

Speedo Fast Water Meet 2024



De Dolfijn wedstrijdzwemmen
Amsterdam 6-7-2024 t/m 7-7-2024

Speedo Fast Water Meet ochtendsessie 1 - zaterdag 6 juli 2024 om 08:45u (25 m)

Aanvangstijd juryvergadering: 08:00u

1. 50m vrije slag - Heren

12 - 17 jaar

1. Yaniv Kerdijk (ZV Haerlem, 200603439)	00:23.50(+72)
2. Nándor Szabó (De Dolfijn, 200700475)	00:23.54(+68)
3. Connor Bagley (Blue Marlins, 200604455)	00:24.19(+68)
4. Daan Sonneveld (WVZ, 200601085)	00:24.34(+69)
4. Lars Bulman (Blue Marlins, 200600125)	00:24.34(+65)
6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:24.44(+68)
7. Finn Rust (PSV, 200700469)	00:24.46(+69)
8. Niek Issard (DZ&PC, 200700037)	00:24.54(+71)
9. Storm Boxum (DZ&PC, 200700421)	00:24.88(+73)
10. Jetze de Vries (De Vikings, 200602589)	00:24.89(+67)
11. Tim van Erven (DZ&PC, 200700175)	00:24.98(+76)
12. Willem Weustink (Team Noord Holland (SG), 200800109)	00:25.13(+65)
12. Jaydey Schonewille (Steenwijk 1934, 200800025)	00:25.13(+71)
14. Damir Mustafic (DZ&PC, 200800885)	00:25.43(+77)
15. Mike Tjepkema (ZV Haerlem, 200603029)	00:25.46(+70)
16. Thijs Wellink (ZPC AMERSFOORT, 200600715)	00:25.47(+67)
17. Floris van der Valk (Wiekslag, 200801891)	00:25.55(+65)
18. Wanne van Geest (ZV Vlaardingens-Schiedam, 200901425)	00:25.65(+78)
19. Neo Reiber (Feijenoord Albion, 200900699)	00:25.66(+63)
20. Cruz de Groot (Team Noord Holland (SG), 200801077)	00:25.68(+66)
20. Thijmen Willekes (Zwemclub Zeist, 200703077)	00:25.68(+72)
22. Pedro Filipini (De Dolfijn, 200603863)	00:25.81(+65)
23. Alexander Griston (De Dolfijn, 200803053)	00:26.02(+66)
23. Tieme Wiersma (DZ&PC, 200701031)	00:26.02(+72)
25. Ivo Bot (Wiekslag, 200900509)	00:26.10(+69)
26. Rein Stoel (ZVL-1886 Center, 200800463)	00:26.22(+68)
27. Mathijs de Wit (KSN (SG), 201001215)	00:26.47(+70)
28. Bas van Berlo (Zwemclub Zeist, 200601193)	00:26.70(+71)
29. Duco de Gelder (Blue Marlins, 201000217)	00:26.93(+67)
30. Jere Wiersma (DZ&PC, 200701037)	00:26.98(+75)

31. Derek Smit (De Reuring, 200702055)	00:27.17(+64)
32. Cayden Malone (De Dolfijn, 201002195)	00:27.20(+68)
32. Niek Sonneveld (WVZ, 200802631)	00:27.20(+67)
34. Jidde Rademaker (De Reuring, 200603619)	00:27.24(+66)
35. Boyd Delsaerdt (Blue Marlins, 200704051)	00:27.28(+66)
36. Franzi Ziegler (DAW, 201100891)	00:27.37(+65)
37. Joshua van den Idsert (DAW, 200801919)	00:27.47(+76)
38. Henry Watson (De Dolfijn, 201001703)	00:27.67(+63)
38. Edwin Bulten (Azuro, 200600553)	00:27.67(+68)
40. Brian Arturo Bloemsma (De Dolfijn, 200901155)	00:27.93(+66)
40. Teije ter Bekke (Zwemclub Zeist, 200901789)	00:27.93(+68)
42. Tygo van de Wal (DWK, 201001329)	00:27.99(+78)
43. Girish Nolden (Blue Marlins, 201000087)	00:28.16(+71)
44. Idse Eisses (WVZ, 200900009)	00:28.50(+78)
45. Victor de Haan (HZ&PC Heerenveen, 201001921)	00:28.57(+71)
46. Esh Nolden (Blue Marlins, 200800145)	00:28.79(+67)
47. Eli Fieret (GZC DONK, 200903463)	00:29.08(+73)
48. Tycho Wienbelt (De Vikings, 201001397)	00:29.13(+72)
48. Lev Rudman (Blue Marlins, 201102343)	00:29.13(+68)
50. Yorre van der Wal (SG. Bolsward-Workum, 201000017)	00:29.21(+61)
51. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	00:29.27(+71)
52. Mees Kooij (DAW, 201000909)	00:29.32(+67)
53. Lucas de Vries (De Dolfijn, 200802025)	00:29.50(+66)
54. Kaelan Hayes (De Dolfijn, 201000491)	00:29.74(+51)
55. Hessel Wachter (Zwemclub Zeist, 200903337)	00:29.89(+84)
56. Robin Mintjes (HZ&PC Heerenveen, 201000957)	00:30.07(+89)
57. Daniel Lubbers (De Dolfijn, 201002967)	00:33.36
58. Quinten van Zanten (De Vikings, 201102249)	00:33.73
DIS. Chris de Wilde (Zwemclub Zeist, 201003481)	00:00.00
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Thom de Boer (De Dolfijn, 199100181)	00:21.16(+65)
2. Renzo Tjon A Joe (De Dolfijn, 199506291)	00:21.95(+64)
3. Brandon van den Berg (Blue Marlins, 200200669)	00:22.12(+71)
4. Kingue Struijf (De Dolfijn, 199400913)	00:22.22(+65)
5. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:22.39(+64)
6. Lars Verhalle (PSV, 200200019)	00:22.65(+72)
7. Jesse van der A (De Dolfijn, 199905303)	00:22.73(+65)
8. Michael Smink (Blue Marlins, 200302169)	00:22.78(+67)
9. Matthijs van Meerendonk (DZ&PC, 199900375)	00:23.09(+60)

10. Floris Kotterink (Feijenoord Albion, 199800199)	00:23.33(+60)
11. Juri Dijkstra (De Dolfijn, 200002119)	00:23.38(+74)
12. Bart Muselaers (DWK, 200100865)	00:23.87(+69)
13. Rick van Hamond (Zegenwerp, 199205873)	00:23.88(+64)
14. Rik Hofland (Team Noord Holland (SG), 199701737)	00:23.90(+69)
15. Ensger Kotterink (Feijenoord Albion, 199403391)	00:24.02(+65)
16. Nino Sieling (De Dolfijn, 199701845)	00:24.08(+72)
17. Ronis van Everdingen (DWK, 200300043)	00:24.12(+76)
18. Rens Stijf (ZPC AMERSFOORT, 200501419)	00:24.33(+67)
20. Kyle Scritchfield (DZ&PC, 200404893)	00:24.44(+62)
21. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)	00:24.45(+66)
22. Noah de Schryver (De Dolfijn, 200105483)	00:24.66(+69)
23. Erik Nijholt (DZ&PC, 199401349)	00:24.78(+70)
24. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)	00:24.89(+64)
25. Wouter Sijmons (Z&PV Nuenen, 199302695)	00:24.98(+73)
26. Lars Diesch (Z&PV Nuenen, 200103189)	00:25.10(+73)
28. Joris Hendriks (PSV, 199904859)	00:25.48(+67)
29. Terrence Fredema (ZPC AMERSFOORT, 200404887)	00:25.63(+68)
30. Yuri Wasser (PSV, 200301327)	00:25.77(+71)
31. Neel Sahti (Blue Marlins, 200404227)	00:26.33(+76)
2. 100m vrije slag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:56.06(+77)
50m 00:26.99 26,99	
2. Fay Boxum (DZ&PC, 200900060)	00:58.59(+80)
50m 00:28.10 28,10	
3. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:58.64(+74)
50m 00:27.84 27,84	
4. Fenna Westerneng (DZ&PC, 200900070)	00:58.82(+76)
50m 00:28.71 28,71	
5. Carla Moreno Palacios (De Dolfijn, 201002302)	00:58.94(+68)
50m 00:28.50 28,50	
6. Rafaela Mulders (De Reuring, 200701398)	00:59.01(+70)
50m 00:28.48 28,48	
7. Madeleine Bertram (De Dolfijn, 200900516)	00:59.22(+81)
50m 00:28.68 28,68	
8. Eefje Irvine (De Dolfijn, 200700164)	00:59.25(+64)
50m 00:28.74 28,74	
9. Rhodee van den Ham (De Duinkickers, 200700090)	00:59.58(+69)
50m 00:28.96 28,96	
10. Ilana Gentile (Orca Leeuwarden, 200801558)	00:59.70(+66)
50m 00:28.69 28,69	
11. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:59.83(+77)
50m 00:28.54 28,54	

