tobian Vos 2009 (+73) 100m 01:03.31 32,62
Feddo Smink 2009 (+53) 150m 01:36.85 33,54
Feddo Smink 2009 (+53) 200m 02:15.91 39,06
Felbe van 't Land 2009 (+61) 250m 02:43.55 27,64
Felbe van 't Land 2009 (+61) 300m 03:17.83 34,28
Xander Kragting 2009 (+52) 350m 03:45.35 27,52
Xander Kragting 2009 (+52) 400m 04:15.58 30,23
5. De Dolfijn 04:17.20
Luca Boorsma 2009 (+60) 50m 00:30.30 30,30
Luca Boorsma 2009 (+60) 100m 01:04.28 33,98
Alexander Griston 2008 (+46) 150m 01:37.76 33,48
Alexander Griston 2008 (+46) 200m 02:16.05 38,29
Jamie Kenworthy 2008 (+46) 250m 02:44.33 28,28
Jamie Kenworthy 2008 (+46) 300m 03:19.00 34,67
Liam Tjin Wong Joe 2008 (+3) 350m 03:46.57 27,57
Liam Tjin Wong Joe 2008 (+3) 400m 04:17.20 30,63
6. VZC 04:19.23
Felix Gepkens 2008 (+61) 50m 00:32.03 32,03
Felix Gepkens 2008 (+61) 100m 01:06.36 34,33

Rijk Leenders 2008 (+59)	150m	01:39.95	33,59	
Rijk Leenders 2008 (+59)	200m	02:18.15	38,20	
Stefan van der Meer 2009 (+29)	250m	02:48.44	30,29	
Stefan van der Meer 2009 (+29)	300m	03:23.74	35,30	
Bas Mostert 2008 (+62)	350m	03:50.47	26,73	
Bas Mostert 2008 (+62)	400m	04:19.23	28,76	
7. PSV				04:20.02
Nout Folkersma 2008 (+70)	50m	00:31.89	31,89	
Nout Folkersma 2008 (+70)	100m	01:06.91	35,02	
Jonathan Baaijens 2008 (+23)	150m	01:39.84	32,93	
Jonathan Baaijens 2008 (+23)	200m	02:18.63	38,79	
Theodore Allan 2009 (+38)	250m	02:46.96	28,33	
Theodore Allan 2009 (+38)	300m	03:21.38	34,42	
Davi Fonseca Gomes 2009 (+51)	350m	03:49.28	27,90	
Davi Fonseca Gomes 2009 (+51)	400m	04:20.02	30,74	
8. Aqua-Novio'94				04:20.95
Tim Brouwer 2008 (+67)	50m	00:31.30	31,30	
Tim Brouwer 2008 (+67)	100m	01:04.72	33,42	
Liam Diavatopoulos 2008 (+44)	150m	01:36.39	31,67	
Liam Diavatopoulos 2008 (+44)	200m	02:14.42	38,03	
Mink Hugen 2008 (+26)	250m	02:45.24	30,82	
Mink Hugen 2008 (+26)	300m	03:22.81	37,57	
Wessel van Dorst 2009 (+29)	350m	03:50.03	27,22	
Wessel van Dorst 2009 (+29)	400m	04:20.95	30,92	
9. De Dinkel				04:21.53
Milan Veelders 2008 (+70)	50m	00:31.30	31,30	
Milan Veelders 2008 (+70)	100m	01:05.53	34,23	
Job Sportel 2008 (+36)	150m	01:37.26	31,73	
Job Sportel 2008 (+36)	200m	02:13.50	36,24	
Bram ter Braak 2008 (+43)	250m	02:41.12	27,62	
Bram ter Braak 2008 (+43)	300m	03:14.07	32,95	
Jens Rikhof 2010 (+55)	350m	03:45.79	31,72	
Jens Rikhof 2010 (+55)	400m	04:21.53	35,74	
10. OZ&PC				04:22.29
Teun Overmars 2008 (+70)	50m	00:32.41	32,41	
Teun Overmars 2008 (+70)	100m	01:06.35	33,94	
Finn Stamsnieder 2009 (+34)	150m	01:41.33	34,98	
Finn Stamsnieder 2009 (+34)	200m	02:23.25	41,92	
Bjorn Scholten 2008 (+30)	250m	02:52.79	29,54	
Bjorn Scholten 2008 (+30)	300m	03:29.10	36,31	
Siem de Zeeuw 2008 (+43)	350m	03:54.32	25,22	
Siem de Zeeuw 2008 (+43)	400m	04:22.29	27,97	
11. Blue Marlins				04:25.13
Aidan van der Stelt 2009 (+54)	50m	00:32.64	32,64	
Aidan van der Stelt 2009 (+54)	100m	01:07.94	35,30	
Tristan Fredema 2009 (+64)	150m	01:42.86	34,92	
Tristan Fredema 2009 (+64)	200m	02:21.47	38,61	
Alexander van der Maaten 2009 (+52)	250m	02:51.58	30,11	
Alexander van der Maaten 2009 (+52)	300m	03:26.52	34,94	
Fabian Riedijk 2008 (+66)	350m	03:54.70	28,18	
Fabian Riedijk 2008 (+66)	400m	04:25.13	30,43	
12. Deltasteur				04:25.33
Hessel Penninkhof 2008 (+66)	50m	00:34.09	34,09	
Hessel Penninkhof 2008 (+66)	100m	01:09.87	35,78	
Youp Stuifzand 2008 (+30)	150m	01:41.89	32,02	
Youp Stuifzand 2008 (+30)	200m	02:19.98	38,09	
Arjan Boogaard 2008 (+41)	250m	02:49.61	29,63	
Arjan Boogaard 2008 (+41)	300m	03:24.58	34,97	
Niek Endeman 2009 (+38)	350m	03:53.22	28,64	
Niek Endeman 2009 (+38)	400m	04:25.33	32,11	
13. Dedemsvaart-AC				04:29.18
Duuk Harms 2009 (+65)	50m	00:31.36	31,36	

Duik Harms 2009 (+65)	100m	01:05.08	33,72	
Ruben Nooter 2009 (+28)	150m	01:39.67	34,59	
Ruben Nooter 2009 (+28)	200m	02:22.06	42,39	
Ruben Kragt 2010 (+39)	250m	02:53.37	31,31	
Ruben Kragt 2010 (+39)	300m	03:30.32	36,95	
Mart Tempelman 2008 (+14)	350m	03:57.40	27,08	
Mart Tempelman 2008 (+14)	400m	04:29.18	31,78	
14. WVZ				04:29.92
Niek Sonneveld 2008 (+63)	50m	00:30.59	30,59	
Niek Sonneveld 2008 (+63)	100m	01:03.84	33,25	
Sverre van der Zwaan 2009 (+47)	150m	01:40.96	37,12	
Sverre van der Zwaan 2009 (+47)	200m	02:23.53	42,57	
Tim Boerefijn 2008 (+31)	250m	02:53.16	29,63	
Tim Boerefijn 2008 (+31)	300m	03:27.99	34,83	
Emin Karadeniz 2008 (+41)	350m	03:56.00	28,01	
Emin Karadeniz 2008 (+41)	400m	04:29.92	33,92	
15. ZPC Hoogeveen				04:30.87
Ramon Vos 2011 (+75)	50m	00:34.45	34,45	
Ramon Vos 2011 (+75)	100m	01:10.87	36,42	
Gerjan Berends 2009 (+69)	150m	01:45.67	34,80	
Gerjan Berends 2009 (+69)	200m	02:26.05	40,38	
Daequan Ramos 2009 (+45)	250m	02:55.23	29,18	
Daequan Ramos 2009 (+45)	300m	03:30.57	35,34	
Mathijs Boersma 2010 (+63)	350m	03:59.27	28,70	
Mathijs Boersma 2010 (+63)	400m	04:30.87	31,60	
16. HZ&PC Heerenveen				04:31.93
Gijs Koehoorn 2008 (+64)	50m	00:31.56	31,56	
Gijs Koehoorn 2008 (+64)	100m	01:06.02	34,46	
Mattias Stolk 2010 (+40)	150m	01:43.72	37,70	
Mattias Stolk 2010 (+40)	200m	02:28.06	44,34	
Diede Veld 2008 (+34)	250m	02:58.05	29,99	
Diede Veld 2008 (+34)	300m	03:33.84	35,79	
Finn Eghuizen 2009 (+3)	350m	04:01.45	27,61	
Finn Eghuizen 2009 (+3)	400m	04:31.93	30,48	
17. ZVL-1886				04:33.02
Rein Stoel 2008 (+63)	50m	00:30.87	30,87	
Rein Stoel 2008 (+63)	100m	01:04.84	33,97	
Jan Schouten 2009 (+45)	150m	01:39.68	34,84	
Jan Schouten 2009 (+45)	200m	02:20.81	41,13	
Gijs Hartwijk 2008 (+39)	250m	02:50.87	30,06	
Gijs Hartwijk 2008 (+39)	300m	03:26.82	35,95	
Jochem Evers 2009	350m	03:58.22	31,40	
Jochem Evers 2009	400m	04:33.02	34,80	
18. DWK				04:33.44
Quinn Frunt 2008 (+70)	50m	00:34.98	34,98	
Quinn Frunt 2008 (+70)	100m	01:12.84	37,86	
Tygo van de Wal 2010 (+52)	150m	01:49.04	36,20	
Tygo van de Wal 2010 (+52)	200m	02:31.45	42,41	
Sven Potappel 2010 (+80)	250m	03:02.61	31,16	
Sven Potappel 2010 (+80)	300m	03:38.85	36,24	
Ruben Baars 2009 (+42)	350m	04:04.70	25,85	
Ruben Baars 2009 (+42)	400m	04:33.44	28,74	
19. ZPCH				04:33.54
Figó van Duuren 2008 (+68)	50m	00:34.38	34,38	
Figó van Duuren 2008 (+68)	100m	01:09.81	35,43	
Lucas Schouten 2009 (+48)	150m	01:45.89	36,08	
Lucas Schouten 2009 (+48)	200m	02:27.74	41,85	
Jelte de Jong 2009 (+50)	250m	02:57.41	29,67	
Jelte de Jong 2009 (+50)	300m	03:31.04	33,63	
Baris Tomu 2010 (+62)	350m	04:01.19	30,15	
Baris Tomu 2010 (+62)	400m	04:33.54	32,35	
20. AZC [SM14]				04:37.04

Thomas Braat 2008 (+74)	50m	00:36.60	36,60
Thomas Braat 2008 (+74)	100m	01:15.60	39,00
Adriaan Coppelmans 2009 (+73)	150m	01:50.49	34,89
Adriaan Coppelmans 2009 (+73)	200m	02:30.40	39,91
Sascha Timmer 2009 (+37)	250m	03:00.55	30,15
Sascha Timmer 2009 (+37)	300m	03:37.33	36,78
Bink de Vries 2009 (+53)	350m	04:05.02	27,69
Bink de Vries 2009 (+53)	400m	04:37.04	32,02

30. 4x100m vrije slag dames Junioren

11 - 14 jaar (Junioren 4 en jonger)

1. De Dolfijn

04:05.05

Elin Brinkhof 2009 (+78)	50m	00:30.25	30,25
Elin Brinkhof 2009 (+78)	100m	01:02.15	31,90
Carla Moreno Palacios 2010 (+58)	150m	01:31.49	29,34
Carla Moreno Palacios 2010 (+58)	200m	02:03.04	31,55
Dewi Meijer 2010 (+70)	250m	02:32.94	29,90
Dewi Meijer 2010 (+70)	300m	03:05.19	32,25
Madeleine Bertram 2009 (+45)	350m	03:34.39	29,20
Madeleine Bertram 2009 (+45)	400m	04:05.05	30,66

2. PSV

04:06.38

Luus Gielens 2009 (+84)	50m	00:30.43	30,43
Luus Gielens 2009 (+84)	100m	01:02.82	32,39
Bregje Dekkers 2009 (+21)	150m	01:32.39	29,57
Bregje Dekkers 2009 (+21)	200m	02:03.51	31,12
Fenna Zusterzeel 2010 (+46)	250m	02:32.73	29,22
Fenna Zusterzeel 2010 (+46)	300m	03:05.43	32,70
Kinley Cole 2009 (+40)	350m	03:35.23	29,80
Kinley Cole 2009 (+40)	400m	04:06.38	31,15

3. ZPC AMERSFOORT

04:06.65

Anne Engbersen 2010 (+74)	50m	00:29.38	29,38
Anne Engbersen 2010 (+74)	100m	01:00.75	31,37
Paula Spans 2010 (+47)	150m	01:30.49	29,74
Paula Spans 2010 (+47)	200m	02:02.99	32,50
Senna Rijnbeek 2009 (+65)	250m	02:32.02	29,03
Senna Rijnbeek 2009 (+65)	300m	03:05.01	32,99
Sterre Dietvorst 2009 (+52)	350m	03:34.49	29,48
Sterre Dietvorst 2009 (+52)	400m	04:06.65	32,16

4. Aqua-Novio'94

04:12.40

Tara Langkamp 2009 (+74)	50m	00:30.09	30,09
Tara Langkamp 2009 (+74)	100m	01:02.79	32,70
Caitlin Sülter 2009 (+48)	150m	01:32.98	30,19
Caitlin Sülter 2009 (+48)	200m	02:05.94	32,96
Jaydee Leenders 2009 (+49)	250m	02:36.53	30,59
Jaydee Leenders 2009 (+49)	300m	03:09.59	33,06
Myla Klaassen 2009 (+42)	350m	03:39.44	29,85
Myla Klaassen 2009 (+42)	400m	04:12.40	32,96

5. ZPC AMERSFOORT

04:14.44

Chiara Lammertink 2009 (+79)	50m	00:30.43	30,43
Chiara Lammertink 2009 (+79)	100m	01:02.74	32,31
Esmaé de Gans 2009 (+37)	150m	01:33.00	30,26
Esmaé de Gans 2009 (+37)	200m	02:06.80	33,80
Pieke Beekhuis 2010 (+49)	250m	02:36.81	30,01
Pieke Beekhuis 2010 (+49)	300m	03:10.89	34,08
Fenne Metten 2010 (+67)	350m	03:41.20	30,31
Fenne Metten 2010 (+67)	400m	04:14.44	33,24

6. Blue Marlins

04:15.21

Julia Dąbrowska 2010 (+82)	50m	00:30.34	30,34
Julia Dąbrowska 2010 (+82)	100m	01:03.20	32,86
Mariia Kostina 2010 (+38)	150m	01:33.10	29,90
Mariia Kostina 2010 (+38)	200m	02:06.57	33,47
Mijke Ouderkerken 2009 (+51)	250m	02:37.62	31,05
Mijke Ouderkerken 2009 (+51)	300m	03:10.84	33,22

Fleur van den Eijk 2009 (+23)	350m	03:40.98	30,14	
Fleur van den Eijk 2009 (+23)	400m	04:15.21	34,23	
7. PSV				04:16.80
Anna Lepoutre 2011 (+65)	50m	00:30.66	30,66	
Anna Lepoutre 2011 (+65)	100m	01:03.31	32,65	
Tereza Boom 2009 (+58)	150m	01:33.09	29,78	
Tereza Boom 2009 (+58)	200m	02:06.42	33,33	
Frédérique Nijziel 2011 (+51)	250m	02:36.26	29,84	
Frédérique Nijziel 2011 (+51)	300m	03:10.76	34,50	
Mia Hoeflaken 2010 (+29)	350m	03:41.76	31,00	
Mia Hoeflaken 2010 (+29)	400m	04:16.80	35,04	
8. DWK				04:18.40
Elin Baars 2010 (+71)	50m	00:30.94	30,94	
Elin Baars 2010 (+71)	100m	01:04.94	34,00	
Fenne de Vogt 2009 (+59)	150m	01:35.80	30,86	
Fenne de Vogt 2009 (+59)	200m	02:10.07	34,27	
Karlijn Siderius 2009 (+30)	250m	02:41.21	31,14	
Karlijn Siderius 2009 (+30)	300m	03:16.38	35,17	
Tessa van Beek 2010 (+15)	350m	03:45.95	29,57	
Tessa van Beek 2010 (+15)	400m	04:18.40	32,45	
9. DAW				04:18.89
Amber Kunst 2009 (+68)	50m	00:31.19	31,19	
Amber Kunst 2009 (+68)	100m	01:04.01	32,82	
Dante van Meene 2009 (+57)	150m	01:36.06	32,05	
Dante van Meene 2009 (+57)	200m	02:11.58	35,52	
Megan Snoek 2009 (+62)	250m	02:42.11	30,53	
Megan Snoek 2009 (+62)	300m	03:15.84	33,73	
Flo Streep 2009 (+27)	350m	03:45.22	29,38	
Flo Streep 2009 (+27)	400m	04:18.89	33,67	
10. Blue Marlins				04:18.93
Manou Longayroux 2010 (+66)	50m	00:31.68	31,68	
Manou Longayroux 2010 (+66)	100m	01:05.37	33,69	
Ece Öngören 2009 (+82)	150m	01:36.34	30,97	
Ece Öngören 2009 (+82)	200m	02:10.24	33,90	
Elin Riedijk 2010 (+46)	250m	02:40.81	30,57	
Elin Riedijk 2010 (+46)	300m	03:15.42	34,61	
Gabrielle Johannes Maduro 2010 (+58)	350m	03:45.94	30,52	
Gabrielle Johannes Maduro 2010 (+58)	400m	04:18.93	32,99	
11. HZ&PC Heerenveen				04:20.66
Silke Hooghiemstra 2009 (+76)	50m	00:30.42	30,42	
Silke Hooghiemstra 2009 (+76)	100m	01:02.65	32,23	
Milou Geneuglijk 2009 (+42)	150m	01:33.85	31,20	
Milou Geneuglijk 2009 (+42)	200m	02:08.34	34,49	
Lobke Hempenius 2011 (+59)	250m	02:40.60	32,26	
Lobke Hempenius 2011 (+59)	300m	03:16.73	36,13	
Elise Dorlandt 2010 (+39)	350m	03:47.36	30,63	
Elise Dorlandt 2010 (+39)	400m	04:20.66	33,30	
12. Dedemsvaart-AC				04:21.83
Daphne Dijsselhof 2009 (+81)	50m	00:31.15	31,15	
Daphne Dijsselhof 2009 (+81)	100m	01:03.11	31,96	
Esmé Sportel 2009 (+39)	150m	01:34.70	31,59	
Esmé Sportel 2009 (+39)	200m	02:08.84	34,14	
Sjors Werger 2011 (+33)	250m	02:40.06	31,22	
Sjors Werger 2011 (+33)	300m	03:14.83	34,77	
Suus Hoogeveen 2009 (+28)	350m	03:46.35	31,52	
Suus Hoogeveen 2009 (+28)	400m	04:21.83	35,48	
13. WVZ				04:23.55
Anouk Steller 2010 (+75)	50m	00:30.98	30,98	
Anouk Steller 2010 (+75)	100m	01:05.36	34,38	
Sanne Mulder 2009 (+42)	150m	01:36.94	31,58	
Sanne Mulder 2009 (+42)	200m	02:13.49	36,55	
Tess van de Steeg 2010 (+45)	250m	02:44.69	31,20	

Tess van de Steeg 2010 (+45)	300m	03:18.63	33,94	
Faye Thijsse 2010 (+56)	350m	03:49.04	30,41	
Faye Thijsse 2010 (+56)	400m	04:23.55	34,51	
14. ZPCH				04:26.39
Nynke Muntinga 2011 (+64)	50m	00:32.18	32,18	
Nynke Muntinga 2011 (+64)	100m	01:08.48	36,30	
Linou van Kampen 2010 (+55)	150m	01:40.47	31,99	
Linou van Kampen 2010 (+55)	200m	02:15.42	34,95	
Jenny Muntinga 2009 (+51)	250m	02:44.79	29,37	
Jenny Muntinga 2009 (+51)	300m	03:16.76	31,97	
Roubin van Kampen 2012 (+71)	350m	03:49.96	33,20	
Roubin van Kampen 2012 (+71)	400m	04:26.39	36,43	
15. WS Twente				04:26.74
Aimee van Tongeren 2011 (+69)	50m	00:33.62	33,62	
Aimee van Tongeren 2011 (+69)	100m	01:09.39	35,77	
Jesmé Haytink 2010 (+19)	150m	01:40.72	31,33	
Jesmé Haytink 2010 (+19)	200m	02:16.44	35,72	
Florien Pot 2010 (+51)	250m	02:48.13	31,69	
Florien Pot 2010 (+51)	300m	03:21.16	33,03	
Emma Steenbrink 2009 (+70)	350m	03:52.90	31,74	
Emma Steenbrink 2009 (+70)	400m	04:26.74	33,84	
16. Deltasteur				04:29.42
Jente van 't Hul 2010 (+62)	50m	00:32.36	32,36	
Jente van 't Hul 2010 (+62)	100m	01:09.92	37,56	
Lisa Boogaard 2011 (+16)	150m	01:42.36	32,44	
Lisa Boogaard 2011 (+16)	200m	02:18.14	35,78	
Isabel Amelink 2011 (+50)	250m	02:49.97	31,83	
Isabel Amelink 2011 (+50)	300m	03:25.76	35,79	
Simone Faber 2009 (+63)	350m	03:55.91	30,15	
Simone Faber 2009 (+63)	400m	04:29.42	33,51	
17. De Dinkel				04:31.70
Mila Soethof 2009 (+69)	50m	00:31.71	31,71	
Mila Soethof 2009 (+69)	100m	01:07.62	35,91	
Lynn ten Berge 2010 (+39)	150m	01:39.42	31,80	
Lynn ten Berge 2010 (+39)	200m	02:16.02	36,60	
Mattea Gliese-Slooijer 2011 (+63)	250m	02:47.98	31,96	
Mattea Gliese-Slooijer 2011 (+63)	300m	03:22.83	34,85	
Nienke Bulter 2009 (+44)	350m	03:55.49	32,66	
Nienke Bulter 2009 (+44)	400m	04:31.70	36,21	

