

Nederlandse Kampioenschappen lange baan 2024



KNZB

Amersfoort 13-6-2024 t/m 16-6-2024

sessie 1 - series - donderdag 13 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

1. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Janna van Kooten (Team NL - ZPC Hoogeveen, 200404584)					04:16.52(+73)		
50m	00:29.70 29,70	150m	01:34.37 32,32	250m	02:39.31 32,24	350m	03:44.27 32,57
100m	01:02.05 32,35	200m	02:07.07 32,70	300m	03:11.70 32,39		
2. Imani de Jong (Team NL - PSV, 200200464)					04:17.31(+69)		
50m	00:29.24 29,24	150m	01:33.53 32,27	250m	02:38.76 32,66	350m	03:44.74 33,08
100m	01:01.26 32,02	200m	02:06.10 32,57	300m	03:11.66 32,90		
4. Yara van Kalmthout (Team NL - PSV, 200200984)					04:19.34(+71)		
50m	00:29.77 29,77	150m	01:34.84 32,69	250m	02:40.43 32,82	350m	03:46.95 33,03
100m	01:02.15 32,38	200m	02:07.61 32,77	300m	03:13.92 33,49		
6. Serena Stel (De Dolfijn, 199801528)					04:23.75(+69)		
50m	00:29.87 29,87	150m	01:35.68 33,18	250m	02:43.16 33,56	350m	03:50.71 33,77
100m	01:02.50 32,63	200m	02:09.60 33,92	300m	03:16.94 33,78		
8. Elise Hardeman (ZPC AMERSFOORT, 200101068)					04:26.73(+71)		
50m	00:29.85 29,85	150m	01:35.76 33,13	250m	02:43.56 34,08	350m	03:52.79 34,89
100m	01:02.63 32,78	200m	02:09.48 33,72	300m	03:17.90 34,34		
12. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					04:29.70(+73)		
50m	00:29.98 29,98	150m	01:36.75 33,85	250m	02:45.71 34,37	350m	03:55.69 34,86
100m	01:02.90 32,92	200m	02:11.34 34,59	300m	03:20.83 35,12		
14. Bregje Dekkers (PSV, 200900746)					04:31.85(+68)		
50m	00:31.61 31,61	150m	01:40.00 34,39	250m	02:49.53 34,86	350m	03:58.25 33,98
100m	01:05.61 34,00	200m	02:14.67 34,67	300m	03:24.27 34,74		
16. Nikita van den Ouden (PSV, 199900622)					04:34.01(+71)		
50m	00:30.69 30,69	150m	01:39.15 34,48	250m	02:49.28 35,13	350m	03:59.88 35,15
100m	01:04.67 33,98	200m	02:14.15 35,00	300m	03:24.73 35,45		
17. Alysha de Jong (ZPCH, 200400086)					04:34.51(+81)		
50m	00:30.57 30,57	150m	01:39.47 35,00	250m	02:50.74 35,86	350m	04:01.03 35,03
100m	01:04.47 33,90	200m	02:14.88 35,41	300m	03:26.00 35,26		
18. Amé Hulleman (DZ&PC, 200202794)					04:35.83(+80)		
50m	00:30.97 30,97	150m	01:39.86 35,03	250m	02:50.47 35,45	350m	04:01.76 35,75
100m	01:04.83 33,86	200m	02:15.02 35,16	300m	03:26.01 35,54		
20. Lynn Blommers (Blue Marlins, 200105062)					04:37.96(+73)		
50m	00:30.47 30,47	150m	01:39.84 35,08	250m	02:51.12 35,85	350m	04:03.56 36,26
100m	01:04.76 34,29	200m	02:15.27 35,43	300m	03:27.30 36,18		
22. Mara Bosman (Blue Marlins, 200303048)					04:39.23(+59)		
50m	00:30.91 30,91	150m	01:39.65 34,88	250m	02:50.97 35,88	350m	04:03.70 36,41
100m	01:04.77 33,86	200m	02:15.09 35,44	300m	03:27.29 36,32		
24. Myrthe Natzijl (DZ&PC, 200400076)					04:41.26(+77)		
50m	00:32.55 32,55	150m	01:43.66 35,61	250m	02:55.11 35,56	350m	04:06.61 35,44
100m	01:08.05 35,50	200m	02:19.55 35,89	300m	03:31.17 36,06		
25. Angelique van Vark (GZC DONK, 199701478)					04:41.32(+69)		
50m	00:31.80 31,80	150m	01:42.00 35,23	250m	02:53.99 35,97	350m	04:06.96 36,28

	100m 01:06.77 34,97	200m 02:18.02 36,02	300m 03:30.68 36,69		
27. Renske Dutilh (Het Y, 200201188)					04:42.31(+77)
	50m 00:32.33 32,33	150m 01:43.20 35,91	250m 02:55.31 36,15	350m 04:07.62 36,07	
	100m 01:07.29 34,96	200m 02:19.16 35,96	300m 03:31.55 36,24		
28. Dominique Dingshoff (ZPC Hoogeveen, 200400804)					04:42.42(+83)
	50m 00:32.27 32,27	150m 01:43.26 36,24	250m 02:55.80 36,58	350m 04:08.97 36,42	
	100m 01:07.02 34,75	200m 02:19.22 35,96	300m 03:32.55 36,75		
29. Tamara Grove (De Dolfijn, 199601266)					04:42.54(+70)
	50m 00:31.52 31,52	150m 01:41.80 35,54	250m 02:53.57 35,87	350m 04:06.52 36,57	
	100m 01:06.26 34,74	200m 02:17.70 35,90	300m 03:29.95 36,38		
31. Fenne Metten (ZPC AMERSFOORT, 201000102)					04:43.20(+78)
	50m 00:31.34 31,34	150m 01:42.39 36,04	250m 02:55.90 36,41	350m 04:08.85 36,45	
	100m 01:06.35 35,01	200m 02:19.49 37,10	300m 03:32.40 36,50		
40. Marijke Drent (Bubble, 199906232)					04:49.86(+83)
	50m 00:32.10 32,10	150m 01:44.52 36,53	250m 02:58.70 36,92	350m 04:13.33 37,40	
	100m 01:07.99 35,89	200m 02:21.78 37,26	300m 03:35.93 37,23		
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]					04:46.98(+83)
	50m 00:30.88 30,88	150m 01:41.46 36,15	250m 02:55.37 37,37	350m 04:09.98 37,24	
	100m 01:05.31 34,43	200m 02:18.00 36,54	300m 03:32.74 37,37		
2. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]					05:17.67(+69)
	50m 00:34.31 34,31	150m 01:54.04 40,22	250m 03:12.63 39,74	350m 04:36.40 41,22	
	100m 01:13.82 39,51	200m 02:32.89 38,85	300m 03:55.18 42,55		
3. Aguila Dolsma (Blue Marlins, 200603902) [S14]					05:42.21(+83)
	50m 00:36.88 36,88	150m 02:02.78 43,68	250m 03:31.14 44,33	350m 05:00.46 44,57	
	100m 01:19.10 42,22	200m 02:46.81 44,03	300m 04:15.89 44,75		
4. Gallyon Mulder (Bubble, 200804434) [S14]					05:55.39(+76)
	50m 00:38.33 38,33	150m 02:06.71 45,12	250m 03:39.02 46,03	350m 05:12.00 46,22	
	100m 01:21.59 43,26	200m 02:52.99 46,28	300m 04:25.78 46,76		
<i>11 - 14 jaar (Junioren 4 en jonger)</i>					
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]					07:18.01(+86)
	50m 00:50.90 50,90	150m 02:45.82 57,98	250m 04:38.87 56,07	350m 06:28.57 52,82	
	100m 01:47.84 56,94	200m 03:42.80 56,98	300m 05:35.75 56,88		
<i>15 - 16 jaar (Jeugd 1 en 2)</i>					
1. Angelina Rolman (Team NL - De Dolfijn, 200701972)					04:18.82(+70)
	50m 00:29.36 29,36	150m 01:34.50 32,59	250m 02:39.56 32,63	350m 03:46.33 33,42	
	100m 01:01.91 32,55	200m 02:06.93 32,43	300m 03:12.91 33,35		
2. Frouke Ludwig (DZ&PC, 200800112)					04:27.48(+73)
	50m 00:31.16 31,16	150m 01:38.57 33,71	250m 02:46.02 33,65	350m 03:54.22 34,01	
	100m 01:04.86 33,70	200m 02:12.37 33,80	300m 03:20.21 34,19		
3. Julie van Nispen (Nuenen, 200800290)					04:28.77(+73)
	50m 00:30.26 30,26	150m 01:36.85 33,52	250m 02:45.96 34,55	350m 03:55.48 34,43	
	100m 01:03.33 33,07	200m 02:11.41 34,56	300m 03:21.05 35,09		
4. Jade van der Schrier (AZC, 200800692)					04:28.99(+74)
	50m 00:30.42 30,42	150m 01:37.52 34,23	250m 02:46.74 34,45	350m 03:55.66 34,30	
	100m 01:03.29 32,87	200m 02:12.29 34,77	300m 03:21.36 34,62		
5. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)					04:29.78(+84)
	50m 00:29.85 29,85	150m 01:36.95 34,04	250m 02:46.66 34,93	350m 03:56.69 34,77	
	100m 01:02.91 33,06	200m 02:11.73 34,78	300m 03:21.92 35,26		
6. Laura van Etten (HZ&PC Heerenveen, 200800264)					04:36.47(+83)
	50m 00:31.19 31,19	150m 01:41.70 35,76	250m 02:50.80 34,72	350m 04:01.71 35,73	
	100m 01:05.94 34,75	200m 02:16.08 34,38	300m 03:25.98 35,18		
7. Rhodee van den Ham (De Duinkickers, 200700090)					04:39.02(+71)
	50m 00:31.59 31,59	150m 01:41.55 35,34	250m 02:52.14 34,81	350m 04:03.57 35,50	

	100m 01:06.21 34,62	200m 02:17.33 35,78	300m 03:28.07 35,93		
8. Imre Bouwland (ZPC Hoogeveen, 200700388)					04:43.19(+76)
	50m 00:30.87 30,87	150m 01:41.01 35,78	250m 02:54.08 36,98	350m 04:07.78 36,84	
	100m 01:05.23 34,36	200m 02:17.10 36,09	300m 03:30.94 36,86		
9. Ilana Gentile (Orca, 200801558)					04:45.07(+66)
	50m 00:31.34 31,34	150m 01:42.85 36,17	250m 02:56.63 36,58	350m 04:10.56 36,46	
	100m 01:06.68 35,34	200m 02:20.05 37,20	300m 03:34.10 37,47		
10. Veerle de Ridder (HZ&PC Heerenveen, 200700778)					04:45.20(+72)
	50m 00:32.38 32,38	150m 01:43.38 36,02	250m 02:55.79 36,32	350m 04:09.05 36,60	
	100m 01:07.36 34,98	200m 02:19.47 36,09	300m 03:32.45 36,66		
11. Jill Meines (PSV, 200704846)					04:46.33(+77)
	50m 00:31.45 31,45	150m 01:42.61 36,01	250m 02:56.41 36,93	350m 04:10.68 37,14	
	100m 01:06.60 35,15	200m 02:19.48 36,87	300m 03:33.54 37,13		
12. Julia Agricola (DZ&PC, 200800266)					04:46.36(+73)
	50m 00:32.52 32,52	150m 01:45.29 36,67	250m 02:57.65 35,97	350m 04:10.64 36,65	
	100m 01:08.62 36,10	200m 02:21.68 36,39	300m 03:33.99 36,34		
13. Meyke v. Nimwegen (De Schotegil, 200800106)					04:46.73(+73)
	50m 00:32.32 32,32	150m 01:43.73 36,20	250m 02:57.05 36,71	350m 04:10.60 36,42	
	100m 01:07.53 35,21	200m 02:20.34 36,61	300m 03:34.18 37,13		
14. Ylva Konings (PSV, 200700148)					04:46.94(+69)
	50m 00:32.35 32,35	150m 01:44.26 36,34	250m 02:57.96 36,82	350m 04:11.52 36,45	
	100m 01:07.92 35,57	200m 02:21.14 36,88	300m 03:35.07 37,11		
15. Eline van Rijn (DAW, 200700918)					04:51.72(+70)
	50m 00:32.32 32,32	150m 01:46.13 37,68	250m 03:01.34 37,22	350m 04:15.52 36,63	
	100m 01:08.45 36,13	200m 02:24.12 37,99	300m 03:38.89 37,55		
16. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)					04:59.50(+76)
	50m 00:33.55 33,55	150m 01:48.48 38,01	250m 03:04.69 37,88	350m 04:22.15 39,38	
	100m 01:10.47 36,92	200m 02:26.81 38,33	300m 03:42.77 38,08		
17. Inger van Oord (De Dolfijn, 200703912)					05:02.52(+81)
	50m 00:33.32 33,32	150m 01:47.41 37,65	250m 03:03.64 38,08	350m 04:23.22 39,99	
	100m 01:09.76 36,44	200m 02:25.56 38,15	300m 03:43.23 39,59		
<i>17 - 18 jaar</i>					
1. Hedwig Bolt (HZ&PC Heerenveen, 200602660)					04:21.15(+79)
	50m 00:30.36 30,36	150m 01:36.75 33,55	250m 02:43.59 33,36	350m 03:49.59 32,82	
	100m 01:03.20 32,84	200m 02:10.23 33,48	300m 03:16.77 33,18		
2. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)					04:24.77(+73)
	50m 00:30.35 30,35	150m 01:36.89 33,73	250m 02:44.08 33,57	350m 03:51.23 33,56	
	100m 01:03.16 32,81	200m 02:10.51 33,62	300m 03:17.67 33,59		
3. Merel Schravendijk (Blue Marlins, 200503382)					04:32.04(+74)
	50m 00:30.59 30,59	150m 01:38.84 34,51	250m 02:48.27 34,84	350m 03:58.50 35,12	
	100m 01:04.33 33,74	200m 02:13.43 34,59	300m 03:23.38 35,11		
4. Kim Oudendijk (DAW, 200600964)					04:40.24(+79)
	50m 00:31.23 31,23	150m 01:41.38 35,57	250m 02:53.96 35,82	350m 04:06.40 35,99	
	100m 01:05.81 34,58	200m 02:18.14 36,76	300m 03:30.41 36,45		
5. Anique Hazebroek (ZPC AMERSFOORT, 200502196)					04:41.76(+79)
	50m 00:30.97 30,97	150m 01:40.86 35,60	250m 02:53.27 36,45	350m 04:06.27 36,37	
	100m 01:05.26 34,29	200m 02:16.82 35,96	300m 03:29.90 36,63		
6. Vera Wassink (ZPC AMERSFOORT, 200604976)					04:48.86(+75)
	50m 00:31.68 31,68	150m 01:43.65 36,28	250m 02:57.28 37,06	350m 04:12.06 37,44	
	100m 01:07.37 35,69	200m 02:20.22 36,57	300m 03:34.62 37,34		
2. 100m schoolslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [SB11]					01:13.51(+67)
	50m 00:34.17 34,17				

2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [SB6] 50m 00:40.73 40,73	01:27.53(+84)
3. Marc Evers (De Dolfijn, 199107425) [SB14] 50m 00:33.18 33,18	01:10.49(+87)
4. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [SB13] 50m 00:33.11 33,11	01:12.04(+75)
5. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [SB9] 50m 00:36.09 36,09	01:18.00(+72)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Caspar Corbeau (Team NL - ZPC AMERSFOORT, 200105099) 50m 00:27.59 27,59	00:59.50(+67)
3. Bram Zwetsloot (Team NL - Nuenen, 200202117) 50m 00:28.62 28,62	01:01.99(+63)
4. Ivo Kroes (Team NL - Azuro, 200300079) 50m 00:29.56 29,56	01:02.43(+64)
5. Noah de Schryver (De Dolfijn, 200105483) 50m 00:30.21 30,21	01:03.46(+70)
7. Lucas Greven (Hellas-Glana, 199501941) 50m 00:29.48 29,48	01:03.97(+65)
8. Lars Verhalle (PSV, 200200019) 50m 00:30.55 30,55	01:04.13(+74)
10. Duncan van Haaren (ZPC AMERSFOORT, 200000681) 50m 00:29.70 29,70	01:04.33(+69)
13. Wytse Broekstra (De Vikings, 200800121) 50m 00:30.68 30,68	01:04.83(+78)
14. Juri Dijkstra (De Dolfijn, 200002119) 50m 00:30.48 30,48	01:05.13(+70)
16. Joost de Roy van Zuydewijn (WVZ, 200000255) 50m 00:30.58 30,58	01:05.31(+68)
16. Lars Diesch (Nuenen, 200103189) 50m 00:30.98 30,98	01:05.31(+73)
19. Wietse Waninge (ZPC AMERSFOORT, 199800023) 50m 00:31.16 31,16	01:05.95(+71)
21. Jasper Willig (Blue Marlins, 200104757) 50m 00:30.87 30,87	01:06.47(+69)
22. Martijn Velders (Aqua-Novio'94, 199502619) 50m 00:31.64 31,64	01:06.83(+66)
23. Matthijs van Meerendonk (DZ&PC, 199900375) 50m 00:30.94 30,94	01:06.88(+62)
27. Bert Duivenvoorde (De Columbiaan, 199701805) 50m 00:31.16 31,16	01:07.42(+68)
28. Thom Delno (VZC, 200000013) 50m 00:31.37 31,37	01:07.43(+72)
29. Luuk Smits (Nuenen, 200001015) 50m 00:31.47 31,47	01:07.66(+70)
30. Rick Offringa (DZ&PC, 200300979) 50m 00:31.17 31,17	01:07.85(+76)
31. Mick van Kempen (CWW Swim team (SG), 200203375) 50m 00:31.78 31,78	01:08.04(+73)

36. Guy Hungens (Tempo, 200101697) 50m 00:31.84 31,84	01:09.03(+68)
38. Nicko Kamphuis (De Warande, 199900887) 50m 00:32.00 32,00	01:09.41(+62)
41. Ruben Baars (DWK, 200900471) 50m 00:32.35 32,35	01:09.80(+71)
42. Luca Boorsma (De Dolfijn, 200902031) 50m 00:32.81 32,81	01:09.91(+60)
44. Bas Dries (Zwemvereniging Hoogland, 199505177) 50m 00:31.74 31,74	01:10.21(+63)
45. Thomas Vastenhout (ZPCH, 200204545) 50m 00:32.54 32,54	01:10.27(+65)
47. Thygo van Peppel (Blue Marlins, 200901101) 50m 00:32.62 32,62	01:10.36(+71)
51. Ruben Hoeve (Dedemsvaart-AC, 200302179) 50m 00:32.67 32,67	01:10.80(+74)
53. Dave van den Nieuwendijk (De Columbiaan, 200100475) 50m 00:32.48 32,48	01:10.97(+74)
65. Fedor Sazonov (PSV, 200900707) 50m 00:34.29 34,29	01:12.68(+76)
70. Dani Yefimov (WS Twente, 200901305) 50m 00:33.95 33,95	01:13.72(+76)
<i>12 - 15 jaar (Junioren)</i>	
1. Thomas Braat (AZC, 200802269) [SB14] 50m 00:40.76 40,76	01:26.88(+77)
2. Cheng Van Vondel (KSN (SG), 200902673) [SB8] 50m 00:46.39 46,39	01:43.42(+76)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Collin van der Hoff (WVZ, 200604357) 50m 00:30.60 30,60	01:04.70(+66)
2. Storm Boxum (DZ&PC, 200700421) 50m 00:30.22 30,22	01:05.28(+74)
3. Roan van der Weide (Blue Marlins, 200601629) 50m 00:30.71 30,71	01:05.72(+68)
4. Nikodim Markovic (Blue Marlins, 200700255) 50m 00:30.67 30,67	01:05.97(+59)
5. Yaniv Kerdijk (Team Noord-Holland (SG), 200603439) 50m 00:30.69 30,69	01:06.90(+69)
6. Elias Soens (Blue Marlins, 200604327) 50m 00:31.31 31,31	01:07.07(+68)
7. Jesse van der Meij (ZVL-1886, 200600841) 50m 00:32.17 32,17	01:07.18(+72)
8. Joshua Agussalim (WVZ, 200600153) 50m 00:32.13 32,13	01:08.60(+64)
9. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:31.70 31,70	01:08.80(+64)
10. Jesse Marijn Thimister (ZEPS, 200602893) 50m 00:32.13 32,13	01:09.11(+69)
11. Jetze de Vries (De Vikings, 200602589)	01:09.63(+71)

	50m 00:32.30 32,30	
12.	Thierry Zulver (ZVVS, 200700023) 50m 00:32.17 32,17	01:10.32(+61)
13.	Twan Huisman (WVZ, 200702207) 50m 00:33.25 33,25	01:10.83(+72)
14.	Hessel de Jong (ACZ, 200602753) 50m 00:32.45 32,45	01:10.97(+68)
15.	Jasper Groen (ACZ, 200602325) 50m 00:32.94 32,94	01:11.10(+68)
16.	Pedro Filipini (De Dolfijn, 200603863) 50m 00:33.24 33,24	01:11.34(+72)
17.	Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991) 50m 00:33.07 33,07	01:11.36(+68)
18.	Ruben de Vries (Hellas-Glana, 200600497) 50m 00:33.58 33,58	01:11.38(+64)
19.	Senn Rutten (Hellas-Glana, 200700629) 50m 00:32.96 32,96	01:11.61(+70)
20.	Storm Tolsma (Zignea, 200600277) 50m 00:33.81 33,81	01:11.80(+73)
21.	Sem Belmon (PSV, 200702099) 50m 00:32.90 32,90	01:11.88(+77)
22.	Bas Blanker (ACZ, 200601497) 50m 00:33.37 33,37	01:12.67(+67)
23.	Emiel de Bruijn (Dedemsvaart-AC, 200700953) 50m 00:33.29 33,29	01:12.82(+74)
24.	Collard Jungeling (DZ&PC, 200701831) 50m 00:34.14 34,14	01:13.29(+68)
24.	Alrik van Eeghem (Hellas-Glana, 200600471) 50m 00:33.65 33,65	01:13.29(+88)
26.	Jisse Lousma (WVZ, 200701493) 50m 00:34.20 34,20	01:14.14(+64)
27.	Tim van Rooij (PSV, 200700129) 50m 00:34.90 34,90	01:14.94(+67)
28.	Daniel Critchell (Deltasteur, 200700439) 50m 00:34.27 34,27	01:15.87(+69)
<i>18 - 19 jaar (Senioren 1 en 2)</i>		
1.	Koen de Groot (Team NL - PSV, 200401059) 50m 00:28.17 28,17	01:00.86(+63)
2.	Anders van Norden (ZPC AMERSFOORT, 200400039) 50m 00:29.72 29,72	01:03.91(+65)
3.	Cas Verstegen (PSV, 200500891) 50m 00:30.39 30,39	01:04.18(+71)
4.	Niels Chrisstoffels (ZPC AMERSFOORT, 200404807) 50m 00:31.00 31,00	01:04.42(+77)
5.	Lucas Douwma (ZPCH, 200401337) 50m 00:32.01 32,01	01:08.64(+69)
6.	Gaio Sanders (Aqua-Novio'94, 200500533) 50m 00:32.26 32,26	01:08.92(+64)
7.	Tijn van Kuijk (HZPC, 200501087)	01:09.78(+74)

50m 00:32.52 32,52

8. Max Ketelaars (Hellas-Glana, 200500345) 50m 00:32.60 32,60	01:10.15(+62)
9. Milan Lucas (De Dinkel, 200500085) 50m 00:32.67 32,67	01:10.39(+65)
10. Thijs Berkhout (DWK, 200500035) 50m 00:32.31 32,31	01:10.62(+65)
11. Lasse Schrieken (VZC, 200503145) 50m 00:33.32 33,32	01:11.10(+76)
3. 50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:26.27(+61)
2. Elise Tanis (De Dolfijn, 200200120)	00:27.34(+67)
4. Femke Spiering (ZPC AMERSFOORT, 200204514)	00:27.42(+72)
6. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:27.70(+69)
8. Kim Jansen van Galen (PSV, 200201594)	00:28.02(+69)
8. Manon Manning (PSV, 199904118)	00:28.02(+76)
10. Amber Celie (De Dolfijn, 200300756)	00:28.11(+73)
11. Kirsten Verhalle (PSV, 200400210)	00:28.16(+74)
14. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796)	00:28.31(+69)
16. Anne Fleur Willemsen (Azuro, 199901396)	00:28.47(+76)
21. Hannah Schellekens (TRB-RES, 199706614)	00:28.92(+69)
23. Femke van Wijk (WWV Winterswijk, 200403434)	00:28.98(+78)
27. Emma Hofstee (TriVia, 200401282)	00:29.08(+74)
32. Michelle van Wijk (WWV Winterswijk, 200204746)	00:29.36(+74)
37. Lynn Blommers (Blue Marlins, 200105062)	00:29.50(+68)
40. Isabelle Elsweier (De Dinkel, 200303614)	00:29.57(+80)
42. Sanne Peters (PSV, 200401112)	00:29.62(+69)
43. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:29.66(+67)
45. Luca Ebbinge (DZ&PC, 199802406)	00:29.76(+62)
46. Olena Dijkstra (Orca, 200202624)	00:29.78(+71)
48. Kim Roestenberg (PSV, 200402670)	00:29.84(+69)
52. Yara Wentink (OEZA, 200403334)	00:29.93(+68)
53. Silke Molendijk (ZVL-1886, 200100178)	00:29.98(+64)
55. Britt Bogers (Nuenen, 199905072)	00:30.11(+66)
58. Alessia Sluis (Dedemsvaart-AC, 200300896)	00:30.28(+70)
64. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	00:30.47(+69)
69. Guusje van Lent (Aqua-Novio'94, 200203898)	00:30.98(+72)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]	00:31.81(+72)
2. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9]	00:31.72(+73)

3. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]	00:33.58(+75)
4. Marije Oosterhuis (Azuro, 199500318) [S10]	00:35.52(+79)
5. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]	00:35.89(+74)
6. Milou van Winkel (WVZ, 200402296) [S14]	00:37.59(+70)
8. Gallyon Mulder (Bubble, 200804434) [S14]	00:40.45(+74)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]	00:54.34(+72)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Jinth Engelse (NieMo Barracuda, 200800204)	00:27.64(+67)
2. Rosalie Reef (ZPC AMERSFOORT, 200800426)	00:28.34(+75)
3. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	00:28.64(+70)
4. Jente Koren (NDD, 200703560)	00:28.74(+69)
5. Nomi Olivier (ZPC AMERSFOORT, 200704848)	00:29.06(+74)
6. Jazz-Lynn Gomes Delgado (Feijenoord Albion Zwemclub, 200800738)	00:29.17(+71)
7. Lisa Dirkwager (Blue Marlins, 200703458)	00:29.22(+81)
8. Hylcke de Beer (PSV, 200700006)	00:29.48(+73)
9. Ilse Rozema (Blue Marlins, 200803318)	00:29.53(+67)
10. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:29.57(+79)
11. Marit Boomers (Blue Marlins, 200804810)	00:29.67(+71)
12. Charlotte Woltjes (VZC, 200700110)	00:29.83(+77)
13. Indira van Aggele (De Dolfijn, 200804424)	00:29.87(+78)
14. Esmee Mulder (DZ&PC, 200800038)	00:30.10(+69)
15. Emmelien Smelt (ZVZ, 200800012)	00:30.18(+73)
16. Pascalle Smal (DAW, 200802958)	00:30.20(+60)
17. Noa Ottens (VZC, 200702256)	00:30.35(+69)
18. Féline Sam (ZVZ, 200700018)	00:30.41(+71)
19. Lyke Bellert (Octopus-ZVV (SG), 200701424)	00:30.44(+71)
20. Bette Peetoom (DAW, 200801808)	00:30.60(+73)
21. Laurien Gliese-Slooijer (De Dinkel, 200700636)	00:30.74(+63)
22. Ananda van der Wiel (WVZ, 200701562)	00:30.78(+61)
23. Britt Colijn (New Wave Almere, 200700544)	00:30.82(+75)
24. Britte Lodder (ZZ&PC De Devel, 200702290)	00:31.07(+69)
25. Sofie Kragt (Dedemsvaart-AC, 200701020)	00:31.23(+65)
26. Niobe Maduro (Aqua-Novio'94, 200800378)	00:31.81(+72)
27. Mila Oomens (NieMo Barracuda, 200700016)	00:32.19(+71)
28. Inger van Oord (De Dolfijn, 200703912)	00:32.63(+80)
DIS. Liv Heijdra (WVZ, 200800736)	00:00.00
DIS. Rosalie van der Bijl (Hieronymus, 200701644)	00:00.00
<i>17 - 18 jaar</i>	
1. Sara Korhuis (DZ&PC, 200600494)	00:27.38(+71)

2. Megan Jonkman (Blue Marlins, 200600508)						00:28.01(+77)					
3. Colinda van der Zanden (Aqua-Novio'94, 200502618)						00:28.22(+66)					
4. Evy Rozeboom (DAW, 200601338)						00:28.25(+79)					
5. Marit Huisman (WVZ, 200502620)						00:28.47(+70)					
6. Karlijn Offeringa (ZVVS, 200503292)						00:28.69(+77)					
7. Jolijn Liezen (Steenwijk 1934, 200500518)						00:28.93(+68)					
8. Marin Wieling (ZPC AMERSFOORT, 200501220)						00:29.01(+71)					
9. Francesca Coppo (De Dolfijn, 200501242)						00:29.02(+64)					
10. Tess Bemer (De Duinkickers, 200600450)						00:29.13(+69)					
11. Pippa van 't Land (ZPC AMERSFOORT, 200600426)						00:29.35(+60)					
12. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)						00:29.40(+73)					
13. Indy van Laarhoven (PSV, 200500710)						00:29.41(+69)					
14. Famke Irvine (De Otters Het Gooi, 200501724)						00:29.45(+68)					
15. Evy van Laarhoven (PSV, 200500712)						00:29.56(+71)					
16. Emma Verkuyl (WVZ, 200500826)						00:29.89(+72)					
17. Elizabeth Engelbrecht (SBC2000, 200604916)						00:29.91(+57)					
18. Zea Wetzlaugk (De Dolfijn, 200604780)						00:30.33(+71)					
19. Laura 't Lam (De Geul, 200603376)						00:30.36(+73)					
20. Vivianne Woltjes (VZC, 200501524)						00:31.67(+77)					
4. 400m wisselslag - Heren											
<i>vanaf 11 jaar (Senioren Open)</i>											
1. Thomas Jansen (Team NL - WVZ, 200100143)						04:20.81(+75)					
50m	00:27.21	27,21	150m	01:33.04	34,43	250m	02:43.01	36,72	350m	03:50.90	30,78
100m	00:58.61	31,40	200m	02:06.29	33,25	300m	03:20.12	37,11			
5. Joris Janssen (Aqua-Novio'94, 200301311)											04:43.09(+75)
50m	00:28.92	28,92	150m	01:39.29	37,01	250m	02:55.99	40,30	350m	04:10.75	33,94
100m	01:02.28	33,36	200m	02:15.69	36,40	300m	03:36.81	40,82			
6. Wytse Broekstra (De Vikings, 200800121)											04:43.65(+77)
50m	00:29.44	29,44	150m	01:41.41	36,92	250m	02:57.40	39,54	350m	04:11.76	34,66
100m	01:04.49	35,05	200m	02:17.86	36,45	300m	03:37.10	39,70			
13. Ronis van Everdingen (DWK, 200300043)											04:53.14(+80)
50m	00:28.55	28,55	150m	01:41.72	38,41	250m	03:02.95	43,66	350m	04:22.08	35,46
100m	01:03.31	34,76	200m	02:19.29	37,57	300m	03:46.62	43,67			
14. Martijn Nies (PSV, 200902095)											04:53.73(+76)
50m	00:29.53	29,53	150m	01:41.67	37,34	250m	03:03.21	44,12	350m	04:21.88	32,90
100m	01:04.33	34,80	200m	02:19.09	37,42	300m	03:48.98	45,77			
15. Rick Offringa (DZ&PC, 200300979)											04:53.83(+79)
50m	00:30.45	30,45	150m	01:47.24	39,32	250m	03:04.60	39,12	350m	04:19.23	34,74
100m	01:07.92	37,47	200m	02:25.48	38,24	300m	03:44.49	39,89			
18. Jelte de Jong (ZPCH, 200900975)											05:00.21(+71)
50m	00:29.97	29,97	150m	01:42.86	37,98	250m	03:03.65	43,15	350m	04:24.84	34,87
100m	01:04.88	34,91	200m	02:20.50	37,64	300m	03:49.97	46,32			
21. Adriaan Coppelmans (AZC, 200903243)											05:04.86(+71)
50m	00:31.78	31,78	150m	01:47.77	37,48	250m	03:09.32	43,34	350m	04:30.30	36,31
100m	01:10.29	38,51	200m	02:25.98	38,21	300m	03:53.99	44,67			

1. Tiede Groener (De Dinkel, 200700155)					04:37.58(+73)
50m	00:28.42 28,42	150m 01:37.72 36,47	250m 02:52.87 39,73	350m 04:06.06 32,89	
100m	01:01.25 32,83	200m 02:13.14 35,42	300m 03:33.17 40,30		
2. Nikodim Markovic (Blue Marlins, 200700255)					04:45.55(+64)
50m	00:29.12 29,12	150m 01:40.19 37,35	250m 02:57.14 40,37	350m 04:14.10 35,95	
100m	01:02.84 33,72	200m 02:16.77 36,58	300m 03:38.15 41,01		
3. Olivier Wilbers (ZPC Hoogeveen, 200600181)					04:45.96(+76)
50m	00:30.69 30,69	150m 01:41.16 36,22	250m 02:59.22 42,12	350m 04:13.54 31,91	
100m	01:04.94 34,25	200m 02:17.10 35,94	300m 03:41.63 42,41		
4. Mies de Wit (CWW Swim team (SG), 200700315)					04:46.86(+67)
50m	00:28.94 28,94	150m 01:41.67 37,60	250m 02:59.96 40,45	350m 04:14.71 33,35	
100m	01:04.07 35,13	200m 02:19.51 37,84	300m 03:41.36 41,40		
5. Denzel Barthen (WVZ, 200700147)					04:49.73(+73)
50m	00:29.68 29,68	150m 01:41.92 38,05	250m 03:01.28 41,50	350m 04:17.56 34,08	
100m	01:03.87 34,19	200m 02:19.78 37,86	300m 03:43.48 42,20		
6. Storm Tolsma (Zignea, 200600277)					04:58.43(+75)
50m	00:31.27 31,27	150m 01:48.76 40,38	250m 03:07.93 40,35	350m 04:24.52 35,10	
100m	01:08.38 37,11	200m 02:27.58 38,82	300m 03:49.42 41,49		
7. Laurens Kalle (De Schotegil, 200600161)					05:01.39(+75)
50m	00:29.20 29,20	150m 01:45.00 40,47	250m 03:08.48 44,11	350m 04:29.43 36,25	
100m	01:04.53 35,33	200m 02:24.37 39,37	300m 03:53.18 44,70		
<i>18 - 19 jaar (Senioren 1 en 2)</i>					
1. Yanieck Weijland (Team NL - Blue Marlins, 200500329)					04:22.90(+72)
50m	00:27.56 27,56	150m 01:34.77 35,65	250m 02:46.20 35,76	350m 03:53.25 30,25	
100m	00:59.12 31,56	200m 02:10.44 35,67	300m 03:23.00 36,80		
2. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)					04:37.21(+59)
50m	00:28.44 28,44	150m 01:38.21 36,38	250m 02:53.64 39,23	350m 04:05.22 31,42	
100m	01:01.83 33,39	200m 02:14.41 36,20	300m 03:33.80 40,16		
3. Youri Voet (De Duinkickers, 200502269)					04:46.06(+72)
50m	00:29.40 29,40	150m 01:40.42 36,32	250m 02:58.77 40,50	350m 04:14.32 33,30	
100m	01:04.10 34,70	200m 02:18.27 37,85	300m 03:41.02 42,25		
4. Abel te Riele (WVZ, 200402317)					04:50.47(+74)
50m	00:29.14 29,14	150m 01:42.15 38,07	250m 03:00.40 39,92	350m 04:16.57 34,46	
100m	01:04.08 34,94	200m 02:20.48 38,33	300m 03:42.11 41,71		
5. Luc Kerpels (ZPC Hoogeveen, 200503015)					04:57.28(+77)
50m	00:31.45 31,45	150m 01:45.52 36,86	250m 03:06.13 43,59	350m 04:24.06 32,61	
100m	01:08.66 37,21	200m 02:22.54 37,02	300m 03:51.45 45,32		
6. Lasse Schrieken (VZC, 200503145)					05:01.41(+73)
50m	00:30.79 30,79	150m 01:49.01 41,63	250m 03:10.07 41,80	350m 04:27.43 34,76	
100m	01:07.38 36,59	200m 02:28.27 39,26	300m 03:52.67 42,60		
7. Tijn van Kuijk (HZPC, 200501087)					05:07.52(+76)
50m	00:31.98 31,98	150m 01:51.53 40,74	250m 03:14.13 42,21	350m 04:32.91 36,06	
100m	01:10.79 38,81	200m 02:31.92 40,39	300m 03:56.85 42,72		
5. 100m rugslag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Maaïke de Waard (Team NL - PSV, 199600604)					01:00.84(+62)
50m	00:29.28 29,28				
2. Lotte Hosper (Team NL - Blue Marlins, 200201414)					01:00.96(+68)
50m	00:29.70 29,70				
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					01:02.22(+57)
50m	00:30.28 30,28				
6. Jetske Moot (ZPC AMERSFOORT, 200400230)					01:02.96(+58)
50m	00:30.26 30,26				

8. Lieke Oude Lenferink (De Dolfijn, 200200068) 50m 00:30.80 30,80	01:04.13(+59)
11. Carolina Cermelli (De Dolfijn, 200106390) 50m 00:31.49 31,49	01:04.94(+58)
13. Manon Manning (PSV, 199904118) 50m 00:31.66 31,66	01:05.25(+62)
14. Amber Celie (De Dolfijn, 200300756) 50m 00:31.96 31,96	01:05.43(+58)
16. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:31.35 31,35	01:05.83(+64)
18. Dionne Salomons (Borger, 200200504) 50m 00:32.08 32,08	01:06.88(+64)
19. Elin Ditewig (VZC, 200900392) 50m 00:32.11 32,11	01:07.00(+67)
20. Maaïke Issard (DZ&PC, 200300022) 50m 00:32.18 32,18	01:07.01(+74)
22. Fay Boxum (DZ&PC, 200900060) 50m 00:32.13 32,13	01:07.57(+58)
23. Isa Schellekens (Z&PC Zegenwerp, 200002330) 50m 00:33.18 33,18	01:07.58(+64)
24. Tereza Boom (PSV, 200904028) 50m 00:32.59 32,59	01:08.02(+56)
26. Julia Notenboom (De Columbiaan, 200302596) 50m 00:33.30 33,30	01:08.52(+68)
28. Fenna Zusterzeel (PSV, 201000008) 50m 00:32.82 32,82	01:08.66(+55)
33. Isabelle Elsweier (De Dinkel, 200303614) 50m 00:33.45 33,45	01:09.12(+71)
34. Anne Engbersen (ZPC AMERSFOORT, 201000044) 50m 00:34.12 34,12	01:09.30(+71)
37. Isa Willemsen (Aqua-Novio'94, 199900628) 50m 00:32.73 32,73	01:09.78(+67)
41. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:33.80 33,80	01:10.30(+69)
48. Tess Panjer (VZC, 200403060) 50m 00:34.44 34,44	01:11.30(+65)
53. Hannah Schellekens (TRB-RES, 199706614) 50m 00:34.98 34,98	01:12.45(+69)
56. Kim Bouman (ZPC AMERSFOORT, 201000262) 50m 00:34.83 34,83	01:14.29(+69)
59. Guusje van Lent (Aqua-Novio'94, 200203898) 50m 00:37.90 37,90	01:16.42(+74)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 50m 00:34.62 34,62	01:13.00(+68)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10] 50m 00:35.65 35,65	01:15.22(+64)
3. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 50m 00:38.32 38,32	01:20.51(+74)

4. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9] 50m 00:40.41 40,41	01:23.56(+70)
5. Marije Oosterhuis (Azuro, 199500318) [S10] 50m 00:39.06 39,06	01:21.96(+63)
6. Milou van Winkel (WVZ, 200402296) [S14] 50m 00:39.93 39,93	01:23.76(+74)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7] 50m 00:55.25 55,25	01:49.15(+81)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Jinth Engelse (NieMo Barracuda, 200800204) 50m 00:30.25 30,25	01:02.31(+59)
2. Angelina Rolman (Team NL - De Dolfijn, 200701972) 50m 00:31.42 31,42	01:04.23(+65)
3. Maaïke Ooms (ZPC AMERSFOORT, 200801580) 50m 00:30.97 30,97	01:04.73(+72)
4. Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:32.15 32,15	01:05.15(+69)
5. Eefje Irvine (De Dolfijn, 200700164) 50m 00:31.67 31,67	01:05.50(+57)
6. Floor Hogervorst (Blue Marlins, 200701400) 50m 00:31.89 31,89	01:06.49(+64)
7. Frouke Ludwig (DZ&PC, 200800112) 50m 00:32.73 32,73	01:07.16(+62)
8. Jade van der Schrier (AZC, 200800692) 50m 00:34.18 34,18	01:08.49(+69)
9. Esmee Mulder (DZ&PC, 200800038) 50m 00:32.89 32,89	01:08.83(+55)
10. Charlotte Woltjes (VZC, 200700110) 50m 00:33.71 33,71	01:09.55(+68)
11. Emmelien Smelt (ZVZ, 200800012) 50m 00:34.38 34,38	01:09.56(+66)
12. Maud Roffel (HZ&PC Heerenveen, 200700840) 50m 00:33.61 33,61	01:09.79(+80)
13. Veerle de Ridder (HZ&PC Heerenveen, 200700778) 50m 00:33.33 33,33	01:10.08(+69)
14. Rosalie van der Bijl (Hieronymus, 200701644) 50m 00:34.33 34,33	01:10.26(+64)
15. Jazz-Lynn Gomes Delgado (Feijenoord Albion Zwemclub, 200800738) 50m 00:33.87 33,87	01:10.62(+63)
15. Britt Colijn (New Wave Almere, 200700544) 50m 00:34.19 34,19	01:10.62(+63)
17. Féline Sam (ZVZ, 200700018) 50m 00:34.39 34,39	01:10.67(+67)
18. Ilana Gentile (Orca, 200801558) 50m 00:34.10 34,10	01:11.18(+61)
19. Eline van Rijn (DAW, 200700918) 50m 00:34.10 34,10	01:11.25(+60)
20. Lyke Bellert (Octopus-ZVV (SG), 200701424) 50m 00:34.47 34,47	01:11.46(+67)

21. Ilse Rozema (Blue Marlins, 200803318)	01:11.57(+62)
50m 00:34.55 34,55	
22. Monica van der Meer (Deltasteur, 200704288)	01:11.78(+71)
50m 00:35.62 35,62	
23. Feline Piek (ESCA Zwemmen, 200701322)	01:12.82(+77)
50m 00:34.71 34,71	
24. Annedieke Scholte (Blue Marlins, 200701110)	01:14.67(+72)
50m 00:35.30 35,30	
<i>17 - 18 jaar</i>	
1. Sara Korthuis (DZ&PC, 200600494)	01:02.73(+69)
50m 00:30.65 30,65	
2. Mare Schallenberg (ACZ, 200600078)	01:03.01(+60)
50m 00:30.70 30,70	
3. Tess Bemer (De Duinkickers, 200600450)	01:08.62(+64)
50m 00:34.03 34,03	
4. Karlijn Offeringa (ZVVS, 200503292)	01:08.84(+65)
50m 00:33.08 33,08	
5. Famke Irvine (De Otters Het Gooi, 200501724)	01:08.91(+73)
50m 00:33.31 33,31	
6. Jolijn Liezen (Steenwijk 1934, 200500518)	01:09.08(+64)
50m 00:33.47 33,47	
7. Elizabeth Engelbrecht (SBC2000, 200604916)	01:10.31(+54)
50m 00:34.30 34,30	
8. Indy van Laarhoven (PSV, 200500710)	01:11.85(+56)
50m 00:34.76 34,76	
6. 200m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	02:11.15(+74)
50m 00:29.62 29,62 100m 01:03.33 33,71 150m 01:37.11 33,78	
2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]	02:34.08(+89)
50m 00:33.20 33,20 100m 01:11.83 38,63 150m 01:53.44 41,61	
3. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]	02:31.57
50m 00:35.13 35,13 100m 01:13.52 38,39 150m 01:51.92 38,40	
4. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	02:08.37(+76)
50m 00:28.85 28,85 100m 01:01.27 32,42 150m 01:34.84 33,57	
5. Lars Jacobsen (DWK, 199705453) [S14]	02:17.92(+83)
50m 00:30.94 30,94 100m 01:05.76 34,82 150m 01:42.40 36,64	
7. Jesse Bruines (Batavia Swim, 200402413) [S9]	02:36.42(+74)
50m 00:35.83 35,83 100m 01:15.84 40,01 150m 01:56.73 40,89	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Sean Niewold (Feijenoord Albion Zwemclub, 200204699)	01:48.51(+67)
50m 00:24.80 24,80 100m 00:51.72 26,92 150m 01:19.96 28,24	
4. Lucas Peters (ZPC AMERSFOORT, 200301325)	01:51.19(+67)
50m 00:25.91 25,91 100m 00:53.46 27,55 150m 01:21.97 28,51	
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	01:51.62(+61)
50m 00:25.38 25,38 100m 00:53.22 27,84 150m 01:22.45 29,23	
7. Niels Dijkshoorn (Team NL - PSV, 200203079)	01:52.35(+70)
50m 00:25.84 25,84 100m 00:53.69 27,85 150m 01:22.90 29,21	
9. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)	01:53.23(+71)

	50m 00:25.54 25,54	100m 00:53.60 28,06	150m 01:23.04 29,44	
12. Lars Verhalle (PSV, 200200019)	50m 00:26.51 26,51	100m 00:54.93 28,42	150m 01:24.28 29,35	01:53.97(+73)
13. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:26.30 26,30	100m 00:55.06 28,76	150m 01:24.64 29,58	01:54.08(+70)
15. Niels de Boer (Hellas-Glana, 200001977)	50m 00:26.69 26,69	100m 00:55.45 28,76	150m 01:25.36 29,91	01:54.76(+68)
16. Thijn Damen (PSV, 200300973)	50m 00:27.35 27,35	100m 00:56.54 29,19	150m 01:26.73 30,19	01:55.69(+74)
17. Rijk Heere (ZPC AMERSFOORT, 200300897)	50m 00:26.17 26,17	100m 00:55.27 29,10	150m 01:25.64 30,37	01:56.63(+63)
24. Siem de Zeeuw (OZ&PC, 200800013)	50m 00:26.72 26,72	100m 00:57.05 30,33	150m 01:28.18 31,13	01:58.90(+67)
25. Wiktor Syldatk (De Dolfijn, 200305079)	50m 00:26.40 26,40	100m 00:55.44 29,04	150m 01:26.56 31,12	01:59.12(+72)
26. Louis Kappler (Zwemlust-den Hommel, 200205067)	50m 00:27.91 27,91	100m 00:57.84 29,93	150m 01:28.94 31,10	02:00.10(+70)
28. Martijn Nies (PSV, 200902095)	50m 00:27.74 27,74	100m 00:58.39 30,65	150m 01:29.65 31,26	02:00.22(+78)
31. Darren Chen (ZPC AMERSFOORT, 200001149)	50m 00:27.87 27,87	100m 00:58.80 30,93	150m 01:29.95 31,15	02:01.15(+65)
32. Ronis van Everdingen (DWK, 200300043)	50m 00:26.99 26,99	100m 00:57.76 30,77	150m 01:29.73 31,97	02:01.29(+79)
36. Arno Nelissen (Hellas-Glana, 200300229)	50m 00:27.28 27,28	100m 00:57.69 30,41	150m 01:29.26 31,57	02:01.48(+75)
37. Luc Mul (DAW, 200201025)	50m 00:27.88 27,88	100m 00:58.42 30,54	150m 01:30.12 31,70	02:01.50(+69)
40. Theodore Allan (PSV, 200902925)	50m 00:28.27 28,27	100m 00:59.72 31,45	150m 01:31.52 31,80	02:02.36(+66)
42. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:28.05 28,05	100m 00:59.17 31,12	150m 01:31.20 32,03	02:02.89(+74)
45. Nicko Kamphuis (De Warande, 199900887)	50m 00:28.23 28,23	100m 00:59.91 31,68	150m 01:32.17 32,26	02:03.01(+59)
47. Daan Hogerhuis (De Columbiaan, 200300317)	50m 00:27.79 27,79	100m 00:57.80 30,01	150m 01:30.21 32,41	02:03.41(+75)
50. Giulian Janssen (PSV, 200900125)	50m 00:28.72 28,72	100m 01:01.04 32,32	150m 01:32.18 31,14	02:03.50(+61)
53. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	50m 00:28.41 28,41	100m 00:59.58 31,17	150m 01:32.89 33,31	02:03.92(+79)
58. Rick van Hamond (Z&PC Zegenwerp, 199205873)	50m 00:28.33 28,33	100m 00:59.43 31,10	150m 01:32.57 33,14	02:04.98(+71)
<i>12 - 15 jaar (Junioren)</i>				
1. Thomas Braat (AZC, 200802269) [S14]	50m 00:32.82 32,82	100m 01:09.62 36,80	150m 01:47.61 37,99	02:24.98(+79)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)	50m 00:25.71 25,71	100m 00:53.51 27,80	150m 01:21.76 28,25	01:50.65(+64)
2. Bram Loots (Team Noord-Holland (SG), 200700197)	50m 00:26.45 26,45	100m 00:55.03 28,58	150m 01:24.65 29,62	01:54.61(+64)

3. Lucas van Rooij (PSV, 200603943)				01:56.80(+68)	
50m	00:27.21	100m	00:56.48	150m	01:26.51
27,21	29,27	30,03			
4. Boele Böhm (Blue Marlins, 200700739)				01:57.20(+69)	
50m	00:27.39	100m	00:57.03	150m	01:27.39
27,39	29,64	30,36			
5. Vincent Huele (Blue Marlins, 200703423)				02:00.18(+75)	
50m	00:27.67	100m	00:58.07	150m	01:29.40
27,67	30,40	31,33			
6. Tijn Hilders (De Dolfijn, 200700027)				02:00.99(+76)	
50m	00:27.60	100m	00:58.32	150m	01:30.14
27,60	30,72	31,82			
7. Denzel Barthen (WVZ, 200700147)				02:01.30(+73)	
50m	00:27.93	100m	00:58.69	150m	01:30.70
27,93	30,76	32,01			
8. Tim van Erven (DZ&PC, 200700175)				02:01.36(+76)	
50m	00:27.76	100m	00:58.26	150m	01:29.41
27,76	30,50	31,15			
9. Ties Berghs (ZEPS, 200700709)				02:01.40(+59)	
50m	00:27.09	100m	00:57.15	150m	01:28.78
27,09	30,06	31,63			
10. Storm Boxum (DZ&PC, 200700421)				02:01.71(+78)	
50m	00:27.90	100m	00:59.11	150m	01:30.07
27,90	31,21	30,96			
11. Mohammad Shouman (WS Twente, 200604397)				02:01.82(+65)	
50m	00:26.86	100m	00:57.41	150m	01:29.74
26,86	30,55	32,33			
12. Melle van Veen (Dedemsvaart-AC, 200700661)				02:02.71(+72)	
50m	00:27.78	100m	00:58.52	150m	01:30.61
27,78	30,74	32,09			
13. Jetze de Vries (De Vikings, 200602589)				02:02.93(+72)	
50m	00:28.64	100m	00:59.59	150m	01:31.46
28,64	30,95	31,87			
14. Nándor Szabó (De Dolfijn, 200700475)				02:02.97(+68)	
50m	00:27.85	100m	00:57.91	150m	01:30.01
27,85	30,06	32,10			
15. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)				02:03.40(+65)	
50m	00:27.93	100m	00:58.57	150m	01:31.26
27,93	30,64	32,69			
16. Jake Franse (Blue Marlins, 200703873)				02:03.43(+65)	
50m	00:27.86	100m	00:59.59	150m	01:31.63
27,86	31,73	32,04			
17. Lars Bulman (Blue Marlins, 200600125)				02:03.74(+67)	
50m	00:28.22	100m	00:59.67	150m	01:31.95
22,22	31,45	32,28			
18. Thijs Wellink (ZPC AMERSFOORT, 200600715)				02:03.76(+69)	
50m	00:27.55	100m	00:58.76	150m	01:31.59
27,55	31,21	32,83			
19. Marnix Rietveld (Team Noord-Holland (SG), 200700939)				02:03.96(+68)	
50m	00:28.04	100m	00:59.10	150m	01:30.82
28,04	31,06	31,72			
20. Bas Blanker (ACZ, 200601497)				02:04.12(+69)	
50m	00:28.91	100m	01:00.79	150m	01:33.26
28,91	31,88	32,47			
21. Storm Tolsma (Zignea, 200600277)				02:04.29(+75)	
50m	00:29.20	100m	01:00.43	150m	01:32.71
20,20	31,23	32,28			
22. Laurens Kalle (De Schotegil, 200600161)				02:04.76(+77)	
50m	00:28.15	100m	00:59.84	150m	01:33.55
28,15	31,69	33,71			
23. Niek Vreeling (OZ&PC, 200604211)				02:06.26(+75)	
50m	00:27.98	100m	00:59.74	150m	01:33.03
27,98	31,76	33,29			
24. Stijn Saelmans (Hellas-Glana, 200700373)				02:06.66(+73)	
50m	00:28.07	100m	00:59.93	150m	01:33.80
28,07	31,86	33,87			
25. Finn Rust (PSV, 200700469)				02:08.47(+68)	
50m	00:28.54	100m	01:01.24	150m	01:35.13
28,54	32,70	33,89			
26. Lars ten Katen (Batavia Swim, 200600959)				02:09.05(+73)	
50m	00:29.51	100m	01:01.47	150m	01:34.62
29,51	31,96	33,15			

1. Koen Marsman (ZPC AMERSFOORT, 200502763)	50m 00:25.61 25,61	100m 00:53.07 27,46	150m 01:21.40 28,33	01:50.16(+63)
2. Luuk van Rooij (PSV, 200400581)	50m 00:25.70 25,70	100m 00:53.86 28,16	150m 01:22.73 28,87	01:52.31(+69)
3. Merlin Belmon (Team NL - PSV, 200403191)	50m 00:26.22 26,22	100m 00:54.66 28,44	150m 01:23.64 28,98	01:52.61(+71)
4. Émile Fouzaï (Blue Marlins, 200500263)	50m 00:26.33 26,33	100m 00:54.92 28,59	150m 01:24.17 29,25	01:53.26(+71)
5. Efe öngören (Blue Marlins, 200504459)	50m 00:26.63 26,63	100m 00:55.11 28,48	150m 01:24.43 29,32	01:53.37(+65)
6. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	50m 00:26.55 26,55	100m 00:56.49 29,94	150m 01:26.65 30,16	01:56.82(+58)
7. Borys Rudman (Blue Marlins, 200504479)	50m 00:26.75 26,75	100m 00:56.15 29,40	150m 01:26.64 30,49	01:57.86(+68)
8. Colin Bes (Zwemclub Polaris, 200500201)	50m 00:26.98 26,98	100m 00:57.38 30,40	150m 01:27.82 30,44	01:58.23(+73)
9. Vince van der Pal (Team NL - De Dolfijn, 200401869)	50m 00:26.18 26,18	100m 00:54.95 28,77	150m 01:25.83 30,88	01:58.24(+69)
10. Rens Stijf (ZPC AMERSFOORT, 200501419)	50m 00:27.29 27,29	100m 00:57.09 29,80	150m 01:28.47 31,38	02:00.39(+65)
11. Koen Vissers (PSV, 200401429)	50m 00:28.56 28,56	100m 01:00.47 31,91	150m 01:32.45 31,98	02:03.48(+81)
7. 200m schoolslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Tes Schouten (Team NL - BZ&PC, 200003120)	50m 00:32.24 32,24	100m 01:09.49 37,25	150m 01:48.03 38,54	02:25.86(+65)
3. Anna van Droffelaar (Team NL - PSV, 200400258)	50m 00:34.44 34,44	100m 01:12.98 38,54	150m 01:52.78 39,80	02:33.78(+62)
4. Madelijne Schothans (De Dinkel, 200002416)	50m 00:35.16 35,16	100m 01:15.14 39,98	150m 01:55.86 40,72	02:38.09(+79)
6. Jade Geurts (WVZ, 200402278)	50m 00:35.79 35,79	100m 01:15.92 40,13	150m 01:57.43 41,51	02:39.12(+68)
10. Valesca van den Bogert (Hieronymus, 200102138)	50m 00:36.89 36,89	100m 01:18.13 41,24	150m 01:59.88 41,75	02:42.18(+70)
13. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m 00:36.37 36,37	100m 01:18.22 41,85	150m 02:01.10 42,88	02:43.99(+74)
14. Paula Spans (ZPC AMERSFOORT, 201000064)	50m 00:34.98 34,98	100m 01:15.72 40,74	150m 01:58.76 43,04	02:44.02(+74)
19. Chantalle Zijderveld (TeamNL PARA - ZPC AMERSFOORT, 200000702) [SB9]	50m 00:37.40 37,40	100m 01:19.83 42,43	150m 02:02.93 43,10	02:46.85(+67)
20. Yill van Bezouw (Hieronymus, 201100704)	50m 00:37.05 37,05	100m 01:19.44 42,39	150m 02:02.90 43,46	02:47.00(+71)
22. Silke Molendijk (ZVL-1886, 200100178)	50m 00:39.52 39,52	100m 01:22.20 42,68	150m 02:04.86 42,66	02:47.32(+67)
24. Tess Vonk (De Geul, 200900024)	50m 00:37.66 37,66	100m 01:19.84 42,18	150m 02:02.87 43,03	02:47.84(+64)
26. Carla Moreno Palacios (De Dolfijn, 201002302)	50m 00:36.71 36,71	100m 01:19.10 42,39	150m 02:03.89 44,79	02:48.85(+72)
27. Marre van der Wal (Bolsward-Workum (SG), 201000046)	50m 00:37.64 37,64	100m 01:20.87 43,23	150m 02:05.19 44,32	02:49.01(+73)

28. Kim Vos (De Woelwaters, 200000990)	50m 00:38.23 38,23	100m 01:21.06 42,83	150m 02:05.94 44,88	02:50.59(+78)
31. Isa Schellekens (Z&PC Zegenwerp, 200002330)	50m 00:39.34 39,34	100m 01:23.70 44,36	150m 02:07.01 43,31	02:50.63(+76)
35. Esther Tiemersma (Nayade, 200202962)	50m 00:39.08 39,08	100m 01:22.91 43,83	150m 02:07.22 44,31	02:52.07(+67)
37. Jolien Wind (Bubble, 200100510)	50m 00:38.68 38,68	100m 01:22.72 44,04	150m 02:07.45 44,73	02:52.80(+73)
42. Alysha de Jong (ZPCH, 200400086)	50m 00:38.25 38,25	100m 01:21.49 43,24	150m 02:07.97 46,48	02:54.90(+81)
45. Merel Leuring (AZC, 200401204)	50m 00:39.39 39,39	100m 01:24.25 44,86	150m 02:10.31 46,06	02:56.80(+72)
47. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	50m 00:38.44 38,44	100m 01:24.03 45,59	150m 02:10.55 46,52	02:58.18(+73)
49. Alessia Sluis (Dedemsvaart-AC, 200300896)	50m 00:39.11 39,11	100m 01:24.08 44,97	150m 02:11.11 47,03	02:59.71(+72)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>				
1. Nieke Dovic (PSV, 200700238)	50m 00:36.33 36,33	100m 01:17.83 41,50	150m 01:57.60 39,77	02:39.15(+80)
2. Dachen Haaijer (ZPC Hoogeveen, 200800380)	50m 00:36.87 36,87	100m 01:18.69 41,82	150m 01:59.94 41,25	02:41.34(+81)
3. Esmee Mulder (DZ&PC, 200800038)	50m 00:38.17 38,17	100m 01:19.88 41,71	150m 02:01.96 42,08	02:43.75(+69)
4. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	50m 00:37.41 37,41	100m 01:19.35 41,94	150m 02:01.78 42,43	02:44.24(+70)
4. Nina Zusterzeel (PSV, 200800656)	50m 00:37.82 37,82	100m 01:19.46 41,64	150m 02:01.73 42,27	02:44.24(+70)
6. Benigna Kocsispeter (Hellas-Glana, 200702058)	50m 00:37.17 37,17	100m 01:19.26 42,09	150m 02:01.82 42,56	02:44.86(+68)
7. Diede de Vries (Zwemlust-den Hommel, 200803558)	50m 00:36.53 36,53	100m 01:18.57 42,04	150m 02:02.19 43,62	02:47.29(+70)
8. Rhodee van den Ham (De Duinkickers, 200700090)	50m 00:39.42 39,42	100m 01:23.32 43,90	150m 02:06.02 42,70	02:47.65(+74)
9. Veerle Hildebrand (PSV, 200801830)	50m 00:37.48 37,48	100m 01:19.62 42,14	150m 02:03.31 43,69	02:47.89(+74)
10. Alexandra Gepkens (VZC, 200701690)	50m 00:37.69 37,69	100m 01:20.52 42,83	150m 02:04.64 44,12	02:50.61(+69)
11. Lisa Dirkzwager (Blue Marlins, 200703458)	50m 00:37.81 37,81	100m 01:22.32 44,51	150m 02:07.19 44,87	02:50.74(+81)
12. Annique Rupke (WVZ, 200700876)	50m 00:39.16 39,16	100m 01:23.15 43,99	150m 02:07.58 44,43	02:52.29(+72)
13. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:39.12 39,12	100m 01:22.74 43,62	150m 02:07.59 44,85	02:53.33(+77)
14. Liv Heijdra (WVZ, 200800736)	50m 00:38.08 38,08	100m 01:21.71 43,63	150m 02:07.35 45,64	02:53.63(+73)
15. Annika Hogenhuis (Zwemlust-den Hommel, 200701340)	50m 00:37.53 37,53	100m 01:20.97 43,44	150m 02:06.94 45,97	02:54.49(+81)
16. Leonoor Smale (Aqua-Novio'94, 200800942)	50m 00:39.34 39,34	100m 01:24.42 45,08	150m 02:10.08 45,66	02:55.95(+84)

17. Isa Jansen (SBC2000, 200701176)		02:56.55(+70)
50m 00:39.29 39,29	100m 01:24.13 44,84	150m 02:10.18 46,05
18. Mila Oomens (NieMo Barracuda, 200700016)		02:56.91(+75)
50m 00:39.10 39,10	100m 01:24.25 45,15	150m 02:10.50 46,25
19. Pascalie Smal (DAW, 200802958)		02:59.11(+62)
50m 00:40.54 40,54	100m 01:26.56 46,02	150m 02:12.83 46,27
<i>17 - 18 jaar</i>		
1. Djanilla Brink (De Dolfijn, 200600988)		02:32.60(+79)
50m 00:34.44 34,44	100m 01:12.60 38,16	150m 01:52.37 39,77
2. Bridget Vermeer (ZPC AMERSFOORT, 200501766)		02:38.23(+79)
50m 00:34.75 34,75	100m 01:14.57 39,82	150m 01:56.08 41,51
3. Hedwig Bolt (HZ&PC Heerenveen, 200602660)		02:39.58(+78)
50m 00:36.58 36,58	100m 01:17.79 41,21	150m 01:58.53 40,74
4. Leyla Oversluisen (Feijenoord Albion Zwemclub, 200602730)		02:43.98(+70)
50m 00:35.97 35,97	100m 01:17.02 41,05	150m 01:59.82 42,80
5. Kim Oudendijk (DAW, 200600964)		02:44.46(+76)
50m 00:35.93 35,93	100m 01:17.85 41,92	150m 02:00.33 42,48
6. Anouchka Bos (NieMo Barracuda, 200501528)		02:50.62(+73)
50m 00:38.05 38,05	100m 01:21.15 43,10	150m 02:06.15 45,00
7. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)		02:51.68(+83)
50m 00:37.04 37,04	100m 01:20.30 43,26	150m 02:05.49 45,19
8. Renske Oude Egbrink (OZ&PC, 200600040)		02:51.83(+74)
50m 00:38.65 38,65	100m 01:22.75 44,10	150m 02:07.15 44,40
9. Lise Kleinbekman (DZ&PC, 200502870)		02:52.83(+75)
50m 00:37.82 37,82	100m 01:21.31 43,49	150m 02:06.44 45,13
8. 50m rugslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Olivier van de Voort (De Dolfijn, 199703035) [S10]		00:28.34(+75)
2. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10]		00:30.60(+75)
3. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]		00:29.99(+57)
4. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14]		00:32.47(+66)
5. Lars Jacobsen (DWK, 199705453) [S14]		00:35.15(+71)
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Niels Dijkshoorn (Team NL - PSV, 200203079)		00:26.24(+59)
2. Luuk Smits (Nuenen, 200001015)		00:26.49(+55)
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)		00:26.57(+57)
6. Bjarne van Oord (De Dolfijn, 200105101)		00:26.59(+55)
7. Raf Hendriks (Hellas-Glana, 200100879)		00:26.78(+59)
10. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)		00:27.01(+53)
11. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)		00:27.07(+61)
12. Michael Smink (Blue Marlins, 200302169)		00:27.08(+59)
13. Sjoerd van Weelden (Feijenoord Albion Zwemclub, 200101217)		00:27.45(+61)
16. Niek Heethaar (DWK, 199900999)		00:28.00(+59)
18. Max Peters (Nuenen, 199903123)		00:28.11(+59)
25. Sander Iuga (Feijenoord Albion Zwemclub, 200101389)		00:28.38(+54)