12. Liv Heijdra (WVZ, 200800736) 50m 00:28.94 28,94	01:00.43(+72)
13. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:29.50 29,50	01:00.72(+64)
14. Tessa van Beek (DWK, 201001446) 50m 00:29.61 29,61	01:01.22(+75)
15. Breanna Belmar (Blue Marlins, 201004068) 50m 00:29.19 29,19	01:01.26(+81)
16. Veerle de Ridder (HZ&PC Heerenveen, 200700778) 50m 00:28.39 28,39	01:01.30(+69)
17. Karlijn Dijkshoorn (Steenwijk 1934, 200803926) 50m 00:29.47 29,47	01:01.39(+75)
18. Chiara Lammertink (ZPC AMERSFOORT, 200902200) 50m 00:29.24 29,24	01:01.49(+75)
19. Elin Brinkhof (De Dolfijn, 200900078) 50m 00:29.64 29,64	01:01.86(+71)
20. Raegan Belmar (Blue Marlins, 201004070) 50m 00:29.04 29,04	01:01.88(+77)
21. Dewi Meijer (De Dolfijn, 201000302) 50m 00:30.23 30,23	01:01.92(+79)
22. Esmée Ykema (HZ&PC Heerenveen, 200801710) 50m 00:29.65 29,65	01:02.10(+75)
23. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:29.91 29,91	01:02.19(+77)
24. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:29.42 29,42	01:02.44(+84)
25. Mariia Kostina (Blue Marlins, 201002042) 50m 00:29.26 29,26	01:02.58(+68)
26. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:29.93 29,93	01:02.90(+74)
27. Mijke Ouderkerken (Blue Marlins, 200901254) 50m 00:30.35 30,35	01:02.91(+78)
28. Elin Baars (DWK, 201000138) 50m 00:30.29 30,29	01:03.50(+71)
29. Annedieke Scholte (Blue Marlins, 200701110) 50m 00:30.24 30,24	01:03.60(+77)
30. Elin Riedijk (Blue Marlins, 201002056) 50m 00:31.10 31,10	01:03.71(+73)
31. Esmaé de Gans (ZPC AMERSFOORT, 200900134) 50m 00:30.33 30,33	01:03.78(+78)
32. Wieke Dekker (De Dolfijn, 201002020) 50m 00:30.81 30,81	01:03.79(+73)
33. Mint van Wees (De Dolfijn, 200801328) 50m 00:30.26 30,26	01:04.11(+76)
34. Elin Reinstra (TriVia, 201100842) 50m 00:31.18 31,18	01:04.24(+64)
35. Nieke Dovic (PSV, 200700238) 50m 00:30.87 30,87	01:04.57(+79)
36. Yuna van den Idsert (DAW, 201001196)	01:04.87(+77)

	50m 00:31.14 31,14	
37. Jade Belmar (Blue Marlins, 200704900)	50m 00:31.39 31,39	01:05.13(+76)
38. Megan Snoek (DAW, 200900888)	50m 00:29.43 29,43	01:05.22(+66)
39. Manou Longayroux (Blue Marlins, 201000580)	50m 00:32.29 32,29	01:05.44(+68)
40. Fenna ter Bekke (Zwemclub Zeist, 200701506)	50m 00:30.83 30,83	01:05.68(+83)
41. Lili Oosting (DWK, 200900384)	50m 00:32.58 32,58	01:05.69(+82)
42. Mare Offringa (SG. Bolsward-Workum, 201001110)	50m 00:31.64 31,64	01:05.74(+75)
43. Jasmijn Schoonen (Wiekslag, 200901196)	50m 00:31.35 31,35	01:05.77(+82)
44. Amila Mustafic (DZ&PC, 201200026)	50m 00:31.85 31,85	01:05.85(+73)
45. Tess de Waard (ZV Haerlem, 200903946)	50m 00:31.59 31,59	01:05.88(+87)
46. Marre van der Wal (SG. Bolsward-Workum, 201000046)	50m 00:31.53 31,53	01:06.06(+73)
47. Yanique Bax (ZPC AMERSFOORT, 201001428)	50m 00:31.32 31,32	01:06.37(+68)
48. Eefje van Hinsbergen (Blue Marlins, 201002252)	50m 00:31.32 31,32	01:06.67(+68)
49. Charlotte Stegink (ZV Haerlem, 201103760)	50m 00:31.52 31,52	01:06.68(+85)
50. Manora Ponne (Steenwijk 1934, 201102222)	50m 00:30.90 30,90	01:06.76(+66)
51. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:32.11 32,11	01:07.28(+72)
52. Noa Spaans (De Dolfijn, 201100222)	50m 00:31.89 31,89	01:07.33(+75)
53. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:32.69 32,69	01:07.58(+90)
54. Isa Segenhout (Orca Leeuwarden, 201000128)	50m 00:32.56 32,56	01:07.81(+70)
55. Lena Offringa (SG. Bolsward-Workum, 200901150)	50m 00:33.16 33,16	01:07.98(+76)
56. Yvonne de Graaf (DWK, 201101418)	50m 00:32.49 32,49	01:08.13(+70)
57. Minke Bouman (Blue Marlins, 201100104)	50m 00:32.33 32,33	01:08.34(+65)
58. Noa Jaffe (De Dolfijn, 201000726)	50m 00:32.37 32,37	01:09.04(+76)
59. Jildau Folmer (SG. Bolsward-Workum, 201002600)	50m 00:32.36 32,36	01:09.08(+81)
60. Marlies Brouwer (DZ&PC, 201101152)	50m 00:33.25 33,25	01:09.42(+60)

61. Britt Jellesma (SG. Bolsward-Workum, 201000310) 50m 00:33.33 33,33	01:10.10(+77)
62. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028) 50m 00:34.08 34,08	01:11.35(+75)
63. Kyara Balt (De Vikings, 201100306) 50m 00:34.31 34,31	01:11.44(+69)
64. Liv Schoon (DAW, 201202112) 50m 00:34.23 34,23	01:12.07(+85)
65. Gerlin van de Krol (DWK, 201101412) 50m 00:34.00 34,00	01:12.21(+70)
66. Anna Schuurman (SG. Bolsward-Workum, 201000076) 50m 00:34.30 34,30	01:12.26(+78)
67. Zsofi Bouw (DWK, 201101102) 50m 00:34.89 34,89	01:12.44(+73)
68. Veerle van Bloois (TriVia, 201200960) 50m 00:34.75 34,75	01:12.71(+68)
69. Lenthe Licht (DAW, 201003668) 50m 00:35.48 35,48	01:13.35(+77)
70. Elske de Vries (De Vikings, 200800786) 50m 00:35.88 35,88	01:14.35(+75)
71. Lucia van Leeuwen (ZV Haerlem, 200802016) 50m 00:31.22 31,22	01:16.27(+69)
72. Ranomi Zeegers (De Vikings, 201201512) 50m 00:36.22 36,22	01:16.43(+87)
73. Linde Bakkenes (DWK, 201201662) 50m 00:36.81 36,81	01:19.38(+73)
74. Femke De Vries (De Vikings, 201200202) 50m 00:39.29 39,29	01:19.86(+90)
75. Nai Mahtat (De Dolfijn, 201102520) 50m 00:41.17 41,17	01:26.84(+83)
76. Julia Happel (DWK, 201201666) 50m 00:41.81 41,81	01:27.63(+90)
DIS. Narin Turgut (De Dolfijn, 201201110)	00:00.00
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Milou van Wijk (Team NL - WVZ, 200404948) 50m 00:25.74 25,74	00:53.47(+76)
2. Britta Koehorst (WVZ, 200300246) 50m 00:26.33 26,33	00:54.80(+67)
3. Valerie van Roon (De Dolfijn, 199802326) 50m 00:25.93 25,93	00:55.34(+68)
4. Anna van Droffelaar (PSV, 200400258) 50m 00:26.96 26,96	00:55.63(+60)
5. Femke Hoppenbrouwer (De Dolfijn, 200301124) 50m 00:26.31 26,31	00:55.83(+71)
6. Janne Slegers (PSV, 200404090) 50m 00:27.05 27,05	00:56.49(+68)
7. Serena Stel (De Dolfijn, 199801528) 50m 00:27.47 27,47	00:56.75(+69)
8. Kim Jansen van Galen (PSV, 200201594)	00:57.02(+74)

50m 00:27.98 27,98

9. Lynn Blommers (Blue Marlins, 200105062) 00:57.05(+70)
50m 00:27.54 27,54
10. Hedwig Bolt (HZ&PC Heerenveen, 200602660) 00:57.11(+76)
50m 00:27.75 27,75
11. Jill Nai Chung Tong (WVZ, 200404272) 00:57.43(+65)
50m 00:27.44 27,44
12. Amber Cellie (De Dolfijn, 200300756) 00:57.58(+72)
50m 00:28.01 28,01
13. Tamara Grove (De Dolfijn, 199601266) 00:58.11(+70)
50m 00:27.53 27,53
14. Evy Rozeboom (DAW, 200601338) 00:58.79(+75)
50m 00:28.32 28,32
15. Marin Wieling (ZPC AMERSFOORT, 200501220) 00:59.10(+69)
50m 00:27.75 27,75
16. Vera Renshof (DWK, 200301582) 00:59.68(+71)
50m 00:28.69 28,69
17. Marre Zandringa (Orca Leeuwarden, 199701136) 01:00.07(+70)
50m 00:28.30 28,30
18. Luca Ebbinge (DZ&PC, 199802406) 01:00.29(+61)
50m 00:29.09 29,09
19. Myrthe Natzijl (DZ&PC, 200400076) 01:01.14(+74)
50m 00:29.41 29,41
20. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 01:01.30(+74)
50m 00:29.49 29,49
21. Amé Hulleman (DZ&PC, 200202794) 01:01.32(+76)
50m 00:29.36 29,36
22. Ciska de Lugt (DZ&PC, 200503302) 01:01.35(+71)
50m 00:29.54 29,54
23. Vera Wassink (ZPC AMERSFOORT, 200604976) 01:01.47(+74)
50m 00:29.10 29,10
24. Olena Dijkstra (Orca Leeuwarden, 200202624) 01:01.55(+74)
50m 00:29.35 29,35
25. Manon Kloosterman (Zwemlust- den Hommel, 199702082) 01:01.70(+75)
50m 00:29.59 29,59
26. Celine Schoenmaker (DWK, 199801976) 01:01.73(+73)
50m 00:29.43 29,43
27. Rinske Bouman (Blue Marlins, 200400578) 01:01.85(+81)
50m 00:29.27 29,27
28. Aniek Vuist (Steenwijk 1934, 200600958) 01:02.47(+67)
50m 00:29.58 29,58
29. Marieke Koekoek (DWK, 200600330) 01:02.74(+79)
50m 00:30.03 30,03
30. Nikita Snoeren (WVZ, 200600342) 01:02.83(+66)
50m 00:30.09 30,09
31. Zuzanna Kowalczyk (PSV, 200503860) 01:03.18(+71)
50m 00:29.99 29,99
32. Fenne Peters (PSV, 200601388) 01:03.48(+73)
50m 00:29.79 29,79