Nummer: 4 - zondag 23 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

31. 100m schoolslag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Duco de Gelder (Blue Marlins, 201000217)	50m	00:34.85	34,85	01:15.35(+68)
2. Luca Monster (ZPC Numansdorp, 201100343)	50m	00:35.39	35,39	01:15.74(+67)
3. Ilias Hamdouch (Wahoo Swimming, 201003617)	50m	00:36.15	36,15	01:16.91(+50)
4. Myron Artemenko (Niemo Barracuda, 201003021)	50m	00:36.86	36,86	01:17.08(+72)
5. Nick Vodde (AZ&PC De Futen, 201002211)	50m	00:35.51	35,51	01:17.28(+68)
6. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m	00:36.60	36,60	01:17.41(+64)
7. Thijmen Pruijssers (Hieronymus, 201000129)				01:17.71(+68)

	50m 00:36.45 36,45	
8.	Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:36.65 36,65	01:17.73(+71)
9.	Nathan Magava (De Dolfijn, 201003067) 50m 00:37.42 37,42	01:18.01(+65)
10.	Tygo van de Wal (DWK, 201001329) 50m 00:37.01 37,01	01:18.57(+75)
11.	Thijn Runia (DZT'62, 201000895) 50m 00:37.06 37,06	01:19.03(+68)
12.	Mattias Stolk (HZ&PC Heerenveen, 201000525) 50m 00:37.82 37,82	01:19.11(+67)
13.	Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:37.52 37,52	01:19.40(+65)
13.	Ruben Kragt (Dedemsvaart-AC, 201000007) 50m 00:36.82 36,82	01:19.40(+67)
15.	Mathijs Boersma (ZPC Hoogeveen, 201000313) 50m 00:36.41 36,41	01:19.42(+78)
16.	Cayden Malone (De Dolfijn, 201002195) 50m 00:37.48 37,48	01:19.46(+71)
17.	Mathijs de Wit (KSN (SG), 201001215) 50m 00:36.81 36,81	01:19.67(+71)
18.	Laurens van Nulck (Hellas-Glana, 201100521) 50m 00:37.56 37,56	01:20.28(+73)
19.	Max van der Spank (Hieronymus, 201000275) 50m 00:38.35 38,35	01:20.42(+66)
20.	Kick Germers (SWOL 1894, 201000185) 50m 00:38.72 38,72	01:20.64(+70)
21.	Mathieu Gepkens (VZC, 201000045) 50m 00:37.84 37,84	01:20.71(+74)
22.	Sven Potappel (DWK, 201000127) 50m 00:38.15 38,15	01:20.94(+58)
23.	Tycho Wienbelt (De Vikings, 201001397) 50m 00:38.42 38,42	01:21.82(+74)
24.	Franzi Ziegler (DAW, 201100891) 50m 00:38.39 38,39	01:22.00(+63)
25.	Eli Shields (Niemo Barracuda, 201000407) 50m 00:38.81 38,81	01:22.31(+67)
26.	Joey Snabel (ZPC AMERSFOORT, 201002847) 50m 00:38.85 38,85	01:23.11(+72)
27.	Gwee Bokma (Zwemlust-den Hommel, 201002259) 50m 00:38.68 38,68	01:23.15(+74)
28.	Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:38.76 38,76	01:23.71(+70)
29.	Yorre van der Wal (SG Bolsward-Workum, 201000017) 50m 00:38.92 38,92	01:23.73(+67)
30.	Ramon Vos (ZPC Hoogeveen, 201100051) 50m 00:38.07 38,07	01:23.83(+64)
31.	Baris Tomu (ZPCH, 201000869) 50m 00:39.19 39,19	01:24.28(+65)

32. Douwe Enzerink (Deltasteur, 201102657)					01:24.32(+52)
50m	00:39.90	39,90			
33. Nils Bellert (SG Octopus - ZVV, 201100347)					01:24.47(+75)
50m	00:40.48	40,48			
34. Mauro Bedeke (DAW, 201000537)					01:24.58(+62)
50m	00:39.00	39,00			
35. Lev Rudman (Blue Marlins, 201102343)					01:24.61(+68)
50m	00:39.27	39,27			
36. Dax van den Nouland (Blue Marlins, 201000071)					01:24.89(+69)
50m	00:39.85	39,85			
37. Kasper Lubbers (Orca, 201100025)					01:25.12(+61)
50m	00:40.07	40,07			
38. Thijs Jonkman (De Duck, 201000481)					01:25.31(+78)
50m	00:39.47	39,47			
39. Bink Elgersma (Zwemlust-den Hommel, 201000137)					01:25.42(+66)
50m	00:39.71	39,71			
40. Abel op den Velde (De Duinkickers, 201000079)					01:25.94(+76)
50m	00:40.10	40,10			
41. Oleksandr Hordiienko (De Aalscholver, 201003061)					01:25.95(+68)
50m	00:40.85	40,85			
42. Henry Watson (De Dolfijn, 201001703)					01:26.54(+64)
50m	00:40.78	40,78			
43. Girish Nolden (Blue Marlins, 201000087)					01:26.55(+70)
50m	00:41.18	41,18			
44. Alief Jan van der Sluis (PSV, 201003425)					01:27.13(+73)
50m	00:40.93	40,93			
45. Stijn Dijkstra (DZ&PC, 201000279)					01:28.20(+71)
50m	00:41.65	41,65			
46. Matthijs van Velzen (Deltasteur, 201100435)					01:28.47(+63)
50m	00:40.78	40,78			
47. Daan Overmars (OZ&PC, 201100027)					01:28.53(+49)
50m	00:41.92	41,92			
48. Dax Muijlaert (SG Octopus - ZVV, 201100535)					01:29.75(+60)
50m	00:42.42	42,42			
49. Mees Janssen (DSZ, 201102025)					01:30.29(+68)
50m	00:41.67	41,67			
50. Fin Horrocks (Z&PV Nuenen, 201002417)					01:31.24(+61)
50m	00:43.98	43,98			
32. 400m wisselslag - Dames					
11 - 12 jaar (Junioren 1 en 2)					
1. Yill van Bezouw (Hieronymus, 201100704)					05:21.80(+78)
50m	00:33.60	33,60	150m	01:56.50	44,08
100m	01:12.42	38,82	200m	02:38.89	42,39
250m	03:24.33	45,44	350m	04:47.64	37,50
300m	04:10.14	45,81			
2. Malin Roozeboom (WVZ, 201100006)					05:23.04(+78)
50m	00:34.84	34,84	150m	01:58.23	41,44
100m	01:16.79	41,95	200m	02:38.45	40,22
250m	03:25.23	46,78	350m	04:47.28	36,30
300m	04:10.98	45,75			
3. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					05:33.33(+72)
50m	00:36.22	36,22	150m	02:02.66	44,30
100m	01:18.36	42,14	200m	02:44.35	41,69
250m	03:32.30	47,95	350m	04:57.96	37,63
300m	04:20.33	48,03			
4. Milou Filemon (Blue Marlins, 201100078)					05:38.43(+69)

	50m 00:36.30 36,30	150m 02:02.76 42,57	250m 03:34.69 50,73	350m 05:02.10 36,89	
	100m 01:20.19 43,89	200m 02:43.96 41,20	300m 04:25.21 50,52		
5. Odenza Soselisa (Blue Marlins, 201101780)					05:38.77(+78)
	50m 00:34.25 34,25	150m 01:58.08 44,41	250m 03:31.47 50,49	350m 05:01.62 40,83	
	100m 01:13.67 39,42	200m 02:40.98 42,90	300m 04:20.79 49,32		
6. Noa van Zalk (ZPC AMERSFOORT, 201102534)					05:39.21(+68)
	50m 00:33.55 33,55	150m 01:58.67 43,96	250m 03:31.24 49,48	350m 05:02.12 38,81	
	100m 01:14.71 41,16	200m 02:41.76 43,09	300m 04:23.31 52,07		
7. Lola Verheijen (PSV, 201100832)					05:42.05(+69)
	50m 00:33.15 33,15	150m 02:01.92 45,40	250m 03:38.26 52,04	350m 05:07.14 37,61	
	100m 01:16.52 43,37	200m 02:46.22 44,30	300m 04:29.53 51,27		
8. Elin Reinstra (TriVia, 201100842)					05:43.05(+81)
	50m 00:37.29 37,29	150m 02:05.31 42,03	250m 03:35.89 49,58	350m 05:05.43 39,48	
	100m 01:23.28 45,99	200m 02:46.31 41,00	300m 04:25.95 50,06		
9. Frédérique Nijziel (PSV, 201103114)					05:46.03(+73)
	50m 00:33.53 33,53	150m 01:56.19 43,36	250m 03:35.54 56,73	350m 05:08.11 36,58	
	100m 01:12.83 39,30	200m 02:38.81 42,62	300m 04:31.53 55,99		
10. Julia Bannatyne (BZ&PC, 201201020)					05:48.00(+83)
	50m 00:35.43 35,43	150m 02:04.10 44,04	250m 03:39.48 52,09	350m 05:09.64 38,44	
	100m 01:20.06 44,63	200m 02:47.39 43,29	300m 04:31.20 51,72		
11. Romée Smit (MSV-Zeemacht, 201100438)					05:49.57(+75)
	50m 00:37.93 37,93	150m 02:08.49 42,92	250m 03:41.90 51,25	350m 05:12.69 39,46	
	100m 01:25.57 47,64	200m 02:50.65 42,16	300m 04:33.23 51,33		
12. Elle van Gemeren (DAW, 201100428)					05:49.80(+77)
	50m 00:37.76 37,76	150m 02:06.79 45,60	250m 03:41.13 50,57	350m 05:11.03 42,03	
	100m 01:21.19 43,43	200m 02:50.56 43,77	300m 04:29.00 47,87		
13. Lobke Hempenius (HZ&PC Heerenveen, 201100522)					05:49.91(+73)
	50m 00:38.13 38,13	150m 02:10.11 42,80	250m 03:41.39 49,00	350m 05:11.85 40,33	
	100m 01:27.31 49,18	200m 02:52.39 42,28	300m 04:31.52 50,13		
14. Anna Lepoutre (PSV, 201100534)					05:50.65(+83)
	50m 00:33.83 33,83	150m 02:03.75 49,36	250m 03:39.84 50,86	350m 05:13.21 39,00	
	100m 01:14.39 40,56	200m 02:48.98 45,23	300m 04:34.21 54,37		
15. Casharell Kraan (Blue Marlins, 201103426)					05:52.34(+66)
	50m 00:38.13 38,13	150m 02:09.67 43,38	250m 03:44.20 51,20	350m 05:14.36 39,90	
	100m 01:26.29 48,16	200m 02:53.00 43,33	300m 04:34.46 50,26		
16. Norell Kroeze (ZC Polaris, 201100378)					05:52.90(+78)
	50m 00:37.83 37,83	150m 02:10.86 47,00	250m 03:46.59 48,51	350m 05:16.11 39,25	
	100m 01:23.86 46,03	200m 02:58.08 47,22	300m 04:36.86 50,27		
17. Rozalia Diederiks (ZVL-1886, 201100904)					05:56.54(+96)
	50m 00:39.14 39,14	150m 02:16.89 45,42	250m 03:51.26 51,94	350m 05:20.09 38,39	
	100m 01:31.47 52,33	200m 02:59.32 42,43	300m 04:41.70 50,44		
18. Noa Spaans (De Dolfijn, 201100222)					05:57.19(+63)
	50m 00:38.77 38,77	150m 02:12.00 45,73	250m 03:47.07 50,27	350m 05:17.29 41,48	
	100m 01:26.27 47,50	200m 02:56.80 44,80	300m 04:35.81 48,74		
19. Sterre de Veen (Hellas-Glana, 201100086)					05:57.90(+79)
	50m 00:36.21 36,21	150m 02:10.73 47,77	250m 03:45.96 49,83	350m 05:20.22 43,60	
	100m 01:22.96 46,75	200m 02:56.13 45,40	300m 04:36.62 50,66		
20. Meike van der Klugt (WVZ, 201100808)					05:57.99(+90)
	50m 00:43.66 43,66	150m 02:18.63 44,00	250m 03:47.77 46,24	350m 05:17.35 42,23	
	100m 01:34.63 50,97	200m 03:01.53 42,90	300m 04:35.12 47,35		
21. Brechtje Sloomweg (ZPC AMERSFOORT, 201101744)					05:58.38(+80)
	50m 00:35.52 35,52	150m 02:04.36 45,96	250m 03:43.49 55,03	350m 05:20.04 40,15	
	100m 01:18.40 42,88	200m 02:48.46 44,10	300m 04:39.89 56,40		
22. Annefleur Schraa (SWOL 1894, 201100044)					06:01.22(+76)

	50m 00:38.82 38,82	150m 02:11.18 46,50	250m 03:48.24 53,54	350m 05:23.21 40,95	
	100m 01:24.68 45,86	200m 02:54.70 43,52	300m 04:42.26 54,02		
23. Noortje Bisperink (ZPC AMERSFOORT, 201100486)					06:02.36(+86)
	50m 00:40.18 40,18	150m 02:11.69 44,13	250m 03:50.34 54,73	350m 05:24.49 40,12	
	100m 01:27.56 47,38	200m 02:55.61 43,92	300m 04:44.37 54,03		
24. Elke Kriesels (Hieronymus, 201100898)					06:02.96(+75)
	50m 00:36.13 36,13	150m 02:11.63 48,18	250m 03:51.91 53,35	350m 05:24.61 39,59	
	100m 01:23.45 47,32	200m 02:58.56 46,93	300m 04:45.02 53,11		
25. Morrison Schram (De Schelde, 201100686)					06:03.84(+78)
	50m 00:40.79 40,79	150m 02:18.17 47,04	250m 03:55.14 50,17	350m 05:27.55 40,89	
	100m 01:31.13 50,34	200m 03:04.97 46,80	300m 04:46.66 51,52		
26. Mattea Gliese-Sloojer (De Dinkel, 201100008)					06:04.10(+87)
	50m 00:37.83 37,83	150m 02:11.32 46,44	250m 03:48.53 52,34	350m 05:25.98 42,53	
	100m 01:24.88 47,05	200m 02:56.19 44,87	300m 04:43.45 54,92		
27. Lise Markes (SBC2000, 201101276)					06:04.96(+75)
	50m 00:37.67 37,67	150m 02:12.97 48,42	250m 03:51.42 51,12	350m 05:26.07 43,08	
	100m 01:24.55 46,88	200m 03:00.30 47,33	300m 04:42.99 51,57		
28. Esmee Reuver (ZC Polaris, 201100846)					06:05.27(+71)
	50m 00:43.53 43,53	150m 02:20.91 42,99	250m 03:55.85 52,42	350m 05:27.39 39,08	
	100m 01:37.92 54,39	200m 03:03.43 42,52	300m 04:48.31 52,46		
29. Esra Simon (Hellas-Glana, 201100004)					06:05.49(+59)
	50m 00:36.66 36,66	150m 02:10.94 49,29	250m 03:49.97 50,79	350m 05:26.11 42,04	
	100m 01:21.65 44,99	200m 02:59.18 48,24	300m 04:44.07 54,10		
30. Hanna Heller (ZPC AMERSFOORT, 201102730)					06:05.86(+91)
	50m 00:39.27 39,27	150m 02:16.51 47,74	250m 03:53.39 52,03	350m 05:27.55 39,60	
	100m 01:28.77 49,50	200m 03:01.36 44,85	300m 04:47.95 54,56		
31. Carlijn Dezutter (Scheldestroom, 201100770)					06:07.20(+73)
	50m 00:37.73 37,73	150m 02:12.26 46,72	250m 03:50.57 52,08	350m 05:26.22 42,65	
	100m 01:25.54 47,81	200m 02:58.49 46,23	300m 04:43.57 53,00		
32. Isabel Amelink (Deltasteur, 201100196)					06:08.95(+69)
	50m 00:39.60 39,60	150m 02:16.24 47,56	250m 03:55.17 52,02	350m 05:29.06 40,52	
	100m 01:28.68 49,08	200m 03:03.15 46,91	300m 04:48.54 53,37		
33. Vicky Horens (Hellas-Glana, 201200252)					06:09.09(+71)
	50m 00:39.88 39,88	150m 02:16.78 47,21	250m 03:52.36 49,71	350m 05:27.18 44,54	
	100m 01:29.57 49,69	200m 03:02.65 45,87	300m 04:42.64 50,28		
34. Roubin van Kampen (ZPCH, 201200370)					06:09.86(+78)
	50m 00:39.28 39,28	150m 02:19.78 51,85	250m 03:56.77 48,12	350m 05:28.79 41,60	
	100m 01:27.93 48,65	200m 03:08.65 48,87	300m 04:47.19 50,42		
35. Melody Paulussen (De Dolfijn, 201101106)					06:10.55(+80)
	50m 00:38.64 38,64	150m 02:14.81 47,74	250m 03:54.14 53,49	350m 05:31.67 43,34	
	100m 01:27.07 48,43	200m 03:00.65 45,84	300m 04:48.33 54,19		
36. Julia Ketelaars (Hellas-Glana, 201200028)					06:12.22(+93)
	50m 00:37.91 37,91	150m 02:15.80 48,80	250m 03:57.28 52,78	350m 05:32.02 41,47	
	100m 01:27.00 49,09	200m 03:04.50 48,70	300m 04:50.55 53,27		
37. Alaine Dumont (ZV De Watervogels, 201102140)					06:12.38(+69)
	50m 00:35.95 35,95	150m 02:12.73 49,95	250m 03:56.64 52,84	350m 05:31.54 42,46	
	100m 01:22.78 46,83	200m 03:03.80 51,07	300m 04:49.08 52,44		
38. Simone Brobbel (ZPC Numansdorp, 201200058)					06:14.40(+76)
	50m 00:38.60 38,60	150m 02:15.74 47,64	250m 03:57.66 57,60	350m 05:35.49 40,80	
	100m 01:28.10 49,50	200m 03:00.06 44,32	300m 04:54.69 57,03		
39. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)					06:14.65(+87)
	50m 00:40.30 40,30	150m 02:18.20 49,34	250m 03:58.08 53,63	350m 05:35.93 42,00	
	100m 01:28.86 48,56	200m 03:04.45 46,25	300m 04:53.93 55,85		
39. Sara Creemers (Hellas-Glana, 201100242)					06:14.65(+59)

	50m 00:39.10 39,10	150m 02:17.15 48,28	250m 03:56.02 51,43	350m 05:33.04 44,02	
	100m 01:28.87 49,77	200m 03:04.59 47,44	300m 04:49.02 53,00		
41. Alissa Rooijackers (Z&PV Nuenen, 201101892)					06:19.14(+77)
	50m 00:40.10 40,10	150m 02:15.39 45,22	250m 03:56.98 56,90	350m 05:38.56 42,18	
	100m 01:30.17 50,07	200m 03:00.08 44,69	300m 04:56.38 59,40		
42. Emma van den Berg (VZV Njord, 201100830)					06:23.76(+101)
	50m 00:39.76 39,76	150m 02:17.34 49,81	250m 04:00.36 54,67	350m 05:40.63 44,13	
	100m 01:27.53 47,77	200m 03:05.69 48,35	300m 04:56.50 56,14		
43. Valerie Rienties (Zwemsport Parkstad, 201200400)					06:27.71(+50)
	50m 00:44.30 44,30	150m 02:30.44 48,45	250m 04:09.44 51,54	350m 05:46.65 45,18	
	100m 01:41.99 57,69	200m 03:17.90 47,46	300m 05:01.47 52,03		
44. Minke Bouman (Blue Marlins, 201100104)					06:33.03(+74)
	50m 00:40.98 40,98	150m 02:25.18 49,13	250m 04:07.11 54,46	350m 05:47.95 46,42	
	100m 01:36.05 55,07	200m 03:12.65 47,47	300m 05:01.53 54,42		
45. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)					06:36.27(+78)
	50m 00:40.44 40,44	150m 02:25.46 52,71	250m 04:11.62 56,60	350m 05:53.43 43,22	
	100m 01:32.75 52,31	200m 03:15.02 49,56	300m 05:10.21 58,59		
46. Amila Mustafic (DZ&PC, 201200026)					06:39.91(+83)
	50m 00:40.10 40,10	150m 02:23.06 48,57	250m 04:12.42 63,43	350m 05:58.12 42,44	
	100m 01:34.49 54,39	200m 03:08.99 45,93	300m 05:15.68 63,26		
DIS. Liva van Groningen (WZ&PC Purmerend, 201200280)					00:00.00
DIS. Sarah Förster (Hellas-Glana, 201102682)					00:00.00(+78)
33. 100m schoolslag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Wytse Broekstra (De Vikings, 200800121)					01:04.64(+72)
	50m 00:30.09 30,09				
2. Job Sportel (De Dinkel, 200800429)					01:06.84(+73)
	50m 00:31.21 31,21				
3. Ruben Baars (DWK, 200900471)					01:08.25(+69)
	50m 00:32.06 32,06				
4. Giovanni Phillipson (Team Noord Holland (SG), 200801099)					01:08.66(+74)
	50m 00:31.81 31,81				
5. Liam Diavatopoulos (Aqua-Novio'94, 200802549)					01:09.15(+69)
	50m 00:32.12 32,12				
6. Sven Koornstra (De Vikings, 200900189)					01:09.28(+75)
	50m 00:32.99 32,99				
7. Luca Boorsma (De Dolfijn, 200902031)					01:09.73(+57)
	50m 00:32.92 32,92				
8. Hein Muller (DZ&PC, 200800157)					01:10.41(+74)
	50m 00:32.91 32,91				
9. Youp Stuijzand (Deltasteur, 200800521)					01:10.62(+66)
	50m 00:33.54 33,54				
10. Thygo van de Peppel (Blue Marlins, 200901101)					01:11.18(+67)
	50m 00:32.64 32,64				
11. Floris van der Valk (Wiekslag, 200801891)					01:11.69(+67)
	50m 00:32.89 32,89				
11. Fedor Sazonov (PSV, 200900707)					01:11.69(+74)
	50m 00:33.90 33,90				
13. Jonathan Baaijens (PSV, 200800409)					01:12.02(+75)
	50m 00:33.40 33,40				