26. Matthijs van Meerendonk (DZ&PC, 199900375)	00:28.39(+59)
27. Ivo van Dijck (Blue Marlins, 199702985)	00:28.41(+59)
29. Arjan Hanse (ZPC AMERSFOORT, 199500657)	00:28.57(+64)
31. Daan Hogerhuis (De Columbiaan, 200300317)	00:28.79(+63)
32. Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357)	00:28.87(+64)
33. Mees Niemeijer (DZ&PC, 200201275)	00:28.90(+61)
34. Arno Nelissen (Hellas-Glana, 200300229)	00:28.96(+72)
36. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:29.05(+59)
37. Rein Stoel (ZVL-1886, 200800463)	00:29.06(+58)
38. Thom Delno (VZC, 200000013)	00:29.17(+67)
41. Job Sanders (ZPC AMERSFOORT, 200304913)	00:29.29(+66)
42. Louis Kappler (Zwemlust-den Hommel, 200205067)	00:29.37(+63)
43. Thijs de Geus (Olympia, 200200349)	00:29.38(+69)
46. Rick van Hamond (Z&PC Zegenwerp, 199205873)	00:29.43(+60)
48. Wendell Zinhagel (Blue Marlins, 200005739)	00:29.49(+67)
49. Siem de Zeeuw (OZ&PC, 200800013)	00:29.54(+51)
50. Taco Hengstman (ZPC Hoogeveen, 200304601)	00:29.55(+75)
51. Lars van der Haijden (Hellas-Glana, 199900225)	00:29.57(+61)
53. Bjorn de Heus (Feijenoord Albion Zwemclub, 200201077)	00:29.60(+61)
56. Sjors Lemmers (Merlet, 200300555)	00:29.70(+63)
62. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:30.01(+61)
65. Robin van Beek (ZVL-1886, 199704023)	00:30.29(+58)
68. Alan Smeets (Zwemsport Parkstad, 198402089)	00:30.59(+74)
<i>12 - 15 jaar (Junioren)</i>	
1. Thomas Braat (AZC, 200802269) [S14]	00:35.48(+72)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Daan Sonneveld (WVZ, 200601085)	00:26.51(+59)
2. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)	00:27.45(+50)
3. Niek Issard (DZ&PC, 200700037)	00:27.96(+68)
4. Thom De Hoog (Blue Marlins, 200600019)	00:28.20(+64)
5. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	00:28.22(+59)
6. Jake Franse (Blue Marlins, 200703873)	00:28.29(+61)
7. Jisse Lousma (WVZ, 200701493)	00:28.52(+51)
8. Lars ten Katen (Batavia Swim, 200600959)	00:28.62(+65)
9. Mike Tjepkema (Team Noord-Holland (SG), 200603029)	00:28.96(+62)
10. Lars Heddema (Steenwijk 1934, 200603697)	00:29.39(+62)
11. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:29.40(+56)
12. Thomas Boer (Zwemclub Polaris, 200600769)	00:29.47(+65)
13. Gaëtan Spicq (Blue Marlins, 200701807)	00:29.63(+66)

14. Tim van Rooij (PSV, 200700129)	00:29.83(+57)
15. Mads van Norden (ZPC AMERSFOORT, 200700029)	00:29.84(+67)
15. Niek Vreeling (OZ&PC, 200604211)	00:29.84(+73)
17. Chris Geers (WZV, 200600131)	00:29.91(+68)
18. Lias IJzerman (Dedemsvaart-AC, 200703145)	00:30.09(+70)
19. Marcelino Gomez Gonzalez (PSV, 200601473)	00:30.27(+67)
20. Tijs Kruithof (Het Ravijn, 200701181)	00:30.30(+69)
21. Finmar Rijnkels (Dedemsvaart-AC, 200604219)	00:30.59(+64)
22. Sem Belmon (PSV, 200702099)	00:30.83(+65)
23. Daniel Critchell (Deltasteur, 200700439)	00:31.15(+65)
24. Arie Brussaard (Batavia Swim, 200700781)	00:31.90(+53)
<i>18 - 19 jaar (Senioren 1 en 2)</i>	
1. Jay de Vries (Blue Marlins, 200400669)	00:26.55(+58)
2. Domingo Kuipers (DZ&PC, 200501787)	00:26.78(+57)
3. Lars Minnaert (PSV, 200502355)	00:26.93(+54)
4. Yassine Mellah (Feijenoord Albion Zwemclub, 200502159)	00:28.01(+55)
5. Youri Voet (De Duinkickers, 200502269)	00:28.27(+65)
6. Marc Manning (PSV, 200400167)	00:28.29(+64)
7. Kaito van Meeteren (De Dolfijn, 200404271)	00:29.20(+61)
7. Gabriel Been (De Otters Het Gooi, 200501467)	00:29.20(+73)
9. Gijs Vrieling (Dedemsvaart-AC, 200503811)	00:29.57(+58)
10. Rens Stijf (ZPC AMERSFOORT, 200501419)	00:29.61(+58)
11. Sofyan El Fhim (Aqua-Novio'94, 200502131)	00:30.47(+63)

sessie 2 - finales - donderdag 13 juni 2024 om 17:00u (50 m)

Aanvangstijd juryvergadering: 16:00u

9. 4x100m wisselslag

vanaf 11 jaar

1. ZPC AMERSFOORT		03:56.02
Austin Namesnik 2001 (+59)	50m	00:28.03 28,03
Austin Namesnik 2001 (+59)	100m	00:56.92 28,89
Duncan van Haaren 2000 (+20)	150m	01:25.86 28,94
Duncan van Haaren 2000 (+20)	200m	01:59.57 33,71
Femke Spiering 2002 (+51)	250m	02:27.16 27,59
Femke Spiering 2002 (+51)	300m	02:59.26 32,10
Elise Hardeman 2001 (+43)	350m	03:26.60 27,34
Elise Hardeman 2001 (+43)	400m	03:56.02 29,42
2. De Dolfijn		03:59.70
Bjarne van Oord 2001 (+56)	50m	00:28.31 28,31
Bjarne van Oord 2001 (+56)	100m	00:58.00 29,69
Juri Dijkstra 2000 (+25)	150m	01:27.59 29,59
Juri Dijkstra 2000 (+25)	200m	02:01.87 34,28
Elise Tanis 2002 (+52)	250m	02:30.46 28,59
Elise Tanis 2002 (+52)	300m	03:04.08 33,62
Femke Hoppenbrouwer 2003 (+12)	350m	03:30.50 26,42
Femke Hoppenbrouwer 2003 (+12)	400m	03:59.70 29,20
3. Feijenoord Albion Zwemclub		03:59.85

Ensger Kotterink 1994 (+56)	50m	00:27.87	27,87	
Ensger Kotterink 1994 (+56)	100m	00:58.36	30,49	
Fenna de Groot 1997 (+39)	150m	01:32.26	33,90	
Fenna de Groot 1997 (+39)	200m	02:12.90	40,64	
Sean Niewold 2002 (+46)	250m	02:36.99	24,09	
Sean Niewold 2002 (+46)	300m	03:04.88	27,89	
Tessa Giele 2002 (+35)	350m	03:31.00	26,12	
Tessa Giele 2002 (+35)	400m	03:59.85	28,85	
4. Blue Marlins [SM13]				04:11.20
Thomas van Wanrooij 2002 (+59)	50m	00:30.10	30,10	
Thomas van Wanrooij 2002 (+59)	100m	01:02.63	32,53	
Lisa Dirkzwager 2007 (+76)	150m	01:37.36	34,73	
Lisa Dirkzwager 2007 (+76)	200m	02:18.61	41,25	
Michael Smink 2003 (+21)	250m	02:42.71	24,10	
Michael Smink 2003 (+21)	300m	03:13.63	30,92	
Megan Jonkman 2006 (+41)	350m	03:41.67	28,04	
Megan Jonkman 2006 (+41)	400m	04:11.20	29,53	
5. Dedemsvaart-AC				04:15.95
Ismay Lichtendonk 2004 (+56)	50m	00:30.57	30,57	
Ismay Lichtendonk 2004 (+56)	100m	01:03.16	32,59	
Ruben Hoeve 2003 (+57)	150m	01:35.63	32,47	
Ruben Hoeve 2003 (+57)	200m	02:13.74	38,11	
Stan Tibben 2005 (+13)	250m	02:41.16	27,42	
Stan Tibben 2005 (+13)	300m	03:15.32	34,16	
Michelle Zomerdijk 2000 (+40)	350m	03:43.79	28,47	
Michelle Zomerdijk 2000 (+40)	400m	04:15.95	32,16	
6. Blue Marlins				04:17.51
Thom De Hoog 2006 (+68)	50m	00:30.22	30,22	
Thom De Hoog 2006 (+68)	100m	01:02.07	31,85	
Roan van der Weide 2006 (+45)	150m	01:32.46	30,39	
Roan van der Weide 2006 (+45)	200m	02:07.83	35,37	
Marit Boomers 2008 (+42)	250m	02:39.43	31,60	
Marit Boomers 2008 (+42)	300m	03:15.77	36,34	
Lynn Blommers 2007 (+29)	350m	03:44.80	29,03	
Lynn Blommers 2007 (+29)	400m	04:17.51	32,71	
7. Zwemlust-den Hommel				04:22.16
Thijmen Peeters 2005 (+59)	50m	00:30.78	30,78	
Thijmen Peeters 2005 (+59)	100m	01:04.49	33,71	
Diede de Vries 2008 (+55)	150m	01:40.49	36,00	
Diede de Vries 2008 (+55)	200m	02:22.31	41,82	
Louis Kappler 2002 (+3)	250m	02:49.12	26,81	
Louis Kappler 2002 (+3)	300m	03:20.79	31,67	
Manon Kloosterman 1997 (+41)	350m	03:49.81	29,02	
Manon Kloosterman 1997 (+41)	400m	04:22.16	32,35	
8. Steenwijk 1934				04:24.04
Lars Heddema 2006 (+63)	50m	00:30.46	30,46	
Lars Heddema 2006 (+63)	100m	01:03.36	32,90	
Kay van Sleen 2004 (+42)	150m	01:37.03	33,67	
Kay van Sleen 2004 (+42)	200m	02:15.92	38,89	
Jolijn Liezen 2005 (+23)	250m	02:45.47	29,55	
Jolijn Liezen 2005 (+23)	300m	03:21.84	36,37	
Karlijn Dijkshoorn 2008 (+22)	350m	03:51.28	29,44	
Karlijn Dijkshoorn 2008 (+22)	400m	04:24.04	32,76	
9. Dedemsvaart-AC				04:25.20
Tiamo van der Veen 2006 (+62)	50m	00:29.12	29,12	
Tiamo van der Veen 2006 (+62)	100m	01:00.41	31,29	
Emiel de Bruijn 2007 (+25)	150m	01:33.19	32,78	
Emiel de Bruijn 2007 (+25)	200m	02:12.47	39,28	
Alessia Sluis 2003 (+32)	250m	02:44.12	31,65	
Alessia Sluis 2003 (+32)	300m	03:22.11	37,99	
Lois Waterham 2008 (+37)	350m	03:51.91	29,80	
Lois Waterham 2008 (+37)	400m	04:25.20	33,29	

10. ZPCH				04:25.54
	Ruud Holswilder 1978 (+70)	50m	00:32.59 32,59	
	Ruud Holswilder 1978 (+70)	100m	01:07.59 35,00	
	Thomas Vastenhout 2002 (+53)	150m	01:40.31 32,72	
	Thomas Vastenhout 2002 (+53)	200m	02:18.18 37,87	
	Kim Zwinkels 2003 (+39)	250m	02:48.32 30,14	
	Kim Zwinkels 2003 (+39)	300m	03:24.06 35,74	
	Jenny Muntinga 2009 (+10)	350m	03:53.20 29,14	
	Jenny Muntinga 2009 (+10)	400m	04:25.54 32,34	
11. DZ&PC				04:26.17
	Mees Niemeijer 2002 (+67)	50m	00:30.25 30,25	
	Mees Niemeijer 2002 (+67)	100m	01:03.43 33,18	
	Lise Kleinbekman 2005 (+58)	150m	01:39.56 36,13	
	Lise Kleinbekman 2005 (+58)	200m	02:22.74 43,18	
	Luca Ebbinghe 1998 (+14)	250m	02:53.60 30,86	
	Luca Ebbinghe 1998 (+14)	300m	03:30.72 37,12	
	Tim van Erven 2007 (+46)	350m	03:57.19 26,47	
	Tim van Erven 2007 (+46)	400m	04:26.17 28,98	
12. ZEPS				04:29.32
	Nina Derckx 2007 (+76)	50m	00:36.17 36,17	
	Nina Derckx 2007 (+76)	100m	01:14.44 38,27	
	Jesse Marijn Thimister 2006 (+21)	150m	01:46.89 32,45	
	Jesse Marijn Thimister 2006 (+21)	200m	02:25.69 38,80	
	Ties Berghs 2007 (+23)	250m	02:53.23 27,54	
	Ties Berghs 2007 (+23)	300m	03:25.28 32,05	
	Kiki Derckx 2004 (+44)	350m	03:55.64 30,36	
	Kiki Derckx 2004 (+44)	400m	04:29.32 33,68	
13. Zwemvereniging Hoogland				04:29.89
	Anne-Irene Ducheine 1995 (+54)	50m	00:34.59 34,59	
	Anne-Irene Ducheine 1995 (+54)	100m	01:12.55 37,96	
	Yuri van Omme 1985 (+15)	150m	01:45.38 32,83	
	Yuri van Omme 1985 (+15)	200m	02:23.69 38,31	
	Bas Dries 1995 (+34)	250m	02:51.89 28,20	
	Bas Dries 1995 (+34)	300m	03:26.53 34,64	
	Jamilla van Omme - van Veen 1996 (+49)	350m	03:56.49 29,96	
	Jamilla van Omme - van Veen 1996 (+49)	400m	04:29.89 33,40	
14. De Otters Het Gooi				04:30.55
	Famke Irvine 2005 (+73)	50m	00:33.57 33,57	
	Famke Irvine 2005 (+73)	100m	01:11.18 37,61	
	Gabriel Been 2005 (+54)	150m	01:44.25 33,07	
	Gabriel Been 2005 (+54)	200m	02:22.90 38,65	
	Isis Verhoeff 2009 (+73)	250m	02:55.63 32,73	
	Isis Verhoeff 2009 (+73)	300m	03:34.85 39,22	
	Julian Prummel 2005 (+51)	350m	04:01.44 26,59	
	Julian Prummel 2005 (+51)	400m	04:30.55 29,11	
15. Dedemsvaart-AC				04:30.97
	Lias IJzerman 2007 (+69)	50m	00:31.40 31,40	
	Lias IJzerman 2007 (+69)	100m	01:04.71 33,31	
	Marlies Dijsselhof 2006 (+41)	150m	01:40.61 35,90	
	Marlies Dijsselhof 2006 (+41)	200m	02:22.84 42,23	
	Leyona Lichtendonk 2007 (+45)	250m	02:55.48 32,64	
	Leyona Lichtendonk 2007 (+45)	300m	03:34.84 39,36	
	Melle van Veen 2007 (+51)	350m	04:01.49 26,65	
	Melle van Veen 2007 (+51)	400m	04:30.97 29,48	
16. OZ&PC				04:36.44
	Sofie Kleissen 2009 (+58)	50m	00:35.51 35,51	
	Sofie Kleissen 2009 (+58)	100m	01:13.65 38,14	
	Renske Oude Egbrink 2006 (+64)	150m	01:52.25 38,60	
	Renske Oude Egbrink 2006 (+64)	200m	02:36.20 43,95	
	Jens zum Grotenhoff 2002 (+40)	250m	03:05.72 29,52	
	Jens zum Grotenhoff 2002 (+40)	300m	03:42.95 37,23	
	Siem de Zeeuw 2008 (+18)	350m	04:08.33 25,38	
	Siem de Zeeuw 2008 (+18)	400m	04:36.44 28,11	

101. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11] 05:14.72(+68)
 50m 00:34.03 34,03 150m 01:54.58 40,94 250m 03:16.12 40,30 350m 04:34.70 39,98
 100m 01:13.64 39,61 200m 02:35.82 41,24 300m 03:54.72 38,60
2. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 04:49.14(+89)
 50m 00:31.46 31,46 150m 01:44.71 37,61 250m 02:59.67 37,17 350m 04:13.36 36,14
 100m 01:07.10 35,64 200m 02:22.50 37,79 300m 03:37.22 37,55
3. Aguila Dolsma (Blue Marlins, 200603902) [S14] 05:37.80(+82)
 50m 00:36.57 36,57 150m 02:02.26 43,19 250m 03:28.84 42,89 350m 04:56.93 44,11
 100m 01:19.07 42,50 200m 02:45.95 43,69 300m 04:12.82 43,98
4. Gallyon Mulder (Bubble, 200804434) [S14] 06:01.92(+76)
 50m 00:39.63 39,63 150m 02:09.56 45,75 250m 03:43.48 46,90 350m 05:17.68 47,03
 100m 01:23.81 44,18 200m 02:56.58 47,02 300m 04:30.65 47,17
5. Gwyneth van der Spek (Batavia Swim, 201102806) [S7] 07:27.79
 50m 00:51.88 51,88 150m 02:47.90 58,70 250m 04:44.91 58,64 350m 06:37.56 55,33
 100m 01:49.20 57,32 200m 03:46.27 58,37 300m 05:42.23 57,32

1. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Janna van Kooten (Team NL - ZPC Hoogeveen, 200404584) 04:12.42(+71)
 50m 00:29.34 29,34 150m 01:33.83 32,39 250m 02:38.86 32,40 350m 03:41.76 31,03
 100m 01:01.44 32,10 200m 02:06.46 32,63 300m 03:10.73 31,87
2. Imani de Jong (Team NL - PSV, 200200464) 04:14.42(+70)
 50m 00:29.33 29,33 150m 01:33.79 32,42 250m 02:38.96 32,58 350m 03:43.22 31,71
 100m 01:01.37 32,04 200m 02:06.38 32,59 300m 03:11.51 32,55
3. Angelina Rolman (Team NL - De Dolfijn, 200701972) 04:17.44(+71)
 50m 00:29.68 29,68 150m 01:35.20 32,82 250m 02:40.95 32,84 350m 03:46.02 32,50
 100m 01:02.38 32,70 200m 02:08.11 32,91 300m 03:13.52 32,57
4. Serena Stel (De Dolfijn, 199801528) 04:20.28(+69)
 50m 00:29.70 29,70 150m 01:35.76 33,46 250m 02:42.04 33,15 350m 03:47.62 32,52
 100m 01:02.30 32,60 200m 02:08.89 33,13 300m 03:15.10 33,06
5. Hedwig Bolt (HZ&PC Heerenveen, 200602660) 04:21.60(+79)
 50m 00:30.15 30,15 150m 01:36.46 33,09 250m 02:43.18 33,18 350m 03:49.65 33,03
 100m 01:03.37 33,22 200m 02:10.00 33,54 300m 03:16.62 33,44
6. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218) 04:24.49(+74)
 50m 00:30.14 30,14 150m 01:36.07 33,27 250m 02:43.39 33,65 350m 03:51.18 34,01
 100m 01:02.80 32,66 200m 02:09.74 33,67 300m 03:17.17 33,78
7. Frouke Ludwig (DZ&PC, 200800112) 04:26.97(+72)
 50m 00:30.57 30,57 150m 01:37.98 34,21 250m 02:45.57 33,60 350m 03:53.75 34,36
 100m 01:03.77 33,20 200m 02:11.97 33,99 300m 03:19.39 33,82
8. Julie van Nispen (Nuenen, 200800290) 04:27.91(+70)
 50m 00:30.34 30,34 150m 01:37.67 33,91 250m 02:46.04 34,38 350m 03:54.58 34,22
 100m 01:03.76 33,42 200m 02:11.66 33,99 300m 03:20.36 34,32
9. Nikita van den Ouden (PSV, 199900622) 04:29.60(+76)
 50m 00:30.42 30,42 150m 01:38.55 34,38 250m 02:47.62 34,16 350m 03:56.68 34,34
 100m 01:04.17 33,75 200m 02:13.46 34,91 300m 03:22.34 34,72
10. Bregje Dekkers (PSV, 200900746) 04:30.22(+72)
 50m 00:31.25 31,25 150m 01:39.64 34,52 250m 02:48.76 34,52 350m 03:57.77 34,45
 100m 01:05.12 33,87 200m 02:14.24 34,60 300m 03:23.32 34,56
11. Merel Schravendijk (Blue Marlins, 200503382) 04:31.45(+75)
 50m 00:30.75 30,75 150m 01:38.05 33,89 250m 02:47.17 34,58 350m 03:57.34 35,16
 100m 01:04.16 33,41 200m 02:12.59 34,54 300m 03:22.18 35,01
12. Alysha de Jong (ZPCH, 200400086) 04:36.17(+81)
 50m 00:30.97 30,97 150m 01:40.17 35,04 250m 02:51.46 35,84 350m 04:02.70 35,25

	100m 01:05.13 34,16	200m 02:15.62 35,45	300m 03:27.45 35,99	
13. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:31.46 31,46	150m 01:42.83 36,17	250m 02:52.12 35,08	350m 04:02.72 35,33
	100m 01:06.66 35,20	200m 02:17.04 34,21	300m 03:27.39 35,27	04:37.27(+83)
14. Myrthe Natzijl (DZ&PC, 200400076)	50m 00:31.49 31,49	150m 01:40.81 34,94	250m 02:51.96 35,60	350m 04:03.26 35,43
	100m 01:05.87 34,38	200m 02:16.36 35,55	300m 03:27.83 35,87	04:37.69(+79)
15. Amé Hulleman (DZ&PC, 200202794)	50m 00:31.13 31,13	150m 01:40.32 34,91	250m 02:51.10 35,50	350m 04:02.91 36,17
	100m 01:05.41 34,28	200m 02:15.60 35,28	300m 03:26.74 35,64	04:38.51(+81)
16. Lynn Blommers (Blue Marlins, 200105062)	50m 00:31.13 31,13	150m 01:41.55 35,66	250m 02:53.94 36,27	350m 04:06.03 35,66
	100m 01:05.89 34,76	200m 02:17.67 36,12	300m 03:30.37 36,43	04:40.73(+72)
. Anique Hazebroek (ZPC AMERSFOORT, 200502196)				
. Renske Dutilh (Het Y, 200201188)				
102. 100m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>				
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [SB11]	50m 00:33.42 33,42			01:11.52(+65)
2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [SB6]	50m 00:39.40 39,40			01:24.44(+83)
3. Marc Evers (De Dolfijn, 199107425) [SB14]	50m 00:33.50 33,50			01:10.62(+84)
4. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [SB13]	50m 00:32.69 32,69			01:10.85(+69)
5. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [SB9]	50m 00:35.15 35,15			01:15.44(+72)
6. Cheng Van Vondel (KSN (SG), 200902673) [SB8]	50m 00:48.40 48,40			01:42.50(+80)
2. 100m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>				
1. Caspar Corbeau (Team NL - ZPC AMERSFOORT, 200105099)	50m 00:27.78 27,78			00:59.35(+66)
2. Koen de Groot (Team NL - PSV, 200401059)	50m 00:27.93 27,93			01:00.30(+61)
3. Bram Zwetsloot (Team NL - Nuenen, 200202117)	50m 00:28.50 28,50			01:01.63(+62)
4. Ivo Kroes (Team NL - Azuro, 200300079)	50m 00:28.99 28,99			01:02.13(+65)
5. Lucas Greven (Hellas-Glana, 199501941)	50m 00:29.66 29,66			01:03.36(+67)
6. Lars Verhalle (PSV, 200200019)	50m 00:29.72 29,72			01:03.78(+71)
7. Cas Verstegen (PSV, 200500891)	50m 00:30.07 30,07			01:03.87(+67)
8. Anders van Norden (ZPC AMERSFOORT, 200400039)	50m 00:29.88 29,88			01:04.14(+66)
9. Duncan van Haaren (ZPC AMERSFOORT, 200000681)	50m 00:30.18 30,18			01:04.38(+67)
10. Wytse Broekstra (De Vikings, 200800121)				01:04.68(+75)

50m 00:31.08 31,08

11. Collin van der Hoff (WVZ, 200604357) 50m 00:30.40 30,40	01:04.74(+66)
12. Joost de Roy van Zuydewijn (WVZ, 200000255) 50m 00:30.22 30,22	01:04.80(+66)
13. Storm Boxum (DZ&PC, 200700421) 50m 00:30.58 30,58	01:04.86(+76)
14. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807) 50m 00:31.12 31,12	01:05.22(+77)
15. Lars Diesch (Nuenen, 200103189) 50m 00:30.92 30,92	01:06.10(+71)
16. Roan van der Weide (Blue Marlins, 200601629) 50m 00:30.92 30,92	01:06.19(+70)
. Wietse Waninge (ZPC AMERSFOORT, 199800023)	
103. 50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]	00:30.39(+72)
2. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9]	00:31.49(+74)
3. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]	00:32.65(+77)
4. Marije Oosterhuis (Azuro, 199500318) [S10]	00:34.59(+77)
5. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]	00:35.79(+76)
6. Milou van Winkel (WVZ, 200402296) [S14]	00:37.34(+74)
8. Gallyon Mulder (Bubble, 200804434) [S14]	00:40.50(+73)
3. 50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	00:26.24(+61)
2. Sara Korhuis (DZ&PC, 200600494)	00:27.21(+72)
3. Femke Spiering (ZPC AMERSFOORT, 200204514)	00:27.45(+75)
4. Jinth Engelse (NieMo Barracuda, 200800204)	00:27.64(+68)
5. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:27.70(+73)
6. Elise Tanis (De Dolfijn, 200200120)	00:27.73(+68)
7. Manon Manning (PSV, 199904118)	00:27.84(+74)
8. Kim Jansen van Galen (PSV, 200201594)	00:28.13(+70)
9. Kirsten Verhalle (PSV, 200400210)	00:27.50(+71)
10. Evy Rozeboom (DAW, 200601338)	00:28.01(+76)
11. Amber Celie (De Dolfijn, 200300756)	00:28.12(+69)
12. Anne Fleur Willemsen (Azuro, 199901396)	00:28.41(+77)
13. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796)	00:28.70(+68)
14. Marit Huisman (WVZ, 200502620)	00:28.73(+70)
15. Colinda van der Zanden (Aqua-Novio'94, 200502618)	00:28.76(+68)
16. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	00:28.85(+70)
. Jente Koren (NDD, 200703560)	

. Karlijn Offeringa (ZVVS, 200503292)

4. 400m wisselslag - Heren

vanaf 11 jaar (Senioren Open)

1. Thomas Jansen (Team NL - WVZ, 200100143)						04:16.24(+73)					
50m	00:26.82	26,82	150m	01:30.77	33,29	250m	02:39.63	36,48	350m	03:47.03	30,39
100m	00:57.48	30,66	200m	02:03.15	32,38	300m	03:16.64	37,01			
2. Yanieck Weijland (Team NL - Blue Marlins, 200500329)						04:25.25(+68)					
50m	00:27.85	27,85	150m	01:36.15	35,93	250m	02:48.45	36,20	350m	03:56.29	30,31
100m	01:00.22	32,37	200m	02:12.25	36,10	300m	03:25.98	37,53			
3. Tiede Groener (De Dinkel, 200700155)						04:35.11(+74)					
50m	00:28.03	28,03	150m	01:37.86	36,80	250m	02:52.46	39,19	350m	04:04.61	32,39
100m	01:01.06	33,03	200m	02:13.27	35,41	300m	03:32.22	39,76			
4. Joris Janssen (Aqua-Novio'94, 200301311)						04:39.81(+76)					
50m	00:29.11	29,11	150m	01:39.18	37,38	250m	02:55.02	39,23	350m	04:07.92	33,48
100m	01:01.80	32,69	200m	02:15.79	36,61	300m	03:34.44	39,42			
5. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)						04:43.98(+61)					
50m	00:28.45	28,45	150m	01:39.85	37,57	250m	02:57.07	39,79	350m	04:11.52	33,42
100m	01:02.28	33,83	200m	02:17.28	37,43	300m	03:38.10	41,03			
6. Mies de Wit (CWW Swim team (SG), 200700315)						04:46.56(+68)					
50m	00:28.74	28,74	150m	01:41.65	38,29	250m	03:00.49	40,84	350m	04:14.74	33,43
100m	01:03.36	34,62	200m	02:19.65	38,00	300m	03:41.31	40,82			
7. Youri Voet (De Duinkickers, 200502269)						04:57.02(+71)					
50m	00:29.20	29,20	150m	01:41.66	37,62	250m	03:01.59	43,01	350m	04:22.92	35,89
100m	01:04.04	34,84	200m	02:18.58	36,92	300m	03:47.03	45,44			
9. Abel te Riele (WVZ, 200402317)						04:46.49(+73)					
50m	00:29.08	29,08	150m	01:42.22	38,21	250m	02:59.61	39,63	350m	04:14.05	33,82
100m	01:04.01	34,93	200m	02:19.98	37,76	300m	03:40.23	40,62			
10. Ronis van Everdingen (DWK, 200300043)						04:49.55(+80)					
50m	00:28.44	28,44	150m	01:41.14	37,43	250m	03:01.13	41,99	350m	04:17.83	34,03
100m	01:03.71	35,27	200m	02:19.14	38,00	300m	03:43.80	42,67			
11. Rick Offeringa (DZ&PC, 200300979)						04:53.52(+76)					
50m	00:29.54	29,54	150m	01:45.70	39,19	250m	03:04.58	39,64	350m	04:20.54	34,58
100m	01:06.51	36,97	200m	02:24.94	39,24	300m	03:45.96	41,38			
12. Storm Tolsma (Zignea, 200600277)						04:53.97(+75)					
50m	00:29.74	29,74	150m	01:45.16	40,35	250m	03:04.57	40,58	350m	04:21.24	34,99
100m	01:04.81	35,07	200m	02:23.99	38,83	300m	03:46.25	41,68			
13. Luc Kerpels (ZPC Hoogeveen, 200503015)						04:55.54(+77)					
50m	00:31.03	31,03	150m	01:44.18	35,82	250m	03:05.12	44,19	350m	04:22.98	33,23
100m	01:08.36	37,33	200m	02:20.93	36,75	300m	03:49.75	44,63			
14. Martijn Nies (PSV, 200902095)						04:55.79(+85)					
50m	00:29.64	29,64	150m	01:42.75	37,61	250m	03:04.92	45,02	350m	04:23.85	33,05
100m	01:05.14	35,50	200m	02:19.90	37,15	300m	03:50.80	45,88			
15. Jelte de Jong (ZPCH, 200900975)						04:57.44(+71)					
50m	00:30.77	30,77	150m	01:44.63	37,93	250m	03:04.93	42,86	350m	04:23.73	34,30
100m	01:06.70	35,93	200m	02:22.07	37,44	300m	03:49.43	44,50			
16. Laurens Kalle (De Schotelij, 200600161)						04:57.60(+72)					
50m	00:29.32	29,32	150m	01:45.65	41,05	250m	03:08.22	44,28	350m	04:26.67	34,51
100m	01:04.60	35,28	200m	02:23.94	38,29	300m	03:52.16	43,94			
DIS. Denzel Barthen (WVZ, 200700147)											00:00.00

. Lasse Schrieken (VZC, 200503145)

105. 100m rugslag - Dames

vanaf 11 jaar (Senioren Open)

1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]						01:11.28(+58)
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	50m 00:34.45 34,45	
2.	Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 50m 00:34.31 34,31	01:12.29(+70)
3.	Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 50m 00:37.62 37,62	01:19.67(+72)
4.	Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9] 50m 00:40.43 40,43	01:23.72(+69)
5.	Marije Oosterhuis (Azuro, 199500318) [S10] 50m 00:38.79 38,79	01:22.36(+66)
6.	Milou van Winkel (WVZ, 200402296) [S14] 50m 00:40.85 40,85	01:25.66(+71)
7.	Gwyneth van der Spek (Batavia Swim, 201102806) [S7] 50m 00:54.52 54,52	01:48.78(+77)
5.	100m rugslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Maaïke de Waard (Team NL - PSV, 199600604) 50m 00:29.22 29,22	01:00.48(+65)
2.	Lotte Hosper (Team NL - Blue Marlins, 200201414) 50m 00:29.61 29,61	01:00.60(+66)
3.	Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:30.25 30,25	01:01.99(+57)
4.	Jinth Engelse (NieMo Barracuda, 200800204) 50m 00:30.15 30,15	01:02.39(+60)
5.	Jetske Moot (ZPC AMERSFOORT, 200400230) 50m 00:30.46 30,46	01:03.12(+61)
6.	Mare Schallenberg (ACZ, 200600078) 50m 00:31.03 31,03	01:03.67(+61)
7.	Sara Korhuis (DZ&PC, 200600494) 50m 00:31.00 31,00	01:03.84(+74)
8.	Lieke Oude Lenferink (De Dolfijn, 200200068) 50m 00:30.59 30,59	01:04.27(+61)
9.	Maaïke Ooms (ZPC AMERSFOORT, 200801580) 50m 00:30.82 30,82	01:03.88(+72)
10.	Carolina Cermelli (De Dolfijn, 200106390) 50m 00:31.35 31,35	01:04.18(+58)
11.	Manon Manning (PSV, 199904118) 50m 00:31.30 31,30	01:04.95(+62)
12.	Eefje Irvine (De Dolfijn, 200700164) 50m 00:31.83 31,83	01:05.60(+61)
13.	Amber Celie (De Dolfijn, 200300756) 50m 00:32.16 32,16	01:05.66(+59)
14.	Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:31.61 31,61	01:05.91(+63)
15.	Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:32.28 32,28	01:05.93(+69)
16.	Floor Hogervorst (Blue Marlins, 200701400) 50m 00:31.87 31,87	01:06.01(+65)
.	Elin Ditewig (VZC, 200900392)	
.	Maaïke Issard (DZ&PC, 200300022)	

106. 200m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	02:13.37(+65)
50m 00:29.99 29,99 100m 01:05.88 35,89 150m 01:40.05 34,17	
2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]	02:32.68(+82)
50m 00:33.99 33,99 100m 01:12.26 38,27 150m 01:53.14 40,88	
3. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	02:04.61(+71)
50m 00:28.51 28,51 100m 00:59.85 31,34 150m 01:32.35 32,50	
4. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]	02:29.13
50m 00:35.28 35,28 100m 01:12.23 36,95 150m 01:50.71 38,48	
5. Lars Jacobsen (DWK, 199705453) [S14]	02:16.26(+78)
50m 00:29.82 29,82 100m 01:04.46 34,64 150m 01:40.88 36,42	
6. Thomas Braat (AZC, 200802269) [S14]	02:24.76(+77)
50m 00:32.61 32,61 100m 01:08.73 36,12 150m 01:47.48 38,75	
7. Jesse Bruines (Batavia Swim, 200402413) [S9]	02:34.56(+74)
50m 00:35.15 35,15 100m 01:14.61 39,46 150m 01:55.29 40,68	
6. 200m vrije slag - Heren	
vanaf 11 jaar (Senioren Open)	
1. Sean Niewold (Feijenoord Albion Zwemclub, 200204699)	01:49.62(+68)
50m 00:25.42 25,42 100m 00:53.36 27,94 150m 01:22.04 28,68	
2. Tiago Fonseca Gomes (Team NL - PSV, 200703587)	01:49.83(+63)
50m 00:25.91 25,91 100m 00:53.95 28,04 150m 01:21.93 27,98	
3. Lucas Peters (ZPC AMERSFOORT, 200301325)	01:50.77(+66)
50m 00:26.15 26,15 100m 00:54.28 28,13 150m 01:23.14 28,86	
4. Koen Marsman (ZPC AMERSFOORT, 200502763)	01:50.80(+64)
50m 00:25.92 25,92 100m 00:54.31 28,39 150m 01:22.89 28,58	
5. Austin Namesnik (ZPC AMERSFOORT, 200101817)	01:51.73(+60)
50m 00:26.04 26,04 100m 00:54.44 28,40 150m 01:23.14 28,70	
6. Luuk van Rooij (PSV, 200400581)	01:51.97(+66)
50m 00:26.29 26,29 100m 00:54.86 28,57 150m 01:23.67 28,81	
7. Merlin Belmon (Team NL - PSV, 200403191)	01:53.15(+72)
50m 00:25.81 25,81 100m 00:54.71 28,90 150m 01:24.36 29,65	
8. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)	01:55.49(+73)
50m 00:25.80 25,80 100m 00:54.44 28,64 150m 01:24.29 29,85	
9. Efe öngören (Blue Marlins, 200504459)	01:53.14(+65)
50m 00:26.32 26,32 100m 00:54.92 28,60 150m 01:24.41 29,49	
10. Émile Fouzai (Blue Marlins, 200500263)	01:53.17(+68)
50m 00:26.34 26,34 100m 00:54.90 28,56 150m 01:24.16 29,26	
11. Lars Verhalle (PSV, 200200019)	01:53.51(+74)
50m 00:26.51 26,51 100m 00:55.09 28,58 150m 01:24.38 29,29	
12. Niels de Boer (Hellas-Glana, 200001977)	01:54.65(+70)
50m 00:26.79 26,79 100m 00:55.62 28,83 150m 01:25.13 29,51	
13. Bram Loots (Team Noord-Holland (SG), 200700197)	01:55.15(+64)
50m 00:26.45 26,45 100m 00:55.45 29,00 150m 01:25.49 30,04	
14. Thijn Damen (PSV, 200300973)	01:55.63(+74)
50m 00:26.72 26,72 100m 00:55.98 29,26 150m 01:25.79 29,81	
15. Boele Böhm (Blue Marlins, 200700739)	01:57.29(+69)
50m 00:26.70 26,70 100m 00:56.21 29,51 150m 01:26.80 30,59	
16. Lucas van Rooij (PSV, 200603943)	01:58.07(+69)

50m 00:27.36 27,36 100m 00:57.16 29,80 150m 01:27.65 30,49

. Borys Rudman (Blue Marlins, 200504479)

7. 200m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Tes Schouten (Team NL - BZ&PC, 200003120) 02:22.37(+68)
50m 00:32.26 32,26 100m 01:07.98 35,72 150m 01:44.68 36,70
2. Djanilla Brink (De Dolfijn, 200600988) 02:31.31(+79)
50m 00:34.34 34,34 100m 01:12.26 37,92 150m 01:51.50 39,24
3. Anna van Droffelaar (Team NL - PSV, 200400258) 02:32.80(+62)
50m 00:34.01 34,01 100m 01:12.84 38,83 150m 01:52.29 39,45
4. Madelijne Schothans (De Dinkel, 200002416) 02:35.31(+79)
50m 00:35.12 35,12 100m 01:15.37 40,25 150m 01:54.46 39,09
5. Jade Geurts (WVZ, 200402278) 02:37.88(+70)
50m 00:35.71 35,71 100m 01:15.75 40,04 150m 01:56.44 40,69
6. Nieke Dovic (PSV, 200700238) 02:39.60(+84)
50m 00:35.90 35,90 100m 01:16.35 40,45 150m 01:57.82 41,47
7. Bridget Vermeer (ZPC AMERSFOORT, 200501766) 02:40.42(+75)
50m 00:35.09 35,09 100m 01:16.36 41,27 150m 01:58.45 42,09
8. Valesca van den Bogert (Hieronymus, 200102138) 02:43.29(+74)
50m 00:36.90 36,90 100m 01:17.95 41,05 150m 02:00.15 42,20
9. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730) 02:43.01(+71)
50m 00:35.86 35,86 100m 01:17.23 41,37 150m 01:59.87 42,64
10. Mandy van Rossum (Aqua-Novio'94, 200204904) 02:44.28(+78)
50m 00:35.67 35,67 100m 01:16.40 40,73 150m 01:59.48 43,08
11. Esmee Mulder (DZ&PC, 200800038) 02:44.77(+70)
50m 00:37.21 37,21 100m 01:19.12 41,91 150m 02:01.79 42,67
12. Rafaela Mulders (Team Noord-Holland (SG), 200701398) 02:45.32(+70)
50m 00:36.86 36,86 100m 01:18.63 41,77 150m 02:02.18 43,55
13. Benigna Kocsispeter (Hellas-Glana, 200702058) 02:45.83(+69)
50m 00:36.48 36,48 100m 01:18.43 41,95 150m 02:01.92 43,49
14. Yill van Bezouw (Hieronymus, 201100704) 02:47.43(+73)
50m 00:36.37 36,37 100m 01:18.86 42,49 150m 02:02.87 44,01
15. Chantalle Zijderveld (TeamNL PARA - ZPC AMERSFOORT, 200000702) [SB9] 02:47.85(+66)
50m 00:37.58 37,58 100m 01:20.47 42,89 150m 02:03.48 43,01
16. Diede de Vries (Zwemlust-den Hommel, 200803558) 02:49.52(+77)
50m 00:37.86 37,86 100m 01:20.57 42,71 150m 02:05.43 44,86

. Rhodee van den Ham (De Duinkickers, 200700090)

. Veerle Hildebrand (PSV, 200801830)

108. 50m rugslag - Heren

vanaf 11 jaar (Senioren Open)

1. Olivier van de Voort (De Dolfijn, 199703035) [S10] 00:28.16(+75)
2. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10] 00:30.36(+68)
3. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13] 00:29.74(+59)
4. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14] 00:32.42(+75)
5. Lars Jacobsen (DWK, 199705453) [S14] 00:34.22(+70)

8. 50m rugslag - Heren

vanaf 11 jaar (Senioren Open)

1. Niels Dijkshoorn (Team NL - PSV, 200203079) 00:25.96(+59)
2. Daan Sonneveld (WVZ, 200601085) 00:26.39(+58)
3. Luuk Smits (Nuenen, 200001015) 00:26.43(+55)
4. Bjarne van Oord (De Dolfijn, 200105101) 00:26.44(+55)
5. Austin Namesnik (ZPC AMERSFOORT, 200101817) 00:26.51(+55)
6. Raf Hendriks (Hellas-Glana, 200100879) 00:26.63(+58)
7. Jay de Vries (Blue Marlins, 200400669) 00:26.69(+58)
8. Domingo Kuipers (DZ&PC, 200501787) 00:26.95(+60)
9. Lars Minnaert (PSV, 200502355) 00:26.94(+53)
10. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391) 00:27.29(+54)
11. Michael Smink (Blue Marlins, 200302169) 00:27.36(+62)
12. Tenzing Geutjes (ZPC AMERSFOORT, 200600441) 00:27.41(+51)
13. Sjoerd van Weelden (Feijenoord Albion Zwemclub, 200101217) 00:27.56(+61)
14. Niek Heethaar (DWK, 199900999) 00:27.69(+56)
15. Niek Issard (DZ&PC, 200700037) 00:28.16(+68)
16. Yassine Mellah (Feijenoord Albion Zwemclub, 200502159) 00:28.42(+55)
- . Thom De Hoog (Blue Marlins, 200600019)
- . Max Peters (Nuenen, 199903123)

10. 4x200m vrije slag dames

vanaf 11 jaar (Senioren Open)

- | | | |
|---------------------------------|---------------------|----------|
| 1. ZPC AMERSFOORT | | 08:19.60 |
| Femke Spiering 2002 (+74) | 50m 00:28.53 28,53 | |
| Femke Spiering 2002 (+74) | 100m 00:59.41 30,88 | |
| Femke Spiering 2002 (+74) | 150m 01:30.74 31,33 | |
| Femke Spiering 2002 (+74) | 200m 02:02.12 31,38 | |
| Maike Ooms 2008 (+37) | 250m 02:30.73 28,61 | |
| Maike Ooms 2008 (+37) | 300m 03:02.77 32,04 | |
| Maike Ooms 2008 (+37) | 350m 03:35.77 33,00 | |
| Maike Ooms 2008 (+37) | 400m 04:08.63 32,86 | |
| Nynke Boerefijn 2007 (+52) | 450m 04:37.40 28,77 | |
| Nynke Boerefijn 2007 (+52) | 500m 05:09.29 31,89 | |
| Nynke Boerefijn 2007 (+52) | 550m 05:42.62 33,33 | |
| Nynke Boerefijn 2007 (+52) | 600m 06:15.65 33,03 | |
| Elise Hardeman 2001 (+53) | 650m 06:44.14 28,49 | |
| Elise Hardeman 2001 (+53) | 700m 07:15.20 31,06 | |
| Elise Hardeman 2001 (+53) | 750m 07:47.34 32,14 | |
| Elise Hardeman 2001 (+53) | 800m 08:19.60 32,26 | |
| 2. PSV | | 08:22.25 |
| Kirsten Verhalle 2004 (+75) | 50m 00:28.57 28,57 | |
| Kirsten Verhalle 2004 (+75) | 100m 00:59.58 31,01 | |
| Kirsten Verhalle 2004 (+75) | 150m 01:31.66 32,08 | |
| Kirsten Verhalle 2004 (+75) | 200m 02:04.27 32,61 | |
| Zinke Delcommune 2005 (+50) | 250m 02:33.52 29,25 | |
| Zinke Delcommune 2005 (+50) | 300m 03:05.27 31,75 | |
| Zinke Delcommune 2005 (+50) | 350m 03:37.80 32,53 | |
| Zinke Delcommune 2005 (+50) | 400m 04:10.36 32,56 | |
| Kim Jansen van Galen 2002 (+57) | 450m 04:39.04 28,68 | |
| Kim Jansen van Galen 2002 (+57) | 500m 05:10.93 31,89 | |
| Kim Jansen van Galen 2002 (+57) | 550m 05:43.22 32,29 | |
| Kim Jansen van Galen 2002 (+57) | 600m 06:15.74 32,52 | |
| Janne Slegers 2004 (+42) | 650m 06:44.32 28,58 | |
| Janne Slegers 2004 (+42) | 700m 07:15.45 31,13 | |
| Janne Slegers 2004 (+42) | 750m 07:48.43 32,98 | |

Janne Slegers 2004 (+42) 800m 08:22.25 33,82

3. De Dolfijn

08:23.19

Angelina Rolman 2007 (+70) 50m 00:28.46 28,46
Angelina Rolman 2007 (+70) 100m 00:59.25 30,79
Angelina Rolman 2007 (+70) 150m 01:30.55 31,30
Angelina Rolman 2007 (+70) 200m 02:01.85 31,30
Serena Stel 1998 (+52) 250m 02:30.91 29,06
Serena Stel 1998 (+52) 300m 03:02.70 31,79
Serena Stel 1998 (+52) 350m 03:34.96 32,26
Serena Stel 1998 (+52) 400m 04:06.80 31,84
Tamara Grove 1996 (+27) 450m 04:36.16 29,36
Tamara Grove 1996 (+27) 500m 05:09.05 32,89
Tamara Grove 1996 (+27) 550m 05:42.53 33,48
Tamara Grove 1996 (+27) 600m 06:15.72 33,19
Elise Tanis 2002 (+37) 650m 06:44.35 28,63
Elise Tanis 2002 (+37) 700m 07:16.05 31,70
Elise Tanis 2002 (+37) 750m 07:49.27 33,22
Elise Tanis 2002 (+37) 800m 08:23.19 33,92

4. Dedemsvaart-AC

09:12.13

Michelle Zomerdijk 2000 (+71) 50m 00:31.33 31,33
Michelle Zomerdijk 2000 (+71) 100m 01:06.03 34,70
Michelle Zomerdijk 2000 (+71) 150m 01:43.08 37,05
Michelle Zomerdijk 2000 (+71) 200m 02:19.66 36,58
Lois Waterham 2008 (+29) 250m 02:51.01 31,35
Lois Waterham 2008 (+29) 300m 03:26.77 35,76
Lois Waterham 2008 (+29) 350m 04:03.41 36,64
Lois Waterham 2008 (+29) 400m 04:38.77 35,36
Alessia Sluis 2003 (+21) 450m 05:10.50 31,73
Alessia Sluis 2003 (+21) 500m 05:47.05 36,55
Alessia Sluis 2003 (+21) 550m 06:24.56 37,51
Alessia Sluis 2003 (+21) 600m 07:01.16 36,60
Ismay Lichtendonk 2004 (+51) 650m 07:30.88 29,72
Ismay Lichtendonk 2004 (+51) 700m 08:03.69 32,81
Ismay Lichtendonk 2004 (+51) 750m 08:38.29 34,60
Ismay Lichtendonk 2004 (+51) 800m 09:12.13 33,84

sessie 3 - series - vrijdag 14 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

11. 400m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6] 05:29.84(+84)
50m 00:34.36 34,36 150m 01:56.88 42,06 250m 03:22.02 42,86 350m 04:48.49 43,49
100m 01:14.82 40,46 200m 02:39.16 42,28 300m 04:05.00 42,98

2. Julian Hendriks (De Otters Het Gooi, 200603717) [S7] 05:20.69
50m 00:36.77 36,77 150m 01:54.87 40,00 250m 03:17.26 41,52 350m 04:40.19 41,60
100m 01:14.87 38,10 200m 02:35.74 40,87 300m 03:58.59 41,33

3. Lars Jacobsen (DWK, 199705453) [S14] 04:51.41(+82)
50m 00:31.52 31,52 150m 01:43.45 36,71 250m 02:59.44 37,99 350m 04:16.37 38,42
100m 01:06.74 35,22 200m 02:21.45 38,00 300m 03:37.95 38,51

vanaf 11 jaar (Senioren Open)

3. Lucas Peters (ZPC AMERSFOORT, 200301325) 03:59.26(+67)
50m 00:27.46 27,46 150m 01:27.45 30,09 250m 02:28.72 30,51 350m 03:29.77 30,23
100m 00:57.36 29,90 200m 01:58.21 30,76 300m 02:59.54 30,82

9. Joris Janssen (Aqua-Novio'94, 200301311) 04:09.34(+74)
50m 00:27.93 27,93 150m 01:29.77 31,43 250m 02:33.71 31,97 350m 03:38.12 32,19
100m 00:58.34 30,41 200m 02:01.74 31,97 300m 03:05.93 32,22

10. Martijn Nies (PSV, 200902095) 04:10.70(+81)
50m 00:28.49 28,49 150m 01:31.70 32,09 250m 02:35.59 31,58 350m 03:40.46 32,45
100m 00:59.61 31,12 200m 02:04.01 32,31 300m 03:08.01 32,42

16. Sven Koornstra (De Vikings, 200900189)					04:16.60(+83)
50m	00:29.92 29,92	150m	01:35.35 33,27	250m	02:40.29 32,48
100m	01:02.08 32,16	200m	02:07.81 32,46	300m	03:12.79 32,50
350m	03:45.71 32,92				
18. Thijn Damen (PSV, 200300973)					04:16.92(+76)
50m	00:28.34 28,34	150m	01:30.63 31,00	250m	02:34.41 31,92
100m	00:59.63 31,29	200m	02:02.49 31,86	300m	03:07.58 33,17
350m	03:43.10 35,52				
25. Tobian Vos (ZPC AMERSFOORT, 200900005)					04:23.59(+74)
50m	00:29.55 29,55	150m	01:35.97 33,61	250m	02:44.13 33,89
100m	01:02.36 32,81	200m	02:10.24 34,27	300m	03:18.22 34,09
350m	03:51.73 33,51				
29. Luc Mul (DAW, 200201025)					04:25.31(+72)
50m	00:29.31 29,31	150m	01:35.22 33,64	250m	02:43.12 34,26
100m	01:01.58 32,27	200m	02:08.86 33,64	300m	03:17.32 34,20
350m	03:51.53 34,21				
30. Jelte de Jong (ZPCH, 200900975)					04:26.35(+73)
50m	00:29.17 29,17	150m	01:34.83 33,44	250m	02:43.15 34,24
100m	01:01.39 32,22	200m	02:08.91 34,08	300m	03:17.71 34,56
350m	03:51.99 34,28				
<i>12 - 15 jaar (Junioren)</i>					
1. Thomas Braat (AZC, 200802269) [S14]					05:04.62(+81)
50m	00:32.76 32,76	150m	01:49.37 39,18	250m	03:08.76 39,78
100m	01:10.19 37,43	200m	02:28.98 39,61	300m	03:48.19 39,43
350m	04:26.61 38,42				
<i>16 - 17 jaar (Jeugd 1 en 2)</i>					
1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)					03:57.17(+65)
50m	00:27.35 27,35	150m	01:26.55 29,92	250m	02:27.64 30,42
100m	00:56.63 29,28	200m	01:57.22 30,67	300m	02:57.63 29,99
350m	03:27.84 30,21				
2. Bram Loots (Team Noord-Holland (SG), 200700197)					04:02.69(+66)
50m	00:27.62 27,62	150m	01:27.81 30,50	250m	02:29.56 30,91
100m	00:57.31 29,69	200m	01:58.65 30,84	300m	03:00.96 31,40
350m	03:32.22 31,26				
3. Lucas van Rooij (PSV, 200603943)					04:13.52(+68)
50m	00:28.34 28,34	150m	01:31.87 32,16	250m	02:37.42 32,64
100m	00:59.71 31,37	200m	02:04.78 32,91	300m	03:10.06 32,64
350m	03:42.65 32,59				
4. Olivier Wilbers (ZPC Hoogeveen, 200600181)					04:13.74(+74)
50m	00:29.83 29,83	150m	01:33.82 32,15	250m	02:38.67 32,51
100m	01:01.67 31,84	200m	02:06.16 32,34	300m	03:10.96 32,29
350m	03:42.88 31,92				
5. Boele Böhm (Blue Marlins, 200700739)					04:16.61(+69)
50m	00:28.94 28,94	150m	01:33.60 32,67	250m	02:39.33 32,93
100m	01:00.93 31,99	200m	02:06.40 32,80	300m	03:12.55 33,22
350m	03:44.99 32,44				
6. Denzel Barthen (WVZ, 200700147)					04:17.36(+72)
50m	00:27.99 27,99	150m	01:31.78 32,45	250m	02:39.64 34,18
100m	00:59.33 31,34	200m	02:05.46 33,68	300m	03:13.74 34,10
350m	03:47.64 33,90				
7. Tijn Hilders (De Dolfijn, 200700027)					04:17.81(+77)
50m	00:28.22 28,22	150m	01:32.85 32,73	250m	02:39.70 33,51
100m	01:00.12 31,90	200m	02:06.19 33,34	300m	03:13.02 33,32
350m	03:46.28 33,26				
8. Tim van Erven (DZ&PC, 200700175)					04:18.39(+77)
50m	00:29.49 29,49	150m	01:34.72 32,69	250m	02:40.88 32,61
100m	01:02.03 32,54	200m	02:08.27 33,55	300m	03:13.99 33,11
350m	03:46.89 32,90				
9. Bas Blanker (ACZ, 200601497)					04:21.43(+67)
50m	00:29.12 29,12	150m	01:34.68 33,29	250m	02:42.20 33,82
100m	01:01.39 32,27	200m	02:08.38 33,70	300m	03:15.98 33,78
350m	03:49.69 33,71				
10. Melle van Veen (Dedemsvaart-AC, 200700661)					04:23.64(+74)
50m	00:28.78 28,78	150m	01:33.25 32,86	250m	02:41.43 34,30
100m	01:00.39 31,61	200m	02:07.13 33,88	300m	03:16.10 34,67
350m	03:50.92 34,82				
11. Collard Jungeling (DZ&PC, 200701831)					04:23.73(+70)
50m	00:30.00 30,00	150m	01:37.01 33,82	250m	02:44.32 33,60
100m	01:03.19 33,19	200m	02:10.72 33,71	300m	03:18.15 33,83
350m	03:51.84 33,69				
12. Thijs Wellink (ZPC AMERSFOORT, 200600715)					04:25.25(+71)

50m 00:28.52 28,52 150m 01:34.66 33,54 250m 02:42.91 34,03 350m 03:51.42 34,24
100m 01:01.12 32,60 200m 02:08.88 34,22 300m 03:17.18 34,27

18 - 19 jaar (Senioren 1 en 2)

1. Yanieck Weijland (Team NL - Blue Marlins, 200500329) 03:58.69(+72)
50m 00:27.44 27,44 150m 01:28.16 30,54 250m 02:29.28 30,55 350m 03:29.56 29,80
100m 00:57.62 30,18 200m 01:58.73 30,57 300m 02:59.76 30,48
2. Efe öngören (Blue Marlins, 200504459) 04:03.01(+68)
50m 00:27.18 27,18 150m 01:28.64 31,18 250m 02:30.63 31,03 350m 03:33.64 31,53
100m 00:57.46 30,28 200m 01:59.60 30,96 300m 03:02.11 31,48
3. Koen Marsman (ZPC AMERSFOORT, 200502763) 04:03.15(+67)
50m 00:27.47 27,47 150m 01:28.73 31,13 250m 02:31.45 31,29 350m 03:34.37 31,57
100m 00:57.60 30,13 200m 02:00.16 31,43 300m 03:02.80 31,35
4. Émile Fouzaï (Blue Marlins, 200500263) 04:05.21(+70)
50m 00:27.74 27,74 150m 01:29.54 31,25 250m 02:32.79 31,83 350m 03:35.64 31,38
100m 00:58.29 30,55 200m 02:00.96 31,42 300m 03:04.26 31,47
5. Merlin Belmon (Team NL - PSV, 200403191) 04:06.77(+76)
50m 00:27.56 27,56 150m 01:29.89 31,58 250m 02:32.74 31,32 350m 03:36.01 31,63
100m 00:58.31 30,75 200m 02:01.42 31,53 300m 03:04.38 31,64
6. Wouter Zijlstra (HZ&PC Heerenveen, 200401545) 04:10.74(+62)
50m 00:27.41 27,41 150m 01:30.59 31,96 250m 02:34.20 31,72 350m 03:39.32 32,58
100m 00:58.63 31,22 200m 02:02.48 31,89 300m 03:06.74 32,54
7. Borys Rudman (Blue Marlins, 200504479) 04:11.07(+69)
50m 00:28.14 28,14 150m 01:30.47 31,63 250m 02:34.65 31,75 350m 03:39.62 32,43
100m 00:58.84 30,70 200m 02:02.90 32,43 300m 03:07.19 32,54
8. Youri Voet (De Duinkickers, 200502269) 04:13.11(+68)
50m 00:27.87 27,87 150m 01:29.63 31,48 250m 02:34.84 32,88 350m 03:41.18 33,29
100m 00:58.15 30,28 200m 02:01.96 32,33 300m 03:07.89 33,05
9. Abel te Riele (WVZ, 200402317) 04:20.91(+74)
50m 00:28.67 28,67 150m 01:33.81 33,02 250m 02:40.61 33,40 350m 03:47.92 33,34
100m 01:00.79 32,12 200m 02:07.21 33,40 300m 03:14.58 33,97
10. Rens Stijf (ZPC AMERSFOORT, 200501419) 04:22.00(+67)
50m 00:28.21 28,21 150m 01:32.62 32,76 250m 02:38.88 32,83 350m 03:47.75 34,52
100m 00:59.86 31,65 200m 02:06.05 33,43 300m 03:13.23 34,35
11. Koen Vissers (PSV, 200401429) 04:32.64(+83)
50m 00:29.95 29,95 150m 01:37.18 34,08 250m 02:47.70 35,31 350m 03:59.84 36,09
100m 01:03.10 33,15 200m 02:12.39 35,21 300m 03:23.75 36,05
12. 100m schoolslag - Dames
vanaf 11 jaar (Senioren Open)
1. Tes Schouten (Team NL - BZ&PC, 200003120) 01:10.10(+68)
50m 00:33.44 33,44
2. Madelijne Schothans (De Dinkel, 200002416) 01:10.54(+79)
50m 00:33.36 33,36
3. Anna van Droffelaar (Team NL - PSV, 200400258) 01:11.13(+63)
50m 00:33.43 33,43
4. Hanna Kareinen (De Dolfijn, 200006774) 01:11.77(+65)
50m 00:33.62 33,62
8. Paula Spans (ZPC AMERSFOORT, 201000064) 01:13.74(+71)
50m 00:34.50 34,50
12. Jade Geurts (WVZ, 200402278) 01:14.21(+72)
50m 00:34.49 34,49
13. Jill Nai Chung Tong (WVZ, 200404272) 01:14.46(+66)
50m 00:34.41 34,41

16. Selene Wortel (Hieronymus, 199700654) 50m 00:35.24 35,24	01:15.75(+64)
17. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796) 50m 00:35.11 35,11	01:15.83(+68)
18. Mandy van Rossum (Aqua-Novio'94, 200204904) 50m 00:34.62 34,62	01:15.84(+77)
20. Valesca van den Bogert (Hieronymus, 200102138) 50m 00:35.36 35,36	01:16.13(+73)
27. Silke Molendijk (ZVL-1886, 200100178) 50m 00:36.56 36,56	01:17.44(+67)
29. Kim Vos (De Woelwaters, 200000990) 50m 00:35.42 35,42	01:17.55(+76)
30. Sanne Peters (PSV, 200401112) 50m 00:35.99 35,99	01:18.03(+70)
32. Michelle Zomerdijk (Dedemsvaart-AC, 200003196) 50m 00:35.24 35,24	01:18.15(+69)
33. Inge Koekoek (DWK, 200401648) 50m 00:36.72 36,72	01:18.57(+77)
36. Tess Vonk (De Geul, 200900024) 50m 00:36.98 36,98	01:18.69(+66)
38. Felicia Emanuelson (Olympia, 199703168) 50m 00:37.01 37,01	01:18.76(+71)
40. Rowie Kamp (Team Noord-Holland (SG), 200001706) 50m 00:36.38 36,38	01:18.78(+67)
42. Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:36.19 36,19	01:19.27(+68)
49. Ayla van Leeuwen (TZC-Vahalis, 200401980) 50m 00:38.21 38,21	01:19.89(+67)
50. Marre van der Wal (Bolsward-Workum (SG), 201000046) 50m 00:36.69 36,69	01:19.95(+74)
51. Jolien Wind (Bubble, 200100510) 50m 00:37.21 37,21	01:20.38(+74)
54. Esther Tiemersma (Nayade, 200202962) 50m 00:37.78 37,78	01:20.90(+67)
59. Vivian Uijtenbogaart (Batavia Swim, 200403642) 50m 00:39.28 39,28	01:22.85(+68)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Chantalle Zijderveld (TeamNL PARA - ZPC AMERSFOORT, 200000702) [SB9] 50m 00:36.29 36,29	01:18.64(+65)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SB9] 50m 00:36.41 36,41	01:19.35(+79)
3. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [SB11] 50m 00:41.66 41,66	01:31.65(+72)
4. Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14] 50m 00:40.46 40,46	01:29.01(+84)
5. Ilona Venema (ZPC AMERSFOORT, 200200050) [SB9] 50m 00:41.55 41,55	01:28.28(+74)
6. Aguila Dolsma (Blue Marlins, 200603902) [SB14] 50m 00:43.33 43,33	01:32.36(+84)

7. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [SB9] 50m 00:42.51 42,51	01:32.63(+67)
9. Jenna Gorter (De Otters Het Gooi, 200702746) [SB8] 50m 00:52.03 52,03	01:52.83(+80)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [SB6] 50m 00:58.00 58,00	01:59.17
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Benigna Kocsispeter (Hellas-Glana, 200702058) 50m 00:34.37 34,37	01:13.47(+69)
2. Nieke Dovic (PSV, 200700238) 50m 00:35.19 35,19	01:13.82(+79)
3. Nina Zusterzeel (PSV, 200800656) 50m 00:35.54 35,54	01:13.92(+69)
4. Lisa Dirkwager (Blue Marlins, 200703458) 50m 00:35.20 35,20	01:16.24(+79)
5. Rafaela Mulders (Team Noord-Holland (SG), 200701398) 50m 00:36.11 36,11	01:16.42(+69)
6. Esmee Mulder (DZ&PC, 200800038) 50m 00:36.44 36,44	01:16.60(+71)
7. Veerle Hildebrand (PSV, 200801830) 50m 00:35.72 35,72	01:17.03(+71)
8. Hylcke de Beer (PSV, 200700006) 50m 00:35.34 35,34	01:17.27(+72)
9. Annique Rupke (WVZ, 200700876) 50m 00:36.88 36,88	01:18.06(+73)
10. Rosalie van der Bijl (Hieronymus, 200701644) 50m 00:37.09 37,09	01:18.75(+67)
11. Alexandra Gepkens (VZC, 200701690) 50m 00:36.34 36,34	01:18.77(+70)
12. Liv Heijdra (WVZ, 200800736) 50m 00:36.37 36,37	01:19.04(+71)
13. Caprice Kes (Ed-Vo, 200804830) 50m 00:36.49 36,49	01:19.32(+66)
14. Diede de Vries (Zwemlust-den Hommel, 200803558) 50m 00:36.70 36,70	01:19.59(+77)
15. Leonoor Smale (Aqua-Novio'94, 200800942) 50m 00:37.58 37,58	01:20.69(+85)
16. Annika Hogenhuis (Zwemlust-den Hommel, 200701340) 50m 00:37.61 37,61	01:21.37(+82)
17. Monica van der Meer (Deltasteur, 200704288) 50m 00:38.54 38,54	01:21.71(+74)
18. Barbara Broekhuis (De Dinkel, 200700880) 50m 00:38.82 38,82	01:23.50(+81)
19. Mila Oomens (NieMo Barracuda, 200700016) 50m 00:37.83 37,83	01:23.70(+76)
<i>17 - 18 jaar</i>	
1. Mare Schallenberg (ACZ, 200600078) 50m 00:33.49 33,49	01:12.15(+71)