33. Lise Kleinbekman (DZ&PC, 200502870) 50m 00:31.56 31,56	01:04.54(+68)
34. Lois Jalving (HZ&PC Heerenveen, 200400280) 50m 00:30.84 30,84	01:05.67(+70)
35. Liselotte Schaap (HZ&PC Heerenveen, 200603016) 50m 00:31.88 31,88	01:07.39(+65)
36. Jessica Dekkinga (Steenwijk 1934, 200600180) 50m 00:33.20 33,20	01:11.14(+79)
37. Jelena Krikke (DZ&PC, 200405874) 50m 00:33.49 33,49	01:11.92(+78)
38. Nadia Veenstra (HZ&PC Heerenveen, 200602482) 50m 00:35.56 35,56	01:14.17(+73)
3. 100m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099) 50m 00:27.02 27,02	00:56.19(+67)
2. Daan Sonneveld (WVZ, 200601085) 50m 00:28.16 28,16	00:56.70(+61)
3. Boele Böhm (Blue Marlins, 200700739) 50m 00:28.07 28,07	00:58.37(+62)
4. Niek Issard (DZ&PC, 200700037) 50m 00:28.33 28,33	00:59.18(+76)
5. Thom De Hoog (Blue Marlins, 200600019) 50m 00:28.65 28,65	00:59.22(+68)
6. Rein Stoel (ZVL-1886 Center, 200800463) 50m 00:28.58 28,58	00:59.69(+67)
7. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:29.27 29,27	00:59.70(+72)
8. Lars Bulman (Blue Marlins, 200600125) 50m 00:28.52 28,52	01:00.09(+70)
9. Luca Boorsma (De Dolfijn, 200902031) 50m 00:28.55 28,55	01:00.30(+61)
10. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:29.74 29,74	01:01.42(+59)
11. Willem Weustink (Team Noord Holland (SG), 200800109) 50m 00:29.33 29,33	01:01.93(+67)
12. Lars Heddema (Steenwijk 1934, 200603697) 50m 00:29.58 29,58	01:02.03(+68)
13. Niek Sonneveld (WVZ, 200802631) 50m 00:30.55 30,55	01:02.65(+66)
14. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:29.42 29,42	01:03.23(+65)
15. Tim van Erven (DZ&PC, 200700175) 50m 00:31.10 31,10	01:03.68(+78)
16. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:31.25 31,25	01:04.78(+73)
17. Diede Veld (HZ&PC Heerenveen, 200800011) 50m 00:31.36 31,36	01:04.80(+73)
18. Tijn Hilders (De Dolfijn, 200700027) 50m 00:31.11 31,11	01:04.84(+77)

19. Finn Hilders (De Dolfijn, 200900283) 50m 00:31.38 31,38	01:05.90(+79)
20. Jere Wiersma (DZ&PC, 200701037) 50m 00:32.50 32,50	01:06.06(+74)
21. Sven Casper Hageman (Steenwijk 1934, 201000009) 50m 00:31.89 31,89	01:06.17(+64)
22. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:31.41 31,41	01:06.42(+68)
23. Jelte de Boer (De Vikings, 200700345) 50m 00:32.73 32,73	01:07.21(+66)
24. Mathijs de Wit (KSN (SG), 201001215) 50m 00:32.64 32,64	01:07.27(+69)
25. Boyd Delsaerdt (Blue Marlins, 200704051) 50m 00:33.79 33,79	01:08.16(+72)
26. Nathan Magava (De Dolfijn, 201003067) 50m 00:33.70 33,70	01:09.11(+57)
27. Jamie Kenworthy (De Dolfijn, 200800045) 50m 00:33.20 33,20	01:09.77(+79)
28. Teije ter Bekke (Zwemclub Zeist, 200901789) 50m 00:33.83 33,83	01:10.19(+75)
29. Girish Nolden (Blue Marlins, 201000087) 50m 00:34.66 34,66	01:11.14(+64)
30. Roemer Bindels (Blue Marlins, 201003335) 50m 00:34.23 34,23	01:12.20(+79)
31. Dyon Scholten (Steenwijk 1934, 200900095) 50m 00:35.94 35,94	01:13.02(+70)
32. Eli Fieret (GZC DONK, 200903463) 50m 00:35.86 35,86	01:13.29(+81)
33. Yorre van der Wal (SG. Bolsward-Workum, 201000017) 50m 00:36.02 36,02	01:13.46(+80)
34. Kyaro Giuliano (De Dolfijn, 201000489) 50m 00:36.27 36,27	01:15.77(+65)
35. Victor de Haan (HZ&PC Heerenveen, 201001921) 50m 00:36.35 36,35	01:16.51(+66)
36. Nanne Woldring (De Vikings, 201102035) 50m 00:41.76 41,76	01:25.92(+83)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Joep Hoogerwerf (De Dolfijn, 200204527) 50m 00:25.70 25,70	00:53.70(+58)
2. Yazan Al Bawwab (PSV, 199905421) 50m 00:26.69 26,69	00:54.97(+70)
3. Lars Minnaert (PSV, 200502355) 50m 00:26.32 26,32	00:55.07(+58)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817) 50m 00:27.29 27,29	00:55.51(+58)
5. Bjarne van Oord (De Dolfijn, 200105101) 50m 00:27.09 27,09	00:55.63(+59)
6. Ivo Stolk (Feijenoord Albion, 200100615) 50m 00:26.61 26,61	00:56.65(+63)

7. Olivier Van de Voort (De Dolfijn, 199703035) [S10] 50m 00:27.87 27,87	00:58.01(+79)
8. Luuk Smits (Z&PV Nuenen, 200001015) 50m 00:27.06 27,06	00:58.64(+58)
9. Mees Niemeijer (DZ&PC, 200201275) 50m 00:29.68 29,68	01:01.14(+69)
10. Richard Kuipers (HZ&PC Heerenveen, 199704171) 50m 00:29.61 29,61	01:01.82(+65)
11. Bjorn de Heus (Feijenoord Albion, 200201077) 50m 00:29.59 29,59	01:01.88(+62)
12. Noah de Schryver (De Dolfijn, 200105483) 50m 00:31.46 31,46	01:08.76
4. 50m rugslag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:28.49(+76)
2. Eefje Irvine (De Dolfijn, 200700164)	00:29.45(+54)
3. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:29.81(+66)
4. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:29.98(+62)
5. Fay Boxum (DZ&PC, 200900060)	00:31.05(+63)
6. Esmee Mulder (DZ&PC, 200800038)	00:31.13(+57)
7. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:31.27(+70)
8. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:31.65(+69)
10. Madeleine Bertram (De Dolfijn, 200900516)	00:31.93(+61)
11. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	00:32.18(+67)
12. Annedieke Scholte (Blue Marlins, 200701110)	00:32.21(+71)
13. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	00:32.51(+67)
14. Raegan Belmar (Blue Marlins, 201004070)	00:32.57(+84)
15. Elin Reinstra (TriVia, 201100842)	00:32.59(+73)
16. Nynke van der Zee (Orca Leeuwarden, 200700604)	00:32.83(+63)
17. Indy Feenema (Orca Leeuwarden, 201000850)	00:33.13(+73)
18. Tessa van Beek (DWK, 201001446)	00:33.22(+71)
19. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:33.56(+67)
20. Yara van Asselen (De Dolfijn, 200900408)	00:33.57(+61)
21. Fenna ter Bekke (Zwemclub Zeist, 200701506)	00:33.61(+68)
22. Inger van Oord (De Dolfijn, 200703912)	00:33.62(+79)
23. Floortje van 't Wout (De Dolfijn, 200802286)	00:33.80(+71)
24. Eloisa Gomes Delgado (Feijenoord Albion, 200700812)	00:33.89(+73)
25. Jade Belmar (Blue Marlins, 200704900)	00:33.91(+62)
26. Sophie van Leent (Blue Marlins, 200800522)	00:34.10(+78)
27. Jasmijn Schoonen (Wiekslag, 200901196)	00:34.20(+72)
28. Yanique Bax (ZPC AMERSFOORT, 201001428)	00:34.54(+71)