14. Nout Folkersma (PSV, 200800595) 50m 00:33.12 33,12	01:12.25(+65)
15. Dani Yefimov (WS Twente, 200901305) 50m 00:34.02 34,02	01:12.45(+76)
16. Alexander Griston (De Dolfijn, 200803053) 50m 00:33.82 33,82	01:12.95(+71)
17. Pieter van Oosten (Blue Marlins, 200903977) 50m 00:34.21 34,21	01:13.00(+72)
18. Suraj Baladurage (Team Noord Holland (SG), 200801291) 50m 00:34.60 34,60	01:13.03(+62)
19. Lars de Kooter (De Biesboschzwemmers, 200800185) 50m 00:33.99 33,99	01:13.05(+73)
20. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:33.55 33,55	01:13.17(+66)
21. Giulian Janssen (PSV, 200900125) 50m 00:33.72 33,72	01:13.39(+64)
22. Cruz de Groot (Team Noord Holland (SG), 200801077) 50m 00:33.94 33,94	01:13.54(+62)
23. Rein Stoel (ZVL-1886, 200800463) 50m 00:33.71 33,71	01:14.13(+69)
24. Adriaan Coppelmans (AZC, 200903243) 50m 00:34.96 34,96	01:14.61(+64)
25. Gerjan Berends (ZPC Hoogeveen, 200900169) 50m 00:35.28 35,28	01:15.05(+74)
26. Tristan Fredema (Blue Marlins, 200903699) 50m 00:35.21 35,21	01:15.13(+71)
27. Filip Piszczynski (KSN (SG), 200802125) 50m 00:34.59 34,59	01:15.16(+64)
27. Koen de Vries (MZ&PC De Reest, 200802379) 50m 00:34.81 34,81	01:15.16(+71)
29. Joris Willemse (Hellas-Glana, 200801745) 50m 00:35.39 35,39	01:15.31(+70)
30. Brian Arturo Bloemsma (De Dolfijn, 200901155) 50m 00:34.59 34,59	01:15.40(+66)
31. Damir Mustafic (DZ&PC, 200800885) 50m 00:35.10 35,10	01:15.68(+85)
32. Kobe Verhaegen (Zwemvereniging De Zilvermeeuw, 200802609) 50m 00:34.77 34,77	01:16.32(+67)
33. Davi Fonseca Gomes (PSV, 200902795) 50m 00:35.41 35,41	01:16.53(+67)
34. Thomas Nauta (Arethusa, 200900339) 50m 00:35.22 35,22	01:16.77(+76)
35. Finn Stamsnieder (OZ&PC, 200900225) 50m 00:35.44 35,44	01:16.80(+79)
36. Jan Schouten (ZVL-1886, 200902305) 50m 00:35.84 35,84	01:16.90(+85)
37. Stefan van der Meer (VZC, 200901361) 50m 00:35.91 35,91	01:17.32(+70)
38. Damian de Nijs (Zwemvereniging De Zilvermeeuw, 200903525) 50m 00:36.26 36,26	01:17.90(+77)

39. Jesse Molegraaf (De Haaien, 200800887)	01:18.04(+67)
50m 00:36.44 36,44	
40. Tibbe Rongen (SBC2000, 200801929)	01:18.17(+71)
50m 00:36.20 36,20	
41. Luuk Knijnenburg (De Columbiaan, 200802291)	01:19.37(+71)
50m 00:36.49 36,49	
42. Ivo Bot (Wiekslag, 200900509)	01:20.17(+74)
50m 00:36.68 36,68	
34. 100m rugslag - Dames	
13 - 14 jaar (Junioren 3 en 4)	
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:05.87(+62)
50m 00:32.20 32,20	
2. Elin Ditewig (VZC, 200900392)	01:06.88(+64)
50m 00:31.94 31,94	
3. Nienke Koster (ZPC Hoogeveen, 200900612)	01:07.69(+58)
50m 00:32.54 32,54	
4. Fay Boxum (DZ&PC, 200900060)	01:08.07(+65)
50m 00:32.66 32,66	
5. Tereza Boom (PSV, 200904028)	01:08.80(+29)
50m 00:33.32 33,32	
6. Fenna Zusterzeel (PSV, 201000008)	01:08.99(+58)
50m 00:33.69 33,69	
7. Madeleine Bertram (De Dolfijn, 200900516)	01:09.38(+65)
50m 00:33.86 33,86	
8. Anouk Steller (WVZ, 201000004)	01:09.83(+63)
50m 00:33.69 33,69	
9. Myla Klaassen (Aqua-Novio'94, 200900110)	01:10.32(+54)
50m 00:33.60 33,60	
10. Vera de Boer (MZ&PC De Reest, 200900512)	01:10.46(+68)
50m 00:34.21 34,21	
11. Jenny Muntinga (ZPCH, 200900450)	01:10.59(+62)
50m 00:33.84 33,84	
12. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	01:10.61(+77)
50m 00:34.11 34,11	
13. Anne Engbersen (ZPC AMERSFOORT, 201000044)	01:10.97(+69)
50m 00:34.49 34,49	
14. Myrthe Stelten (Hellas-Glana, 200900234)	01:11.58(+67)
50m 00:34.43 34,43	
15. Nora Lynn Otten (ZPC Hoogeveen, 200903338)	01:11.82(+85)
50m 00:34.58 34,58	
16. Esmé Sportel (Dedemsvaart-AC, 200900682)	01:11.86(+68)
50m 00:35.22 35,22	
17. Julia Dąbrowska (Blue Marlins, 201000300)	01:11.93(+69)
50m 00:34.94 34,94	
18. Ece Öngören (Blue Marlins, 200903862)	01:12.23(+71)
50m 00:34.49 34,49	
19. Tessa van Beek (DWK, 201001446)	01:12.36(+69)
50m 00:35.12 35,12	
20. Milou Geneuqlijk (HZ&PC Heerenveen, 200900556)	01:13.06(+62)

	50m 00:35.41 35,41		
21. Indy Feenema (Orca, 201000850)	50m 00:35.70 35,70		01:13.12(+72)
22. Sofie Kleissen (OZ&PC, 200901134)	50m 00:34.78 34,78		01:13.28(+59)
23. Kim Bouman (ZPC AMERSFOORT, 201000262)	50m 00:35.05 35,05		01:13.52(+80)
24. Faye Thijsse (WVZ, 201001364)	50m 00:35.21 35,21		01:13.53(+66)
25. Charlotte Landman (ESCA Zwemmen, 200901290)	50m 00:34.84 34,84		01:13.75(+69)
26. Tess van de Steeg (WVZ, 201000016)	50m 00:35.58 35,58		01:14.04(+70)
27. Lotte Lübbers (KSN (SG), 200900190)	50m 00:35.84 35,84		01:14.10(+71)
28. Hadewych Forschelen (MNC Dordrecht, 200903572)	50m 00:36.24 36,24		01:14.37(+67)
29. Gabriëlle Johannes Maduro (Blue Marlins, 201003492)	50m 00:34.93 34,93		01:14.40(+59)
30. Elin Baars (DWK, 201000138)	50m 00:36.76 36,76		01:14.99(+62)
31. Gwen Hermans (De Columbiaan, 200900058)	50m 00:37.12 37,12		01:15.15(+61)
32. Eva de Man (Aqua-Novio'94, 201000294)	50m 00:36.19 36,19		01:15.51(+61)
33. Erin de Jong (GZC DONK, 201000024)	50m 00:36.96 36,96		01:15.73(+76)
34. Karlijn van der Schrier (Hieronymus, 200900834)	50m 00:36.39 36,39		01:16.28(+68)
35. Tess Meeuwissen (De Columbiaan, 201000370)	50m 00:36.68 36,68		01:16.65(+79)
36. Puck van Wees (De Dolfijn, 200901020)	50m 00:37.59 37,59		01:17.44(+75)
37. Marjolie Spelde (ZC Borger, 200900266)	50m 00:37.14 37,14		01:17.48(+75)
35. 200m vlinderslag - Heren 14 - 15 jaar (Junioren 3 en 4)			
1. Yarno van Dam (ACZ, 200800115)	50m 00:28.49 28,49	100m 01:01.17 32,68	150m 01:35.84 34,67
2. Xiaoyu Yin (Blue Marlins, 200803363)	50m 00:28.56 28,56	100m 01:01.89 33,33	150m 01:38.19 36,30
3. Jones Chuang (PSV, 200801173)	50m 00:29.78 29,78	100m 01:03.73 33,95	150m 01:39.39 35,66
4. Martijn Nies (PSV, 200902095)	50m 00:30.08 30,08	100m 01:05.45 35,37	150m 01:44.21 38,76
5. Sven Koornstra (De Vikings, 200900189)	50m 00:30.32 30,32	100m 01:05.49 35,17	150m 01:42.06 36,57
6. Rijk Leenders (VZC, 200800627)	50m 00:30.96 30,96	100m 01:05.86 34,90	150m 01:41.87 36,01

7. Bram ter Braak (De Dinkel, 200800281)				02:19.23(+74)			
50m	00:29.67 29,67	100m	01:05.21 35,54	150m	01:42.01 36,80		
8. Mattia Maggio (Hellas-Glana, 200903311)				02:19.37(+62)			
50m	00:29.67 29,67	100m	01:04.60 34,93	150m	01:41.58 36,98		
9. Daniël Wegman (Oceanus, 200802843)				02:20.98(+72)			
50m	00:30.33 30,33	100m	01:05.85 35,52	150m	01:43.05 37,20		
10. Feddo Smink (ZPC AMERSFOORT, 200900007)				02:22.42(+65)			
50m	00:29.87 29,87	100m	01:05.61 35,74	150m	01:43.82 38,21		
11. Tim Brouwer (Aqua-Novio'94, 200800989)				02:23.86(+71)			
50m	00:30.59 30,59	100m	01:07.44 36,85	150m	01:45.11 37,67		
12. Tim Boerefijn (WVZ, 200802815)				02:24.47(+71)			
50m	00:31.21 31,21	100m	01:07.72 36,51	150m	01:45.60 37,88		
13. Gijs Hartwijk (ZVL-1886, 200800573)				02:24.84(+70)			
50m	00:31.52 31,52	100m	01:08.40 36,88	150m	01:46.20 37,80		
14. Liam Tjin Wong Joe (De Dolfijn, 200804105)				02:24.99(+67)			
50m	00:30.00 30,00	100m	01:04.88 34,88	150m	01:42.76 37,88		
15. Jelte de Jong (ZPCH, 200900975)				02:25.39(+75)			
50m	00:30.54 30,54	100m	01:06.13 35,59	150m	01:44.27 38,14		
16. Felix Gepkens (VZC, 200800631)				02:25.50(+75)			
50m	00:30.21 30,21	100m	01:05.30 35,09	150m	01:44.04 38,74		
17. Jamie Kenworthy (De Dolfijn, 200800045)				02:27.24(+68)			
50m	00:30.79 30,79	100m	01:06.82 36,03	150m	01:46.35 39,53		
18. Bjorn Scholten (OZ&PC, 200801143)				02:28.97(+81)			
50m	00:30.67 30,67	100m	01:07.45 36,78	150m	01:46.95 39,50		
19. Teun van Weeren (WS Twente, 200801145)				02:29.76(+71)			
50m	00:33.37 33,37	100m	01:10.15 36,78	150m	01:49.25 39,10		
20. Arjan Boogaard (Deltasteur, 200800093)				02:32.70(+69)			
50m	00:32.42 32,42	100m	01:10.41 37,99	150m	01:50.71 40,30		
21. Sascha Timmer (AZC, 200902987)				02:34.91(+65)			
50m	00:32.47 32,47	100m	01:10.94 38,47	150m	01:52.31 41,37		
36. 400m vrije slag - Dames							
13 - 14 jaar (Junioren 3 en 4)							
1. Bregje Dekkers (PSV, 200900746)				04:33.66(+75)			
50m	00:32.17 32,17	100m	01:41.69 35,14	250m	02:51.75 34,80	350m	04:00.72 34,03
100m	01:06.55 34,38	200m	02:16.95 35,26	300m	03:26.69 34,94		
2. Juliëtte Woltjes (VZC, 200900774)				04:33.81(+82)			
50m	00:32.28 32,28	100m	01:42.18 35,46	250m	02:52.28 35,03	350m	04:01.58 34,20
100m	01:06.72 34,44	200m	02:17.25 35,07	300m	03:27.38 35,10		
3. Fenna Westerneng (DZ&PC, 200900070)				04:38.43(+77)			
50m	00:30.87 30,87	100m	01:40.85 35,26	250m	02:51.73 35,11	350m	04:03.54 35,70
100m	01:05.59 34,72	200m	02:16.62 35,77	300m	03:27.84 36,11		
4. Fenne Metten (ZPC AMERSFOORT, 201000102)				04:38.56(+65)			
50m	00:31.64 31,64	100m	01:42.24 35,40	250m	02:53.78 35,69	350m	04:04.92 35,25
100m	01:06.84 35,20	200m	02:18.09 35,85	300m	03:29.67 35,89		
5. Fay Boxum (DZ&PC, 200900060)				04:39.26(+79)			
50m	00:31.17 31,17	100m	01:42.19 35,94	250m	02:53.49 35,54	350m	04:04.61 35,50
100m	01:06.25 35,08	200m	02:17.95 35,76	300m	03:29.11 35,62		
6. Jasmine Vaartjes (Blue Marlins, 200903658)				04:40.79(+73)			
50m	00:31.79 31,79	100m	01:42.53 35,62	250m	02:54.40 35,81	350m	04:06.16 35,64
100m	01:06.91 35,12	200m	02:18.59 36,06	300m	03:30.52 36,12		
7. Luus Gielens (PSV, 200900138)				04:42.12(+86)			

	50m 00:32.16 32,16	150m 01:42.66 35,12	250m 02:54.15 35,38	350m 04:06.24 36,04	
	100m 01:07.54 35,38	200m 02:18.77 36,11	300m 03:30.20 36,05		
8. Madeleine Bertram (De Dolfijn, 200900516)					04:45.65(+65)
	50m 00:32.17 32,17	150m 01:43.67 36,28	250m 02:56.03 36,40	350m 04:09.83 36,45	
	100m 01:07.39 35,22	200m 02:19.63 35,96	300m 03:33.38 37,35		
9. Suuz Griekspoor (Noordwijkerhout, 200901204)					04:46.05(+72)
	50m 00:31.05 31,05	150m 01:42.57 36,39	250m 02:55.75 36,27	350m 04:09.64 36,55	
	100m 01:06.18 35,13	200m 02:19.48 36,91	300m 03:33.09 37,34		
10. Nina Tetteroo (De Columbiaan, 201000048)					04:47.83(+71)
	50m 00:32.84 32,84	150m 01:44.74 36,19	250m 02:57.69 36,60	350m 04:11.52 36,95	
	100m 01:08.55 35,71	200m 02:21.09 36,35	300m 03:34.57 36,88		
11. Elin Brinkhof (De Dolfijn, 200900078)					04:48.79(+79)
	50m 00:32.24 32,24	150m 01:44.49 36,45	250m 02:58.27 36,71	350m 04:12.77 37,30	
	100m 01:08.04 35,80	200m 02:21.56 37,07	300m 03:35.47 37,20		
12. Nina van der Schrier (AZC, 201000444)					04:49.71(+80)
	50m 00:31.93 31,93	150m 01:44.30 36,63	250m 02:58.09 37,00	350m 04:13.03 37,22	
	100m 01:07.67 35,74	200m 02:21.09 36,79	300m 03:35.81 37,72		
13. Kinley Cole (PSV, 200903696)					04:52.39(+68)
	50m 00:32.86 32,86	150m 01:47.24 37,59	250m 03:03.03 37,45	350m 04:18.17 36,95	
	100m 01:09.65 36,79	200m 02:25.58 38,34	300m 03:41.22 38,19		
14. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)					04:52.63(+76)
	50m 00:32.62 32,62	150m 01:46.18 37,26	250m 03:00.87 37,80	350m 04:16.25 37,36	
	100m 01:08.92 36,30	200m 02:23.07 36,89	300m 03:38.89 38,02		
15. Simone Faber (Deltasteur, 200900710)					04:54.15(+74)
	50m 00:32.60 32,60	150m 01:48.36 38,27	250m 03:05.19 38,47	350m 04:20.34 37,50	
	100m 01:10.09 37,49	200m 02:26.72 38,36	300m 03:42.84 37,65		
16. Amber Kunst (DAW, 200900680)					04:54.45(+54)
	50m 00:32.62 32,62	150m 01:46.75 37,42	250m 03:02.25 37,19	350m 04:17.88 37,28	
	100m 01:09.33 36,71	200m 02:25.06 38,31	300m 03:40.60 38,35		
17. Chiara Lammertink (ZPC AMERSFOORT, 200902200)					04:54.76(+80)
	50m 00:31.73 31,73	150m 01:44.16 37,19	250m 03:01.76 39,04	350m 04:19.19 39,13	
	100m 01:06.97 35,24	200m 02:22.72 38,56	300m 03:40.06 38,30		
18. Mijke Ouderkerken (Blue Marlins, 200901254)					04:55.21(+74)
	50m 00:32.63 32,63	150m 01:46.62 37,40	250m 03:02.58 37,61	350m 04:18.63 37,10	
	100m 01:09.22 36,59	200m 02:24.97 38,35	300m 03:41.53 38,95		
19. Daphne Dijsselhof (Dedemsvaart-AC, 200901690)					04:56.93(+82)
	50m 00:32.31 32,31	150m 01:48.53 38,77	250m 03:06.38 39,05	350m 04:22.66 37,64	
	100m 01:09.76 37,45	200m 02:27.33 38,80	300m 03:45.02 38,64		
20. Dante van Meene (DAW, 200900678)					04:58.07(+82)
	50m 00:32.93 32,93	150m 01:48.07 38,06	250m 03:05.03 38,14	350m 04:21.57 37,96	
	100m 01:10.01 37,08	200m 02:26.89 38,82	300m 03:43.61 38,58		
21. Wieke Dekker (De Dolfijn, 201002020)					04:58.34(+74)
	50m 00:33.21 33,21	150m 01:48.88 38,72	250m 03:06.37 38,95	350m 04:22.95 38,07	
	100m 01:10.16 36,95	200m 02:27.42 38,54	300m 03:44.88 38,51		
22. Erin de Jong (GZC DONK, 201000024)					05:00.33(+97)
	50m 00:33.27 33,27	150m 01:48.59 38,38	250m 03:05.73 38,52	350m 04:23.33 38,56	
	100m 01:10.21 36,94	200m 02:27.21 38,62	300m 03:44.77 39,04		
23. Ilse Jongepier (Thor, 201000006)					05:00.45(+82)
	50m 00:34.05 34,05	150m 01:50.72 38,91	250m 03:08.90 39,12	350m 04:25.57 37,61	
	100m 01:11.81 37,76	200m 02:29.78 39,06	300m 03:47.96 39,06		
24. Flo Streep (DAW, 200900676)					05:00.67(+73)
	50m 00:33.17 33,17	150m 01:49.62 38,69	250m 03:07.68 39,47	350m 04:25.85 39,02	
	100m 01:10.93 37,76	200m 02:28.21 38,59	300m 03:46.83 39,15		
25. Ece Öngören (Blue Marlins, 200903862)					05:01.35(+70)

	50m 00:34.35 34,35	150m 01:50.13 38,15	250m 03:07.18 38,75	350m 04:24.03 38,02	
	100m 01:11.98 37,63	200m 02:28.43 38,30	300m 03:46.01 38,83		
26. Elin Baars (DWK, 201000138)					05:01.47(+72)
	50m 00:33.93 33,93	150m 01:49.32 38,43	250m 03:06.30 38,98	350m 04:23.60 39,04	
	100m 01:10.89 36,96	200m 02:27.32 38,00	300m 03:44.56 38,26		
27. Mandy Berndszen (VZC, 201001138)					05:04.12(+87)
	50m 00:33.14 33,14	150m 01:48.80 38,38	250m 03:06.64 39,01	350m 04:25.41 39,06	
	100m 01:10.42 37,28	200m 02:27.63 38,83	300m 03:46.35 39,71		
28. Charlotte Landman (ESCA Zwemmen, 200901290)					05:04.14(+72)
	50m 00:33.63 33,63	150m 01:50.72 39,06	250m 03:09.90 39,32	350m 04:27.79 38,48	
	100m 01:11.66 38,03	200m 02:30.58 39,86	300m 03:49.31 39,41		
29. Anna Strang van Hees (De Duinkickers, 200902566)					05:07.07
	50m 00:34.43 34,43	150m 01:50.82 38,66	250m 03:10.26 39,68	350m 04:28.87 39,07	
	100m 01:12.16 37,73	200m 02:30.58 39,76	300m 03:49.80 39,54		
30. Myla Klaassen (Aqua-Novio'94, 200900110)					05:22.19(+62)
	50m 00:34.93 34,93	150m 01:54.25 39,82	250m 03:17.61 41,37	350m 04:41.20 41,53	
	100m 01:14.43 39,50	200m 02:36.24 41,99	300m 03:59.67 42,06		
37. 100m vrije slag - Heren					
14 - 15 jaar (Junioren 3 en 4)					
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)					00:52.10(+73)
	50m 00:24.77 24,77				
2. Siem de Zeeuw (OZ&PC, 200800013)					00:53.55(+70)
	50m 00:25.43 25,43				
3. Giulian Janssen (PSV, 200900125)					00:54.01(+63)
	50m 00:25.91 25,91				
4. Jones Chuang (PSV, 200801173)					00:54.20(+60)
	50m 00:26.14 26,14				
5. Bram ter Braak (De Dinkel, 200800281)					00:54.35(+76)
	50m 00:26.23 26,23				
6. Kaan Sudak (Blue Marlins, 200803733)					00:54.53(+65)
	50m 00:25.98 25,98				
7. Ruben Baars (DWK, 200900471)					00:54.83(+65)
	50m 00:26.58 26,58				
8. Mattia Maggio (Hellas-Glana, 200903311)					00:54.87(+62)
	50m 00:26.34 26,34				
9. Felbe van 't Land (ZPC AMERSFOORT, 200900027)					00:55.46(+78)
	50m 00:26.75 26,75				
10. Theodore Allan (PSV, 200902925)					00:55.51(+65)
	50m 00:26.65 26,65				
11. Bas Mostert (VZC, 200800629)					00:55.70(+69)
	50m 00:26.95 26,95				
12. Tim Boerefijn (WVZ, 200802815)					00:55.84(+67)
	50m 00:26.68 26,68				
13. Milan Veelders (De Dinkel, 200800279)					00:55.90(+71)
	50m 00:26.83 26,83				
14. Suraj Baladurage (Team Noord Holland (SG), 200801291)					00:55.96(+61)
	50m 00:26.54 26,54				
15. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)					00:56.04(+65)
	50m 00:27.07 27,07				
16. Rens Noordover (Team Noord Holland (SG), 200800237)					00:56.39(+70)
	50m 00:26.92 26,92				