2. Zinke Delcommune (PSV, 200505416) 50m 00:34.78 34,78	01:13.23(+75)
3. Bridget Vermeer (ZPC AMERSFOORT, 200501766) 50m 00:34.15 34,15	01:13.90(+76)
4. Kim Oudendijk (DAW, 200600964) 50m 00:35.21 35,21	01:15.20(+80)
5. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730) 50m 00:34.72 34,72	01:15.53(+71)
6. Joy Willekus (De Dolfijn, 200602420) 50m 00:35.70 35,70	01:15.85(+68)
7. Francesca Coppo (De Dolfijn, 200501242) 50m 00:35.30 35,30	01:17.08(+65)
8. Marlies Dijsselhof (Dedemsvaart-AC, 200601046) 50m 00:35.96 35,96	01:17.45(+74)
9. Anouchka Bos (NieMo Barracuda, 200501528) 50m 00:36.81 36,81	01:18.66(+80)
10. Lise Kleinbekman (DZ&PC, 200502870) 50m 00:36.78 36,78	01:19.29(+70)
11. Evy van Laarhoven (PSV, 200500712) 50m 00:35.78 35,78	01:19.48(+72)
12. Karlijn Offeringa (ZVVS, 200503292) 50m 00:36.70 36,70	01:19.49(+79)
13. Marieke Koekoek (DWK, 200600330) 50m 00:36.55 36,55	01:20.70(+74)
14. Renske Oude Egbrink (OZ&PC, 200600040) 50m 00:38.22 38,22	01:21.04(+73)
15. Jolijn Liezen (Steenwijk 1934, 200500518) 50m 00:37.60 37,60	01:21.73(+70)
13. 50m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	00:29.48(+65)
2. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	00:28.44(+71)
3. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14]	00:29.25(+79)
4. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:36.48(+75)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Thomas Verhoeven (Feijenoord Albion Zwemclub, 199700311)	00:23.46(+63)
2. Michael Smink (Blue Marlins, 200302169)	00:24.24(+66)
5. Niels de Boer (Hellas-Glana, 200001977)	00:24.99(+71)
7. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:25.43(+62)
8. Floris Kotterink (Feijenoord Albion Zwemclub, 199800199)	00:25.48(+61)
9. Emile Dost (Borger, 200100731)	00:25.55(+69)
10. Piet-Hein Straver (PSV, 200302527)	00:25.59(+65)
11. Matthijs van Meerendonk (DZ&PC, 199900375)	00:25.64(+60)
13. Alexander Nijst (Nuenen, 200104869)	00:25.66(+67)
13. Stan Stevens (PSV, 200305039)	00:25.66(+64)
15. Niek Heethaar (DWK, 199900999)	00:25.69(+68)

16. Sjoerd van Weelden (Feijenoord Albion Zwemclub, 200101217)	00:25.71(+66)
18. Bert Duivenvoorde (De Columbiaan, 199701805)	00:25.85(+66)
20. Bart Muselaers (DWK, 200100865)	00:25.87(+68)
23. Felix Geenen (DAW, 199501085)	00:26.00(+75)
25. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:26.07(+67)
26. Stan de Swart (PSV, 200300535)	00:26.13(+73)
29. Nicko Kamphuis (De Warande, 199900887)	00:26.23(+60)
32. Jelle Betten (DZ&PC, 200001535)	00:26.41(+71)
33. Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357)	00:26.45(+75)
36. Lars van der Haijden (Hellas-Glana, 199900225)	00:26.48(+68)
37. Gerard Willighagen (Poseidon'56, 200103663)	00:26.49(+66)
38. Louis Kappler (Zwemlust-den Hommel, 200205067)	00:26.57(+69)
39. Erik van Gemert (Poseidon'56, 200300587)	00:26.62(+65)
41. Yarno van Dam (ACZ, 200800115)	00:26.69(+67)
41. Rik Hofland (Team Noord-Holland (SG), 199701737)	00:26.69(+70)
45. Saviel Armand (ACZ, 200204461)	00:26.78(+66)
48. Job Sanders (ZPC AMERSFOORT, 200304913)	00:26.81(+71)
51. Max Peters (Nuenen, 199903123)	00:26.94(+64)
52. Kevin Meuwissen (Hellas-Glana, 199502485)	00:26.98(+66)
55. Thijs de Geus (Olympia, 200200349)	00:27.07(+73)
57. Rick van Hamond (Z&PC Zegenwerp, 199205873)	00:27.19(+68)
58. Sjors Lemmers (Merlet, 200300555)	00:27.22(+68)
60. Bjorn de Heus (Feijenoord Albion Zwemclub, 200201077)	00:27.24(+65)
61. Robin Meuwissen (Hellas-Glana, 199602601)	00:27.25(+60)
62. Luc Mul (DAW, 200201025)	00:27.31(+68)
<i>12 - 15 jaar (Junioren)</i>	
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)	00:25.15(+61)
2. Lars Bulman (Blue Marlins, 200600125)	00:25.64(+67)
3. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)	00:25.86(+67)
4. Joshua Agussalim (WVZ, 200600153)	00:26.06(+65)
5. Mike Tjepkema (Team Noord-Holland (SG), 200603029)	00:26.18(+67)
6. Mohammad Shouman (WS Twente, 200604397)	00:26.33(+63)
7. Vincent Huele (Blue Marlins, 200703423)	00:26.45(+71)
8. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:26.47(+63)
9. Jisse Lousma (WVZ, 200701493)	00:26.65(+61)
10. Mies de Wit (CWW Swim team (SG), 200700315)	00:26.76(+64)
10. Lucas Bemer (De Duinkickers, 200700219)	00:26.76(+69)
12. Bjorn Rijkaart (WVZ, 200601337)	00:26.89(+70)

13. Floris Tanis (Feijenoord Albion Zwemclub, 200700005)	00:26.93(+67)
14. Thomas Boer (Zwemclub Polaris, 200600769)	00:26.98(+71)
15. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)	00:27.04(+64)
16. Mads van Norden (ZPC AMERSFOORT, 200700029)	00:27.12(+74)
17. Marnix Rietveld (Team Noord-Holland (SG), 200700939)	00:27.23(+65)
18. Tim van Rooij (PSV, 200700129)	00:27.31(+68)
19. Ties Berghs (ZEPS, 200700709)	00:27.38(+64)
20. Milco Matla (PSV, 200600555)	00:27.46(+73)
21. Jetze de Vries (De Vikings, 200602589)	00:27.57(+70)
22. Lars Heddemma (Steenwijk 1934, 200603697)	00:27.61(+74)
23. Gijs Vesseur (ZPC AMERSFOORT, 200700277)	00:27.63(+75)
24. Stijn Saelmans (Hellas-Glana, 200700373)	00:27.71(+73)
25. Léon van Grevenbroek (CWW Swim team (SG), 200601323)	00:27.75(+68)
26. Hannes Loos (Hieronymus, 200603793)	00:27.77(+69)
27. Sven Markkus Eschbach (ZZ&PC De Devel, 200602013)	00:27.79(+69)
28. Collard Jungeling (DZ&PC, 200701831)	00:27.84(+69)
29. Niek Vreeling (OZ&PC, 200604211)	00:27.87(+74)
29. Ties Lakke (ACZ, 200703517)	00:27.87(+67)
31. Bas Blanker (ACZ, 200601497)	00:27.88(+64)
32. Laurens Kalle (De Schotelij, 200600161)	00:27.96(+75)
33. Lars ten Katen (Batavia Swim, 200600959)	00:28.45(+72)
<i>18 - 19 jaar (Senioren 1 en 2)</i>	
1. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:24.65(+56)
2. Emiel van Oord (De Dolfijn, 200503707)	00:24.79(+65)
3. Kaito van Meeteren (De Dolfijn, 200404271)	00:25.83(+70)
4. Lars Minnaert (PSV, 200502355)	00:25.90(+65)
5. Marlon Borger (PSV, 200404817)	00:25.97(+72)
6. Jaime Fais (TriVia, 200400291)	00:26.14(+69)
7. Pepijn van Egmond (WVZ, 200402309)	00:26.40(+63)
8. Gabriel Been (De Otters Het Gooi, 200501467)	00:26.79(+79)
9. Gaio Sanders (Aqua-Novio'94, 200500533)	00:26.80(+65)
14. 400m wisselslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
3. Kim Jansen van Galen (PSV, 200201594)	05:03.31(+73)
50m 00:30.63 30,63 150m 01:49.10 42,75 250m 03:12.07 41,02 350m 04:30.23 34,40	
100m 01:06.35 35,72 200m 02:31.05 41,95 300m 03:55.83 43,76	
3. Nikita van den Ouden (PSV, 199900622)	05:03.31(+74)
50m 00:30.26 30,26 150m 01:46.66 40,56 250m 03:09.47 43,58 350m 04:29.61 35,69	
100m 01:06.10 35,84 200m 02:25.89 39,23 300m 03:53.92 44,45	
9. Maaike Issard (DZ&PC, 200300022)	05:09.46(+78)
50m 00:31.47 31,47 150m 01:46.41 38,92 250m 03:10.85 45,47 350m 04:33.52 36,78	
100m 01:07.49 36,02 200m 02:25.38 38,97 300m 03:56.74 45,89	

11. Fay Boxum (DZ&PC, 200900060)					05:11.82(+78)
50m	00:32.51 32,51	150m 01:50.54 38,69	250m 03:13.32 44,51	350m 04:36.12 36,93	
100m	01:11.85 39,34	200m 02:28.81 38,27	300m 03:59.19 45,87		
12. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					05:12.90(+74)
50m	00:30.40 30,40	150m 01:46.04 38,46	250m 03:11.59 46,14	350m 04:37.06 38,35	
100m	01:07.58 37,18	200m 02:25.45 39,41	300m 03:58.71 47,12		
15. Robin Goossens (Nuenen, 200003128)					05:15.45(+80)
50m	00:32.76 32,76	150m 01:55.15 43,24	250m 03:18.98 42,49	350m 04:39.59 38,74	
100m	01:11.91 39,15	200m 02:36.49 41,34	300m 04:00.85 41,87		
16. Elin Ditewig (VZC, 200900392)					05:16.22(+60)
50m	00:31.37 31,37	150m 01:48.36 40,51	250m 03:15.23 46,86	350m 04:39.55 37,09	
100m	01:07.85 36,48	200m 02:28.37 40,01	300m 04:02.46 47,23		
17. Isa Schellekens (Z&PC Zegenwerp, 200002330)					05:17.95(+80)
50m	00:33.72 33,72	150m 01:54.83 40,57	250m 03:19.92 45,84	350m 04:42.36 36,28	
100m	01:14.26 40,54	200m 02:34.08 39,25	300m 04:06.08 46,16		
19. Angelique van Vark (GZC DONK, 199701478)					05:21.13(+70)
50m	00:32.77 32,77	150m 01:54.79 41,70	250m 03:26.01 49,69	350m 04:47.48 35,68	
100m	01:13.09 40,32	200m 02:36.32 41,53	300m 04:11.80 45,79		
20. Mara Bosman (Blue Marlins, 200303048)					05:23.61(+61)
50m	00:33.38 33,38	150m 01:55.15 41,79	250m 03:23.66 47,16	350m 04:47.97 36,47	
100m	01:13.36 39,98	200m 02:36.50 41,35	300m 04:11.50 47,84		
21. Kim Zwinkels (ZPCH, 200300422)					05:23.86(+78)
50m	00:31.85 31,85	150m 01:50.65 42,16	250m 03:20.37 48,26	350m 04:47.75 38,71	
100m	01:08.49 36,64	200m 02:32.11 41,46	300m 04:09.04 48,67		
23. Luus Gielens (PSV, 200900138)					05:24.13(+83)
50m	00:33.37 33,37	150m 01:53.55 41,88	250m 03:21.23 47,13	350m 04:47.00 38,45	
100m	01:11.67 38,30	200m 02:34.10 40,55	300m 04:08.55 47,32		
24. Meike van de Ree (HZPC, 200402646)					05:26.14(+78)
50m	00:34.94 34,94	150m 01:57.91 40,76	250m 03:24.83 46,84	350m 04:49.56 37,54	
100m	01:17.15 42,21	200m 02:37.99 40,08	300m 04:12.02 47,19		
27. Valesca van den Bogert (Hieronymus, 200102138)					05:30.66(+77)
50m	00:34.86 34,86	150m 02:01.10 45,67	250m 03:32.20 46,07	350m 04:54.46 37,09	
100m	01:15.43 40,57	200m 02:46.13 45,03	300m 04:17.37 45,17		
<i>15 - 16 jaar (Jeugd 1 en 2)</i>					
1. Dachen Haaijer (ZPC Hoogeveen, 200800380)					05:03.88(+86)
50m	00:32.48 32,48	150m 01:50.14 39,31	250m 03:11.60 44,03	350m 04:30.32 35,22	
100m	01:10.83 38,35	200m 02:27.57 37,43	300m 03:55.10 43,50		
2. Frouke Ludwig (DZ&PC, 200800112)					05:04.45(+73)
50m	00:31.69 31,69	150m 01:47.15 38,65	250m 03:10.56 45,82	350m 04:30.98 34,28	
100m	01:08.50 36,81	200m 02:24.74 37,59	300m 03:56.70 46,14		
3. Rhodee van den Ham (De Duinkickers, 200700090)					05:06.74(+72)
50m	00:32.24 32,24	150m 01:49.73 39,99	250m 03:12.80 42,79	350m 04:33.13 36,34	
100m	01:09.74 37,50	200m 02:30.01 40,28	300m 03:56.79 43,99		
4. Laura van Etten (HZ&PC Heerenveen, 200800264)					05:08.61(+78)
50m	00:31.54 31,54	150m 01:48.57 39,00	250m 03:12.05 46,06	350m 04:33.93 34,79	
100m	01:09.57 38,03	200m 02:25.99 37,42	300m 03:59.14 47,09		
5. Jade van der Schrier (AZC, 200800692)					05:11.52(+76)
50m	00:32.02 32,02	150m 01:50.47 39,43	250m 03:15.93 46,34	350m 04:37.61 35,08	
100m	01:11.04 39,02	200m 02:29.59 39,12	300m 04:02.53 46,60		
6. Meyke v. Nimwegen (De Schotejil, 200800106)					05:20.74(+75)
50m	00:32.65 32,65	150m 01:53.22 41,52	250m 03:18.46 44,49	350m 04:43.06 38,24	
100m	01:11.70 39,05	200m 02:33.97 40,75	300m 04:04.82 46,36		
7. Ylva Konings (PSV, 200700148)					05:24.03(+72)
50m	00:33.90 33,90	150m 01:56.53 42,33	250m 03:24.70 47,03	350m 04:48.29 36,60	

	100m 01:14.20	200m 02:37.67	300m 04:11.69			
8. Lyke Bellert (Octopus-ZVV (SG), 200701424)						05:28.79(+71)
	50m 00:32.84	150m 01:53.77	250m 03:22.57	350m 04:51.30	40,50	
	100m 01:12.26	200m 02:35.00	300m 04:10.80			48,23
9. Emmelien Smelt (ZVZ, 200800012)						05:29.63(+80)
	50m 00:32.53	150m 01:54.91	250m 03:24.21	350m 04:52.05		39,60
	100m 01:11.28	200m 02:37.61	300m 04:12.45			48,24
10. Britt Colijn (New Wave Almere, 200700544)						05:31.44(+78)
	50m 00:33.74	150m 01:55.22	250m 03:25.30	350m 04:53.96		39,30
	100m 01:13.33	200m 02:36.85	300m 04:14.66			49,36
11. Julia Agricola (DZ&PC, 200800266)						05:31.88(+76)
	50m 00:33.36	150m 01:57.59	250m 03:27.60	350m 04:54.76		39,26
	100m 01:12.73	200m 02:40.27	300m 04:15.50			47,90
12. Eline van Rijn (DAW, 200700918)						05:33.59(+73)
	50m 00:33.08	150m 01:58.76	250m 03:28.66	350m 04:56.78		39,31
	100m 01:14.85	200m 02:41.05	300m 04:17.47			48,81
13. Féline Sam (ZVZ, 200700018)						05:38.45(+78)
	50m 00:32.48	150m 01:57.69	250m 03:30.18	350m 05:01.56		39,33
	100m 01:13.99	200m 02:39.96	300m 04:22.23			52,05
<i>17 - 18 jaar</i>						
1. Djanilla Brink (De Dolfijn, 200600988)						04:58.46(+81)
	50m 00:31.42	150m 01:49.06	250m 03:08.77	350m 04:24.60		34,96
	100m 01:08.44	200m 02:29.71	300m 03:49.64			40,87
2. Hedwig Bolt (HZ&PC Heerenveen, 200602660)						05:01.03(+80)
	50m 00:31.28	150m 01:48.96	250m 03:11.03	350m 04:28.30		34,29
	100m 01:08.12	200m 02:28.48	300m 03:54.01			42,98
3. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)						05:13.37(+72)
	50m 00:31.41	150m 01:49.37	250m 03:15.98	350m 04:40.18		35,16
	100m 01:07.82	200m 02:28.82	300m 04:05.02			49,04
4. Merel Schravendijk (Blue Marlins, 200503382)						05:15.01(+77)
	50m 00:32.49	150m 01:54.20	250m 03:19.41	350m 04:40.81		35,10
	100m 01:11.55	200m 02:35.31	300m 04:05.71			46,30
5. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)						05:38.83(+78)
	50m 00:34.84	150m 02:00.66	250m 03:29.75	350m 04:59.32		41,30
	100m 01:18.07	200m 02:41.84	300m 04:18.02			48,27
15. 100m rugslag - Heren						
<i>vanaf 11 jaar (Senioren Open)</i>						
1. Olivier van de Voort (De Dolfijn, 199703035) [S10]						01:00.82(+80)
	50m 00:29.05					29,05
2. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]						01:11.65(+52)
	50m 00:34.55					34,55
3. Marc Evers (De Dolfijn, 199107425) [S14]						01:02.55(+67)
	50m 00:30.60					30,60
4. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10]						01:04.16(+74)
	50m 00:30.99					30,99
5. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]						01:21.67(+67)
	50m 00:39.71					39,71
6. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]						01:05.63(+63)
	50m 00:31.25					31,25
7. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]						01:32.05(+79)
	50m 00:44.82					44,82
<i>vanaf 11 jaar (Senioren Open)</i>						

2. Niels Dijkshoorn (Team NL - PSV, 200203079)	00:56.58(+59)
50m 00:28.13 28,13	
3. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:56.80(+59)
50m 00:28.03 28,03	
4. Raf Hendriks (Hellas-Glana, 200100879)	00:56.93(+63)
50m 00:27.57 27,57	
6. Giovanni Phillipson (Team Noord-Holland (SG), 200801099)	00:57.28(+66)
50m 00:27.54 27,54	
9. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)	00:58.20(+61)
50m 00:27.88 27,88	
12. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:58.52(+55)
50m 00:27.95 27,95	
14. Bjarne van Oord (De Dolfijn, 200105101)	00:59.11(+59)
50m 00:28.55 28,55	
16. Luuk Smits (Nuenen, 200001015)	00:59.95(+57)
50m 00:29.20 29,20	
17. Lars Verhalle (PSV, 200200019)	01:00.39(+59)
50m 00:28.64 28,64	
19. Wytse Broekstra (De Vikings, 200800121)	01:00.58(+62)
50m 00:29.37 29,37	
20. Sjoerd van Weelden (Feijenoord Albion Zwemclub, 200101217)	01:00.74(+64)
50m 00:29.56 29,56	
22. Yarno van Dam (ACZ, 200800115)	01:01.05(+64)
50m 00:29.42 29,42	
23. Sander Iuga (Feijenoord Albion Zwemclub, 200101389)	01:01.50(+54)
50m 00:29.59 29,59	
26. Arjan Hanse (ZPC AMERSFOORT, 199500657)	01:01.67(+63)
50m 00:29.92 29,92	
28. Arno Nelissen (Hellas-Glana, 200300229)	01:01.79(+74)
50m 00:29.81 29,81	
31. Niek Heethaar (DWK, 199900999)	01:01.85(+65)
50m 00:29.58 29,58	
35. Luca Boorsma (De Dolfijn, 200902031)	01:02.54(+58)
50m 00:30.01 30,01	
37. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	01:02.85(+60)
50m 00:30.18 30,18	
38. Daan Hogerhuis (De Columbiaan, 200300317)	01:02.92(+65)
50m 00:30.13 30,13	
39. Mees Niemeijer (DZ&PC, 200201275)	01:02.99(+60)
50m 00:30.46 30,46	
40. Rein Stoel (ZVL-1886, 200800463)	01:03.12(+52)
50m 00:30.29 30,29	
41. Tobian Vos (ZPC AMERSFOORT, 200900005)	01:03.15(+75)
50m 00:30.58 30,58	
41. Louis Kappler (Zwemlust-den Hommel, 200205067)	01:03.15(+66)
50m 00:30.09 30,09	
45. Abdelmajid Hassine (Blue Marlins, 199805885)	01:03.51(+62)
50m 00:30.37 30,37	
53. Ronis van Everdingen (DWK, 200300043)	01:04.27(+73)
50m 00:31.52 31,52	

57. Ivo van Dijck (Blue Marlins, 199702985) 50m 00:30.19 30,19	01:04.47(+60)
59. Jari Hofsink (Deltasteur, 199700535) 50m 00:30.91 30,91	01:04.81(+62)
64. Sjors Lemmers (Merlet, 200300555) 50m 00:32.14 32,14	01:05.75(+65)
65. Rick van Hamond (Z&PC Zegenwerp, 199205873) 50m 00:32.72 32,72	01:06.16(+59)
<i>12 - 15 jaar (Junioren)</i>	
1. Thomas Braat (AZC, 200802269) [S14] 50m 00:36.35 36,35	01:17.71(+80)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Nikodim Markovic (Blue Marlins, 200700255) 50m 00:27.68 27,68	00:57.25(+56)
2. Daan Sonneveld (WVZ, 200601085) 50m 00:27.46 27,46	00:57.30(+60)
3. Bram Loots (Team Noord-Holland (SG), 200700197) 50m 00:28.79 28,79	00:58.23(+65)
4. Jake Franse (Blue Marlins, 200703873) 50m 00:28.58 28,58	00:59.69(+61)
5. Tiamo van der Veen (Dedemsvaart-AC, 200600033) 50m 00:28.99 28,99	01:00.55(+61)
6. Tiede Groener (De Dinkel, 200700155) 50m 00:29.72 29,72	01:01.77(+66)
7. Boele Böhm (Blue Marlins, 200700739) 50m 00:29.71 29,71	01:01.80(+68)
8. Niek Issard (DZ&PC, 200700037) 50m 00:29.05 29,05	01:01.84(+70)
9. Jisse Lousma (WVZ, 200701493) 50m 00:30.04 30,04	01:01.89(+51)
10. Thom De Hoog (Blue Marlins, 200600019) 50m 00:30.22 30,22	01:02.53(+69)
11. Thomas Boer (Zwemclub Polaris, 200600769) 50m 00:31.11 31,11	01:03.20(+67)
12. Lars ten Katen (Batavia Swim, 200600959) 50m 00:30.88 30,88	01:03.30(+66)
13. Lars Heddema (Steenwijk 1934, 200603697) 50m 00:30.36 30,36	01:03.52(+65)
14. Gaëtan Spicq (Blue Marlins, 200701807) 50m 00:31.10 31,10	01:04.36(+64)
15. Mike Tjepkema (Team Noord-Holland (SG), 200603029) 50m 00:30.82 30,82	01:04.42(+62)
16. Niek Vreeling (OZ&PC, 200604211) 50m 00:31.42 31,42	01:04.96(+72)
17. Laurens Kalle (De Schotejil, 200600161) 50m 00:31.38 31,38	01:05.07(+66)
18. Lias IJzerman (Dedemsvaart-AC, 200703145) 50m 00:31.59 31,59	01:05.24(+70)

19. Sem Belmon (PSV, 200702099)	01:06.68(+68)
50m 00:31.78 31,78	
20. Daniel Critchell (Deltasteur, 200700439)	01:07.54(+65)
50m 00:32.60 32,60	
<i>18 - 19 jaar (Senioren 1 en 2)</i>	
1. Hendrik van der Leest (PSV, 200404339)	00:55.76(+56)
50m 00:26.98 26,98	
2. Domingo Kuipers (DZ&PC, 200501787)	00:57.52(+58)
50m 00:27.75 27,75	
3. Luuk van Rooij (PSV, 200400581)	00:58.40(+64)
50m 00:28.17 28,17	
4. Lars Minnaert (PSV, 200502355)	00:58.87(+53)
50m 00:28.07 28,07	
5. Kaito van Meeteren (De Dolfijn, 200404271)	01:01.59(+57)
50m 00:29.51 29,51	
6. Colin Bes (Zwemclub Polaris, 200500201)	01:01.64(+60)
50m 00:29.82 29,82	
7. Yassine Mellah (Feijenoord Albion Zwemclub, 200502159)	01:01.91(+56)
50m 00:29.31 29,31	
8. Luc Kerpels (ZPC Hoogeveen, 200503015)	01:03.59(+70)
50m 00:30.40 30,40	
9. Rens Stijf (ZPC AMERSFOORT, 200501419)	01:03.83(+63)
50m 00:30.24 30,24	
10. Youri Voet (De Duinkickers, 200502269)	01:03.98(+66)
50m 00:30.88 30,88	
11. Marc Manning (PSV, 200400167)	01:04.18(+65)
50m 00:30.81 30,81	
12. Thijmen Peeters (Zwemlust-den Hommel, 200502945)	01:04.25(+66)
50m 00:31.00 31,00	
13. Sofyan El Fhim (Aqua-Novio'94, 200502131)	01:04.27(+59)
50m 00:30.81 30,81	
14. Luka Geraerds (MZ&PC, 200502077)	01:04.78(+65)
50m 00:31.31 31,31	
16. 200m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Janna van Kooten (Team NL - ZPC Hoogeveen, 200404584)	01:59.35(+69)
50m 00:27.80 27,80 100m 00:57.86 30,06 150m 01:28.49 30,63	
2. Yara van Kalmthout (Team NL - PSV, 200200984)	02:01.27(+72)
50m 00:28.31 28,31 100m 00:58.53 30,22 150m 01:29.47 30,94	
3. Imani de Jong (Team NL - PSV, 200200464)	02:01.89(+70)
50m 00:28.60 28,60 100m 00:59.32 30,72 150m 01:30.36 31,04	
5. Silke Holkenborg (Team NL - VZC, 200100292)	02:03.14(+67)
50m 00:29.26 29,26 100m 01:00.32 31,06 150m 01:31.81 31,49	
8. Kirsten Verhalle (PSV, 200400210)	02:05.13(+75)
50m 00:28.67 28,67 100m 01:00.09 31,42 150m 01:32.62 32,53	
9. Elise Hardeman (ZPC AMERSFOORT, 200101068)	02:05.33(+72)
50m 00:28.87 28,87 100m 01:00.25 31,38 150m 01:32.59 32,34	
10. Femke Spiering (ZPC AMERSFOORT, 200204514)	02:05.90(+76)
50m 00:28.41 28,41 100m 01:00.01 31,60 150m 01:32.84 32,83	

11. Serena Stel (De Dolfijn, 199801528)				02:06.06(+67)	
50m	00:29.21 29,21	100m	01:01.03 31,82	150m	01:33.41 32,38
16. Janne Slegers (PSV, 200404090)				02:07.87(+66)	
50m	00:29.16 29,16	100m	01:00.86 31,70	150m	01:34.02 33,16
18. Lynn Blommers (Blue Marlins, 200105062)				02:08.57(+69)	
50m	00:29.38 29,38	100m	01:01.46 32,08	150m	01:35.02 33,56
21. Juliëtte Woltjes (VZC, 200900774)				02:10.73(+77)	
50m	00:29.70 29,70	100m	01:02.88 33,18	150m	01:37.67 34,79
22. Tamara Grove (De Dolfijn, 199601266)				02:11.52(+71)	
50m	00:30.37 30,37	100m	01:03.94 33,57	150m	01:38.13 34,19
25. Michelle van Wijk (WWV Winterswijk, 200204746)				02:12.28(+75)	
50m	00:29.56 29,56	100m	01:02.78 33,22	150m	01:37.55 34,77
29. Myrthe Natzijl (DZ&PC, 200400076)				02:13.07(+77)	
50m	00:30.55 30,55	100m	01:04.07 33,52	150m	01:38.39 34,32
31. Dominique Dingshoff (ZPC Hoogeveen, 200400804)				02:13.77(+80)	
50m	00:30.82 30,82	100m	01:04.71 33,89	150m	01:39.25 34,54
37. Tess Panjer (VZC, 200403060)				02:15.61(+81)	
50m	00:30.99 30,99	100m	01:05.17 34,18	150m	01:40.29 35,12
41. Moniek van Langevelde (ESCA Zwemmen, 199803160)				02:16.62(+76)	
50m	00:31.19 31,19	100m	01:05.49 34,30	150m	01:41.21 35,72
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]				02:28.77(+69)	
50m	00:32.29 32,29	100m	01:08.05 35,76	150m	01:46.70 38,65
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]				02:19.80(+80)	
50m	00:31.76 31,76	100m	01:06.82 35,06	150m	01:43.35 36,53
3. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]				02:19.44(+87)	
50m	00:30.50 30,50	100m	01:04.72 34,22	150m	01:41.22 36,50
4. Milou van Winkel (WVZ, 200402296) [S14]				02:39.30(+72)	
50m	00:32.68 32,68	100m	01:13.97 41,29	150m	01:57.00 43,03
5. Jenna Gorter (De Otters Het Gooi, 200702746) [S9]				02:56.48(+80)	
50m	00:39.95 39,95	100m	01:25.58 45,63	150m	02:12.14 46,56
6. Aguila Doltsma (Blue Marlins, 200603902) [S14]				02:42.00(+78)	
50m	00:36.56 36,56	100m	01:18.86 42,30	150m	02:01.26 42,40
<i>11 - 14 jaar (Junioren 4 en jonger)</i>					
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]				03:30.11(+70)	
50m	00:50.77 50,77	100m	01:45.99 55,22	150m	02:40.42 54,43
<i>15 - 16 jaar (Jeugd 1 en 2)</i>					
1. Angelina Rolman (Team NL - De Dolfijn, 200701972)				02:01.94(+68)	
50m	00:28.25 28,25	100m	00:59.28 31,03	150m	01:30.85 31,57
2. Julie van Nispen (Nuenen, 200800290)				02:07.00(+71)	
50m	00:29.94 29,94	100m	01:02.31 32,37	150m	01:35.46 33,15
3. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)				02:07.27(+80)	
50m	00:29.11 29,11	100m	01:01.09 31,98	150m	01:34.15 33,06
4. Maaïke Ooms (ZPC AMERSFOORT, 200801580)				02:07.73(+79)	
50m	00:29.38 29,38	100m	01:01.36 31,98	150m	01:34.85 33,49
5. Frouke Ludwig (DZ&PC, 200800112)				02:10.29(+71)	
50m	00:30.06 30,06	100m	01:02.95 32,89	150m	01:36.87 33,92
6. Ilse Rozema (Blue Marlins, 200803318)				02:11.88(+67)	
50m	00:29.79 29,79	100m	01:03.50 33,71	150m	01:37.56 34,06

7. Floor Hogervorst (Blue Marlins, 200701400)				O2:12.65(+71)
50m	00:30.06	30,06	100m 01:03.81	33,75
150m	01:39.06	35,25		
8. Rafaela Mulders (Team Noord-Holland (SG), 200701398)				O2:12.89(+70)
50m	00:30.32	30,32	100m 01:04.30	33,98
150m	01:39.01	34,71		
9. Esmee Mulder (DZ&PC, 200800038)				O2:13.08(+68)
50m	00:30.48	30,48	100m 01:04.65	34,17
150m	01:39.28	34,63		
10. Marit Boomers (Blue Marlins, 200804810)				O2:13.77(+73)
50m	00:30.90	30,90	100m 01:04.23	33,33
150m	01:39.28	35,05		
11. Nomi Olivier (ZPC AMERSFOORT, 200704848)				O2:13.95(+74)
50m	00:31.24	31,24	100m 01:06.11	34,87
150m	01:41.32	35,21		
12. Imre Bouwland (ZPC Hoogeveen, 200700388)				O2:14.08(+76)
50m	00:30.97	30,97	100m 01:05.07	34,10
150m	01:40.01	34,94		
13. Ilana Gentile (Orca, 200801558)				O2:14.90(+66)
50m	00:30.44	30,44	100m 01:04.55	34,11
150m	01:40.24	35,69		
14. Veerle de Ridder (HZ&PC Heerenveen, 200700778)				O2:15.86(+72)
50m	00:30.32	30,32	100m 01:04.56	34,24
150m	01:39.93	35,37		
15. Jill Meines (PSV, 200704846)				O2:16.10(+77)
50m	00:30.98	30,98	100m 01:05.57	34,59
150m	01:41.16	35,59		
16. Julia Agricola (DZ&PC, 200800266)				O2:18.10(+75)
50m	00:31.54	31,54	100m 01:06.58	35,04
150m	01:42.44	35,86		
17. Barbara Broekhuis (De Dinkel, 200700880)				O2:18.66(+84)
50m	00:31.69	31,69	100m 01:06.52	34,83
150m	01:43.10	36,58		
<i>17 - 18 jaar</i>				
1. Sara Korthuis (DZ&PC, 200600494)				O2:04.30(+74)
50m	00:28.46	28,46	100m 00:59.38	30,92
150m	01:31.33	31,95		
2. Hedwig Bolt (HZ&PC Heerenveen, 200602660)				O2:05.01(+77)
50m	00:29.48	29,48	100m 01:01.07	31,59
150m	01:33.38	32,31		
3. Zinke Delcommune (PSV, 200505416)				O2:06.17(+74)
50m	00:29.82	29,82	100m 01:01.76	31,94
150m	01:34.11	32,35		
4. Colinda van der Zanden (Aqua-Novio'94, 200502618)				O2:07.99(+69)
50m	00:29.22	29,22	100m 01:01.39	32,17
150m	01:34.73	33,34		
5. Megan Jonkman (Blue Marlins, 200600508)				O2:08.64(+82)
50m	00:28.99	28,99	100m 01:00.53	31,54
150m	01:33.73	33,20		
6. Anique Hazebroek (ZPC AMERSFOORT, 200502196)				O2:11.78(+77)
50m	00:30.08	30,08	100m 01:03.60	33,52
150m	01:37.29	33,69		
7. Marin Wieling (ZPC AMERSFOORT, 200501220)				O2:12.84(+72)
50m	00:30.45	30,45	100m 01:04.45	34,00
150m	01:38.38	33,93		
8. Sophia van Droffelaar (ZVVS, 200500330)				O2:13.91(+69)
50m	00:30.65	30,65	100m 01:04.30	33,65
150m	01:39.40	35,10		
9. Kim Oudendijk (DAW, 200600964)				O2:16.29(+81)
50m	00:30.81	30,81	100m 01:05.56	34,75
150m	01:40.41	34,85		
17. 200m schoolslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Caspar Corbeau (Team NL - ZPC AMERSFOORT, 200105099)				O2:12.78(+69)
50m	00:30.66	30,66	100m 01:05.56	34,90
150m	01:40.59	35,03		
2. Noah de Schryver (De Dolfijn, 200105483)				O2:14.25(+69)
50m	00:30.36	30,36	100m 01:04.28	33,92
150m	01:38.70	34,42		
3. Ivo Kroes (Team NL - Azuro, 200300079)				O2:15.33(+67)
50m	00:30.30	30,30	100m 01:04.92	34,62
150m	01:40.00	35,08		

6. Wytse Broekstra (De Vikings, 200800121)	50m 00:31.78 31,78	100m 01:07.11 35,33	150m 01:43.59 36,48	02:20.15(+77)
7. Lucas Greven (Hellas-Glana, 199501941)	50m 00:31.14 31,14	100m 01:06.63 35,49	150m 01:43.40 36,77	02:20.37(+69)
9. Bram Zwetsloot (Team NL - Nuenen, 200202117)	50m 00:30.64 30,64	100m 01:06.30 35,66	150m 01:43.15 36,85	02:21.05(+64)
11. Duncan van Haaren (ZPC AMERSFOORT, 200000681)	50m 00:30.86 30,86	100m 01:07.09 36,23	150m 01:45.61 38,52	02:23.46(+69)
12. Martijn Velders (Aqua-Novio'94, 199502619)	50m 00:32.53 32,53	100m 01:09.45 36,92	150m 01:46.61 37,16	02:23.69(+67)
13. Joost de Roy van Zuydewijn (WVZ, 200000255)	50m 00:31.93 31,93	100m 01:08.03 36,10	150m 01:45.49 37,46	02:24.54(+70)
14. Wietse Waninge (ZPC AMERSFOORT, 199800023)	50m 00:31.81 31,81	100m 01:07.89 36,08	150m 01:46.33 38,44	02:24.80(+72)
16. Rick Offringa (DZ&PC, 200300979)	50m 00:31.85 31,85	100m 01:08.76 36,91	150m 01:46.98 38,22	02:25.59(+80)
20. Thom Delno (VZC, 200000013)	50m 00:32.23 32,23	100m 01:09.38 37,15	150m 01:48.33 38,95	02:27.96(+72)
21. Lars Diesch (Nuenen, 200103189)	50m 00:32.90 32,90	100m 01:10.53 37,63	150m 01:49.35 38,82	02:29.55(+73)
22. Guy Hungens (Tempo, 200101697)	50m 00:33.37 33,37	100m 01:11.24 37,87	150m 01:50.18 38,94	02:29.58(+67)
24. Nicko Kamphuis (De Warande, 199900887)	50m 00:33.08 33,08	100m 01:11.44 38,36	150m 01:51.06 39,62	02:30.14(+61)
25. Jasper Willig (Blue Marlins, 200104757)	50m 00:33.47 33,47	100m 01:11.98 38,51	150m 01:51.69 39,71	02:31.02(+71)
29. Luuk Smits (Nuenen, 200001015)	50m 00:33.85 33,85	100m 01:12.93 39,08	150m 01:51.83 38,90	02:32.69(+69)
32. Bert Duivenvoorde (De Columbiaan, 199701805)	50m 00:34.51 34,51	100m 01:12.72 38,21	150m 01:53.08 40,36	02:33.78(+69)
34. Luca Boorsma (De Dolfijn, 200902031)	50m 00:33.62 33,62	100m 01:12.63 39,01	150m 01:52.96 40,33	02:33.96(+59)
38. Dave van den Nieuwendijk (De Columbiaan, 200100475)	50m 00:33.55 33,55	100m 01:12.36 38,81	150m 01:53.01 40,65	02:35.12(+74)
47. Kevin Meuwissen (Hellas-Glana, 199502485)	50m 00:33.95 33,95	100m 01:14.99 41,04	150m 01:59.16 44,17	02:43.29(+70)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Collin van der Hoff (WVZ, 200604357)	50m 00:31.20 31,20	100m 01:06.09 34,89	150m 01:41.35 35,26	02:17.23(+66)
2. Storm Boxum (DZ&PC, 200700421)	50m 00:31.64 31,64	100m 01:07.15 35,51	150m 01:43.57 36,42	02:20.41(+76)
3. Roan van der Weide (Blue Marlins, 200601629)	50m 00:33.10 33,10	100m 01:10.76 37,66	150m 01:49.89 39,13	02:27.16(+71)
4. Elias Soens (Blue Marlins, 200604327)	50m 00:33.53 33,53	100m 01:11.02 37,49	150m 01:48.80 37,78	02:27.78(+71)
5. Mies de Wit (CWW Swim team (SG), 200700315)	50m 00:34.18 34,18	100m 01:12.57 38,39	150m 01:51.58 39,01	02:31.20(+66)
6. Storm Tolsma (Zignea, 200600277)	50m 00:34.23 34,23	100m 01:12.58 38,35	150m 01:51.84 39,26	02:31.65(+76)

7. Joshua Agussalim (WVZ, 200600153)				02:32.44(+65)
50m	00:33.37	33,37	100m 01:11.37	38,00
150m	01:51.10	39,73		
8. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)				02:32.91(+66)
50m	00:34.22	34,22	100m 01:13.29	39,07
150m	01:53.20	39,91		
9. Jesse van der Meij (ZVL-1886, 200600841)				02:34.11(+76)
50m	00:34.36	34,36	100m 01:13.68	39,32
150m	01:54.06	40,38		
10. Ruben de Vries (Hellas-Glana, 200600497)				02:34.36(+63)
50m	00:34.35	34,35	100m 01:13.22	38,87
150m	01:53.52	40,30		
11. Jesse Marijn Thimister (ZEPS, 200602893)				02:35.11(+70)
50m	00:33.72	33,72	100m 01:12.99	39,27
150m	01:53.88	40,89		
12. Twan Huisman (WVZ, 200702207)				02:35.18(+76)
50m	00:33.81	33,81	100m 01:13.34	39,53
150m	01:53.86	40,52		
13. Tijn Hilders (De Dolfijn, 200700027)				02:35.95(+79)
50m	00:34.13	34,13	100m 01:14.01	39,88
150m	01:54.75	40,74		
14. Thierry Zulver (ZVVS, 200700023)				02:36.57(+61)
50m	00:33.72	33,72	100m 01:14.89	41,17
150m	01:55.08	40,19		
15. Bas Blanker (ACZ, 200601497)				02:36.82(+68)
50m	00:34.93	34,93	100m 01:17.03	42,10
150m	01:56.52	39,49		
16. Denzel Barthen (WVZ, 200700147)				02:38.45(+74)
50m	00:35.50	35,50	100m 01:15.54	40,04
150m	01:56.30	40,76		
17. Hessel de Jong (ACZ, 200602753)				02:40.28(+69)
50m	00:34.38	34,38	100m 01:13.92	39,54
150m	01:55.92	42,00		
<i>18 - 19 jaar (Senioren 1 en 2)</i>				
1. Yanieck Weijland (Team NL - Blue Marlins, 200500329)				02:17.02(+69)
50m	00:31.28	31,28	100m 01:06.06	34,78
150m	01:41.36	35,30		
2. Cas Verstegen (PSV, 200500891)				02:21.17(+71)
50m	00:31.60	31,60	100m 01:06.35	34,75
150m	01:42.74	36,39		
3. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)				02:25.17(+63)
50m	00:32.71	32,71	100m 01:09.04	36,33
150m	01:47.03	37,99		
4. Anders van Norden (ZPC AMERSFOORT, 200400039)				02:27.48(+67)
50m	00:32.34	32,34	100m 01:09.05	36,71
150m	01:48.38	39,33		
5. Lasse Schrieken (VZC, 200503145)				02:29.96(+74)
50m	00:33.69	33,69	100m 01:11.51	37,82
150m	01:50.37	38,86		
6. Lucas Douwma (ZPCH, 200401337)				02:32.72(+66)
50m	00:33.87	33,87	100m 01:13.44	39,57
150m	01:53.92	40,48		
7. Thijs Berkhout (DWK, 200500035)				02:33.87(+68)
50m	00:33.65	33,65	100m 01:13.11	39,46
150m	01:53.57	40,46		
8. Tijn van Kuijk (HZPC, 200501087)				02:36.22(+74)
50m	00:35.81	35,81	100m 01:15.74	39,93
150m	01:56.16	40,42		
9. Max Ketelaars (Hellas-Glana, 200500345)				02:39.08(+62)
50m	00:34.26	34,26	100m 01:14.22	39,96
150m	01:56.39	42,17		
18. 50m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)				00:28.32(+57)
2. Lotte Hosper (Team NL - Blue Marlins, 200201414)				00:29.07(+68)
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)				00:29.26(+55)
5. Milou van Wijk (Team NL - WVZ, 200404948)				00:29.47(+61)
6. Jetske Moot (ZPC AMERSFOORT, 200400230)				00:29.63(+60)

7. Lieke Oude Lenferink (De Dolfijn, 200200068)	00:29.73(+60)
8. Britta Koehorst (WVZ, 200300246)	00:29.79(+58)
8. Manon Manning (PSV, 199904118)	00:29.79(+59)
14. Amber Celie (De Dolfijn, 200300756)	00:30.39(+56)
16. Dionne Salomons (Borger, 200200504)	00:30.99(+63)
20. Tereza Boom (PSV, 200904028)	00:31.06(+55)
25. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:31.67(+64)
26. Romy van Alphen (Olympia, 199502776)	00:31.72(+75)
27. Isa Willemsen (Aqua-Novio'94, 199900628)	00:31.76(+61)
28. Merel Phaff (Nuenen, 200100434)	00:31.83(+64)
29. Julia Notenboom (De Columbiaan, 200302596)	00:31.85(+64)
30. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:31.99(+69)
32. Olena Dijkstra (Orca, 200202624)	00:32.07(+68)
35. Fenna Zusterzeel (PSV, 201000008)	00:32.20(+55)
40. Femke van Wijk (WVW Winterswijk, 200403434)	00:32.33(+68)
41. Isa Schellekens (Z&PC Zegenwerp, 200002330)	00:32.35(+62)
44. Kim van Dongen (De Gelenberg, 200400140)	00:32.44(+64)
46. Guusje van Lent (Aqua-Novio'94, 200203898)	00:32.52(+71)
47. Marre Zandringa (Orca, 199701136)	00:32.54(+60)
50. Anouk Steller (WVZ, 201000004)	00:32.75(+59)
51. Isabelle Elsweier (De Dinkel, 200303614)	00:32.79(+70)
59. Michelle van Wijk (WVW Winterswijk, 200204746)	00:33.00(+62)
63. Lieke Smits (Tempo, 199604646)	00:33.26(+62)
64. Jade Broek (OEZA, 199702300)	00:33.29(+65)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]	00:33.30(+61)
2. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]	00:36.28(+72)
3. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]	00:38.52(+66)
4. Milou van Winkel (WVZ, 200402296) [S14]	00:37.51(+73)
5. Aguila Dolsma (Blue Marlins, 200603902) [S14]	00:39.50(+73)
7. Jenna Gorter (De Otters Het Gooi, 200702746) [S9]	00:45.69(+74)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]	00:50.34(+83)
2. Jente Parlevliet (Noordwijkerhout, 201003900) [S14]	00:46.85(+74)
3. Robbin Bagerman (ZPC De Kanaalstreek, 200902772) [S7]	00:58.76(+62)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Jinth Engelse (NieMo Barracuda, 200800204)	00:29.32(+60)
2. Dachen Haaijer (ZPC Hoogeveen, 200800380)	00:30.10(+62)
3. Eefje Irvine (De Dolfijn, 200700164)	00:30.35(+56)
4. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:30.36(+71)

5. Floor Hogervorst (Blue Marlins, 200701400)	00:30.57(+64)
6. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:31.52(+69)
7. Jazz-Lynn Gomes Delgado (Feijenoord Albion Zwemclub, 200800738)	00:31.56(+64)
8. Valérie Sakkers (Deltasteur, 200800080)	00:32.12(+65)
9. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	00:32.25(+75)
10. Liv Heijdra (WVZ, 200800736)	00:32.26(+63)
11. Féline Sam (ZVZ, 200700018)	00:32.29(+64)
12. Esmee Mulder (DZ&PC, 200800038)	00:32.39(+56)
13. Emmelien Smelt (ZVZ, 200800012)	00:32.50(+64)
14. Caprice Kes (Ed-Vo, 200804830)	00:32.72(+63)
15. Bette Peetoom (DAW, 200801808)	00:32.83(+61)
16. Maud Roffel (HZ&PC Heerenveen, 200700840)	00:32.89(+81)
17. Feline Piek (ESCA Zwemmen, 200701322)	00:32.93(+63)
17. Charlotte Woltjes (VZC, 200700110)	00:32.93(+67)
19. Femke Brouwer (Aqua-Novio'94, 200701522)	00:32.98(+71)
20. Rosalie van der Bijl (Hieronymus, 200701644)	00:32.99(+67)
21. Lyke Bellert (Octopus-ZVV (SG), 200701424)	00:33.05(+65)
22. Imre Bouwland (ZPC Hoogeveen, 200700388)	00:33.33(+70)
23. Monica van der Meer (Deltasteur, 200704288)	00:33.41(+76)
24. Ilse Rozema (Blue Marlins, 200803318)	00:33.50(+62)
25. Mila Oomens (NieMo Barracuda, 200700016)	00:33.73(+67)
<i>17 - 18 jaar</i>	
1. Sara Korthuis (DZ&PC, 200600494)	00:30.07(+66)
2. Madelief Mans (Blue Marlins, 200501260)	00:31.00(+71)
3. Karlijn Offeringa (ZVVS, 200503292)	00:31.02(+64)
4. Joy Willekus (De Dolfijn, 200602420)	00:31.05(+62)
5. Tess Bemer (De Duinkickers, 200600450)	00:31.09(+62)
6. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)	00:31.24(+59)
7. Famke Irvine (De Otters Het Gooi, 200501724)	00:32.01(+72)
8. Lyke Buscop (De Schotejil, 200500552)	00:32.17(+62)
9. Jolijn Liezen (Steenwijk 1934, 200500518)	00:32.22(+64)
10. Elizabeth Engelbrecht (SBC2000, 200604916)	00:32.40(+53)
11. Indy van Laarhoven (PSV, 200500710)	00:32.57(+56)
12. Marit Huisman (WVZ, 200502620)	00:32.95(+54)
13. Ciska de Lugt (DZ&PC, 200503302)	00:33.04(+67)
14. Mijntje Wopereis (Livo, 200501920)	00:33.11(+66)
15. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)	00:33.84(+77)
16. Renske Oude Egbrink (OZ&PC, 200600040)	00:34.65(+85)

sessie 4 - finales - vrijdag 14 juni 2024 om 17:00u (50 m)

Aanvangstijd juryvergadering: 16:00u

19. 4x100m vrije slag

vanaf 11 jaar

1. PSV

03:34.21

Luuk van Rooij 2004 (+65)	50m	00:24.81	24,81
Luuk van Rooij 2004 (+65)	100m	00:51.54	26,73
Lars Verhalle 2002 (+51)	150m	01:15.68	24,14
Lars Verhalle 2002 (+51)	200m	01:42.51	26,83
Janne Slegers 2004 (+45)	250m	02:09.72	27,21
Janne Slegers 2004 (+45)	300m	02:40.35	30,63
Sam van Nunen 2001 (0)	350m	03:05.61	25,26
Sam van Nunen 2001 (0)	400m	03:34.21	28,60

2. ZPC AMERSFOORT

03:35.23

Koen Marsman 2005 (+65)	50m	00:24.99	24,99
Koen Marsman 2005 (+65)	100m	00:51.72	26,73
Austin Namesnik 2001 (+23)	150m	01:15.81	24,09
Austin Namesnik 2001 (+23)	200m	01:42.44	26,63
Femke Spiering 2002 (+30)	250m	02:08.97	26,53
Femke Spiering 2002 (+30)	300m	02:38.58	29,61
Elise Hardeman 2001 (+39)	350m	03:05.49	26,91
Elise Hardeman 2001 (+39)	400m	03:35.23	29,74

3. De Dolfijn

03:35.76

Kenzo Simons 2001 (+60)	50m	00:23.38	23,38
Kenzo Simons 2001 (+60)	100m	00:50.02	26,64
Vince van der Pal 2004 (+25)	150m	01:14.12	24,10
Vince van der Pal 2004 (+25)	200m	01:40.51	26,39
Elise Tanis 2002 (+33)	250m	02:07.76	27,25
Elise Tanis 2002 (+33)	300m	02:37.32	29,56
Lieke Oude Lenferink 2002 (+45)	350m	03:05.16	27,84
Lieke Oude Lenferink 2002 (+45)	400m	03:35.76	30,60

4. Blue Marlins

03:39.42

Brandon van den Berg 2002 (+69)	50m	00:24.96	24,96
Brandon van den Berg 2002 (+69)	100m	00:51.56	26,60
Michael Smink 2003 (+39)	150m	01:15.85	24,29
Michael Smink 2003 (+39)	200m	01:43.28	27,43
Megan Jonkman 2006 (+51)	250m	02:10.63	27,35
Megan Jonkman 2006 (+51)	300m	02:40.82	30,19
Merel Schravendijk 2005 (+18)	350m	03:08.93	28,11
Merel Schravendijk 2005 (+18)	400m	03:39.42	30,49

5. DWK

03:51.50

Niek Heethaar 1999 (+68)	50m	00:25.54	25,54
Niek Heethaar 1999 (+68)	100m	00:54.16	28,62
Ronis van Everdingen 2003 (+42)	150m	01:19.48	25,32
Ronis van Everdingen 2003 (+42)	200m	01:48.09	28,61
Inge Koekoek 2004 (+40)	250m	02:18.29	30,20
Inge Koekoek 2004 (+40)	300m	02:50.91	32,62
Vera Renshof 2003 (+37)	350m	03:19.71	28,80
Vera Renshof 2003 (+37)	400m	03:51.50	31,79

6. Dedemsvaart-AC

03:52.29

Melle van Veen 2007 (+74)	50m	00:26.70	26,70
Melle van Veen 2007 (+74)	100m	00:56.24	29,54
Emiel de Bruijn 2007 (+22)	150m	01:22.33	26,09
Emiel de Bruijn 2007 (+22)	200m	01:52.59	30,26
Ismay Lichtendonk 2004 (+37)	250m	02:21.03	28,44
Ismay Lichtendonk 2004 (+37)	300m	02:52.14	31,11
Michelle Zomerdijk 2000 (+51)	350m	03:20.75	28,61
Michelle Zomerdijk 2000 (+51)	400m	03:52.29	31,54

7. Nuenen

03:52.99

Luuk Smits 2000 (+76)	50m	00:25.56	25,56
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Luuk Smits 2000 (+76)	100m	00:54.09	28,53					
Alexander Nijst 2001 (+23)	150m	01:20.30	26,21					
Alexander Nijst 2001 (+23)	200m	01:50.00	29,70					
Britt Bogers 1999 (+19)	250m	02:20.09	30,09					
Britt Bogers 1999 (+19)	300m	02:53.12	33,03					
Julie van Nispen 2008 (+59)	350m	03:22.08	28,96					
Julie van Nispen 2008 (+59)	400m	03:52.99	30,91					
8. DZ&PC								03:53.58
Jelle Betten 2000 (+72)	50m	00:25.23	25,23					
Jelle Betten 2000 (+72)	100m	00:53.04	27,81					
Collard Jungeling 2007 (+61)	150m	01:20.25	27,21					
Collard Jungeling 2007 (+61)	200m	01:49.94	29,69					
Esmee Mulder 2008 (+25)	250m	02:18.69	28,75					
Esmee Mulder 2008 (+25)	300m	02:51.27	32,58					
Luca Ebbinge 1998 (+49)	350m	03:20.78	29,51					
Luca Ebbinge 1998 (+49)	400m	03:53.58	32,80					
9. Zwemlust-den Hommel								03:57.28
Joan Kentrop 1985 (+74)	50m	00:25.76	25,76					
Joan Kentrop 1985 (+74)	100m	00:54.23	28,47					
Fayssal Lantema 2001 (+46)	150m	01:20.96	26,73					
Fayssal Lantema 2001 (+46)	200m	01:51.12	30,16					
Manon Kloosterman 1997 (+38)	250m	02:20.83	29,71					
Manon Kloosterman 1997 (+38)	300m	02:53.61	32,78					
Sophie Stekelenburg 2004 (+40)	350m	03:23.22	29,61					
Sophie Stekelenburg 2004 (+40)	400m	03:57.28	34,06					
10. OZ&PC								04:00.56
Nouk Achterhuis 2006 (+68)	50m	00:31.28	31,28					
Nouk Achterhuis 2006 (+68)	100m	01:06.25	34,97					
Niek Vreeling 2006 (+48)	150m	01:32.75	26,50					
Niek Vreeling 2006 (+48)	200m	02:01.88	29,13					
Renske Oude Egbrink 2006 (+52)	250m	02:32.75	30,87					
Renske Oude Egbrink 2006 (+52)	300m	03:07.74	34,99					
Siem de Zeeuw 2008 (+28)	350m	03:32.55	24,81					
Siem de Zeeuw 2008 (+28)	400m	04:00.56	28,01					
DIS. Dedemsvaart-AC								00:00.00
Stan Tibben 2005	400m	00:00.00	0,00					
111. 400m vrije slag - Heren								
<i>vanaf 11 jaar (Senioren Open)</i>								
1. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]								05:22.83(+80)
50m	00:34.04	34,04	150m 01:53.01	40,18	250m 03:16.90	42,41	350m 04:43.09	43,78
100m	01:12.83	38,79	200m 02:34.49	41,48	300m 03:59.31	42,41		
2. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]								05:16.81
50m	00:36.34	36,34	150m 01:54.75	39,75	250m 03:14.95	40,33	350m 04:36.87	41,63
100m	01:15.00	38,66	200m 02:34.62	39,87	300m 03:55.24	40,29		
3. Lars Jacobsen (DWK, 199705453) [S14]								04:50.75(+82)
50m	00:31.43	31,43	150m 01:44.30	37,29	250m 03:00.17	37,73	350m 04:15.47	37,66
100m	01:07.01	35,58	200m 02:22.44	38,14	300m 03:37.81	37,64		
4. Thomas Braat (AZC, 200802269) [S14]								05:05.65(+80)
50m	00:33.00	33,00	150m 01:50.51	39,21	250m 03:08.98	39,47	350m 04:27.97	39,37
100m	01:11.30	38,30	200m 02:29.51	39,00	300m 03:48.60	39,62		
11. 400m vrije slag - Heren								
<i>vanaf 11 jaar (Senioren Open)</i>								
1. Lucas Peters (ZPC AMERSFOORT, 200301325)								03:54.48(+70)
50m	00:26.97	26,97	150m 01:26.27	29,79	250m 02:26.64	30,00	350m 03:25.74	29,37
100m	00:56.48	29,51	200m 01:56.64	30,37	300m 02:56.37	29,73		
2. Tiago Fonseca Gomes (Team NL - PSV, 200703587)								03:55.56(+66)
50m	00:26.91	26,91	150m 01:25.94	29,75	250m 02:26.69	30,21	350m 03:26.71	29,83
100m	00:56.19	29,28	200m 01:56.48	30,54	300m 02:56.88	30,19		

3. Yanieck Weijland (Team NL - Blue Marlins, 200500329)					03:58.59(+71)
50m	00:27.53 27,53	150m	01:29.00 30,98	250m	02:30.16 30,42
100m	00:58.02 30,49	200m	01:59.74 30,74	300m	03:00.27 30,11
350m	03:29.95 29,68				
4. Bram Loots (Team Noord-Holland (SG), 200700197)					04:00.22(+64)
50m	00:27.48 27,48	150m	01:27.64 30,44	250m	02:28.98 30,67
100m	00:57.20 29,72	200m	01:58.31 30,67	300m	03:00.11 31,13
350m	03:30.81 30,70				
5. Efe öngören (Blue Marlins, 200504459)					04:03.45(+67)
50m	00:27.27 27,27	150m	01:27.07 30,00	250m	02:28.70 31,02
100m	00:57.07 29,80	200m	01:57.68 30,61	300m	03:00.23 31,53
350m	03:31.97 31,74				
6. Joris Janssen (Aqua-Novio'94, 200301311)					04:08.02(+77)
50m	00:27.84 27,84	150m	01:29.97 31,54	250m	02:33.39 31,66
100m	00:58.43 30,59	200m	02:01.73 31,76	300m	03:05.24 31,85
350m	03:36.91 31,67				
7. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)					04:12.73(+63)
50m	00:28.17 28,17	150m	01:31.35 31,96	250m	02:36.01 31,88
100m	00:59.39 31,22	200m	02:04.13 32,78	300m	03:08.67 32,66
350m	03:41.06 32,39				
8. Martijn Nies (PSV, 200902095)					04:16.68(+76)
50m	00:28.06 28,06	150m	01:30.91 31,51	250m	02:35.72 32,28
100m	00:59.40 31,34	200m	02:03.44 32,53	300m	03:09.12 33,40
350m	03:42.65 33,53				
9. Borys Rudman (Blue Marlins, 200504479)					04:09.25(+68)
50m	00:27.72 27,72	150m	01:30.45 31,76	250m	02:33.28 30,60
100m	00:58.69 30,97	200m	02:02.68 32,23	300m	03:05.61 32,33
350m	03:38.11 32,50				
10. Youri Voet (De Duinkickers, 200502269)					04:11.58(+71)
50m	00:28.55 28,55	150m	01:32.69 32,45	250m	02:37.19 32,08
100m	01:00.24 31,69	200m	02:05.11 32,42	300m	03:09.35 32,16
350m	03:41.00 31,65				
11. Thijn Damen (PSV, 200300973)					04:11.93(+75)
50m	00:28.44 28,44	150m	01:32.69 32,33	250m	02:37.61 32,58
100m	01:00.36 31,92	200m	02:05.03 32,34	300m	03:09.09 31,48
350m	03:40.82 31,73				
12. Olivier Wilbers (ZPC Hoogeveen, 200600181)					04:11.95(+72)
50m	00:29.54 29,54	150m	01:33.16 32,20	250m	02:37.51 32,24
100m	01:00.96 31,42	200m	02:05.27 32,11	300m	03:09.55 32,04
350m	03:41.37 31,82				
13. Boele Böhm (Blue Marlins, 200700739)					04:12.16(+69)
50m	00:27.94 27,94	150m	01:31.14 31,84	250m	02:35.47 32,26
100m	00:59.30 31,36	200m	02:03.21 32,07	300m	03:08.30 32,83
350m	03:41.02 32,72				
14. Sven Koornstra (De Vikings, 200900189)					04:13.11(+83)
50m	00:29.01 29,01	150m	01:32.37 32,09	250m	02:37.09 32,16
100m	01:00.28 31,27	200m	02:04.93 32,56	300m	03:09.58 32,49
350m	03:41.98 32,40				
15. Denzel Barthen (WVZ, 200700147)					04:19.66(+77)
50m	00:28.60 28,60	150m	01:32.96 32,75	250m	02:41.08 34,07
100m	01:00.21 31,61	200m	02:07.01 34,05	300m	03:16.04 34,96
350m	03:50.38 34,34				
16. Lucas van Rooij (PSV, 200603943)					04:19.74(+72)
50m	00:28.96 28,96	150m	01:33.50 32,74	250m	02:40.44 33,48
100m	01:00.76 31,80	200m	02:06.96 33,46	300m	03:14.10 33,66
350m	03:47.34 33,24				
. Tijn Hilders (De Dolfijn, 200700027)					
. Tim van Erven (DZ&PC, 200700175)					
112. 100m schoolslag - Dames					
vanaf 11 jaar (Senioren Open)					
1. Chantalle Zijderveld (ZPC AMERSFOORT, 200000702) [SB9]					01:15.74(+67)
50m	00:35.37 35,37				
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SB9]					01:17.12(+75)
50m	00:35.69 35,69				
3. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [SB11]					01:28.46(+70)
50m	00:41.18 41,18				
4. Ilona Venema (ZPC AMERSFOORT, 200200050) [SB9]					01:23.49(+74)