29. Tess de Waard (ZV Haerlem, 200903946)	00:34.60(+71)
30. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	00:34.76(+74)
31. Tamar Ieperen, van (ZV Haerlem, 200801816)	00:35.54(+61)
32. Isa Segenhout (Orca Leeuwarden, 201000128)	00:35.67(+72)
33. Evita Hoornweg (TriVia, 201002046)	00:35.84(+63)
34. Jildau Folmer (SG. Bolsward-Workum, 201002600)	00:35.98(+69)
35. Kyara Balt (De Vikings, 201100306)	00:37.60(+78)
36. Anna Schuurman (SG. Bolsward-Workum, 201000076)	00:38.82(+84)
37. Melissa Zeegers (De Vikings, 201002612)	00:39.52(+96)
38. Femke De Vries (De Vikings, 201200202)	00:43.99(+76)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Britta Koehorst (WVZ, 200300246)	00:27.63(+59)
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:29.18(+66)
3. Amber Celie (De Dolfijn, 200300756)	00:29.36(+63)
4. Sterre Hendriks (De Dolfijn, 200401288)	00:29.93(+59)
5. Janne Slegers (PSV, 200404090)	00:30.56(+60)
6. Lynn Blommers (Blue Marlins, 200105062)	00:30.76(+57)
7. Inge Dekker (HZ&PC Heerenveen, 200200476)	00:30.84(+59)
8. Tamara Grove (De Dolfijn, 199601266)	00:30.86(+67)
9. Famke Irvine (De Otters Het Gooi, 200501724)	00:30.93(+70)
10. Joy Willekus (De Dolfijn, 200602420)	00:31.17(+64)
11. Lindi Bos (DWK, 200101256)	00:31.19(+65)
12. Marre Zandringa (Orca Leeuwarden, 199701136)	00:31.24(+59)
13. Olena Dijkstra (Orca Leeuwarden, 200202624)	00:31.40(+74)
14. Rowie Kamp (De Reuring, 200001706)	00:31.45(+68)
15. Nikita Snoeren (WVZ, 200600342)	00:31.57(+54)
16. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)	00:31.93(+70)
17. Ciska de Lugt (DZ&PC, 200503302)	00:32.39(+73)
18. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:32.71(+65)
19. Amber Tiesinga (DZ&PC, 200600782)	00:32.92(+68)
20. Amé Hulleman (DZ&PC, 200202794)	00:33.24(+72)
21. Lois Jalving (HZ&PC Heerenveen, 200400280)	00:33.35(+61)
22. Vera Wassink (ZPC AMERSFOORT, 200604976)	00:34.99(+64)
23. Liselotte Schaap (HZ&PC Heerenveen, 200603016)	00:35.47(+52)
24. Nadia Veenstra (HZ&PC Heerenveen, 200602482)	00:38.14(+69)
5. 50m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Yaniv Kerdijk (ZV Haerlem, 200603439)	00:28.46(+69)
2. Roan van der Weide (Blue Marlins, 200601629)	00:29.27(+66)
3. Storm Boxum (DZ&PC, 200700421)	00:29.59(+73)

4. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)	00:29.94(+63)
5. Jetze de Vries (De Vikings, 200602589)	00:30.26(+64)
6. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:30.28(+63)
7. Floris van der Valk (Wiekslag, 200801891)	00:30.42(+64)
8. Bjorn van den Berge (Z & PC De Zeeuwse Kust, 200701991)	00:31.11(+66)
9. Thygo van de Peppel (Blue Marlins, 200901101)	00:31.37(+62)
9. Collard Jungeling (DZ&PC, 200701831)	00:31.37(+70)
11. Cruz de Groot (Team Noord Holland (SG), 200801077)	00:31.43(+65)
12. Pedro Filipini (De Dolfijn, 200603863)	00:31.74(+67)
13. Twan Hoogervorst (De Columbiaan, 200700741)	00:32.13(+68)
14. Alexander Griston (De Dolfijn, 200803053)	00:32.17(+57)
15. Tijn Hilders (De Dolfijn, 200700027)	00:32.29(+76)
16. Damir Mustafic (DZ&PC, 200800885)	00:32.80(+77)
17. Duco de Gelder (Blue Marlins, 201000217)	00:33.25(+73)
18. Brian Arturo Bloemsma (De Dolfijn, 200901155)	00:33.67(+66)
19. Tygo van de Wal (DWK, 201001329)	00:33.74(+85)
20. Finn Rust (PSV, 200700469)	00:33.82(+66)
21. Gaëtan Spicq (Blue Marlins, 200701807)	00:33.87(+69)
22. Tieme Wiersma (DZ&PC, 200701031)	00:33.92(+72)
23. Neo Reiber (Feijenoord Albion, 200900699)	00:34.13(+63)
24. Cayden Malone (De Dolfijn, 201002195)	00:34.78(+74)
25. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	00:35.75(+54)
26. Mathijs de Wit (KSN (SG), 201001215)	00:36.63(+69)
27. Lucas Willekes (Zwemclub Zeist, 201002481)	00:37.33(+67)
28. Idse Eisses (WVZ, 200900009)	00:37.58(+78)
29. Chris de Wilde (Zwemclub Zeist, 201003481)	00:38.30(+68)
30. Esh Nolden (Blue Marlins, 200800145)	00:38.65(+64)
31. Mees Kooij (DAW, 201000909)	00:38.70(+64)
32. Hamza Rafaan (GZC DONK, 201003527)	00:40.69(+73)
33. Sam Whittaker (De Dolfijn, 201101295)	00:40.71(+94)
34. Lucas de Vries (De Dolfijn, 200802025)	00:41.52(+55)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Bram Zwetsloot (Team NL - Nuenen, 200202117)	00:27.34(+65)
2. Kingue Struijf (De Dolfijn, 199400913)	00:27.77(+66)
3. Lars Verhalle (PSV, 200200019)	00:27.82(+74)
4. Brandon van den Berg (Blue Marlins, 200200669)	00:27.94(+69)
5. Juri Dijkstra (De Dolfijn, 200002119)	00:28.37(+71)
6. Cas Verstegen (PSV, 200500891)	00:28.57(+65)

7. Ensger Kotterink (Feijenoord Albion, 199403391)	00:28.69(+64)
8. Rick Offringa (DZ&PC, 200300979)	00:29.80(+73)
10. Jesse van der A (De Dolfijn, 199905303)	00:30.45(+68)
11. Kyle Scritchfield (DZ&PC, 200404893)	00:30.57(+70)
12. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)	00:30.77(+65)
13. Ronis van Everdingen (DWK, 200300043)	00:30.86(+78)
14. Nino Sieling (De Dolfijn, 199701845)	00:30.89(+71)
16. Vincent Versteeg (Zwemlust- den Hommel, 197701003)	00:31.96(+73)
17. Kay van Sleen (Steenwijk 1934, 200400083)	00:32.16(+75)
18. Richard Kuipers (HZ&PC Heerenveen, 199704171)	00:32.57(+71)
6. 100m schoolslag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Esmee Mulder (DZ&PC, 200800038)	01:13.21(+69)
50m 00:34.66 34,66	
2. Rafaela Mulders (De Reuring, 200701398)	01:13.64(+68)
50m 00:34.62 34,62	
3. Nieke Dovic (PSV, 200700238)	01:13.88(+79)
50m 00:35.04 35,04	
4. Veerle Hildebrand (PSV, 200801830)	01:14.39(+79)
50m 00:34.69 34,69	
5. Rhodee van den Ham (De Duinkickers, 200700090)	01:15.68(+70)
50m 00:36.03 36,03	
6. Carla Moreno Palacios (De Dolfijn, 201002302)	01:16.53(+70)
50m 00:35.35 35,35	
7. Liv Heijdra (WVZ, 200800736)	01:16.92(+72)
50m 00:35.49 35,49	
8. Frouke Ludwig (DZ&PC, 200800112)	01:17.03(+68)
50m 00:35.94 35,94	
9. Esm�e de Gans (ZPC AMERSFOORT, 200900134)	01:18.55(+78)
50m 00:36.99 36,99	
10. Marre van der Wal (SG. Bolsward-Workum, 201000046)	01:19.06(+70)
50m 00:37.05 37,05	
11. Mijke Ouderkerken (Blue Marlins, 200901254)	01:19.19(+75)
50m 00:37.02 37,02	
12. Anne Engbersen (ZPC AMERSFOORT, 201000044)	01:19.20(+77)
50m 00:36.75 36,75	
13. Eefje van Hinsbergen (Blue Marlins, 201002252)	01:20.02(+71)
50m 00:37.72 37,72	
14. Jasmijn Schoonen (Wiekslag, 200901196)	01:20.54(+83)
50m 00:37.43 37,43	
15. Breanna Belmar (Blue Marlins, 201004068)	01:20.60(+75)
50m 00:38.11 38,11	
16. Elin Riedijk (Blue Marlins, 201002056)	01:21.35(+76)
50m 00:38.98 38,98	
17. Nynke van der Zee (Orca Leeuwarden, 200700604)	01:21.41(+70)
50m 00:37.40 37,40	
18. Elin Baars (DWK, 201000138)	01:22.33(+73)

	50m 00:38.54 38,54	
19.	Esmée Ykema (HZ&PC Heerenveen, 200801710) 50m 00:38.85 38,85	01:22.75(+75)
20.	Noa Jaffe (De Dolfijn, 201000726) 50m 00:40.47 40,47	01:22.92(+79)
21.	Tessa van Beek (DWK, 201001446) 50m 00:38.76 38,76	01:22.93(+75)
22.	Noa Spaans (De Dolfijn, 201100222) 50m 00:39.76 39,76	01:23.06(+71)
23.	Wieke Dekker (De Dolfijn, 201002020) 50m 00:38.96 38,96	01:23.50(+73)
24.	Charlie Klaver (De Dolfijn, 201102094) 50m 00:39.84 39,84	01:23.65(+68)
25.	Gerlin van de Krol (DWK, 201101412) 50m 00:40.23 40,23	01:25.02(+59)
26.	Juno Toornend (ZV Haerlem, 201101718) 50m 00:39.96 39,96	01:26.79(+76)
27.	Minke Bouman (Blue Marlins, 201100104) 50m 00:40.06 40,06	01:26.96(+68)
28.	Chiara Lammertink (ZPC AMERSFOORT, 200902200) 50m 00:40.35 40,35	01:27.29(+75)
29.	Evita Hoornweg (TriVia, 201002046) 50m 00:40.05 40,05	01:27.71(+72)
30.	Wyneke Edou van der Heide (Orca Leeuwarden, 201100028) 50m 00:41.91 41,91	01:27.80(+65)
31.	Jade van Berlo (Zwemclub Zeist, 200803934) 50m 00:40.19 40,19	01:28.23(+74)
32.	Hanna Heller (ZPC AMERSFOORT, 201102730) 50m 00:41.76 41,76	01:29.44(+86)
33.	Britt Jellesma (SG. Bolsward-Workum, 201000310) 50m 00:41.48 41,48	01:30.13(+86)
34.	Charlotte Stegink (ZV Haerlem, 201103760) 50m 00:43.44 43,44	01:30.53(+81)
35.	Kyara Balt (De Vikings, 201100306) 50m 00:44.18 44,18	01:30.82
36.	Lenthe Licht (DAW, 201003668) 50m 00:43.61 43,61	01:32.18(+85)
37.	Marlies Brouwer (DZ&PC, 201101152) 50m 00:43.46 43,46	01:33.67(+74)
38.	Veerle van Bloois (TriVia, 201200960) 50m 00:46.25 46,25	01:35.95(+84)
39.	Liv Schoon (DAW, 201202112) 50m 00:44.97 44,97	01:36.49(+67)
40.	Yvonne de Graaf (DWK, 201101418) 50m 00:46.27 46,27	01:37.41(+76)
41.	Elske de Vries (De Vikings, 200800786) 50m 00:47.26 47,26	01:39.14(+75)
42.	Narin Turgut (De Dolfijn, 201201110) 50m 00:47.92 47,92	01:39.63(+70)