17. Nout Folkersma (PSV, 200800595) 50m 00:27.01 27,01	00:56.63(+65)
18. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:27.28 27,28	00:56.69(+78)
19. Job Sportel (De Dinkel, 200800429) 50m 00:27.14 27,14	00:56.75(+70)
20. Teun Overmars (OZ&PC, 200800103) 50m 00:27.25 27,25	00:56.76(+68)
21. Filip Piszczynski (KSN (SG), 200802125) 50m 00:27.19 27,19	00:56.78(+62)
22. Finn Eghuizen (HZ&PC Heerenveen, 200900431) 50m 00:27.65 27,65	00:56.81(+65)
23. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187) 50m 00:26.58 26,58	00:56.93(+68)
24. Arjan Boogaard (Deltasteur, 200800093) 50m 00:27.28 27,28	00:56.99(+63)
25. Xander Boets (ZPC de Kanaalstreek, 200800133) 50m 00:26.98 26,98	00:57.15(+76)
26. Diede Veld (HZ&PC Heerenveen, 200800011) 50m 00:27.36 27,36	00:57.16(+79)
27. Brent Schiffers (ZPC Woerden, 200902041) 50m 00:27.58 27,58	00:57.36(+73)
28. Willem Weustink (Team Noord Holland (SG), 200800109) 50m 00:27.43 27,43	00:57.59(+65)
28. Rian Schoneveld (De Berkelduikers, 200801789) 50m 00:27.13 27,13	00:57.59(+68)
30. Daan Borst (Niemo Barracuda, 200801435) 50m 00:27.28 27,28	00:57.63(+73)
31. Luca Boorsma (De Dolfijn, 200902031) 50m 00:27.28 27,28	00:57.85(+59)
32. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 50m 00:27.23 27,23	00:57.89(+75)
32. Ivo Bot (Wiekslag, 200900509) 50m 00:27.42 27,42	00:57.89(+72)
34. Neo Reiber (Feijenoord Albion, 200900699) 50m 00:27.11 27,11	00:57.92(+65)
34. Pieter van Oosten (Blue Marlins, 200903977) 50m 00:27.74 27,74	00:57.92(+72)
36. Daniël Wegman (Oceanus, 200802843) 50m 00:28.16 28,16	00:57.93(+67)
37. Damir Mustafic (DZ&PC, 200800885) 50m 00:27.91 27,91	00:57.95(+75)
38. Aditya Winterberg (Blue Marlins, 200800953) 50m 00:27.92 27,92	00:58.10(+71)
39. Jelte de Jong (ZPCH, 200900975) 50m 00:27.83 27,83	00:58.30(+77)
40. Xander Kragting (ZPC AMERSFOORT, 200900077) 50m 00:27.86 27,86	00:58.32(+72)
41. Adriaan Coppelmans (AZC, 200903243)	00:58.56(+66)

50m 00:27.68 27,68

42. Delano van der Wegen (Hieronymus, 200801941) 00:58.61(+62)
50m 00:27.86 27,86
43. Liam Diavatopoulos (Aqua-Novio'94, 200802549) 00:58.65(+73)
50m 00:28.38 28,38
44. Cruz de Groot (Team Noord Holland (SG), 200801077) 00:58.91(+65)
50m 00:28.37 28,37
45. Wessel van Dorst (Aqua-Novio'94, 200900727) 00:58.92(+67)
50m 00:28.16 28,16
46. Mart Tempelman (Dedemsvaart-AC, 200801075) 00:59.24(+68)
50m 00:27.84 27,84
46. Ruben Nooter (Dedemsvaart-AC, 200901577) 00:59.24(+63)
50m 00:27.98 27,98
48. Alexander Griston (De Dolfijn, 200803053) 00:59.35(+68)
50m 00:28.87 28,87
49. Liam Tjin Wong Joe (De Dolfijn, 200804105) 00:59.36(+65)
50m 00:28.50 28,50
50. Avner Weigel (Z&PC Rotterdam, 200900697) 00:59.38(+73)
50m 00:28.69 28,69
50. Timo Berghuis (NDD, 200801991) 00:59.38(+66)
50m 00:28.86 28,86
52. Roan van der Stege (SWOL 1894, 200900107) 00:59.42(+70)
50m 00:29.00 29,00
53. Sven Keuper (ZPC De Hof, 200800981) 00:59.43(+80)
50m 00:28.65 28,65
54. Koen de Vries (MZ&PC De Reest, 200802379) 00:59.44(+71)
50m 00:28.52 28,52
55. Bjorn Scholten (OZ&PC, 200801143) 00:59.55(+80)
50m 00:28.46 28,46
56. Thijn Metten (ZPC AMERSFOORT, 200801327) 00:59.68(+73)
50m 00:28.45 28,45
57. Fabian Riedijk (Blue Marlins, 200800603) 00:59.74(+72)
50m 00:28.36 28,36
58. Davi Fonseca Gomes (PSV, 200902795) 00:59.84(+71)
50m 00:29.05 29,05
59. Gerjan Berends (ZPC Hoogeveen, 200900169) 00:59.97(+72)
50m 00:29.17 29,17
60. Jannick van Eeghem (Hellas-Glana, 200800147) 01:00.05(+67)
50m 00:28.64 28,64
61. Twan Wielage (KSN (SG), 200902671) 01:00.06(+77)
50m 00:28.57 28,57
62. Quinn Frunt (DWK, 200800729) 01:00.28(+74)
50m 00:28.67 28,67
63. Luuk Knijnenburg (De Columbiaan, 200802291) 01:00.45(+73)
50m 00:29.17 29,17
63. Alex Woe (Poseidon'56, 200801393) 01:00.45(+59)
50m 00:28.79 28,79
65. Sven Buijs (Hieronymus, 200902853) 01:00.46(+70)
50m 00:29.02 29,02

66. Niek Sonneveld (WVZ, 200802631) 50m 00:29.19 29,19	01:00.47(+69)
67. Alexander van der Maaten (Blue Marlins, 200903251) 50m 00:29.29 29,29	01:00.68(+66)
68. Floris van der Valk (Wiekslag, 200801891) 50m 00:28.55 28,55	01:00.70(+67)
69. Tariq van Laar (De Rijn, 200900819) 50m 00:29.02 29,02	01:00.74(+66)
70. Gijs Hartwijk (ZVL-1886, 200800573) 50m 00:29.27 29,27	01:00.76(+69)
71. Finn Hilders (De Dolfijn, 200900283) 50m 00:29.02 29,02	01:00.77(+58)
72. Tibbe Rongen (SBC2000, 200801929) 50m 00:28.80 28,80	01:01.05(+68)
73. Youp Stuifzand (Deltasteur, 200800521) 50m 00:28.69 28,69	01:01.13(+64)
38. 100m vlinderslag - Dames 13 - 14 jaar (Junioren 3 en 4)	
1. Elin Ditewig (VZC, 200900392) 50m 00:30.92 30,92	01:06.67(+71)
2. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:31.60 31,60	01:06.96(+73)
3. Tess Vonk (De Geul, 200900024) 50m 00:31.43 31,43	01:07.69(+67)
4. Elin Brinkhof (De Dolfijn, 200900078) 50m 00:31.72 31,72	01:07.94(+75)
5. Tara Langkamp (Aqua-Novio'94, 200900362) 50m 00:31.43 31,43	01:08.33(+76)
6. Jasmine Vaartjes (Blue Marlins, 200903658) 50m 00:31.93 31,93	01:08.78(+72)
7. Juliette Woltjes (VZC, 200900774) 50m 00:32.42 32,42	01:09.18(+84)
8. Mia Hoeflaken (PSV, 201004108) 50m 00:32.48 32,48	01:09.85(+69)
9. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:33.00 33,00	01:10.67(+79)
10. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:32.04 32,04	01:10.92(+84)
10. Lotte Lübbers (KSN (SG), 200900190) 50m 00:32.54 32,54	01:10.92(+76)
12. Tereza Boom (PSV, 200904028) 50m 00:33.33 33,33	01:11.99(+73)
13. Lili Oosting (DWK, 200900384) 50m 00:35.05 35,05	01:12.06(+80)
14. Esmaé de Gans (ZPC AMERSFOORT, 200900134) 50m 00:33.43 33,43	01:12.61(+77)
15. Fleur van den Eijk (Blue Marlins, 200900304) 50m 00:32.35 32,35	01:12.68(+69)
16. Mariia Kostina (Blue Marlins, 201002042) 50m 00:32.59 32,59	01:12.74(+73)

17. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)				01:12.96(+73)
50m	00:33.32	33,32		
18. Fenne Metten (ZPC AMERSFOORT, 201000102)				01:13.10(+81)
50m	00:33.55	33,55		
19. Caitlin Sülter (Aqua-Novio'94, 200900046)				01:13.19(+74)
50m	00:32.11	32,11		
20. Elin Baars (DWK, 201000138)				01:13.24(+79)
50m	00:33.81	33,81		
21. Dewi Meijer (De Dolfijn, 201000302)				01:13.27(+75)
50m	00:33.05	33,05		
22. Yaell Elmerink (ZPC De Hof, 200900310)				01:13.34(+70)
50m	00:33.13	33,13		
23. Manou Longayroux (Blue Marlins, 201000580)				01:13.35(+68)
50m	00:33.96	33,96		
24. Ann Hietbrink (ZPC De Hof, 200902444)				01:13.45(+76)
50m	00:33.64	33,64		
25. Erin de Jong (GZC DONK, 201000024)				01:13.77(+81)
50m	00:34.60	34,60		
26. Gwen Hermans (De Columbian, 200900058)				01:14.09(+74)
50m	00:34.23	34,23		
27. Anouk Steller (WVZ, 201000004)				01:15.08(+75)
50m	00:34.54	34,54		
28. Karlijn Siderius (DWK, 200900032)				01:15.78(+77)
50m	00:33.38	33,38		
29. Yara van Asselen (De Dolfijn, 200900408)				01:16.12(+72)
50m	00:33.64	33,64		
30. Myla Klaassen (Aqua-Novio'94, 200900110)				01:16.36(+66)
50m	00:33.58	33,58		
39. 200m vrije slag - Heren				
12 - 13 jaar (Junioren 1 en 2)				
1. Ilias Hamdouch (Wahoo Swimming, 201003617)				02:07.27(+67)
50m	00:29.61	29,61	100m 01:01.72	32,11 150m 01:34.57
2. Max van der Spank (Hieronymus, 201000275)				02:09.24(+69)
50m	00:28.93	28,93	100m 01:01.82	32,89 150m 01:35.96
3. Myron Artemenko (Niemo Barracuda, 201003021)				02:09.61(+73)
50m	00:29.56	29,56	100m 01:02.67	33,11 150m 01:35.67
4. Joey Snabel (ZPC AMERSFOORT, 201002847)				02:09.69(+75)
50m	00:29.58	29,58	100m 01:02.55	32,97 150m 01:36.42
5. Ramon Vos (ZPC Hoogeveen, 201100051)				02:10.21(+64)
50m	00:28.73	28,73	100m 01:01.72	32,99 150m 01:36.38
6. Abel op den Velde (De Duinkickers, 201000079)				02:12.46(+77)
50m	00:30.39	30,39	100m 01:03.95	33,56 150m 01:38.94
7. Duco de Gelder (Blue Marlins, 201000217)				02:12.72(+65)
50m	00:30.17	30,17	100m 01:03.90	33,73 150m 01:38.54
8. Ruben Kragt (Dedemsvaart-AC, 201000007)				02:12.95(+65)
50m	00:30.36	30,36	100m 01:03.98	33,62 150m 01:38.70
9. Baris Tomu (ZPCH, 201000869)				02:13.02(+66)
50m	00:29.81	29,81	100m 01:03.50	33,69 150m 01:38.95
10. Bink Elqersma (Zwemlust-den Hommel, 201000137)				02:13.06(+66)

	50m 00:29.85 29,85	100m 01:03.40 33,55	150m 01:38.79 35,39	
11. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:30.90 30,90	100m 01:05.10 34,20	150m 01:39.95 34,85	02:13.32(+77)
12. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:30.11 30,11	100m 01:04.12 34,01	150m 01:39.09 34,97	02:13.42(+69)
13. Gwee Bokma (Zwemlust-den Hommel, 201002259)	50m 00:30.21 30,21	100m 01:04.60 34,39	150m 01:39.61 35,01	02:13.54(+71)
14. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:31.27 31,27	100m 01:05.25 33,98	150m 01:39.80 34,55	02:13.72(+67)
15. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:30.19 30,19	100m 01:03.90 33,71	150m 01:38.90 35,00	02:14.46(+70)
16. Mathijs de Wit (KSN (SG), 201001215)	50m 00:29.94 29,94	100m 01:03.33 33,39	150m 01:38.62 35,29	02:14.62(+67)
17. Tycho Wienbelt (De Vikings, 201001397)	50m 00:31.46 31,46	100m 01:05.63 34,17	150m 01:40.88 35,25	02:14.73(+73)
18. Alief Jan van der Sluis (PSV, 201003425)	50m 00:29.81 29,81	100m 01:05.63 35,82	150m 01:41.71 36,08	02:14.94(+71)
19. Matthijs van Velzen (Deltasteur, 201100435)	50m 00:30.02 30,02	100m 01:04.03 34,01	150m 01:40.18 36,15	02:15.53(+61)
20. Eli Shields (Niemo Barracuda, 201000407)	50m 00:31.62 31,62	100m 01:07.11 35,49	150m 01:42.60 35,49	02:15.84(+66)
21. Thijs Jonkman (De Duck, 201000481)	50m 00:31.79 31,79	100m 01:06.25 34,46	150m 01:42.80 36,55	02:16.26(+76)
22. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:30.74 30,74	100m 01:05.89 35,15	150m 01:41.54 35,65	02:16.29(+71)
23. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:30.15 30,15	100m 01:05.08 34,93	150m 01:40.71 35,63	02:16.61(+65)
24. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:31.34 31,34	100m 01:07.16 35,82	150m 01:42.85 35,69	02:17.47(+68)
25. Mauro Bedeke (DAW, 201000537)	50m 00:30.80 30,80	100m 01:05.85 35,05	150m 01:42.13 36,28	02:17.55(+64)
26. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:32.00 32,00	100m 01:07.12 35,12	150m 01:43.14 36,02	02:18.04(+68)
27. Mathieu Gepkens (VZC, 201000045)	50m 00:31.53 31,53	100m 01:06.76 35,23	150m 01:42.85 36,09	02:18.42(+73)
28. Daan Overmars (OZ&PC, 201100027)	50m 00:32.47 32,47	100m 01:08.56 36,09	150m 01:44.04 35,48	02:18.57(+63)
29. Cayden Malone (De Dolfijn, 201002195)	50m 00:31.82 31,82	100m 01:06.82 35,00	150m 01:43.03 36,21	02:18.79(+68)
30. Sven Potappel (DWC, 201000127)	50m 00:31.92 31,92	100m 01:07.65 35,73	150m 01:44.53 36,88	02:18.81(+70)
31. Stijn Dijkstra (DZ&PC, 201000279)	50m 00:31.48 31,48	100m 01:06.79 35,31	150m 01:42.97 36,18	02:19.31(+57)
32. Laurens van Nulck (Hellas-Glana, 201100521)	50m 00:32.01 32,01	100m 01:07.10 35,09	150m 01:43.57 36,47	02:19.36(+66)
33. Girish Nolden (Blue Marlins, 201000087)	50m 00:31.67 31,67	100m 01:07.76 36,09	150m 01:44.70 36,94	02:19.43(+67)
34. Douwe Enzerink (Deltasteur, 201102657)	50m 00:32.13 32,13	100m 01:08.21 36,08	150m 01:44.76 36,55	02:20.01(+60)

35. Thijn Runia (DZT'62, 201000895)	50m 00:30.82 30,82	100m 01:06.44 35,62	150m 01:43.75 37,31	02:20.14(+74)
36. Mees Janssen (DSZ, 201102025)	50m 00:31.00 31,00	100m 01:07.28 36,28	150m 01:44.63 37,35	02:20.18(+65)
37. Henry Watson (De Dolfijn, 201001703)	50m 00:31.63 31,63	100m 01:07.89 36,26	150m 01:44.49 36,60	02:20.61(+62)
38. Kasper Lubbers (Orca, 201100025)	50m 00:32.51 32,51	100m 01:08.32 35,81	150m 01:45.15 36,83	02:21.20(+64)
39. Kick Germers (SWOL 1894, 201000185)	50m 00:33.07 33,07	100m 01:09.36 36,29	150m 01:45.76 36,40	02:21.91(+77)
40. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	50m 00:32.40 32,40	100m 01:08.36 35,96	150m 01:45.38 37,02	02:22.08(+70)
41. Fin Horrocks (Z&PV Nuenen, 201002417)	50m 00:33.74 33,74	100m 01:11.51 37,77	150m 01:47.99 36,48	02:22.92(+72)
42. Franzi Ziegler (DAW, 201100891)	50m 00:32.42 32,42	100m 01:09.14 36,72	150m 01:47.24 38,10	02:23.29(+66)
43. Yorre van der Wal (SG Bolsward-Workum, 201000017)	50m 00:32.31 32,31	100m 01:08.79 36,48	150m 01:46.56 37,77	02:23.82(+60)
44. Lev Rudman (Blue Marlins, 201102343)	50m 00:32.73 32,73	100m 01:10.01 37,28	150m 01:47.52 37,51	02:23.97(+68)
45. Dax Muijlaert (SG Octopus - ZVV, 201100535)	50m 00:32.78 32,78	100m 01:09.85 37,07	150m 01:47.98 38,13	02:25.18(+83)
46. Kris Westerhout (ZZ&PC De Devel, 201000883)	50m 00:31.85 31,85	100m 01:08.64 36,79	150m 01:46.78 38,14	02:25.38(+66)
47. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:33.51 33,51	100m 01:12.13 38,62	150m 01:51.54 39,41	02:26.66(+73)
48. Luca Monster (ZPC Numansdorp, 201100343)	50m 00:32.90 32,90	100m 01:11.42 38,52	150m 01:50.31 38,89	02:26.86(+66)
49. Nathan Magava (De Dolfijn, 201003067)	50m 00:33.25 33,25	100m 01:10.60 37,35	150m 01:49.76 39,16	02:28.24(+65)
40. 100m rugslag - Dames				
11 - 12 jaar (Junioren 1 en 2)				
1. Malin Roozeboom (WVZ, 201100006)	50m 00:32.86 32,86			01:07.53(+70)
2. Elin Reinstra (TriVia, 201100842)	50m 00:34.13 34,13			01:10.06(+80)
3. Frédérique Nijziel (PSV, 201103114)	50m 00:33.96 33,96			01:10.99(+64)
4. Yill van Bezouw (Hieronymus, 201100704)	50m 00:35.08 35,08			01:11.57(+65)
5. Romée Smit (MSV-Zeemacht, 201100438)	50m 00:35.09 35,09			01:12.48(+73)
6. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:35.79 35,79			01:13.33(+71)
7. Julia Bannatyne (BZ&PC, 201201020)	50m 00:36.08 36,08			01:13.44(+70)
8. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:36.19 36,19			01:13.80(+73)
9. Casharell Kraan (Blue Marlins, 201103426)				01:14.31(+77)

	50m 00:35.51 35,51	
10.	Sterre de Veen (Hellas-Glana, 201100086) 50m 00:36.19 36,19	01:14.54(+65)
11.	Noa van Zalk (ZPC AMERSFOORT, 201102534) 50m 00:36.10 36,10	01:14.70(+81)
12.	Noortje Bisperink (ZPC AMERSFOORT, 201100486) 50m 00:36.29 36,29	01:14.84(+73)
13.	Milou Filemon (Blue Marlins, 201100078) 50m 00:36.95 36,95	01:14.95(+72)
14.	Esmee Reuver (ZC Polaris, 201100846) 50m 00:36.08 36,08	01:15.02(+67)
15.	Lobke Hempenius (HZ&PC Heerenveen, 201100522) 50m 00:36.83 36,83	01:15.04(+75)
16.	Annefleur Schraa (SWOL 1894, 201100044) 50m 00:37.29 37,29	01:15.14(+63)
17.	Elke Kriesels (Hieronymus, 201100898) 50m 00:36.41 36,41	01:15.18(+51)
18.	Simone Brobbel (ZPC Numansdorp, 201200058) 50m 00:36.64 36,64	01:16.30(+80)
19.	Meike van der Klugt (WVZ, 201100808) 50m 00:38.17 38,17	01:16.38(+89)
20.	Hanna Heller (ZPC AMERSFOORT, 201102730) 50m 00:38.41 38,41	01:16.60(+82)
21.	Mette Hogenhuis (Zwemlust-den Hommel, 201101254) 50m 00:37.10 37,10	01:16.74(+86)
22.	Emy Meuleners (SG Patrick - De Roersoppers, 201200012) 50m 00:38.61 38,61	01:16.77(+73)
23.	Amila Mustafic (DZ&PC, 201200026) 50m 00:37.03 37,03	01:16.87(+70)
24.	Noa Spaans (De Dolfijn, 201100222) 50m 00:36.28 36,28	01:17.16(+59)
25.	Rozalia Diederiks (ZVL-1886, 201100904) 50m 00:37.66 37,66	01:17.30(+84)
26.	Elle van Gemeren (DAW, 201100428) 50m 00:38.20 38,20	01:17.52(+78)
27.	Anna Lepoutre (PSV, 201100534) 50m 00:37.89 37,89	01:17.57(+64)
28.	Sara Creemers (Hellas-Glana, 201100242) 50m 00:37.69 37,69	01:18.07(+70)
29.	Mattea Gliese-Sloojer (De Dinkel, 201100008) 50m 00:38.08 38,08	01:18.16(+71)
30.	Lola Verheijen (PSV, 201100832) 50m 00:37.26 37,26	01:18.26(+75)
31.	Alissa Rooijackers (Z&PV Nuenen, 201101892) 50m 00:37.48 37,48	01:18.60(+62)
32.	Morrison Schram (De Schelde, 201100686) 50m 00:39.17 39,17	01:18.92(+60)
33.	Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:38.10 38,10	01:19.13(+63)