	50m 00:38.48 38,48	
5.	Amber van der Kruk (MSV-Zeemacht, 200102730) [SB14] 50m 00:40.50 40,50	01:27.10(+87)
6.	Aguila Dolsma (Blue Marlins, 200603902) [SB14] 50m 00:42.56 42,56	01:30.70(+75)
7.	Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [SB9] 50m 00:43.26 43,26	01:32.62(+61)
8.	Gwyneth van der Spek (Batavia Swim, 201102806) [SB6] 50m 00:58.92 58,92	02:01.74(+79)
12.	100m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Tes Schouten (Team NL - BZ&PC, 200003120) 50m 00:32.48 32,48	01:07.58(+69)
2.	Madelijne Schothans (De Dinkel, 200002416) 50m 00:32.77 32,77	01:09.60(+78)
3.	Anna van Droffelaar (Team NL - PSV, 200400258) 50m 00:33.11 33,11	01:10.88(+65)
4.	Hanna Kareinen (De Dolfijn, 200006774) 50m 00:33.14 33,14	01:11.09(+66)
5.	Mare Schallenberg (ACZ, 200600078) 50m 00:33.89 33,89	01:11.93(+74)
6.	Paula Spans (ZPC AMERSFOORT, 201000064) 50m 00:33.87 33,87	01:12.41(+73)
7.	Zinke Delcommune (PSV, 200505416) 50m 00:35.25 35,25	01:14.30(+75)
8.	Benigna Kocsispeter (Hellas-Glana, 200702058) 50m 00:34.91 34,91	01:14.45(+71)
9.	Jade Geurts (WVZ, 200402278) 50m 00:34.16 34,16	01:12.70(+71)
10.	Bridget Vermeer (ZPC AMERSFOORT, 200501766) 50m 00:34.19 34,19	01:12.76(+73)
11.	Mandy van Rossum (Aqua-Novio'94, 200204904) 50m 00:35.27 35,27	01:14.86(+76)
12.	Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730) 50m 00:35.22 35,22	01:15.11(+74)
13.	Kim Oudendijk (DAW, 200600964) 50m 00:35.31 35,31	01:15.19(+79)
13.	Nieke Dovic (PSV, 200700238) 50m 00:35.41 35,41	01:15.19(+82)
15.	Jill Nai Chung Tong (WVZ, 200404272) 50m 00:35.02 35,02	01:16.54(+67)
16.	Selene Wortel (Hieronymus, 199700654) 50m 00:36.25 36,25	01:16.95(+65)
.	Joy Willekus (De Dolfijn, 200602420)	
.	Lisa Dirkwager (Blue Marlins, 200703458)	
113.	50m vlinderslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	00:28.38(+63)

2. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	00:27.75(+72)
3. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14]	00:28.84(+77)
4. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:35.04(+75)
13. 50m vlinderslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Thomas Verhoeven (Feijenoord Albion Zwemclub, 199700311)	00:23.20(+64)
2. Michael Smink (Blue Marlins, 200302169)	00:23.87(+65)
3. Emiel van Oord (De Dolfijn, 200503707)	00:24.68(+68)
4. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:24.83(+56)
5. Niels de Boer (Hellas-Glana, 200001977)	00:24.84(+68)
6. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:25.06(+62)
7. Floris Kotterink (Feijenoord Albion Zwemclub, 199800199)	00:25.08(+61)
8. Emile Dost (Borger, 200100731)	00:25.47(+68)
9. Matthijs van Meerendonk (DZ&PC, 199900375)	00:25.07(+58)
10. Stan Stevens (PSV, 200305039)	00:25.36(+65)
11. Alexander Nijst (Nuenen, 200104869)	00:25.54(+68)
12. Piet-Hein Straver (PSV, 200302527)	00:25.65(+65)
13. Niek Heethaar (DWK, 199900999)	00:25.77(+69)
14. Lars Bulman (Blue Marlins, 200600125)	00:25.78(+69)
15. Bart Muselaers (DWK, 200100865)	00:25.94(+69)
16. Bert Duivenvoorde (De Columbiaan, 199701805)	00:25.95(+66)
. Marlon Borger (PSV, 200404817)	
. Lars Minnaert (PSV, 200502355)	
18. 50m rugslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Britta Koehorst (WVZ, 200300246)	00:29.05(+56)
2. Manon Manning (PSV, 199904118)	00:29.32(+58)
14. 400m wisselslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Djanilla Brink (De Dolfijn, 200600988)	04:54.76(+82)
50m 00:31.33 31,33 150m 01:48.19 40,21 250m 03:07.28 39,59 350m 04:21.85 34,12	
100m 01:07.98 36,65 200m 02:27.69 39,50 300m 03:47.73 40,45	
2. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	04:59.10(+75)
50m 00:31.14 31,14 150m 01:47.85 39,85 250m 03:09.51 42,65 350m 04:26.44 33,80	
100m 01:08.00 36,86 200m 02:26.86 39,01 300m 03:52.64 43,13	
3. Frouke Ludwig (DZ&PC, 200800112)	04:59.99(+71)
50m 00:30.84 30,84 150m 01:46.57 39,27 250m 03:08.58 44,26 350m 04:27.45 33,94	
100m 01:07.30 36,46 200m 02:24.32 37,75 300m 03:53.51 44,93	
4. Nikita van den Ouden (PSV, 199900622)	05:02.04(+67)
50m 00:31.11 31,11 150m 01:47.74 40,44 250m 03:10.88 43,46 350m 04:28.93 34,34	
100m 01:07.30 36,19 200m 02:27.42 39,68 300m 03:54.59 43,71	
5. Kim Jansen van Galen (PSV, 200201594)	05:02.09(+70)
50m 00:30.91 30,91 150m 01:48.88 42,25 250m 03:11.94 41,26 350m 04:28.27 34,62	
100m 01:06.63 35,72 200m 02:30.68 41,80 300m 03:53.65 41,71	
6. Rhodee van den Ham (De Duinkickers, 200700090)	05:06.75(+78)

	50m 00:32.40 32,40	150m 01:50.15 40,60	250m 03:13.51 43,16	350m 04:33.57 35,67	
	100m 01:09.55 37,15	200m 02:30.35 40,20	300m 03:57.90 44,39		
7. Maaike Issard (DZ&PC, 200300022)					05:11.50(+84)
	50m 00:32.24 32,24	150m 01:49.42 40,13	250m 03:14.44 44,79	350m 04:35.90 36,22	
	100m 01:09.29 37,05	200m 02:29.65 40,23	300m 03:59.68 45,24		
8. Laura van Etten (HZ&PC Heerenveen, 200800264)					05:14.62(+75)
	50m 00:31.75 31,75	150m 01:49.83 39,60	250m 03:15.70 46,89	350m 04:39.42 35,68	
	100m 01:10.23 38,48	200m 02:28.81 38,98	300m 04:03.74 48,04		
9. Fay Boxum (DZ&PC, 200900060)					05:08.20(+78)
	50m 00:32.46 32,46	150m 01:49.87 38,71	250m 03:11.74 43,57	350m 04:32.80 35,66	
	100m 01:11.16 38,70	200m 02:28.17 38,30	300m 03:57.14 45,40		
10. Jade van der Schrier (AZC, 200800692)					05:09.36(+78)
	50m 00:32.44 32,44	150m 01:51.19 39,56	250m 03:15.87 46,06	350m 04:36.83 34,71	
	100m 01:11.63 39,19	200m 02:29.81 38,62	300m 04:02.12 46,25		
11. Robin Goossens (Nuenen, 200003128)					05:11.09(+81)
	50m 00:32.56 32,56	150m 01:53.41 41,73	250m 03:15.45 41,98	350m 04:35.13 37,88	
	100m 01:11.68 39,12	200m 02:33.47 40,06	300m 03:57.25 41,80		
12. Luus Gielens (PSV, 200900138)					05:14.67(+84)
	50m 00:33.07 33,07	150m 01:51.23 40,25	250m 03:16.13 45,90	350m 04:39.18 35,83	
	100m 01:10.98 37,91	200m 02:30.23 39,00	300m 04:03.35 47,22		
13. Meyke v. Nimwegen (De Schotelijl, 200800106)					05:15.94(+77)
	50m 00:33.20 33,20	150m 01:53.24 41,30	250m 03:18.13 44,88	350m 04:40.27 36,70	
	100m 01:11.94 38,74	200m 02:33.25 40,01	300m 04:03.57 45,44		
14. Angelique van Vark (GZC DONK, 199701478)					05:17.01(+69)
	50m 00:32.52 32,52	150m 01:55.42 42,32	250m 03:22.22 46,22	350m 04:43.82 35,47	
	100m 01:13.10 40,58	200m 02:36.00 40,58	300m 04:08.35 46,13		
15. Isa Schellekens (Z&PC Zegenwerp, 200002330)					05:21.38(+87)
	50m 00:32.59 32,59	150m 01:53.30 40,49	250m 03:18.09 45,28	350m 04:43.02 37,84	
	100m 01:12.81 40,22	200m 02:32.81 39,51	300m 04:05.18 47,09		
16. Ylva Konings (PSV, 200700148)					05:25.19(+73)
	50m 00:34.16 34,16	150m 01:56.48 41,99	250m 03:24.31 47,47	350m 04:48.63 37,12	
	100m 01:14.49 40,33	200m 02:36.84 40,36	300m 04:11.51 47,20		
. Emmelien Smelt (ZVZ, 200800012)					
115. 100m rugslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Olivier van de Voort (De Dolfijn, 199703035) [S10]					00:59.88(+75)
	50m 00:28.36 28,36				
2. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]					01:11.92(+52)
	50m 00:35.67 35,67				
3. Marc Evers (De Dolfijn, 199107425) [S14]					01:02.78(+66)
	50m 00:30.74 30,74				
4. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]					01:02.46(+58)
	50m 00:29.93 29,93				
5. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]					01:20.67(+69)
	50m 00:39.78 39,78				
6. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10]					01:03.63(+73)
	50m 00:31.08 31,08				
7. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]					01:32.60(+85)
	50m 00:44.36 44,36				
15. 100m rugslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Hendrik van der Leest (PSV, 200404339)					00:56.01(+59)

	50m 00:27.15 27,15	
2. Niels Dijkshoorn (Team NL - PSV, 200203079)	50m 00:27.39 27,39	00:56.07(+65)
3. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:27.67 27,67	00:56.45(+62)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:27.68 27,68	00:57.10(+61)
5. Nikodim Markovic (Blue Marlins, 200700255)	50m 00:27.32 27,32	00:57.30(+55)
5. Giovanni Phillipson (Team Noord-Holland (SG), 200801099)	50m 00:27.75 27,75	00:57.30(+65)
7. Daan Sonneveld (WVZ, 200601085)	50m 00:27.93 27,93	00:57.50(+60)
8. Domingo Kuipers (DZ&PC, 200501787)	50m 00:27.96 27,96	00:58.12(+60)
9. Lars Minnaert (PSV, 200502355)	50m 00:27.46 27,46	00:57.69(+54)
10. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)	50m 00:27.68 27,68	00:58.04(+59)
11. Bjarne van Oord (De Dolfijn, 200105101)	50m 00:28.36 28,36	00:58.13(+58)
12. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	50m 00:27.92 27,92	00:58.81(+53)
13. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	50m 00:29.03 29,03	01:00.37(+61)
14. Luuk Smits (Nuenen, 200001015)	50m 00:29.15 29,15	01:01.57(+57)
15. Lars Verhalle (PSV, 200200019)	50m 00:29.40 29,40	01:01.90(+61)
16. Jake Franse (Blue Marlins, 200703873)	50m 00:29.45 29,45	01:02.35(+66)
. Sander Iuga (Feijenoord Albion Zwemclub, 200101389)		
. Colin Bes (Zwemclub Polaris, 200500201)		
116. 200m vrije slag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]	50m 00:32.51 32,51 100m 01:08.97 36,46 150m 01:47.74 38,77	02:23.89(+69)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]	50m 00:31.24 31,24 100m 01:05.34 34,10 150m 01:39.97 34,63	02:14.07(+81)
3. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]	50m 00:30.54 30,54 100m 01:04.73 34,19 150m 01:40.13 35,40	02:16.91(+89)
4. Milou van Winkel (WVZ, 200402296) [S14]	50m 00:33.58 33,58 100m 01:13.79 40,21 150m 01:55.95 42,16	02:38.05(+74)
5. Jenna Gorter (De Otters Het Gooi, 200702746) [S9]	50m 00:39.97 39,97 100m 01:24.42 44,45 150m 02:10.64 46,22	02:54.25(+81)
6. Aguila Dolsma (Blue Marlins, 200603902) [S14]	50m 00:35.80 35,80 100m 01:16.70 40,90 150m 01:59.88 43,18	02:40.69(+79)
7. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]	50m 00:51.90 51,90 100m 01:47.26 55,36 150m 02:42.91 55,65	03:32.85

16. 200m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Janna van Kooten (Team NL - ZPC Hoogeveen, 200404584)	01:59.50(+74)
50m 00:28.31 28,31 100m 00:58.99 30,68 150m 01:29.17 30,18	
2. Imani de Jong (Team NL - PSV, 200200464)	02:00.51(+70)
50m 00:28.43 28,43 100m 00:59.01 30,58 150m 01:29.81 30,80	
3. Yara van Kalmthout (Team NL - PSV, 200200984)	02:01.28(+71)
50m 00:28.89 28,89 100m 00:59.59 30,70 150m 01:30.55 30,96	
4. Angelina Rolman (Team NL - De Dolfijn, 200701972)	02:01.73(+72)
50m 00:29.37 29,37 100m 01:00.69 31,32 150m 01:31.36 30,67	
5. Sara Korhuis (DZ&PC, 200600494)	02:02.61(+71)
50m 00:29.10 29,10 100m 01:00.49 31,39 150m 01:32.18 31,69	
6. Silke Holkenborg (Team NL - VZC, 200100292)	02:03.17(+73)
50m 00:28.67 28,67 100m 00:59.66 30,99 150m 01:31.33 31,67	
7. Kirsten Verhalle (PSV, 200400210)	02:04.99(+76)
50m 00:29.12 29,12 100m 01:00.95 31,83 150m 01:33.09 32,14	
8. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	02:07.00(+77)
50m 00:29.16 29,16 100m 01:01.13 31,97 150m 01:34.16 33,03	
9. Serena Stel (De Dolfijn, 199801528)	02:04.53(+69)
50m 00:29.08 29,08 100m 01:00.46 31,38 150m 01:32.96 32,50	
10. Elise Hardeman (ZPC AMERSFOORT, 200101068)	02:04.90(+69)
50m 00:28.62 28,62 100m 00:59.88 31,26 150m 01:32.12 32,24	
11. Zinke Delcommune (PSV, 200505416)	02:06.60(+75)
50m 00:29.71 29,71 100m 01:01.83 32,12 150m 01:34.69 32,86	
12. Janne Slegers (PSV, 200404090)	02:07.88(+69)
50m 00:29.67 29,67 100m 01:02.00 32,33 150m 01:34.79 32,79	
13. Colinda van der Zanden (Aqua-Novio'94, 200502618)	02:07.94(+66)
50m 00:28.93 28,93 100m 01:01.16 32,23 150m 01:34.33 33,17	
14. Lynn Blommers (Blue Marlins, 200105062)	02:08.13(+69)
50m 00:29.45 29,45 100m 01:01.84 32,39 150m 01:35.02 33,18	
15. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)	02:08.53(+84)
50m 00:29.27 29,27 100m 01:01.74 32,47 150m 01:35.21 33,47	
16. Julie van Nispen (Nuenen, 200800290)	02:08.56(+75)
50m 00:30.09 30,09 100m 01:03.20 33,11 150m 01:35.80 32,60	
. Anique Hazebroek (ZPC AMERSFOORT, 200502196)	

17. 200m schoolslag - Heren

vanaf 11 jaar (Senioren Open)

1. Caspar Corbeau (Team NL - ZPC AMERSFOORT, 200105099)	02:08.87(+66)
50m 00:28.64 28,64 100m 01:01.22 32,58 150m 01:34.91 33,69	
2. Noah de Schryver (De Dolfijn, 200105483)	02:13.25(+70)
50m 00:30.16 30,16 100m 01:03.30 33,14 150m 01:37.75 34,45	
3. Ivo Kroes (Team NL - Azuro, 200300079)	02:14.13(+68)
50m 00:30.30 30,30 100m 01:04.68 34,38 150m 01:39.32 34,64	
4. Collin van der Hoff (WVZ, 200604357)	02:17.48(+69)
50m 00:31.18 31,18 100m 01:06.35 35,17 150m 01:41.90 35,55	
5. Yanieck Weijland (Team NL - Blue Marlins, 200500329)	02:18.40(+71)
50m 00:31.73 31,73 100m 01:07.15 35,42 150m 01:42.87 35,72	
6. Bram Zwetsloot (Team NL - Nuenen, 200202117)	02:18.73(+63)
50m 00:30.79 30,79 100m 01:06.04 35,25 150m 01:42.66 36,62	

7. Wytse Broekstra (De Vikings, 200800121)		02:19.96(+78)
50m 00:32.14 32,14	100m 01:07.53 35,39	150m 01:43.63 36,10
8. Storm Boxum (DZ&PC, 200700421)		02:20.63(+75)
50m 00:31.49 31,49	100m 01:07.12 35,63	150m 01:43.72 36,60
9. Duncan van Haaren (ZPC AMERSFOORT, 200000681)		02:20.44(+69)
50m 00:30.87 30,87	100m 01:06.22 35,35	150m 01:43.57 37,35
10. Cas Verstegen (PSV, 200500891)		02:22.61(+72)
50m 00:31.68 31,68	100m 01:07.24 35,56	150m 01:44.72 37,48
11. Joost de Roy van Zuydewijn (WVZ, 200000255)		02:23.43(+66)
50m 00:31.47 31,47	100m 01:07.68 36,21	150m 01:45.07 37,39
12. Wietse Waninge (ZPC AMERSFOORT, 199800023)		02:23.61(+71)
50m 00:32.33 32,33	100m 01:08.64 36,31	150m 01:45.98 37,34
13. Martijn Velders (Aqua-Novio'94, 199502619)		02:24.12(+66)
50m 00:32.55 32,55	100m 01:09.17 36,62	150m 01:46.24 37,07
14. Elias Soens (Blue Marlins, 200604327)		02:28.71(+69)
50m 00:32.96 32,96	100m 01:10.74 37,78	150m 01:49.73 38,99
15. Roan van der Weide (Blue Marlins, 200601629)		02:29.59(+73)
50m 00:32.96 32,96	100m 01:10.90 37,94	150m 01:49.97 39,07
16. Rick Offringa (DZ&PC, 200300979)		02:31.43(+78)
50m 00:32.06 32,06	100m 01:10.76 38,70	150m 01:50.87 40,11
. Lasse Schrieken (VZC, 200503145)		
. Thom Delno (VZC, 200000013)		
118. 50m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]		00:32.71(+59)
2. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]		00:36.15(+66)
3. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]		00:37.60(+60)
4. Milou van Winkel (WVZ, 200402296) [S14]		00:37.09(+64)
5. Aguila Dolsma (Blue Marlins, 200603902) [S14]		00:38.94(+75)
6. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]		00:51.58(+92)
7. Jenna Gorter (De Otters Het Gooi, 200702746) [S9]		00:45.30(+73)
8. Jente Parlevliet (Noordwijkerhout, 201003900) [S14]		00:44.52(+68)
18. 50m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)		00:27.87(+56)
2. Lotte Hospers (Team NL - Blue Marlins, 200201414)		00:28.73(+67)
3. Jinh Engelse (NieMo Barracuda, 200800204)		00:28.99(+61)
4. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)		00:29.12(+54)
5. Milou van Wijk (Team NL - WVZ, 200404948)		00:29.14(+63)
6. Jetske Moot (ZPC AMERSFOORT, 200400230)		00:29.35(+59)
7. Britta Koehorst (WVZ, 200300246)		00:29.38(+58)
8. Lieke Oude Lenferink (De Dolfijn, 200200068)		00:29.71(+59)
9. Manon Manning (PSV, 199904118)		00:29.68(+60)
10. Amber Celie (De Dolfijn, 200300756)		00:30.14(+54)

11. Maaike Ooms (ZPC AMERSFOORT, 200801580)		00:30.16(+69)
12. Floor Hogervorst (Blue Marlins, 200701400)		00:30.38(+64)
13. Eefje Irvine (De Dolfijn, 200700164)		00:30.46(+55)
14. Madelief Mans (Blue Marlins, 200501260)		00:30.80(+64)
15. Dionne Salomons (Borger, 200200504)		00:31.14(+63)
16. Joy Willekus (De Dolfijn, 200602420)		00:31.28(+68)
. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)		
. Tereza Boom (PSV, 200904028)		
20. 4x200m vrije slag heren		
vanaf 11 jaar (Senioren Open)		
1. PSV		07:25.29
Luuk van Rooij 2004 (+65)	50m	00:25.78 25,78
Luuk van Rooij 2004 (+65)	100m	00:53.81 28,03
Luuk van Rooij 2004 (+65)	150m	01:23.03 29,22
Luuk van Rooij 2004 (+65)	200m	01:52.54 29,51
Merlin Belmon 2004 (+39)	250m	02:17.23 24,69
Merlin Belmon 2004 (+39)	300m	02:44.94 27,71
Merlin Belmon 2004 (+39)	350m	03:14.27 29,33
Merlin Belmon 2004 (+39)	400m	03:43.48 29,21
Niels Dijkhoorn 2002 (+28)	450m	04:08.65 25,17
Niels Dijkhoorn 2002 (+28)	500m	04:36.86 28,21
Niels Dijkhoorn 2002 (+28)	550m	05:06.06 29,20
Niels Dijkhoorn 2002 (+28)	600m	05:35.58 29,52
Tiago Fonseca Gomes 2007 (+39)	650m	06:00.74 25,16
Tiago Fonseca Gomes 2007 (+39)	700m	06:28.97 28,23
Tiago Fonseca Gomes 2007 (+39)	750m	06:57.51 28,54
Tiago Fonseca Gomes 2007 (+39)	800m	07:25.29 27,78
2. ZPC AMERSFOORT		07:26.12
Koen Marsman 2005 (+66)	50m	00:25.43 25,43
Koen Marsman 2005 (+66)	100m	00:53.04 27,61
Koen Marsman 2005 (+66)	150m	01:21.59 28,55
Koen Marsman 2005 (+66)	200m	01:50.36 28,77
Rijk Heere 2003 (+20)	250m	02:15.12 24,76
Rijk Heere 2003 (+20)	300m	02:44.26 29,14
Rijk Heere 2003 (+20)	350m	03:14.95 30,69
Rijk Heere 2003 (+20)	400m	03:45.78 30,83
Austin Namesnik 2001 (+26)	450m	04:11.00 25,22
Austin Namesnik 2001 (+26)	500m	04:39.11 28,11
Austin Namesnik 2001 (+26)	550m	05:08.05 28,94
Austin Namesnik 2001 (+26)	600m	05:37.31 29,26
Lucas Peters 2003 (+15)	650m	06:02.42 25,11
Lucas Peters 2003 (+15)	700m	06:30.12 27,70
Lucas Peters 2003 (+15)	750m	06:58.01 27,89
Lucas Peters 2003 (+15)	800m	07:26.12 28,11
3. Hellas-Glana		07:43.22
Lucas Greven 1995 (+66)	50m	00:26.24 26,24
Lucas Greven 1995 (+66)	100m	00:54.89 28,65
Lucas Greven 1995 (+66)	150m	01:24.88 29,99
Lucas Greven 1995 (+66)	200m	01:55.19 30,31
Arno Nelissen 2003 (+35)	250m	02:21.83 26,64
Arno Nelissen 2003 (+35)	300m	02:51.42 29,59
Arno Nelissen 2003 (+35)	350m	03:22.50 31,08
Arno Nelissen 2003 (+35)	400m	03:53.85 31,35
Niels de Boer 2000 (+28)	450m	04:19.75 25,90
Niels de Boer 2000 (+28)	500m	04:48.81 29,06
Niels de Boer 2000 (+28)	550m	05:19.99 31,18
Niels de Boer 2000 (+28)	600m	05:50.54 30,55
Raf Hendriks 2001 (+22)	650m	06:15.53 24,99
Raf Hendriks 2001 (+22)	700m	06:44.04 28,51

Raf Hendriks 2001 (+22) 750m 07:13.67 29,63
Raf Hendriks 2001 (+22) 800m 07:43.22 29,55

4. PSV

07:48.82

Lars Verhalle 2002 (+74) 50m 00:26.05 26,05
Lars Verhalle 2002 (+74) 100m 00:54.11 28,06
Lars Verhalle 2002 (+74) 150m 01:23.52 29,41
Lars Verhalle 2002 (+74) 200m 01:53.15 29,63
Thijn Damen 2003 (+51) 250m 02:19.74 26,59
Thijn Damen 2003 (+51) 300m 02:48.96 29,22
Thijn Damen 2003 (+51) 350m 03:19.55 30,59
Thijn Damen 2003 (+51) 400m 03:49.65 30,10
Lucas van Rooij 2006 (+44) 450m 04:16.28 26,63
Lucas van Rooij 2006 (+44) 500m 04:45.99 29,71
Lucas van Rooij 2006 (+44) 550m 05:16.86 30,87
Lucas van Rooij 2006 (+44) 600m 05:47.46 30,60
Martijn Nies 2009 (+38) 650m 06:14.02 26,56
Martijn Nies 2009 (+38) 700m 06:44.19 30,17
Martijn Nies 2009 (+38) 750m 07:15.83 31,64
Martijn Nies 2009 (+38) 800m 07:48.82 32,99

5. Blue Marlins

08:01.06

Gaëtan Spicq 2007 (+64) 50m 00:27.87 27,87
Gaëtan Spicq 2007 (+64) 100m 00:58.65 30,78
Gaëtan Spicq 2007 (+64) 150m 01:31.20 32,55
Gaëtan Spicq 2007 (+64) 200m 02:02.98 31,78
Lars Bulman 2006 (+56) 250m 02:30.64 27,66
Lars Bulman 2006 (+56) 300m 03:02.23 31,59
Lars Bulman 2006 (+56) 350m 03:34.85 32,62
Lars Bulman 2006 (+56) 400m 04:07.08 32,23
Boele Böhm 2007 (+42) 450m 04:33.51 26,43
Boele Böhm 2007 (+42) 500m 05:03.05 29,54
Boele Böhm 2007 (+42) 550m 05:34.75 31,70
Boele Böhm 2007 (+42) 600m 06:06.17 31,42
Yanieck Weijland 2005 (+25) 650m 06:32.25 26,08
Yanieck Weijland 2005 (+25) 700m 07:01.36 29,11
Yanieck Weijland 2005 (+25) 750m 07:31.72 30,36
Yanieck Weijland 2005 (+25) 800m 08:01.06 29,34

6. OZ&PC

08:20.67

Jens zum Grotenhoff 2002 (+78) 50m 00:28.17 28,17
Jens zum Grotenhoff 2002 (+78) 100m 00:59.62 31,45
Jens zum Grotenhoff 2002 (+78) 150m 01:33.21 33,59
Jens zum Grotenhoff 2002 (+78) 200m 02:07.17 33,96
Siem de Zeeuw 2008 (+34) 250m 02:32.80 25,63
Siem de Zeeuw 2008 (+34) 300m 03:02.46 29,66
Siem de Zeeuw 2008 (+34) 350m 03:34.07 31,61
Siem de Zeeuw 2008 (+34) 400m 04:05.86 31,79
Niek Vreeling 2006 (+41) 450m 04:33.59 27,73
Niek Vreeling 2006 (+41) 500m 05:05.56 31,97
Niek Vreeling 2006 (+41) 550m 05:38.83 33,27
Niek Vreeling 2006 (+41) 600m 06:12.35 33,52
Wes Velthuis 2006 (+31) 650m 06:40.28 27,93
Wes Velthuis 2006 (+31) 700m 07:11.44 31,16
Wes Velthuis 2006 (+31) 750m 07:45.55 34,11
Wes Velthuis 2006 (+31) 800m 08:20.67 35,12

sessie 5 - series - zaterdag 15 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

21. 50m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Hanna Kareinen (De Dolfijn, 200006774)

00:32.53(+64)

5. Marjolein Delno (VZC, 199400024)

00:33.54(+75)

6. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796)

00:33.80(+66)

7. Kim Jansen van Galen (PSV, 200201594)	00:33.83(+68)
9. Mandy van Rossum (Aqua-Novio'94, 200204904)	00:33.91(+72)
11. Paula Spans (ZPC AMERSFOORT, 201000064)	00:34.02(+71)
12. Selene Wortel (Hieronymus, 199700654)	00:34.12(+65)
13. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	00:34.17(+67)
14. Jill Nai Chung Tong (WVZ, 200404272)	00:34.18(+66)
15. Kim Vos (De Woelwaters, 200000990)	00:34.21(+74)
17. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:34.27(+68)
19. Sanne Busch (PSV, 200101486)	00:34.28(+73)
24. Felicia Emanuelson (Olympia, 199703168)	00:34.48(+69)
25. Jade Geurts (WVZ, 200402278)	00:34.57(+71)
26. Emma Hofstee (TriVia, 200401282)	00:34.60(+71)
28. Michelle van Hemert (PSV, 200901200)	00:34.88(+67)
30. Sanne Peters (PSV, 200401112)	00:35.03(+67)
31. Robin Goossens (Nuenen, 200003128)	00:35.09(+79)
32. Rowie Kamp (Team Noord-Holland (SG), 200001706)	00:35.12(+64)
34. Valesca van den Bogert (Hieronymus, 200102138)	00:35.21(+68)
37. Jolien Wind (Bubble, 200100510)	00:35.30(+71)
39. Susan Teijken (Nuenen, 199504592)	00:35.44(+74)
42. Ayla van Leeuwen (TZC-Vahalis, 200401980)	00:35.78(+66)
44. Yvette Buis (De Dolfijn, 200401830)	00:35.85(+70)
45. Vivian Uijtenbogaart (Batavia Swim, 200403642)	00:36.00(+69)
46. Silke Molendijk (ZVL-1886, 200100178)	00:36.14(+68)
52. Inge Koekoek (DWK, 200401648)	00:36.33(+74)
53. Isa Schellekens (Z&PC Zegenwerp, 200002330)	00:36.36(+74)
55. Noël Iris Hettinga (Neptunia'24, 200002536)	00:36.49(+76)
56. Manon Kloosterman (Zwemlust-den Hommel, 199702082)	00:36.70(+71)
57. Janice Provoost (De Bevelanders, 200303076)	00:36.97(+67)
63. Luca Ebbinge (DZ&PC, 199802406)	00:37.43(+63)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SB9]	00:35.71(+74)
2. Ilona Venema (ZPC AMERSFOORT, 200200050) [SB9]	00:38.67(+73)
3. Aguila Dolsma (Blue Marlins, 200603902) [SB14]	00:42.89(+84)
5. Jenna Gorter (De Otters Het Gooi, 200702746) [SB8]	00:50.56(+80)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [SB6]	00:56.73(+71)
2. Jente Parlevliet (Noordwijkerhout, 201003900) [SB14]	00:53.45(+94)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Hylcke de Beer (PSV, 200700006)	00:33.16(+69)

2. Lisa Dirkwager (Blue Marlins, 200703458)	00:33.93(+76)
3. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	00:34.35(+69)
4. Nieke Dovic (PSV, 200700238)	00:34.36(+80)
5. Benigna Kocsispeter (Hellas-Glana, 200702058)	00:34.41(+70)
6. Veerle Hildebrand (PSV, 200801830)	00:34.87(+68)
7. Caprice Kes (Ed-Vo, 200804830)	00:34.90(+67)
8. Liv Heijdra (WVZ, 200800736)	00:35.22(+74)
9. Annique Rupke (WVZ, 200700876)	00:35.39(+78)
10. Diede de Vries (Zwemlust-den Hommel, 200803558)	00:35.81(+71)
11. Monica van der Meer (Deltasteur, 200704288)	00:36.24(+76)
12. Alexandra Gepkens (VZC, 200701690)	00:36.30(+69)
12. Rosalie van der Bijl (Hieronymus, 200701644)	00:36.30(+70)
14. Mila Oomens (NieMo Barracuda, 200700016)	00:36.43(+72)
15. Annika Hogenhuis (Zwemlust-den Hommel, 200701340)	00:37.07(+82)
16. Juul Schellekens (PSV, 200701392)	00:37.19(+77)
17. Emmelien Smelt (ZVZ, 200800012)	00:37.26(+74)
18. Eline van Rijn (DAW, 200700918)	00:37.31(+68)
19. Valérie Sakkers (Deltasteur, 200800080)	00:37.43(+66)
20. Barbara Broekhuis (De Dinkel, 200700880)	00:37.59(+79)
21. Britte Lodder (ZZ&PC De Devel, 200702290)	00:37.64(+68)
21. Isa Jansen (SBC2000, 200701176)	00:37.64(+74)
23. Annelie Klinkhamer (Borger, 200702606)	00:37.80(+73)
<i>17 - 18 jaar</i>	
1. Joy Willekus (De Dolfijn, 200602420)	00:33.00(+67)
2. Bridget Vermeer (ZPC AMERSFOORT, 200501766)	00:33.05(+69)
3. Francesca Coppo (De Dolfijn, 200501242)	00:33.90(+64)
4. Kim Oudendijk (DAW, 200600964)	00:34.26(+77)
5. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)	00:34.27(+69)
6. Evy van Laarhoven (PSV, 200500712)	00:34.28(+73)
7. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)	00:35.20(+71)
8. Marieke Koekoek (DWK, 200600330)	00:35.29(+71)
9. Lise Kleinbekman (DZ&PC, 200502870)	00:35.72(+70)
10. Fenne Peters (PSV, 200601388)	00:36.23(+70)
11. Fardau Dikkers (Wetterwille, 200501722)	00:36.28(+68)
12. Robin Spreeuw (De Columbiaan, 200501262)	00:37.31(+67)
13. Tess Bemer (De Duinkickers, 200600450)	00:37.52(+72)
22. 100m vlinderslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	01:10.16(+68)
50m 00:30.81 30,81	

vanaf 11 jaar (Senioren Open)

1. Nyls Korstanje (Team NL - Aqua Novio '94, 199901941) 50m 00:23.55 23,55	00:51.49(+64)
2. Sean Niewold (Feijenoord Albion Zwemclub, 200204699) 50m 00:24.29 24,29	00:52.00(+68)
3. Thomas Verhoeven (Feijenoord Albion Zwemclub, 199700311) 50m 00:23.90 23,90	00:53.00(+65)
4. Michael Smink (Blue Marlins, 200302169) 50m 00:25.56 25,56	00:54.86(+66)
7. Niels de Boer (Hellas-Glana, 200001977) 50m 00:25.71 25,71	00:55.78(+73)
10. Matthijs van Meerendonk (DZ&PC, 199900375) 50m 00:25.92 25,92	00:56.33(+63)
15. Rijk Heere (ZPC AMERSFOORT, 200300897) 50m 00:26.03 26,03	00:57.07(+62)
16. Alexander Nijst (Nuenen, 200104869) 50m 00:26.32 26,32	00:57.60(+68)
18. Emile Dost (Borger, 200100731) 50m 00:26.79 26,79	00:57.63(+69)
19. Jens Krijgsman (De Dolfijn, 199901429) 50m 00:26.09 26,09	00:57.71(+66)
23. Yarno van Dam (ACZ, 200800115) 50m 00:26.96 26,96	00:58.56(+68)
24. Louis Kappler (Zwemlust-den Hommel, 200205067) 50m 00:27.58 27,58	00:58.70(+72)
25. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259) 50m 00:26.86 26,86	00:58.82(+68)
27. Gerard Willighagen (Poseidon'56, 200103663) 50m 00:27.20 27,20	00:59.03(+68)
28. Mattia Maggio (Hellas-Glana, 200903311) 50m 00:27.44 27,44	00:59.31(+63)
29. Bert Duivenvoorde (De Columbiaan, 199701805) 50m 00:26.52 26,52	00:59.43(+67)
30. Floris Stork (DZ&PC, 200305075) 50m 00:27.52 27,52	00:59.69(+67)
31. Sjors Lemmers (Merlet, 200300555) 50m 00:27.96 27,96	00:59.80(+65)
35. Rick van Hamond (Z&PC Zegenwerp, 199205873) 50m 00:27.72 27,72	01:00.49(+70)
36. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:27.99 27,99	01:00.54(+65)
37. Niek Heethaar (DWK, 199900999) 50m 00:26.88 26,88	01:00.56(+71)
39. Rik Hofland (Team Noord-Holland (SG), 199701737) 50m 00:27.90 27,90	01:00.78(+70)
42. Lars van der Haijden (Hellas-Glana, 199900225) 50m 00:27.25 27,25	01:01.04(+70)
43. Robin van Beek (ZVL-1886, 199704023) 50m 00:28.07 28,07	01:01.08(+70)

12 - 15 jaar (Junioren)

1. Thomas Braat (AZC, 200802269) [S14] 01:23.27(+87)
50m 00:36.19 36,19

16 - 17 jaar (Jeugd 1 en 2)

1. Tiago Fonseca Gomes (Team NL - PSV, 200703587) 00:55.59(+62)
50m 00:26.03 26,03

2. Nikodim Markovic (Blue Marlins, 200700255) 00:56.52(+62)
50m 00:26.03 26,03

3. Vincent Huele (Blue Marlins, 200703423) 00:57.60(+73)
50m 00:27.12 27,12

4. Lars Bulman (Blue Marlins, 200600125) 00:57.76(+67)
50m 00:26.69 26,69

5. Joshua Agussalim (WVZ, 200600153) 00:57.84(+66)
50m 00:26.83 26,83

6. Mies de Wit (CWW Swim team (SG), 200700315) 00:58.23(+67)
50m 00:27.06 27,06

7. Jisse Lousma (WVZ, 200701493) 00:59.83(+62)
50m 00:28.19 28,19

8. Marnix Rietveld (Team Noord-Holland (SG), 200700939) 00:59.90(+70)
50m 00:27.82 27,82

9. Milco Matla (PSV, 200600555) 01:00.26(+74)
50m 00:27.98 27,98

10. Ties Berghs (ZEPS, 200700709) 01:00.56(+63)
50m 00:28.14 28,14

11. Boele Böhm (Blue Marlins, 200700739) 01:01.00(+67)
50m 00:28.23 28,23

12. Mohammad Shouman (WS Twente, 200604397) 01:01.09(+65)
50m 00:27.73 27,73

13. Collard Jungeling (DZ&PC, 200701831) 01:01.30(+73)
50m 00:28.25 28,25

14. Mike Tjepkema (Team Noord-Holland (SG), 200603029) 01:01.51(+68)
50m 00:27.34 27,34

18 - 19 jaar (Senioren 1 en 2)

1. Simon Claasen (ZPC AMERSFOORT, 200400231) 00:55.31(+58)
50m 00:25.53 25,53

2. Koen Marsman (ZPC AMERSFOORT, 200502763) 00:55.99(+69)
50m 00:26.23 26,23

3. Émile Fouzaï (Blue Marlins, 200500263) 00:56.28(+65)
50m 00:26.49 26,49

4. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807) 00:56.50(+73)
50m 00:26.24 26,24

5. Marlon Borger (PSV, 200404817) 00:56.81(+70)
50m 00:26.42 26,42

6. Domingo Kuipers (DZ&PC, 200501787) 00:56.89(+63)
50m 00:26.30 26,30

7. Pepijn van Egmond (WVZ, 200402309) 00:59.02(+66)
50m 00:27.27 27,27

8. Jaime Fais (TriVia, 200400291) 01:00.81(+68)
50m 00:27.05 27,05

9. River Streefland (Blue Marlins, 200502253)	01:02.47(+71)
50m 00:28.29 28,29	
23. 100m vrije slag - Dames	
vanaf 11 jaar (Senioren Open)	
1. Milou van Wijk (Team NL - WVZ, 200404948)	00:54.84(+75)
50m 00:26.18 26,18	
2. Kim Busch (Team NL - PSV, 199801450)	00:55.02(+70)
50m 00:26.52 26,52	
3. Sam van Nunen (Team NL - PSV, 200100036)	00:55.19(+62)
50m 00:26.45 26,45	
4. Janna van Kooten (Team NL - ZPC Hoogeveen, 200404584)	00:55.74(+68)
50m 00:26.97 26,97	
8. Kirsten Verhalle (PSV, 200400210)	00:56.76(+74)
50m 00:27.54 27,54	
9. Britta Koehorst (WVZ, 200300246)	00:56.83(+68)
50m 00:26.75 26,75	
10. Imani de Jong (Team NL - PSV, 200200464)	00:57.30(+70)
50m 00:27.61 27,61	
12. Janne Slegers (PSV, 200404090)	00:57.94(+69)
50m 00:27.62 27,62	
13. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:58.32(+71)
50m 00:27.96 27,96	
15. Yara van Kalmthout (Team NL - PSV, 200200984)	00:58.39(+72)
50m 00:28.18 28,18	
16. Lynn Blommers (Blue Marlins, 200105062)	00:58.46(+72)
50m 00:28.08 28,08	
17. Silke Holkenborg (Team NL - VZC, 200100292)	00:58.57(+71)
50m 00:28.16 28,16	
20. Juliëtte Woltjes (VZC, 200900774)	00:59.03(+75)
50m 00:28.47 28,47	
21. Tamara Grove (De Dolfijn, 199601266)	00:59.15(+71)
50m 00:28.41 28,41	
24. Fay Boxum (DZ&PC, 200900060)	00:59.39(+80)
50m 00:28.84 28,84	
25. Michelle van Wijk (WVW Winterswijk, 200204746)	00:59.45(+74)
50m 00:28.48 28,48	
29. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:59.81(+69)
50m 00:28.72 28,72	
32. Vera Renshof (DVK, 200301582)	01:00.08(+66)
50m 00:28.78 28,78	
35. Kim Roestenberg (PSV, 200402670)	01:00.54(+69)
50m 00:29.22 29,22	
37. Selene Wortel (Hieronymus, 199700654)	01:00.56(+65)
50m 00:29.31 29,31	
40. Anne Engbersen (ZPC AMERSFOORT, 201000044)	01:00.83(+80)
50m 00:29.28 29,28	
42. Isabelle Elsweier (De Dinkel, 200303614)	01:00.90(+80)
50m 00:29.18 29,18	
46. Femke van Wijk (WVW Winterswijk, 200403434)	01:01.16(+81)
50m 00:29.77 29,77	

52. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 50m 00:29.75 29,75	01:01.43(+75)
55. Marre Zandringa (Orca, 199701136) 50m 00:28.83 28,83	01:01.60(+69)
62. Susan Teijken (Nuenen, 199504592) 50m 00:30.54 30,54	01:02.42(+75)
63. Michelle Zomerdijk (Dedemsvaart-AC, 200003196) 50m 00:30.16 30,16	01:02.43(+75)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9] 50m 00:31.34 31,34	01:06.21(+75)
2. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 50m 00:32.97 32,97	01:10.35(+78)
3. Milou van Winkel (WVZ, 200402296) [S14] 50m 00:32.30 32,30	01:10.75(+73)
4. Aguila Dolsma (Blue Marlins, 200603902) [S14] 50m 00:35.71 35,71	01:14.48(+81)
5. Jenna Gorter (De Otters Het Gooi, 200702746) [S9] 50m 00:40.45 40,45	01:22.93(+77)
DIS. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]	00:00.00
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7] 50m 00:48.74 48,74	01:38.41(+64)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Rosalie Reef (ZPC AMERSFOORT, 200800426) 50m 00:27.19 27,19	00:56.33(+74)
2. Angelina Rolman (Team NL - De Dolfijn, 200701972) 50m 00:27.57 27,57	00:56.46(+70)
3. Maaïke Ooms (ZPC AMERSFOORT, 200801580) 50m 00:28.10 28,10	00:57.89(+77)
4. Ilse Rozema (Blue Marlins, 200803318) 50m 00:28.34 28,34	00:59.31(+66)
5. Jinth Engelse (NieMo Barracuda, 200800204) 50m 00:28.52 28,52	00:59.35(+70)
6. Nomi Olivier (ZPC AMERSFOORT, 200704848) 50m 00:28.40 28,40	00:59.52(+72)
7. Nynke Boerefijn (ZPC AMERSFOORT, 200700114) 50m 00:28.90 28,90	00:59.85(+81)
8. Charlotte Woltjes (VZC, 200700110) 50m 00:28.79 28,79	00:59.94(+79)
9. Indira van Aggele (De Dolfijn, 200804424) 50m 00:29.18 29,18	01:00.49(+74)
10. Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:29.22 29,22	01:00.55(+81)
11. Rafaela Mulders (Team Noord-Holland (SG), 200701398) 50m 00:29.36 29,36	01:00.92(+69)
12. Julie van Nispen (Nuenen, 200800290) 50m 00:29.71 29,71	01:01.03(+72)

13. Floor Hogervorst (Blue Marlins, 200701400) 50m 00:29.43 29,43	01:01.19(+70)
14. Ilana Gentile (Orca, 200801558) 50m 00:29.47 29,47	01:01.20(+67)
15. Veerle de Ridder (HZ&PC Heerenveen, 200700778) 50m 00:29.23 29,23	01:01.26(+76)
16. Jade van der Schrier (AZC, 200800692) 50m 00:29.77 29,77	01:01.42(+73)
17. Marit Boomers (Blue Marlins, 200804810) 50m 00:29.90 29,90	01:01.58(+71)
18. Esmee Mulder (DZ&PC, 200800038) 50m 00:29.54 29,54	01:01.80(+70)
19. Emmelien Smelt (ZVZ, 200800012) 50m 00:30.24 30,24	01:02.02(+73)
20. Liv Heijdra (WVZ, 200800736) 50m 00:30.18 30,18	01:02.10(+70)
21. Jazz-Lynn Gomes Delgado (Feijenoord Albion Zwemclub, 200800738) 50m 00:29.98 29,98	01:02.22(+71)
22. Bette Peetoom (DAW, 200801808) 50m 00:29.99 29,99	01:02.89(+73)
23. Lois Waterham (Dedemsvaart-AC, 200803726) 50m 00:30.10 30,10	01:02.90(+66)
24. Esmee Nieuwenhuis (ZPC De Hof, 200701444) 50m 00:30.02 30,02	01:02.92(+90)
25. Rosalie van der Bijl (Hieronymus, 200701644) 50m 00:30.28 30,28	01:03.08(+71)
26. Eline van Rijn (DAW, 200700918) 50m 00:30.51 30,51	01:03.82(+69)
27. Laurien Gliese-Sloojer (De Dinkel, 200700636) 50m 00:30.60 30,60	01:03.97(+63)
28. Féline Sam (ZVZ, 200700018) 50m 00:30.67 30,67	01:04.03(+73)
29. Veerle Hildebrand (PSV, 200801830) 50m 00:31.01 31,01	01:04.26(+71)
30. Barbara Broekhuis (De Dinkel, 200700880) 50m 00:30.89 30,89	01:04.34(+79)
31. Julia Agricola (DZ&PC, 200800266) 50m 00:30.53 30,53	01:04.37(+76)
32. Britte Lodder (ZZ&PC De Devel, 200702290) 50m 00:31.19 31,19	01:04.78(+68)
33. Jasmijn Sterken (ZPC Hoogeveen, 200701196) 50m 00:30.34 30,34	01:05.07(+81)
<i>17 - 18 jaar</i>	
1. Sara Korthuis (DZ&PC, 200600494) 50m 00:27.16 27,16	00:56.06(+69)
2. Megan Jonkman (Blue Marlins, 200600508) 50m 00:28.49 28,49	00:58.38(+80)
3. Colinda van der Zanden (Aqua-Novio'94, 200502618) 50m 00:28.21 28,21	00:58.76(+68)

4. Zinke Delcommune (PSV, 200505416)		00:58.83(+74)
50m	00:28.44 28,44	
5. Pippa van 't Land (ZPC AMERSFOORT, 200600426)		00:59.45(+64)
50m	00:28.64 28,64	
6. Francesca Coppo (De Dolfijn, 200501242)		00:59.49(+66)
50m	00:28.77 28,77	
7. Marin Wieling (ZPC AMERSFOORT, 200501220)		01:00.13(+72)
50m	00:28.50 28,50	
8. Jolijn Liezen (Steenwijk 1934, 200500518)		01:00.65(+71)
50m	00:28.92 28,92	
9. Tess Bemer (De Duinkickers, 200600450)		01:00.74(+73)
50m	00:28.62 28,62	
10. Djanilla Brink (De Dolfijn, 200600988)		01:00.86(+81)
50m	00:29.09 29,09	
11. Kim Oudendijk (DAW, 200600964)		01:00.99(+77)
50m	00:29.60 29,60	
12. Vera Wassink (ZPC AMERSFOORT, 200604976)		01:01.25(+72)
50m	00:29.25 29,25	
13. Sophia van Droffelaar (ZVVS, 200500330)		01:01.54(+65)
50m	00:30.10 30,10	
14. Marit Huisman (WVZ, 200502620)		01:01.73(+71)
50m	00:29.55 29,55	
15. Rebecca Reurink (Dedemsvaart-AC, 200602112)		01:02.23(+71)
50m	00:29.13 29,13	
16. Zea Wetzlaugk (De Dolfijn, 200604780)		01:02.49(+75)
50m	00:29.19 29,19	
17. Vivianne Woltjes (VZC, 200501524)		01:03.08(+75)
50m	00:30.11 30,11	
24. 200m rugslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Niels Dijkshoorn (Team NL - PSV, 200203079)		02:03.15(+59)
50m	00:28.93 28,93	
100m	01:00.21 31,28	
150m	01:32.30 32,09	
2. Raf Hendriks (Hellas-Glana, 200100879)		02:04.04(+63)
50m	00:28.52 28,52	
100m	01:00.01 31,49	
150m	01:32.40 32,39	
6. Austin Namesnik (ZPC AMERSFOORT, 200101817)		02:08.87(+57)
50m	00:29.43 29,43	
100m	01:01.85 32,42	
150m	01:35.63 33,78	
11. Joris Janssen (Aqua-Novio'94, 200301311)		02:13.61(+66)
50m	00:31.42 31,42	
100m	01:05.29 33,87	
150m	01:39.73 34,44	
13. Yarno van Dam (ACZ, 200800115)		02:14.43(+67)
50m	00:30.11 30,11	
100m	01:04.04 33,93	
150m	01:39.14 35,10	
14. Wytse Broekstra (De Vikings, 200800121)		02:15.06(+66)
50m	00:30.32 30,32	
100m	01:03.66 33,34	
150m	01:39.34 35,68	
19. Bjarne van Oord (De Dolfijn, 200105101)		02:15.63(+60)
50m	00:30.58 30,58	
100m	01:04.90 34,32	
150m	01:40.77 35,87	
22. Tobian Vos (ZPC AMERSFOORT, 200900005)		02:16.58(+78)
50m	00:31.70 31,70	
100m	01:06.19 34,49	
150m	01:42.04 35,85	
23. Louis Kappler (Zwemlust-den Hommel, 200205067)		02:16.96(+67)
50m	00:31.24 31,24	
100m	01:05.61 34,37	
150m	01:41.76 36,15	
25. Ronis van Everdingen (DWK, 200300043)		02:18.21(+71)
50m	00:32.28 32,28	
100m	01:07.53 35,25	
150m	01:42.97 35,44	

26. Abdelmajid Hassine (Blue Marlins, 199805885)	50m 00:31.41 31,41	100m 01:05.91 34,50	150m 01:41.68 35,77	02:19.01(+63)
31. Luca Boorsma (De Dolfijn, 200902031)	50m 00:30.96 30,96	100m 01:06.90 35,94	150m 01:43.57 36,67	02:19.70(+60)
34. Rein Stoel (ZVL-1886, 200800463)	50m 00:31.69 31,69	100m 01:07.21 35,52	150m 01:44.80 37,59	02:21.95(+60)
35. Guus Hoogduin (ZVL-1886, 200201069)	50m 00:32.81 32,81	100m 01:08.43 35,62	150m 01:45.37 36,94	02:21.97(+71)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Bram Loots (Team Noord-Holland (SG), 200700197)	50m 00:29.33 29,33	100m 01:00.82 31,49	150m 01:33.54 32,72	02:05.60(+65)
2. Daan Sonneveld (WVZ, 200601085)	50m 00:29.45 29,45	100m 01:02.33 32,88	150m 01:35.87 33,54	02:06.81(+64)
3. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	50m 00:30.09 30,09	100m 01:02.43 32,34	150m 01:36.68 34,25	02:10.51(+60)
4. Jake Franse (Blue Marlins, 200703873)	50m 00:30.57 30,57	100m 01:04.25 33,68	150m 01:38.74 34,49	02:13.57(+68)
5. Jisse Lousma (WVZ, 200701493)	50m 00:31.75 31,75	100m 01:06.84 35,09	150m 01:41.30 34,46	02:15.43(+51)
6. Tiede Groener (De Dinkel, 200700155)	50m 00:30.85 30,85	100m 01:05.83 34,98	150m 01:41.35 35,52	02:15.48(+64)
7. Thom De Hoog (Blue Marlins, 200600019)	50m 00:31.53 31,53	100m 01:06.01 34,48	150m 01:41.07 35,06	02:15.51(+63)
8. Niek Issard (DZ&PC, 200700037)	50m 00:30.94 30,94	100m 01:05.16 34,22	150m 01:40.76 35,60	02:16.23(+73)
9. Olivier Wilbers (ZPC Hoogeveen, 200600181)	50m 00:32.25 32,25	100m 01:06.68 34,43	150m 01:41.79 35,11	02:17.17(+61)
10. Denzel Barthen (WVZ, 200700147)	50m 00:32.60 32,60	100m 01:08.26 35,66	150m 01:44.13 35,87	02:19.03(+78)
11. Lars ten Katen (Batavia Swim, 200600959)	50m 00:32.17 32,17	100m 01:08.94 36,77	150m 01:45.08 36,14	02:21.18(+65)
12. Gaëtan Spicq (Blue Marlins, 200701807)	50m 00:32.68 32,68	100m 01:08.44 35,76	150m 01:45.24 36,80	02:21.53(+68)
13. Daniel Critchell (Deltasteur, 200700439)	50m 00:33.60 33,60	100m 01:09.99 36,39	150m 01:47.45 37,46	02:25.22(+73)
14. Sem Belmon (PSV, 200702099)	50m 00:33.56 33,56	100m 01:10.80 37,24	150m 01:49.77 38,97	02:28.46(+69)
<i>18 - 19 jaar (Senioren 1 en 2)</i>				
1. Hendrik van der Leest (PSV, 200404339)	50m 00:28.33 28,33	100m 00:59.98 31,65	150m 01:32.60 32,62	02:06.46(+58)
2. Lars Minnaert (PSV, 200502355)	50m 00:29.09 29,09	100m 01:02.13 33,04	150m 01:36.01 33,88	02:09.95(+54)
3. Kaito van Meeteren (De Dolfijn, 200404271)	50m 00:30.04 30,04	100m 01:02.95 32,91	150m 01:36.87 33,92	02:11.18(+60)
4. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	50m 00:30.56 30,56	100m 01:04.71 34,15	150m 01:39.56 34,85	02:14.28(+61)
5. Youri Voet (De Duinkickers, 200502269)	50m 00:32.66 32,66	100m 01:06.61 33,95	150m 01:41.15 34,54	02:15.20(+64)
6. Colin Bes (Zwemclub Polaris, 200500201)				02:16.17(+57)

	50m 00:30.90 30,90	100m 01:05.71 34,81	150m 01:41.40 35,69	
7. Luc Kerpels (ZPC Hoogeveen, 200503015)	50m 00:31.69 31,69	100m 01:07.12 35,43	150m 01:43.56 36,44	02:19.26(+68)
8. Luka Geraerds (MZ&PC, 200502077)	50m 00:32.41 32,41	100m 01:07.16 34,75	150m 01:43.94 36,78	02:19.29(+66)
9. Gijs Vrieling (Dedemsvaart-AC, 200503811)	50m 00:31.22 31,22	100m 01:06.37 35,15	150m 01:43.02 36,65	02:19.63(+57)
10. Yassine Mellah (Feijenoord Albion Zwemclub, 200502159)	50m 00:31.15 31,15	100m 01:07.06 35,91	150m 01:44.87 37,81	02:23.08(+56)
25. 200m vlinderslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	50m 00:29.46 29,46	100m 01:05.26 35,80	150m 01:40.58 35,32	02:16.12(+62)
2. Femke Spiering (ZPC AMERSFOORT, 200204514)	50m 00:30.21 30,21	100m 01:06.27 36,06	150m 01:41.38 35,11	02:16.81(+81)
5. Serena Stel (De Dolfijn, 199801528)	50m 00:31.55 31,55	100m 01:08.05 36,50	150m 01:46.57 38,52	02:25.43(+71)
11. Ilona Venema (ZPC AMERSFOORT, 200200050)	50m 00:33.35 33,35	100m 01:11.84 38,49	150m 01:52.20 40,36	02:33.13(+74)
18. Aline Meuleman (Livo, 200401136)	50m 00:36.28 36,28	100m 01:19.02 42,74	150m 02:04.08 45,06	02:50.91(+76)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>				
1. Frouke Ludwig (DZ&PC, 200800112)	50m 00:32.03 32,03	100m 01:08.52 36,49	150m 01:45.38 36,86	02:23.65(+72)
2. Nova Nijziel (PSV, 200804416)	50m 00:32.60 32,60	100m 01:10.97 38,37	150m 01:48.15 37,18	02:26.41(+70)
3. Rhodee van den Ham (De Duinkickers, 200700090)	50m 00:32.73 32,73	100m 01:10.41 37,68	150m 01:49.92 39,51	02:30.01(+75)
4. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:32.59 32,59	100m 01:11.25 38,66	150m 01:50.88 39,63	02:30.83(+77)
5. Julia Agricola (DZ&PC, 200800266)	50m 00:33.27 33,27	100m 01:11.52 38,25	150m 01:51.17 39,65	02:32.73(+74)
6. Britt Colijn (New Wave Almere, 200700544)	50m 00:33.43 33,43	100m 01:12.89 39,46	150m 01:54.14 41,25	02:35.65(+73)
7. Lyke Bellert (Octopus-ZVV (SG), 200701424)	50m 00:32.94 32,94	100m 01:12.39 39,45	150m 01:54.39 42,00	02:35.71(+75)
8. Pascalie Smal (DAW, 200802958)	50m 00:32.76 32,76	100m 01:13.72 40,96	150m 01:57.10 43,38	02:40.55(+64)
9. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:33.35 33,35	100m 01:12.19 38,84	150m 01:54.78 42,59	02:41.77(+78)
DIS. Benigna Kocsispeter (Hellas-Glana, 200702058)				00:00.00
<i>17 - 18 jaar</i>				
1. Evy Rozeboom (DAW, 200601338)	50m 00:30.52 30,52	100m 01:05.48 34,96	150m 01:41.43 35,95	02:17.17(+78)
2. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)	50m 00:31.79 31,79	100m 01:09.06 37,27	150m 01:48.50 39,44	02:29.12(+73)
3. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)	50m 00:30.86 30,86	100m 01:08.22 37,36	150m 01:50.81 42,59	02:35.94(+72)
4. Eline Lutters (De Dinkel, 200600322)				02:40.45(+73)

50m 00:33.40 33,40 100m 01:13.47 40,07 150m 01:56.51 43,04

26. 50m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11] 00:27.24(+66)
2. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13] 00:26.13(+70)
3. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10] 00:26.76(+72)
4. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14] 00:27.35(+80)
5. Julian Hendriks (De Otters Het Gooi, 200603717) [S7] 00:32.72
7. Jesse Bruines (Batavia Swim, 200402413) [S9] 00:32.14(+68)
8. Sander Knol (ZPC De Kanaalstreek, 200701093) [S9] 00:36.03(+75)

vanaf 11 jaar (Senioren Open)

1. Kenzo Simons (Team NL - De Dolfijn, 200105415) 00:22.41(+60)
2. Renzo Tjon A Joe (De Dolfijn, 199506291) 00:22.63(+63)
3. Brandon van den Berg (Team NL - Blue Marlins, 200200669) 00:22.89(+67)
4. Perry Laarhoven (Feijenoord Albion Zwemclub, 200301321) 00:22.95(+73)
6. Michael Smink (Blue Marlins, 200302169) 00:23.17(+65)
7. Thomas Verhoeven (Feijenoord Albion Zwemclub, 199700311) 00:23.19(+61)
8. Floris Kotterink (Feijenoord Albion Zwemclub, 199800199) 00:23.23(+60)
10. Stephan Putman (Zwemvereniging Hoogland, 199502955) 00:23.50(+69)
11. Rijk Heere (ZPC AMERSFOORT, 200300897) 00:23.53(+61)
12. Giovanni Phillipson (Team Noord-Holland (SG), 200801099) 00:23.56(+71)
14. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615) 00:23.58(+68)
15. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391) 00:23.60(+60)
18. Lars Verhalle (PSV, 200200019) 00:23.79(+73)
19. Kingue Struijf (De Dolfijn, 199400913) 00:23.81(+65)
21. Felix Geenen (DAW, 199501085) 00:23.84(+73)
22. Luuk Smits (Nuenen, 200001015) 00:23.85(+72)
24. Lucas Greven (Hellas-Glana, 199501941) 00:23.96(+64)
25. Alberto Gusi (De Golfbreker, 200305113) 00:23.98(+63)
26. Lars van der Haijden (Hellas-Glana, 199900225) 00:23.99(+69)
30. Saviël Armand (ACZ, 200204461) 00:24.26(+64)
31. Piet-Hein Straver (PSV, 200302527) 00:24.27(+67)
32. Daan Hogerhuis (De Columbiaan, 200300317) 00:24.32(+70)
33. Siem de Zeeuw (OZ&PC, 200800013) 00:24.35(+68)
34. Jelle Betten (DZ&PC, 200001535) 00:24.36(+73)
35. Matthijs van Meerendonk (DZ&PC, 199900375) 00:24.42(+60)
35. Bas Dries (Zwemvereniging Hoogland, 199505177) 00:24.42(+67)
35. Niek Heethaar (DWK, 199900999) 00:24.42(+68)
38. Arno Nelissen (Hellas-Glana, 200300229) 00:24.50(+71)
41. Daniël Claasen (ZPC AMERSFOORT, 200100787) 00:24.59(+65)

42. Jens Krijgsman (De Dolfijn, 199901429)	00:24.62(+65)
43. Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357)	00:24.63(+69)
44. Dominique Sikkema (DZ&PC, 199500399)	00:24.65(+63)
45. Thijn Damen (PSV, 200300973)	00:24.67(+69)
46. Bart Muselaers (DWK, 200100865)	00:24.69(+68)
47. Job Sanders (ZPC AMERSFOORT, 200304913)	00:24.72(+73)
47. Max Peters (Nuenen, 199903123)	00:24.72(+60)
49. Kevin Meuwissen (Hellas-Glana, 199502485)	00:24.73(+67)
50. Emile Dost (Borger, 200100731)	00:24.74(+66)
50. Alexander Nijst (Nuenen, 200104869)	00:24.74(+68)
53. Luc Mul (DAW, 200201025)	00:24.77(+64)
55. Felbe van 't Land (ZPC AMERSFOORT, 200900027)	00:24.78(+70)
56. Rik Hofland (Team Noord-Holland (SG), 199701737)	00:24.80(+69)
58. Darren Chen (ZPC AMERSFOORT, 200001149)	00:24.91(+63)
58. Rob Lugtenburg (Blue Marlins, 200201123)	00:24.91(+66)
60. Ruben Baars (DWK, 200900471)	00:24.93(+71)
61. Erik van Gemert (Poseidon'56, 200300587)	00:24.98(+62)
61. Stan de Swart (PSV, 200300535)	00:24.98(+70)
65. Giulian Janssen (PSV, 200900125)	00:25.08(+60)
67. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	00:25.16(+64)
67. Ryan van den Ouden (Poseidon'56, 199900377)	00:25.16(+75)
73. Thomas Vastenhout (ZPCH, 200204545)	00:25.25(+65)
73. Mattia Maggio (Hellas-Glana, 200903311)	00:25.25(+61)
77. Bert Duivenvoorde (De Columbiaan, 199701805)	00:25.32(+67)
79. Ronis van Everdingen (DWK, 200300043)	00:25.33(+76)
81. Rick van Hamond (Z&PC Zegenwerp, 199205873)	00:25.35(+67)
88. Taco Hengstman (ZPC Hoogeveen, 200304601)	00:25.54(+70)
104. Wessel van Dorst (Aqua-Novio'94, 200900727)	00:26.46(+65)
106. Feddo Smink (ZPC AMERSFOORT, 200900007)	00:26.63(+63)
<i>12 - 15 jaar (Junioren)</i>	
1. Thomas Braat (AZC, 200802269) [S14]	00:29.65(+80)
2. Cheng Van Vondel (KSN (SG), 200902673) [S9]	00:37.81(+78)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Nikodim Markovic (Blue Marlins, 200700255)	00:23.71(+63)
2. Floris Tanis (Feijenoord Albion Zwemclub, 200700005)	00:23.77(+70)
3. Nándor Szabó (De Dolfijn, 200700475)	00:24.10(+71)
4. Tenzing Geutjes (ZPC AMERSFOORT, 200600441)	00:24.22(+65)
5. Jake Franse (Blue Marlins, 200703873)	00:24.54(+67)
6. Mohammad Shouman (WS Twente, 200604397)	00:24.77(+63)