43. Nai Mahtat (De Dolfijn, 201102520) 50m 00:48.79 48,79	01:42.80(+75)
44. Linde Bakkenes (DWK, 201201662) 50m 00:49.91 49,91	01:44.55(+61)
45. Ranomi Zeegers (De Vikings, 201201512) 50m 00:48.42 48,42	01:44.74(+83)
46. Julia Happel (DWK, 201201666) 50m 00:50.78 50,78	01:46.75(+94)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Anna van Droffelaar (PSV, 200400258) 50m 00:32.54 32,54	01:09.04(+65)
2. Kim Jansen van Galen (PSV, 200201594) 50m 00:33.43 33,43	01:09.90(+76)
3. Leyla Oversluizen (Feijenoord Albion, 200602730) 50m 00:33.30 33,30	01:11.16(+78)
4. Fenna de Groot (Feijenoord Albion, 199701796) 50m 00:33.31 33,31	01:11.35(+68)
5. Jade Geurts (WVZ, 200402278) 50m 00:33.60 33,60	01:11.78(+68)
6. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:33.78 33,78	01:12.48(+70)
7. Anouk Elzerman (De Dolfijn, 199005914) 50m 00:34.59 34,59	01:13.59(+77)
8. Joy Willekus (De Dolfijn, 200602420) 50m 00:34.13 34,13	01:14.02(+69)
9. Rowie Kamp (De Reuring, 200001706) 50m 00:35.20 35,20	01:16.35(+69)
10. Marieke Koekoek (DWK, 200600330) 50m 00:35.41 35,41	01:16.74(+76)
11. Rinske Bouman (Blue Marlins, 200400578) 50m 00:36.53 36,53	01:17.60(+82)
12. Lise Kleinbekman (DZ&PC, 200502870) 50m 00:36.63 36,63	01:17.91(+68)
13. Fenne Peters (PSV, 200601388) 50m 00:36.14 36,14	01:18.73(+78)
14. Myrthe Natzijl (DZ&PC, 200400076) 50m 00:37.17 37,17	01:18.89(+76)
15. Luca Ebbingge (DZ&PC, 199802406) 50m 00:36.96 36,96	01:18.96(+62)
16. Celine Schoenmaker (DWK, 199801976) 50m 00:36.88 36,88	01:19.03(+76)
17. Amber Tiesinga (DZ&PC, 200600782) 50m 00:37.53 37,53	01:19.79(+80)
18. Vera Renshof (DWK, 200301582) 50m 00:38.34 38,34	01:21.28(+70)
19. Aniek Vuist (Steenwijk 1934, 200600958) 50m 00:38.40 38,40	01:21.60(+70)
20. Inge Dekker (HZ&PC Heerenveen, 200200476) 50m 00:39.34 39,34	01:23.60(+74)

21. Chantal Tiesinga (DZ&PC, 200302452)	01:25.15(+71)
50m 00:40.35 40,35	
22. Jessica Dekkinga (Steenwijk 1934, 200600180)	01:32.01(+74)
50m 00:42.81 42,81	
7. 100m vlinderslag - Heren	
12 - 17 jaar	
1. Kaan Sudak (Blue Marlins, 200803733)	00:54.99(+58)
50m 00:25.31 25,31	
2. Lars Bulman (Blue Marlins, 200600125)	00:55.98(+68)
50m 00:26.16 26,16	
3. Joshua Agussalim (WVZ, 200600153)	00:57.64(+67)
50m 00:26.28 26,28	
4. Giovanni Phillipson (Team Noord Holland (SG), 200801099)	00:58.40(+74)
50m 00:27.14 27,14	
5. Boele Böhm (Blue Marlins, 200700739)	00:59.24(+68)
50m 00:27.58 27,58	
6. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:59.75(+63)
50m 00:26.23 26,23	
7. Niek Issard (DZ&PC, 200700037)	01:00.11(+77)
50m 00:27.75 27,75	
8. Willem Weustink (Team Noord Holland (SG), 200800109)	01:00.14(+67)
50m 00:27.48 27,48	
9. Storm Tolsma (ZIGNEA, 200600277)	01:00.70(+75)
50m 00:27.93 27,93	
10. Jetze de Vries (De Vikings, 200602589)	01:00.81(+73)
50m 00:28.14 28,14	
11. Collard Jungeling (DZ&PC, 200701831)	01:00.87(+69)
50m 00:28.53 28,53	
12. Cruz de Groot (Team Noord Holland (SG), 200801077)	01:01.16(+75)
50m 00:27.98 27,98	
13. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	01:01.17(+85)
50m 00:28.13 28,13	
14. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	01:01.57(+70)
50m 00:28.38 28,38	
15. Damir Mustafic (DZ&PC, 200800885)	01:02.21(+75)
50m 00:28.27 28,27	
16. Jamie Kenworthy (De Dolfijn, 200800045)	01:02.39(+66)
50m 00:28.45 28,45	
17. Jasper Groen (ACZ, 200602325)	01:02.59(+68)
50m 00:27.85 27,85	
18. Evren Ege Orcunus (De Dolfijn, 201003253)	01:03.47(+71)
50m 00:29.67 29,67	
19. Floris van der Valk (Wiekslag, 200801891)	01:03.55(+64)
50m 00:29.42 29,42	
20. Ivo Bot (Wiekslag, 200900509)	01:03.56(+75)
50m 00:28.97 28,97	
21. Diede Veld (HZ&PC Heerenveen, 200800011)	01:03.83(+78)
50m 00:30.01 30,01	
22. Lou van Leeuwen (De Dolfijn, 200702779)	01:03.93(+71)
50m 00:29.51 29,51	

23. Bas van Berlo (Zwemclub Zeist, 200601193) 50m 00:30.00 30,00	01:04.30(+70)
24. Thijmen Willekes (Zwemclub Zeist, 200703077) 50m 00:29.54 29,54	01:04.31(+78)
25. Thijs Wellink (ZPC AMERSFOORT, 200600715) 50m 00:30.55 30,55	01:06.09(+74)
26. Jelte de Boer (De Vikings, 200700345) 50m 00:31.15 31,15	01:06.47(+65)
27. Neo Reiber (Feijenoord Albion, 200900699) 50m 00:29.98 29,98	01:06.87(+64)
28. Nathan Magava (De Dolfijn, 201003067) 50m 00:30.94 30,94	01:06.94(+66)
29. Hessel Wachter (Zwemclub Zeist, 200903337) 50m 00:31.31 31,31	01:07.96(+83)
30. Franzi Ziegler (DAW, 201100891) 50m 00:30.52 30,52	01:08.01(+67)
31. Derek Smit (De Reuring, 200702055) 50m 00:30.77 30,77	01:08.42(+73)
32. Finn Hilders (De Dolfijn, 200900283) 50m 00:31.95 31,95	01:08.94(+67)
33. Girish Nolden (Blue Marlins, 201000087) 50m 00:32.54 32,54	01:10.06(+81)
34. Joshua van den Idsert (DAW, 200801919) 50m 00:31.96 31,96	01:10.17(+80)
35. Niek Sonneveld (WVZ, 200802631) 50m 00:31.60 31,60	01:10.45(+67)
36. Edwin Bulten (Azuro, 200600553) 50m 00:32.69 32,69	01:12.17(+72)
37. Tycho Wienbelt (De Vikings, 201001397) 50m 00:33.92 33,92	01:12.46(+80)
38. Lev Rudman (Blue Marlins, 201102343) 50m 00:34.55 34,55	01:12.79(+73)
39. Henry Watson (De Dolfijn, 201001703) 50m 00:33.74 33,74	01:13.08(+63)
40. Kyaro Giuliano (De Dolfijn, 201000489) 50m 00:35.26 35,26	01:14.13(+70)
41. Dyon Scholten (Steenwijk 1934, 200900095) 50m 00:33.62 33,62	01:14.75(+76)
42. Robin Mintjes (HZ&PC Heerenveen, 201000957) 50m 00:35.13 35,13	01:15.32(+91)
43. Victor de Haan (HZ&PC Heerenveen, 201001921) 50m 00:38.05 38,05	01:22.64(+72)
44. Quinten van Zanten (De Vikings, 201102249) 50m 00:44.79 44,79	01:41.68(+56)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Thomas Verhoeven (Feijenoord Albion, 199700311) 50m 00:23.29 23,29	00:51.43(+63)
2. Michael Smink (Blue Marlins, 200302169) 50m 00:25.80 25,80	00:53.95(+68)