34. Vicky Horens (Hellas-Glana, 201200252)				01:19.46(+61)
50m	00:38.90	38,90		
35. Alaine Dumont (ZV De Watervogels, 201102140)				01:19.59(+59)
50m	00:38.49	38,49		
36. Melody Paulussen (De Dolfijn, 201101106)				01:19.60(+75)
50m	00:39.17	39,17		
37. Carlijn Dezutter (Scheldestroom, 201100770)				01:19.97(+70)
50m	00:38.46	38,46		
38. Julia Ketelaars (Hellas-Glana, 201200028)				01:21.37(+61)
50m	00:39.30	39,30		
39. Isabel Amelink (Deltasteur, 201100196)				01:21.51(+82)
50m	00:39.23	39,23		
40. Norell Kroeze (ZC Polaris, 201100378)				01:21.59(+74)
50m	00:39.78	39,78		
41. Emma van den Berg (VZV Njord, 201100830)				01:21.80(+69)
50m	00:40.50	40,50		
42. Lise Markes (SBC2000, 201101276)				01:22.15(+60)
50m	00:40.46	40,46		
43. Valerie Rienties (Zwemsport Parkstad, 201200400)				01:22.82(+56)
50m	00:40.54	40,54		
44. Esra Simon (Hellas-Glana, 201100004)				01:23.94(+67)
50m	00:40.77	40,77		
45. Sarah Förster (Hellas-Glana, 201102682)				01:24.64(+70)
50m	00:41.23	41,23		
46. Liva van Groningen (WZ&PC Purmerend, 201200280)				01:26.69(+87)
50m	00:42.67	42,67		
47. Roubin van Kampen (ZPCH, 201200370)				01:28.63(+74)
50m	00:43.71	43,71		
41. 200m rugslag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)				02:08.20(+69)
50m	00:29.47	29,47	100m 01:01.64	32,17 150m 01:34.75
33,11				
2. Wytse Broekstra (De Vikings, 200800121)				02:10.92(+68)
50m	00:30.88	30,88	100m 01:03.47	32,59 150m 01:37.18
33,71				
3. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:12.32(+72)
50m	00:31.24	31,24	100m 01:04.13	32,89 150m 01:38.78
34,65				
4. Rijk Leenders (VZC, 200800627)				02:13.14(+67)
50m	00:32.00	32,00	100m 01:05.68	33,68 150m 01:40.04
34,36				
5. Yarno van Dam (ACZ, 200800115)				02:15.61(+62)
50m	00:30.57	30,57	100m 01:05.11	34,54 150m 01:39.78
34,67				
6. Tobian Vos (ZPC AMERSFOORT, 200900005)				02:17.50(+70)
50m	00:31.47	31,47	100m 01:05.90	34,43 150m 01:41.83
35,93				
7. Rein Stoel (ZVL-1886, 200800463)				02:18.76(+67)
50m	00:31.99	31,99	100m 01:07.05	35,06 150m 01:43.08
36,03				
8. Mattia Maggio (Hellas-Glana, 200903311)				02:19.41(+64)
50m	00:31.85	31,85	100m 01:08.00	36,15 150m 01:43.64
35,64				
9. Feddo Smink (ZPC AMERSFOORT, 200900007)				02:20.76(+64)
50m	00:32.61	32,61	100m 01:08.38	35,77 150m 01:45.36
36,98				
10. Luca Boorsma (De Dolfijn, 200902031)				02:21.23(+62)
50m	00:31.88	31,88	100m 01:08.48	36,60 150m 01:45.18
36,70				

11. Xander Boets (ZPC de Kanaalstreek, 200800133)	50m 00:32.82 32,82	100m 01:08.27 35,45	150m 01:44.56 36,29	02:21.25(+65)
12. Milan Veelders (De Dinkel, 200800279)	50m 00:32.57 32,57	100m 01:08.82 36,25	150m 01:45.70 36,88	02:21.33(+72)
13. Tim Brouwer (Aqua-Novio'94, 200800989)	50m 00:33.39 33,39	100m 01:09.61 36,22	150m 01:46.76 37,15	02:22.34(+77)
14. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:32.62 32,62	100m 01:08.91 36,29	150m 01:46.61 37,70	02:22.45(+54)
15. Sebastian Lopes Cardozo (WZK Zwemmen, 200800187)	50m 00:32.53 32,53	100m 01:09.03 36,50	150m 01:46.77 37,74	02:22.48(+71)
15. Mart Tempelman (Dedemsvaart-AC, 200801075)	50m 00:32.58 32,58	100m 01:08.93 36,35	150m 01:45.84 36,91	02:22.48(+65)
17. Duuk Harms (Dedemsvaart-AC, 200900201)	50m 00:32.71 32,71	100m 01:09.05 36,34	150m 01:46.40 37,35	02:22.80(+65)
18. Niek Sonneveld (WVZ, 200802631)	50m 00:32.93 32,93	100m 01:09.54 36,61	150m 01:47.36 37,82	02:22.98(+70)
19. Sverre van der Zwaan (WVZ, 200900737)	50m 00:32.98 32,98	100m 01:09.62 36,64	150m 01:46.87 37,25	02:23.02(+61)
20. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	50m 00:33.37 33,37	100m 01:09.89 36,52	150m 01:47.39 37,50	02:24.07(+64)
21. Diede Veld (HZ&PC Heerenveen, 200800011)	50m 00:33.70 33,70	100m 01:10.14 36,44	150m 01:47.69 37,55	02:24.23(+75)
22. Jesse Molegraaf (De Haaien, 200800887)	50m 00:31.81 31,81	100m 01:08.05 36,24	150m 01:46.64 38,59	02:24.75(+64)
23. Jelte de Jong (ZPCH, 200900975)	50m 00:34.90 34,90	100m 01:12.03 37,13	150m 01:49.24 37,21	02:24.76(+66)
24. Willem Weustink (Team Noord Holland (SG), 200800109)	50m 00:32.51 32,51	100m 01:09.71 37,20	150m 01:47.65 37,94	02:25.05(+61)
25. Felix Gepkens (VZC, 200800631)	50m 00:33.93 33,93	100m 01:11.11 37,18	150m 01:49.87 38,76	02:25.67(+62)
26. Adriaan Coppelmans (AZC, 200903243)	50m 00:34.04 34,04	100m 01:11.14 37,10	150m 01:49.90 38,76	02:25.81(+60)
27. Brent Schifflers (ZPC Woerden, 200902041)	50m 00:34.18 34,18	100m 01:11.74 37,56	150m 01:50.22 38,48	02:27.45(+79)
28. Stefan van der Meer (VZC, 200901361)	50m 00:34.79 34,79	100m 01:12.73 37,94	150m 01:50.74 38,01	02:27.54(+69)
29. Finn Hilders (De Dolfijn, 200900283)	50m 00:33.95 33,95	100m 01:12.51 38,56	150m 01:50.65 38,14	02:28.38(+78)
30. Finn Stamsnieder (OZ&PC, 200900225)	50m 00:34.31 34,31	100m 01:12.41 38,10	150m 01:51.42 39,01	02:28.91(+72)
31. Xander Kragting (ZPC AMERSFOORT, 200900077)	50m 00:34.69 34,69	100m 01:12.23 37,54	150m 01:50.93 38,70	02:28.99(+67)
32. Ivo Bot (Wiekslag, 200900509)	50m 00:34.11 34,11	100m 01:12.74 38,63	150m 01:51.73 38,99	02:29.25(+63)
33. Delano van der Wegen (Hieronymus, 200801941)	50m 00:34.49 34,49	100m 01:12.24 37,75	150m 01:51.86 39,62	02:29.58(+60)
34. Wessel van Dorst (Aqua-Novio'94, 200900727)	50m 00:34.26 34,26	100m 01:12.41 38,15	150m 01:52.96 40,55	02:31.42(+72)

35. Rian Schoneveld (De Berkelduikers, 200801789)	50m 00:34.36	34,36	100m 01:12.35	37,99	150m 01:51.10	38,75	02:31.48(+62)
42. 200m schoolslag - Dames							
13 - 14 jaar (Junioren 3 en 4)							
1. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:36.70	36,70	100m 01:18.33	41,63	150m 02:01.08	42,75	02:44.77(+76)
2. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:37.70	37,70	100m 01:20.37	42,67	150m 02:04.34	43,97	02:47.47(+70)
3. Tess Vonk (De Geul, 200900024)	50m 00:39.06	39,06	100m 01:22.42	43,36	150m 02:04.18	41,76	02:47.98(+68)
4. Linou van Kampen (ZPCH, 201000594)	50m 00:39.39	39,39	100m 01:23.92	44,53	150m 02:07.75	43,83	02:51.37(+86)
5. Jessica Johnstone (WVZ, 201003890)	50m 00:39.06	39,06	100m 01:23.05	43,99	150m 02:07.90	44,85	02:51.65(+80)
6. Marre van der Wal (SG Bolsward-Workum, 201000046)	50m 00:38.38	38,38	100m 01:23.01	44,63	150m 02:07.72	44,71	02:51.94(+55)
7. Amber Kunst (DAW, 200900680)	50m 00:38.48	38,48	100m 01:23.71	45,23	150m 02:08.87	45,16	02:52.08(+54)
8. Myrthe Stelten (Hellas-Glana, 200900234)	50m 00:38.84	38,84	100m 01:23.26	44,42	150m 02:08.97	45,71	02:53.96(+80)
9. Mijke Ouderkerken (Blue Marlins, 200901254)	50m 00:39.33	39,33	100m 01:23.79	44,46	150m 02:09.51	45,72	02:54.83(+74)
10. Tess van de Steeg (WVZ, 201000016)	50m 00:39.76	39,76	100m 01:24.17	44,41	150m 02:09.69	45,52	02:55.89(+78)
11. Eva Ehlert (GZC DONK, 201002026)	50m 00:38.71	38,71	100m 01:23.45	44,74	150m 02:10.04	46,59	02:56.23(+73)
12. Jasmijn Schoonen (Wiekslag, 200901196)	50m 00:39.19	39,19	100m 01:24.55	45,36	150m 02:11.39	46,84	02:56.73(+79)
13. Mia Hoeflaken (PSV, 201004108)	50m 00:39.45	39,45	100m 01:25.12	45,67	150m 02:11.34	46,22	02:56.87(+71)
14. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)	50m 00:40.17	40,17	100m 01:25.41	45,24	150m 02:10.98	45,57	02:56.90(+80)
15. Fenna Zusterzeel (PSV, 201000008)	50m 00:38.49	38,49	100m 01:23.82	45,33	150m 02:09.62	45,80	02:57.09(+71)
16. Michelle van Hemert (PSV, 200901200)	50m 00:38.80	38,80	100m 01:23.46	44,66	150m 02:10.23	46,77	02:58.11(+72)
17. Fenne de Vogt (DWK, 200901656)	50m 00:39.28	39,28	100m 01:24.95	45,67	150m 02:11.89	46,94	02:58.80(+75)
18. Rixt Rothschild (ZC Borger, 200900026)	50m 00:40.08	40,08	100m 01:25.62	45,54	150m 02:12.20	46,58	02:59.15(+73)
19. Kyana de Vries (ZWK Merlet, 200901260)	50m 00:40.32	40,32	100m 01:26.66	46,34	150m 02:12.94	46,28	02:59.57(+79)
20. Suuz Griekspoor (Noordwijkerhout, 200901204)	50m 00:39.73	39,73	100m 01:25.36	45,63	150m 02:13.02	47,66	03:00.06(+74)
21. Anne Engbersen (ZPC AMERSFOORT, 201000044)	50m 00:39.52	39,52	100m 01:25.61	46,09	150m 02:13.76	48,15	03:02.43(+78)
22. Wieke Dekker (De Dolfijn, 201002020)	50m 00:40.69	40,69	100m 01:27.13	46,44	150m 02:15.05	47,92	03:02.84(+76)
23. Annelie Batenburg (PSV, 201001962)	50m 00:40.44	40,44	100m 01:26.37	45,93	150m 02:13.95	47,58	03:03.08(+74)

24. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	03:03.43(+77)
50m 00:40.55 40,55 100m 01:27.39 46,84 150m 02:15.08 47,69	
25. Sanne Mulder (WVZ, 200900280)	03:04.71(+70)
50m 00:40.94 40,94 100m 01:27.54 46,60 150m 02:16.30 48,76	
33. 100m schoolslag - Heren	
14 - 15 jaar (Junioren 3 en 4)	
1. Floris van der Valk (Wiekslag, 200801891)	01:10.14(+67)
50m 00:32.62 32,62	
2. Fedor Sazonov (PSV, 200900707)	01:11.63(+71)
50m 00:33.89 33,89	
38. 100m vlinderslag - Dames	
13 - 14 jaar (Junioren 3 en 4)	
1. Lotte Lübbers (KSN (SG), 200900190)	01:09.90(+68)
50m 00:32.80 32,80	
2. Julia Dąbrowska (Blue Marlins, 201000300)	01:10.01(+81)
50m 00:31.14 31,14	

Nummer: 5 - zondag 23 juni 2024 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

33. 100m schoolslag - Heren	
14 - 15 jaar (Junioren 3 en 4)	
1. Wytse Broekstra (De Vikings, 200800121)	01:03.89(+76)
50m 00:30.27 30,27	
2. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	01:06.14(+73)
50m 00:31.25 31,25	
3. Job Sportel (De Dinkel, 200800429)	01:06.31(+66)
50m 00:31.10 31,10	
4. Ruben Baars (DWK, 200900471)	01:08.16(+68)
50m 00:31.52 31,52	
5. Sven Koornstra (De Vikings, 200900189)	01:08.49(+76)
50m 00:32.64 32,64	
6. Hein Muller (DZ&PC, 200800157)	01:09.13(+72)
50m 00:32.39 32,39	
7. Liam Diavatopoulos (Aqua-Novio'94, 200802549)	01:09.68(+74)
50m 00:32.24 32,24	
8. Luca Boorsma (De Dolfijn, 200902031)	01:09.95(+58)
50m 00:32.39 32,39	
9. Youp Stuifzand (Deltasteur, 200800521)	01:10.08(+66)
50m 00:31.91 31,91	
10. Thygo van de Peppel (Blue Marlins, 200901101)	01:10.09(+66)
50m 00:32.52 32,52	
. Floris van der Valk (Wiekslag, 200801891)	
. Fedor Sazonov (PSV, 200900707)	
34. 100m rugslag - Dames	
13 - 14 jaar (Junioren 3 en 4)	
1. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:05.61(+68)
50m 00:32.16 32,16	
2. Elin Ditewig (VZC, 200900392)	01:06.34(+67)
50m 00:32.48 32,48	

3. Nienke Koster (ZPC Hoogeveen, 200900612) 50m 00:32.44 32,44	01:07.21(+54)
4. Fay Boxum (DZ&PC, 200900060) 50m 00:32.90 32,90	01:07.75(+64)
5. Tereza Boom (PSV, 200904028) 50m 00:32.67 32,67	01:07.88(+55)
6. Vera de Boer (MZ&PC De Reest, 200900512) 50m 00:33.70 33,70	01:09.30(+65)
7. Fenna Zusterzeel (PSV, 201000008) 50m 00:33.08 33,08	01:09.41(+57)
8. Anouk Steller (WVZ, 201000004) 50m 00:33.56 33,56	01:09.47(+66)
9. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:33.48 33,48	01:09.48(+68)
10. Myla Klaassen (Aqua-Novio'94, 200900110) 50m 00:33.93 33,93	01:11.09(+56)
. Jenny Muntinga (ZPCH, 200900450)	
. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	
43. 200m wisselslag - Heren 12 - 13 jaar (Junioren 1 en 2)	
1. Myron Artemenko (Niemo Barracuda, 201003021) 50m 00:29.59 29,59 100m 01:06.12 36,53 150m 01:49.78 43,66	02:21.15(+71)
2. Ilias Hamdouch (Wahoo Swimming, 201003617) 50m 00:30.96 30,96 100m 01:08.72 37,76 150m 01:50.67 41,95	02:21.42(+65)
3. Max van der Spank (Hieronymus, 201000275) 50m 00:30.64 30,64 100m 01:08.64 38,00 150m 01:52.01 43,37	02:23.69(+66)
4. Duco de Gelder (Blue Marlins, 201000217) 50m 00:31.77 31,77 100m 01:10.06 38,29 150m 01:52.46 42,40	02:26.76(+70)
5. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:30.54 30,54 100m 01:06.85 36,31 150m 01:52.50 45,65	02:27.48(+68)
6. Ruben Kragt (Dedemsvaart-AC, 201000007) 50m 00:30.83 30,83 100m 01:09.34 38,51 150m 01:53.28 43,94	02:28.25(+64)
7. Gwee Bokma (Zwemlust-den Hommel, 201002259) 50m 00:29.60 29,60 100m 01:07.61 38,01 150m 01:52.94 45,33	02:28.35(+73)
8. Thijmen Pruijssers (Hieronymus, 201000129) 50m 00:32.37 32,37 100m 01:11.04 38,67 150m 01:55.57 44,53	02:29.66(+71)
9. Ramon Vos (ZPC Hoogeveen, 201100051) 50m 00:32.47 32,47 100m 01:11.09 38,62 150m 01:56.70 45,61	02:29.96(+65)
10. Eli Shields (Niemo Barracuda, 201000407) 50m 00:32.02 32,02 100m 01:11.03 39,01 150m 01:56.50 45,47	02:30.25(+65)
11. Bink Elgersma (Zwemlust-den Hommel, 201000137) 50m 00:31.84 31,84 100m 01:09.72 37,88 150m 01:56.91 47,19	02:30.85(+63)
12. Abel op den Velde (De Duinkickers, 201000079) 50m 00:33.00 33,00 100m 01:10.37 37,37 150m 01:59.90 49,53	02:32.20(+77)
13. Matthijs van Velzen (Deltasteur, 201100435) 50m 00:31.62 31,62 100m 01:12.07 40,45 150m 01:58.02 45,95	02:32.25(+61)
14. Sven Casper Hageman (Steenwijk 1934, 201000009) 50m 00:31.37 31,37 100m 01:12.21 40,84 150m 01:57.81 45,60	02:32.71(+66)
15. Mathijs de Wit (KSN (SG), 201001215)	02:32.77(+69)

	50m 00:33.91 33,91	100m 01:12.85 38,94	150m 01:59.30 46,45	
16. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:36.49 36,49	100m 01:16.80 40,31	150m 01:59.61 42,81	02:32.86(+77)
17. Dax van den Nouland (Blue Marlins, 201000071)	50m 00:33.98 33,98	100m 01:13.22 39,24	150m 01:58.45 45,23	02:32.91(+69)
18. Tycho Wienbelt (De Vikings, 201001397)	50m 00:34.02 34,02	100m 01:13.89 39,87	150m 01:58.73 44,84	02:33.75(+77)
19. Franzi Ziegler (DAW, 201100891)	50m 00:30.69 30,69	100m 01:12.35 41,66	150m 01:57.86 45,51	02:34.34(+64)
20. Joey Snabel (ZPC AMERSFOORT, 201002847)	50m 00:32.51 32,51	100m 01:15.59 43,08	150m 02:01.17 45,58	02:34.53(+74)
21. Mathieu Gepkens (VZC, 201000045)	50m 00:35.83 35,83	100m 01:15.35 39,52	150m 01:59.57 44,22	02:35.00(+76)
22. Daan Overmars (OZ&PC, 201100027)	50m 00:33.07 33,07	100m 01:12.46 39,39	150m 02:00.18 47,72	02:35.01(+70)
23. Cayden Malone (De Dolfijn, 201002195)	50m 00:33.16 33,16	100m 01:14.50 41,34	150m 02:01.45 46,95	02:35.04(+65)
24. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:29.42 29,42	100m 01:14.58 45,16	150m 01:58.98 44,40	02:35.11(+70)
25. Oleksandr Hordiienko (De Aalscholver, 201003061)	50m 00:34.85 34,85	100m 01:13.90 39,05	150m 02:00.91 47,01	02:35.28(+67)
26. Nathan Magava (De Dolfijn, 201003067)	50m 00:31.86 31,86	100m 01:12.67 40,81	150m 01:58.21 45,54	02:35.54(+62)
27. Thijn Runia (DZT'62, 201000895)	50m 00:34.24 34,24	100m 01:14.22 39,98	150m 02:00.50 46,28	02:35.58(+72)
28. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:32.31 32,31	100m 01:13.28 40,97	150m 02:00.81 47,53	02:35.59(+75)
29. Kick Germers (SWOL 1894, 201000185)	50m 00:32.65 32,65	100m 01:14.71 42,06	150m 01:59.66 44,95	02:35.93(+75)
30. Laurens van Nulck (Hellas-Glana, 201100521)	50m 00:33.28 33,28	100m 01:15.79 42,51	150m 02:00.51 44,72	02:36.52(+61)
31. Mauro Bedeke (DAW, 201000537)	50m 00:33.19 33,19	100m 01:15.12 41,93	150m 02:01.73 46,61	02:36.77(+64)
32. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:36.14 36,14	100m 01:17.80 41,66	150m 02:02.70 44,90	02:36.79(+67)
33. Sven Potappel (DWK, 201000127)	50m 00:32.90 32,90	100m 01:15.09 42,19	150m 02:00.25 45,16	02:37.47(+75)
34. Kasper Lubbers (Orca, 201100025)	50m 00:36.61 36,61	100m 01:18.16 41,55	150m 02:02.52 44,36	02:37.70(+63)
35. Girish Nolden (Blue Marlins, 201000087)	50m 00:32.23 32,23	100m 01:14.08 41,85	150m 02:02.45 48,37	02:37.85(+69)
36. Douwe Enzerink (Deltasteur, 201102657)	50m 00:33.01 33,01	100m 01:16.08 43,07	150m 02:02.09 46,01	02:37.92(+31)
37. Luca Monster (ZPC Numansdorp, 201100343)	50m 00:32.35 32,35	100m 01:16.40 44,05	150m 02:00.64 44,24	02:37.96(+67)
38. Thijs Jonkman (De Duck, 201000481)	50m 00:33.66 33,66	100m 01:15.70 42,04	150m 02:03.33 47,63	02:38.57(+76)
39. Henry Watson (De Dolfijn, 201001703)	50m 00:32.34 32,34	100m 01:13.25 40,91	150m 02:01.78 48,53	02:38.92(+63)