7. Yaniv Kerdijk (Team Noord-Holland (SG), 200603439)	00:24.84(+70)
8. Lucas Bemer (De Duinkickers, 200700219)	00:25.00(+65)
9. Daan Sonneveld (WVZ, 200601085)	00:25.05(+68)
10. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:25.10(+65)
11. Gijs Vesseur (ZPC AMERSFOORT, 200700277)	00:25.23(+72)
11. Mies de Wit (CWW Swim team (SG), 200700315)	00:25.23(+65)
13. Bjorn Rijkaart (WVZ, 200601337)	00:25.29(+72)
13. Finn Rust (PSV, 200700469)	00:25.29(+64)
15. Wes Velthuis (OZ&PC, 200602217)	00:25.34(+70)
16. Niek Issard (DZ&PC, 200700037)	00:25.35(+72)
16. Marnix Rietveld (Team Noord-Holland (SG), 200700939)	00:25.35(+63)
18. Mads van Norden (ZPC AMERSFOORT, 200700029)	00:25.38(+71)
19. Boele Böhm (Blue Marlins, 200700739)	00:25.42(+66)
20. Thomas Boer (Zwemclub Polaris, 200600769)	00:25.52(+70)
20. Lars Bulman (Blue Marlins, 200600125)	00:25.52(+65)
22. Mike Tjepkema (Team Noord-Holland (SG), 200603029)	00:25.58(+68)
23. Ties Berghs (ZEPS, 200700709)	00:25.59(+65)
24. Niek Vreeling (OZ&PC, 200604211)	00:25.62(+71)
25. Emiel de Bruijn (Dedemsvaart-AC, 200700953)	00:25.77(+69)
26. Tijs Kruithof (Het Ravijn, 200701181)	00:25.78(+72)
26. Jesse van der Meij (ZVL-1886, 200600841)	00:25.78(+72)
28. Thijs Wellink (ZPC AMERSFOORT, 200600715)	00:25.81(+68)
29. Chris Geers (WZV, 200600131)	00:25.90(+66)
30. Tim van Erven (DZ&PC, 200700175)	00:25.93(+74)
31. Jasper Groen (ACZ, 200602325)	00:26.06(+66)
31. Stijn Saelmans (Hellas-Glana, 200700373)	00:26.06(+74)
33. Lars ten Katen (Batavia Swim, 200600959)	00:26.10(+72)
34. Ties Lakke (ACZ, 200703517)	00:26.36(+67)
35. Marcelino Gomez Gonzalez (PSV, 200601473)	00:26.37(+75)
36. Sami El Fhim (Aqua-Novio'94, 200700935)	00:26.55(+83)
<i>18 - 19 jaar (Senioren 1 en 2)</i>	
1. Koen de Groot (Team NL - PSV, 200401059)	00:23.11(+62)
2. Vince van der Pal (Team NL - De Dolfijn, 200401869)	00:23.46(+69)
3. Domingo Kuipers (DZ&PC, 200501787)	00:23.56(+61)
4. Merlin Belmon (Team NL - PSV, 200403191)	00:23.81(+70)
5. Simon Claasen (ZPC AMERSFOORT, 200400231)	00:23.94(+53)
6. Emiel van Oord (De Dolfijn, 200503707)	00:24.12(+65)
7. Colin Bes (Zwemclub Polaris, 200500201)	00:24.55(+76)
8. Rens Stiif (ZPC AMERSFOORT, 200501419)	00:24.74(+65)

9. River Streefland (Blue Marlins, 200502253)				00:25.19(+70)
10. Koen Vissers (PSV, 200401429)				00:25.23(+79)
11. Julian Prummel (De Otters Het Gooi, 200501731)				00:25.32(+75)
27. 200m wisselslag - Dames vanaf 11 jaar (Senioren Open)				
2. Anna van Droffelaar (Team NL - PSV, 200400258)	50m 00:30.29 30,29	100m 01:07.06 36,77	150m 01:46.31 39,25	02:20.45(+66)
3. Elise Tanis (De Dolfijn, 200200120)	50m 00:29.16 29,16	100m 01:05.41 36,25	150m 01:47.65 42,24	02:20.89(+70)
8. Kim Jansen van Galen (PSV, 200201594)	50m 00:30.16 30,16	100m 01:09.20 39,04	150m 01:49.90 40,70	02:23.78(+72)
9. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:29.56 29,56	100m 01:03.88 34,32	150m 01:48.39 44,51	02:23.93(+71)
10. Fay Boxum (DZ&PC, 200900060)	50m 00:31.18 31,18	100m 01:08.69 37,51	150m 01:50.75 42,06	02:24.49(+80)
12. Marjolein Delno (VZC, 199400024)	50m 00:30.75 30,75	100m 01:09.08 38,33	150m 01:52.24 43,16	02:25.78(+79)
14. Lieke Oude Lenferink (De Dolfijn, 200200068)	50m 00:30.00 30,00	100m 01:07.22 37,22	150m 01:51.88 44,66	02:26.66(+71)
15. Elin Ditewig (VZC, 200900392)	50m 00:30.56 30,56	100m 01:07.41 36,85	150m 01:51.68 44,27	02:27.01(+60)
16. Nikita van den Ouden (PSV, 199900622)	50m 00:29.83 29,83	100m 01:07.66 37,83	150m 01:52.32 44,66	02:27.05(+71)
17. Robin Goossens (Nuenen, 200003128)	50m 00:31.88 31,88	100m 01:10.71 38,83	150m 01:51.60 40,89	02:27.10(+78)
18. Maaike Issard (DZ&PC, 200300022)	50m 00:30.37 30,37	100m 01:07.08 36,71	150m 01:51.80 44,72	02:27.20(+77)
21. Janne Slegers (PSV, 200404090)	50m 00:30.72 30,72	100m 01:07.67 36,95	150m 01:54.51 46,84	02:28.49(+73)
22. Jill Nai Chung Tong (WVZ, 200404272)	50m 00:30.27 30,27	100m 01:07.47 37,20	150m 01:53.34 45,87	02:29.07(+68)
23. Angelique van Vark (GZC DONK, 199701478)	50m 00:32.15 32,15	100m 01:10.53 38,38	150m 01:55.06 44,53	02:29.20(+69)
24. Silke Molendijk (ZVL-1886, 200100178)	50m 00:31.47 31,47	100m 01:11.22 39,75	150m 01:55.25 44,03	02:29.61(+68)
29. Michelle van Wijk (WVW Winterswijk, 200204746)	50m 00:30.62 30,62	100m 01:10.40 39,78	150m 01:57.53 47,13	02:31.63(+78)
30. Kim Zwinkels (ZPCH, 200300422)	50m 00:31.12 31,12	100m 01:09.34 38,22	150m 01:55.61 46,27	02:31.71(+77)
32. Valesca van den Bogert (Hieronymus, 200102138)	50m 00:31.85 31,85	100m 01:11.67 39,82	150m 01:55.41 43,74	02:32.17(+72)
34. Isa Schellekens (Z&PC Zegenwerp, 200002330)	50m 00:31.17 31,17	100m 01:10.36 39,19	150m 01:57.11 46,75	02:33.43(+76)
44. Mandy van Rossum (Aqua-Novio'94, 200204904)	50m 00:32.96 32,96	100m 01:17.35 44,39	150m 02:00.57 43,22	02:37.17(+76)
45. Tess Panjer (VZC, 200403060)	50m 00:33.70 33,70	100m 01:14.10 40,40	150m 02:01.24 47,14	02:37.35(+81)
50. Isabelle Elsweier (De Dinkel, 200303614)				02:39.41(+86)

50m 00:31.58 31,58 100m 01:13.28 41,70 150m 02:02.09 48,81

DIS. Kirsten Verhalle (PSV, 200400210)

00:00.00

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [SM11] 02:49.98(+68)
50m 00:37.86 37,86 100m 01:25.02 47,16 150m 02:13.52 48,50
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SM10] 02:38.44(+77)
50m 00:33.03 33,03 100m 01:15.76 42,73 150m 02:00.36 44,60
3. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [SM9] 02:56.42(+75)
50m 00:37.31 37,31 100m 01:23.31 46,00 150m 02:16.13 52,82
4. Milou van Winkel (WVZ, 200402296) [SM14] 03:08.09(+76)
50m 00:38.12 38,12 100m 01:29.49 51,37 150m 02:23.61 54,12
6. Jenna Gorter (De Otters Het Gooi, 200702746) [SM9] 03:34.89(+79)
50m 00:53.35 53,35 100m 01:47.85 54,50 150m 02:49.61 61,76

11 - 14 jaar (Junioren 4 en jonger)

1. Gwyneth van der Spek (Batavia Swim, 201102806) [SM7] 03:56.59
50m 00:57.44 57,44 100m 01:58.97 61,53 150m 03:07.31 68,34

15 - 16 jaar (Jeugd 1 en 2)

1. Dachen Haaijer (ZPC Hoogeveen, 200800380) 02:22.84(+79)
50m 00:31.05 31,05 100m 01:07.20 36,15 150m 01:49.89 42,69
2. Jinh Engelse (NieMo Barracuda, 200800204) 02:25.16(+71)
50m 00:30.98 30,98 100m 01:06.23 35,25 150m 01:51.02 44,79
3. Frouke Ludwig (DZ&PC, 200800112) 02:25.86(+73)
50m 00:30.75 30,75 100m 01:07.30 36,55 150m 01:52.73 45,43
4. Esmee Mulder (DZ&PC, 200800038) 02:27.79(+70)
50m 00:31.13 31,13 100m 01:10.56 39,43 150m 01:53.58 43,02
5. Rafaela Mulders (Team Noord-Holland (SG), 200701398) 02:28.09(+73)
50m 00:30.88 30,88 100m 01:11.23 40,35 150m 01:53.45 42,22
6. Charlotte Woltjes (VZC, 200700110) 02:29.64(+80)
50m 00:31.47 31,47 100m 01:08.69 37,22 150m 01:55.34 46,65
7. Rhodee van den Ham (De Duinkickers, 200700090) 02:29.83(+74)
50m 00:31.87 31,87 100m 01:12.09 40,22 150m 01:55.04 42,95
8. Ilana Gentile (Orca, 200801558) 02:30.75(+68)
50m 00:31.50 31,50 100m 01:10.30 38,80 150m 01:56.10 45,80
9. Ylva Konings (PSV, 200700148) 02:31.71(+71)
50m 00:32.20 32,20 100m 01:11.80 39,60 150m 01:57.10 45,30
10. Meyke v. Nimwegen (De Schotegil, 200800106) 02:33.32(+82)
50m 00:32.12 32,12 100m 01:12.29 40,17 150m 01:57.26 44,97
11. Lisa Dirkzwager (Blue Marlins, 200703458) 02:33.88(+81)
50m 00:31.31 31,31 100m 01:14.24 42,93 150m 01:57.94 43,70
12. Emmelien Smelt (ZVZ, 200800012) 02:33.92(+76)
50m 00:31.60 31,60 100m 01:10.16 38,56 150m 01:56.49 46,33
13. Nieke Dovic (PSV, 200700238) 02:33.96(+82)
50m 00:34.19 34,19 100m 01:16.58 42,39 150m 01:56.33 39,75
14. Liv Heijdra (WVZ, 200800736) 02:34.15(+74)
50m 00:31.27 31,27 100m 01:12.19 40,92 150m 01:56.53 44,34
15. Eline van Rijn (DAW, 200700918) 02:34.45(+70)
50m 00:32.13 32,13 100m 01:12.35 40,22 150m 01:58.33 45,98
16. Britt Colijn (New Wave Almere, 200700544) 02:36.04(+76)
50m 00:32.70 32,70 100m 01:12.42 39,72 150m 01:58.87 46,45

17. Mila Oomens (NieMo Barracuda, 200700016)				02:36.15(+75)
50m	00:32.86	32,86	100m 01:13.23	40,37
150m	01:58.70	45,47		
18. Isa Jansen (SBC2000, 200701176)				02:38.95(+77)
50m	00:34.41	34,41	100m 01:14.58	40,17
150m	02:00.91	46,33		
19. Barbara Broekhuis (De Dinkel, 200700880)				02:39.64(+85)
50m	00:35.14	35,14	100m 01:17.42	42,28
150m	02:03.52	46,10		
<i>17 - 18 jaar</i>				
1. Mare Schallenberg (ACZ, 200600078)				02:19.48(+69)
50m	00:29.66	29,66	100m 01:04.63	34,97
150m	01:45.57	40,94		
2. Zinke Delcommune (PSV, 200505416)				02:22.44(+75)
50m	00:29.95	29,95	100m 01:07.80	37,85
150m	01:48.15	40,35		
3. Hedwig Bolt (HZ&PC Heerenveen, 200602660)				02:22.63(+76)
50m	00:30.55	30,55	100m 01:08.71	38,16
150m	01:50.24	41,53		
4. Sara Korhuis (DZ&PC, 200600494)				02:22.64(+73)
50m	00:28.65	28,65	100m 01:04.56	35,91
150m	01:50.44	45,88		
5. Kim Oudendijk (DAW, 200600964)				02:30.28(+74)
50m	00:33.03	33,03	100m 01:14.15	41,12
150m	01:55.49	41,34		
6. Vivianne Woltjes (VZC, 200501524)				02:36.49(+75)
50m	00:31.65	31,65	100m 01:11.47	39,82
150m	01:58.99	47,52		
7. Sophia van Droffelaar (ZVVS, 200500330)				02:37.03(+73)
50m	00:33.29	33,29	100m 01:14.87	41,58
150m	02:01.15	46,28		
8. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)				02:37.47(+75)
50m	00:33.63	33,63	100m 01:13.08	39,45
150m	01:58.65	45,57		
9. Renske Oude Egbrink (OZ&PC, 200600040)				02:38.28(+77)
50m	00:34.32	34,32	100m 01:14.16	39,84
150m	01:59.36	45,20		
28. 800m vrije slag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
5. Joris Janssen (Aqua-Novio'94, 200301311)				08:32.96(+76)
50m	00:28.44	28,44	250m 02:35.45	32,26
100m	00:59.23	30,79	300m 03:07.76	32,31
150m	01:31.10	31,87	350m 03:40.14	32,38
200m	02:03.19	32,09	400m 04:12.77	32,63
450m	04:45.51	32,74	650m 06:56.56	32,67
500m	05:18.22	32,71	700m 07:28.94	32,38
550m	05:51.07	32,85	750m 08:01.49	32,55
600m	06:23.89	32,82		
10. Guus Hoogduin (ZVL-1886, 200201069)				09:25.79(+71)
50m	00:30.80	30,80	250m 02:48.21	35,13
100m	01:04.15	33,35	300m 03:23.63	35,42
150m	01:38.56	34,41	350m 03:59.98	36,35
200m	02:13.08	34,52	400m 04:35.95	35,97
450m	05:12.63	36,68	650m 07:38.40	36,56
500m	05:48.88	36,25	700m 08:14.84	36,44
550m	06:25.14	36,26	750m 08:50.84	36,00
600m	07:01.84	36,70		
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)				08:14.67(+64)
50m	00:27.37	27,37	250m 02:28.96	31,00
100m	00:57.16	29,79	300m 03:00.37	31,41
150m	01:27.26	30,10	350m 03:31.76	31,39
200m	01:57.96	30,70	400m 04:03.41	31,65
450m	04:35.32	31,91	650m 06:41.81	31,48
500m	05:07.19	31,87	700m 07:13.46	31,65
550m	05:39.11	31,92	750m 07:44.58	31,12
600m	06:10.33	31,22		
2. Bram Loots (Team Noord-Holland (SG), 200700197)				08:25.08(+64)
50m	00:27.37	27,37	250m 02:31.55	31,49
100m	00:57.56	30,19	300m 03:03.00	31,45
150m	01:28.43	30,87	350m 03:34.72	31,72
200m	02:00.06	31,63	400m 04:06.82	32,10
450m	04:39.04	32,22	650m 06:49.82	32,57
500m	05:11.61	32,57	700m 07:22.36	32,54
550m	05:44.34	32,73	750m 07:54.26	31,90
600m	06:17.25	32,91		
3. Olivier Wilbers (ZPC Hoogeveen, 200600181)				08:40.35(+73)
50m	00:30.63	30,63	250m 02:41.69	32,70
100m	01:03.27	32,64	300m 03:14.61	32,92
150m	01:36.14	32,87	350m 03:47.38	32,77
200m	02:08.99	32,85	400m 04:20.14	32,76
450m	04:52.89	32,75	650m 07:04.48	32,82
500m	05:25.73	32,84	700m 07:37.11	32,63
550m	05:58.56	32,83	750m 08:09.33	32,22
600m	06:31.66	33,10		

4. Tijn Hilders (De Dolfijn, 200700027)				09:01.79(+75)			
50m	00:28.38 28,38	250m	02:42.61 34,40	450m	05:01.73 34,84	650m	07:21.49 34,73
100m	01:00.51 32,13	300m	03:17.43 34,82	500m	05:36.84 35,11	700m	07:56.11 34,62
150m	01:34.06 33,55	350m	03:52.07 34,64	550m	06:11.91 35,07	750m	08:30.07 33,96
200m	02:08.21 34,15	400m	04:26.89 34,82	600m	06:46.76 34,85		
5. Bas Blanker (ACZ, 200601497)				09:04.20(+66)			
50m	00:29.63 29,63	250m	02:45.34 34,55	450m	05:03.73 34,92	650m	07:23.64 34,91
100m	01:02.36 32,73	300m	03:19.77 34,43	500m	05:38.73 35,00	700m	07:58.46 34,82
150m	01:36.43 34,07	350m	03:54.27 34,50	550m	06:13.83 35,10	750m	08:32.20 33,74
200m	02:10.79 34,36	400m	04:28.81 34,54	600m	06:48.73 34,90		
<i>18 - 19 jaar (Senioren 1 en 2)</i>							
1. Yanieck Weijland (Team NL - Blue Marlins, 200500329)				08:10.76(+73)			
50m	00:28.27 28,27	250m	02:32.21 31,01	450m	04:36.44 31,14	650m	06:40.78 31,12
100m	00:59.13 30,86	300m	03:03.18 30,97	500m	05:07.45 31,01	700m	07:11.77 30,99
150m	01:30.28 31,15	350m	03:34.29 31,11	550m	05:38.56 31,11	750m	07:42.24 30,47
200m	02:01.20 30,92	400m	04:05.30 31,01	600m	06:09.66 31,10		
2. Efe öngören (Blue Marlins, 200504459)				08:28.43(+67)			
50m	00:28.26 28,26	250m	02:33.21 31,17	450m	04:41.10 32,77	650m	06:51.78 32,99
100m	00:59.26 31,00	300m	03:04.69 31,48	500m	05:13.75 32,65	700m	07:24.58 32,80
150m	01:30.75 31,49	350m	03:36.06 31,37	550m	05:46.30 32,55	750m	07:57.39 32,81
200m	02:02.04 31,29	400m	04:08.33 32,27	600m	06:18.79 32,49		
3. Borys Rudman (Blue Marlins, 200504479)				08:42.39(+69)			
50m	00:28.09 28,09	250m	02:32.87 32,17	450m	04:45.26 33,61	650m	07:02.03 34,17
100m	00:58.37 30,28	300m	03:05.34 32,47	500m	05:19.50 34,24	700m	07:36.17 34,14
150m	01:29.35 30,98	350m	03:38.11 32,77	550m	05:53.58 34,08	750m	08:10.16 33,99
200m	02:00.70 31,35	400m	04:11.65 33,54	600m	06:27.86 34,28		
29. 1500m vrije slag - Dames							
<i>vanaf 11 jaar (Senioren Open)</i>							
2. Serena Stel (De Dolfijn, 199801528)				17:09.74(+72)			
50m	00:30.42 30,42	450m	05:07.63 34,79	800m	09:11.67 35,04	1150m	13:12.96 34,50
100m	01:03.86 33,44	500m	05:42.89 35,26	850m	09:45.83 34,16	1200m	13:47.57 34,61
150m	01:38.29 34,43	550m	06:17.32 34,43	900m	10:20.19 34,36	1250m	14:21.89 34,32
200m	02:13.13 34,84	600m	06:52.26 34,94	950m	10:54.55 34,36	1300m	14:56.33 34,44
250m	02:48.06 34,93	650m	07:26.92 34,66	1000m	11:29.33 34,78	1350m	15:30.03 33,70
300m	03:22.89 34,83	700m	08:02.03 35,11	1050m	12:03.62 34,29	1400m	16:04.11 34,08
350m	03:57.72 34,83	750m	08:36.63 34,60	1100m	12:38.46 34,84	1450m	16:37.59 33,48
400m	04:32.84 35,12	800m	09:11.67 35,04	1150m	13:12.96 34,50		
5. Amé Hulleman (DZ&PC, 200202794)				17:56.14(+79)			
50m	00:32.22 32,22	450m	05:19.27 36,10	800m	09:31.07 35,80	1150m	13:43.73 36,04
100m	01:07.74 35,52	500m	05:55.31 36,04	850m	10:07.09 36,02	1200m	14:19.83 36,10
150m	01:43.59 35,85	550m	06:31.44 36,13	900m	10:43.31 36,22	1250m	14:56.05 36,22
200m	02:19.39 35,80	600m	07:07.50 36,06	950m	11:19.43 36,12	1300m	15:32.08 36,03
250m	02:55.45 36,06	650m	07:43.73 36,23	1000m	11:55.42 35,99	1350m	16:08.85 36,77
300m	03:31.32 35,87	700m	08:19.51 35,78	1050m	12:31.50 36,08	1400m	16:45.20 36,35
350m	04:07.25 35,93	750m	08:55.27 35,76	1100m	13:07.69 36,19	1450m	17:21.36 36,16
400m	04:43.17 35,92	800m	09:31.07 35,80	1150m	13:43.73 36,04		
7. Alysha de Jong (ZPCH, 200400086)				18:01.26(+79)			
50m	00:30.72 30,72	450m	05:16.53 36,46	800m	09:33.37 36,53	1150m	13:48.47 36,02
100m	01:05.02 34,30	500m	05:53.21 36,68	850m	10:09.58 36,21	1200m	14:24.99 36,52
150m	01:40.13 35,11	550m	06:29.81 36,60	900m	10:46.07 36,49	1250m	15:01.66 36,67
200m	02:15.82 35,69	600m	07:06.35 36,54	950m	11:22.62 36,55	1300m	15:38.27 36,61
250m	02:51.46 35,64	650m	07:43.03 36,68	1000m	11:59.14 36,52	1350m	16:14.72 36,45
300m	03:27.59 36,13	700m	08:19.73 36,70	1050m	12:35.76 36,62	1400m	16:50.96 36,24
350m	04:03.83 36,24	750m	08:56.84 37,11	1100m	13:12.45 36,69	1450m	17:26.98 36,02
400m	04:40.07 36,24	800m	09:33.37 36,53	1150m	13:48.47 36,02		
9. Mara Bosman (Blue Marlins, 200303048)				18:08.33(+59)			
50m	00:31.14 31,14	450m	05:15.21 36,75	800m	09:31.33 36,66	1150m	13:49.21 36,86
100m	01:04.85 33,71	500m	05:51.46 36,25	850m	10:08.20 36,87	1200m	14:26.09 36,88
150m	01:39.79 34,94	550m	06:28.13 36,67	900m	10:44.85 36,65	1250m	15:03.14 37,05
200m	02:15.19 35,40	600m	07:04.65 36,52	950m	11:21.87 37,02	1300m	15:40.35 37,21
250m	02:50.49 35,30	650m	07:41.59 36,94	1000m	11:58.51 36,64	1350m	16:17.61 37,26

300m 03:26.23 35,74	700m 08:17.95 36,36	1050m 12:35.08 36,57	1400m 16:55.03 37,42
350m 04:02.50 36,27	750m 08:54.67 36,72	1100m 13:12.35 37,27	1450m 17:32.28 37,25
400m 04:38.46 35,96	800m 09:31.33 36,66	1150m 13:49.21 36,86	

13. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 19:01.20(+95)

50m 00:32.54 32,54	450m 05:29.13 37,49	800m 09:58.42 39,32	1150m 14:31.18 39,20
100m 01:08.94 36,40	500m 06:07.09 37,96	850m 10:38.10 39,68	1200m 15:10.53 39,35
150m 01:44.90 35,96	550m 06:44.75 37,66	900m 11:17.26 39,16	1250m 15:49.92 39,39
200m 02:22.08 37,18	600m 07:22.99 38,24	950m 11:56.04 38,78	1300m 16:28.37 38,45
250m 02:59.11 37,03	650m 08:01.35 38,36	1000m 12:35.33 39,29	1350m 17:07.47 39,10
300m 03:36.61 37,50	700m 08:40.16 38,81	1050m 13:13.63 38,30	1400m 17:46.30 38,83
350m 04:13.66 37,05	750m 09:19.10 38,94	1100m 13:51.98 38,35	1450m 18:23.73 37,43
400m 04:51.64 37,98	800m 09:58.42 39,32	1150m 14:31.18 39,20	

14. Roos Englebert (Hieronymus, 200200606) 19:10.43(+74)

50m 00:33.15 33,15	450m 05:33.57 38,45	800m 10:05.36 39,00	1150m 14:36.09 38,94
100m 01:09.66 36,51	500m 06:12.31 38,74	850m 10:44.09 38,73	1200m 15:15.22 39,13
150m 01:46.85 37,19	550m 06:51.15 38,84	900m 11:22.13 38,04	1250m 15:54.77 39,55
200m 02:24.10 37,25	600m 07:30.19 39,04	950m 12:00.26 38,13	1300m 16:34.02 39,25
250m 03:01.80 37,70	650m 08:08.96 38,77	1000m 12:39.04 38,78	1350m 17:13.54 39,52
300m 03:39.29 37,49	700m 08:47.73 38,77	1050m 13:18.08 39,04	1400m 17:52.96 39,42
350m 04:17.20 37,91	750m 09:26.36 38,63	1100m 13:57.15 39,07	1450m 18:32.12 39,16
400m 04:55.12 37,92	800m 10:05.36 39,00	1150m 14:36.09 38,94	

16. Melanie Marinus-Cruz (Blue Marlins, 200404702) 19:24.23(+76)

50m 00:32.96 32,96	450m 05:37.01 38,36	800m 10:08.62 39,38	1150m 14:44.03 39,78
100m 01:09.27 36,31	500m 06:15.45 38,44	850m 10:47.64 39,02	1200m 15:24.51 40,48
150m 01:46.99 37,72	550m 06:53.74 38,29	900m 11:27.19 39,55	1250m 16:04.88 40,37
200m 02:25.27 38,28	600m 07:32.30 38,56	950m 12:06.22 39,03	1300m 16:45.13 40,25
250m 03:03.73 38,46	650m 08:11.11 38,81	1000m 12:45.45 39,23	1350m 17:24.97 39,84
300m 03:42.21 38,48	700m 08:49.83 38,72	1050m 13:24.76 39,31	1400m 18:05.13 40,16
350m 04:20.40 38,19	750m 09:29.24 39,41	1100m 14:04.25 39,49	1450m 18:45.50 40,37
400m 04:58.65 38,25	800m 10:08.62 39,38	1150m 14:44.03 39,78	

17. Nina Tetteroo (De Columbiaan, 20100048) 19:27.76(+84)

50m 00:33.27 33,27	450m 05:40.50 39,08	800m 10:16.81 39,84	1150m 14:53.45 39,25
100m 01:10.26 36,99	500m 06:19.60 39,10	850m 10:57.08 40,27	1200m 15:32.90 39,45
150m 01:48.76 38,50	550m 06:58.74 39,14	900m 11:36.81 39,73	1250m 16:12.24 39,34
200m 02:26.98 38,22	600m 07:37.64 38,90	950m 12:15.87 39,06	1300m 16:51.81 39,57
250m 03:05.72 38,74	650m 08:17.56 39,92	1000m 12:55.56 39,69	1350m 17:30.94 39,13
300m 03:44.02 38,30	700m 08:57.65 40,09	1050m 13:34.63 39,07	1400m 18:10.50 39,56
350m 04:22.37 38,35	750m 09:36.97 39,32	1100m 14:14.20 39,57	1450m 18:49.61 39,11
400m 05:01.42 39,05	800m 10:16.81 39,84	1150m 14:53.45 39,25	

18. Liselotte Joling (PSV, 197500268) 19:30.57(+84)

50m 00:35.26 35,26	450m 05:48.46 39,44	800m 10:23.71 39,49	1150m 14:59.28 38,33
100m 01:13.92 38,66	500m 06:27.93 39,47	850m 11:02.88 39,17	1200m 15:38.29 39,01
150m 01:52.72 38,80	550m 07:06.18 38,25	900m 11:42.56 39,68	1250m 16:17.14 38,85
200m 02:32.04 39,32	600m 07:45.97 39,79	950m 12:22.19 39,63	1300m 16:56.24 39,10
250m 03:10.62 38,58	650m 08:25.34 39,37	1000m 13:02.10 39,91	1350m 17:35.20 38,96
300m 03:50.20 39,58	700m 09:04.90 39,56	1050m 13:41.03 38,93	1400m 18:14.79 39,59
350m 04:29.45 39,25	750m 09:44.22 39,32	1100m 14:20.95 39,92	1450m 18:53.58 38,79
400m 05:09.02 39,57	800m 10:23.71 39,49	1150m 14:59.28 38,33	

20. Cynthia Koolman (ZPC Hoogeveen, 200300232) 20:10.30(+66)

50m 00:34.83 34,83	450m 05:55.34 40,79	800m 10:41.41 40,67	1150m 15:26.06 40,97
100m 01:13.23 38,40	500m 06:36.44 41,10	850m 11:21.96 40,55	1200m 16:07.29 41,23
150m 01:52.82 39,59	550m 07:17.55 41,11	900m 12:02.56 40,60	1250m 16:48.39 41,10
200m 02:32.34 39,52	600m 07:58.77 41,22	950m 12:43.30 40,74	1300m 17:29.33 40,94
250m 03:12.73 40,39	650m 08:39.40 40,63	1000m 13:24.34 41,04	1350m 18:10.32 40,99
300m 03:53.07 40,34	700m 09:20.22 40,82	1050m 14:04.86 40,52	1400m 18:50.89 40,57
350m 04:33.88 40,81	750m 10:00.74 40,52	1100m 14:45.09 40,23	1450m 19:31.31 40,42
400m 05:14.55 40,67	800m 10:41.41 40,67	1150m 15:26.06 40,97	

15 - 16 jaar (Jeugd 1 en 2)

1. Jade van der Schrier (AZC, 200800692) 17:28.61(+73)

50m 00:30.59 30,59	450m 05:09.87 35,23	800m 09:16.24 35,43	1150m 13:24.42 35,52
100m 01:04.26 33,67	500m 05:45.15 35,28	850m 09:51.57 35,33	1200m 13:59.90 35,48
150m 01:38.85 34,59	550m 06:20.05 34,90	900m 10:26.90 35,33	1250m 14:35.35 35,45

200m	02:13.86	35,01	600m	06:55.13	35,08	950m	11:02.43	35,53	1300m	15:10.95	35,60
250m	02:48.98	35,12	650m	07:30.23	35,10	1000m	11:37.85	35,42	1350m	15:46.20	35,25
300m	03:24.26	35,28	700m	08:05.31	35,08	1050m	12:13.48	35,63	1400m	16:21.58	35,38
350m	03:59.53	35,27	750m	08:40.81	35,50	1100m	12:48.90	35,42	1450m	16:56.35	34,77
400m	04:34.64	35,11	800m	09:16.24	35,43	1150m	13:24.42	35,52			

2. Julie van Nispen (Nuenen, 200800290)

17:56.17(+72)

50m	00:31.59	31,59	450m	05:17.97	36,24	800m	09:31.39	35,92	1150m	13:44.92	36,13
100m	01:06.77	35,18	500m	05:54.09	36,12	850m	10:07.46	36,07	1200m	14:21.09	36,17
150m	01:42.73	35,96	550m	06:30.16	36,07	900m	10:43.65	36,19	1250m	14:57.10	36,01
200m	02:18.11	35,38	600m	07:06.36	36,20	950m	11:19.64	35,99	1300m	15:33.37	36,27
250m	02:54.13	36,02	650m	07:43.05	36,69	1000m	11:56.09	36,45	1350m	16:09.88	36,51
300m	03:29.96	35,83	700m	08:19.14	36,09	1050m	12:32.66	36,57	1400m	16:46.52	36,64
350m	04:06.25	36,29	750m	08:55.47	36,33	1100m	13:08.79	36,13	1450m	17:21.93	35,41
400m	04:41.73	35,48	800m	09:31.39	35,92	1150m	13:44.92	36,13			

3. Eefje Irvine (De Dolfijn, 200700164)

18:08.30(+68)

50m	00:31.95	31,95	450m	05:21.09	36,06	800m	09:36.73	36,77	1150m	13:53.26	36,64
100m	01:07.51	35,56	500m	05:57.51	36,42	850m	10:13.22	36,49	1200m	14:30.08	36,82
150m	01:43.38	35,87	550m	06:33.83	36,32	900m	10:49.95	36,73	1250m	15:06.96	36,88
200m	02:19.50	36,12	600m	07:10.37	36,54	950m	11:26.65	36,70	1300m	15:43.87	36,91
250m	02:55.73	36,23	650m	07:46.94	36,57	1000m	12:03.35	36,70	1350m	16:20.82	36,95
300m	03:32.00	36,27	700m	08:23.62	36,68	1050m	12:39.66	36,31	1400m	16:57.55	36,73
350m	04:08.43	36,43	750m	08:59.96	36,34	1100m	13:16.62	36,96	1450m	17:33.60	36,05
400m	04:45.03	36,60	800m	09:36.73	36,77	1150m	13:53.26	36,64			

4. Laura van Etten (HZ&PC Heerenveen, 200800264)

18:08.54(+84)

50m	00:32.33	32,33	450m	05:23.57	36,67	800m	09:39.27	36,70	1150m	13:54.50	36,12
100m	01:08.44	36,11	500m	06:00.09	36,52	850m	10:15.13	35,86	1200m	14:30.91	36,41
150m	01:45.07	36,63	550m	06:36.30	36,21	900m	10:52.29	37,16	1250m	15:07.10	36,19
200m	02:21.48	36,41	600m	07:13.06	36,76	950m	11:28.09	35,80	1300m	15:44.07	36,97
250m	02:57.41	35,93	650m	07:50.04	36,98	1000m	12:04.84	36,75	1350m	16:20.48	36,41
300m	03:33.83	36,42	700m	08:26.22	36,18	1050m	12:41.41	36,57	1400m	16:56.86	36,38
350m	04:10.42	36,59	750m	09:02.57	36,35	1100m	13:18.38	36,97	1450m	17:33.09	36,23
400m	04:46.90	36,48	800m	09:39.27	36,70	1150m	13:54.50	36,12			

5. Jill Meines (PSV, 200704846)

18:38.91(+80)

50m	00:32.78	32,78	450m	05:30.72	37,68	800m	09:54.57	37,86	1150m	14:18.65	37,63
100m	01:09.02	36,24	500m	06:08.34	37,62	850m	10:32.54	37,97	1200m	14:56.00	37,35
150m	01:46.10	37,08	550m	06:45.88	37,54	900m	11:10.24	37,70	1250m	15:33.64	37,64
200m	02:23.23	37,13	600m	07:24.04	38,16	950m	11:47.84	37,60	1300m	16:11.08	37,44
250m	03:00.74	37,51	650m	08:01.43	37,39	1000m	12:25.70	37,86	1350m	16:48.77	37,69
300m	03:37.95	37,21	700m	08:38.82	37,39	1050m	13:03.34	37,64	1400m	17:26.63	37,86
350m	04:15.60	37,65	750m	09:16.71	37,89	1100m	13:41.02	37,68	1450m	18:03.43	36,80
400m	04:53.04	37,44	800m	09:54.57	37,86	1150m	14:18.65	37,63			

6. Imre Bouwland (ZPC Hoogeveen, 200700388)

18:42.64(+75)

50m	00:32.21	32,21	450m	05:27.76	36,96	800m	09:52.81	38,37	1150m	14:19.78	38,36
100m	01:08.21	36,00	500m	06:05.16	37,40	850m	10:30.70	37,89	1200m	14:58.55	38,77
150m	01:44.84	36,63	550m	06:43.02	37,86	900m	11:08.74	38,04	1250m	15:36.42	37,87
200m	02:21.67	36,83	600m	07:21.10	38,08	950m	11:46.99	38,25	1300m	16:14.54	38,12
250m	02:58.88	37,21	650m	07:58.35	37,25	1000m	12:25.80	38,81	1350m	16:52.37	37,83
300m	03:36.28	37,40	700m	08:36.75	38,40	1050m	13:03.45	37,65	1400m	17:29.81	37,44
350m	04:13.51	37,23	750m	09:14.44	37,69	1100m	13:41.42	37,97	1450m	18:07.18	37,37
400m	04:50.80	37,29	800m	09:52.81	38,37	1150m	14:19.78	38,36			

7. Julia Agricola (DZ&PC, 200800266)

19:18.85(+74)

50m	00:33.85	33,85	450m	05:40.90	38,55	800m	10:10.78	39,04	1150m	14:45.09	39,05
100m	01:11.63	37,78	500m	06:19.46	38,56	850m	10:49.52	38,74	1200m	15:24.51	39,42
150m	01:50.21	38,58	550m	06:58.08	38,62	900m	11:28.69	39,17	1250m	16:03.93	39,42
200m	02:28.37	38,16	600m	07:36.23	38,15	950m	12:08.00	39,31	1300m	16:43.03	39,10
250m	03:06.78	38,41	650m	08:14.96	38,73	1000m	12:47.24	39,24	1350m	17:22.29	39,26
300m	03:45.14	38,36	700m	08:53.34	38,38	1050m	13:26.89	39,65	1400m	18:01.53	39,24
350m	04:23.56	38,42	750m	09:31.74	38,40	1100m	14:06.04	39,15	1450m	18:40.45	38,92
400m	05:02.35	38,79	800m	10:10.78	39,04	1150m	14:45.09	39,05			

8. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)

19:57.63(+77)

50m	00:33.84	33,84	450m	05:48.85	40,30	800m	10:34.52	41,31	1150m	15:19.28	40,12
100m	01:11.38	37,54	500m	06:29.45	40,60	850m	11:14.68	40,16	1200m	15:59.61	40,33

150m	01:49.69	38,31	550m	07:09.88	40,43	900m	11:54.78	40,10	1250m	16:39.42	39,81
200m	02:29.12	39,43	600m	07:50.62	40,74	950m	12:35.83	41,05	1300m	17:20.48	41,06
250m	03:08.78	39,66	650m	08:31.27	40,65	1000m	13:18.36	42,53	1350m	18:00.59	40,11
300m	03:48.32	39,54	700m	09:12.29	41,02	1050m	13:59.20	40,84	1400m	18:40.83	40,24
350m	04:27.97	39,65	750m	09:53.21	40,92	1100m	14:39.16	39,96	1450m	19:20.22	39,39
400m	05:08.55	40,58	800m	10:34.52	41,31	1150m	15:19.28	40,12			

17 - 18 jaar

1. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)											17:07.06(+73)
50m	00:31.06	31,06	450m	05:07.43	34,72	800m	09:11.00	34,66	1150m	13:11.57	34,29
100m	01:04.56	33,50	500m	05:42.66	35,23	850m	09:44.96	33,96	1200m	13:45.97	34,40
150m	01:38.44	33,88	550m	06:16.93	34,27	900m	10:19.68	34,72	1250m	14:19.95	33,98
200m	02:13.12	34,68	600m	06:51.94	35,01	950m	10:53.87	34,19	1300m	14:54.18	34,23
250m	02:47.77	34,65	650m	07:26.57	34,63	1000m	11:28.54	34,67	1350m	15:27.79	33,61
300m	03:22.85	35,08	700m	08:01.80	35,23	1050m	12:02.71	34,17	1400m	16:01.92	34,13
350m	03:57.47	34,62	750m	08:36.34	34,54	1100m	12:37.28	34,57	1450m	16:35.03	33,11
400m	04:32.71	35,24	800m	09:11.00	34,66	1150m	13:11.57	34,29			
2. Merel Schravendijk (Blue Marlins, 200503382)											17:44.06(+75)
50m	00:31.44	31,44	450m	05:12.81	35,75	800m	09:23.86	35,98	1150m	13:36.16	35,95
100m	01:05.77	34,33	500m	05:48.30	35,49	850m	09:59.97	36,11	1200m	14:11.92	35,76
150m	01:40.77	35,00	550m	06:24.10	35,80	900m	10:36.12	36,15	1250m	14:47.83	35,91
200m	02:15.65	34,88	600m	06:59.84	35,74	950m	11:12.49	36,37	1300m	15:23.58	35,75
250m	02:50.98	35,33	650m	07:35.87	36,03	1000m	11:48.26	35,77	1350m	15:59.41	35,83
300m	03:26.46	35,48	700m	08:11.69	35,82	1050m	12:24.36	36,10	1400m	16:35.30	35,89
350m	04:01.80	35,34	750m	08:47.88	36,19	1100m	13:00.21	35,85	1450m	17:10.91	35,61
400m	04:37.06	35,26	800m	09:23.86	35,98	1150m	13:36.16	35,95			

21. 50m schoolslag - Dames
vanaf 11 jaar (Senioren Open)

1. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)											00:33.88(+69)
2. Karin Rijkelijkhuisen (DZ&PC, 199403358)											00:34.09(+67)

30. 800m vrije slag - Dames
11 - 12 jaar (Junioren 1 en 2)

1. Malin Roozeboom (WVZ, 201100006)											09:36.67(+67)
50m	00:32.12	32,12	250m	02:56.38	36,20	450m	05:22.19	36,40	650m	07:48.86	36,65
100m	01:07.84	35,72	300m	03:32.82	36,44	500m	05:58.75	36,56	700m	08:25.82	36,96
150m	01:43.95	36,11	350m	04:09.20	36,38	550m	06:35.29	36,54	750m	09:01.84	36,02
200m	02:20.18	36,23	400m	04:45.79	36,59	600m	07:12.21	36,92			
2. Milou Filemon (Blue Marlins, 201100078)											10:01.21(+61)
50m	00:33.72	33,72	250m	03:03.33	37,84	450m	05:35.37	38,24	650m	08:07.21	37,97
100m	01:10.49	36,77	300m	03:41.46	38,13	500m	06:12.85	37,48	700m	08:44.93	37,72
150m	01:48.09	37,60	350m	04:19.97	38,51	550m	06:51.44	38,59	750m	09:23.28	38,35
200m	02:25.49	37,40	400m	04:57.13	37,16	600m	07:29.24	37,80			
3. Anna Lepoutre (PSV, 201100534)											10:04.25(+70)
50m	00:33.27	33,27	250m	03:04.45	38,55	450m	05:37.73	38,42	650m	08:09.95	38,69
100m	01:10.16	36,89	300m	03:42.63	38,18	500m	06:15.30	37,57	700m	08:48.39	38,44
150m	01:48.17	38,01	350m	04:21.37	38,74	550m	06:53.84	38,54	750m	09:26.67	38,28
200m	02:25.90	37,73	400m	04:59.31	37,94	600m	07:31.26	37,42			
4. Noa van Zalk (ZPC AMERSFOORT, 201102534)											10:10.97(+63)
50m	00:34.21	34,21	250m	03:05.02	37,90	450m	05:39.85	38,78	650m	08:15.47	39,17
100m	01:11.42	37,21	300m	03:43.43	38,41	500m	06:18.53	38,68	700m	08:54.75	39,28
150m	01:49.17	37,75	350m	04:22.42	38,99	550m	06:57.21	38,68	750m	09:33.09	38,34
200m	02:27.12	37,95	400m	05:01.07	38,65	600m	07:36.30	39,09			
5. Rozalia Diederiks (ZVL-1886, 201100904)											10:11.90(+79)
50m	00:34.50	34,50	250m	03:08.04	38,82	450m	05:44.05	39,30	650m	08:20.21	38,33
100m	01:11.95	37,45	300m	03:47.06	39,02	500m	06:23.32	39,27	700m	08:57.76	37,55
150m	01:50.42	38,47	350m	04:25.94	38,88	550m	07:02.28	38,96	750m	09:35.72	37,96
200m	02:29.22	38,80	400m	05:04.75	38,81	600m	07:41.88	39,60			
6. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)											10:13.79(+62)
50m	00:33.84	33,84	250m	03:09.56	39,21	450m	05:45.10	39,13	650m	08:21.76	39,09
100m	01:12.31	38,47	300m	03:48.26	38,70	500m	06:24.26	39,16	700m	09:00.28	38,52

150m	01:51.19	38,88	350m	04:27.05	38,79	550m	07:03.53	39,27	750m	09:38.61	38,33
200m	02:30.35	39,16	400m	05:05.97	38,92	600m	07:42.67	39,14			
7. Ylène Zondervan (ZPC AMERSFOORT, 201200016)											
50m	00:34.38	34,38	250m	03:09.86	38,84	450m	05:45.88	38,84	650m	08:22.52	39,18
100m	01:12.64	38,26	300m	03:49.02	39,16	500m	06:25.26	39,38	700m	09:01.11	38,59
150m	01:51.57	38,93	350m	04:28.00	38,98	550m	07:04.28	39,02	750m	09:38.87	37,76
200m	02:31.02	39,45	400m	05:07.04	39,04	600m	07:43.34	39,06			
8. Elin Reinstra (TriVia, 201100842)											
50m	00:33.70	33,70	250m	03:06.03	38,52	450m	05:41.33	39,15	650m	08:18.33	39,53
100m	01:10.76	37,06	300m	03:44.77	38,74	500m	06:20.07	38,74	700m	08:57.47	39,14
150m	01:48.82	38,06	350m	04:23.46	38,69	550m	06:59.27	39,20	750m	09:36.40	38,93
200m	02:27.51	38,69	400m	05:02.18	38,72	600m	07:38.80	39,53			
9. Odenza Soselisa (Blue Marlins, 201101780)											
50m	00:35.16	35,16	250m	03:15.39	40,50	450m	05:56.43	40,40	650m	08:37.51	40,35
100m	01:14.16	39,00	300m	03:55.63	40,24	500m	06:36.33	39,90	700m	09:17.20	39,69
150m	01:54.53	40,37	350m	04:36.17	40,54	550m	07:16.73	40,40	750m	09:55.60	38,40
200m	02:34.89	40,36	400m	05:16.03	39,86	600m	07:57.16	40,43			
10. Sterre de Veen (Hellas-Glana, 201100086)											
50m	00:33.85	33,85	250m	03:11.40	40,39	450m	05:54.13	41,20	650m	08:36.70	41,32
100m	01:11.84	37,99	300m	03:51.73	40,33	500m	06:34.47	40,34	700m	09:16.39	39,69
150m	01:51.38	39,54	350m	04:32.44	40,71	550m	07:15.05	40,58	750m	09:55.74	39,35
200m	02:31.01	39,63	400m	05:12.93	40,49	600m	07:55.38	40,33			
11. Noortje Bisperink (ZPC AMERSFOORT, 201100486)											
50m	00:34.62	34,62	250m	03:14.22	40,31	450m	05:56.71	40,93	650m	08:39.92	40,52
100m	01:13.67	39,05	300m	03:54.76	40,54	500m	06:37.42	40,71	700m	09:20.77	40,85
150m	01:53.66	39,99	350m	04:35.88	41,12	550m	07:18.34	40,92	750m	10:00.78	40,01
200m	02:33.91	40,25	400m	05:15.78	39,90	600m	07:59.40	41,06			
12. Julia Bannatyne (BZ&PC, 201201020)											
50m	00:35.56	35,56	250m	03:17.71	40,73	450m	06:02.81	41,04	650m	08:46.62	40,60
100m	01:15.87	40,31	300m	03:59.02	41,31	500m	06:43.76	40,95	700m	09:27.08	40,46
150m	01:56.48	40,61	350m	04:40.28	41,26	550m	07:25.41	41,65	750m	10:05.48	38,40
200m	02:36.98	40,50	400m	05:21.77	41,49	600m	08:06.02	40,61			
13. Julia Ketelaars (Hellas-Glana, 201200028)											
50m	00:36.25	36,25	250m	03:17.93	41,52	450m	06:03.17	41,16	650m	08:47.18	40,43
100m	01:15.16	38,91	300m	03:59.18	41,25	500m	06:44.17	41,00	700m	09:27.74	40,56
150m	01:55.68	40,52	350m	04:40.59	41,41	550m	07:25.67	41,50	750m	10:07.26	39,52
200m	02:36.41	40,73	400m	05:22.01	41,42	600m	08:06.75	41,08			
14. Frédérique Nijziel (PSV, 201103114)											
50m	00:33.71	33,71	250m	03:16.28	41,06	450m	06:00.81	40,11	650m	08:44.18	40,26
100m	01:13.60	39,89	300m	03:58.45	42,17	500m	06:42.24	41,43	700m	09:24.55	40,37
150m	01:54.55	40,95	350m	04:39.44	40,99	550m	07:23.11	40,87	750m	10:04.58	40,03
200m	02:35.22	40,67	400m	05:20.70	41,26	600m	08:03.92	40,81			
15. Lobke Hempenius (HZ&PC Heerenveen, 201100522)											
50m	00:34.98	34,98	250m	03:18.48	40,61	450m	06:02.97	40,76	650m	08:44.94	39,61
100m	01:15.91	40,93	300m	03:59.68	41,20	500m	06:43.18	40,21	700m	09:25.98	41,04
150m	01:57.08	41,17	350m	04:41.09	41,41	550m	07:24.18	41,00	750m	10:06.29	40,31
200m	02:37.87	40,79	400m	05:22.21	41,12	600m	08:05.33	41,15			
16. Kyara Balt (De Vikings, 201100306)											
50m	00:35.13	35,13	250m	03:17.49	41,06	450m	06:01.36	40,37	650m	08:43.85	40,44
100m	01:14.72	39,59	300m	03:58.83	41,34	500m	06:42.17	40,81	700m	09:24.81	40,96
150m	01:55.41	40,69	350m	04:39.87	41,04	550m	07:22.83	40,66	750m	10:04.13	39,32
200m	02:36.43	41,02	400m	05:20.99	41,12	600m	08:03.41	40,58			
17. Pien Walstra (De Treffers, 201101034)											
50m	00:35.55	35,55	250m	03:17.71	40,94	450m	06:04.57	40,65	650m	08:49.49	40,96
100m	01:15.74	40,19	300m	04:00.34	42,63	500m	06:46.48	41,91	700m	09:30.13	40,64
150m	01:55.78	40,04	350m	04:41.94	41,60	550m	07:27.95	41,47	750m	10:10.15	40,02
200m	02:36.77	40,99	400m	05:23.92	41,98	600m	08:08.53	40,58			
18. Alissa Rooijackers (Nuenen, 201101892)											

50m	00:35.79	35,79	250m	03:19.93	41,51	450m	06:05.66	40,93	650m	08:50.39	40,94
100m	01:15.81	40,02	300m	04:01.73	41,80	500m	06:47.02	41,36	700m	09:31.31	40,92
150m	01:56.87	41,06	350m	04:43.86	42,13	550m	07:28.45	41,43	750m	10:11.83	40,52
200m	02:38.42	41,55	400m	05:24.73	40,87	600m	08:09.45	41,00			

19. Esmee Reuver (Zwemclub Polaris, 201100846)

10:55.49(+70)

50m	00:36.56	36,56	250m	03:19.19	41,28	450m	06:04.45	41,41	650m	08:51.50	42,05
100m	01:16.70	40,14	300m	04:00.03	40,84	500m	06:45.98	41,53	700m	09:34.01	42,51
150m	01:57.39	40,69	350m	04:41.39	41,36	550m	07:27.66	41,68	750m	10:15.28	41,27
200m	02:37.91	40,52	400m	05:23.04	41,65	600m	08:09.45	41,79			

20. Sophie Hoogervorst (AZC, 201100252)

11:07.84

50m	00:35.98	35,98	250m	03:16.13	39,29	450m	06:05.47	42,52	650m	08:58.15	43,27
100m	01:15.91	39,93	300m	03:58.29	42,16	500m	06:48.30	42,83	700m	09:41.77	43,62
150m	01:56.08	40,17	350m	04:40.26	41,97	550m	07:31.68	43,38	750m	10:25.10	43,33
200m	02:36.84	40,76	400m	05:22.95	42,69	600m	08:14.88	43,20			

31. 1500m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Ramon Vos (ZPC Hoogeveen, 201100051)

18:10.03(+68)

50m	00:31.56	31,56	450m	05:23.71	36,83	800m	09:42.28	36,88	1150m	14:00.57	36,82
100m	01:06.50	34,94	500m	06:00.59	36,88	850m	10:19.30	37,02	1200m	14:36.97	36,40
150m	01:42.81	36,31	550m	06:37.58	36,99	900m	10:56.26	36,96	1250m	15:13.36	36,39
200m	02:19.37	36,56	600m	07:14.23	36,65	950m	11:33.30	37,04	1300m	15:49.16	35,80
250m	02:56.29	36,92	650m	07:51.28	37,05	1000m	12:10.09	36,79	1350m	16:24.94	35,78
300m	03:33.30	37,01	700m	08:28.39	37,11	1050m	12:47.08	36,99	1400m	17:00.53	35,59
350m	04:10.24	36,94	750m	09:05.40	37,01	1100m	13:23.75	36,67	1450m	17:36.07	35,54
400m	04:46.88	36,64	800m	09:42.28	36,88	1150m	14:00.57	36,82			

2. Mattias Stolk (HZ&PC Heerenveen, 201000525)

18:22.64(+66)

50m	00:32.74	32,74	450m	05:24.00	36,86	800m	09:47.14	37,84	1150m	14:09.28	36,78
100m	01:08.09	35,35	500m	06:01.77	37,77	850m	10:23.88	36,74	1200m	14:46.82	37,54
150m	01:44.53	36,44	550m	06:38.91	37,14	900m	11:02.50	38,62	1250m	15:23.93	37,11
200m	02:21.08	36,55	600m	07:16.86	37,95	950m	11:39.72	37,22	1300m	16:00.46	36,53
250m	02:57.41	36,33	650m	07:53.98	37,12	1000m	12:17.61	37,89	1350m	16:37.07	36,61
300m	03:33.58	36,17	700m	08:31.97	37,99	1050m	12:54.70	37,09	1400m	17:13.77	36,70
350m	04:10.28	36,70	750m	09:09.30	37,33	1100m	13:32.50	37,80	1450m	17:49.01	35,24
400m	04:47.14	36,86	800m	09:47.14	37,84	1150m	14:09.28	36,78			

3. Mathijs Boersma (ZPC Hoogeveen, 201000313)

18:23.53(+83)

50m	00:32.70	32,70	450m	05:29.39	37,38	800m	09:51.65	37,51	1150m	14:11.41	36,76
100m	01:08.52	35,82	500m	06:06.94	37,55	850m	10:28.60	36,95	1200m	14:48.75	37,34
150m	01:45.41	36,89	550m	06:44.30	37,36	900m	11:06.00	37,40	1250m	15:25.24	36,49
200m	02:22.52	37,11	600m	07:21.94	37,64	950m	11:42.93	36,93	1300m	16:01.86	36,62
250m	02:59.73	37,21	650m	07:59.26	37,32	1000m	12:20.42	37,49	1350m	16:38.13	36,27
300m	03:37.26	37,53	700m	08:36.91	37,65	1050m	12:57.47	37,05	1400m	17:14.04	35,91
350m	04:14.56	37,30	750m	09:14.14	37,23	1100m	13:34.65	37,18	1450m	17:49.74	35,70
400m	04:52.01	37,45	800m	09:51.65	37,51	1150m	14:11.41	36,76			

4. Abel op den Velde (De Duinkickers, 201000079)

18:24.32(+77)

50m	00:31.67	31,67	450m	05:26.75	37,86	800m	09:48.68	37,62	1150m	14:09.98	37,00
100m	01:07.34	35,67	500m	06:03.77	37,02	850m	10:26.41	37,73	1200m	14:46.68	36,70
150m	01:44.16	36,82	550m	06:41.30	37,53	900m	11:03.94	37,53	1250m	15:22.88	36,20
200m	02:21.19	37,03	600m	07:18.66	37,36	950m	11:41.94	38,00	1300m	15:59.59	36,71
250m	02:58.43	37,24	650m	07:56.10	37,44	1000m	12:18.79	36,85	1350m	16:36.18	36,59
300m	03:35.20	36,77	700m	08:33.35	37,25	1050m	12:56.62	37,83	1400m	17:12.62	36,44
350m	04:12.58	37,38	750m	09:11.06	37,71	1100m	13:32.98	36,36	1450m	17:49.58	36,96
400m	04:48.89	36,31	800m	09:48.68	37,62	1150m	14:09.98	37,00			

5. Evren Ege Orcunus (De Dolfijn, 201003253)

18:24.69(+73)

50m	00:33.06	33,06	450m	05:28.10	37,29	800m	09:48.18	36,83	1150m	14:08.91	37,28
100m	01:08.98	35,92	500m	06:05.78	37,68	850m	10:25.08	36,90	1200m	14:46.11	37,20
150m	01:45.77	36,79	550m	06:42.63	36,85	900m	11:02.62	37,54	1250m	15:23.39	37,28
200m	02:22.57	36,80	600m	07:19.89	37,26	950m	11:39.73	37,11	1300m	16:00.59	37,20
250m	02:59.66	37,09	650m	07:57.42	37,53	1000m	12:16.99	37,26	1350m	16:37.94	37,35
300m	03:36.87	37,21	700m	08:34.11	36,69	1050m	12:54.43	37,44	1400m	17:14.83	36,89
350m	04:13.75	36,88	750m	09:11.35	37,24	1100m	13:31.63	37,20	1450m	17:51.25	36,42
400m	04:50.81	37,06	800m	09:48.18	36,83	1150m	14:08.91	37,28			

6. Dax van den Nouland (Blue Marlins, 201000071)				18:44.86(+73)			
50m	00:32.20 32,20	450m	05:32.95 38,01	800m	09:59.15 38,03	1150m	14:22.69 37,54
100m	01:08.11 35,91	500m	06:10.89 37,94	850m	10:37.42 38,27	1200m	15:00.22 37,53
150m	01:45.47 37,36	550m	06:49.04 38,15	900m	11:15.13 37,71	1250m	15:38.14 37,92
200m	02:23.27 37,80	600m	07:27.08 38,04	950m	11:53.56 38,43	1300m	16:16.24 38,10
250m	03:01.10 37,83	650m	08:05.26 38,18	1000m	12:30.73 37,17	1350m	16:53.79 37,55
300m	03:38.88 37,78	700m	08:42.85 37,59	1050m	13:07.60 36,87	1400m	17:31.78 37,99
350m	04:16.73 37,85	750m	09:21.12 38,27	1100m	13:45.15 37,55	1450m	18:09.11 37,33
400m	04:54.94 38,21	800m	09:59.15 38,03	1150m	14:22.69 37,54		
7. Baris Tomu (ZPCH, 201000869)				18:49.27(+69)			
50m	00:31.97 31,97	450m	05:30.36 38,26	800m	09:57.95 37,98	1150m	14:25.59 38,76
100m	01:08.07 36,10	500m	06:08.04 37,68	850m	10:35.74 37,79	1200m	15:03.63 38,04
150m	01:44.94 36,87	550m	06:46.46 38,42	900m	11:14.53 38,79	1250m	15:42.14 38,51
200m	02:22.18 37,24	600m	07:24.33 37,87	950m	11:52.22 37,69	1300m	16:19.73 37,59
250m	02:59.63 37,45	650m	08:02.88 38,55	1000m	12:30.67 38,45	1350m	16:58.68 38,95
300m	03:36.43 36,80	700m	08:41.20 38,32	1050m	13:08.90 38,23	1400m	17:36.20 37,52
350m	04:14.22 37,79	750m	09:19.97 38,77	1100m	13:46.83 37,93	1450m	18:13.71 37,51
400m	04:52.10 37,88	800m	09:57.95 37,98	1150m	14:25.59 38,76		
8. Tycho Wienbelt (De Vikings, 201001397)				18:50.46(+75)			
50m	00:33.66 33,66	450m	05:33.83 38,23	800m	10:01.18 38,24	1150m	14:27.87 38,06
100m	01:09.00 35,34	500m	06:11.87 38,04	850m	10:38.96 37,78	1200m	15:05.96 38,09
150m	01:46.05 37,05	550m	06:50.18 38,31	900m	11:16.74 37,78	1250m	15:43.89 37,93
200m	02:23.60 37,55	600m	07:28.30 38,12	950m	11:54.81 38,07	1300m	16:21.85 37,96
250m	03:01.50 37,90	650m	08:06.66 38,36	1000m	12:33.70 38,89	1350m	17:00.25 38,40
300m	03:39.37 37,87	700m	08:44.71 38,05	1050m	13:11.72 38,02	1400m	17:37.82 37,57
350m	04:17.59 38,22	750m	09:22.94 38,23	1100m	13:49.81 38,09	1450m	18:14.88 37,06
400m	04:55.60 38,01	800m	10:01.18 38,24	1150m	14:27.87 38,06		
9. Thijmen Puijssers (Hieronymus, 201000129)				18:51.38(+71)			
50m	00:31.69 31,69	450m	05:36.45 38,33	800m	10:03.21 37,77	1150m	14:30.12 38,71
100m	01:08.75 37,06	500m	06:14.88 38,43	850m	10:40.82 37,61	1200m	15:07.63 37,51
150m	01:46.85 38,10	550m	06:53.01 38,13	900m	11:18.42 37,60	1250m	15:45.89 38,26
200m	02:24.76 37,91	600m	07:31.34 38,33	950m	11:56.82 38,40	1300m	16:24.37 38,48
250m	03:02.94 38,18	650m	08:09.56 38,22	1000m	12:35.00 38,18	1350m	17:02.54 38,17
300m	03:41.50 38,56	700m	08:47.18 37,62	1050m	13:13.25 38,25	1400m	17:40.54 38,00
350m	04:19.48 37,98	750m	09:25.44 38,26	1100m	13:51.41 38,16	1450m	18:16.67 36,13
400m	04:58.12 38,64	800m	10:03.21 37,77	1150m	14:30.12 38,71		
10. Bink Elgersma (Zwemlust-den Hommel, 201000137)				18:53.10(+69)			
50m	00:31.77 31,77	450m	05:32.25 38,24	800m	09:58.62 38,10	1150m	14:26.82 38,24
100m	01:07.52 35,75	500m	06:09.91 37,66	850m	10:37.15 38,53	1200m	15:05.12 38,30
150m	01:44.71 37,19	550m	06:47.99 38,08	900m	11:15.14 37,99	1250m	15:43.64 38,52
200m	02:22.31 37,60	600m	07:26.42 38,43	950m	11:53.51 38,37	1300m	16:21.69 38,05
250m	02:59.96 37,65	650m	08:04.22 37,80	1000m	12:32.12 38,61	1350m	17:00.40 38,71
300m	03:38.01 38,05	700m	08:42.26 38,04	1050m	13:10.68 38,56	1400m	17:38.70 38,30
350m	04:16.39 38,38	750m	09:20.52 38,26	1100m	13:48.58 37,90	1450m	18:16.99 38,29
400m	04:54.01 37,62	800m	09:58.62 38,10	1150m	14:26.82 38,24		
11. Joey Snabel (ZPC AMERSFOORT, 201002847)				19:02.46(+73)			
50m	00:31.33 31,33	450m	05:33.99 38,67	800m	10:04.60 38,78	1150m	14:35.42 38,34
100m	01:06.77 35,44	500m	06:11.82 37,83	850m	10:43.60 39,00	1200m	15:14.85 39,43
150m	01:43.34 36,57	550m	06:50.83 39,01	900m	11:22.17 38,57	1250m	15:53.98 39,13
200m	02:21.03 37,69	600m	07:29.75 38,92	950m	12:00.80 38,63	1300m	16:32.57 38,59
250m	02:59.35 38,32	650m	08:07.81 38,06	1000m	12:39.05 38,25	1350m	17:10.46 37,89
300m	03:37.89 38,54	700m	08:47.44 39,63	1050m	13:18.10 39,05	1400m	17:48.58 38,12
350m	04:16.32 38,43	750m	09:25.82 38,38	1100m	13:57.08 38,98	1450m	18:26.75 38,17
400m	04:55.32 39,00	800m	10:04.60 38,78	1150m	14:35.42 38,34		
12. Ruben Kragt (Dedemsvaart-AC, 201000007)				19:06.17(+71)			
50m	00:32.34 32,34	450m	05:34.30 38,29	800m	10:05.01 38,74	1150m	14:36.98 39,22
100m	01:08.92 36,58	500m	06:12.74 38,44	850m	10:44.13 39,12	1200m	15:15.48 38,50
150m	01:45.90 36,98	550m	06:51.81 39,07	900m	11:22.59 38,46	1250m	15:54.76 39,28
200m	02:23.45 37,55	600m	07:30.67 38,86	950m	12:00.88 38,29	1300m	16:33.81 39,05
250m	03:01.60 38,15	650m	08:09.40 38,73	1000m	12:39.77 38,89	1350m	17:12.83 39,02
300m	03:39.95 38,35	700m	08:47.83 38,43	1050m	13:18.63 38,86	1400m	17:51.28 38,45
350m	04:17.63 37,68	750m	09:26.27 38,44	1100m	13:57.76 39,13	1450m	18:29.49 38,21
400m	04:56.01 38,38	800m	10:05.01 38,74	1150m	14:36.98 39,22		