3. Émile Fouzai (Blue Marlins, 200500263) 00:54.94(+68)
50m 00:25.93 25,93
4. Matthijs van Meerendonk (DZ&PC, 199900375) 00:54.98(+58)
50m 00:25.41 25,41
5. Alexander Nijst (Z&PV Nuenen, 200104869) 00:55.19(+73)
50m 00:25.50 25,50
6. Cas Verstegen (PSV, 200500891) 00:56.27(+70)
50m 00:26.37 26,37
7. Kalle van Gemert (Z & PC De Zeeuwse Kust, 199801259) 00:56.52(+65)
50m 00:25.94 25,94
8. Jelle Betten (DZ&PC, 200001535) 00:56.70(+73)
50m 00:25.77 25,77
9. Bjarne van Oord (De Dolfijn, 200105101) 00:57.06(+66)
50m 00:26.67 26,67
10. Emiel van Oord (De Dolfijn, 200503707) 00:57.17(+66)
50m 00:26.28 26,28
11. Rick van Hamond (Zegenwerp, 199205873) 00:57.23(+68)
50m 00:26.73 26,73
12. Bart Muselaers (DWK, 200100865) 00:58.10(+71)
50m 00:26.53 26,53
13. Bjorn de Heus (Feijenoord Albion, 200201077) 00:58.16(+62)
50m 00:27.08 27,08
14. Rik Hofland (Team Noord Holland (SG), 199701737) 00:58.22(+71)
50m 00:26.78 26,78
15. Kenan Coeruez (Feijenoord Albion, 200300357) 00:58.82(+67)
50m 00:26.66 26,66
16. Lars Minnaert (PSV, 200502355) 00:58.90(+73)
50m 00:26.97 26,97
17. Rens Stijf (ZPC AMERSFOORT, 200501419) 00:59.98(+68)
50m 00:27.33 27,33
18. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463) 01:00.49(+65)
50m 00:27.76 27,76
19. Thijs Berkhout (DWK, 200500035) 01:00.52(+66)
50m 00:27.94 27,94
20. Wouter Sijmons (Z&PV Nuenen, 199302695) 01:00.81(+72)
50m 00:27.61 27,61
21. Terrence Fredema (ZPC AMERSFOORT, 200404887) 01:01.24(+68)
50m 00:28.00 28,00
22. River Streefland (Blue Marlins, 200502253) 01:01.28(+71)
50m 00:28.02 28,02
23. Rob Lugtenburg (Blue Marlins, 200201123) 01:01.29(+67)
50m 00:28.83 28,83
24. Lars Diesch (Z&PV Nuenen, 200103189) 01:01.72(+75)
50m 00:28.40 28,40
25. Yuri Wasser (PSV, 200301327) 01:01.91(+69)
50m 00:28.94 28,94
26. Neel Sahti (Blue Marlins, 200404227) 01:02.59(+69)
50m 00:28.61 28,61

8. 50m vinderslag - Dames

11 - 16 jaar (Jeugd 2 en jonger)

1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:28.51(+80)
2. Frouke Ludwig (DZ&PC, 200800112)	00:28.70(+70)
3. Rafaela Mulders (De Reuring, 200701398)	00:29.52(+68)
4. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:29.60(+76)
4. Liv Heijdra (WVZ, 200800736)	00:29.60(+72)
6. Fay Boxum (DZ&PC, 200900060)	00:29.76(+76)
7. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:29.99(+70)
8. Esmee Mulder (DZ&PC, 200800038)	00:30.11(+67)
9. Julia Dąbrowska (Blue Marlins, 201000300)	00:30.15(+76)
10. Eefje Irvine (De Dolfijn, 200700164)	00:30.17(+68)
11. Ilana Gentile (Orca Leeuwarden, 200801558)	00:30.32(+67)
12. Elin Brinkhof (De Dolfijn, 200900078)	00:30.58(+75)
13. Isis Verhoeff (De Otters Het Gooi, 200902962)	00:30.67(+75)
14. Megan Snoek (DAW, 200900888)	00:30.69(+63)
15. Fenna Westerneng (DZ&PC, 200900070)	00:31.02(+77)
16. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:31.05(+78)
17. Madeleine Bertram (De Dolfijn, 200900516)	00:31.10(+74)
17. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)	00:31.10(+77)
19. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)	00:31.19(+76)
20. Inger van Oord (De Dolfijn, 200703912)	00:31.25(+82)
21. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	00:31.31(+69)
22. Mariia Kostina (Blue Marlins, 201002042)	00:31.43(+69)
23. Yara van Asselen (De Dolfijn, 200900408)	00:31.53(+75)
25. Annedieke Scholte (Blue Marlins, 200701110)	00:31.90(+70)
26. Lili Oosting (DWK, 200900384)	00:31.96(+78)
27. Nynke van der Zee (Orca Leeuwarden, 200700604)	00:31.97(+73)
28. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:32.10(+73)
29. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:32.30(+75)
30. Sophie van Leent (Blue Marlins, 200800522)	00:32.48(+76)
31. Floortje van 't Wout (De Dolfijn, 200802286)	00:32.57(+81)
32. Lucia van Leeuwen (ZV Haerlem, 200802016)	00:32.87(+67)
33. Indy Feenema (Orca Leeuwarden, 201000850)	00:32.90(+74)
34. Lena Offringa (SG. Bolsward-Workum, 200901150)	00:33.23(+79)
35. Esmée Ykema (HZ&PC Heerenveen, 200801710)	00:33.78(+77)
36. Wieke Dekker (De Dolfijn, 201002020)	00:33.96(+73)
37. Evita Hoornweg (TriVia, 201002046)	00:34.09(+74)
38. Minke Bouman (Blue Marlins, 201100104)	00:34.61(+71)
39. Tamar Ieperen, van (ZV Haerlem, 200801816)	00:34.62(+72)

40. Amila Mustafic (DZ&PC, 201200026)	00:34.65(+76)
41. Noa Jaffe (De Dolfijn, 201000726)	00:34.67(+72)
42. Charlie Klaver (De Dolfijn, 201102094)	00:34.69(+74)
43. Manora Ponne (Steenwijk 1934, 201102222)	00:34.85(+73)
44. Isa Segenhout (Orca Leeuwarden, 201000128)	00:34.96(+67)
45. Mare Offringa (SG. Bolsward-Workum, 201001110)	00:34.99(+75)
46. Britt Jellesma (SG. Bolsward-Workum, 201000310)	00:35.10(+80)
47. Kyara Balt (De Vikings, 201100306)	00:36.85
48. Zsofi Bouw (DWK, 201101102)	00:36.93(+76)
49. Hanna Heller (ZPC AMERSFOORT, 201102730)	00:37.62(+87)
50. Anna Schuurman (SG. Bolsward-Workum, 201000076)	00:38.03(+78)
51. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028)	00:39.18(+63)
52. Elske de Vries (De Vikings, 200800786)	00:44.13(+76)
53. Melissa Zeegers (De Vikings, 201002612)	00:46.44(+81)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Milou van Wijk (Team NL - WVZ, 200404948)	00:27.33(+75)
2. Amber Celie (De Dolfijn, 200300756)	00:27.71(+70)
3. Evy Rozeboom (DAW, 200601338)	00:28.31(+76)
3. Fenna de Groot (Feijenoord Albion, 199701796)	00:28.31(+75)
5. Jill Nai Chung Tong (WVZ, 200404272)	00:28.34(+69)
6. Olena Dijkstra (Orca Leeuwarden, 200202624)	00:28.62(+73)
7. Sterre Hendriks (De Dolfijn, 200401288)	00:28.65(+70)
8. Lynn Blommers (Blue Marlins, 200105062)	00:28.70(+67)
9. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:28.99(+71)
10. Janne Slegers (PSV, 200404090)	00:29.00(+74)
11. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)	00:29.28(+70)
12. Famke Irvine (De Otters Het Gooi, 200501724)	00:29.53(+75)
13. Marre Zandringa (Orca Leeuwarden, 199701136)	00:29.55(+68)
14. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:29.65(+69)
15. Tamara Grove (De Dolfijn, 199601266)	00:30.02(+80)
16. Melissa Odemis (De Dolfijn, 200602422)	00:30.74(+75)
17. Zuzanna Kowalczyk (PSV, 200503860)	00:30.84(+74)
17. Nikita Snoeren (WVZ, 200600342)	00:30.84(+65)
19. Inge Dekker (HZ&PC Heerenveen, 200200476)	00:30.92(+75)
20. Jade Geurts (WVZ, 200402278)	00:31.07(+65)
21. Aniek Vuist (Steenwijk 1934, 200600958)	00:31.12(+73)
22. Ciska de Lugt (DZ&PC, 200503302)	00:31.17(+69)
23. Rinske Bouman (Blue Marlins, 200400578)	00:31.26(+82)
24. Fenne Peters (PSV, 200601388)	00:32.06(+73)