40. Kris Westerhout (ZZ&PC De Devel, 201000883)				02:39.29(+69)
50m	00:35.24	35,24	100m 01:17.09	41,85
150m	02:03.20	46,11		
41. Baris Tomu (ZPCH, 201000869)				02:39.43(+55)
50m	00:34.82	34,82	100m 01:15.70	40,88
150m	02:05.06	49,36		
42. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)				02:40.63(+57)
50m	00:34.75	34,75	100m 01:19.00	44,25
150m	02:03.64	44,64		
43. Fin Horrocks (Z&PV Nuenen, 201002417)				02:42.24(+68)
50m	00:34.34	34,34	100m 01:17.12	42,78
150m	02:06.17	49,05		
44. Stijn Dijkstra (DZ&PC, 201000279)				02:42.58(+72)
50m	00:35.54	35,54	100m 01:18.14	42,60
150m	02:07.29	49,15		
45. Mees Janssen (DSZ, 201102025)				02:43.92(+66)
50m	00:32.23	32,23	100m 01:15.19	42,96
150m	02:08.12	52,93		
46. Yorre van der Wal (SG Bolsward-Workum, 201000017)				02:44.11(+72)
50m	00:39.23	39,23	100m 01:19.80	40,57
150m	02:07.36	47,56		
47. Lev Rudman (Blue Marlins, 201102343)				02:45.30(+69)
50m	00:33.46	33,46	100m 01:17.65	44,19
150m	02:06.62	48,97		
48. Dax Muijlaert (SG Octopus - ZVV, 201100535)				02:48.18(+59)
50m	00:36.19	36,19	100m 01:20.22	44,03
150m	02:11.48	51,26		
DIS. Alief Jan van der Sluis (PSV, 201003425)				00:00.00(+72)
44. 200m schoolslag - Dames				
11 - 12 jaar (Junioren 1 en 2)				
1. Yill van Bezouw (Hieronymus, 201100704)				02:47.67(+77)
50m	00:37.31	37,31	100m 01:19.87	42,56
150m	02:04.10	44,23		
2. Malin Roozeboom (WVZ, 201100006)				02:52.65(+81)
50m	00:39.84	39,84	100m 01:24.41	44,57
150m	02:09.07	44,66		
3. Meike van der Klugt (WVZ, 201100808)				02:53.61(+89)
50m	00:40.11	40,11	100m 01:24.42	44,31
150m	02:09.69	45,27		
4. Elin Reinstra (TriVia, 201100842)				02:58.86(+72)
50m	00:40.47	40,47	100m 01:26.17	45,70
150m	02:12.46	46,29		
5. Casharell Kraan (Blue Marlins, 201103426)				03:01.33(+64)
50m	00:41.30	41,30	100m 01:27.45	46,15
150m	02:13.99	46,54		
6. Elle van Gemeren (DAW, 201100428)				03:01.51(+82)
50m	00:41.94	41,94	100m 01:28.66	46,72
150m	02:16.02	47,36		
7. Odenza Soselisa (Blue Marlins, 201101780)				03:02.16(+77)
50m	00:41.31	41,31	100m 01:27.37	46,06
150m	02:15.42	48,05		
8. Alaine Dumont (ZV De Watervogels, 201102140)				03:02.26(+68)
50m	00:41.57	41,57	100m 01:27.87	46,30
150m	02:15.67	47,80		
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				03:02.28(+84)
50m	00:41.83	41,83	100m 01:28.09	46,26
150m	02:16.11	48,02		
10. Noa van Zalk (ZPC AMERSFOORT, 201102534)				03:02.90(+69)
50m	00:40.87	40,87	100m 01:27.61	46,74
150m	02:14.83	47,22		
11. Sara Creemers (Hellas-Glana, 201100242)				03:03.37(+68)
50m	00:42.00	42,00	100m 01:28.85	46,85
150m	02:16.75	47,90		
12. Noa Spaans (De Dolfijn, 201100222)				03:05.67(+78)
50m	00:43.65	43,65	100m 01:30.93	47,28
150m	02:18.93	48,00		
13. Anna Lepoutre (PSV, 201100534)				03:05.73(+77)
50m	00:41.71	41,71	100m 01:29.87	48,16
150m	02:18.29	48,42		
14. Lola Verheijen (PSV, 201100832)				03:05.94(+70)
50m	00:42.05	42,05	100m 01:30.26	48,21
150m	02:18.44	48,18		

15. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	50m 00:42.12 42,12	100m 01:30.54 48,42	150m 02:19.79 49,25	03:07.14(+74)
16. Norell Kroeze (ZC Polaris, 201100378)	50m 00:42.42 42,42	100m 01:31.64 49,22	150m 02:20.36 48,72	03:07.63(+76)
17. Vicky Horens (Hellas-Glana, 201200252)	50m 00:42.35 42,35	100m 01:30.51 48,16	150m 02:19.96 49,45	03:07.91(+68)
18. Sarah Förster (Hellas-Glana, 201102682)	50m 00:42.17 42,17	100m 01:31.00 48,83	150m 02:19.73 48,73	03:08.14(+71)
19. Romée Smit (MSV-Zeemacht, 201100438)	50m 00:42.68 42,68	100m 01:31.48 48,80	150m 02:21.62 50,14	03:08.16(+73)
20. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:41.38 41,38	100m 01:28.52 47,14	150m 02:18.40 49,88	03:08.69(+69)
21. Julia Ketelaars (Hellas-Glana, 201200028)	50m 00:43.13 43,13	100m 01:31.50 48,37	150m 02:20.72 49,22	03:08.95(+89)
22. Julia Bannatyne (BZ&PC, 201201020)	50m 00:43.52 43,52	100m 01:32.72 49,20	150m 02:21.16 48,44	03:09.47(+78)
23. Morrison Schram (De Schelde, 201100686)	50m 00:41.81 41,81	100m 01:31.33 49,52	150m 02:21.52 50,19	03:09.51(+81)
24. Milou Filemon (Blue Marlins, 201100078)	50m 00:43.36 43,36	100m 01:31.73 48,37	150m 02:20.77 49,04	03:09.70(+69)
25. Lise Marques (SBC2000, 201101276)	50m 00:44.45 44,45	100m 01:33.41 48,96	150m 02:22.92 49,51	03:10.12(+76)
26. Roubin van Kampen (ZPCH, 201200370)	50m 00:44.44 44,44	100m 01:33.73 49,29	150m 02:22.55 48,82	03:10.55(+91)
27. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:44.29 44,29	100m 01:34.58 50,29	150m 02:24.68 50,10	03:10.65(+80)
28. Esmee Reuver (ZC Polaris, 201100846)	50m 00:44.41 44,41	100m 01:34.16 49,75	150m 02:23.83 49,67	03:11.86(+77)
29. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	50m 00:42.58 42,58	100m 01:32.81 50,23	150m 02:24.14 51,33	03:14.13(+87)
30. Carlijn Dezutter (Scheldestroom, 201100770)	50m 00:44.26 44,26	100m 01:33.78 49,52	150m 02:24.24 50,46	03:14.19(+71)
31. Isabel Amelink (Deltasteur, 201100196)	50m 00:44.99 44,99	100m 01:35.42 50,43	150m 02:26.39 50,97	03:15.87(+67)
32. Elke Kriesels (Hieronymus, 201100898)	50m 00:45.20 45,20	100m 01:35.41 50,21	150m 02:25.88 50,47	03:16.38(+75)
33. Annefleur Schraa (SWOL 1894, 201100044)	50m 00:44.76 44,76	100m 01:35.23 50,47	150m 02:26.53 51,30	03:16.43(+76)
34. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:44.08 44,08	100m 01:34.46 50,38	150m 02:26.54 52,08	03:18.41(+88)
35. Emma van den Berg (VZV Njord, 201100830)	50m 00:45.00 45,00	100m 01:37.05 52,05	150m 02:29.44 52,39	03:19.26(+76)
36. Frédérique Nijziel (PSV, 201103114)	50m 00:43.77 43,77	100m 01:33.31 49,54	150m 02:26.10 52,79	03:19.74(+76)
37. Mattea Gliese-Slooijer (De Dinkel, 201100008)	50m 00:44.43 44,43	100m 01:35.78 51,35	150m 02:27.93 52,15	03:20.23(+67)
38. Esra Simon (Hellas-Glana, 201100004)	50m 00:45.56 45,56	100m 01:36.69 51,13	150m 02:29.44 52,75	03:20.48(+74)
39. Liva van Groningen (WZ&PC Purmerend, 201200280)				03:20.92(+68)

	50m 00:45.39	45,39	100m 01:37.00	51,61	150m 02:30.08	53,08	
40. Noortje Bisperink (ZPC AMERSFOORT, 201100486)							03:24.76(+86)
	50m 00:46.83	46,83	100m 01:39.62	52,79	150m 02:32.65	53,03	
41. Melody Paulussen (De Dolfijn, 201101106)							03:26.48(+77)
	50m 00:48.24	48,24	100m 01:41.25	53,01	150m 02:34.74	53,49	
42. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)							03:27.55(+80)
	50m 00:47.19	47,19	100m 01:41.24	54,05	150m 02:35.16	53,92	
43. Alissa Rooijackers (Z&PV Nuenen, 201101892)							03:28.93(+69)
	50m 00:48.29	48,29	100m 01:42.44	54,15	150m 02:35.95	53,51	
44. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)							03:31.45(+78)
	50m 00:47.17	47,17	100m 01:40.88	53,71	150m 02:36.21	55,33	
45. Simone Brobbel (ZPC Numansdorp, 201200058)							03:34.27(+82)
	50m 00:50.11	50,11	100m 01:45.86	55,75	150m 02:40.50	54,64	
46. Amila Mustafic (DZ&PC, 201200026)							03:43.00(+82)
	50m 00:48.94	48,94	100m 01:46.04	57,10	150m 02:45.31	59,27	
DIS. Valerie Rienties (Zwemsport Parkstad, 201200400)							00:00.00
37. 100m vrije slag - Heren							
<i>14 - 15 jaar (Junioren 3 en 4)</i>							
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099)							00:50.64(+73)
	50m 00:24.43	24,43					
2. Siem de Zeeuw (OZ&PC, 200800013)							00:52.62(+72)
	50m 00:25.23	25,23					
3. Bram ter Braak (De Dinkel, 200800281)							00:53.58(+74)
	50m 00:25.90	25,90					
4. Jones Chuang (PSV, 200801173)							00:53.77(+59)
	50m 00:25.65	25,65					
5. Giulian Janssen (PSV, 200900125)							00:54.54(+61)
	50m 00:25.95	25,95					
6. Bas Mostert (VZC, 200800629)							00:55.12(+73)
	50m 00:26.56	26,56					
7. Mattia Maggio (Hellas-Glana, 200903311)							00:55.13(+64)
	50m 00:25.90	25,90					
8. Felbe van 't Land (ZPC AMERSFOORT, 200900027)							00:55.35(+74)
	50m 00:26.70	26,70					
9. Theodore Allan (PSV, 200902925)							00:55.55(+68)
	50m 00:26.71	26,71					
10. Ruben Baars (DWK, 200900471)							00:56.17(+71)
	50m 00:26.59	26,59					
. Tim Boerefijn (WVZ, 200802815)							
38. 100m vlinderslag - Dames							
<i>13 - 14 jaar (Junioren 3 en 4)</i>							
1. Juliëtte Woltjes (VZC, 200900774)							01:05.02(+78)
	50m 00:30.15	30,15					
2. Elin Ditewig (VZC, 200900392)							01:05.17(+70)
	50m 00:30.47	30,47					
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)							01:06.50(+67)
	50m 00:31.70	31,70					
4. Jasmine Vaartjes (Blue Marlins, 200903658)							01:06.52(+72)
	50m 00:31.08	31,08					

5. Elin Brinkhof (De Dolfijn, 200900078)		01:07.38(+80)
50m 00:31.07 31,07		
6. Tara Langkamp (Aqua-Novio'94, 200900362)		01:07.82(+79)
50m 00:31.61 31,61		
7. Tess Vonk (De Geul, 200900024)		01:08.07(+66)
50m 00:31.61 31,61		
8. Mia Hoeflaken (PSV, 201004108)		01:08.98(+68)
50m 00:32.15 32,15		
9. Isis Verhoeff (De Otters Het Gooi, 200902962)		01:09.99(+83)
50m 00:32.75 32,75		
10. Lotte Lübbers (KSN (SG), 200900190)		01:11.60(+71)
50m 00:32.45 32,45		
. Julia Dąbrowska (Blue Marlins, 201000300)		
. Tereza Boom (PSV, 200904028)		
45. 200m wisselslag - Heren		
14 - 15 jaar (Junioren 3 en 4)		
1. Wytse Broekstra (De Vikings, 200800121)		02:07.20(+76)
50m 00:27.56 27,56 100m 00:59.84 32,28 150m 01:36.43 36,59		
2. Giovanni Phillipson (Team Noord Holland (SG), 200801099)		02:10.20(+73)
50m 00:28.47 28,47 100m 01:00.65 32,18 150m 01:39.99 39,34		
3. Sven Koornstra (De Vikings, 200900189)		02:13.56(+79)
50m 00:29.45 29,45 100m 01:06.19 36,74 150m 01:43.08 36,89		
4. Yarno van Dam (ACZ, 200800115)		02:14.26(+70)
50m 00:27.76 27,76 100m 01:01.74 33,98 150m 01:42.80 41,06		
5. Daniël Wegman (Oceanus, 200802843)		02:17.99(+70)
50m 00:28.56 28,56 100m 01:04.87 36,31 150m 01:45.68 40,81		
6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)		02:18.57(+71)
50m 00:29.32 29,32 100m 01:05.62 36,30 150m 01:47.46 41,84		
7. Rijk Leenders (VZC, 200800627)		02:18.71(+76)
50m 00:29.90 29,90 100m 01:05.40 35,50 150m 01:45.14 39,74		
8. Martijn Nies (PSV, 200902095)		02:18.75(+81)
50m 00:29.69 29,69 100m 01:05.35 35,66 150m 01:48.54 43,19		
9. Jones Chuang (PSV, 200801173)		02:19.05(+62)
50m 00:29.24 29,24 100m 01:04.89 35,65 150m 01:47.05 42,16		
10. Nout Folkersma (PSV, 200800595)		02:19.43(+68)
50m 00:29.26 29,26 100m 01:05.98 36,72 150m 01:46.96 40,98		
11. Jaydey Schonewille (Steenwijk 1934, 200800025)		02:19.70(+79)
50m 00:30.24 30,24 100m 01:05.97 35,73 150m 01:47.54 41,57		
12. Luca Boorsma (De Dolfijn, 200902031)		02:19.86(+58)
50m 00:28.94 28,94 100m 01:05.00 36,06 150m 01:46.60 41,60		
13. Bram ter Braak (De Dinkel, 200800281)		02:19.88(+78)
50m 00:29.48 29,48 100m 01:05.94 36,46 150m 01:48.59 42,65		
14. Tobian Vos (ZPC AMERSFOORT, 200900005)		02:20.04(+75)
50m 00:28.79 28,79 100m 01:04.04 35,25 150m 01:49.46 45,42		
15. Xiaoyu Yin (Blue Marlins, 200803363)		02:20.43(+68)
50m 00:28.25 28,25 100m 01:02.82 34,57 150m 01:47.13 44,31		
16. Diede Veld (HZ&PC Heerenveen, 200800011)		02:20.79(+81)
50m 00:29.60 29,60 100m 01:06.39 36,79 150m 01:49.07 42,68		
17. Jelte de Jong (ZPCH, 200900975)		02:20.84(+75)

	50m 00:29.26 29,26	100m 01:04.76 35,50	150m 01:47.61 42,85	
18. Milan Veelders (De Dinkel, 200800279)				02:21.71(+72)
	50m 00:29.97 29,97	100m 01:04.55 34,58	150m 01:50.27 45,72	
19. Rens Noordover (Team Noord Holland (SG), 200800237)				02:22.40(+74)
	50m 00:30.93 30,93	100m 01:07.91 36,98	150m 01:50.28 42,37	
20. Koen de Vries (MZ&PC De Reest, 200802379)				02:22.51(+68)
	50m 00:29.25 29,25	100m 01:08.43 39,18	150m 01:49.18 40,75	
21. Pieter van Oosten (Blue Marlins, 200903977)				02:23.19(+69)
	50m 00:30.27 30,27	100m 01:07.95 37,68	150m 01:49.92 41,97	
22. Tim Boerefijn (WVZ, 200802815)				02:23.31(+71)
	50m 00:30.50 30,50	100m 01:08.36 37,86	150m 01:52.46 44,10	
23. Filip Piszczynski (KSN (SG), 200802125)				02:23.35(+65)
	50m 00:30.62 30,62	100m 01:07.71 37,09	150m 01:50.16 42,45	
24. Adriaan Coppelmans (AZC, 200903243)				02:23.91(+67)
	50m 00:31.42 31,42	100m 01:10.66 39,24	150m 01:51.88 41,22	
25. Theodore Allan (PSV, 200902925)				02:24.16(+65)
	50m 00:29.93 29,93	100m 01:09.04 39,11	150m 01:52.20 43,16	
26. Liam Diavatopoulos (Aqua-Novio'94, 200802549)				02:24.22(+78)
	50m 00:30.81 30,81	100m 01:09.80 38,99	150m 01:50.21 40,41	
27. Arjan Boogaard (Deltasteur, 200800093)				02:24.62(+68)
	50m 00:30.59 30,59	100m 01:08.60 38,01	150m 01:52.36 43,76	
28. Rian Schoneveld (De Berkelduikers, 200801789)				02:24.79(+69)
	50m 00:28.50 28,50	100m 01:04.85 36,35	150m 01:50.88 46,03	
29. Alexander Griston (De Dolfijn, 200803053)				02:24.80(+65)
	50m 00:30.29 30,29	100m 01:09.85 39,56	150m 01:50.47 40,62	
30. Cruz de Groot (Team Noord Holland (SG), 200801077)				02:24.99(+67)
	50m 00:29.30 29,30	100m 01:08.71 39,41	150m 01:50.70 41,99	
31. Stefan van der Meer (VZC, 200901361)				02:25.16(+69)
	50m 00:31.02 31,02	100m 01:08.80 37,78	150m 01:51.48 42,68	
32. Liam Tjin Wong Joe (De Dolfijn, 200804105)				02:25.22(+66)
	50m 00:29.90 29,90	100m 01:09.36 39,46	150m 01:53.09 43,73	
33. Sverre van der Zwaan (WVZ, 200900737)				02:25.26(+72)
	50m 00:31.10 31,10	100m 01:07.19 36,09	150m 01:51.89 44,70	
34. Fedor Sazonov (PSV, 200900707)				02:25.27(+70)
	50m 00:31.27 31,27	100m 01:09.83 38,56	150m 01:51.44 41,61	
35. Gijs Hartwijk (ZVL-1886, 200800573)				02:25.89(+67)
	50m 00:30.56 30,56	100m 01:08.35 37,79	150m 01:52.51 44,16	
36. Duuk Harms (Dedemsvaart-AC, 200900201)				02:25.94(+75)
	50m 00:31.70 31,70	100m 01:08.21 36,51	150m 01:52.47 44,26	
37. Finn Eghuizen (HZ&PC Heerenveen, 200900431)				02:25.99(+68)
	50m 00:31.15 31,15	100m 01:07.66 36,51	150m 01:54.06 46,40	
38. Job Sportel (De Dinkel, 200800429)				02:26.06(+71)
	50m 00:30.68 30,68	100m 01:10.82 40,14	150m 01:51.41 40,59	
39. Ivo Bot (Wiekslag, 200900509)				02:26.07(+75)
	50m 00:29.58 29,58	100m 01:08.26 38,68	150m 01:52.92 44,66	
40. Brent Schifflers (ZPC Woerden, 200902041)				02:26.21(+76)
	50m 00:30.86 30,86	100m 01:07.77 36,91	150m 01:53.02 45,25	
41. Giulian Janssen (PSV, 200900125)				02:27.06(+66)
	50m 00:30.05 30,05	100m 01:09.74 39,69	150m 01:51.89 42,15	