13. Matthijs van Velzen (Deltasteur, 201100435)				19:16.56(+67)			
50m	00:31.58 31,58	450m	05:35.95 38,45	800m	10:10.06 39,53	1150m	14:46.22 39,38
100m	01:08.39 36,81	500m	06:15.18 39,23	850m	10:49.69 39,63	1200m	15:25.84 39,62
150m	01:45.92 37,53	550m	06:53.87 38,69	900m	11:29.13 39,44	1250m	16:04.92 39,08
200m	02:24.00 38,08	600m	07:33.63 39,76	950m	12:07.92 38,79	1300m	16:44.87 39,95
250m	03:01.92 37,92	650m	08:12.37 38,74	1000m	12:47.80 39,88	1350m	17:23.99 39,12
300m	03:40.55 38,63	700m	08:51.73 39,36	1050m	13:27.38 39,58	1400m	18:03.12 39,13
350m	04:18.93 38,38	750m	09:30.53 38,80	1100m	14:06.84 39,46	1450m	18:40.70 37,58
400m	04:57.50 38,57	800m	10:10.06 39,53	1150m	14:46.22 39,38		
14. Mathijs de Wit (KSN (SG), 201001215)				19:19.20(+74)			
50m	00:31.78 31,78	450m	05:33.04 37,71	800m	10:03.47 39,39	1150m	14:40.26 40,19
100m	01:08.30 36,52	500m	06:11.11 38,07	850m	10:42.38 38,91	1200m	15:20.63 40,37
150m	01:45.48 37,18	550m	06:49.79 38,68	900m	11:21.65 39,27	1250m	16:01.03 40,40
200m	02:23.41 37,93	600m	07:28.67 38,88	950m	12:00.85 39,20	1300m	16:40.98 39,95
250m	03:00.83 37,42	650m	08:06.47 37,80	1000m	12:40.26 39,41	1350m	17:20.93 39,95
300m	03:38.92 38,09	700m	08:45.44 38,97	1050m	13:20.27 40,01	1400m	18:01.44 40,51
350m	04:17.40 38,48	750m	09:24.08 38,64	1100m	14:00.07 39,80	1450m	18:40.59 39,15
400m	04:55.33 37,93	800m	10:03.47 39,39	1150m	14:40.26 40,19		
15. Laurens van Nulck (Hellas-Glana, 201100521)				19:26.71(+66)			
50m	00:32.11 32,11	450m	05:39.66 38,97	800m	10:15.32 38,68	1150m	14:54.16 40,00
100m	01:08.66 36,55	500m	06:19.18 39,52	850m	10:55.69 40,37	1200m	15:34.58 40,42
150m	01:46.37 37,71	550m	06:58.91 39,73	900m	11:34.46 38,77	1250m	16:14.82 40,24
200m	02:25.32 38,95	600m	07:38.11 39,20	950m	12:14.02 39,56	1300m	16:54.35 39,53
250m	03:03.72 38,40	650m	08:18.01 39,90	1000m	12:53.79 39,77	1350m	17:33.95 39,60
300m	03:42.53 38,81	700m	08:56.69 38,68	1050m	13:33.48 39,69	1400m	18:12.60 38,65
350m	04:21.24 38,71	750m	09:36.64 39,95	1100m	14:14.16 40,68	1450m	18:50.86 38,26
400m	05:00.69 39,45	800m	10:15.32 38,68	1150m	14:54.16 40,00		
16. Yorre van der Wal (Bolsward-Workum (SG), 201000017)				19:35.49(+61)			
50m	00:32.59 32,59	450m	05:40.39 39,16	800m	10:18.06 39,52	1150m	14:57.23 40,07
100m	01:09.45 36,86	500m	06:20.43 40,04	850m	10:57.40 39,34	1200m	15:37.46 40,23
150m	01:47.35 37,90	550m	06:59.71 39,28	900m	11:36.98 39,58	1250m	16:17.90 40,44
200m	02:25.59 38,24	600m	07:39.44 39,73	950m	12:16.53 39,55	1300m	16:57.65 39,75
250m	03:04.09 38,50	650m	08:18.97 39,53	1000m	12:56.74 40,21	1350m	17:37.40 39,75
300m	03:43.02 38,93	700m	08:58.87 39,90	1050m	13:36.81 40,07	1400m	18:17.78 40,38
350m	04:21.85 38,83	750m	09:38.54 39,67	1100m	14:17.16 40,35	1450m	18:57.45 39,67
400m	05:01.23 39,38	800m	10:18.06 39,52	1150m	14:57.23 40,07		
17. Douwe Enzerink (Deltasteur, 201102657)				19:36.02(+66)			
50m	00:33.22 33,22	450m	05:48.78 40,59	800m	10:26.96 39,36	1150m	15:04.77 39,76
100m	01:10.50 37,28	500m	06:28.67 39,89	850m	11:06.57 39,61	1200m	15:44.45 39,68
150m	01:49.07 38,57	550m	07:09.20 40,53	900m	11:45.97 39,40	1250m	16:23.49 39,04
200m	02:28.09 39,02	600m	07:48.38 39,18	950m	12:25.85 39,88	1300m	17:03.00 39,51
250m	03:07.81 39,72	650m	08:28.18 39,80	1000m	13:06.08 40,23	1350m	17:43.14 40,14
300m	03:47.93 40,12	700m	09:07.55 39,37	1050m	13:45.26 39,18	1400m	18:21.59 38,45
350m	04:28.47 40,54	750m	09:47.60 40,05	1100m	14:25.01 39,75	1450m	19:00.50 38,91
400m	05:08.19 39,72	800m	10:26.96 39,36	1150m	15:04.77 39,76		
18. Mees de Vries (Zwemlust-den Hommel, 201001151)				19:49.73(+75)			
50m	00:34.41 34,41	450m	05:52.92 40,63	800m	10:32.66 39,71	1150m	15:13.28 40,11
100m	01:12.46 38,05	500m	06:32.72 39,80	850m	11:12.68 40,02	1200m	15:53.42 40,14
150m	01:51.90 39,44	550m	07:12.64 39,92	900m	11:53.05 40,37	1250m	16:33.48 40,06
200m	02:31.86 39,96	600m	07:53.09 40,45	950m	12:32.96 39,91	1300m	17:13.61 40,13
250m	03:11.94 40,08	650m	08:32.77 39,68	1000m	13:13.09 40,13	1350m	17:53.21 39,60
300m	03:52.00 40,06	700m	09:13.25 40,48	1050m	13:52.86 39,77	1400m	18:32.60 39,39
350m	04:32.16 40,16	750m	09:52.95 39,70	1100m	14:33.17 40,31	1450m	19:12.21 39,61
400m	05:12.29 40,13	800m	10:32.66 39,71	1150m	15:13.28 40,11		
19. Mathieu Gepkens (VZC, 201000045)				19:56.10(+75)			
50m	00:32.99 32,99	450m	05:40.11 39,45	800m	10:22.50 41,09	1150m	15:11.82 41,00
100m	01:09.80 36,81	500m	06:19.95 39,84	850m	11:03.25 40,75	1200m	15:53.45 41,63
150m	01:47.24 37,44	550m	07:00.08 40,13	900m	11:44.36 41,11	1250m	16:34.57 41,12
200m	02:25.34 38,10	600m	07:40.49 40,41	950m	12:25.25 40,89	1300m	17:14.89 40,32
250m	03:03.83 38,49	650m	08:20.79 40,30	1000m	13:06.97 41,72	1350m	17:55.29 40,40
300m	03:42.41 38,58	700m	09:01.03 40,24	1050m	13:48.89 41,92	1400m	18:36.24 40,95
350m	04:21.42 39,01	750m	09:41.41 40,38	1100m	14:30.82 41,93	1450m	19:16.33 40,09

400m 05:00.66 39,24 800m 10:22.50 41,09 1150m 15:11.82 41,00

20. Jasper de Gloppler (PSV, 201103019)					21:19.86(+62)
50m 00:35.84 35,84	450m 06:14.34 43,37	800m 11:17.45 43,96	1150m 16:21.23 42,81		
100m 01:16.34 40,50	500m 06:57.25 42,91	850m 12:00.38 42,93	1200m 17:05.90 44,67		
150m 01:57.86 41,52	550m 07:40.75 43,50	900m 12:43.84 43,46	1250m 17:49.46 43,56		
200m 02:39.75 41,89	600m 08:23.46 42,71	950m 13:27.75 43,91	1300m 18:32.62 43,16		
250m 03:22.23 42,48	650m 09:06.64 43,18	1000m 14:11.70 43,95	1350m 19:15.16 42,54		
300m 04:05.16 42,93	700m 09:49.95 43,31	1050m 14:55.68 43,98	1400m 19:57.09 41,93		
350m 04:48.39 43,23	750m 10:33.49 43,54	1100m 15:38.42 42,74	1450m 20:38.63 41,54		
400m 05:30.97 42,58	800m 11:17.45 43,96	1150m 16:21.23 42,81			

sessie 6 - finale - zaterdag 15 juni 2024 om 17:00u (50 m)

Aanvangstijd juryvergadering: 16:00u

121. 50m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SB9]	00:35.64(+74)
2. Ilona Venema (ZPC AMERSFOORT, 200200050) [SB9]	00:38.29(+73)
3. Aguila Dolsma (Blue Marlins, 200603902) [SB14]	00:41.16(+82)
4. Gwyneth van der Spek (Batavia Swim, 201102806) [SB6]	00:54.94(+57)
5. Jente Parlevliet (Noordwijkerhout, 201003900) [SB14]	00:52.43(+93)

21. 50m schoolslag - Dames

vanaf 11 jaar (Senioren Open)

1. Hanna Kareinen (De Dolfijn, 200006774)	00:32.05(+65)
2. Joy Willekus (De Dolfijn, 200602420)	00:32.61(+67)
3. Hylcke de Beer (PSV, 200700006)	00:33.19(+68)
4. Bridget Vermeer (ZPC AMERSFOORT, 200501766)	00:33.41(+70)
5. Marjolein Delno (VZC, 199400024)	00:33.55(+73)
6. Francesca Coppo (De Dolfijn, 200501242)	00:33.87(+64)
7. Kim Jansen van Galen (PSV, 200201594)	00:34.10(+72)
8. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796)	00:34.22(+67)
9. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)	00:33.97(+70)
10. Mandy van Rossum (Aqua-Novio'94, 200204904)	00:34.09(+74)
11. Lisa Dirkzwager (Blue Marlins, 200703458)	00:34.11(+78)
12. Selene Wortel (Hieronymus, 199700654)	00:34.19(+65)
13. Kim Vos (De Woelwaters, 200000990)	00:34.24(+73)
14. Paula Spans (ZPC AMERSFOORT, 201000064)	00:34.35(+69)
15. Kim Oudendijk (DAW, 200600964)	00:34.37(+69)
16. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	00:35.04(+75)
. Karin Rijkelijkhuisen (DZ&PC, 199403358)	
. Sanne Busch (PSV, 200101486)	

122. 100m vlinderslag - Heren

vanaf 11 jaar (Senioren Open)

1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	01:05.22(+64)
50m 00:29.37 29,37	
2. Thomas Braat (AZC, 200802269) [S14]	01:20.52(+78)

50m 00:35.47 35,47

22. 100m vlinderslag - Heren
vanaf 11 jaar (Senioren Open)

1. Nyls Korstanje (Team NL - Aqua Novio '94, 199901941) 00:50.94(+63)
50m 00:23.22 23,22
2. Sean Niewold (Feijenoord Albion Zwemclub, 200204699) 00:52.00(+66)
50m 00:23.76 23,76
3. Michael Smink (Blue Marlins, 200302169) 00:54.20(+66)
50m 00:24.95 24,95
4. Simon Claasen (ZPC AMERSFOORT, 200400231) 00:55.26(+56)
50m 00:25.51 25,51
5. Koen Marsman (ZPC AMERSFOORT, 200502763) 00:55.54(+66)
50m 00:26.03 26,03
6. Émile Fouzaï (Blue Marlins, 200500263) 00:55.74(+67)
50m 00:26.43 26,43
7. Matthijs van Meerendonk (DZ&PC, 199900375) 00:56.25(+61)
50m 00:25.69 25,69
8. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807) 00:57.96(+75)
50m 00:27.06 27,06
9. Marlon Borger (PSV, 200404817) 00:56.54(+71)
50m 00:26.03 26,03
10. Vincent Huele (Blue Marlins, 200703423) 00:56.70(+72)
50m 00:26.68 26,68
11. Alexander Nijst (Nuenen, 200104869) 00:56.80(+68)
50m 00:26.74 26,74
12. Rijk Heere (ZPC AMERSFOORT, 200300897) 00:56.86(+62)
50m 00:25.84 25,84
13. Lars Bulman (Blue Marlins, 200600125) 00:56.95(+69)
50m 00:26.16 26,16
14. Emile Dost (Borger, 200100731) 00:57.83(+69)
50m 00:27.07 27,07
15. Joshua Agussalim (WVZ, 200600153) 00:58.54(+67)
50m 00:27.18 27,18
16. Nikodim Markovic (Blue Marlins, 200700255) 01:08.33(+62)
50m 00:31.71 31,71
- . Louis Kappler (Zwemlust-den Hommel, 200205067)
- . Mies de Wit (CWW Swim team (SG), 200700315)

123. 100m vrije slag - Dames
vanaf 11 jaar (Senioren Open)

1. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9] 01:05.46(+73)
50m 00:31.17 31,17
2. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 01:09.81(+74)
50m 00:32.65 32,65
3. Milou van Winkel (WVZ, 200402296) [S14] 01:09.83(+77)
50m 00:32.03 32,03
4. Aguila Dolsma (Blue Marlins, 200603902) [S14] 01:13.29(+89)
50m 00:35.34 35,34
5. Jenna Gorter (De Otters Het Gooi, 200702746) [S9] 01:21.40(+79)
50m 00:39.15 39,15

6. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]	01:37.54(+60)
50m 00:49.03 49,03	
23. 100m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Milou van Wijk (Team NL - WVZ, 200404948)	00:54.78(+75)
50m 00:26.27 26,27	
2. Kim Busch (Team NL - PSV, 199801450)	00:54.97(+69)
50m 00:26.22 26,22	
3. Sam van Nunen (Team NL - PSV, 200100036)	00:54.98(+60)
50m 00:26.20 26,20	
4. Sara Korhuis (DZ&PC, 200600494)	00:56.11(+70)
50m 00:26.99 26,99	
5. Angelina Rolman (Team NL - De Dolfijn, 200701972)	00:56.30(+69)
50m 00:27.33 27,33	
6. Britta Koehorst (WVZ, 200300246)	00:56.49(+69)
50m 00:26.88 26,88	
7. Kirsten Verhalle (PSV, 200400210)	00:56.68(+74)
50m 00:27.27 27,27	
8. Rosalie Reef (ZPC AMERSFOORT, 200800426)	00:56.72(+72)
50m 00:26.91 26,91	
9. Janne Slegers (PSV, 200404090)	00:57.61(+68)
50m 00:27.77 27,77	
10. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:58.17(+77)
50m 00:28.08 28,08	
11. Megan Jonkman (Blue Marlins, 200600508)	00:58.33(+78)
50m 00:27.97 27,97	
12. Zinke Delcommune (PSV, 200505416)	00:58.66(+75)
50m 00:28.87 28,87	
13. Juliëtte Woltjes (VZC, 200900774)	00:58.71(+78)
50m 00:28.16 28,16	
14. Lynn Blommers (Blue Marlins, 200105062)	00:58.78(+69)
50m 00:28.08 28,08	
15. Colinda van der Zanden (Aqua-Novio'94, 200502618)	00:59.13(+67)
50m 00:28.40 28,40	
16. Tamara Grove (De Dolfijn, 199601266)	00:59.15(+71)
50m 00:28.86 28,86	
. Ilse Rozema (Blue Marlins, 200803318)	
. Jinth Engelse (NieMo Barracuda, 200800204)	
24. 200m rugslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Hendrik van der Leest (PSV, 200404339)	02:00.47(+59)
50m 00:27.87 27,87 100m 00:58.24 30,37 150m 01:29.25 31,01	
2. Niels Dijkshoorn (Team NL - PSV, 200203079)	02:00.96(+61)
50m 00:28.01 28,01 100m 00:58.36 30,35 150m 01:29.82 31,46	
3. Raf Hendriks (Hellas-Glana, 200100879)	02:03.48(+62)
50m 00:28.90 28,90 100m 01:00.13 31,23 150m 01:31.98 31,85	
4. Daan Sonneveld (WVZ, 200601085)	02:08.31(+59)
50m 00:29.95 29,95 100m 01:02.29 32,34 150m 01:35.95 33,66	
5. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	02:10.05(+60)

	50m 00:30.49 30,49	100m 01:03.72 33,23	150m 01:37.04 33,32	
6. Lars Minnaert (PSV, 200502355)	50m 00:29.62 29,62	100m 01:03.06 33,44	150m 01:37.86 34,80	02:11.47(+56)
7. Kaito van Meeteren (De Dolfijn, 200404271)	50m 00:29.96 29,96	100m 01:02.83 32,87	150m 01:36.83 34,00	02:12.30(+61)
8. Jake Franse (Blue Marlins, 200703873)	50m 00:30.25 30,25	100m 01:03.93 33,68	150m 01:38.64 34,71	02:13.08(+67)
9. Wytse Broekstra (De Vikings, 200800121)	50m 00:31.25 31,25	100m 01:04.80 33,55	150m 01:39.20 34,40	02:12.95(+65)
10. Thom De Hoog (Blue Marlins, 200600019)	50m 00:30.42 30,42	100m 01:04.29 33,87	150m 01:39.03 34,74	02:13.25(+65)
11. Tiede Groener (De Dinkel, 200700155)	50m 00:31.01 31,01	100m 01:05.17 34,16	150m 01:40.07 34,90	02:14.27(+66)
12. Jisse Lousma (WVZ, 200701493)	50m 00:31.81 31,81	100m 01:06.85 35,04	150m 01:40.64 33,79	02:14.53(+55)
13. Tobian Vos (ZPC AMERSFOORT, 200900005)	50m 00:31.13 31,13	100m 01:05.47 34,34	150m 01:40.87 35,40	02:14.77(+74)
14. Colin Bes (Zwemclub Polaris, 200500201)	50m 00:30.79 30,79	100m 01:05.25 34,46	150m 01:40.99 35,74	02:15.35(+61)
15. Youri Voet (De Duinkickers, 200502269)	50m 00:32.12 32,12	100m 01:06.26 34,14	150m 01:41.33 35,07	02:15.46(+63)
16. Niek Issard (DZ&PC, 200700037)	50m 00:30.91 30,91	100m 01:05.96 35,05	150m 01:42.10 36,14	02:18.11(+74)
. Louis Kappler (Zwemlust-den Hommel, 200205067)				
. Abdelmajid Hassine (Blue Marlins, 199805885)				
25. 200m vlinderslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)	50m 00:28.22 28,22	100m 01:01.57 33,35	150m 01:37.02 35,45	02:13.11(+62)
2. Femke Spiering (ZPC AMERSFOORT, 200204514)	50m 00:29.15 29,15	100m 01:02.90 33,75	150m 01:38.32 35,42	02:13.64(+76)
3. Evy Rozeboom (DAW, 200601338)	50m 00:30.33 30,33	100m 01:05.21 34,88	150m 01:40.94 35,73	02:15.28(+85)
4. Frouke Ludwig (DZ&PC, 200800112)	50m 00:31.11 31,11	100m 01:07.14 36,03	150m 01:44.76 37,62	02:23.77(+73)
5. Nova Nijziel (PSV, 200804416)	50m 00:32.96 32,96	100m 01:10.04 37,08	150m 01:48.32 38,28	02:27.25(+72)
6. Rhodee van den Ham (De Duinkickers, 200700090)	50m 00:33.16 33,16	100m 01:11.36 38,20	150m 01:51.34 39,98	02:32.17(+76)
7. Ilona Venema (ZPC AMERSFOORT, 200200050)	50m 00:33.58 33,58	100m 01:12.13 38,55	150m 01:52.22 40,09	02:33.47(+78)
8. Julia Agricola (DZ&PC, 200800266)	50m 00:32.75 32,75	100m 01:10.90 38,15	150m 01:51.37 40,47	02:34.07(+74)
9. Britt Colijn (New Wave Almere, 200700544)	50m 00:33.40 33,40	100m 01:13.30 39,90	150m 01:54.64 41,34	02:34.67(+77)
10. Lyke Bellert (Octopus-ZVV (SG), 200701424)	50m 00:33.02 33,02	100m 01:12.47 39,45	150m 01:54.24 41,77	02:36.71(+70)
11. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:33.72 33,72	100m 01:13.69 39,97	150m 01:54.70 41,01	02:37.21(+82)

12. PASCALLE SMAL (DAW, 200802958)	02:38.64(+63)
50m 00:33.89 33,89 100m 01:14.84 40,95 150m 01:57.29 42,45	
13. ELINE LUTTERS (De Dinkel, 200600322)	02:42.84(+75)
50m 00:33.41 33,41 100m 01:13.59 40,18 150m 01:57.62 44,03	
126. 50m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	00:26.79(+65)
2. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	00:25.94(+70)
3. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10]	00:26.20(+71)
4. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14]	00:26.90(+79)
5. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]	00:32.30
6. Thomas Braat (AZC, 200802269) [S14]	00:30.05(+84)
7. Jesse Bruines (Batavia Swim, 200402413) [S9]	00:31.44(+73)
8. Sander Knol (ZPC De Kanaalstreek, 200701093) [S9]	00:34.52(+78)
26. 50m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Renzo Tjon A Joe (De Dolfijn, 199506291)	00:22.40(+63)
2. Kenzo Simons (Team NL - De Dolfijn, 200105415)	00:22.46(+61)
3. Brandon van den Berg (Team NL - Blue Marlins, 200200669)	00:22.83(+68)
3. Koen de Groot (Team NL - PSV, 200401059)	00:22.83(+63)
5. Perry Laarhoven (Feijenoord Albion Zwemclub, 200301321)	00:22.89(+78)
6. Thomas Verhoeven (Feijenoord Albion Zwemclub, 199700311)	00:23.14(+63)
7. Michael Smink (Blue Marlins, 200302169)	00:23.25(+65)
8. Floris Kotterink (Feijenoord Albion Zwemclub, 199800199)	00:23.53(+64)
9. Stephan Putman (Zwemvereniging Hoogland, 199502955)	00:23.12(+72)
10. Rijk Heere (ZPC AMERSFOORT, 200300897)	00:23.29(+60)
11. Vince van der Pal (Team NL - De Dolfijn, 200401869)	00:23.34(+69)
12. Giovanni Phillipson (Team Noord-Holland (SG), 200801099)	00:23.38(+72)
13. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:23.42(+62)
14. Domingo Kuipers (DZ&PC, 200501787)	00:23.60(+61)
14. Nikodim Markovic (Blue Marlins, 200700255)	00:23.60(+62)
16. Floris Tanis (Feijenoord Albion Zwemclub, 200700005)	00:23.76(+68)
. Kingue Struijf (De Dolfijn, 199400913)	
. Lars Verhalle (PSV, 200200019)	
127. 200m wisselslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [SM10]	02:32.48(+76)
50m 00:32.11 32,11 100m 01:12.51 40,40 150m 01:56.82 44,31	
2. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [SM11]	02:51.40(+68)
50m 00:37.31 37,31 100m 01:25.30 47,99 150m 02:13.79 48,49	
3. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [SM9]	02:54.66(+73)
50m 00:37.39 37,39 100m 01:23.04 45,65 150m 02:14.94 51,90	

4. Gwyneth van der Spek (Batavia Swim, 201102806) [SM7]		03:54.56
50m 00:57.95 57,95	100m 01:58.15 60,20	150m 03:04.52 66,37
5. Jenna Gorter (De Otters Het Gooi, 200702746) [SM9]		03:32.18(+68)
50m 00:52.85 52,85	100m 01:47.27 54,42	150m 02:47.44 60,17
27. 200m wisselslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Anna van Droffelaar (Team NL - PSV, 200400258)		02:17.39(+64)
50m 00:30.13 30,13	100m 01:05.97 35,84	150m 01:44.87 38,90
2. Mare Schallenberg (ACZ, 200600078)		02:20.09(+70)
50m 00:30.08 30,08	100m 01:06.30 36,22	150m 01:47.27 40,97
3. Zinke Delcommune (PSV, 200505416)		02:20.78(+73)
50m 00:30.50 30,50	100m 01:08.64 38,14	150m 01:47.88 39,24
4. Elise Tanis (De Dolfijn, 200200120)		02:20.89(+68)
50m 00:29.05 29,05	100m 01:05.30 36,25	150m 01:48.33 43,03
5. Kim Jansen van Galen (PSV, 200201594)		02:21.84(+75)
50m 00:30.05 30,05	100m 01:09.84 39,79	150m 01:49.24 39,40
6. Hedwig Bolt (HZ&PC Heerenveen, 200602660)		02:22.08(+76)
50m 00:30.29 30,29	100m 01:08.00 37,71	150m 01:49.80 41,80
6. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)		02:22.08(+73)
50m 00:29.73 29,73	100m 01:04.87 35,14	150m 01:47.26 42,39
8. Dachen Haaijer (ZPC Hoogeveen, 200800380)		02:23.64(+83)
50m 00:30.28 30,28	100m 01:05.91 35,63	150m 01:48.83 42,92
9. Nikita van den Ouden (PSV, 199900622)		02:23.93(+69)
50m 00:30.41 30,41	100m 01:07.64 37,23	150m 01:51.23 43,59
10. Elin Ditewig (VZC, 200900392)		02:24.90(+63)
50m 00:30.77 30,77	100m 01:07.39 36,62	150m 01:51.29 43,90
10. Fay Boxum (DZ&PC, 200900060)		02:24.90(+81)
50m 00:31.07 31,07	100m 01:07.26 36,19	150m 01:50.58 43,32
12. Robin Goossens (Nuenen, 200003128)		02:26.00(+83)
50m 00:31.62 31,62	100m 01:10.77 39,15	150m 01:51.20 40,43
13. Lieke Oude Lenferink (De Dolfijn, 200200068)		02:26.23(+71)
50m 00:29.70 29,70	100m 01:07.27 37,57	150m 01:51.21 43,94
14. Esmee Mulder (DZ&PC, 200800038)		02:27.06(+72)
50m 00:31.81 31,81	100m 01:08.87 37,06	150m 01:52.41 43,54
15. Maaïke Issard (DZ&PC, 200300022)		02:27.50(+78)
50m 00:31.81 31,81	100m 01:09.87 38,06	150m 01:54.15 44,28
16. Rafaela Mulders (Team Noord-Holland (SG), 200701398)		02:29.62(+73)
50m 00:30.97 30,97	100m 01:11.50 40,53	150m 01:54.63 43,13
. Jill Nai Chung Tong (WVZ, 200404272)		
. Silke Molendijk (ZVL-1886, 200100178)		
28. 800m vrije slag - Heren		
29. 1500m vrije slag - Dames		
32. 4x100m wisselslag heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. PSV		03:42.72
Niels Dijkhoorn 2002 (+60)	50m 00:27.22 27,22	
Niels Dijkhoorn 2002 (+60)	100m 00:56.20 28,98	
Koen de Groot 2004 (+33)	150m 01:23.62 27,42	
Koen de Groot 2004 (+33)	200m 01:56.58 32,96	
Tiago Fonseca Gomes 2007 (+32)	250m 02:22.32 25,74	
Tiago Fonseca Gomes 2007 (+32)	300m 02:51.79 29,47	

Merlin Belmon 2004 (+46)	350m	03:15.95	24,16	
Merlin Belmon 2004 (+46)	400m	03:42.72	26,77	
2. ZPC AMERSFOORT				03:45.14
Austin Namesnik 2001 (+60)	50m	00:27.80	27,80	
Austin Namesnik 2001 (+60)	100m	00:56.68	28,88	
Duncan van Haaren 2000 (+25)	150m	01:25.62	28,94	
Duncan van Haaren 2000 (+25)	200m	01:59.18	33,56	
Simon Claasen 2004 (+34)	250m	02:24.37	25,19	
Simon Claasen 2004 (+34)	300m	02:54.22	29,85	
Lucas Peters 2003 (+12)	350m	03:18.84	24,62	
Lucas Peters 2003 (+12)	400m	03:45.14	26,30	
3. Hellas-Glana				03:46.53
Raf Hendriks 2001 (+59)	50m	00:27.33	27,33	
Raf Hendriks 2001 (+59)	100m	00:56.37	29,04	
Lucas Greven 1995 (+40)	150m	01:25.23	28,86	
Lucas Greven 1995 (+40)	200m	01:59.14	33,91	
Niels de Boer 2000 (+15)	250m	02:24.39	25,25	
Niels de Boer 2000 (+15)	300m	02:53.61	29,22	
Arno Nelissen 2003 (+37)	350m	03:19.18	25,57	
Arno Nelissen 2003 (+37)	400m	03:46.53	27,35	
4. PSV				03:50.08
Lars Minnaert 2005 (+52)	50m	00:27.66	27,66	
Lars Minnaert 2005 (+52)	100m	00:58.88	31,22	
Cas Verstegen 2005 (+6)	150m	01:28.21	29,33	
Cas Verstegen 2005 (+6)	200m	02:02.04	33,83	
Lars Verhalle 2002 (+51)	250m	02:27.51	25,47	
Lars Verhalle 2002 (+51)	300m	02:58.90	31,39	
Luuk van Rooij 2004 (+37)	350m	03:23.36	24,46	
Luuk van Rooij 2004 (+37)	400m	03:50.08	26,72	
5. WVZ				03:51.63
Daan Sonneveld 2006 (+59)	50m	00:27.59	27,59	
Daan Sonneveld 2006 (+59)	100m	00:56.81	29,22	
Collin van der Hoff 2006 (+29)	150m	01:26.13	29,32	
Collin van der Hoff 2006 (+29)	200m	02:00.21	34,08	
Joshua Agussalim 2006 (+32)	250m	02:26.85	26,64	
Joshua Agussalim 2006 (+32)	300m	02:57.91	31,06	
Jisse Lousma 2007 (+28)	350m	03:23.77	25,86	
Jisse Lousma 2007 (+28)	400m	03:51.63	27,86	
6. ZPC AMERSFOORT				03:51.83
Tobian Vos 2009 (+73)	50m	00:29.83	29,83	
Tobian Vos 2009 (+73)	100m	01:01.91	32,08	
Anders van Norden 2004 (+23)	150m	01:31.44	29,53	
Anders van Norden 2004 (+23)	200m	02:05.99	34,55	
Koen Marsman 2005 (+7)	250m	02:31.33	25,34	
Koen Marsman 2005 (+7)	300m	03:01.16	29,83	
Rijk Heere 2003 (+16)	350m	03:25.07	23,91	
Rijk Heere 2003 (+16)	400m	03:51.83	26,76	
7. Feijenoord Albion Zwemclub				03:55.06
Sander Iuga 2001 (+53)	50m	00:29.02	29,02	
Sander Iuga 2001 (+53)	100m	01:01.84	32,82	
Ensgar Kotterink 1994 (+37)	150m	01:31.55	29,71	
Ensgar Kotterink 1994 (+37)	200m	02:07.55	36,00	
Thomas Verhoeven 1997 (+16)	250m	02:31.85	24,30	
Thomas Verhoeven 1997 (+16)	300m	03:02.08	30,23	
Floris Kotterink 1998 (+33)	350m	03:26.22	24,14	
Floris Kotterink 1998 (+33)	400m	03:55.06	28,84	
8. Nuenen				03:55.57
Luuk Smits 2000 (+55)	50m	00:27.96	27,96	
Luuk Smits 2000 (+55)	100m	00:59.82	31,86	
Bram Zwetsloot 2002 (+7)	150m	01:28.46	28,64	
Bram Zwetsloot 2002 (+7)	200m	02:01.99	33,53	
Alexander Nijst 2001 (+14)	250m	02:28.62	26,63	

Alexander Nijst 2007 (+14)	300m	03:01.24	32,62	
Max Peters 1999 (+20)	350m	03:27.10	25,86	
Max Peters 1999 (+20)	400m	03:55.57	28,47	
9. Blue Marlins				03:58.39
Thom De Hoog 2006 (+65)	50m	00:29.59	29,59	
Thom De Hoog 2006 (+65)	100m	01:01.95	32,36	
Roan van der Weide 2006 (+36)	150m	01:32.18	30,23	
Roan van der Weide 2006 (+36)	200m	02:07.31	35,13	
Lars Bulman 2006 (+46)	250m	02:33.52	26,21	
Lars Bulman 2006 (+46)	300m	03:04.31	30,79	
Boele Böhm 2007 (+32)	350m	03:30.05	25,74	
Boele Böhm 2007 (+32)	400m	03:58.39	28,34	
10. DZ&PC				03:58.96
Jelle Betten 2000 (+56)	50m	00:27.93	27,93	
Jelle Betten 2000 (+56)	100m	00:58.95	31,02	
Storm Boxum 2007 (+26)	150m	01:28.60	29,65	
Storm Boxum 2007 (+26)	200m	02:03.40	34,80	
Collard Jungeling 2007 (+52)	250m	02:31.52	28,12	
Collard Jungeling 2007 (+52)	300m	03:04.35	32,83	
Niek Issard 2007 (+37)	350m	03:30.03	25,68	
Niek Issard 2007 (+37)	400m	03:58.96	28,93	
11. DWK				04:03.92
Niek Heethaar 1999 (+66)	50m	00:28.95	28,95	
Niek Heethaar 1999 (+66)	100m	01:01.84	32,89	
Thijs Berkhout 2005 (+32)	150m	01:33.66	31,82	
Thijs Berkhout 2005 (+32)	200m	02:11.77	38,11	
Bart Muselaers 2001 (+39)	250m	02:38.23	26,46	
Bart Muselaers 2001 (+39)	300m	03:10.71	32,48	
Ronis van Everdingen 2003 (+23)	350m	03:35.74	25,03	
Ronis van Everdingen 2003 (+23)	400m	04:03.92	28,18	
12. Blue Marlins [SM13]				04:04.54
Thomas van Wanrooij 2002 (+61)	50m	00:29.78	29,78	
Thomas van Wanrooij 2002 (+61)	100m	01:02.43	32,65	
Jasper Willig 2001 (+33)	150m	01:32.78	30,35	
Jasper Willig 2001 (+33)	200m	02:08.63	35,85	
Jake Franse 2007 (+55)	250m	02:36.23	27,60	
Jake Franse 2007 (+55)	300m	03:08.39	32,16	
Gaëtan Spicq 2007 (+14)	350m	03:34.92	26,53	
Gaëtan Spicq 2007 (+14)	400m	04:04.54	29,62	
13. Zwemlust-den Hommel				04:06.44
Tijmen Peeters 2005 (+63)	50m	00:30.85	30,85	
Tijmen Peeters 2005 (+63)	100m	01:03.96	33,11	
Vincent Versteeg 1977 (+25)	150m	01:36.38	32,42	
Vincent Versteeg 1977 (+25)	200m	02:15.07	38,69	
Louis Kappler 2002 (+31)	250m	02:42.22	27,15	
Louis Kappler 2002 (+31)	300m	03:13.38	31,16	
Joan Kentrop 1985 (+41)	350m	03:38.31	24,93	
Joan Kentrop 1985 (+41)	400m	04:06.44	28,13	
14. ZVL-1886				04:06.85
Rein Stoel 2008 (+60)	50m	00:30.14	30,14	
Rein Stoel 2008 (+60)	100m	01:03.37	33,23	
Jesse van der Meij 2006 (+36)	150m	01:34.85	31,48	
Jesse van der Meij 2006 (+36)	200m	02:09.93	35,08	
Guus Hoogduin 2002 (+42)	250m	02:38.21	28,28	
Guus Hoogduin 2002 (+42)	300m	03:10.95	32,74	
Robin van Beek 1997 (+43)	350m	03:37.22	26,27	
Robin van Beek 1997 (+43)	400m	04:06.85	29,63	
15. Hellas-Glana				04:08.23
Mattia Maggio 2009 (+54)	50m	00:29.27	29,27	
Mattia Maggio 2009 (+54)	100m	01:02.18	32,91	
Max Ketelaars 2005 (+24)	150m	01:33.81	31,63	
Max Ketelaars 2005 (+24)	200m	02:11.64	37,83	

	Kevin Meuwissen 1995 (+36)	250m	02:39.40	27,76	
	Kevin Meuwissen 1995 (+36)	300m	03:14.61	35,21	
	Lars van der Haijden 1999 (+59)	350m	03:39.91	25,30	
	Lars van der Haijden 1999 (+59)	400m	04:08.23	28,32	
16.	Dedemsvaart-AC				04:08.44
	Tiamo van der Veen 2006 (+59)	50m	00:29.01	29,01	
	Tiamo van der Veen 2006 (+59)	100m	01:00.43	31,42	
	Ruben Hoeve 2003 (+62)	150m	01:32.31	31,88	
	Ruben Hoeve 2003 (+62)	200m	02:10.93	38,62	
	Stan Tibben 2005 (+24)	250m	02:38.70	27,77	
	Stan Tibben 2005 (+24)	300m	03:12.03	33,33	
	Melle van Veen 2007 (+60)	350m	03:38.50	26,47	
	Melle van Veen 2007 (+60)	400m	04:08.44	29,94	
17.	Feijenoord Albion Zwemclub				04:11.01
	Yassine Mellah 2005 (+55)	50m	00:29.07	29,07	
	Yassine Mellah 2005 (+55)	100m	01:01.67	32,60	
	Floris Tanis 2007 (+42)	150m	01:35.10	33,43	
	Floris Tanis 2007 (+42)	200m	02:15.87	40,77	
	Bjorn de Heus 2002 (+36)	250m	02:43.43	27,56	
	Bjorn de Heus 2002 (+36)	300m	03:16.77	33,34	
	Kenan Coeruez 2003 (+47)	350m	03:41.91	25,14	
	Kenan Coeruez 2003 (+47)	400m	04:11.01	29,10	
18.	CWW Swim team (SG)				04:11.06
	Mies de Wit 2007 (+57)	50m	00:30.44	30,44	
	Mies de Wit 2007 (+57)	100m	01:04.27	33,83	
	Mick van Kempen 2002 (+43)	150m	01:36.09	31,82	
	Mick van Kempen 2002 (+43)	200m	02:12.66	36,57	
	Léon van Grevenbroek 2006 (+42)	250m	02:40.15	27,49	
	Léon van Grevenbroek 2006 (+42)	300m	03:13.26	33,11	
	Tom Ariens 2007 (+37)	350m	03:40.71	27,45	
	Tom Ariens 2007 (+37)	400m	04:11.06	30,35	
19.	ZPCH				04:13.08
	Ruud Holswilder 1978 (+70)	50m	00:31.94	31,94	
	Ruud Holswilder 1978 (+70)	100m	01:06.41	34,47	
	Lucas Douwma 2004 (+48)	150m	01:38.55	32,14	
	Lucas Douwma 2004 (+48)	200m	02:14.66	36,11	
	Jelte de Jong 2009 (+40)	250m	02:44.04	29,38	
	Jelte de Jong 2009 (+40)	300m	03:17.99	33,95	
	Thomas Vastenhout 2002 (+44)	350m	03:43.71	25,72	
	Thomas Vastenhout 2002 (+44)	400m	04:13.08	29,37	
20.	OZ&PC				04:19.44
	Niek Vreeling 2006 (+68)	50m	00:30.90	30,90	
	Niek Vreeling 2006 (+68)	100m	01:05.18	34,28	
	Wes Velthuis 2006 (+62)	150m	01:39.58	34,40	
	Wes Velthuis 2006 (+62)	200m	02:20.83	41,25	
	Bjorn Scholten 2008 (+58)	250m	02:50.91	30,08	
	Bjorn Scholten 2008 (+58)	300m	03:26.74	35,83	
	Siem de Zeeuw 2008 (+21)	350m	03:51.56	24,82	
	Siem de Zeeuw 2008 (+21)	400m	04:19.44	27,88	
DIS.	De Dolfijn				00:00.00
	Bjarne van Oord 2001 (+56)	50m	00:28.00	28,00	
	Bjarne van Oord 2001 (+56)	100m	00:58.12	30,12	
	Juri Dijkstra 2000 (+31)	150m	01:27.50	29,38	
	Juri Dijkstra 2000 (+31)	200m	02:02.23	34,73	
	Jens Krijgsman 1999 (+28)	250m	02:27.63	25,40	
	Jens Krijgsman 1999 (+28)	300m	03:00.35	32,72	
	Vince van der Pal 2004 (-4)	400m	00:00.00	-180,35	
33.	4x100m vrije slag dames				
	<i>vanaf 11 jaar (Senioren Open)</i>				
1.	ZPC AMERSFOORT				03:46.73
	Femke Spiering 2002 (+72)	50m	00:26.77	26,77	
	Femke Spiering 2002 (+72)	100m	00:55.55	28,78	

Maaïke Ooms 2008 (+43)	150m	01:23.11	27,56	
Maaïke Ooms 2008 (+43)	200m	01:52.80	29,69	
Rosalie Reef 2008 (+42)	250m	02:19.95	27,15	
Rosalie Reef 2008 (+42)	300m	02:49.38	29,43	
Elise Hardeman 2001 (+41)	350m	03:16.67	27,29	
Elise Hardeman 2001 (+41)	400m	03:46.73	30,06	
2. PSV				03:49.71
Anna van Droffelaar 2004 (+63)	50m	00:27.79	27,79	
Anna van Droffelaar 2004 (+63)	100m	00:57.53	29,74	
Janne Slegers 2004 (+39)	150m	01:24.88	27,35	
Janne Slegers 2004 (+39)	200m	01:54.86	29,98	
Kirsten Verhalle 2004 (+45)	250m	02:22.44	27,58	
Kirsten Verhalle 2004 (+45)	300m	02:51.77	29,33	
Zinke Delcommune 2005 (+46)	350m	03:19.78	28,01	
Zinke Delcommune 2005 (+46)	400m	03:49.71	29,93	
3. De Dolfijn				03:52.85
Elise Tanis 2002 (+71)	50m	00:27.80	27,80	
Elise Tanis 2002 (+71)	100m	00:58.06	30,26	
Tamara Grove 1996 (+38)	150m	01:26.25	28,19	
Tamara Grove 1996 (+38)	200m	01:56.76	30,51	
Lieke Oude Lenferink 2002 (+32)	250m	02:24.71	27,95	
Lieke Oude Lenferink 2002 (+32)	300m	02:55.17	30,46	
Serena Stel 1998 (+57)	350m	03:23.08	27,91	
Serena Stel 1998 (+57)	400m	03:52.85	29,77	
4. Blue Marlins				03:56.49
Floor Hogervorst 2007 (+70)	50m	00:28.82	28,82	
Floor Hogervorst 2007 (+70)	100m	01:00.43	31,61	
Megan Jonkman 2006 (+44)	150m	01:28.48	28,05	
Megan Jonkman 2006 (+44)	200m	01:58.06	29,58	
Lynn Blommers 2001 (+29)	250m	02:26.14	28,08	
Lynn Blommers 2001 (+29)	300m	02:56.60	30,46	
Merel Schravendijk 2005 (+6)	350m	03:25.11	28,51	
Merel Schravendijk 2005 (+6)	400m	03:56.49	31,38	
5. ZPC AMERSFOORT				03:57.77
Bridget Vermeer 2005 (+74)	50m	00:29.00	29,00	
Bridget Vermeer 2005 (+74)	100m	01:00.08	31,08	
Nomi Olivier 2007 (+63)	150m	01:28.21	28,13	
Nomi Olivier 2007 (+63)	200m	01:59.32	31,11	
Nynke Boerefijn 2007 (+43)	250m	02:27.82	28,50	
Nynke Boerefijn 2007 (+43)	300m	02:58.82	31,00	
Marin Wieling 2005 (+37)	350m	03:26.80	27,98	
Marin Wieling 2005 (+37)	400m	03:57.77	30,97	
6. HZ&PC Heerenveen				04:01.26
Hedwig Bolt 2006 (+80)	50m	00:28.72	28,72	
Hedwig Bolt 2006 (+80)	100m	00:59.07	30,35	
Laura van Etten 2008 (+55)	150m	01:27.54	28,47	
Laura van Etten 2008 (+55)	200m	01:59.29	31,75	
Veerle de Ridder 2007 (+41)	250m	02:27.83	28,54	
Veerle de Ridder 2007 (+41)	300m	03:00.20	32,37	
Marte Hieke van der Kamp 2005 (+30)	350m	03:29.06	28,86	
Marte Hieke van der Kamp 2005 (+30)	400m	04:01.26	32,20	
7. PSV				04:02.09
Kim Jansen van Galen 2002 (+72)	50m	00:28.70	28,70	
Kim Jansen van Galen 2002 (+72)	100m	00:58.24	29,54	
Hylcke de Beer 2007 (+35)	150m	01:26.31	28,07	
Hylcke de Beer 2007 (+35)	200m	01:59.50	33,19	
Nova Nijziel 2008 (+38)	250m	02:29.27	29,77	
Nova Nijziel 2008 (+38)	300m	03:02.42	33,15	
Nikita van den Ouden 1999 (+18)	350m	03:30.51	28,09	
Nikita van den Ouden 1999 (+18)	400m	04:02.09	31,58	
8. Dedemsvaart-AC				04:03.33
Michelle Zomerdijk 2000 (+73)	50m	00:29.18	29,18	

Michelle Zomerdijk 2000 (+73)	100m	01:00.98	31,80	
Alessia Sluis 2003 (+20)	150m	01:29.90	28,92	
Alessia Sluis 2003 (+20)	200m	02:02.07	32,17	
Lois Waterham 2008 (+35)	250m	02:31.72	29,65	
Lois Waterham 2008 (+35)	300m	03:04.33	32,61	
Ismay Lichtendonk 2004 (+23)	350m	03:32.63	28,30	
Ismay Lichtendonk 2004 (+23)	400m	04:03.33	30,70	
9. Nuenen				04:08.06
Susan Teijken 1995 (+80)	50m	00:29.70	29,70	
Susan Teijken 1995 (+80)	100m	01:02.75	33,05	
Anneloes Peulen 1985 (+33)	150m	01:32.82	30,07	
Anneloes Peulen 1985 (+33)	200m	02:06.24	33,42	
Merel Phaff 2001 (+28)	250m	02:35.43	29,19	
Merel Phaff 2001 (+28)	300m	03:07.56	32,13	
Julie van Nispen 2008 (+52)	350m	03:36.33	28,77	
Julie van Nispen 2008 (+52)	400m	04:08.06	31,73	
10. WVZ				04:08.59
Jill Nai Chung Tong 2004 (+66)	50m	00:28.36	28,36	
Jill Nai Chung Tong 2004 (+66)	100m	00:59.19	30,83	
Annique Rupke 2007 (+36)	150m	01:28.40	29,21	
Annique Rupke 2007 (+36)	200m	02:01.11	32,71	
Jade Geurts 2004 (+59)	250m	02:31.43	30,32	
Jade Geurts 2004 (+59)	300m	03:05.99	34,56	
Marit Huisman 2005 (+54)	350m	03:35.19	29,20	
Marit Huisman 2005 (+54)	400m	04:08.59	33,40	
11. De Dinkel				04:09.88
Eline Lutters 2006 (+73)	50m	00:30.20	30,20	
Eline Lutters 2006 (+73)	100m	01:03.13	32,93	
Isabelle Elsweier 2003 (+57)	150m	01:31.42	28,29	
Isabelle Elsweier 2003 (+57)	200m	02:03.12	31,70	
Laurien Gliese-Slooiijer 2007 (+40)	250m	02:32.79	29,67	
Laurien Gliese-Slooiijer 2007 (+40)	300m	03:06.46	33,67	
Barbara Broekhuis 2007 (+54)	350m	03:36.74	30,28	
Barbara Broekhuis 2007 (+54)	400m	04:09.88	33,14	
12. DZ&PC				04:11.18
Luca Ebbing 1998 (+59)	50m	00:29.44	29,44	
Luca Ebbing 1998 (+59)	100m	01:01.89	32,45	
Ciska de Lugt 2005 (+24)	150m	01:31.09	29,20	
Ciska de Lugt 2005 (+24)	200m	02:03.97	32,88	
Karin Rijkelijkhuisen 1994 (+35)	250m	02:34.51	30,54	
Karin Rijkelijkhuisen 1994 (+35)	300m	03:07.59	33,08	
Frouke Ludwig 2008 (+37)	350m	03:37.72	30,13	
Frouke Ludwig 2008 (+37)	400m	04:11.18	33,46	
13. HZ&PC Heerenveen				04:18.40
Esmee Ykema 2008 (+73)	50m	00:30.10	30,10	
Esmee Ykema 2008 (+73)	100m	01:03.67	33,57	
Lois Jalving 2004 (+24)	150m	01:34.63	30,96	
Lois Jalving 2004 (+24)	200m	02:09.75	35,12	
Maud Roffel 2007 (+24)	250m	02:39.80	30,05	
Maud Roffel 2007 (+24)	300m	03:14.14	34,34	
Leonie van Wier 2002 (+28)	350m	03:44.32	30,18	
Leonie van Wier 2002 (+28)	400m	04:18.40	34,08	

sessie 7 - series - zondag 16 juni 2024 om 09:00u (50 m)

Aanvangstijd juryvergadering: 08:00u

34. 50m schoolslag - Heren			
<i>vanaf 11 jaar (Senioren Open)</i>			
1. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [SB13]			00:32.64(+69)
2. Bram Daalman (ZPC AMERSFOORT, 200300629) [SB14]			00:37.19(+79)
3. Julian Hendriks (De Otters Het Gooi, 200603717) [SB6]			00:50.43

vanaf 11 jaar (Senioren Open)

2. Ivo Kroes (Team NL - Azuro, 200300079)	00:28.64(+69)
4. Kingue Struijf (De Dolfijn, 199400913)	00:28.86(+66)
5. Bram Zwetsloot (Team NL - Nuenen, 200202117)	00:28.87(+64)
6. Max Peters (Nuenen, 199903123)	00:28.98(+64)
7. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:29.10(+59)
9. Wietse Waninge (ZPC AMERSFOORT, 199800023)	00:29.28(+66)
10. Duncan van Haaren (ZPC AMERSFOORT, 200000681)	00:29.36(+70)
11. Juri Dijkstra (De Dolfijn, 200002119)	00:29.44(+66)
16. Dominique Sikkema (DZ&PC, 199500399)	00:29.77(+63)
17. Stephan Putman (Zwemvereniging Hoogland, 199502955)	00:29.82(+70)
19. Matthijs van Meerendonk (DZ&PC, 199900375)	00:29.89(+57)
21. Erik Simons (WZK Zwemmen, 198902845)	00:30.03(+81)
22. Joost de Roy van Zuydewijn (WVZ, 200000255)	00:30.05(+66)
22. Thom Delno (VZC, 200000013)	00:30.05(+71)
24. Jasper Willig (Blue Marlins, 200104757)	00:30.15(+71)
25. Mick van Kempen (CWW Swim team (SG), 200203375)	00:30.17(+72)
26. Rick Bulman (Blue Marlins, 200101899)	00:30.19(+67)
28. Wytse Broekstra (De Vikings, 200800121)	00:30.29(+77)
28. Lars Diesch (Nuenen, 200103189)	00:30.29(+71)
30. Bert Duivenvoorde (De Columbiaan, 199701805)	00:30.47(+68)
31. Bas Dries (Zwemvereniging Hoogland, 199505177)	00:30.50(+66)
34. Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357)	00:30.71(+72)
35. Emile Dost (Borger, 200100731)	00:30.81(+70)
38. Darren Chen (ZPC AMERSFOORT, 200001149)	00:31.01(+66)
39. Martijn Velders (Aqua-Novio'94, 199502619)	00:31.11(+65)
40. Mart de Koning (ZOB'66, 200203253)	00:31.15(+68)
41. Piet-Hein Straver (PSV, 200302527)	00:31.24(+66)
43. Ruben Hoeve (Dedemsvaart-AC, 200302179)	00:31.27(+81)
44. Max Voortman (DWK, 199902923)	00:31.39(+61)
45. Tiemen Jonkman (DZ&PC, 200301193)	00:31.43(+73)
47. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	00:31.48(+65)
51. Kevin Meuwissen (Hellas-Glana, 199502485)	00:31.63(+65)
52. Arjan Hanse (ZPC AMERSFOORT, 199500657)	00:31.69(+70)
64. Dave van den Nieuwendijk (De Columbiaan, 200100475)	00:32.30(+76)

12 - 15 jaar (Junioren)

1. Cheng Van Vondel (KSN (SG), 200902673) [SB8]	00:47.75(+73)
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16 - 17 jaar (Jeugd 1 en 2)

1. Collin van der Hoff (WVZ, 200604357)	00:29.24(+69)
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2. Yaniv Kerdijk (Team Noord-Holland (SG), 200603439)	00:29.57(+69)
3. Roan van der Weide (Blue Marlins, 200601629)	00:29.87(+67)
4. Storm Boxum (DZ&PC, 200700421)	00:30.02(+75)
5. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:30.59(+65)
6. Elias Soens (Blue Marlins, 200604327)	00:30.84(+69)
7. Jetze de Vries (De Vikings, 200602589)	00:30.87(+67)
8. Jesse Marijn Thimister (ZEPS, 200602893)	00:31.26(+71)
9. Jesse van der Meij (ZVL-1886, 200600841)	00:31.49(+71)
10. Hessel de Jong (ACZ, 200602753)	00:31.76(+67)
11. Thierry Zulver (ZVVS, 200700023)	00:31.84(+62)
12. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)	00:31.95(+63)
13. Senn Rutten (Hellas-Glana, 200700629)	00:32.09(+69)
14. Storm Tolsma (Zignea, 200600277)	00:32.21(+73)
15. Emiel de Bruijn (Dedemsvaart-AC, 200700953)	00:32.23(+69)
16. Finmar Rijnkels (Dedemsvaart-AC, 200604219)	00:32.28(+71)
17. Joshua Agussalim (WVZ, 200600153)	00:32.43(+68)
18. Pedro Filipini (De Dolfijn, 200603863)	00:32.50(+75)
19. Jasper Groen (ACZ, 200602325)	00:32.53(+69)
20. Twan Huisman (WVZ, 200702207)	00:32.62(+71)
21. Tijn Hilders (De Dolfijn, 200700027)	00:32.64(+71)
22. James Lawton (De Columbiaan, 200700745)	00:32.96(+63)
23. Daniel Critchell (Deltasteur, 200700439)	00:33.04(+66)
23. Alrik van Eeghem (Hellas-Glana, 200600471)	00:33.04(+88)
25. Lars Stout (NieMo Barracuda, 200600199)	00:33.17(+78)
26. Niek Vreeling (OZ&PC, 200604211)	00:33.52(+73)
27. Peter Janssen (VZV Njord, 200602783)	00:34.08(+73)
28. Tim van Rooij (PSV, 200700129)	00:34.10(+71)
<i>18 - 19 jaar (Senioren 1 en 2)</i>	
1. Koen de Groot (Team NL - PSV, 200401059)	00:27.52(+64)
2. River Streefland (Blue Marlins, 200502253)	00:28.67(+70)
3. Anders van Norden (ZPC AMERSFOORT, 200400039)	00:29.52(+67)
4. Cas Verstegen (PSV, 200500891)	00:29.54(+69)
5. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807)	00:29.74(+75)
6. Emiel van Oord (De Dolfijn, 200503707)	00:30.27(+67)
7. Gaio Sanders (Aqua-Novio'94, 200500533)	00:30.70(+61)
8. Lucas Douwma (ZPCH, 200401337)	00:31.44(+65)
9. Tijn van Kuijk (HZPC, 200501087)	00:31.48(+74)
10. Robin Schols (ACZ, 200400433)	00:31.61(+63)
11. Max Ketelaars (Hellas-Glana, 200500345)	00:31.70(+63)

12. Thijs Berkhout (DWK, 200500035)	00:31.71(+63)
13. Steven Smith (PSV, 200402939)	00:31.75(+75)
14. Tristan Sanders (Aqua-Novio'94, 200500531)	00:31.83(+66)
35. 100m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124) 50m 00:27.16 27,16	00:58.79(+61)
2. Elise Tanis (De Dolfijn, 200200120) 50m 00:28.79 28,79	01:01.84(+69)
4. Femke Spiering (ZPC AMERSFOORT, 200204514) 50m 00:28.77 28,77	01:02.58(+75)
5. Amber Celie (De Dolfijn, 200300756) 50m 00:29.02 29,02	01:02.64(+70)
6. Kirsten Verhalle (PSV, 200400210) 50m 00:29.26 29,26	01:02.96(+78)
8. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796) 50m 00:29.35 29,35	01:04.53(+68)
11. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:29.84 29,84	01:04.86(+68)
12. Kim Jansen van Galen (PSV, 200201594) 50m 00:29.67 29,67	01:04.90(+72)
13. Lieke Oude Lenferink (De Dolfijn, 200200068) 50m 00:29.80 29,80	01:04.95(+73)
14. Nikita van den Ouden (PSV, 199900622) 50m 00:30.25 30,25	01:05.42(+71)
17. Kim Zwinkels (ZPCH, 200300422) 50m 00:30.80 30,80	01:06.10(+72)
19. Silke Molendijk (ZVL-1886, 200100178) 50m 00:31.10 31,10	01:06.19(+73)
21. Janne Slegers (PSV, 200404090) 50m 00:30.87 30,87	01:06.39(+72)
22. Michelle van Wijk (WWV Winterswijk, 200204746) 50m 00:30.28 30,28	01:06.41(+75)
26. Luca Ebbing (DZ&PC, 199802406) 50m 00:31.13 31,13	01:06.90(+60)
28. Selene Wortel (Hieronymus, 199700654) 50m 00:30.71 30,71	01:07.11(+66)
31. Femke van Wijk (WWV Winterswijk, 200403434) 50m 00:31.15 31,15	01:07.62(+86)
34. Yara Wentink (OEZA, 200403334) 50m 00:30.99 30,99	01:08.00(+70)
35. Lynn Blommers (Blue Marlins, 200105062) 50m 00:31.01 31,01	01:08.30(+69)
36. Tess Vonk (De Geul, 200900024) 50m 00:31.59 31,59	01:08.34(+66)
42. Odenza Soselisa (Blue Marlins, 201101780) 50m 00:31.89 31,89	01:08.94(+77)
44. Merel Phaff (Nuenen, 200100434)	01:09.15(+67)

50m 00:31.96 31,96

46. Julia Notenboom (De Columbiaan, 200302596) 01:09.45(+78)
50m 00:31.99 31,99
47. Hannah Schellekens (TRB-RES, 199706614) 01:09.47(+69)
50m 00:31.11 31,11
47. Kim Roestenberg (PSV, 200402670) 01:09.47(+70)
50m 00:31.49 31,49
50. Michelle Zomerdijk (Dedemsvaart-AC, 200003196) 01:09.70(+71)
50m 00:32.03 32,03
55. Isabelle Elsweier (De Dinkel, 200303614) 01:10.14(+82)
50m 00:30.92 30,92

vanaf 11 jaar (Senioren Open)

1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11] 01:21.33(+71)
50m 00:36.77 36,77
2. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9] 01:12.11(+76)
50m 00:33.25 33,25
3. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10] 01:14.16(+78)
50m 00:32.91 32,91
4. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9] 01:22.23(+74)
50m 00:37.92 37,92
5. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 01:25.58(+74)
50m 00:36.10 36,10
6. Milou van Winkel (WVZ, 200402296) [S14] 01:34.61(+75)
50m 00:38.25 38,25

11 - 14 jaar (Junioren 4 en jonger)

15 - 16 jaar (Jeugd 1 en 2)

1. Frouke Ludwig (DZ&PC, 200800112) 01:04.47(+71)
50m 00:30.01 30,01
2. Indira van Aggele (De Dolfijn, 200804424) 01:05.73(+76)
50m 00:30.46 30,46
3. Laura van Etten (HZ&PC Heerenveen, 200800264) 01:06.13(+75)
50m 00:31.06 31,06
4. Marit Boomers (Blue Marlins, 200804810) 01:06.48(+74)
50m 00:30.88 30,88
5. Rafaela Mulders (Team Noord-Holland (SG), 200701398) 01:06.89(+71)
50m 00:30.43 30,43
6. Rhodee van den Ham (De Duinkickers, 200700090) 01:07.80(+75)
50m 00:31.55 31,55
7. Pascalie Smal (DAW, 200802958) 01:07.88(+61)
50m 00:31.82 31,82
8. Nomi Olivier (ZPC AMERSFOORT, 200704848) 01:08.69(+71)
50m 00:30.38 30,38
9. Lyke Bellert (Octopus-ZVV (SG), 200701424) 01:08.80(+71)
50m 00:31.91 31,91
10. Emmelien Smelt (ZVZ, 200800012) 01:08.84(+75)
50m 00:31.93 31,93
11. Ilse Rozema (Blue Marlins, 200803318) 01:08.98(+67)
50m 00:31.43 31,43
12. Féline Sam (ZVZ, 200700018) 01:09.22(+67)

50m 00:31.41 31,41

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| 13. Benigna Kocsispeter (Hellas-Glana, 200702058)
50m 00:31.79 31,79 | 01:09.71(+69) |
| 14. Hannah Markovinovic (WS Twente, 200803266)
50m 00:32.54 32,54 | 01:09.74(+66) |
| 15. Esmee Mulder (DZ&PC, 200800038)
50m 00:32.83 32,83 | 01:09.80(+72) |
| 16. Meyke v. Nimwegen (De Schotegil, 200800106)
50m 00:31.91 31,91 | 01:10.34(+79) |
| 17. Britt Colijn (New Wave Almere, 200700544)
50m 00:32.80 32,80 | 01:10.47(+77) |
| 18. Liv Heijdra (WVZ, 200800736)
50m 00:31.09 31,09 | 01:11.44(+75) |
| 19. Julia Agricola (DZ&PC, 200800266)
50m 00:32.18 32,18 | 01:11.48(+75) |
| 20. Noa Ottens (VZC, 200702256)
50m 00:33.32 33,32 | 01:13.48(+79) |
| 21. Leyona Lichtendonk (Dedemsvaart-AC, 200700010)
50m 00:33.99 33,99 | 01:15.71(+76) |
| 22. Vera van der Meer (VZC, 200701508)
50m 00:34.27 34,27 | 01:16.38(+79) |
| <i>17 - 18 jaar</i> | |
| 1. Evy Rozeboom (DAW, 200601338)
50m 00:29.12 29,12 | 01:02.39(+76) |
| 2. Karlijn Offeringa (ZVVS, 200503292)
50m 00:29.34 29,34 | 01:04.56(+78) |
| 3. Pippa van 't Land (ZPC AMERSFOORT, 200600426)
50m 00:30.25 30,25 | 01:04.65(+64) |
| 4. Evy van Laarhoven (PSV, 200500712)
50m 00:30.76 30,76 | 01:06.02(+72) |
| 5. Leyla Oversluizen (Feijenoord Albion Zwemclub, 200602730)
50m 00:30.31 30,31 | 01:06.25(+74) |
| 6. Tess Bemer (De Duinkickers, 200600450)
50m 00:30.49 30,49 | 01:06.64(+70) |
| 7. Colinda van der Zanden (Aqua-Novio'94, 200502618)
50m 00:30.01 30,01 | 01:07.08(+66) |
| 8. Jolijn Liezen (Steenwijk 1934, 200500518)
50m 00:29.93 29,93 | 01:07.17(+71) |
| 9. Elizabeth Engelbrecht (SBC2000, 200604916)
50m 00:31.18 31,18 | 01:07.42(+59) |
| 10. Bridget Vermeer (ZPC AMERSFOORT, 200501766)
50m 00:30.48 30,48 | 01:08.61(+76) |
| 11. Emma Verkuyl (WVZ, 200500826)
50m 00:31.81 31,81 | 01:08.65(+74) |
| 12. Ciska de Lugt (DZ&PC, 200503302)
50m 00:31.67 31,67 | 01:09.63(+71) |
| 13. Vivianne Woltjes (VZC, 200501524)
50m 00:32.04 32,04 | 01:09.82(+74) |
| 14. Sophia van Droffelaar (ZVVS, 200500330) | 01:10.26(+73) |

50m 00:32.53 32,53

36. 100m vrije slag - Heren
vanaf 11 jaar (Senioren Open)

1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11] 01:00.76(+65)
50m 00:29.13 29,13
 2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6] 01:08.57(+79)
50m 00:32.09 32,09
 3. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13] 00:57.91(+70)
50m 00:27.27 27,27
 4. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10] 00:57.71(+76)
50m 00:27.75 27,75
 5. Julian Hendriks (De Otters Het Gooi, 200603717) [S7] 01:10.81
50m 00:34.36 34,36
 6. Bram Daalman (ZPC AMERSFOORT, 200300629) [S14] 01:03.74(+84)
50m 00:29.93 29,93
 8. Jesse Bruines (Batavia Swim, 200402413) [S9] 01:09.86(+75)
50m 00:33.85 33,85
- vanaf 11 jaar (Senioren Open)
1. Sean Niewold (Feijenoord Albion Zwemclub, 200204699) 00:48.14(+67)
50m 00:23.33 23,33
 2. Stan Pijnenburg (Team NL - PSV, 199600427) 00:48.80(+60)
50m 00:23.47 23,47
 3. Brandon van den Berg (Team NL - Blue Marlins, 200200669) 00:50.80(+70)
50m 00:24.32 24,32
 4. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615) 00:50.89(+70)
50m 00:24.27 24,27
 5. Lars Verhalle (PSV, 200200019) 00:51.51(+73)
50m 00:24.64 24,64
 6. Perry Laarhoven (Feijenoord Albion Zwemclub, 200301321) 00:51.52(+72)
50m 00:24.40 24,40
 9. Giovanni Phillipson (Team Noord-Holland (SG), 200801099) 00:51.59(+73)
50m 00:24.53 24,53
 10. Austin Namesnik (ZPC AMERSFOORT, 200101817) 00:51.61(+61)
50m 00:24.99 24,99
 13. Rijk Heere (ZPC AMERSFOORT, 200300897) 00:51.89(+60)
50m 00:24.91 24,91
 14. Lucas Peters (ZPC AMERSFOORT, 200301325) 00:52.33(+69)
50m 00:25.14 25,14
 15. Raf Hendriks (Hellas-Glana, 200100879) 00:52.39(+70)
50m 00:25.18 25,18
 16. Michael Smink (Blue Marlins, 200302169) 00:52.41(+70)
50m 00:24.71 24,71
 17. Niels Dijkshoorn (Team NL - PSV, 200203079) 00:52.42(+74)
50m 00:25.42 25,42
 18. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391) 00:52.50(+60)
50m 00:24.89 24,89
 21. Siem de Zeeuw (OZ&PC, 200800013) 00:52.76(+70)
50m 00:25.20 25,20
 21. Jeroen Baars (NieMo Barracuda, 199200031) 00:52.76(+72)