25. Vera Wassink (ZPC AMERSFOORT, 200604976)	00:32.09(+76)
26. Lindi Bos (DWK, 200101256)	00:32.21(+72)
27. Amé Hulleman (DZ&PC, 200202794)	00:32.43(+75)
28. Amber Tiesinga (DZ&PC, 200600782)	00:32.49(+76)
29. Marieke Koekoek (DWK, 200600330)	00:33.58(+78)
30. Liselotte Schaap (HZ&PC Heerenveen, 200603016)	00:33.67(+64)
31. Lois Jalving (HZ&PC Heerenveen, 200400280)	00:33.99(+68)
32. Jelena Krikke (DZ&PC, 200405874)	00:35.45(+80)
33. Nadia Veenstra (HZ&PC Heerenveen, 200602482)	00:44.27(+73)
9. 100m wisselslag - Heren 12 - 17 jaar	
1. Yaniv Kerdijk (ZV Haerlem, 200603439) 50m 00:27.67 27,67	00:58.99(+68)
2. Storm Boxum (DZ&PC, 200700421) 50m 00:28.28 28,28	00:59.95(+71)
3. Thom De Hoog (Blue Marlins, 200600019) 50m 00:27.43 27,43	01:01.13(+70)
4. Bjorn van den Berge (Z & PC De Zeeuwse Kust, 200701991) 50m 00:28.74 28,74	01:01.29(+65)
5. Daan Sonneveld (WVZ, 200601085) 50m 00:27.71 27,71	01:01.34(+74)
6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:28.51 28,51	01:01.65(+68)
7. Tijn Hilders (De Dolfijn, 200700027) 50m 00:29.59 29,59	01:02.00(+77)
8. Luca Boorsma (De Dolfijn, 200902031) 50m 00:28.66 28,66	01:02.24(+58)
9. Rein Stoel (ZVL-1886 Center, 200800463) 50m 00:28.04 28,04	01:02.56(+74)
10. Storm Tolsma (ZIGNEA, 200600277) 50m 00:29.36 29,36	01:02.57(+74)
11. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:28.63 28,63	01:02.58(+74)
12. Tim van Erven (DZ&PC, 200700175) 50m 00:30.26 30,26	01:03.09(+80)
13. Mike Tjepkema (ZV Haerlem, 200603029) 50m 00:27.87 27,87	01:03.24(+72)
14. Tieme Wiersma (DZ&PC, 200701031) 50m 00:29.49 29,49	01:04.24(+71)
15. Lars Heddema (Steenwijk 1934, 200603697) 50m 00:28.74 28,74	01:04.33(+73)
16. Twan Hoogervorst (De Columbiaan, 200700741) 50m 00:30.32 30,32	01:04.96(+73)
17. Alexander Griston (De Dolfijn, 200803053) 50m 00:31.29 31,29	01:05.20(+68)
18. Jelte de Boer (De Vikings, 200700345) 50m 00:31.54 31,54	01:05.76(+67)

19. Sven Casper Hageman (Steenwijk 1934, 201000009) 50m 00:30.48 30,48	01:06.29(+66)
20. Jidde Rademaker (De Reuring, 200603619) 50m 00:31.17 31,17	01:07.19(+66)
21. Cayden Malone (De Dolfijn, 201002195) 50m 00:32.00 32,00	01:08.05(+70)
22. Brian Arturo Bloemsma (De Dolfijn, 200901155) 50m 00:33.29 33,29	01:08.44(+72)
23. Mathijs de Wit (KSN (SG), 201001215) 50m 00:32.56 32,56	01:10.32(+72)
24. Juan Cruz Slappendel (Orca Leeuwarden, 200903053) 50m 00:30.77 30,77	01:10.53(+72)
25. Franzi Ziegler (DAW, 201100891) 50m 00:33.14 33,14	01:11.79(+60)
26. Hessel Wachter (Zwemclub Zeist, 200903337) 50m 00:34.09 34,09	01:12.21(+82)
27. Esh Nolden (Blue Marlins, 200800145) 50m 00:34.05 34,05	01:12.34(+64)
28. Kyaro Giuliano (De Dolfijn, 201000489) 50m 00:34.11 34,11	01:12.62(+69)
29. Yorre van der Wal (SG. Bolsward-Workum, 201000017) 50m 00:35.68 35,68	01:13.59(+60)
30. Roemer Bindels (Blue Marlins, 201003335) 50m 00:34.94 34,94	01:14.60(+71)
31. Idse Eisses (WVZ, 200900009) 50m 00:34.94 34,94	01:14.77(+78)
32. Kaelan Hayes (De Dolfijn, 201000491) 50m 00:34.47 34,47	01:15.59(+73)
33. Mees Kooij (DAW, 201000909) 50m 00:35.77 35,77	01:15.86(+69)
34. Lucas de Vries (De Dolfijn, 200802025) 50m 00:35.61 35,61	01:17.03(+71)
35. Lucas Willekes (Zwemclub Zeist, 201002481) 50m 00:37.12 37,12	01:17.68(+68)
36. Chris de Wilde (Zwemclub Zeist, 201003481) 50m 00:37.49 37,49	01:18.46(+69)
37. Robin Mintjes (HZ&PC Heerenveen, 201000957) 50m 00:37.38 37,38	01:18.57(+91)
38. Hamza Rafaan (GZC DONK, 201003527) 50m 00:41.87 41,87	01:25.24(+62)
39. Nanne Woldring (De Vikings, 201102035) 50m 00:41.71 41,71	01:26.82(+92)
40. Sam Whittaker (De Dolfijn, 201101295) 50m 00:42.03 42,03	01:27.52(+98)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Lars Verhalle (PSV, 200200019) 50m 00:25.39 25,39	00:55.10(+77)
2. Ensger Kotterink (Feijenoord Albion, 199403391) 50m 00:25.83 25,83	00:56.53(+62)

3. Luuk Smits (Z&PV Nuenen, 200001015)			00:57.52(+70)
50m	00:25.93	25,93	
4. Rick Offringa (DZ&PC, 200300979)			00:59.06(+72)
50m	00:27.22	27,22	
5. Ronis van Everdingen (DWK, 200300043)			01:00.60(+78)
50m	00:27.87	27,87	
6. Jesse van der A (De Dolfijn, 199905303)			01:01.85(+70)
50m	00:27.07	27,07	
7. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)			01:02.15(+65)
50m	00:28.35	28,35	
8. Richard Kuipers (HZ&PC Heerenveen, 199704171)			01:02.18(+73)
50m	00:29.04	29,04	
9. Mees Niemeijer (DZ&PC, 200201275)			01:02.61(+79)
50m	00:28.60	28,60	
11. Kay van Sleen (Steenwijk 1934, 200400083)			01:06.10(+76)
50m	00:31.08	31,08	
12. Terrence Fredema (ZPC AMERSFOORT, 200404887)			01:11.14(+69)
50m	00:31.26	31,26	
10. 4x50m wisselslag			
vanaf 11 jaar			
1. De Dolfijn			01:46.86
Amber Celie 2003 (+55)	50m	00:29.30	29,30
Juri Dijkstra 2000	100m	00:57.09	27,79
Emiel van Oord 2005 (+44)	150m	01:21.09	24,00
Femke Hoppenbrouwer 2003 (+68)	200m	01:46.86	25,77
2. Feijenoord Albion			01:50.02
Ensger Kotterink 1994 (+57)	50m	00:27.37	27,37
Fenna de Groot 1997 (+15)	100m	01:00.26	32,89
Thomas Verhoeven 1997 (+15)	150m	01:23.62	23,36
Leyla Oversluizen 2006 (+28)	200m	01:50.02	26,40
3. De Dolfijn			01:50.61
Bjarne van Oord 2001 (+59)	50m	00:25.71	25,71
Sterre Hendriks 2004 (+19)	100m	00:57.57	31,86
Jesse van der A 1999 (+20)	150m	01:24.43	26,86
Tamara Grove 1996 (+36)	200m	01:50.61	26,18
4. De Dolfijn			01:53.28
Eefje Irvine 2007 (+55)	50m	00:29.82	29,82
Pedro Filipini 2006 (+38)	100m	01:01.50	31,68
Nino Sieling 1997 (+12)	150m	01:27.27	25,77
Serena Stel 1998 (+38)	200m	01:53.28	26,01
5. DWK			01:55.59
Lindi Bos 2001 (+60)	50m	00:32.18	32,18
Thijs Berkhout 2005 (+32)	100m	01:02.83	30,65
Bart Muselaers 2001 (+15)	150m	01:28.40	25,57
Vera Renshof 2003 (+15)	200m	01:55.59	27,19
6. HZ&PC Heerenveen			01:55.83
Laura van Etten 2008 (+69)	50m	00:29.96	29,96
Hedwig Bolt 2006 (+25)	100m	01:02.47	32,51
Jorian Darwinkel 2003 (+31)	150m	01:31.25	28,78
Gijs Koehoorn 2008 (+24)	200m	01:55.83	24,58
7. HZ&PC Heerenveen			01:57.43
Silke Hooghiemstra 2009 (+65)	50m	00:30.29	30,29
Richard Kuipers 1997 (+4)	100m	01:02.83	32,54
Marte Hieke van der Kamp 2005 (+15)	150m	01:31.99	29,16
Diede Veld 2008	200m	01:57.43	25,44

8. De Dolfijn				01:58.33
Luca Boorsma 2009 (+59)	50m	00:27.61	27,61	
Alexander Griston 2008 (+43)	100m	00:59.23	31,62	
Elin Brinkhof 2009 (+58)	150m	01:29.91	30,68	
Dewi Meijer 2010 (+38)	200m	01:58.33	28,42	
9. De Reuring				01:59.48
Jidde Rademaker 2006 (+64)	50m	00:31.66	31,66	
Rowie Kamp 2000 (+34)	100m	01:04.95	33,29	
Rafaela Mulders 2007 (+46)	150m	01:34.14	29,19	
Derek Smit 2007 (+11)	200m	01:59.48	25,34	
10. ZV Haerlem				02:02.32
Tess de Waard 2009 (+72)	50m	00:34.84	34,84	
Yaniv Kerdijk 2006 (+45)	100m	01:04.46	29,62	
Mike Tjepkema 2006 (+20)	150m	01:33.57	29,11	
Lucia van Leeuwen 2008 (+45)	200m	02:02.32	28,75	
11. Orca Leeuwarden				02:07.43
Yannick Dijks 2007 (+75)	50m	00:34.94	34,94	
Nynke van der Zee 2007 (+52)	100m	01:12.27	37,33	
Marre Zandringa 1997 (+14)	150m	01:41.51	29,24	
Juan Cruz Slappendel 2009 (+17)	200m	02:07.43	25,92	
12. HZ&PC Heerenveen				02:10.68
Veerle de Ridder 2007 (+63)	50m	00:31.47	31,47	
Robin Mintjes 2010 (+46)	100m	01:10.74	39,27	
Inge Dekker 2002 (+49)	150m	01:41.03	30,29	
Victor de Haan 2010 (+24)	200m	02:10.68	29,65	