42. Lucas Schouten (ZPCH, 200901925)				02:27.97(+74)
	50m 00:30.59 30,59	100m 01:09.17 38,58	150m 01:53.83 44,66	
43. Jamie Kenworthy (De Dolfijn, 200800045)				02:28.05(+68)
	50m 00:29.96 29,96	100m 01:08.81 38,85	150m 01:52.35 43,54	
44. Jelle van Mullekom (RZC, 200801267)				02:28.21(+67)
	50m 00:29.42 29,42	100m 01:08.00 38,58	150m 01:53.93 45,93	
45. Finn Stamsnieder (OZ&PC, 200900225)				02:28.23(+80)
	50m 00:31.68 31,68	100m 01:10.14 38,46	150m 01:53.15 43,01	
46. Felix Gepkens (VZC, 200800631)				02:29.05(+82)
	50m 00:30.24 30,24	100m 01:07.07 36,83	150m 01:55.58 48,51	
47. Ruben Baars (DWK, 200900471)				02:29.10(+69)
	50m 00:28.93 28,93	100m 01:12.10 43,17	150m 01:54.15 42,05	
48. Youp Stuijzand (Deltasteur, 200800521)				02:30.64(+66)
	50m 00:32.50 32,50	100m 01:15.07 42,57	150m 01:54.68 39,61	
49. Floris van der Valk (Wiekslag, 200801891)				02:34.06(+68)
	50m 00:30.95 30,95	100m 01:11.70 40,75	150m 01:57.17 45,47	
50. Niek Sonneveld (WVZ, 200802631)				02:36.99(+70)
	50m 00:33.56 33,56	100m 01:10.99 37,43	150m 02:00.03 49,04	
DIS. Jesse Molegraaf (De Haaien, 200800887)				00:00.00
DIS. Bas Mostert (VZC, 200800629)				00:00.00
DIS. Feddo Smink (ZPC AMERSFOORT, 200900007)				00:00.00
46. 200m vrije slag - Dames				
13 - 14 jaar (Junioren 3 en 4)				
1. Juliëtte Woltjes (VZC, 200900774)				02:08.62(+77)
	50m 00:29.63 29,63	100m 01:02.31 32,68	150m 01:36.38 34,07	
2. Fay Boxum (DZ&PC, 200900060)				02:09.39(+78)
	50m 00:29.62 29,62	100m 01:02.53 32,91	150m 01:36.58 34,05	
3. Bregje Dekkers (PSV, 200900746)				02:10.15(+72)
	50m 00:30.85 30,85	100m 01:03.66 32,81	150m 01:36.64 32,98	
4. Fenna Westerneng (DZ&PC, 200900070)				02:10.49(+79)
	50m 00:29.80 29,80	100m 01:03.00 33,20	150m 01:36.63 33,63	
5. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:13.27(+84)
	50m 00:31.33 31,33	100m 01:05.60 34,27	150m 01:40.11 34,51	
6. Madeleine Bertram (De Dolfijn, 200900516)				02:13.53(+78)
	50m 00:30.47 30,47	100m 01:03.83 33,36	150m 01:38.92 35,09	
7. Jasmine Vaartjes (Blue Marlins, 200903658)				02:14.44(+76)
	50m 00:31.19 31,19	100m 01:05.49 34,30	150m 01:40.48 34,99	
8. Anne Engbersen (ZPC AMERSFOORT, 201000044)				02:15.30(+78)
	50m 00:30.22 30,22	100m 01:04.87 34,65	150m 01:40.03 35,16	
9. Chiara Lammertink (ZPC AMERSFOORT, 200902200)				02:15.85(+80)
	50m 00:31.40 31,40	100m 01:05.56 34,16	150m 01:40.65 35,09	
10. Nina van der Schrier (AZC, 201000444)				02:15.92(+73)
	50m 00:30.73 30,73	100m 01:05.36 34,63	150m 01:40.86 35,50	
11. Suuz Griekspoor (Noordwijkerhout, 200901204)				02:16.33(+75)
	50m 00:30.95 30,95	100m 01:05.39 34,44	150m 01:41.60 36,21	
12. Elin Brinkhof (De Dolfijn, 200900078)				02:16.39(+81)
	50m 00:31.99 31,99	100m 01:07.35 35,36	150m 01:42.24 34,89	
13. Jenny Muntinga (ZPCH, 200900450)				02:16.41(+68)
	50m 00:30.76 30,76	100m 01:05.32 34,56	150m 01:40.64 35,32	

14. Luus Gielens (PSV, 200900138)				O2:16.46(+89)
50m	00:31.71	31,71	100m 01:06.72 35,01	150m 01:42.11 35,39
15. Simone Faber (Deltasteur, 200900710)				O2:17.79(+76)
50m	00:31.93	31,93	100m 01:07.53 35,60	150m 01:43.95 36,42
16. Carla Moreno Palacios (De Dolfijn, 201002302)				O2:18.18(+67)
50m	00:31.17	31,17	100m 01:06.42 35,25	150m 01:41.92 35,50
17. Charlotte Landman (ESCA Zwemmen, 200901290)				O2:18.24(+76)
50m	00:31.50	31,50	100m 01:06.74 35,24	150m 01:42.87 36,13
18. Dewi Meijer (De Dolfijn, 201000302)				O2:18.72(+77)
50m	00:31.56	31,56	100m 01:06.71 35,15	150m 01:42.66 35,95
19. Tess van de Steeg (WVZ, 201000016)				O2:19.14(+76)
50m	00:32.48	32,48	100m 01:08.40 35,92	150m 01:43.45 35,05
20. Mijke Ouderkerken (Blue Marlins, 200901254)				O2:19.19(+75)
50m	00:32.24	32,24	100m 01:07.25 35,01	150m 01:43.39 36,14
21. Ece Öngören (Blue Marlins, 200903862)				O2:19.31(+71)
50m	00:32.02	32,02	100m 01:06.96 34,94	150m 01:42.84 35,88
21. Kinley Cole (PSV, 200903696)				O2:19.31(+71)
50m	00:32.06	32,06	100m 01:06.97 34,91	150m 01:44.14 37,17
23. Paula Spans (ZPC AMERSFOORT, 201000064)				O2:19.50(+80)
50m	00:31.68	31,68	100m 01:06.82 35,14	150m 01:42.98 36,16
24. Nina Tetteroo (De Columbiaan, 201000048)				O2:19.58(+74)
50m	00:31.88	31,88	100m 01:06.91 35,03	150m 01:43.48 36,57
25. Sterre Dietvorst (ZPC AMERSFOORT, 200900726)				O2:19.60(+80)
50m	00:31.14	31,14	100m 01:06.62 35,48	150m 01:43.53 36,91
26. Mariia Kostina (Blue Marlins, 201002042)				O2:19.62(+78)
50m	00:32.24	32,24	100m 01:08.15 35,91	150m 01:44.68 36,53
27. Tara Langkamp (Aqua-Novio'94, 200900362)				O2:20.08(+71)
50m	00:31.57	31,57	100m 01:07.89 36,32	150m 01:44.36 36,47
27. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				O2:20.08(+76)
50m	00:31.89	31,89	100m 01:07.45 35,56	150m 01:43.86 36,41
29. Djelaysa Buunk (Z&PC De Zeeuwse Kust, 200900536)				O2:20.14(+75)
50m	00:31.76	31,76	100m 01:07.31 35,55	150m 01:44.12 36,81
30. Erin de Jong (GZC DONK, 201000024)				O2:20.21(+81)
50m	00:31.83	31,83	100m 01:07.39 35,56	150m 01:44.07 36,68
31. Ilse Jongepier (Thor, 201000006)				O2:20.54(+70)
50m	00:31.91	31,91	100m 01:07.75 35,84	150m 01:44.49 36,74
32. Tess Vonk (De Geul, 200900024)				O2:20.85(+67)
50m	00:32.19	32,19	100m 01:08.58 36,39	150m 01:44.86 36,28
33. Marre van der Wal (SG Bolsward-Workum, 201000046)				O2:20.94(+68)
50m	00:32.63	32,63	100m 01:08.26 35,63	150m 01:45.27 37,01
34. Amber Kunst (DAW, 200900680)				O2:21.30(+66)
50m	00:32.30	32,30	100m 01:08.20 35,90	150m 01:45.06 36,86
35. Lotte Lübbers (KSN (SG), 200900190)				O2:21.35(+72)
50m	00:32.85	32,85	100m 01:08.81 35,96	150m 01:46.22 37,41
36. Wieke Dekker (De Dolfijn, 201002020)				O2:21.94(+75)
50m	00:32.32	32,32	100m 01:08.72 36,40	150m 01:45.81 37,09
37. Jaydee Leenders (Aqua-Novio'94, 200900112)				O2:22.59(+70)
50m	00:31.81	31,81	100m 01:07.88 36,07	150m 01:45.05 37,17

38. Flo Streep (DAW, 200900676)	50m 00:31.78 31,78	100m 01:08.54 36,76	150m 01:46.39 37,85	02:22.83(+73)
39. Karlijn Siderius (DWK, 200900032)	50m 00:33.66 33,66	100m 01:09.79 36,13	150m 01:47.47 37,68	02:23.15(+81)
40. Puck van Wees (De Dolfijn, 200901020)	50m 00:32.38 32,38	100m 01:08.51 36,13	150m 01:46.49 37,98	02:23.94(+70)
41. Gabrielle Johannes Maduro (Blue Marlins, 201003492)	50m 00:32.30 32,30	100m 01:09.12 36,82	150m 01:48.48 39,36	02:24.52(+64)
42. Myla Klaassen (Aqua-Novio'94, 200900110)	50m 00:32.74 32,74	100m 01:10.16 37,42	150m 01:47.99 37,83	02:26.06(+64)
47. 100m vlinderslag - Heren 12 - 13 jaar (Junioren 1 en 2)				
1. Nick Vodde (AZ&PC De Futen, 201002211)	50m 00:28.62 28,62			01:02.08(+73)
2. Myron Artemenko (Niemo Barracuda, 201003021)	50m 00:29.22 29,22			01:02.88(+69)
3. Evren Ege Orcunus (De Dolfijn, 201003253)	50m 00:30.72 30,72			01:04.67(+68)
4. Max van der Spank (Hieronymus, 201000275)	50m 00:30.53 30,53			01:05.11(+67)
5. Ilias Hamdouch (Wahoo Swimming, 201003617)	50m 00:30.56 30,56			01:06.00(+61)
6. Ruben Kragt (Dedemsvaart-AC, 201000007)	50m 00:30.71 30,71			01:06.02(+62)
7. Franzi Ziegler (DAW, 201100891)	50m 00:30.55 30,55			01:06.69(+68)
8. Eli Shields (Niemo Barracuda, 201000407)	50m 00:31.27 31,27			01:06.92(+68)
9. Gwee Bokma (Zwemlust-den Hommel, 201002259)	50m 00:30.37 30,37			01:07.37(+74)
10. Girish Nolden (Blue Marlins, 201000087)	50m 00:31.75 31,75			01:07.53(+67)
11. Nathan Magava (De Dolfijn, 201003067)	50m 00:31.31 31,31			01:07.92(+61)
12. Sven Potappel (DWK, 201000127)	50m 00:31.05 31,05			01:07.95(+71)
13. Mees Janssen (DSZ, 201102025)	50m 00:31.88 31,88			01:09.36(+66)
14. Nils Bellert (SG Octopus - ZVV, 201100347)	50m 00:32.04 32,04			01:09.49(+75)
15. Thijmen Pruijssers (Hieronymus, 201000129)	50m 00:32.01 32,01			01:09.61(+67)
16. Bink Elgersma (Zwemlust-den Hommel, 201000137)	50m 00:32.35 32,35			01:10.87(+64)
17. Matthijs van Velzen (Deltasteur, 201100435)	50m 00:31.67 31,67			01:10.91(+65)
18. Alief Jan van der Sluis (PSV, 201003425)	50m 00:33.82 33,82			01:11.09(+73)
19. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:32.10 32,10			01:11.14(+69)

20. Henry Watson (De Dolfijn, 201001703) 50m 00:32.36 32,36	01:11.62(+64)
21. Lev Rudman (Blue Marlins, 201102343) 50m 00:32.87 32,87	01:12.27(+68)
22. Mauro Bedeke (DAW, 201000537) 50m 00:32.97 32,97	01:12.39(+66)
23. Duco de Gelder (Blue Marlins, 201000217) 50m 00:32.49 32,49	01:12.53(+68)
24. Thijn Runia (DZT'62, 201000895) 50m 00:33.07 33,07	01:12.54(+71)
25. Abel op den Velde (De Duinkickers, 201000079) 50m 00:33.05 33,05	01:12.81(+74)
26. Douwe Enzerink (Deltasteur, 201102657) 50m 00:33.61 33,61	01:12.91(+64)
27. Joey Snabel (ZPC AMERSFOORT, 201002847) 50m 00:33.07 33,07	01:13.39(+73)
28. Thijs Jonkman (De Duck, 201000481) 50m 00:33.27 33,27	01:14.09(+76)
29. Tycho Wienbelt (De Vikings, 201001397) 50m 00:34.23 34,23	01:14.12(+63)
30. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:34.95 34,95	01:14.14(+69)
31. Dax van den Nouland (Blue Marlins, 201000071) 50m 00:34.92 34,92	01:14.52(+70)
32. Daan Overmars (OZ&PC, 201100027) 50m 00:33.69 33,69	01:14.83(+70)
33. Kick Germers (SWOL 1894, 201000185) 50m 00:33.90 33,90	01:15.04(+78)
34. Ramon Vos (ZPC Hoogeveen, 201100051) 50m 00:33.04 33,04	01:15.08(+64)
35. Baris Tomu (ZPCH, 201000869) 50m 00:34.06 34,06	01:15.49(+67)
36. Laurens van Nulck (Hellas-Glana, 201100521) 50m 00:34.39 34,39	01:15.54(+73)
37. Cayden Malone (De Dolfijn, 201002195) 50m 00:34.28 34,28	01:15.72(+70)
38. Mathijs de Wit (KSN (SG), 201001215) 50m 00:34.35 34,35	01:16.50(+74)
39. Oleksandr Hordiienko (De Aalscholver, 201003061) 50m 00:34.18 34,18	01:16.79(+67)
40. Luca Monster (ZPC Numansdorp, 201100343) 50m 00:34.16 34,16	01:17.60(+69)
41. Kasper Lubbers (Orca, 201100025) 50m 00:36.76 36,76	01:19.56(+62)
42. Kris Westerhout (ZZ&PC De Devel, 201000883) 50m 00:35.66 35,66	01:19.84(+67)
43. Mathieu Gepkens (VZC, 201000045) 50m 00:36.49 36,49	01:22.27(+81)
44. Dax Muijlaert (SG Octopus - ZVV, 201100535)	01:23.48(+71)

	50m 00:37.86 37,86	
45. Mattias Stolk (HZ&PC Heerenveen, 201000525)	50m 00:37.14 37,14	01:25.64(+71)
46. Yorre van der Wal (SG Bolsward-Workum, 201000017)	50m 00:38.86 38,86	01:26.90(+71)
47. Mathijs Boersma (ZPC Hoogeveen, 201000313)	50m 00:38.84 38,84	01:28.15(+85)
DIS. Stijn Dijkstra (DZ&PC, 201000279)		00:00.00
DIS. Fin Horrocks (Z&PV Nuenen, 201002417)		00:00.00
48. 100m vrije slag - Dames		
11 - 12 jaar (Junioren 1 en 2)		
1. Lola Verheijen (PSV, 201100832)	50m 00:29.73 29,73	01:00.90(+64)
2. Frédérique Nijziel (PSV, 201103114)	50m 00:29.43 29,43	01:01.44(+71)
3. Malin Roozeboom (WVZ, 201100006)	50m 00:29.76 29,76	01:01.47(+73)
4. Anna Lepoutre (PSV, 201100534)	50m 00:30.02 30,02	01:01.49(+73)
5. Yill van Bezouw (Hieronymus, 201100704)	50m 00:29.87 29,87	01:01.70(+73)
6. Elin Reinstra (TriVia, 201100842)	50m 00:31.20 31,20	01:04.10(+79)
7. Casharell Kraan (Blue Marlins, 201103426)	50m 00:31.02 31,02	01:04.20(+65)
8. Romée Smit (MSV-Zeemacht, 201100438)	50m 00:30.57 30,57	01:04.29(+70)
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:31.38 31,38	01:04.58(+77)
10. Noa van Zalk (ZPC AMERSFOORT, 201102534)	50m 00:31.03 31,03	01:04.77(+48)
11. Milou Filemon (Blue Marlins, 201100078)	50m 00:31.77 31,77	01:05.00(+69)
12. Sterre de Veen (Hellas-Glana, 201100086)	50m 00:31.61 31,61	01:05.50(+68)
13. Odenza Soselisa (Blue Marlins, 201101780)	50m 00:32.05 32,05	01:05.60(+77)
14. Rozalia Diederiks (ZVL-1886, 201100904)	50m 00:32.14 32,14	01:05.64(+82)
15. Norell Kroeze (ZC Polaris, 201100378)	50m 00:32.03 32,03	01:05.81(+74)
16. Elke Kriesels (Hieronymus, 201100898)	50m 00:31.96 31,96	01:05.98(+81)
17. Amila Mustafic (DZ&PC, 201200026)	50m 00:31.38 31,38	01:06.19(+74)
18. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:32.50 32,50	01:06.69(+80)
19. Julia Bannatyne (BZ&PC, 201201020)	50m 00:32.33 32,33	01:06.71(+77)

20. Isabel Amelink (Deltasteur, 201100196)	01:06.84
50m 00:31.86 31,86	
21. Alaine Dumont (ZV De Watervogels, 201102140)	01:06.88(+68)
50m 00:33.08 33,08	
22. Mette Hogenhuis (Zwemlust-den Hommel, 201101254)	01:06.92(+83)
50m 00:31.62 31,62	
23. Mattea Gliese-Slooijer (De Dinkel, 201100008)	01:06.93(+73)
50m 00:32.28 32,28	
24. Julia Ketelaars (Hellas-Glana, 201200028)	01:07.06(+69)
50m 00:32.54 32,54	
25. Hanna Heller (ZPC AMERSFOORT, 201102730)	01:07.58(+89)
50m 00:32.94 32,94	
26. Emma van den Berg (VZV Njord, 201100830)	01:07.65(+75)
50m 00:32.82 32,82	
27. Alissa Rooijackers (Z&PV Nuenen, 201101892)	01:07.74(+59)
50m 00:32.33 32,33	
28. Emy Meuleners (SG Patrick - De Roersoppers, 201200012)	01:08.20(+79)
50m 00:33.68 33,68	
29. Melody Paulussen (De Dolfijn, 201101106)	01:08.57(+75)
50m 00:32.97 32,97	
30. Sarah Förster (Hellas-Glana, 201102682)	01:08.63(+69)
50m 00:32.80 32,80	
31. Annefleur Schraa (SWOL 1894, 201100044)	01:08.67(+75)
50m 00:33.25 33,25	
32. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	01:09.01(+79)
50m 00:32.94 32,94	
33. Meike van der Klugt (WVZ, 201100808)	01:09.33(+90)
50m 00:33.28 33,28	
34. Roubin van Kampen (ZPCH, 201200370)	01:09.47(+68)
50m 00:33.34 33,34	
35. Morrison Schram (De Schelde, 201100686)	01:09.49(+80)
50m 00:33.88 33,88	
36. Carlijn Dezutter (Scheldestroom, 201100770)	01:09.63(+72)
50m 00:33.16 33,16	
37. Noa Spaans (De Dolfijn, 201100222)	01:09.65(+74)
50m 00:32.91 32,91	
38. Esmee Reuver (ZC Polaris, 201100846)	01:09.89(+75)
50m 00:33.09 33,09	
39. Lobke Hempenius (HZ&PC Heerenveen, 201100522)	01:10.18(+75)
50m 00:33.21 33,21	
40. Simone Brobbel (ZPC Numansdorp, 201200058)	01:10.55(+79)
50m 00:33.29 33,29	
41. Esra Simon (Hellas-Glana, 201100004)	01:10.81(+65)
50m 00:34.19 34,19	
42. Lise Markes (SBC2000, 201101276)	01:11.31(+82)
50m 00:34.70 34,70	
43. Vicky Horens (Hellas-Glana, 201200252)	01:11.38(+67)
50m 00:34.57 34,57	
44. Valerie Rienties (Zwemsport Parkstad, 201200400)	01:12.64(+69)