	50m 00:25.26 25,26	
26.	Wiktor Syldatk (De Dolfijn, 200305079) 50m 00:25.23 25,23	00:53.13(+68)
27.	Felix Geenen (DAW, 199501085) 50m 00:24.99 24,99	00:53.17(+74)
28.	Thijn Damen (PSV, 200300973) 50m 00:25.40 25,40	00:53.30(+68)
31.	Daan Hogerhuis (De Columbiaan, 200300317) 50m 00:25.20 25,20	00:53.46(+72)
32.	Lars van der Haijden (Hellas-Glana, 199900225) 50m 00:25.67 25,67	00:53.76(+72)
33.	Floris Kotterink (Feijenoord Albion Zwemclub, 199800199) 50m 00:24.92 24,92	00:53.77(+59)
34.	Darren Chen (ZPC AMERSFOORT, 200001149) 50m 00:26.04 26,04	00:53.92(+64)
39.	Arno Nelissen (Hellas-Glana, 200300229) 50m 00:26.03 26,03	00:54.05(+74)
41.	Niek Heethaar (DWK, 199900999) 50m 00:25.71 25,71	00:54.18(+73)
42.	Luc Mul (DAW, 200201025) 50m 00:25.89 25,89	00:54.19(+70)
42.	Alexander Nijst (Nuenen, 200104869) 50m 00:26.09 26,09	00:54.19(+72)
45.	Louis Kappler (Zwemlust-den Hommel, 200205067) 50m 00:26.29 26,29	00:54.25(+69)
45.	Ruben Baars (DWK, 200900471) 50m 00:26.44 26,44	00:54.25(+70)
48.	Floris Stork (DZ&PC, 200305075) 50m 00:26.01 26,01	00:54.41(+63)
49.	Bas Dries (Zwemvereniging Hoogland, 199505177) 50m 00:25.51 25,51	00:54.45(+63)
50.	Bart Muselaers (DWK, 200100865) 50m 00:25.82 25,82	00:54.52(+69)
51.	Ronis van Everdingen (DWK, 200300043) 50m 00:26.01 26,01	00:54.66(+77)
55.	Giulian Janssen (PSV, 200900125) 50m 00:26.30 26,30	00:55.14(+62)
56.	Luuk Smits (Nuenen, 200001015) 50m 00:25.73 25,73	00:55.16(+72)
57.	Benjamin Vermeulen (De Bevelanders, 200003721) 50m 00:26.42 26,42	00:55.20(+80)
62.	Job Sanders (ZPC AMERSFOORT, 200304913) 50m 00:26.51 26,51	00:55.45(+75)
64.	Nino Sieling (De Dolfijn, 199701845) 50m 00:26.12 26,12	00:55.65(+71)
65.	Gerard Willighagen (Poseidon'56, 200103663) 50m 00:26.77 26,77	00:55.67(+67)
67.	Kenan Coeruez (Feijenoord Albion Zwemclub, 200300357) 50m 00:26.00 26,00	00:55.72(+70)

74. Felbe van 't Land (ZPC AMERSFOORT, 200900027) 50m 00:26.59 26,59	00:56.18(+71)
75. Kevin Meuwissen (Hellas-Glana, 199502485) 50m 00:26.79 26,79	00:56.20(+66)
85. Rick van Hamond (Z&PC Zegenwerp, 199205873) 50m 00:26.84 26,84	00:56.92(+72)
97. Feddo Smink (ZPC AMERSFOORT, 200900007) 50m 00:27.82 27,82	00:57.94(+65)
100. Wouter Sijmons (Nuenen, 199302695) 50m 00:27.05 27,05	00:58.40(+69)
<i>12 - 15 jaar (Junioren)</i>	
1. Thomas Braat (AZC, 200802269) [S14] 50m 00:30.97 30,97	01:06.05(+80)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>	
1. Floris Tanis (Feijenoord Albion Zwemclub, 200700005) 50m 00:25.26 25,26	00:52.51(+69)
2. Bram Loots (Team Noord-Holland (SG), 200700197) 50m 00:25.62 25,62	00:52.73(+65)
3. Nándor Szabó (De Dolfijn, 200700475) 50m 00:25.59 25,59	00:52.88(+68)
4. Tenzing Geutjes (ZPC AMERSFOORT, 200600441) 50m 00:25.59 25,59	00:53.30(+67)
5. Jake Franse (Blue Marlins, 200703873) 50m 00:26.42 26,42	00:53.92(+66)
6. Tiede Groener (De Dinkel, 200700155) 50m 00:26.33 26,33	00:54.02(+72)
7. Mohammad Shouman (WS Twente, 200604397) 50m 00:26.48 26,48	00:54.11(+63)
8. Lucas van Rooij (PSV, 200603943) 50m 00:26.22 26,22	00:54.19(+64)
9. Boele Böhm (Blue Marlins, 200700739) 50m 00:26.51 26,51	00:54.68(+68)
10. Jisse Lousma (WVZ, 200701493) 50m 00:26.64 26,64	00:54.77(+61)
11. Ties Berghs (ZEPS, 200700709) 50m 00:26.42 26,42	00:55.12(+65)
12. Mies de Wit (CWW Swim team (SG), 200700315) 50m 00:26.64 26,64	00:55.21(+63)
13. Niek Issard (DZ&PC, 200700037) 50m 00:26.43 26,43	00:55.32(+70)
14. Daan Sonneveld (WVZ, 200601085) 50m 00:26.87 26,87	00:55.37(+69)
15. Marnix Rietveld (Team Noord-Holland (SG), 200700939) 50m 00:26.20 26,20	00:55.45(+61)
16. Finn Rust (PSV, 200700469) 50m 00:25.95 25,95	00:55.68(+64)
17. Mads van Norden (ZPC AMERSFOORT, 200700029) 50m 00:26.73 26,73	00:55.94(+68)
18. Melle van Veen (Dedemsvaart-AC, 200700661)	00:55.98(+74)

	50m 00:26.84 26,84	
19. Tim van Erven (DZ&PC, 200700175)	50m 00:27.56 27,56	00:56.03(+80)
20. Bjorn Rijkaart (WVZ, 200601337)	50m 00:26.59 26,59	00:56.04(+70)
21. Wes Velthuis (OZ&PC, 200602217)	50m 00:27.27 27,27	00:56.11(+72)
22. Lucas Bemer (De Duinkickers, 200700219)	50m 00:26.44 26,44	00:56.14(+67)
23. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	50m 00:27.08 27,08	00:56.21(+59)
24. Thijs Wellink (ZPC AMERSFOORT, 200600715)	50m 00:26.77 26,77	00:56.22(+71)
25. Thomas Boer (Zwemclub Polaris, 200600769)	50m 00:27.33 27,33	00:56.52(+70)
26. Stijn Saelmans (Hellas-Glana, 200700373)	50m 00:26.90 26,90	00:56.56(+75)
27. Lars Stout (NieMo Barracuda, 200600199)	50m 00:27.74 27,74	00:56.66(+81)
28. Niek Vreeling (OZ&PC, 200604211)	50m 00:27.50 27,50	00:56.77(+73)
29. Mike Tjepkema (Team Noord-Holland (SG), 200603029)	50m 00:26.98 26,98	00:56.82(+69)
30. Jasper Groen (ACZ, 200602325)	50m 00:27.07 27,07	00:56.84(+70)
31. Storm Tolsma (Zignea, 200600277)	50m 00:27.88 27,88	00:56.93(+75)
32. Marcelino Gomez Gonzalez (PSV, 200601473)	50m 00:27.16 27,16	00:56.97(+75)
33. Thijs Poll (Deltasteur, 200700203)	50m 00:27.39 27,39	00:57.00(+65)
34. Jetze de Vries (De Vikings, 200602589)	50m 00:27.64 27,64	00:57.05(+70)
35. Joshua Agussalim (WVZ, 200600153)	50m 00:27.34 27,34	00:57.22(+67)
36. Jesse van der Meij (ZVL-1886, 200600841)	50m 00:27.46 27,46	00:57.26(+71)
37. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	50m 00:27.37 27,37	00:57.37(+73)
38. Tim van Rooij (PSV, 200700129)	50m 00:27.73 27,73	00:57.40(+73)
39. Chris Geers (WZV, 200600131)	50m 00:27.84 27,84	00:57.87(+71)
40. Emiel de Bruijn (Dedemsvaart-AC, 200700953)	50m 00:27.51 27,51	00:58.07(+69)
41. Lars ten Katen (Batavia Swim, 200600959)	50m 00:27.91 27,91	00:58.08(+72)
<i>18 - 19 jaar (Senioren 1 en 2)</i>		
1. Merlin Belmon (Team NL - PSV, 200403191)		00:51.52(+71)

	50m 00:24.96 24,96			
2. Vince van der Pal (Team NL - De Dolfijn, 200401869)	50m 00:24.73 24,73			00:51.57(+68)
3. Koen Marsman (ZPC AMERSFOORT, 200502763)	50m 00:25.14 25,14			00:51.72(+65)
4. Luuk van Rooij (PSV, 200400581)	50m 00:25.01 25,01			00:51.73(+66)
5. Colin Bes (Zwemclub Polaris, 200500201)	50m 00:25.43 25,43			00:52.90(+76)
6. Simon Claasen (ZPC AMERSFOORT, 200400231)	50m 00:25.27 25,27			00:53.04(+55)
7. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807)	50m 00:25.77 25,77			00:53.32(+76)
8. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	50m 00:25.88 25,88			00:53.95(+62)
9. River Streefland (Blue Marlins, 200502253)	50m 00:26.33 26,33			00:53.98(+69)
10. Rens Stijf (ZPC AMERSFOORT, 200501419)	50m 00:26.21 26,21			00:54.32(+67)
11. Koen Vissers (PSV, 200401429)	50m 00:26.60 26,60			00:55.35(+81)
12. Julian Prummel (De Otters Het Gooi, 200501731)	50m 00:27.45 27,45			00:56.60(+77)
37. 200m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Lotte Hosper (Team NL - Blue Marlins, 200201414)	50m 00:30.80 30,80	100m 01:04.23 33,43	150m 01:38.97 34,74	02:13.30(+66)
3. Jetske Moot (ZPC AMERSFOORT, 200400230)	50m 00:32.03 32,03	100m 01:06.98 34,95	150m 01:42.70 35,72	02:18.50(+62)
5. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:31.69 31,69	100m 01:06.68 34,99	150m 01:43.31 36,63	02:19.32(+59)
10. Fay Boxum (DZ&PC, 200900060)	50m 00:33.14 33,14	100m 01:09.18 36,04	150m 01:46.84 37,66	02:24.24(+64)
12. Isa Schellekens (Z&PC Zegenwerp, 200002330)	50m 00:34.76 34,76	100m 01:11.58 36,82	150m 01:49.08 37,50	02:25.58(+64)
14. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	50m 00:34.20 34,20	100m 01:11.22 37,02	150m 01:49.34 38,12	02:26.23(+63)
15. Nikita van den Ouden (PSV, 199900622)	50m 00:34.20 34,20	100m 01:11.36 37,16	150m 01:49.56 38,20	02:27.48(+76)
16. Elin Ditewig (VZC, 200900392)	50m 00:33.58 33,58	100m 01:11.02 37,44	150m 01:49.92 38,90	02:27.52(+65)
16. Myrthe Natzijs (DZ&PC, 200400076)	50m 00:34.87 34,87	100m 01:12.10 37,23	150m 01:49.78 37,68	02:27.52(+71)
18. Maaïke Issard (DZ&PC, 200300022)	50m 00:34.08 34,08	100m 01:11.00 36,92	150m 01:48.83 37,83	02:27.66(+76)
20. Robin Goossens (Nuenen, 200003128)	50m 00:34.81 34,81	100m 01:12.15 37,34	150m 01:50.43 38,28	02:28.07(+81)
24. Isa Willemsen (Aqua-Novio'94, 199900628)	50m 00:34.05 34,05	100m 01:12.27 38,22	150m 01:51.46 39,19	02:30.98(+67)

25. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	50m 00:35.87 35,87	100m 01:13.88 38,01	150m 01:52.84 38,96	02:31.08(+63)
27. Angelique van Vark (GZC DONK, 199701478)	50m 00:34.65 34,65	100m 01:13.07 38,42	150m 01:53.39 40,32	02:32.58(+77)
41. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:35.18 35,18	100m 01:14.69 39,51	150m 01:56.03 41,34	02:37.79(+81)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>				
1. Jinth Engelse (NieMo Barracuda, 200800204)	50m 00:31.25 31,25	100m 01:06.20 34,95	150m 01:42.68 36,48	02:17.79(+67)
2. Dachen Haaijer (ZPC Hoogeveen, 200800380)	50m 00:32.86 32,86	100m 01:08.67 35,81	150m 01:44.72 36,05	02:20.44(+64)
3. Eefje Irvine (De Dolfijn, 200700164)	50m 00:33.47 33,47	100m 01:10.18 36,71	150m 01:46.42 36,24	02:21.14(+56)
4. Laura van Etten (HZ&PC Heerenveen, 200800264)	50m 00:34.20 34,20	100m 01:10.27 36,07	150m 01:47.54 37,27	02:22.45(+70)
5. Frouke Ludwig (DZ&PC, 200800112)	50m 00:34.14 34,14	100m 01:10.55 36,41	150m 01:47.63 37,08	02:24.20(+64)
6. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	50m 00:32.80 32,80	100m 01:09.08 36,28	150m 01:47.37 38,29	02:25.45(+71)
7. Jade van der Schrier (AZC, 200800692)	50m 00:34.65 34,65	100m 01:11.85 37,20	150m 01:50.36 38,51	02:27.70(+66)
8. Floor Hogervorst (Blue Marlins, 200701400)	50m 00:33.51 33,51	100m 01:11.16 37,65	150m 01:50.21 39,05	02:29.16(+67)
9. Esmee Mulder (DZ&PC, 200800038)	50m 00:34.77 34,77	100m 01:12.61 37,84	150m 01:51.51 38,90	02:30.41(+60)
10. Charlotte Woltjes (VZC, 200700110)	50m 00:34.06 34,06	100m 01:11.79 37,73	150m 01:50.70 38,91	02:30.59(+70)
11. Meyke v. Nimwegen (De Schotegil, 200800106)	50m 00:36.27 36,27	100m 01:14.58 38,31	150m 01:53.35 38,77	02:32.58(+67)
12. Eline van Rijn (DAW, 200700918)	50m 00:35.42 35,42	100m 01:14.38 38,96	150m 01:54.23 39,85	02:33.00(+63)
13. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	50m 00:34.71 34,71	100m 01:14.20 39,49	150m 01:54.12 39,92	02:33.17(+74)
14. Maud Roffel (HZ&PC Heerenveen, 200700840)	50m 00:35.34 35,34	100m 01:13.70 38,36	150m 01:53.98 40,28	02:33.27(+85)
15. Isa Jansen (SBC2000, 200701176)	50m 00:35.47 35,47	100m 01:14.47 39,00	150m 01:54.14 39,67	02:33.73(+79)
16. Imre Bouwland (ZPC Hoogeveen, 200700388)	50m 00:35.14 35,14	100m 01:13.20 38,06	150m 01:53.13 39,93	02:34.12(+70)
17. Lyke Bellert (Octopus-ZVV (SG), 200701424)	50m 00:35.54 35,54	100m 01:14.48 38,94	150m 01:54.57 40,09	02:34.99(+65)
18. Esmee van der Tuuk (ZPC Hoogeveen, 200800682)	50m 00:35.98 35,98	100m 01:14.74 38,76	150m 01:55.04 40,30	02:35.79(+69)
19. Ylva Konings (PSV, 200700148)	50m 00:36.33 36,33	100m 01:16.15 39,82	150m 01:56.46 40,31	02:36.33(+65)
20. Rosalie van der Bijl (Hieronymus, 200701644)	50m 00:35.88 35,88	100m 01:14.86 38,98	150m 01:55.39 40,53	02:36.43(+71)
21. Britt Colijn (New Wave Almere, 200700544)	50m 00:37.06 37,06	100m 01:16.46 39,40	150m 01:57.00 40,54	02:36.60(+62)

22. Ilana Gentile (Orca, 200801558)				02:37.42(+63)	
50m	00:35.47 35,47	100m	01:15.37 39,90	150m	01:56.67 41,30
23. Anniqne Rupke (WVZ, 200700876)				02:37.91(+63)	
50m	00:35.35 35,35	100m	01:14.93 39,58	150m	01:56.29 41,36
<i>17 - 18 jaar</i>					
1. Sara Korthuis (DZ&PC, 200600494)				02:19.21(+69)	
50m	00:31.99 31,99	100m	01:07.33 35,34	150m	01:43.58 36,25
2. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)				02:26.06(+69)	
50m	00:35.13 35,13	100m	01:12.57 37,44	150m	01:49.56 36,99
3. Marlies Dijsselhof (Dedemsvaart-AC, 200601046)				02:31.10(+78)	
50m	00:35.01 35,01	100m	01:13.53 38,52	150m	01:52.60 39,07
4. Famke Irvine (De Otters Het Gooi, 200501724)				02:33.03(+72)	
50m	00:34.54 34,54	100m	01:13.10 38,56	150m	01:53.48 40,38
38. 200m vlinderslag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
3. Niels de Boer (Hellas-Glana, 200001977)				02:05.89(+71)	
50m	00:27.15 27,15	100m	00:58.76 31,61	150m	01:31.91 33,15
8. Guus Hoogduin (ZVL-1886, 200201069)				02:14.21(+71)	
50m	00:29.63 29,63	100m	01:03.15 33,52	150m	01:38.47 35,32
10. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)				02:17.90(+69)	
50m	00:29.12 29,12	100m	01:04.31 35,19	150m	01:40.04 35,73
13. Gerard Willighagen (Poseidon'56, 200103663)				02:19.96(+73)	
50m	00:30.52 30,52	100m	01:05.65 35,13	150m	01:42.73 37,08
19. Rick van Hamond (Z&PC Zegenwerp, 199205873)				02:27.58(+69)	
50m	00:31.28 31,28	100m	01:08.76 37,48	150m	01:47.33 38,57
20. Bjorn de Heus (Feijenoord Albion Zwemclub, 200201077)				02:29.13(+67)	
50m	00:29.34 29,34	100m	01:05.67 36,33	150m	01:45.96 40,29
<i>16 - 17 jaar (Jeugd 1 en 2)</i>					
1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)				02:02.95(+65)	
50m	00:27.34 27,34	100m	00:59.22 31,88	150m	01:31.06 31,84
2. Vincent Huele (Blue Marlins, 200703423)				02:12.06(+73)	
50m	00:28.93 28,93	100m	01:01.33 32,40	150m	01:35.49 34,16
3. Milco Matla (PSV, 200600555)				02:13.64(+74)	
50m	00:29.05 29,05	100m	01:02.73 33,68	150m	01:37.45 34,72
4. Collard Jungeling (DZ&PC, 200701831)				02:15.87(+71)	
50m	00:30.91 30,91	100m	01:05.80 34,89	150m	01:40.44 34,64
5. Léon van Grevenbroek (CWW Swim team (SG), 200601323)				02:17.99(+63)	
50m	00:28.62 28,62	100m	01:03.84 35,22	150m	01:40.50 36,66
6. Lars Bulman (Blue Marlins, 200600125)				02:18.30(+70)	
50m	00:30.10 30,10	100m	01:05.67 35,57	150m	01:42.25 36,58
7. Lucas van Rooij (PSV, 200603943)				02:22.11(+70)	
50m	00:31.23 31,23	100m	01:06.77 35,54	150m	01:44.41 37,64
8. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)				02:22.20(+65)	
50m	00:30.49 30,49	100m	01:07.36 36,87	150m	01:44.35 36,99
9. Tiamo van der Veen (Dedemsvaart-AC, 200600033)				02:24.11(+73)	
50m	00:30.66 30,66	100m	01:05.85 35,19	150m	01:43.89 38,04
10. Lou van Leeuwen (De Dolfijn, 200702779)				02:25.31(+73)	
50m	00:30.94 30,94	100m	01:07.09 36,15	150m	01:44.91 37,82
<i>18 - 19 jaar (Senioren 1 en 2)</i>					
1. Hendrik van der Leest (PSV, 200404339)				02:02.89(+68)	

78. Tess Panjer (VZC, 200403060)	00:29.15(+80)
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]	00:29.98(+68)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]	00:28.85(+75)
3. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9]	00:29.86(+75)
4. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]	00:30.96(+82)
5. Milou van Winkel (WVZ, 200402296) [S14]	00:31.12(+76)
6. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]	00:32.41(+68)
7. Aguila Dolsma (Blue Marlins, 200603902) [S14]	00:33.17(+81)
9. Jenna Gorter (De Otters Het Gooi, 200702746) [S9]	00:36.86(+75)
<i>11 - 14 jaar (Junioren 4 en jonger)</i>	
1. Gwyneth van der Spek (Batavia Swim, 201102806) [S7]	00:44.59
2. Jente Parlevliet (Noordwijkerhout, 201003900) [S14]	00:39.98(+85)
<i>15 - 16 jaar (Jeugd 1 en 2)</i>	
1. Rosalie Reef (ZPC AMERSFOORT, 200800426)	00:26.16(+76)
2. Angelina Rolman (Team NL - De Dolfijn, 200701972)	00:26.46(+70)
3. Hylcke de Beer (PSV, 200700006)	00:26.96(+70)
4. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:27.14(+76)
5. Ilse Rozema (Blue Marlins, 200803318)	00:27.33(+65)
6. Nomi Olivier (ZPC AMERSFOORT, 200704848)	00:27.40(+71)
7. Jinth Engelse (NieMo Barracuda, 200800204)	00:27.44(+68)
8. Dachen Haaijer (ZPC Hoogeveen, 200800380)	00:27.77(+78)
9. Liv Heijdra (WVZ, 200800736)	00:27.84(+68)
10. Charlotte Woltjes (VZC, 200700110)	00:27.86(+76)
11. Jazz-Lynn Gomes Delgado (Feijenoord Albion Zwemclub, 200800738)	00:27.90(+68)
12. Indira van Aggele (De Dolfijn, 200804424)	00:28.14(+77)
13. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)	00:28.15(+79)
14. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	00:28.16(+70)
15. Valérie Sakkers (Deltasteur, 200800080)	00:28.35(+65)
15. Floor Hogervorst (Blue Marlins, 200701400)	00:28.35(+71)
17. Rhodee van den Ham (De Duinkickers, 200700090)	00:28.38(+72)
18. Emmelien Smelt (ZVZ, 200800012)	00:28.49(+74)
19. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	00:28.50(+74)
20. Bette Peetoom (DAW, 200801808)	00:28.55(+67)
21. Marit Boomers (Blue Marlins, 200804810)	00:28.63(+68)
22. Laurien Gliese-Sloojer (De Dinkel, 200700636)	00:28.77(+64)
23. Ilana Gentile (Orca, 200801558)	00:28.84(+65)
24. Esmee Mulder (DZ&PC, 200800038)	00:28.90(+68)
25. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)	00:28.92(+75)
26. Rosalie van der Biil (Hieronymus, 200701644)	00:28.93(+68)

27. Julia Agricola (DZ&PC, 200800266)	00:28.94(+73)
28. Esmee Nieuwenhuis (ZPC De Hof, 200701444)	00:29.13(+83)
29. Veerle Hildebrand (PSV, 200801830)	00:29.26(+68)
30. Féline Sam (ZVZ, 200700018)	00:29.28(+76)
31. Barbara Broekhuis (De Dinkel, 200700880)	00:29.33(+77)
<i>17 - 18 jaar</i>	
1. Megan Jonkman (Blue Marlins, 200600508)	00:26.08(+75)
2. Sara Korthuis (DZ&PC, 200600494)	00:26.13(+69)
3. Mare Schallenberg (ACZ, 200600078)	00:26.27(+69)
4. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:27.25(+73)
5. Francesca Coppo (De Dolfijn, 200501242)	00:27.28(+65)
5. Zea Wetzlaugk (De Dolfijn, 200604780)	00:27.28(+74)
7. Pippa van 't Land (ZPC AMERSFOORT, 200600426)	00:27.32(+65)
8. Colinda van der Zanden (Aqua-Novio'94, 200502618)	00:27.42(+66)
9. Tess Bemer (De Duinkickers, 200600450)	00:27.55(+69)
10. Jolijn Liezen (Steenwijk 1934, 200500518)	00:27.79(+71)
11. Karlijn Offeringa (ZVVS, 200503292)	00:27.83(+78)
12. Rebecca Reurink (Dedemsvaart-AC, 200602112)	00:28.04(+72)
13. Marit Huisman (WVZ, 200502620)	00:28.19(+74)
14. Bridget Vermeer (ZPC AMERSFOORT, 200501766)	00:28.34(+73)
15. Vivianne Woltjes (VZC, 200501524)	00:28.44(+78)
16. Elizabeth Engelbrecht (SBC2000, 200604916)	00:28.54(+58)
17. Sophia van Droffelaar (ZVVS, 200500330)	00:28.74(+70)
40. 200m wisselslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [SM11]	02:24.87(+65)
50m 00:29.57 29,57 100m 01:09.17 39,60 150m 01:49.14 39,97	
2. Marc Evers (De Dolfijn, 199107425) [SM14]	02:17.87(+82)
50m 00:29.23 29,23 100m 01:04.55 35,32 150m 01:45.27 40,72	
3. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [SM6]	02:58.11(+92)
50m 00:42.65 42,65 100m 01:29.97 47,32 150m 02:17.88 47,91	
4. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [SM10]	02:23.79(+77)
50m 00:31.24 31,24 100m 01:06.21 34,97 150m 01:51.28 45,07	
<i>vanaf 11 jaar (Senioren Open)</i>	
3. Lars Verhalle (PSV, 200200019)	02:06.99(+73)
50m 00:26.50 26,50 100m 01:00.24 33,74 150m 01:36.88 36,64	
4. Lucas Greven (Hellas-Glana, 199501941)	02:07.78(+68)
50m 00:26.69 26,69 100m 01:00.93 34,24 150m 01:36.30 35,37	
5. Niels Dijkshoorn (Team NL - PSV, 200203079)	02:07.90(+71)
50m 00:27.82 27,82 100m 00:59.28 31,46 150m 01:38.03 38,75	
8. Bram Zwetsloot (Team NL - Nuenen, 200202117)	02:09.96(+64)
50m 00:27.81 27,81 100m 01:03.50 35,69 150m 01:38.10 34,60	
11. Wytse Broekstra (De Vikings, 200800121)	02:11.66(+76)

	50m 00:28.67 28,67	100m 01:02.61 33,94	150m 01:40.40 37,79	
14. Joris Janssen (Aqua-Novio'94, 200301311)	50m 00:28.06 28,06	100m 01:02.70 34,64	150m 01:41.33 38,63	02:13.47(+73)
19. Rick Offringa (DZ&PC, 200300979)	50m 00:28.60 28,60	100m 01:03.28 34,68	150m 01:42.51 39,23	02:16.18(+80)
21. Bjarne van Oord (De Dolfijn, 200105101)	50m 00:28.34 28,34	100m 01:02.01 33,67	150m 01:42.80 40,79	02:16.58(+67)
22. Luuk Smits (Nuenen, 200001015)	50m 00:27.47 27,47	100m 01:02.92 35,45	150m 01:44.36 41,44	02:17.07(+73)
23. Bert Duivenvoorde (De Columbiaan, 199701805)	50m 00:27.59 27,59	100m 01:04.66 37,07	150m 01:44.54 39,88	02:17.17(+71)
30. Ronis van Everdingen (DWK, 200300043)	50m 00:28.57 28,57	100m 01:05.33 36,76	150m 01:46.64 41,31	02:18.27(+79)
33. Luca Boorsma (De Dolfijn, 200902031)	50m 00:28.58 28,58	100m 01:04.02 35,44	150m 01:44.73 40,71	02:19.15(+58)
35. Thijn Damen (PSV, 200300973)	50m 00:28.81 28,81	100m 01:05.65 36,84	150m 01:48.14 42,49	02:20.79(+72)
43. Rick van Hamond (Z&PC Zegenwerp, 199205873)	50m 00:30.18 30,18	100m 01:09.04 38,86	150m 01:53.28 44,24	02:23.26(+72)
46. Giulian Janssen (PSV, 200900125)	50m 00:29.62 29,62	100m 01:09.54 39,92	150m 01:51.01 41,47	02:24.77(+62)
<i>12 - 15 jaar (Junioren)</i>				
1. Thomas Braat (AZC, 200802269) [SM14]	50m 00:36.70 36,70	100m 01:19.16 42,46	150m 02:10.89 51,73	02:47.77(+89)
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
1. Nikodim Markovic (Blue Marlins, 200700255)	50m 00:25.83 25,83	100m 00:58.06 32,23	150m 01:35.47 37,41	02:06.43(+60)
2. Tiede Groener (De Dinkel, 200700155)	50m 00:27.72 27,72	100m 01:01.74 34,02	150m 01:40.02 38,28	02:11.25(+74)
3. Mies de Wit (CWW Swim team (SG), 200700315)	50m 00:27.70 27,70	100m 01:03.39 35,69	150m 01:43.13 39,74	02:12.88(+67)
4. Denzel Barthen (WVZ, 200700147)	50m 00:28.59 28,59	100m 01:03.47 34,88	150m 01:43.48 40,01	02:13.11(+74)
5. Storm Boxum (DZ&PC, 200700421)	50m 00:29.16 29,16	100m 01:05.02 35,86	150m 01:41.93 36,91	02:13.97(+76)
6. Collin van der Hoff (WVZ, 200604357)	50m 00:29.97 29,97	100m 01:05.88 35,91	150m 01:40.99 35,11	02:14.96(+68)
7. Daan Sonneveld (WVZ, 200601085)	50m 00:30.02 30,02	100m 01:03.35 33,33	150m 01:46.12 42,77	02:17.35(+67)
7. Tijn Hilders (De Dolfijn, 200700027)	50m 00:28.96 28,96	100m 01:05.72 36,76	150m 01:45.31 39,59	02:17.35(+75)
9. Elias Soens (Blue Marlins, 200604327)	50m 00:29.23 29,23	100m 01:05.36 36,13	150m 01:44.96 39,60	02:18.01(+69)
10. Jisse Lousma (WVZ, 200701493)	50m 00:28.58 28,58	100m 01:04.66 36,08	150m 01:46.89 42,23	02:18.07(+63)
11. Storm Tolsma (Zignea, 200600277)	50m 00:29.28 29,28	100m 01:05.84 36,56	150m 01:45.50 39,66	02:18.08(+77)
12. Mohammad Shouman (WS Twente, 200604397)	50m 00:27.40 27,40	100m 01:03.73 36,33	150m 01:44.68 40,95	02:18.58(+66)

13. Niek Vreeling (OZ&PC, 200604211)				02:19.38(+74)			
50m	00:29.62 29,62	100m	01:06.13 36,51	150m	01:47.70 41,57		
14. Ruben de Vries (Hellas-Glana, 200600497)				02:20.90(+66)			
50m	00:29.67 29,67	100m	01:08.84 39,17	150m	01:47.51 38,67		
15. Thierry Zulver (ZVVS, 200700023)				02:21.11(+65)			
50m	00:29.05 29,05	100m	01:06.49 37,44	150m	01:46.59 40,10		
16. Roan van der Weide (Blue Marlins, 200601629)				02:21.35(+69)			
50m	00:29.58 29,58	100m	01:08.15 38,57	150m	01:47.37 39,22		
17. Jake Franse (Blue Marlins, 200703873)				02:21.69(+70)			
50m	00:28.57 28,57	100m	01:03.98 35,41	150m	01:47.36 43,38		
18. Tim van Erven (DZ&PC, 200700175)				02:21.86(+78)			
50m	00:29.91 29,91	100m	01:05.90 35,99	150m	01:49.95 44,05		
19. Niek Issard (DZ&PC, 200700037)				02:22.63(+80)			
50m	00:29.29 29,29	100m	01:05.67 36,38	150m	01:50.69 45,02		
20. Ties Berghs (ZEPS, 200700709)				02:23.90(+66)			
50m	00:28.46 28,46	100m	01:06.33 37,87	150m	01:52.41 46,08		
21. Bjorn Rijkaart (WVZ, 200601337)				02:25.20(+76)			
50m	00:29.35 29,35	100m	01:06.98 37,63	150m	01:50.39 43,41		
22. Thom De Hoog (Blue Marlins, 200600019)				02:35.46(+72)			
50m	00:29.66 29,66	100m	01:06.23 36,57	150m	01:56.30 50,07		
<i>18 - 19 jaar (Senioren 1 en 2)</i>							
1. Yanieck Weijland (Team NL - Blue Marlins, 200500329)				02:03.88(+70)			
50m	00:27.48 27,48	100m	00:59.67 32,19	150m	01:35.09 35,42		
2. Luuk van Rooij (PSV, 200400581)				02:08.82(+66)			
50m	00:26.61 26,61	100m	00:58.98 32,37	150m	01:36.87 37,89		
3. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)				02:09.63(+62)			
50m	00:27.95 27,95	100m	01:01.53 33,58	150m	01:39.38 37,85		
4. Efe öngören (Blue Marlins, 200504459)				02:10.19(+67)			
50m	00:26.74 26,74	100m	01:02.56 35,82	150m	01:39.95 37,39		
5. Abel te Riele (WVZ, 200402317)				02:14.31(+71)			
50m	00:27.79 27,79	100m	01:02.83 35,04	150m	01:41.47 38,64		
6. Youri Voet (De Duinkickers, 200502269)				02:14.78(+69)			
50m	00:28.15 28,15	100m	01:02.63 34,48	150m	01:42.21 39,58		
7. Colin Bes (Zwemclub Polaris, 200500201)				02:16.22(+75)			
50m	00:28.32 28,32	100m	01:03.44 35,12	150m	01:43.28 39,84		
8. Anders van Norden (ZPC AMERSFOORT, 200400039)				02:18.97(+64)			
50m	00:27.30 27,30	100m	01:05.62 38,32	150m	01:45.56 39,94		
9. Cas Verstegen (PSV, 200500891)				02:21.10(+69)			
50m	00:28.56 28,56	100m	01:07.20 38,64	150m	01:46.04 38,84		
41. 800m vrije slag - Dames							
<i>vanaf 11 jaar (Senioren Open)</i>							
1. Serena Stel (De Dolfijn, 199801528)				08:56.62(+69)			
50m	00:30.40 30,40	250m	02:46.68 34,52	450m	05:03.94 34,24	650m	07:20.40 33,71
100m	01:03.70 33,30	300m	03:20.92 34,24	500m	05:38.03 34,09	700m	07:53.75 33,35
150m	01:37.96 34,26	350m	03:55.32 34,40	550m	06:12.32 34,29	750m	08:25.63 31,88
200m	02:12.16 34,20	400m	04:29.70 34,38	600m	06:46.69 34,37		
9. Amé Hulleman (DZ&PC, 200202794)				09:24.95(+81)			
50m	00:32.15 32,15	250m	02:53.44 35,52	450m	05:16.73 35,90	650m	07:40.33 35,74
100m	01:07.16 35,01	300m	03:29.14 35,70	500m	05:52.61 35,88	700m	08:15.96 35,63
150m	01:42.32 35,16	350m	04:04.94 35,80	550m	06:28.54 35,93	750m	08:51.40 35,44
200m	02:17.92 35,60	400m	04:40.83 35,89	600m	07:04.59 36,05		

12. Myrthe Natzijs (DZ&PC, 200400076) 09:42.44(+79)
 50m 00:32.52 32,52 250m 02:57.11 36,64 450m 05:24.90 37,04 650m 07:53.08 36,88
 100m 01:08.07 35,55 300m 03:34.07 36,96 500m 06:01.88 36,98 700m 08:30.15 37,07
 150m 01:44.15 36,08 350m 04:10.83 36,76 550m 06:38.99 37,11 750m 09:07.23 37,08
 200m 02:20.47 36,32 400m 04:47.86 37,03 600m 07:16.20 37,21

14. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 09:54.35(+76)
 50m 00:32.79 32,79 250m 03:01.95 37,97 450m 05:34.75 38,06 650m 08:04.22 37,36
 100m 01:09.35 36,56 300m 03:39.96 38,01 500m 06:11.61 36,86 700m 08:41.53 37,31
 150m 01:46.57 37,22 350m 04:18.37 38,41 550m 06:49.34 37,73 750m 09:19.07 37,54
 200m 02:23.98 37,41 400m 04:56.69 38,32 600m 07:26.86 37,52

15 - 16 jaar (Jeugd 1 en 2)

1. Frouke Ludwig (DZ&PC, 200800112) 09:09.31(+73)
 50m 00:31.27 31,27 250m 02:49.54 35,31 450m 05:08.23 34,50 650m 07:25.98 34,08
 100m 01:04.73 33,46 300m 03:24.34 34,80 500m 05:42.88 34,65 700m 08:00.56 34,58
 150m 01:39.47 34,74 350m 03:59.08 34,74 550m 06:17.52 34,64 750m 08:34.79 34,23
 200m 02:14.23 34,76 400m 04:33.73 34,65 600m 06:51.90 34,38

2. Jade van der Schrier (AZC, 200800692) 09:17.77(+71)
 50m 00:30.64 30,64 250m 02:47.91 34,80 450m 05:07.74 35,24 650m 07:30.48 36,34
 100m 01:04.02 33,38 300m 03:22.81 34,90 500m 05:43.34 35,60 700m 08:07.02 36,54
 150m 01:38.42 34,40 350m 03:57.95 35,14 550m 06:18.66 35,32 750m 08:43.22 36,20
 200m 02:13.11 34,69 400m 04:32.50 34,55 600m 06:54.14 35,48

3. Julie van Nispen (Nuenen, 200800290) 09:24.84(+73)
 50m 00:31.34 31,34 250m 02:52.44 35,25 450m 05:15.64 35,93 650m 07:40.18 35,46
 100m 01:06.15 34,81 300m 03:27.77 35,33 500m 05:51.71 36,07 700m 08:16.12 35,94
 150m 01:41.88 35,73 350m 04:03.55 35,78 550m 06:27.91 36,20 750m 08:51.53 35,41
 200m 02:17.19 35,31 400m 04:39.71 36,16 600m 07:04.72 36,81

4. Laura van Etten (HZ&PC Heerenveen, 200800264) 09:31.44(+79)
 50m 00:31.73 31,73 250m 02:55.91 36,31 450m 05:21.13 36,31 650m 07:45.86 35,62
 100m 01:07.44 35,71 300m 03:32.19 36,28 500m 05:57.65 36,52 700m 08:21.98 36,12
 150m 01:43.59 36,15 350m 04:08.45 36,26 550m 06:33.73 36,08 750m 08:57.56 35,58
 200m 02:19.60 36,01 400m 04:44.82 36,37 600m 07:10.24 36,51

5. Nynke Boerefijn (ZPC AMERSFOORT, 200700114) 09:32.21(+85)
 50m 00:31.28 31,28 250m 02:53.60 36,27 450m 05:19.71 36,50 650m 07:45.37 36,29
 100m 01:05.59 34,31 300m 03:30.08 36,48 500m 05:56.20 36,49 700m 08:21.42 36,05
 150m 01:41.25 35,66 350m 04:06.77 36,69 550m 06:32.78 36,58 750m 08:57.39 35,97
 200m 02:17.33 36,08 400m 04:43.21 36,44 600m 07:09.08 36,30

6. Jill Meines (PSV, 200704846) 09:45.51(+69)
 50m 00:31.97 31,97 250m 02:58.76 36,94 450m 05:28.00 37,07 650m 07:56.74 36,74
 100m 01:07.92 35,95 300m 03:36.32 37,56 500m 06:05.29 37,29 700m 08:34.03 37,29
 150m 01:44.72 36,80 350m 04:13.46 37,14 550m 06:42.49 37,20 750m 09:10.32 36,29
 200m 02:21.82 37,10 400m 04:50.93 37,47 600m 07:20.00 37,51

7. Eline van Rijn (DAW, 200700918) 10:16.90(+73)
 50m 00:33.55 33,55 250m 03:07.65 38,90 450m 05:45.72 39,45 650m 08:23.54 39,36
 100m 01:11.57 38,02 300m 03:46.68 39,03 500m 06:25.15 39,43 700m 09:02.48 38,94
 150m 01:50.15 38,58 350m 04:26.70 40,02 550m 07:04.79 39,64 750m 09:40.61 38,13
 200m 02:28.75 38,60 400m 05:06.27 39,57 600m 07:44.18 39,39

17 - 18 jaar

1. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218) 08:59.55(+72)
 50m 00:30.65 30,65 250m 02:45.88 34,12 450m 05:03.40 34,05 650m 07:19.97 33,92
 100m 01:03.69 33,04 300m 03:20.44 34,56 500m 05:37.71 34,31 700m 07:53.75 33,78
 150m 01:37.57 33,88 350m 03:54.69 34,25 550m 06:11.87 34,16 750m 08:26.79 33,04
 200m 02:11.76 34,19 400m 04:29.35 34,66 600m 06:46.05 34,18

2. Hedwig Bolt (HZ&PC Heerenveen, 200602660) 09:02.47(+77)
 50m 00:30.46 30,46 250m 02:46.71 34,22 450m 05:04.27 34,18 650m 07:21.34 34,20
 100m 01:03.98 33,52 300m 03:21.35 34,64 500m 05:38.63 34,36 700m 07:55.73 34,39
 150m 01:37.95 33,97 350m 03:55.54 34,19 550m 06:12.81 34,18 750m 08:29.67 33,94
 200m 02:12.49 34,54 400m 04:30.09 34,55 600m 06:47.14 34,33

3. Evy Rozeboom (DAW, 200601338) 09:16.86(+80)
 50m 00:31.31 31,31 250m 02:52.54 35,31 450m 05:13.56 35,21 650m 07:34.82 35,08

100m 01:05.80 34,49	300m 03:27.86 35,32	500m 05:48.91 35,35	700m 08:09.85 35,03
150m 01:41.78 35,98	350m 04:03.18 35,32	550m 06:24.29 35,38	750m 08:43.84 33,99
200m 02:17.23 35,45	400m 04:38.35 35,17	600m 06:59.74 35,45	

4. Merel Schravendijk (Blue Marlins, 200503382)

50m 00:30.90 30,90	250m 02:50.08 35,21	450m 05:11.54 35,45	650m 07:34.91 35,47	09:24.64(+75)
100m 01:04.90 34,00	300m 03:25.54 35,46	500m 05:47.49 35,95	700m 08:11.03 36,12	
150m 01:39.71 34,81	350m 04:00.58 35,04	550m 06:23.41 35,92	750m 08:48.02 36,99	
200m 02:14.87 35,16	400m 04:36.09 35,51	600m 06:59.44 36,03		

42. 1500m vrije slag - Heren
vanaf 11 jaar (Senioren Open)

3. Joris Janssen (Aqua-Novio'94, 200301311)

50m 00:28.61 28,61	450m 04:49.15 32,68	800m 08:39.01 32,89	1150m 12:29.06 32,86	16:19.43(+79)
100m 01:00.55 31,94	500m 05:21.93 32,78	850m 09:11.76 32,75	1200m 13:02.13 33,07	
150m 01:33.00 32,45	550m 05:54.59 32,66	900m 09:44.74 32,98	1250m 13:35.04 32,91	
200m 02:05.63 32,63	600m 06:27.54 32,95	950m 10:17.55 32,81	1300m 14:08.31 33,27	
250m 02:38.10 32,47	650m 07:00.41 32,87	1000m 10:50.53 32,98	1350m 14:41.47 33,16	
300m 03:11.05 32,95	700m 07:33.23 32,82	1050m 11:23.22 32,69	1400m 15:14.56 33,09	
350m 03:43.65 32,60	750m 08:06.12 32,89	1100m 11:56.20 32,98	1450m 15:47.25 32,69	
400m 04:16.47 32,82	800m 08:39.01 32,89	1150m 12:29.06 32,86		

16 - 17 jaar (Jeugd 1 en 2)

1. Tiago Fonseca Gomes (Team NL - PSV, 200703587)

50m 00:28.64 28,64	450m 04:43.76 31,99	800m 08:27.85 32,17	1150m 12:13.73 32,08	15:54.23(+65)
100m 01:00.13 31,49	500m 05:16.08 32,32	850m 09:00.29 32,44	1200m 12:45.96 32,23	
150m 01:31.93 31,80	550m 05:47.58 31,50	900m 09:32.39 32,10	1250m 13:18.10 32,14	
200m 02:04.01 32,08	600m 06:19.51 31,93	950m 10:05.17 32,78	1300m 13:49.96 31,86	
250m 02:35.65 31,64	650m 06:51.42 31,91	1000m 10:37.65 32,48	1350m 14:22.38 32,42	
300m 03:07.84 32,19	700m 07:23.39 31,97	1050m 11:09.62 31,97	1400m 14:54.96 32,58	
350m 03:39.78 31,94	750m 07:55.68 32,29	1100m 11:41.65 32,03	1450m 15:25.64 30,68	
400m 04:11.77 31,99	800m 08:27.85 32,17	1150m 12:13.73 32,08		

2. Bram Loots (Team Noord-Holland (SG), 200700197)

50m 00:28.51 28,51	450m 04:43.47 32,30	800m 08:28.41 32,24	1150m 12:13.73 32,34	15:54.42(+65)
100m 00:59.77 31,26	500m 05:15.60 32,13	850m 09:00.65 32,24	1200m 12:45.57 31,84	
150m 01:31.61 31,84	550m 05:47.84 32,24	900m 09:32.94 32,29	1250m 13:18.21 32,64	
200m 02:03.37 31,76	600m 06:19.88 32,04	950m 10:05.31 32,37	1300m 13:50.35 32,14	
250m 02:35.26 31,89	650m 06:51.87 31,99	1000m 10:37.55 32,24	1350m 14:22.37 32,02	
300m 03:07.12 31,86	700m 07:24.04 32,17	1050m 11:09.77 32,22	1400m 14:54.70 32,33	
350m 03:39.22 32,10	750m 07:56.17 32,13	1100m 11:41.39 31,62	1450m 15:25.93 31,23	
400m 04:11.17 31,95	800m 08:28.41 32,24	1150m 12:13.73 32,34		

3. Olivier Wilbers (ZPC Hoogeveen, 200600181)

50m 00:31.54 31,54	450m 05:01.53 33,73	800m 08:57.38 33,77	1150m 12:53.60 33,82	16:51.73(+75)
100m 01:05.06 33,52	500m 05:35.34 33,81	850m 09:31.30 33,92	1200m 13:27.56 33,96	
150m 01:38.95 33,89	550m 06:08.97 33,63	900m 10:04.97 33,67	1250m 14:01.53 33,97	
200m 02:12.74 33,79	600m 06:42.63 33,66	950m 10:38.66 33,69	1300m 14:35.62 34,09	
250m 02:46.39 33,65	650m 07:16.15 33,52	1000m 11:12.43 33,77	1350m 15:09.67 34,05	
300m 03:20.39 34,00	700m 07:49.85 33,70	1050m 11:46.14 33,71	1400m 15:43.82 34,15	
350m 03:54.12 33,73	750m 08:23.61 33,76	1100m 12:19.78 33,64	1450m 16:18.01 34,19	
400m 04:27.80 33,68	800m 08:57.38 33,77	1150m 12:53.60 33,82		

4. Denzel Barthen (WVZ, 200700147)

50m 00:29.17 29,17	450m 05:00.01 34,61	800m 09:01.47 34,72	1150m 13:04.06 34,44	17:01.51(+73)
100m 01:02.00 32,83	500m 05:34.35 34,34	850m 09:36.02 34,55	1200m 13:38.58 34,52	
150m 01:35.19 33,19	550m 06:08.62 34,27	900m 10:10.85 34,83	1250m 14:12.90 34,32	
200m 02:08.74 33,55	600m 06:43.45 34,83	950m 10:45.10 34,25	1300m 14:47.64 34,74	
250m 02:42.54 33,80	650m 07:17.49 34,04	1000m 11:19.70 34,60	1350m 15:22.06 34,42	
300m 03:16.55 34,01	700m 07:52.00 34,51	1050m 11:54.91 35,21	1400m 15:56.03 33,97	
350m 03:50.84 34,29	750m 08:26.75 34,75	1100m 12:29.62 34,71	1450m 16:30.07 34,04	
400m 04:25.40 34,56	800m 09:01.47 34,72	1150m 13:04.06 34,44		

5. Boele Böhm (Blue Marlins, 200700739)

50m 00:29.53 29,53	450m 05:04.75 34,13	800m 09:03.50 34,21	1150m 13:03.97 34,31	17:01.90(+68)
100m 01:02.97 33,44	500m 05:38.86 34,11	850m 09:37.93 34,43	1200m 13:38.75 34,78	
150m 01:37.24 34,27	550m 06:12.72 33,86	900m 10:11.86 33,93	1250m 14:12.91 34,16	
200m 02:11.62 34,38	600m 06:47.16 34,44	950m 10:46.45 34,59	1300m 14:47.28 34,37	

250m 02:46.03 34,41	650m 07:20.90 33,74	1000m 11:21.05 34,60	1350m 15:21.29 34,01
300m 03:20.67 34,64	700m 07:55.18 34,28	1050m 11:55.40 34,35	1400m 15:55.78 34,49
350m 03:55.36 34,69	750m 08:29.29 34,11	1100m 12:29.66 34,26	1450m 16:29.68 33,90
400m 04:30.62 35,26	800m 09:03.50 34,21	1150m 13:03.97 34,31	

6. Bas Blanker (ACZ, 200601497)

17:05.60(+68)

50m 00:30.28 30,28	450m 05:06.04 34,47	800m 09:08.61 34,69	1150m 13:09.21 34,24
100m 01:03.75 33,47	500m 05:40.82 34,78	850m 09:42.89 34,28	1200m 13:43.31 34,10
150m 01:38.17 34,42	550m 06:15.33 34,51	900m 10:17.35 34,46	1250m 14:17.37 34,06
200m 02:12.70 34,53	600m 06:50.29 34,96	950m 10:51.86 34,51	1300m 14:51.80 34,43
250m 02:47.21 34,51	650m 07:24.78 34,49	1000m 11:26.58 34,72	1350m 15:25.88 34,08
300m 03:21.86 34,65	700m 07:59.46 34,68	1050m 12:00.65 34,07	1400m 16:00.17 34,29
350m 03:56.63 34,77	750m 08:33.92 34,46	1100m 12:34.97 34,32	1450m 16:33.81 33,64
400m 04:31.57 34,94	800m 09:08.61 34,69	1150m 13:09.21 34,24	

7. Tijn Hilders (De Dolfijn, 200700027)

17:18.52(+77)

50m 00:29.58 29,58	450m 05:05.55 34,50	800m 09:07.61 35,48	1150m 13:14.53 34,01
100m 01:03.15 33,57	500m 05:39.63 34,08	850m 09:43.25 35,64	1200m 13:50.43 35,90
150m 01:37.24 34,09	550m 06:13.85 34,22	900m 10:18.45 35,20	1250m 14:26.07 35,64
200m 02:11.41 34,17	600m 06:48.17 34,32	950m 10:54.16 35,71	1300m 15:01.79 35,72
250m 02:46.17 34,76	650m 07:22.24 34,07	1000m 11:29.61 35,45	1350m 15:37.14 35,35
300m 03:21.15 34,98	700m 07:57.04 34,80	1050m 12:05.30 35,69	1400m 16:12.61 35,47
350m 03:56.19 35,04	750m 08:32.13 35,09	1100m 12:40.52 35,22	1450m 16:46.34 33,73
400m 04:31.05 34,86	800m 09:07.61 35,48	1150m 13:14.53 34,01	

8. Melle van Veen (Dedemsvaart-AC, 200700661)

17:28.27(+75)

50m 00:30.64 30,64	450m 05:08.13 35,08	800m 09:14.82 35,71	1150m 13:23.07 35,43
100m 01:04.12 33,48	500m 05:43.17 35,04	850m 09:50.47 35,65	1200m 13:58.73 35,66
150m 01:38.40 34,28	550m 06:17.90 34,73	900m 10:25.65 35,18	1250m 14:34.01 35,28
200m 02:13.07 34,67	600m 06:53.53 35,63	950m 11:00.92 35,27	1300m 15:09.88 35,87
250m 02:47.88 34,81	650m 07:28.43 34,90	1000m 11:36.31 35,39	1350m 15:45.34 35,46
300m 03:22.77 34,89	700m 08:03.86 35,43	1050m 12:11.72 35,41	1400m 16:20.55 35,21
350m 03:57.81 35,04	750m 08:39.11 35,25	1100m 12:47.64 35,92	1450m 16:55.18 34,63
400m 04:33.05 35,24	800m 09:14.82 35,71	1150m 13:23.07 35,43	

9. Jere Wiersma (DZ&PC, 200701037)

17:38.08(+76)

50m 00:31.09 31,09	450m 05:17.85 35,54	800m 09:25.09 35,18	1150m 13:31.89 35,42
100m 01:05.99 34,90	500m 05:53.13 35,28	850m 09:59.83 34,74	1200m 14:07.45 35,56
150m 01:41.79 35,80	550m 06:28.72 35,59	900m 10:35.29 35,46	1250m 14:43.26 35,81
200m 02:18.13 36,34	600m 07:04.42 35,70	950m 11:10.38 35,09	1300m 15:18.70 35,44
250m 02:54.49 36,36	650m 07:39.87 35,45	1000m 11:45.64 35,26	1350m 15:54.06 35,36
300m 03:30.19 35,70	700m 08:14.99 35,12	1050m 12:20.99 35,35	1400m 16:29.90 35,84
350m 04:06.57 36,38	750m 08:49.91 34,92	1100m 12:56.47 35,48	1450m 17:04.39 34,49
400m 04:42.31 35,74	800m 09:25.09 35,18	1150m 13:31.89 35,42	

10. Collard Jungeling (DZ&PC, 200701831)

17:38.34(+75)

50m 00:30.67 30,67	450m 05:12.00 35,32	800m 09:21.93 35,50	1150m 13:32.92 35,90
100m 01:05.13 34,46	500m 05:48.09 36,09	850m 09:57.76 35,83	1200m 14:08.59 35,67
150m 01:39.86 34,73	550m 06:23.69 35,60	900m 10:33.74 35,98	1250m 14:43.96 35,37
200m 02:15.02 35,16	600m 06:59.35 35,66	950m 11:09.19 35,45	1300m 15:19.55 35,59
250m 02:50.24 35,22	650m 07:34.70 35,35	1000m 11:45.19 36,00	1350m 15:54.71 35,16
300m 03:25.48 35,24	700m 08:10.52 35,82	1050m 12:21.30 36,11	1400m 16:29.89 35,18
350m 04:00.72 35,24	750m 08:46.43 35,91	1100m 12:57.02 35,72	1450m 17:04.60 34,71
400m 04:36.68 35,96	800m 09:21.93 35,50	1150m 13:32.92 35,90	

11. Thijs Wellink (ZPC AMERSFOORT, 200600715)

17:39.76(+73)

50m 00:29.17 29,17	450m 05:06.10 35,39	800m 09:17.25 36,15	1150m 13:28.82 35,97
100m 01:02.32 33,15	500m 05:41.68 35,58	850m 09:53.06 35,81	1200m 14:05.14 36,32
150m 01:36.18 33,86	550m 06:17.38 35,70	900m 10:28.88 35,82	1250m 14:41.26 36,12
200m 02:10.78 34,60	600m 06:53.25 35,87	950m 11:04.83 35,95	1300m 15:17.42 36,16
250m 02:45.40 34,62	650m 07:29.15 35,90	1000m 11:40.85 36,02	1350m 15:53.64 36,22
300m 03:20.50 35,10	700m 08:05.10 35,95	1050m 12:16.85 36,00	1400m 16:29.84 36,20
350m 03:55.51 35,01	750m 08:41.10 36,00	1100m 12:52.85 36,00	1450m 17:05.32 35,48
400m 04:30.71 35,20	800m 09:17.25 36,15	1150m 13:28.82 35,97	

18 - 19 jaar (Senioren 1 en 2)

1. Borys Rudman (Blue Marlins, 200504479)

16:38.73(+69)

50m 00:28.60 28,60	450m 04:50.88 32,99	800m 08:45.61 33,99	1150m 12:43.47 33,73
100m 01:00.70 32,10	500m 05:23.92 33,04	850m 09:19.52 33,91	1200m 13:17.89 34,42

150m	01:32.91 32,21	550m	05:57.35 33,43	900m	09:53.83 34,31	1250m	13:52.12 34,23
200m	02:05.89 32,98	600m	06:30.88 33,53	950m	10:27.83 34,00	1300m	14:26.11 33,99
250m	02:38.77 32,88	650m	07:03.96 33,08	1000m	11:01.99 34,16	1350m	14:59.73 33,62
300m	03:11.92 33,15	700m	07:37.88 33,92	1050m	11:35.64 33,65	1400m	15:34.24 34,51
350m	03:44.66 32,74	750m	08:11.62 33,74	1100m	12:09.74 34,10	1450m	16:07.74 33,50
400m	04:17.89 33,23	800m	08:45.61 33,99	1150m	12:43.47 33,73		

2. Rens Stijf (ZPC AMERSFOORT, 200501419) 17:18.81(+68)

50m	00:29.42 29,42	450m	05:04.44 35,36	800m	09:11.99 35,16	1150m	13:19.31 35,42
100m	01:02.04 32,62	500m	05:39.62 35,18	850m	09:47.03 35,04	1200m	13:54.40 35,09
150m	01:36.11 34,07	550m	06:14.96 35,34	900m	10:22.22 35,19	1250m	14:29.34 34,94
200m	02:09.89 33,78	600m	06:50.54 35,58	950m	10:57.58 35,36	1300m	15:04.19 34,85
250m	02:44.80 34,91	650m	07:25.79 35,25	1000m	11:32.75 35,17	1350m	15:38.62 34,43
300m	03:19.53 34,73	700m	08:01.30 35,51	1050m	12:08.38 35,63	1400m	16:13.12 34,50
350m	03:54.11 34,58	750m	08:36.83 35,53	1100m	12:43.89 35,51	1450m	16:46.89 33,77
400m	04:29.08 34,97	800m	09:11.99 35,16	1150m	13:19.31 35,42		

3. Luc Kerpels (ZPC Hoogeveen, 200503015) 17:49.34(+78)

50m	00:30.87 30,87	450m	05:11.36 35,54	800m	09:22.46 35,88	1150m	13:36.91 36,45
100m	01:04.38 33,51	500m	05:46.75 35,39	850m	09:58.82 36,36	1200m	14:12.84 35,93
150m	01:39.31 34,93	550m	06:22.58 35,83	900m	10:35.02 36,20	1250m	14:49.29 36,45
200m	02:14.28 34,97	600m	06:58.24 35,66	950m	11:11.56 36,54	1300m	15:25.72 36,43
250m	02:49.65 35,37	650m	07:34.45 36,21	1000m	11:47.93 36,37	1350m	16:02.26 36,54
300m	03:24.68 35,03	700m	08:10.29 35,84	1050m	12:24.14 36,21	1400m	16:38.00 35,74
350m	04:00.16 35,48	750m	08:46.58 36,29	1100m	13:00.46 36,32	1450m	17:13.96 35,96
400m	04:35.82 35,66	800m	09:22.46 35,88	1150m	13:36.91 36,45		

43. 800m vrije slag - Dames

13 - 14 jaar (Junioren 3 en 4)

1. Bregje Dekkers (PSV, 200900746) 09:25.95(+71)

50m	00:31.96 31,96	250m	02:54.02 36,13	450m	05:18.04 35,81	650m	07:40.48 35,90
100m	01:06.31 34,35	300m	03:29.75 35,73	500m	05:53.84 35,80	700m	08:15.72 35,24
150m	01:41.83 35,52	350m	04:06.03 36,28	550m	06:28.98 35,14	750m	08:50.94 35,22
200m	02:17.89 36,06	400m	04:42.23 36,20	600m	07:04.58 35,60		

2. Luus Gielens (PSV, 200900138) 09:30.40(+85)

50m	00:32.49 32,49	250m	02:54.28 35,68	450m	05:18.65 36,02	650m	07:43.37 36,19
100m	01:07.91 35,42	300m	03:30.23 35,95	500m	05:54.84 36,19	700m	08:19.94 36,57
150m	01:43.01 35,10	350m	04:06.33 36,10	550m	06:30.84 36,00	750m	08:55.94 36,00
200m	02:18.60 35,59	400m	04:42.63 36,30	600m	07:07.18 36,34		

3. Juliëtte Woltjes (VZC, 200900774) 09:33.77(+81)

50m	00:31.82 31,82	250m	02:53.63 35,92	450m	05:19.04 36,37	650m	07:47.25 36,63
100m	01:06.72 34,90	300m	03:29.89 36,26	500m	05:55.89 36,85	700m	08:23.97 36,72
150m	01:42.17 35,45	350m	04:06.26 36,37	550m	06:32.87 36,98	750m	08:59.37 35,40
200m	02:17.71 35,54	400m	04:42.67 36,41	600m	07:10.62 37,75		

4. Fenne Metten (ZPC AMERSFOORT, 201000102) 09:35.21(+76)

50m	00:31.66 31,66	250m	02:53.54 35,52	450m	05:19.73 36,36	650m	07:48.16 36,86
100m	01:06.58 34,92	300m	03:29.88 36,34	500m	05:57.15 37,42	700m	08:24.95 36,79
150m	01:42.07 35,49	350m	04:06.21 36,33	550m	06:34.12 36,97	750m	09:00.94 35,99
200m	02:18.02 35,95	400m	04:43.37 37,16	600m	07:11.30 37,18		

5. Elin Ditewig (VZC, 200900392) 09:43.68(+73)

50m	00:32.17 32,17	250m	02:55.50 36,36	450m	05:23.76 37,32	650m	07:53.50 37,30
100m	01:07.37 35,20	300m	03:32.21 36,71	500m	06:01.30 37,54	700m	08:31.07 37,57
150m	01:43.03 35,66	350m	04:09.41 37,20	550m	06:38.67 37,37	750m	09:07.81 36,74
200m	02:19.14 36,11	400m	04:46.44 37,03	600m	07:16.20 37,53		

6. Madeleine Bertram (De Dolfijn, 200900516) 09:48.89(+79)

50m	00:32.40 32,40	250m	02:59.38 37,61	450m	05:28.71 37,46	650m	07:58.95 38,10
100m	01:08.43 36,03	300m	03:36.68 37,30	500m	06:05.73 37,02	700m	08:36.27 37,32
150m	01:45.03 36,60	350m	04:13.86 37,18	550m	06:43.27 37,54	750m	09:13.35 37,08
200m	02:21.77 36,74	400m	04:51.25 37,39	600m	07:20.85 37,58		

7. Amber Kunst (DAW, 200900680) 09:51.68(+66)

50m	00:33.70 33,70	250m	03:00.41 36,94	450m	05:29.78 37,43	650m	08:01.67 38,16
100m	01:10.08 36,38	300m	03:37.53 37,12	500m	06:07.78 38,00	700m	08:39.37 37,70
150m	01:46.63 36,55	350m	04:14.55 37,02	550m	06:45.64 37,86	750m	09:16.54 37,17