50m 00:34.33 34,33

45. Liva van Groningen (WZ&PC Purmerend, 201200280)									01:12.66(+72)
	50m	00:34.87	34,87						
46. Elle van Gemeren (DAW, 201100428)									01:13.31(+78)
	50m	00:34.77	34,77						
47. Sara Creemers (Hellas-Glana, 201100242)									01:14.98(+60)
	50m	00:35.62	35,62						
49. 4x100m vrije slag heren									
12 - 15 jaar (Junioren)									
1. Team Noord Holland (SG)									03:37.04
Rens Noordover 2008 (+78)	50m	00:26.89	26,89						
Rens Noordover 2008 (+78)	100m	00:55.99	29,10						
Suraj Baladurage 2008 (+11)	150m	01:21.86	25,87						
Suraj Baladurage 2008 (+11)	200m	01:51.00	29,14						
Willem Weustink 2008 (+24)	250m	02:17.08	26,08						
Willem Weustink 2008 (+24)	300m	02:45.89	28,81						
Giovanni Phillipson 2008 (+54)	350m	03:10.22	24,33						
Giovanni Phillipson 2008 (+54)	400m	03:37.04	26,82						
2. PSV									03:41.11
Giulian Janssen 2009 (+65)	50m	00:26.52	26,52						
Giulian Janssen 2009 (+65)	100m	00:55.14	28,62						
Theodore Allan 2009 (+31)	150m	01:21.53	26,39						
Theodore Allan 2009 (+31)	200m	01:50.34	28,81						
Nout Folkersma 2008 (+40)	250m	02:16.74	26,40						
Nout Folkersma 2008 (+40)	300m	02:46.62	29,88						
Jones Chuang 2008 (+53)	350m	03:12.54	25,92						
Jones Chuang 2008 (+53)	400m	03:41.11	28,57						
3. ZPC AMERSFOORT									03:44.08
Felbe van 't Land 2009 (+73)	50m	00:26.92	26,92						
Felbe van 't Land 2009 (+73)	100m	00:55.84	28,92						
Xander Kragting 2009 (+50)	150m	01:23.31	27,47						
Xander Kragting 2009 (+50)	200m	01:53.19	29,88						
Feddo Smink 2009 (+47)	250m	02:19.84	26,65						
Feddo Smink 2009 (+47)	300m	02:49.60	29,76						
Tobian Vos 2009 (+30)	350m	03:15.86	26,26						
Tobian Vos 2009 (+30)	400m	03:44.08	28,22						
4. Blue Marlins									03:44.56
Pieter van Oosten 2009 (+69)	50m	00:26.95	26,95						
Pieter van Oosten 2009 (+69)	100m	00:56.98	30,03						
Aditya Winterberg 2008 (+40)	150m	01:24.93	27,95						
Aditya Winterberg 2008 (+40)	200m	01:55.26	30,33						
Xiaoyu Yin 2008 (+31)	250m	02:21.77	26,51						
Xiaoyu Yin 2008 (+31)	300m	02:51.74	29,97						
Kaan Sudak 2008 (+30)	350m	03:16.74	25,00						
Kaan Sudak 2008 (+30)	400m	03:44.56	27,82						
5. OZ&PC									03:45.73
Siem de Zeeuw 2008 (+68)	50m	00:25.21	25,21						
Siem de Zeeuw 2008 (+68)	100m	00:52.97	27,76						
Finn Stamsnieder 2009 (+48)	150m	01:21.57	28,60						
Finn Stamsnieder 2009 (+48)	200m	01:52.59	31,02						
Bjorn Scholten 2008 (+54)	250m	02:19.43	26,84						
Bjorn Scholten 2008 (+54)	300m	02:49.46	30,03						
Teun Overmars 2008 (+44)	350m	03:16.17	26,71						
Teun Overmars 2008 (+44)	400m	03:45.73	29,56						
6. HZ&PC Heerenveen									03:52.88
Tije Hempenius 2009 (+73)	50m	00:29.14	29,14						
Tije Hempenius 2009 (+73)	100m	01:02.29	33,15						
Gijs Koehoorn 2008 (+23)	150m	01:29.16	26,87						
Gijs Koehoorn 2008 (+23)	200m	01:59.45	30,29						
Diede Veld 2008 (+41)	250m	02:26.45	27,00						

Diede Veld 2008 (+41)	300m	02:56.03	29,58	
Finn Eghuizen 2009 (+31)	350m	03:23.25	27,22	
Finn Eghuizen 2009 (+31)	400m	03:52.88	29,63	
7. Blue Marlins				03:56.35
Fabian Riedijk 2008 (+79)	50m	00:28.13	28,13	
Fabian Riedijk 2008 (+79)	100m	00:59.03	30,90	
Aidan van der Stelt 2009 (+50)	150m	01:27.66	28,63	
Aidan van der Stelt 2009 (+50)	200m	01:58.89	31,23	
Alexander van der Maaten 2009 (+55)	250m	02:27.81	28,92	
Alexander van der Maaten 2009 (+55)	300m	02:58.82	31,01	
Thygo van de Peppel 2009 (+35)	350m	03:26.32	27,50	
Thygo van de Peppel 2009 (+35)	400m	03:56.35	30,03	
8. VZC				03:56.44
Bas Mostert 2008 (+72)	50m	00:27.51	27,51	
Bas Mostert 2008 (+72)	100m	00:56.60	29,09	
Stefan van der Meer 2009 (+23)	150m	01:25.52	28,92	
Stefan van der Meer 2009 (+23)	200m	01:56.91	31,39	
Rijk Leenders 2008 (+44)	250m	02:26.28	29,37	
Rijk Leenders 2008 (+44)	300m	02:57.64	31,36	
Felix Gepkens 2008 (+50)	350m	03:25.53	27,89	
Felix Gepkens 2008 (+50)	400m	03:56.44	30,91	
9. Aqua-Novio'94				03:57.06
Wessel van Dorst 2009 (+70)	50m	00:28.12	28,12	
Wessel van Dorst 2009 (+70)	100m	00:59.28	31,16	
Mink Hugen 2008 (+43)	150m	01:27.82	28,54	
Mink Hugen 2008 (+43)	200m	01:59.31	31,49	
Tim Brouwer 2008 (+34)	250m	02:27.47	28,16	
Tim Brouwer 2008 (+34)	300m	02:58.80	31,33	
Liam Diavatopoulos 2008 (+59)	350m	03:26.69	27,89	
Liam Diavatopoulos 2008 (+59)	400m	03:57.06	30,37	
10. WVZ				03:57.30
Sverre van der Zwaan 2009 (+59)	50m	00:28.37	28,37	
Sverre van der Zwaan 2009 (+59)	100m	00:59.54	31,17	
Sven Mulder 2009 (+31)	150m	01:28.32	28,78	
Sven Mulder 2009 (+31)	200m	02:00.34	32,02	
Niek Sonneveld 2008 (+50)	250m	02:29.67	29,33	
Niek Sonneveld 2008 (+50)	300m	03:01.56	31,89	
Tim Boerefijn 2008 (+45)	350m	03:28.20	26,64	
Tim Boerefijn 2008 (+45)	400m	03:57.30	29,10	
11. Deltasteur				03:57.79
Niek Endeman 2009 (+72)	50m	00:28.59	28,59	
Niek Endeman 2009 (+72)	100m	01:01.06	32,47	
Youp Stuijzand 2008 (+57)	150m	01:29.43	28,37	
Youp Stuijzand 2008 (+57)	200m	02:00.80	31,37	
Hessel Penninkhof 2008 (+33)	250m	02:28.69	27,89	
Hessel Penninkhof 2008 (+33)	300m	03:00.66	31,97	
Arjan Boogaard 2008 (+53)	350m	03:28.20	27,54	
Arjan Boogaard 2008 (+53)	400m	03:57.79	29,59	
12. PSV				03:57.82
Martijn Nies 2009 (+79)	50m	00:27.37	27,37	
Martijn Nies 2009 (+79)	100m	00:56.23	28,86	
Davi Fonseca Gomes 2009 (+59)	150m	01:25.36	29,13	
Davi Fonseca Gomes 2009 (+59)	200m	01:56.88	31,52	
Alief Jan van der Sluis 2010 (+73)	250m	02:26.50	29,62	
Alief Jan van der Sluis 2010 (+73)	300m	02:58.57	32,07	
Fedor Sazonov 2009 (+12)	350m	03:26.55	27,98	
Fedor Sazonov 2009 (+12)	400m	03:57.82	31,27	
13. Team Noord Holland (SG)				03:58.10
Sven Bakker 2009 (+75)	50m	00:28.36	28,36	
Sven Bakker 2009 (+75)	100m	00:59.33	30,97	
Luca de Vries 2009 (+30)	150m	01:28.76	29,43	
Luca de Vries 2009 (+30)	200m	02:01.63	32,87	

Ties Hesse 2009 (+36)	250m	02:29.65	28,02	
Ties Hesse 2009 (+36)	300m	03:00.11	30,46	
Cruz de Groot 2008 (+42)	350m	03:27.53	27,42	
Cruz de Groot 2008 (+42)	400m	03:58.10	30,57	
14. ZPCH				03:59.64
Lucas Schouten 2009 (+78)	50m	00:29.28	29,28	
Lucas Schouten 2009 (+78)	100m	01:00.96	31,68	
Figó van Duuren 2008 (+59)	150m	01:29.26	28,30	
Figó van Duuren 2008 (+59)	200m	01:59.97	30,71	
Baris Tomu 2010 (+40)	250m	02:29.23	29,26	
Baris Tomu 2010 (+40)	300m	03:01.71	32,48	
Jelte de Jong 2009 (+42)	350m	03:29.50	27,79	
Jelte de Jong 2009 (+42)	400m	03:59.64	30,14	
15. ZPC Hoogeveen				03:59.90
Gerjan Berends 2009 (+70)	50m	00:27.97	27,97	
Gerjan Berends 2009 (+70)	100m	00:59.67	31,70	
Ramon Vos 2011 (+50)	150m	01:27.86	28,19	
Ramon Vos 2011 (+50)	200m	01:59.38	31,52	
Mathijs Boersma 2010 (+53)	250m	02:27.40	28,02	
Mathijs Boersma 2010 (+53)	300m	02:59.36	31,96	
Daequan Ramos 2009 (+34)	350m	03:27.57	28,21	
Daequan Ramos 2009 (+34)	400m	03:59.90	32,33	
16. Hellas-Glana				04:02.35
Mattia Maggio 2009 (+63)	50m	00:26.42	26,42	
Mattia Maggio 2009 (+63)	100m	00:56.00	29,58	
Jannick van Eeghem 2008 (+55)	150m	01:23.95	27,95	
Jannick van Eeghem 2008 (+55)	200m	01:55.37	31,42	
Joris Willemse 2008 (+26)	250m	02:25.03	29,66	
Joris Willemse 2008 (+26)	300m	02:59.92	34,89	
Cas Heylighen 2009 (+44)	350m	03:29.10	29,18	
Cas Heylighen 2009 (+44)	400m	04:02.35	33,25	
17. Dedemsvaart-AC				04:02.40
Ruben Nooter 2009 (+60)	50m	00:27.35	27,35	
Ruben Nooter 2009 (+60)	100m	00:58.78	31,43	
Ruben Kragt 2010 (+55)	150m	01:27.90	29,12	
Ruben Kragt 2010 (+55)	200m	02:00.57	32,67	
Duuk Harms 2009 (+38)	250m	02:29.49	28,92	
Duuk Harms 2009 (+38)	300m	03:02.21	32,72	
Mart Tempelman 2008 (+42)	350m	03:30.08	27,87	
Mart Tempelman 2008 (+42)	400m	04:02.40	32,32	
18. De Dolfijn				04:09.85
Finn Hilders 2009 (+57)	50m	00:28.88	28,88	
Finn Hilders 2009 (+57)	100m	01:00.68	31,80	
Henry Watson 2010 (+54)	150m	01:30.61	29,93	
Henry Watson 2010 (+54)	200m	02:03.98	33,37	
Jamie Kenworthy 2008 (+30)	250m	02:32.55	28,57	
Jamie Kenworthy 2008 (+30)	300m	03:05.79	33,24	
Cayden Malone 2010 (+96)	350m	03:35.11	29,32	
Cayden Malone 2010 (+96)	400m	04:09.85	34,74	
19. HZ&PC Heerenveen				04:21.17
Victor de Haan 2010 (+78)	50m	00:30.91	30,91	
Victor de Haan 2010 (+78)	100m	01:04.69	33,78	
Mattias Stolk 2010 (+25)	150m	01:35.45	30,76	
Mattias Stolk 2010 (+25)	200m	02:10.19	34,74	
Jorick Johannes 2010 (+58)	250m	02:40.66	30,47	
Jorick Johannes 2010 (+58)	300m	03:14.79	34,13	
Robin Mintjes 2010 (+36)	350m	03:46.71	31,92	
Robin Mintjes 2010 (+36)	400m	04:21.17	34,46	
DIS. De Dolfijn				00:00.00
Luca Boorsma 2009 (+62)	50m	00:27.68	27,68	
Luca Boorsma 2009 (+62)	100m	00:57.98	30,30	
Evren Ege Orcunus 2010 (+29)	150m	01:26.89	28,91	

Evren Ege Orcunus 2010 (+29) 200m 01:58.89 32,00
Liam Tjin Wong Joe 2008 (-8) 400m 00:00.00 -118,89

50. 4x100m wisselslag dames Junioren

11 - 14 jaar (Junioren 4 en jonger)

1. ZPC AMERSFOORT

04:33.02

Senna Rijnbeek 2009 (+70) 50m 00:34.96 34,96
Senna Rijnbeek 2009 (+70) 100m 01:10.29 35,33
Paula Spans 2010 (+63) 150m 01:44.96 34,67
Paula Spans 2010 (+63) 200m 02:24.84 39,88
Fenne Metten 2010 (+54) 250m 02:56.69 31,85
Fenne Metten 2010 (+54) 300m 03:33.29 36,60
Anne Engbersen 2010 (+51) 350m 04:01.85 28,56
Anne Engbersen 2010 (+51) 400m 04:33.02 31,17

2. PSV

04:33.26

Fenna Zusterzeel 2010 (+55) 50m 00:33.71 33,71
Fenna Zusterzeel 2010 (+55) 100m 01:09.56 35,85
Michelle van Hemert 2009 (+45) 150m 01:45.30 35,74
Michelle van Hemert 2009 (+45) 200m 02:26.32 41,02
Frédérique Nijziel 2011 (+55) 250m 02:56.60 30,28
Frédérique Nijziel 2011 (+55) 300m 03:33.27 36,67
Kinley Cole 2009 (+29) 350m 04:02.35 29,08
Kinley Cole 2009 (+29) 400m 04:33.26 30,91

3. PSV

04:38.56

Tereza Boom 2009 (+55) 50m 00:32.42 32,42
Tereza Boom 2009 (+55) 100m 01:07.88 35,46
Mia Hoeflaken 2010 (+32) 150m 01:44.16 36,28
Mia Hoeflaken 2010 (+32) 200m 02:26.17 42,01
Lola Verheijen 2011 (+34) 250m 02:58.28 32,11
Lola Verheijen 2011 (+34) 300m 03:36.89 38,61
Luus Gielens 2009 (+55) 350m 04:06.49 29,60
Luus Gielens 2009 (+55) 400m 04:38.56 32,07

4. De Dolfijn

04:41.89

Madeleine Bertram 2009 (+61) 50m 00:34.21 34,21
Madeleine Bertram 2009 (+61) 100m 01:10.48 36,27
Carla Moreno Palacios 2010 (+54) 150m 01:47.72 37,24
Carla Moreno Palacios 2010 (+54) 200m 02:29.25 41,53
Elin Brinkhof 2009 (+62) 250m 03:01.64 32,39
Elin Brinkhof 2009 (+62) 300m 03:39.59 37,95
Dewi Meijer 2010 (+49) 350m 04:09.57 29,98
Dewi Meijer 2010 (+49) 400m 04:41.89 32,32

5. Blue Marlins

04:43.70

Ece Öngören 2009 (+66) 50m 00:34.02 34,02
Ece Öngören 2009 (+66) 100m 01:11.10 37,08
Eefje van Hinsbergen 2010 (+42) 150m 01:47.04 35,94
Eefje van Hinsbergen 2010 (+42) 200m 02:31.06 44,02
Jasmine Vaartjes 2009 (+49) 250m 03:02.29 31,23
Jasmine Vaartjes 2009 (+49) 300m 03:39.21 36,92
Fleur van den Eijk 2009 (+55) 350m 04:09.52 30,31
Fleur van den Eijk 2009 (+55) 400m 04:43.70 34,18

6. WVZ

04:47.00

Malin Roozeboom 2011 (+72) 50m 00:33.69 33,69
Malin Roozeboom 2011 (+72) 100m 01:09.33 35,64
Jessica Johnstone 2010 (+40) 150m 01:47.14 37,81
Jessica Johnstone 2010 (+40) 200m 02:29.34 42,20
Anouk Steller 2010 (+42) 250m 03:02.29 32,95
Anouk Steller 2010 (+42) 300m 03:42.07 39,78
Tess van de Steeg 2010 (+33) 350m 04:12.34 30,27
Tess van de Steeg 2010 (+33) 400m 04:47.00 34,66

7. DWK

04:48.03

Tessa van Beek 2010 (+67) 50m 00:34.97 34,97
Tessa van Beek 2010 (+67) 100m 01:11.95 36,98
Fenne de Vogt 2009 (+47) 150m 01:48.62 36,67

Fenne de Vogt 2009 (+47)	200m	02:32.99	44,37	
Lili Oosting 2009 (+51)	250m	03:06.28	33,29	
Lili Oosting 2009 (+51)	300m	03:42.92	36,64	
Elin Baars 2010 (+77)	350m	04:14.00	31,08	
Elin Baars 2010 (+77)	400m	04:48.03	34,03	
8. Aqua-Novio'94				04:50.07
Myla Klaassen 2009 (+57)	50m	00:34.68	34,68	
Myla Klaassen 2009 (+57)	100m	01:12.13	37,45	
Tara Langkamp 2009 (+34)	150m	01:48.64	36,51	
Tara Langkamp 2009 (+34)	200m	02:33.99	45,35	
Caitlin Sülter 2009 (+55)	250m	03:05.41	31,42	
Caitlin Sülter 2009 (+55)	300m	03:46.61	41,20	
Jaydee Leenders 2009 (+29)	350m	04:16.85	30,24	
Jaydee Leenders 2009 (+29)	400m	04:50.07	33,22	
9. Blue Marlins				04:50.81
Julia Dąbrowska 2010 (+71)	50m	00:34.42	34,42	
Julia Dąbrowska 2010 (+71)	100m	01:11.71	37,29	
Mijke Ouderkerken 2009 (+25)	150m	01:50.41	38,70	
Mijke Ouderkerken 2009 (+25)	200m	02:33.53	43,12	
Mariia Kostina 2010 (+51)	250m	03:05.57	32,04	
Mariia Kostina 2010 (+51)	300m	03:45.46	39,89	
Gabrielle Johannes Maduro 2010 (+84)	350m	04:16.58	31,12	
Gabrielle Johannes Maduro 2010 (+84)	400m	04:50.81	34,23	
10. Dedemsvaart-AC				04:53.92
Esmé Sportel 2009 (+73)	50m	00:35.78	35,78	
Esmé Sportel 2009 (+73)	100m	01:13.28	37,50	
Sanne Keizer 2010 (+23)	150m	01:49.47	36,19	
Sanne Keizer 2010 (+23)	200m	02:32.38	42,91	
Daphne Dijsselhof 2009 (+31)	250m	03:06.15	33,77	
Daphne Dijsselhof 2009 (+31)	300m	03:48.04	41,89	
Sjors Werger 2011 (+37)	350m	04:18.82	30,78	
Sjors Werger 2011 (+37)	400m	04:53.92	35,10	
11. DAW				04:59.62
Flo Streep 2009 (+64)	50m	00:36.12	36,12	
Flo Streep 2009 (+64)	100m	01:16.43	40,31	
Amber Kunst 2009 (+35)	150m	01:54.16	37,73	
Amber Kunst 2009 (+35)	200m	02:38.38	44,22	
Megan Snoek 2009 (+47)	250m	03:11.13	32,75	
Megan Snoek 2009 (+47)	300m	03:52.97	41,84	
Dante van Meene 2009 (+44)	350m	04:24.98	32,01	
Dante van Meene 2009 (+44)	400m	04:59.62	34,64	
12. Deltasteur				05:00.42
Anne van der Kamp 2009 (+70)	50m	00:37.16	37,16	
Anne van der Kamp 2009 (+70)	100m	01:16.99	39,83	
Manoah Dekker 2011 (+66)	150m	01:55.19	38,20	
Manoah Dekker 2011 (+66)	200m	02:40.81	45,62	
Simone Faber 2009 (+64)	250m	03:13.96	33,15	
Simone Faber 2009 (+64)	300m	03:53.89	39,93	
Isabel Amelink 2011 (+44)	350m	04:26.03	32,14	
Isabel Amelink 2011 (+44)	400m	05:00.42	34,39	
13. Hellas-Glana				05:05.33
Myrthe Stelten 2009 (+66)	50m	00:35.31	35,31	
Myrthe Stelten 2009 (+66)	100m	01:12.44	37,13	
Vicky Horens 2012 (+34)	150m	01:52.35	39,91	
Vicky Horens 2012 (+34)	200m	02:39.77	47,42	
Julia Ketelaars 2012 (+51)	250m	03:16.35	36,58	
Julia Ketelaars 2012 (+51)	300m	04:01.14	44,79	
Sterre de Veen 2011 (-2)	350m	04:32.17	31,03	
Sterre de Veen 2011 (-2)	400m	05:05.33	33,16	
14. ZPCH				05:05.55
Jenny Muntinga 2009 (+60)	50m	00:33.54	33,54	
Jenny Muntinga 2009 (+60)	100m	01:10.29	36,75	

Roubin van Kampen 2012 (+65) 150m 01:52.25 41,96
Roubin van Kampen 2012 (+65) 200m 02:40.33 48,08
Linou van Kampen 2010 (+19) 250m 03:13.58 33,25
Linou van Kampen 2010 (+19) 300m 03:57.15 43,57
Nynke Muntinga 2011 (+13) 350m 04:29.27 32,12
Nynke Muntinga 2011 (+13) 400m 05:05.55 36,28

DIS. HZ&PC Heerenveen

00:00.00

Silke Hooghiemstra 2009 (+68) 50m 00:33.04 33,04
Silke Hooghiemstra 2009 (+68) 100m 01:08.16 35,12
Lobke Hempenius 2011 (+64) 150m 01:48.10 39,94
Lobke Hempenius 2011 (+64) 200m 02:34.91 46,81
Milou Geneuglijk 2009 (+2) 250m 03:06.58 31,67
Milou Geneuglijk 2009 (+2) 300m 03:46.64 40,06
Elise Dorlandt 2010 (-10) 400m 00:00.00 -226,64

DIS. De Dolfijn

00:00.00

Noa Spaans 2011 (+61) 50m 00:37.39 37,39
Noa Spaans 2011 (+61) 100m 01:17.93 40,54
Wieke Dekker 2010 (-5) 400m 00:00.00 -77,93

DIS. ZPC AMERSFOORT

00:00.00

Kim Bouman 2010 (+82) 50m 00:34.86 34,86
Kim Bouman 2010 (+82) 100m 01:13.85 38,99
Noa van Zalk 2011 (+51) 400m 00:00.00 -73,85