	200m 02:23.47 36,84	400m 04:52.35 37,80	600m 07:23.51 37,87	
8. Fenna Westerneng (DZ&PC, 200900070)				09:52.81(+73)
	50m 00:32.56 32,56	250m 02:57.23 36,93	450m 05:28.43 38,14	650m 08:00.65 38,29
	100m 01:08.20 35,64	300m 03:34.45 37,22	500m 06:06.57 38,14	700m 08:38.49 37,84
	150m 01:43.99 35,79	350m 04:11.85 37,40	550m 06:44.06 37,49	750m 09:16.67 38,18
	200m 02:20.30 36,31	400m 04:50.29 38,44	600m 07:22.36 38,30	
9. Djelaysa Buunk (ZPC De Zeeuwse Kust, 200900536)				09:53.90(+76)
	50m 00:32.76 32,76	250m 03:02.00 37,83	450m 05:32.25 37,88	650m 08:04.43 37,88
	100m 01:09.13 36,37	300m 03:39.04 37,04	500m 06:10.34 38,09	700m 08:42.78 38,35
	150m 01:46.62 37,49	350m 04:16.74 37,70	550m 06:48.58 38,24	750m 09:19.28 36,50
	200m 02:24.17 37,55	400m 04:54.37 37,63	600m 07:26.55 37,97	
10. Nina van der Schrier (AZC, 201000444)				09:54.00(+61)
	50m 00:32.02 32,02	250m 03:00.12 37,66	450m 05:32.26 38,53	650m 08:03.97 37,76
	100m 01:08.19 36,17	300m 03:37.92 37,80	500m 06:10.16 37,90	700m 08:41.34 37,37
	150m 01:45.06 36,87	350m 04:15.87 37,95	550m 06:48.26 38,10	750m 09:18.54 37,20
	200m 02:22.46 37,40	400m 04:53.73 37,86	600m 07:26.21 37,95	
11. Nina Tetteroo (De Columbiaan, 201000048)				09:57.03(+81)
	50m 00:32.98 32,98	250m 03:01.40 37,22	450m 05:32.64 38,10	650m 08:04.86 37,97
	100m 01:09.26 36,28	300m 03:38.98 37,58	500m 06:10.68 38,04	700m 08:42.81 37,95
	150m 01:46.66 37,40	350m 04:16.90 37,92	550m 06:48.99 38,31	750m 09:20.52 37,71
	200m 02:24.18 37,52	400m 04:54.54 37,64	600m 07:26.89 37,90	
12. Ece Ongören (Blue Marlins, 200903862)				10:08.41(+73)
	50m 00:34.24 34,24	250m 03:06.39 37,88	450m 05:39.72 38,18	650m 08:13.91 38,41
	100m 01:12.29 38,05	300m 03:44.85 38,46	500m 06:18.45 38,73	700m 08:52.81 38,90
	150m 01:50.27 37,98	350m 04:23.08 38,23	550m 06:56.92 38,47	750m 09:30.89 38,08
	200m 02:28.51 38,24	400m 05:01.54 38,46	600m 07:35.50 38,58	
13. Chiara Lammertink (ZPC AMERSFOORT, 200902200)				10:11.88(+80)
	50m 00:32.51 32,51	250m 03:03.20 38,78	450m 05:39.74 39,94	650m 08:18.68 38,33
	100m 01:08.74 36,23	300m 03:40.73 37,53	500m 06:19.65 39,91	700m 08:59.15 40,47
	150m 01:46.65 37,91	350m 04:20.98 40,25	550m 06:59.81 40,16	750m 09:36.42 37,27
	200m 02:24.42 37,77	400m 04:59.80 38,82	600m 07:40.35 40,54	
14. Jenny Muntinga (ZPCH, 200900450)				10:16.80(+65)
	50m 00:34.06 34,06	250m 03:09.25 39,77	450m 05:47.52 39,50	650m 08:24.69 38,77
	100m 01:11.51 37,45	300m 03:49.18 39,93	500m 06:27.14 39,62	700m 09:02.90 38,21
	150m 01:50.10 38,59	350m 04:28.85 39,67	550m 07:06.24 39,10	750m 09:40.42 37,52
	200m 02:29.48 39,38	400m 05:08.02 39,17	600m 07:45.92 39,68	
15. Erin de Jong (GZC DONK, 201000024)				10:24.04(+92)
	50m 00:33.68 33,68	250m 03:07.17 39,22	450m 05:46.01 39,60	650m 08:25.07 39,45
	100m 01:10.89 37,21	300m 03:46.75 39,58	500m 06:26.02 40,01	700m 09:04.86 39,79
	150m 01:49.00 38,11	350m 04:26.68 39,93	550m 07:05.76 39,74	750m 09:44.59 39,73
	200m 02:27.95 38,95	400m 05:06.41 39,73	600m 07:45.62 39,86	
44. 1500m vrije slag - Heren				
14 - 15 jaar (Junioren 3 en 4)				
1. Bas Mostert (VZC, 200800629)				16:37.18(+74)
	50m 00:28.67 28,67	450m 04:50.82 33,47	800m 08:45.79 33,37	1150m 12:42.48 33,70
	100m 01:00.04 31,37	500m 05:24.27 33,45	850m 09:19.51 33,72	1200m 13:16.31 33,83
	150m 01:31.94 31,90	550m 05:57.93 33,66	900m 09:53.46 33,95	1250m 13:50.37 34,06
	200m 02:04.46 32,52	600m 06:31.74 33,81	950m 10:26.90 33,44	1300m 14:24.48 34,11
	250m 02:37.47 33,01	650m 07:05.01 33,27	1000m 11:00.58 33,68	1350m 14:58.15 33,67
	300m 03:10.58 33,11	700m 07:38.62 33,61	1050m 11:34.64 34,06	1400m 15:31.72 33,57
	350m 03:44.10 33,52	750m 08:12.42 33,80	1100m 12:08.78 34,14	1450m 16:05.14 33,42
	400m 04:17.35 33,25	800m 08:45.79 33,37	1150m 12:42.48 33,70	
2. Diede Veld (HZ&PC Heerenveen, 200800011)				16:49.63(+79)
	50m 00:30.53 30,53	450m 05:00.37 34,12	800m 08:57.06 33,69	1150m 12:53.21 33,48
	100m 01:03.77 33,24	500m 05:34.76 34,39	850m 09:30.73 33,67	1200m 13:27.35 34,14
	150m 01:37.32 33,55	550m 06:08.67 33,91	900m 10:04.30 33,57	1250m 14:01.25 33,90
	200m 02:10.90 33,58	600m 06:42.27 33,60	950m 10:38.28 33,98	1300m 14:35.48 34,23
	250m 02:44.57 33,67	650m 07:15.69 33,42	1000m 11:12.03 33,75	1350m 15:09.63 34,15
	300m 03:18.26 33,69	700m 07:49.51 33,82	1050m 11:45.79 33,76	1400m 15:43.35 33,72

350m	03:52.15 33,89	750m	08:23.37 33,86	1100m	12:19.73 33,94	1450m	16:16.65 33,30
400m	04:26.25 34,10	800m	08:57.06 33,69	1150m	12:53.21 33,48		
3. Martijn Nies (PSV, 200902095)							16:58.86(+85)
50m	00:29.51 29,51	450m	04:57.09 33,88	800m	08:57.50 35,06	1150m	12:59.97 34,15
100m	01:01.75 32,24	500m	05:31.19 34,10	850m	09:31.93 34,43	1200m	13:35.21 35,24
150m	01:34.71 32,96	550m	06:04.69 33,50	900m	10:07.14 35,21	1250m	14:09.65 34,44
200m	02:08.30 33,59	600m	06:38.64 33,95	950m	10:42.23 35,09	1300m	14:44.35 34,70
250m	02:41.32 33,02	650m	07:13.10 34,46	1000m	11:18.03 35,80	1350m	15:18.41 34,06
300m	03:15.43 34,11	700m	07:47.85 34,75	1050m	11:50.88 32,85	1400m	15:53.28 34,87
350m	03:49.26 33,83	750m	08:22.44 34,59	1100m	12:25.82 34,94	1450m	16:26.21 32,93
400m	04:23.21 33,95	800m	08:57.50 35,06	1150m	12:59.97 34,15		
4. Sven Koorstra (De Vikings, 200900189)							17:00.51(+82)
50m	00:32.05 32,05	450m	05:09.94 34,85	800m	09:05.96 33,84	1150m	13:05.23 34,44
100m	01:06.11 34,06	500m	05:44.87 34,93	850m	09:39.80 33,84	1200m	13:39.42 34,19
150m	01:40.86 34,75	550m	06:19.93 35,06	900m	10:13.35 33,55	1250m	14:13.77 34,35
200m	02:15.49 34,63	600m	06:54.76 34,83	950m	10:48.24 34,89	1300m	14:47.70 33,93
250m	02:50.37 34,88	650m	07:25.74 30,98	1000m	11:21.98 33,74	1350m	15:21.98 34,28
300m	03:25.15 34,78	700m	07:58.37 32,63	1050m	11:56.50 34,52	1400m	15:56.07 34,09
350m	04:00.13 34,98	750m	08:32.12 33,75	1100m	12:30.79 34,29	1450m	16:29.48 33,41
400m	04:35.09 34,96	800m	09:05.96 33,84	1150m	13:05.23 34,44		
5. Milan Veelders (De Dinkel, 200800279)							17:13.70(+83)
50m	00:29.99 29,99	450m	04:59.90 34,24	800m	09:01.33 34,89	1150m	13:06.05 34,77
100m	01:02.56 32,57	500m	05:34.29 34,39	850m	09:36.25 34,92	1200m	13:41.64 35,59
150m	01:36.02 33,46	550m	06:08.95 34,66	900m	10:11.06 34,81	1250m	14:17.59 35,95
200m	02:09.77 33,75	600m	06:42.93 33,98	950m	10:46.31 35,25	1300m	14:53.36 35,77
250m	02:43.21 33,44	650m	07:17.40 34,47	1000m	11:21.45 35,14	1350m	15:28.96 35,60
300m	03:17.09 33,88	700m	07:51.98 34,58	1050m	11:56.36 34,91	1400m	16:04.09 35,13
350m	03:51.26 34,17	750m	08:26.44 34,46	1100m	12:31.28 34,92	1450m	16:39.74 35,65
400m	04:25.66 34,40	800m	09:01.33 34,89	1150m	13:06.05 34,77		
6. Jelte de Jong (ZPCH, 200900975)							17:19.95(+73)
50m	00:30.61 30,61	450m	05:05.46 34,57	800m	09:09.09 35,09	1150m	13:15.06 35,07
100m	01:03.76 33,15	500m	05:40.07 34,61	850m	09:44.20 35,11	1200m	13:50.29 35,23
150m	01:37.94 34,18	550m	06:14.70 34,63	900m	10:19.27 35,07	1250m	14:25.91 35,62
200m	02:12.32 34,38	600m	06:49.43 34,73	950m	10:54.34 35,07	1300m	15:01.37 35,46
250m	02:46.78 34,46	650m	07:24.34 34,91	1000m	11:29.38 35,04	1350m	15:36.29 34,92
300m	03:21.19 34,41	700m	07:59.19 34,85	1050m	12:04.58 35,20	1400m	16:11.35 35,06
350m	03:55.91 34,72	750m	08:34.00 34,81	1100m	12:39.99 35,41	1450m	16:45.94 34,59
400m	04:30.89 34,98	800m	09:09.09 35,09	1150m	13:15.06 35,07		
7. Gijs Hartwijk (ZVL-1886, 200800573)							17:47.75(+59)
50m	00:31.01 31,01	450m	05:13.36 36,27	800m	09:24.21 35,98	1150m	13:36.95 35,78
100m	01:05.17 34,16	500m	05:48.66 35,30	850m	10:00.01 35,80	1200m	14:13.14 36,19
150m	01:40.04 34,87	550m	06:24.29 35,63	900m	10:36.25 36,24	1250m	14:49.24 36,10
200m	02:15.09 35,05	600m	07:00.49 36,20	950m	11:12.67 36,42	1300m	15:25.79 36,55
250m	02:50.57 35,48	650m	07:36.20 35,71	1000m	11:48.70 36,03	1350m	16:01.83 36,04
300m	03:26.11 35,54	700m	08:12.32 36,12	1050m	12:24.74 36,04	1400m	16:37.86 36,03
350m	04:01.57 35,46	750m	08:48.23 35,91	1100m	13:01.17 36,43	1450m	17:13.53 35,67
400m	04:37.09 35,52	800m	09:24.21 35,98	1150m	13:36.95 35,78		
8. Joey Pop (ZVVS, 200800277)							17:48.66(+81)
50m	00:30.70 30,70	450m	05:13.23 35,88	800m	09:24.90 36,40	1150m	13:38.17 36,07
100m	01:05.05 34,35	500m	05:48.81 35,58	850m	10:00.91 36,01	1200m	14:14.58 36,41
150m	01:39.76 34,71	550m	06:24.91 36,10	900m	10:36.90 35,99	1250m	14:50.47 35,89
200m	02:14.72 34,96	600m	07:00.65 35,74	950m	11:13.26 36,36	1300m	15:27.84 37,37
250m	02:50.58 35,86	650m	07:36.59 35,94	1000m	11:49.58 36,32	1350m	16:03.34 35,50
300m	03:25.73 35,15	700m	08:12.35 35,76	1050m	12:25.56 35,98	1400m	16:39.59 36,25
350m	04:01.91 36,18	750m	08:48.50 36,15	1100m	13:02.10 36,54	1450m	17:15.24 35,65
400m	04:37.35 35,44	800m	09:24.90 36,40	1150m	13:38.17 36,07		
9. Felix Gepkens (VZC, 200800631)							17:58.09(+82)
50m	00:31.02 31,02	450m	05:16.22 36,72	800m	09:28.96 35,99	1150m	13:43.64 36,28
100m	01:05.51 34,49	500m	05:52.06 35,84	850m	10:05.30 36,34	1200m	14:20.00 36,36
150m	01:40.72 35,21	550m	06:28.55 36,49	900m	10:41.71 36,41	1250m	14:57.08 37,08
200m	02:16.47 35,75	600m	07:04.37 35,82	950m	11:18.74 37,03	1300m	15:33.76 36,68
250m	02:51.71 35,24	650m	07:40.55 36,18	1000m	11:54.92 36,18	1350m	16:10.64 36,88

300m 03:27.64 35,93	700m 08:16.71 36,16	1050m 12:31.65 36,73	1400m 16:46.95 36,31
350m 04:03.64 36,00	750m 08:52.97 36,26	1100m 13:07.36 35,71	1450m 17:23.07 36,12
400m 04:39.50 35,86	800m 09:28.96 35,99	1150m 13:43.64 36,28	

10. Adriaan Coppelmans (AZC, 200903243) 18:01.49(+64)

50m 00:29.09 29,09	450m 05:13.00 36,39	800m 09:30.89 37,14	1150m 13:46.45 36,35
100m 01:02.13 33,04	500m 05:50.01 37,01	850m 10:07.05 36,16	1200m 14:23.00 36,55
150m 01:36.62 34,49	550m 06:26.78 36,77	900m 10:43.89 36,84	1250m 14:59.30 36,30
200m 02:11.86 35,24	600m 07:03.63 36,85	950m 11:20.38 36,49	1300m 15:36.37 37,07
250m 02:47.89 36,03	650m 07:40.15 36,52	1000m 11:57.23 36,85	1350m 16:12.79 36,42
300m 03:23.78 35,89	700m 08:17.17 37,02	1050m 12:33.49 36,26	1400m 16:49.93 37,14
350m 04:00.14 36,36	750m 08:53.75 36,58	1100m 13:10.10 36,61	1450m 17:26.44 36,51
400m 04:36.61 36,47	800m 09:30.89 37,14	1150m 13:46.45 36,35	

11. Aidan van der Stelt (Blue Marlins, 200900901) 18:10.51(+72)

50m 00:30.48 30,48	450m 05:18.52 36,67	800m 09:35.58 36,73	1150m 13:53.25 36,96
100m 01:05.08 34,60	500m 05:55.43 36,91	850m 10:12.44 36,86	1200m 14:30.78 37,53
150m 01:40.61 35,53	550m 06:32.18 36,75	900m 10:49.28 36,84	1250m 15:07.92 37,14
200m 02:16.42 35,81	600m 07:08.74 36,56	950m 11:25.63 36,35	1300m 15:45.14 37,22
250m 02:52.28 35,86	650m 07:45.57 36,83	1000m 12:02.50 36,87	1350m 16:21.29 36,15
300m 03:28.43 36,15	700m 08:22.55 36,98	1050m 12:39.34 36,84	1400m 16:59.07 37,78
350m 04:04.97 36,54	750m 08:58.85 36,30	1100m 13:16.29 36,95	1450m 17:35.79 36,72
400m 04:41.85 36,88	800m 09:35.58 36,73	1150m 13:53.25 36,96	

12. Teun van Weeren (WS Twente, 200801145) 18:27.30(+70)

50m 00:31.64 31,64	450m 05:21.54 37,30	800m 09:43.86 37,77	1150m 14:07.47 37,58
100m 01:05.84 34,20	500m 05:59.01 37,47	850m 10:21.47 37,61	1200m 14:45.08 37,61
150m 01:41.54 35,70	550m 06:36.48 37,47	900m 10:58.98 37,51	1250m 15:22.61 37,53
200m 02:17.33 35,79	600m 07:13.59 37,11	950m 11:36.81 37,83	1300m 15:59.94 37,33
250m 02:54.12 36,79	650m 07:51.14 37,55	1000m 12:14.48 37,67	1350m 16:37.30 37,36
300m 03:30.30 36,18	700m 08:28.61 37,47	1050m 12:52.19 37,71	1400m 17:14.56 37,26
350m 04:07.28 36,98	750m 09:06.09 37,48	1100m 13:29.89 37,70	1450m 17:51.67 37,11
400m 04:44.24 36,96	800m 09:43.86 37,77	1150m 14:07.47 37,58	

DIS. Bram ter Braak (De Dinkel, 200800281) 00:00.00

sessie 8 - finales - zondag 16 juni 2024 om 16:00u (50 m)

Aanvangstijd juryvergadering: 15:00u

134. 50m schoolslag - Heren
vanaf 11 jaar (Senioren Open)

1. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [SB13]	00:31.36(+68)
2. Bram Daalman (ZPC AMERSFOORT, 200300629) [SB14]	00:35.70(+80)
3. Julian Hendriks (De Otters Het Gooi, 200603717) [SB6]	00:49.46

34. 50m schoolslag - Heren
vanaf 11 jaar (Senioren Open)

1. Koen de Groot (Team NL - PSV, 200401059)	00:27.39(+62)
2. Ivo Kroes (Team NL - Azuro, 200300079)	00:28.33(+68)
3. Bram Zwetsloot (Team NL - Nuenen, 200202117)	00:28.71(+62)
4. Ensger Kotterink (Feijenoord Albion Zwemclub, 199403391)	00:28.76(+61)
5. Max Peters (Nuenen, 199903123)	00:28.78(+62)
6. Kingue Struijf (De Dolfijn, 199400913)	00:28.80(+65)
7. River Streefland (Blue Marlins, 200502253)	00:28.83(+69)
8. Collin van der Hoff (WVZ, 200604357)	00:29.54(+67)
9. Juri Dijkstra (De Dolfijn, 200002119)	00:29.21(+68)
10. Duncan van Haaren (ZPC AMERSFOORT, 200000681)	00:29.39(+69)
11. Wietse Waninge (ZPC AMERSFOORT, 199800023)	00:29.41(+66)

12. Anders van Norden (ZPC AMERSFOORT, 200400039)	00:29.62(+65)
13. Dominique Sikkema (DZ&PC, 199500399)	00:29.71(+62)
14. Cas Verstegen (PSV, 200500891)	00:29.85(+66)
15. Matthijs van Meerendonk (DZ&PC, 199900375)	00:30.26(+59)
16. Niels Chrisstoffels (ZPC AMERSFOORT, 200404807)	00:30.29(+74)
. Storm Boxum (DZ&PC, 200700421)	
135. 100m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11] 50m 00:37.00 37,00	01:22.34(+66)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10] 50m 00:31.77 31,77	01:09.14(+75)
3. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9] 50m 00:32.59 32,59	01:09.68(+73)
4. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12] 50m 00:35.82 35,82	01:21.88(+81)
5. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9] 50m 00:37.72 37,72	01:20.34(+69)
35. 100m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124) 50m 00:26.69 26,69	00:57.71(+59)
2. Femke Spiering (ZPC AMERSFOORT, 200204514) 50m 00:28.34 28,34	01:00.30(+72)
3. Evy Rozeboom (DAW, 200601338) 50m 00:29.05 29,05	01:01.57(+79)
4. Kirsten Verhalle (PSV, 200400210) 50m 00:28.89 28,89	01:02.29(+75)
5. Elise Tanis (De Dolfijn, 200200120) 50m 00:28.85 28,85	01:02.45(+69)
6. Amber Celie (De Dolfijn, 200300756) 50m 00:29.31 29,31	01:03.79(+70)
7. Fenna de Groot (Feijenoord Albion Zwemclub, 199701796) 50m 00:29.00 29,00	01:03.85(+68)
8. Frouke Ludwig (DZ&PC, 200800112) 50m 00:30.02 30,02	01:04.25(+69)
9. Kim Jansen van Galen (PSV, 200201594) 50m 00:29.86 29,86	01:04.47(+72)
10. Lieke Oude Lenferink (De Dolfijn, 200200068) 50m 00:29.75 29,75	01:04.77(+73)
11. Silke Molendijk (ZVL-1886, 200100178) 50m 00:31.20 31,20	01:05.64(+69)
12. Nikita van den Ouden (PSV, 199900622) 50m 00:30.51 30,51	01:05.95(+74)
13. Kim Zwinkels (ZPCH, 200300422) 50m 00:30.67 30,67	01:05.98(+77)
14. Michelle van Wijk (WWV Winterswijk, 200204746) 50m 00:30.05 30,05	01:06.07(+74)

15. Indira van Aggele (De Dolfijn, 200804424)	01:06.10(+80)
50m 00:31.02 31,02	
16. Marit Boomers (Blue Marlins, 200804810)	01:06.11(+70)
50m 00:30.67 30,67	
. Luca Ebbing (DZ&PC, 199802406)	
. Rafaela Mulders (Team Noord-Holland (SG), 200701398)	
136. 100m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [S11]	01:00.37(+64)
50m 00:28.93 28,93	
2. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [S6]	01:07.94(+81)
50m 00:31.78 31,78	
3. Thomas van Wanrooij (TeamNL PARA - Blue Marlins, 200201473) [S13]	00:55.99(+71)
50m 00:26.81 26,81	
4. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [S10]	00:56.12(+75)
50m 00:27.20 27,20	
5. Julian Hendriks (De Otters Het Gooi, 200603717) [S7]	01:11.11
50m 00:34.16 34,16	
6. Thomas Braat (AZC, 200802269) [S14]	01:06.97(+78)
50m 00:31.18 31,18	
7. Jesse Bruines (Batavia Swim, 200402413) [S9]	01:09.18(+75)
50m 00:33.63 33,63	
36. 100m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Sean Niewold (Feijenoord Albion Zwemclub, 200204699)	00:48.85(+66)
50m 00:23.80 23,80	
2. Stan Pijnenburg (Team NL - PSV, 199600427)	00:49.28(+63)
50m 00:23.50 23,50	
3. Brandon van den Berg (Team NL - Blue Marlins, 200200669)	00:50.53(+68)
50m 00:24.15 24,15	
4. Perry Laarhoven (Feijenoord Albion Zwemclub, 200301321)	00:50.82(+75)
50m 00:24.24 24,24	
5. Ivo Stolk (Feijenoord Albion Zwemclub, 200100615)	00:50.98(+67)
50m 00:24.16 24,16	
6. Giovanni Phillipson (Team Noord-Holland (SG), 200801099)	00:51.04(+73)
50m 00:24.47 24,47	
7. Merlin Belmon (Team NL - PSV, 200403191)	00:51.79(+72)
50m 00:24.97 24,97	
8. Vince van der Pal (Team NL - De Dolfijn, 200401869)	00:51.87(+71)
50m 00:25.04 25,04	
9. Lucas Peters (ZPC AMERSFOORT, 200301325)	00:51.42(+67)
50m 00:25.11 25,11	
10. Austin Namesnik (ZPC AMERSFOORT, 200101817)	00:51.61(+60)
50m 00:25.11 25,11	
11. Koen Marsman (ZPC AMERSFOORT, 200502763)	00:51.77(+65)
50m 00:25.12 25,12	
12. Michael Smink (Blue Marlins, 200302169)	00:51.85(+68)
50m 00:24.90 24,90	

13. Rijk Heere (ZPC AMERSFOORT, 200300897)		00:52.11(+64)
50m 00:24.87 24,87		
14. Siem de Zeeuw (OZ&PC, 200800013)		00:52.25(+71)
50m 00:24.95 24,95		
15. Raf Hendriks (Hellas-Glana, 200100879)		00:52.40(+67)
50m 00:25.15 25,15		
16. Floris Tanis (Feijenoord Albion Zwemclub, 200700005)		00:52.75(+68)
50m 00:25.18 25,18		
. Nándor Szabó (De Dolfijn, 200700475)		
. Colin Bes (Zwemclub Polaris, 200500201)		
37. 200m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Lotte Hosper (Team NL - Blue Marlins, 200201414)		02:11.02(+67)
50m 00:30.17 30,17 100m 01:02.52 32,35 150m 01:36.55 34,03		
2. Jinth Engelse (NieMo Barracuda, 200800204)		02:16.14(+62)
50m 00:31.69 31,69 100m 01:06.07 34,38 150m 01:41.35 35,28		
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)		02:17.65(+58)
50m 00:31.84 31,84 100m 01:06.69 34,85 150m 01:42.44 35,75		
4. Eefje Irvine (De Dolfijn, 200700164)		02:21.66(+59)
50m 00:32.57 32,57 100m 01:08.68 36,11 150m 01:45.21 36,53		
5. Laura van Etten (HZ&PC Heerenveen, 200800264)		02:23.68(+66)
50m 00:33.73 33,73 100m 01:09.74 36,01 150m 01:46.82 37,08		
6. Maaïke Ooms (ZPC AMERSFOORT, 200801580)		02:23.79(+72)
50m 00:32.97 32,97 100m 01:09.26 36,29 150m 01:47.04 37,78		
7. Dachen Haaijer (ZPC Hoogeveen, 200800380)		02:25.08(+68)
50m 00:33.50 33,50 100m 01:09.91 36,41 150m 01:47.88 37,97		
8. Fay Boxum (DZ&PC, 200900060)		02:25.27(+60)
50m 00:33.03 33,03 100m 01:09.45 36,42 150m 01:47.42 37,97		
9. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)		02:23.25(+60)
50m 00:33.24 33,24 100m 01:09.70 36,46 150m 01:46.50 36,80		
10. Isa Schellekens (Z&PC Zegenwerp, 200002330)		02:25.28(+66)
50m 00:34.16 34,16 100m 01:11.01 36,85 150m 01:48.52 37,51		
11. Nikita van den Ouden (PSV, 199900622)		02:25.44(+72)
50m 00:33.88 33,88 100m 01:10.35 36,47 150m 01:48.12 37,77		
12. Floor Hogervorst (Blue Marlins, 200701400)		02:27.22(+67)
50m 00:33.20 33,20 100m 01:10.66 37,46 150m 01:49.15 38,49		
13. Maaïke Issard (DZ&PC, 200300022)		02:27.86(+77)
50m 00:35.38 35,38 100m 01:12.82 37,44 150m 01:50.44 37,62		
14. Robin Goossens (Nuenen, 200003128)		02:28.18(+84)
50m 00:35.11 35,11 100m 01:12.67 37,56 150m 01:50.81 38,14		
15. Myrthe Natzijl (DZ&PC, 200400076)		02:29.70(+69)
50m 00:35.15 35,15 100m 01:12.88 37,73 150m 01:51.56 38,68		
16. Esmee Mulder (DZ&PC, 200800038)		02:33.02(+57)
50m 00:34.63 34,63 100m 01:13.09 38,46 150m 01:53.19 40,10		
. Isa Willemsen (Aqua-Novio'94, 199900628)		
38. 200m vlinderslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Hendrik van der Leest (PSV, 200404339)		02:02.10(+65)
50m 00:26.62 26,62 100m 00:57.43 30,81 150m 01:29.33 31,90		

2. Niels de Boer (Hellas-Glana, 200001977)	50m 00:26.40 26,40	100m 00:56.71 30,31	150m 01:28.79 32,08	02:02.84(+70)
3. Tiago Fonseca Gomes (Team NL - PSV, 200703587)	50m 00:27.42 27,42	100m 00:58.68 31,26	150m 01:30.93 32,25	02:03.05(+64)
4. Émile Fouzaï (Blue Marlins, 200500263)	50m 00:27.56 27,56	100m 00:58.93 31,37	150m 01:31.43 32,50	02:04.48(+69)
5. Marlon Borger (PSV, 200404817)	50m 00:27.74 27,74	100m 01:00.69 32,95	150m 01:34.43 33,74	02:07.79(+72)
6. Vincent Huele (Blue Marlins, 200703423)	50m 00:28.50 28,50	100m 01:00.51 32,01	150m 01:35.64 35,13	02:14.08(+78)
7. Guus Hoogduin (ZVL-1886, 200201069)	50m 00:29.40 29,40	100m 01:02.66 33,26	150m 01:37.91 35,25	02:14.32(+69)
8. Milco Matla (PSV, 200600555)	50m 00:29.60 29,60	100m 01:04.26 34,66	150m 01:40.68 36,42	02:16.67(+76)
9. Collard Jungeling (DZ&PC, 200701831)	50m 00:30.44 30,44	100m 01:04.28 33,84	150m 01:39.11 34,83	02:15.48(+72)
10. Kalle van Gemert (ZPC De Zeeuwse Kust, 199801259)	50m 00:28.90 28,90	100m 01:03.53 34,63	150m 01:39.26 35,73	02:16.59(+68)
11. Léon van Grevenbroek (CWW Swim team (SG), 200601323)	50m 00:29.00 29,00	100m 01:04.18 35,18	150m 01:40.72 36,54	02:17.94(+68)
12. Lucas van Rooij (PSV, 200603943)	50m 00:30.34 30,34	100m 01:05.73 35,39	150m 01:42.14 36,41	02:18.66(+69)
13. Gerard Willighagen (Poseidon'56, 200103663)	50m 00:29.77 29,77	100m 01:04.83 35,06	150m 01:41.87 37,04	02:19.02(+67)
14. Bjorn van den Berge (ZPC De Zeeuwse Kust, 200701991)	50m 00:30.36 30,36	100m 01:06.09 35,73	150m 01:43.27 37,18	02:20.15(+66)
15. Pepijn van Egmond (WVZ, 200402309)	50m 00:29.34 29,34	100m 01:04.32 34,98	150m 01:41.63 37,31	02:20.95(+67)
16. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	50m 00:31.21 31,21	100m 01:07.36 36,15	150m 01:44.83 37,47	02:24.11(+75)
. Lou van Leeuwen (De Dolfijn, 200702779)				
. Rick van Hamond (Z&PC Zegenwerp, 199205873)				
139. 50m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>				
1. Liesette Bruinsma (TeamNL PARA - HZ&PC Heerenveen, 200004346) [S11]				00:30.01(+66)
2. Lisa Kruger (TeamNL PARA - De Dolfijn, 200005304) [S10]				00:28.67(+74)
3. Florianne Bultje (TeamNL PARA - DWT, 199804342) [S9]				00:29.47(+75)
4. Irene van Drimmelen (MSV-Zeemacht, 200502210) [S12]				00:30.33(+88)
5. Milou van Winkel (WVZ, 200402296) [S14]				00:30.67(+74)
6. Suzie Pellis (TeamNL PARA - De Krabben, 200701600) [S9]				00:32.41(+72)
39. 50m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>				
1. Tessa Giele (Feijenoord Albion Zwemclub, 200203124)				00:24.77(+57)
2. Valerie van Roon (De Dolfijn, 199802326)				00:24.95(+67)
3. Milou van Wijk (Team NL - WVZ, 200404948)				00:25.31(+73)
4. Britta Koehorst (WVZ, 200300246)				00:25.33(+63)

5. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:25.82(+67)
6. Megan Jonkman (Blue Marlins, 200600508)	00:26.02(+74)
7. Sara Korhuis (DZ&PC, 200600494)	00:26.07(+71)
8. Rosalie Reef (ZPC AMERSFOORT, 200800426)	00:26.14(+72)
9. Kirsten Verhalle (PSV, 200400210)	00:26.36(+74)
10. Hylcke de Beer (PSV, 200700006)	00:26.55(+70)
11. Angelina Rolman (Team NL - De Dolfijn, 200701972)	00:26.57(+68)
12. Anna van Droffelaar (Team NL - PSV, 200400258)	00:26.58(+62)
13. Mare Schallenberg (ACZ, 200600078)	00:26.65(+69)
14. Janne Slegers (PSV, 200404090)	00:26.79(+70)
15. Marjolein Delno (VZC, 199400024)	00:27.15(+74)
16. Michelle Zomerdijk (Dedemsvaart-AC, 200003196)	00:27.44(+67)
. Lynn Blommers (Blue Marlins, 200105062)	
. Kim Jansen van Galen (PSV, 200201594)	
140. 200m wisselslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Rogier Dorsman (TeamNL PARA - ZZ&PC De Devel, 199900211) [SM11]	02:23.53(+66)
50m 00:29.84 29,84 100m 01:09.44 39,60 150m 01:48.64 39,20	
2. Bas Takken (TeamNL PARA - De Dolfijn, 199901643) [SM10]	02:21.30(+77)
50m 00:31.07 31,07 100m 01:07.24 36,17 150m 01:49.00 41,76	
3. Thijs van Hofweegen (ZPC AMERSFOORT, 199605253) [SM6]	02:58.80(+86)
50m 00:43.61 43,61 100m 01:31.39 47,78 150m 02:20.31 48,92	
4. Thomas Braat (AZC, 200802269) [SM14]	02:48.31(+89)
50m 00:36.21 36,21 100m 01:19.46 43,25 150m 02:11.26 51,80	
40. 200m wisselslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Yanieck Weijland (Team NL - Blue Marlins, 200500329)	02:03.40(+68)
50m 00:27.27 27,27 100m 00:59.72 32,45 150m 01:35.00 35,28	
2. Lars Verhalle (PSV, 200200019)	02:05.00(+73)
50m 00:26.38 26,38 100m 00:58.80 32,42 150m 01:35.05 36,25	
3. Lucas Greven (Hellas-Glana, 199501941)	02:06.53(+69)
50m 00:26.82 26,82 100m 00:59.57 32,75 150m 01:35.64 36,07	
4. Nikodim Markovic (Blue Marlins, 200700255)	02:06.86(+64)
50m 00:26.34 26,34 100m 00:59.04 32,70 150m 01:36.69 37,65	
5. Niels Dijkshoorn (Team NL - PSV, 200203079)	02:07.39(+72)
50m 00:27.28 27,28 100m 00:59.68 32,40 150m 01:37.52 37,84	
6. Efe öngören (Blue Marlins, 200504459)	02:09.19(+66)
50m 00:26.62 26,62 100m 01:02.14 35,52 150m 01:39.95 37,81	
7. Bram Zwetsloot (Team NL - Nuenen, 200202117)	02:09.37(+63)
50m 00:27.42 27,42 100m 01:03.00 35,58 150m 01:37.64 34,64	
8. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	02:09.72(+64)
50m 00:27.85 27,85 100m 01:01.09 33,24 150m 01:39.30 38,21	
9. Wytse Broekstra (De Vikings, 200800121)	02:06.79(+77)
50m 00:27.97 27,97 100m 00:59.79 31,82 150m 01:36.11 36,32	
10. Abel te Riele (WVZ, 200402317)	02:11.62(+73)
50m 00:27.82 27,82 100m 01:02.47 34,65 150m 01:40.73 38,26	

11. Tiede Groener (De Dinkel, 200700155)				02:12.34(+72)
50m	00:27.53	27,53	100m 01:00.92	33,39
150m	01:40.76	39,84		
12. Mies de Wit (CWW Swim team (SG), 200700315)				02:13.12(+65)
50m	00:27.64	27,64	100m 01:03.47	35,83
150m	01:42.80	39,33		
13. Youri Voet (De Duinkickers, 200502269)				02:13.50(+73)
50m	00:30.09	30,09	100m 01:04.86	34,77
150m	01:43.36	38,50		
14. Collin van der Hoff (WVZ, 200604357)				02:14.46(+68)
50m	00:30.44	30,44	100m 01:06.65	36,21
150m	01:41.49	34,84		
15. Storm Boxum (DZ&PC, 200700421)				02:15.34(+76)
50m	00:29.14	29,14	100m 01:05.52	36,38
150m	01:42.06	36,54		
16. Rick Offringa (DZ&PC, 200300979)				02:16.80(+80)
50m	00:29.28	29,28	100m 01:05.14	35,86
150m	01:43.77	38,63		
. Tijn Hilders (De Dolfijn, 200700027)				
. Colin Bes (Zwemclub Polaris, 200500201)				
41. 800m vrije slag - Dames				
42. 1500m vrije slag - Heren				
45. 4x100m wisselslag dames				
vanaf 11 jaar (Senioren Open)				
1. ZPC AMERSFOORT				04:12.65
Jetske Moot 2004 (+58)	50m	00:30.10	30,10	
Jetske Moot 2004 (+58)	100m	01:03.03	32,93	
Bridget Vermeer 2005 (+45)	150m	01:36.43	33,40	
Bridget Vermeer 2005 (+45)	200m	02:16.45	40,02	
Femke Spiering 2002 (+26)	250m	02:44.13	27,68	
Femke Spiering 2002 (+26)	300m	03:15.96	31,83	
Rosalie Reef 2008 (+54)	350m	03:42.78	26,82	
Rosalie Reef 2008 (+54)	400m	04:12.65	29,87	
2. De Dolfijn				04:14.86
Lieke Oude Lenferink 2002 (+58)	50m	00:31.49	31,49	
Lieke Oude Lenferink 2002 (+58)	100m	01:05.52	34,03	
Hanna Kareinen 2000 (+57)	150m	01:38.66	33,14	
Hanna Kareinen 2000 (+57)	200m	02:16.93	38,27	
Elise Tanis 2002 (+31)	250m	02:45.48	28,55	
Elise Tanis 2002 (+31)	300m	03:19.17	33,69	
Angelina Rolman 2007 (+24)	350m	03:45.82	26,65	
Angelina Rolman 2007 (+24)	400m	04:14.86	29,04	
3. De Dolfijn				04:15.87
Carolina Cermelli 2001 (+59)	50m	00:31.01	31,01	
Carolina Cermelli 2001 (+59)	100m	01:04.43	33,42	
Djanilla Brink 2006 (+20)	150m	01:38.44	34,01	
Djanilla Brink 2006 (+20)	200m	02:16.43	37,99	
Amber Celie 2003 (+46)	250m	02:45.19	28,76	
Amber Celie 2003 (+46)	300m	03:19.40	34,21	
Femke Hoppenbrouwer 2003 (+31)	350m	03:46.38	26,98	
Femke Hoppenbrouwer 2003 (+31)	400m	04:15.87	29,49	
4. PSV				04:19.08
Zinke Delcommune 2005 (+61)	50m	00:32.09	32,09	
Zinke Delcommune 2005 (+61)	100m	01:07.37	35,28	
Anna van Droffelaar 2004 (+35)	150m	01:40.55	33,18	
Anna van Droffelaar 2004 (+35)	200m	02:18.72	38,17	
Kirsten Verhalle 2004 (+49)	250m	02:48.02	29,30	
Kirsten Verhalle 2004 (+49)	300m	03:21.87	33,85	
Janne Slegers 2004 (+60)	350m	03:48.90	27,03	
Janne Slegers 2004 (+60)	400m	04:19.08	30,18	
5. WVZ				04:22.18
Britta Koehorst 2003 (+60)	50m	00:31.71	31,71	
Britta Koehorst 2003 (+60)	100m	01:06.47	34,76	

Jade Geurts 2004 (+66)	150m	01:40.00	33,53	
Jade Geurts 2004 (+66)	200m	02:19.31	39,31	
Milou van Wijk 2004 (+36)	250m	02:48.05	28,74	
Milou van Wijk 2004 (+36)	300m	03:23.12	35,07	
Jill Nai Chung Tong 2004 (+24)	350m	03:50.53	27,41	
Jill Nai Chung Tong 2004 (+24)	400m	04:22.18	31,65	
6. ZPC AMERSFOORT				04:22.85
Maaïke Ooms 2008 (+70)	50m	00:31.35	31,35	
Maaïke Ooms 2008 (+70)	100m	01:05.20	33,85	
Chantalle Zijderveld 2000 (+45)	150m	01:39.58	34,38	
Chantalle Zijderveld 2000 (+45)	200m	02:19.52	39,94	
Pippa van 't Land 2006 (+26)	250m	02:49.15	29,63	
Pippa van 't Land 2006 (+26)	300m	03:24.00	34,85	
Marin Wieling 2005 (+28)	350m	03:52.25	28,25	
Marin Wieling 2005 (+28)	400m	04:22.85	30,60	
7. PSV				04:27.14
Nikita van den Ouden 1999 (+69)	50m	00:32.95	32,95	
Nikita van den Ouden 1999 (+69)	100m	01:08.13	35,18	
Nieke Dovic 2007 (+29)	150m	01:42.41	34,28	
Nieke Dovic 2007 (+29)	200m	02:21.81	39,40	
Kim Jansen van Galen 2002 (+68)	250m	02:51.45	29,64	
Kim Jansen van Galen 2002 (+68)	300m	03:26.28	34,83	
Hylcke de Beer 2007 (+42)	350m	03:54.75	28,47	
Hylcke de Beer 2007 (+42)	400m	04:27.14	32,39	
8. DZ&PC				04:27.26
Sara Korthuis 2006 (+70)	50m	00:31.07	31,07	
Sara Korthuis 2006 (+70)	100m	01:04.00	32,93	
Esmee Mulder 2008 (+18)	150m	01:39.82	35,82	
Esmee Mulder 2008 (+18)	200m	02:21.26	41,44	
Frouke Ludwig 2008 (+33)	250m	02:51.35	30,09	
Frouke Ludwig 2008 (+33)	300m	03:27.40	36,05	
Fay Boxum 2009 (+49)	350m	03:55.53	28,13	
Fay Boxum 2009 (+49)	400m	04:27.26	31,73	
9. Feijenoord Albion Zwemclub				04:27.64
Jazz-Lynn Gomes Delgado 2008 (+62)	50m	00:32.92	32,92	
Jazz-Lynn Gomes Delgado 2008 (+62)	100m	01:10.04	37,12	
Fenna de Groot 1997 (+40)	150m	01:44.24	34,20	
Fenna de Groot 1997 (+40)	200m	02:26.77	42,53	
Tessa Giele 2002 (+38)	250m	02:54.11	27,34	
Tessa Giele 2002 (+38)	300m	03:26.40	32,29	
Leyla Oversluiizen 2006 (+44)	350m	03:54.79	28,39	
Leyla Oversluiizen 2006 (+44)	400m	04:27.64	32,85	
10. HZ&PC Heerenveen				04:30.50
Laura van Etten 2008 (+70)	50m	00:32.50	32,50	
Laura van Etten 2008 (+70)	100m	01:06.55	34,05	
Hedwig Bolt 2006 (+34)	150m	01:42.12	35,57	
Hedwig Bolt 2006 (+34)	200m	02:22.82	40,70	
Marte Hieke van der Kamp 2005 (+33)	250m	02:53.21	30,39	
Marte Hieke van der Kamp 2005 (+33)	300m	03:29.91	36,70	
Veerle de Ridder 2007 (-3)	350m	03:57.82	27,91	
Veerle de Ridder 2007 (-3)	400m	04:30.50	32,68	
11. Dedemsvaart-AC				04:33.82
Ismay Lichtendonk 2004 (+57)	50m	00:31.06	31,06	
Ismay Lichtendonk 2004 (+57)	100m	01:04.71	33,65	
Marlies Dijsselhof 2006 (+35)	150m	01:40.48	35,77	
Marlies Dijsselhof 2006 (+35)	200m	02:21.61	41,13	
Alessia Sluis 2003 (+44)	250m	02:52.76	31,15	
Alessia Sluis 2003 (+44)	300m	03:31.53	38,77	
Michelle Zomerdijk 2000 (+45)	350m	04:01.12	29,59	
Michelle Zomerdijk 2000 (+45)	400m	04:33.82	32,70	
12. Nuenen				04:37.99
Merel Phaff 2001 (+64)	50m	00:34.00	34,00	

Merel Phaff 2001 (+64)	100m	01:09.73	35,73	
Robin Goossens 2000 (+37)	150m	01:44.85	35,12	
Robin Goossens 2000 (+37)	200m	02:25.49	40,64	
Britt Bogers 1999 (+35)	250m	02:57.55	32,06	
Britt Bogers 1999 (+35)	300m	03:37.60	40,05	
Julie van Nispen 2008 (+5)	350m	04:06.17	28,57	
Julie van Nispen 2008 (+5)	400m	04:37.99	31,82	
13. DZ&PC				04:38.95
Maaïke Issard 2003 (+75)	50m	00:33.76	33,76	
Maaïke Issard 2003 (+75)	100m	01:09.22	35,46	
Karin Rijkelijkhuisen 1994 (+44)	150m	01:46.17	36,95	
Karin Rijkelijkhuisen 1994 (+44)	200m	02:28.86	42,69	
Luca Ebbinghe 1998 (+44)	250m	02:59.85	30,99	
Luca Ebbinghe 1998 (+44)	300m	03:36.89	37,04	
Ciska de Lugt 2005 (+5)	350m	04:06.03	29,14	
Ciska de Lugt 2005 (+5)	400m	04:38.95	32,92	
14. ACZ				04:40.13
Carmen Lems 2004 (+57)	50m	00:33.71	33,71	
Carmen Lems 2004 (+57)	100m	01:13.41	39,70	
Mare Schallenberg 2006 (+59)	150m	01:46.67	33,26	
Mare Schallenberg 2006 (+59)	200m	02:24.98	38,31	
Mariska Scheel 1993 (+28)	250m	02:57.60	32,62	
Mariska Scheel 1993 (+28)	300m	03:34.46	36,86	
Iris van Rossum 2000 (+42)	350m	04:05.32	30,86	
Iris van Rossum 2000 (+42)	400m	04:40.13	34,81	
15. ZPCH				04:41.48
Jenny Muntinga 2009 (+64)	50m	00:33.73	33,73	
Jenny Muntinga 2009 (+64)	100m	01:10.07	36,34	
Linou van Kampen 2010 (+52)	150m	01:47.43	37,36	
Linou van Kampen 2010 (+52)	200m	02:29.90	42,47	
Kim Zwinkels 2003 (+41)	250m	02:59.84	29,94	
Kim Zwinkels 2003 (+41)	300m	03:35.65	35,81	
Guusje Winkel 2007 (+42)	350m	04:06.25	30,60	
Guusje Winkel 2007 (+42)	400m	04:41.48	35,23	
16. WVZ				04:42.98
Marit Huisman 2005 (+58)	50m	00:34.85	34,85	
Marit Huisman 2005 (+58)	100m	01:12.90	38,05	
Anniq̃ue Rupke 2007 (+30)	150m	01:50.05	37,15	
Anniq̃ue Rupke 2007 (+30)	200m	02:32.65	42,60	
Emma Verkuyl 2005 (+54)	250m	03:03.93	31,28	
Emma Verkuyl 2005 (+54)	300m	03:41.21	37,28	
Delia Badoux 1980 (+35)	350m	04:10.16	28,95	
Delia Badoux 1980 (+35)	400m	04:42.98	32,82	
17. Steenwijk 1934				04:47.86
Maud Dokter 2006 (+73)	50m	00:36.03	36,03	
Maud Dokter 2006 (+73)	100m	01:15.80	39,77	
Aniek Vuist 2006 (+26)	150m	01:54.46	38,66	
Aniek Vuist 2006 (+26)	200m	02:40.00	45,54	
Jolijn Liezen 2005 (+31)	250m	03:09.54	29,54	
Jolijn Liezen 2005 (+31)	300m	03:45.19	35,65	
Karlijn Dijkshoorn 2008 (+27)	350m	04:14.76	29,57	
Karlijn Dijkshoorn 2008 (+27)	400m	04:47.86	33,10	
18. Zwemlust-den Hommel				04:50.16
Mijke van Hal 2008 (+59)	50m	00:36.42	36,42	
Mijke van Hal 2008 (+59)	100m	01:13.87	37,45	
Diede de Vries 2008 (+30)	150m	01:50.03	36,16	
Diede de Vries 2008 (+30)	200m	02:32.53	42,50	
Liselotte ter Huurne 2007 (+37)	250m	03:06.03	33,50	
Liselotte ter Huurne 2007 (+37)	300m	03:47.26	41,23	
Manon Kloosterman 1997 (+39)	350m	04:16.62	29,36	
Manon Kloosterman 1997 (+39)	400m	04:50.16	33,54	
19. Deltasteur				04:50.54

Valérie Sakkers 2008 (+68)	50m	00:34.10	34,10	
Valérie Sakkers 2008 (+68)	100m	01:11.85	37,75	
Monica van der Meer 2007 (+63)	150m	01:50.14	38,29	
Monica van der Meer 2007 (+63)	200m	02:34.36	44,22	
Marlouke Frijstein 2008 (+66)	250m	03:08.46	34,10	
Marlouke Frijstein 2008 (+66)	300m	03:48.37	39,91	
Simone Faber 2009 (+54)	350m	04:18.20	29,83	
Simone Faber 2009 (+54)	400m	04:50.54	32,34	
20. De Dinkel				04:51.98
Isabelle Elsweier 2003 (+67)	50m	00:33.83	33,83	
Isabelle Elsweier 2003 (+67)	100m	01:12.53	38,70	
Barbara Broekhuis 2007 (+67)	150m	01:51.64	39,11	
Barbara Broekhuis 2007 (+67)	200m	02:37.33	45,69	
Eline Lutters 2006 (+30)	250m	03:09.61	32,28	
Eline Lutters 2006 (+30)	300m	03:48.15	38,54	
Laurien Gliese-Slooijer 2007 (+42)	350m	04:17.76	29,61	
Laurien Gliese-Slooijer 2007 (+42)	400m	04:51.98	34,22	
21. Dedemsvaart-AC				04:54.09
Lois Waterham 2008 (+63)	50m	00:35.46	35,46	
Lois Waterham 2008 (+63)	100m	01:13.56	38,10	
Esther Dijsselhof 2008 (+38)	150m	01:52.46	38,90	
Esther Dijsselhof 2008 (+38)	200m	02:38.11	45,65	
Leyona Lichtendonk 2007 (+37)	250m	03:10.92	32,81	
Leyona Lichtendonk 2007 (+37)	300m	03:51.07	40,15	
Rebecca Reurink 2006 (+63)	350m	04:20.44	29,37	
Rebecca Reurink 2006 (+63)	400m	04:54.09	33,65	
DIS. SBC2000				00:00.00
Isa Jansen 2007 (+75)	50m	00:34.29	34,29	
Isa Jansen 2007 (+75)	100m	01:11.33	37,04	
Lieze Bersch 2008 (+30)	150m	01:48.91	37,58	
Lieze Bersch 2008 (+30)	200m	02:32.63	43,72	
Elizabeth Engelbrecht 2006 (+53)	250m	03:03.56	30,93	
Elizabeth Engelbrecht 2006 (+53)	300m	03:41.07	37,51	
Lotte Blanken 2008 (-11)	400m	00:00.00	-221,07	
46. 4x100m vrije slag heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Feijenoord Albion Zwemclub				03:21.41
Thomas Verhoeven 1997 (+61)	50m	00:24.11	24,11	
Thomas Verhoeven 1997 (+61)	100m	00:51.31	27,20	
Ivo Stolk 2001 (+41)	150m	01:15.61	24,30	
Ivo Stolk 2001 (+41)	200m	01:42.53	26,92	
Perry Laarhoven 2003 (+35)	250m	02:06.14	23,61	
Perry Laarhoven 2003 (+35)	300m	02:32.74	26,60	
Sean Niewold 2002 (+26)	350m	02:56.04	23,30	
Sean Niewold 2002 (+26)	400m	03:21.41	25,37	
2. ZPC AMERSFOORT				03:24.86
Austin Namesnik 2001 (+63)	50m	00:24.87	24,87	
Austin Namesnik 2001 (+63)	100m	00:51.35	26,48	
Rijk Heere 2003 (+27)	150m	01:15.79	24,44	
Rijk Heere 2003 (+27)	200m	01:43.30	27,51	
Koen Marsman 2005 (+22)	250m	02:07.50	24,20	
Koen Marsman 2005 (+22)	300m	02:34.08	26,58	
Lucas Peters 2003 (+31)	350m	02:58.71	24,63	
Lucas Peters 2003 (+31)	400m	03:24.86	26,15	
3. De Dolfijn				03:27.92
Vince van der Pal 2004 (+70)	50m	00:25.06	25,06	
Vince van der Pal 2004 (+70)	100m	00:52.52	27,46	
Kingue Struijf 1994 (+17)	150m	01:16.43	23,91	
Kingue Struijf 1994 (+17)	200m	01:43.46	27,03	
Nándor Szabó 2007 (+37)	250m	02:08.42	24,96	
Nándor Szabó 2007 (+37)	300m	02:36.25	27,83	
Wiktor Syladatk 2003 (+18)	350m	03:00.97	24,72	

	Wiktor Sylдатк 2003 (+18)	400m 03:27.92 26,95	
4. Hellas-Glana			03:29.75
	Niels de Boer 2000 (+72)	50m 00:25.46 25,46	
	Niels de Boer 2000 (+72)	100m 00:52.68 27,22	
	Raf Hendriks 2001 (+19)	150m 01:17.19 24,51	
	Raf Hendriks 2001 (+19)	200m 01:44.55 27,36	
	Arno Nelissen 2003 (+16)	250m 02:09.98 25,43	
	Arno Nelissen 2003 (+16)	300m 02:37.22 27,24	
	Lucas Greven 1995 (+32)	350m 03:02.04 24,82	
	Lucas Greven 1995 (+32)	400m 03:29.75 27,71	
5. PSV			03:30.53
	Lars Verhalle 2002 (+70)	50m 00:24.58 24,58	
	Lars Verhalle 2002 (+70)	100m 00:51.55 26,97	
	Thijn Damen 2003 (+48)	150m 01:16.80 25,25	
	Thijn Damen 2003 (+48)	200m 01:45.64 28,84	
	Niels Dijkhoorn 2002 (+7)	250m 02:09.88 24,24	
	Niels Dijkhoorn 2002 (+7)	300m 02:36.63 26,75	
	Lucas van Rooij 2006 (+53)	350m 03:02.71 26,08	
	Lucas van Rooij 2006 (+53)	400m 03:30.53 27,82	
6. Blue Marlins			03:30.62
	Yanieck Weijland 2005 (+68)	50m 00:25.43 25,43	
	Yanieck Weijland 2005 (+68)	100m 00:52.78 27,35	
	Efe öngören 2005 (+42)	150m 01:18.32 25,54	
	Efe öngören 2005 (+42)	200m 01:45.71 27,39	
	Boele Böhm 2007 (+37)	250m 02:11.02 25,31	
	Boele Böhm 2007 (+37)	300m 02:39.15 28,13	
	Nikodim Markovic 2007 (+9)	350m 03:03.75 24,60	
	Nikodim Markovic 2007 (+9)	400m 03:30.62 26,87	
7. Feijenoord Albion Zwemclub			03:32.33
	Ensger Kotterink 1994 (+62)	50m 00:24.46 24,46	
	Ensger Kotterink 1994 (+62)	100m 00:51.97 27,51	
	Kenan Coeruez 2003 (+21)	150m 01:16.50 24,53	
	Kenan Coeruez 2003 (+21)	200m 01:45.36 28,86	
	Floris Tanis 2007 (+32)	250m 02:10.26 24,90	
	Floris Tanis 2007 (+32)	300m 02:38.76 28,50	
	Floris Kotterink 1998 (+26)	350m 03:03.82 25,06	
	Floris Kotterink 1998 (+26)	400m 03:32.33 28,51	
8. ZPC AMERSFOORT			03:35.32
	Simon Claasen 2004 (+55)	50m 00:24.93 24,93	
	Simon Claasen 2004 (+55)	100m 00:52.98 28,05	
	Darren Chen 2000 (+38)	150m 01:18.05 25,07	
	Darren Chen 2000 (+38)	200m 01:46.60 28,55	
	Tenzing Geutjes 2006 (+37)	250m 02:12.61 26,01	
	Tenzing Geutjes 2006 (+37)	300m 02:41.61 29,00	
	Niels Chrisstoffels 2004 (+47)	350m 03:07.35 25,74	
	Niels Chrisstoffels 2004 (+47)	400m 03:35.32 27,97	
9. Nuenen			03:36.12
	Max Peters 1999 (+63)	50m 00:25.64 25,64	
	Max Peters 1999 (+63)	100m 00:53.85 28,21	
	Alexander Nijst 2001 (+5)	150m 01:18.73 24,88	
	Alexander Nijst 2001 (+5)	200m 01:47.57 28,84	
	Lars Diesch 2001 (+20)	250m 02:14.07 26,50	
	Lars Diesch 2001 (+20)	300m 02:43.39 29,32	
	Bram Zwetsloot 2002 (+13)	350m 03:08.79 25,40	
	Bram Zwetsloot 2002 (+13)	400m 03:36.12 27,33	
10. DZ&PC			03:36.68
	Floris Stork 2003 (+65)	50m 00:25.81 25,81	
	Floris Stork 2003 (+65)	100m 00:54.00 28,19	
	Tim van Erven 2007 (+51)	150m 01:20.15 26,15	
	Tim van Erven 2007 (+51)	200m 01:49.06 28,91	
	Niek Issard 2007 (+35)	250m 02:14.93 25,87	
	Niek Issard 2007 (+35)	300m 02:43.47 28,54	

Matthijs van Meerendonk 1999 (+28)	350m	03:08.33	24,86	
Matthijs van Meerendonk 1999 (+28)	400m	03:36.68	28,35	
11. Team Noord-Holland (SG)				03:37.32
Rik Hofland 1997 (+70)	50m	00:26.45	26,45	
Rik Hofland 1997 (+70)	100m	00:55.29	28,84	
Marnix Rietveld 2007 (+21)	150m	01:21.16	25,87	
Marnix Rietveld 2007 (+21)	200m	01:50.12	28,96	
Yaniv Kerdijk 2006 (+57)	250m	02:15.91	25,79	
Yaniv Kerdijk 2006 (+57)	300m	02:44.94	29,03	
Bram Loots 2007 (+35)	350m	03:10.02	25,08	
Bram Loots 2007 (+35)	400m	03:37.32	27,30	
12. DAW				03:37.91
Luc Mul 2002 (+69)	50m	00:26.09	26,09	
Luc Mul 2002 (+69)	100m	00:53.59	27,50	
Jorrick Druyven 1994 (+35)	150m	01:19.59	26,00	
Jorrick Druyven 1994 (+35)	200m	01:48.77	29,18	
Michel de Maesschalck 1991 (+41)	250m	02:16.01	27,24	
Michel de Maesschalck 1991 (+41)	300m	02:46.05	30,04	
Felix Geenen 1995 (+36)	350m	03:10.01	23,96	
Felix Geenen 1995 (+36)	400m	03:37.91	27,90	
13. WVZ				03:38.93
Daan Sonneveld 2006 (+67)	50m	00:26.12	26,12	
Daan Sonneveld 2006 (+67)	100m	00:54.64	28,52	
Denzel Barthen 2007 (+42)	150m	01:21.12	26,48	
Denzel Barthen 2007 (+42)	200m	01:49.70	28,58	
Abel te Riele 2004 (+34)	250m	02:16.14	26,44	
Abel te Riele 2004 (+34)	300m	02:44.79	28,65	
Jisse Lousma 2007 (+32)	350m	03:10.49	25,70	
Jisse Lousma 2007 (+32)	400m	03:38.93	28,44	
14. ZPC AMERSFOORT				03:39.31
Felbe van 't Land 2009 (+71)	50m	00:25.75	25,75	
Felbe van 't Land 2009 (+71)	100m	00:55.72	29,97	
Job Sanders 2003 (+31)	150m	01:21.60	25,88	
Job Sanders 2003 (+31)	200m	01:50.37	28,77	
Anders van Norden 2004 (+30)	250m	02:16.09	25,72	
Anders van Norden 2004 (+30)	300m	02:45.43	29,34	
Rens Stijf 2005 (+52)	350m	03:11.34	25,91	
Rens Stijf 2005 (+52)	400m	03:39.31	27,97	
15. Zwemlust-den Hommel				03:39.98
Louis Kappler 2002 (+73)	50m	00:25.82	25,82	
Louis Kappler 2002 (+73)	100m	00:53.51	27,69	
Fayssal Lantema 2001 (+36)	150m	01:20.21	26,70	
Fayssal Lantema 2001 (+36)	200m	01:49.88	29,67	
Joan Kentrop 1985 (+41)	250m	02:15.12	25,24	
Joan Kentrop 1985 (+41)	300m	02:43.37	28,25	
Thijmen Peeters 2005 (+41)	350m	03:10.50	27,13	
Thijmen Peeters 2005 (+41)	400m	03:39.98	29,48	
16. OZ&PC				03:40.72
Niek Vreeling 2006 (+68)	50m	00:26.53	26,53	
Niek Vreeling 2006 (+68)	100m	00:55.75	29,22	
Wes Velthuis 2006 (+55)	150m	01:23.25	27,50	
Wes Velthuis 2006 (+55)	200m	01:51.80	28,55	
Jens zum Grotenhoff 2002 (+29)	250m	02:18.70	26,90	
Jens zum Grotenhoff 2002 (+29)	300m	02:48.30	29,60	
Siem de Zeeuw 2008 (+38)	350m	03:13.08	24,78	
Siem de Zeeuw 2008 (+38)	400m	03:40.72	27,64	
17. Blue Marlins				03:41.91
Lars Bulman 2006 (+65)	50m	00:26.34	26,34	
Lars Bulman 2006 (+65)	100m	00:55.66	29,32	
Vincent Huele 2007 (+8)	150m	01:22.25	26,59	
Vincent Huele 2007 (+8)	200m	01:51.11	28,86	
Thomas van Wanrooij 2002 (+28)	250m	02:16.66	25,55	

Thomas van Wanrooij 2002 (+28)	300m	02:45.71	29,05	
Gaëtan Spicq 2007 (+29)	350m	03:12.30	26,59	
Gaëtan Spicq 2007 (+29)	400m	03:41.91	29,61	
18. Dedemsvaart-AC				03:44.91
Emiel de Bruijn 2007 (+72)	50m	00:26.84	26,84	
Emiel de Bruijn 2007 (+72)	100m	00:57.16	30,32	
Stan Tibben 2005 (+28)	150m	01:23.84	26,68	
Stan Tibben 2005 (+28)	200m	01:52.82	28,98	
Tiamo van der Veen 2006 (+22)	250m	02:19.41	26,59	
Tiamo van der Veen 2006 (+22)	300m	02:48.58	29,17	
Melle van Veen 2007 (+40)	350m	03:14.68	26,10	
Melle van Veen 2007 (+40)	400m	03:44.91	30,23	
19. DZ&PC				03:45.71
Rick Offringa 2003 (+82)	50m	00:26.92	26,92	
Rick Offringa 2003 (+82)	100m	00:56.46	29,54	
Collard Jungeling 2007 (+50)	150m	01:23.64	27,18	
Collard Jungeling 2007 (+50)	200m	01:54.07	30,43	
Tiemen Jonkman 2003 (+37)	250m	02:20.63	26,56	
Tiemen Jonkman 2003 (+37)	300m	02:51.13	30,50	
Storm Boxum 2007 (+60)	350m	03:17.05	25,92	
Storm Boxum 2007 (+60)	400m	03:45.71	28,66	
20. Poseidon'56				03:46.21
Gerard Willighagen 2001 (+64)	50m	00:26.36	26,36	
Gerard Willighagen 2001 (+64)	100m	00:55.41	29,05	
Alex Woe 2008 (+32)	150m	01:23.36	27,95	
Alex Woe 2008 (+32)	200m	01:54.75	31,39	
Ryan van den Ouden 1999 (+41)	250m	02:20.67	25,92	
Ryan van den Ouden 1999 (+41)	300m	02:50.05	29,38	
Erik van Gemert 2003 (+33)	350m	03:16.78	26,73	
Erik van Gemert 2003 (+33)	400m	03:46.21	29,43	
21. PSV				03:46.63
Cas Verstegen 2005 (+67)	50m	00:26.77	26,77	
Cas Verstegen 2005 (+67)	100m	00:55.53	28,76	
Koen Vissers 2004 (+31)	150m	01:21.66	26,13	
Koen Vissers 2004 (+31)	200m	01:49.94	28,28	
Marlon Borger 2004 (+31)	250m	02:15.64	25,70	
Marlon Borger 2004 (+31)	300m	02:46.70	31,06	
Milco Matla 2006 (+58)	350m	03:14.19	27,49	
Milco Matla 2006 (+58)	400m	03:46.63	32,44	
22. Hellas-Glana				03:46.68
Stijn Saelmans 2007 (+79)	50m	00:26.40	26,40	
Stijn Saelmans 2007 (+79)	100m	00:56.43	30,03	
Kevin Meuwissen 1995 (+29)	150m	01:21.97	25,54	
Kevin Meuwissen 1995 (+29)	200m	01:51.09	29,12	
Robin Meuwissen 1996 (+41)	250m	02:17.35	26,26	
Robin Meuwissen 1996 (+41)	300m	02:48.26	30,91	
Senn Rutten 2007 (+51)	350m	03:15.54	27,28	
Senn Rutten 2007 (+51)	400m	03:46.68	31,14	