Speedo Fast Water Meet middagsessie 1 - zaterdag 6 juli 2024 om 13:00u (25 m)

Aanvangstijd juryvergadering: 12:15u

11. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Hedwig Bolt (HZ&PC Heerenveen, 200602660)					04:14.94(+76)
50m	00:29.34	29,34	150m	01:33.92	32,48
100m	01:01.44	32,10	200m	02:06.24	32,32
250m	02:38.52	32,28	350m	03:43.59	32,51
300m	03:11.08	32,56			
2. Frouke Ludwig (DZ&PC, 200800112)					04:22.65(+70)
50m	00:30.01	30,01	150m	01:35.43	32,98
100m	01:02.45	32,44	200m	02:08.72	33,29
250m	02:41.36	32,64	350m	03:48.94	34,15
300m	03:14.79	33,43			
3. Janne Slegers (PSV, 200404090)					04:26.82(+70)
50m	00:30.74	30,74	150m	01:36.95	33,45
100m	01:03.50	32,76	200m	02:11.10	34,15
250m	02:45.36	34,26	350m	03:53.68	34,32
300m	03:19.36	34,00			
4. Rhodée van den Ham (De Duinkickers, 200700090)					04:29.66(+73)
50m	00:30.81	30,81	150m	01:39.28	34,59
100m	01:04.69	33,88	200m	02:14.24	34,96
250m	02:48.51	34,27	350m	03:57.05	34,32
300m	03:22.73	34,22			
5. Fenna Westerneng (DZ&PC, 200900070)					04:36.82(+83)
50m	00:32.03	32,03	150m	01:42.02	35,22
100m	01:06.80	34,77	200m	02:17.10	35,08
250m	02:51.52	34,42	350m	04:01.86	34,96
300m	03:26.90	35,38			
6. Dominique Dingshoff (ZPC Hoogeveen, 200400804)					04:38.14(+79)
50m	00:31.53	31,53	150m	01:41.11	35,28
100m	01:05.83	34,30	200m	02:16.67	35,56
250m	02:52.27	35,60	350m	04:03.42	35,40
300m	03:28.02	35,75			
7. Elin Brinkhof (De Dolfijn, 200900078)					04:42.54(+78)
50m	00:32.02	32,02	150m	01:42.73	35,57
100m	01:07.16	35,14	200m	02:18.71	35,98
250m	02:54.69	35,98	350m	04:07.58	36,62
300m	03:30.96	36,27			
8. Ciska de Lugt (DZ&PC, 200503302)					04:48.49(+71)
50m	00:31.23	31,23	150m	01:41.94	35,84
100m	01:06.10	34,87	200m	02:18.47	36,53
250m	02:55.59	37,12	350m	04:10.92	37,85
300m	03:33.07	37,48			
9. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					04:49.71(+82)

	50m 00:32.67 32,67	150m 01:45.49 36,74	250m 03:00.04 37,38	350m 04:13.98 36,75	
	100m 01:08.75 36,08	200m 02:22.66 37,17	300m 03:37.23 37,19		
10. Raegan Belmar (Blue Marlins, 201004070)					04:49.92(+81)
	50m 00:31.27 31,27	150m 01:43.33 36,51	250m 02:57.70 37,33	350m 04:13.39 37,87	
	100m 01:06.82 35,55	200m 02:20.37 37,04	300m 03:35.52 37,82		
11. Chantal Tiesinga (DZ&PC, 200302452)					04:50.59(+74)
	50m 00:33.04 33,04	150m 01:45.98 36,70	250m 02:59.91 36,98	350m 04:14.02 36,92	
	100m 01:09.28 36,24	200m 02:22.93 36,95	300m 03:37.10 37,19		
11. Eloisa Gomes Delgado (Feijenoord Albion, 200700812)					04:50.59(+76)
	50m 00:31.55 31,55	150m 01:44.42 37,05	250m 03:00.08 37,81	350m 04:15.88 37,50	
	100m 01:07.37 35,82	200m 02:22.27 37,85	300m 03:38.38 38,30		
13. Wieke Dekker (De Dolfijn, 201002020)					04:50.96(+74)
	50m 00:32.30 32,30	150m 01:45.57 37,05	250m 02:59.94 37,23	350m 04:15.39 37,68	
	100m 01:08.52 36,22	200m 02:22.71 37,14	300m 03:37.71 37,77		
14. Nieke Dovic (PSV, 200700238)					04:51.73(+86)
	50m 00:33.51 33,51	150m 01:47.85 37,23	250m 03:03.15 37,90	350m 04:15.93 36,51	
	100m 01:10.62 37,11	200m 02:25.25 37,40	300m 03:39.42 36,27		
15. Breanna Belmar (Blue Marlins, 201004068)					04:52.42(+78)
	50m 00:32.38 32,38	150m 01:45.43 37,20	250m 03:01.11 38,17	350m 04:17.06 37,94	
	100m 01:08.23 35,85	200m 02:22.94 37,51	300m 03:39.12 38,01		
16. Dewi Meijer (De Dolfijn, 201000302)					04:52.69(+82)
	50m 00:34.12 34,12	150m 01:49.54 37,97	250m 03:04.79 37,04	350m 04:18.30 36,33	
	100m 01:11.57 37,45	200m 02:27.75 38,21	300m 03:41.97 37,18		
17. Sophie van Leent (Blue Marlins, 200800522)					04:52.84(+96)
	50m 00:32.30 32,30	150m 01:46.54 37,40	250m 03:01.12 37,33	350m 04:16.50 37,68	
	100m 01:09.14 36,84	200m 02:23.79 37,25	300m 03:38.82 37,70		
18. Lili Oosting (DWK, 200900384)					04:57.51(+78)
	50m 00:34.91 34,91	150m 01:49.96 37,74	250m 03:05.57 37,80	350m 04:21.29 37,97	
	100m 01:12.22 37,31	200m 02:27.77 37,81	300m 03:43.32 37,75		
19. Tessa van Beek (DWK, 201001446)					04:59.85(+72)
	50m 00:32.72 32,72	150m 01:48.65 38,91	250m 03:06.08 38,78	350m 04:22.51 37,94	
	100m 01:09.74 37,02	200m 02:27.30 38,65	300m 03:44.57 38,49		
20. Jade Belmar (Blue Marlins, 200704900)					05:01.63(+80)
	50m 00:32.59 32,59	150m 01:45.80 37,01	250m 03:02.48 38,84	350m 04:21.18 40,02	
	100m 01:08.79 36,20	200m 02:23.64 37,84	300m 03:41.16 38,68		
21. Noortje Bisperink (ZPC AMERSFOORT, 201100486)					05:02.91(+89)
	50m 00:33.51 33,51	150m 01:49.36 38,53	250m 03:07.58 39,33	350m 04:25.70 38,98	
	100m 01:10.83 37,32	200m 02:28.25 38,89	300m 03:46.72 39,14		
22. Tess de Waard (ZV Haerlem, 200903946)					05:02.97(+78)
	50m 00:33.86 33,86	150m 01:49.25 38,31	250m 03:07.70 39,26	350m 04:25.51 39,15	
	100m 01:10.94 37,08	200m 02:28.44 39,19	300m 03:46.36 38,66		
23. Mare Offringa (SG. Bolsward-Workum, 201001110)					05:05.72(+70)
	50m 00:33.70 33,70	150m 01:50.83 39,02	250m 03:09.31 39,17	350m 04:27.24 38,84	
	100m 01:11.81 38,11	200m 02:30.14 39,31	300m 03:48.40 39,09		
24. Yanique Bax (ZPC AMERSFOORT, 201001428)					05:08.39(+73)
	50m 00:34.16 34,16	150m 01:51.42 39,48	250m 03:11.94 40,19	350m 04:31.07 39,52	
	100m 01:11.94 37,78	200m 02:31.75 40,33	300m 03:51.55 39,61		
25. Yuna van den Idsert (DAW, 201001196)					05:11.77(+68)
	50m 00:34.34 34,34	150m 01:51.92 39,46	250m 03:12.37 39,99	350m 04:33.00 40,16	
	100m 01:12.46 38,12	200m 02:32.38 40,46	300m 03:52.84 40,47		
26. Isa Segenhout (Orca Leeuwarden, 201000128)					05:16.34(+73)
	50m 00:35.23 35,23	150m 01:55.71 40,44	250m 03:16.51 39,96	350m 04:37.41 40,17	
	100m 01:15.27 40,04	200m 02:36.55 40,84	300m 03:57.24 40,73		
27. Jildau Folmer (SG. Bolsward-Workum, 201002600)					05:17.71(+80)

	50m 00:34.49 34,49	150m 01:55.09 41,26	250m 03:18.38 41,84	350m 04:40.52 40,66	
	100m 01:13.83 39,34	200m 02:36.54 41,45	300m 03:59.86 41,48		
28. Marlies Brouwer (DZ&PC, 201101152)					05:19.12(+82)
	50m 00:35.98 35,98	150m 01:56.67 41,01	250m 03:18.79 41,16	350m 04:40.81 40,71	
	100m 01:15.66 39,68	200m 02:37.63 40,96	300m 04:00.10 41,31		
29. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028)					05:23.01(+59)
	50m 00:36.55 36,55	150m 01:58.33 41,07	250m 03:21.86 41,70	350m 04:44.33 40,24	
	100m 01:17.26 40,71	200m 02:40.16 41,83	300m 04:04.09 42,23		
30. Hanna Heller (ZPC AMERSFOORT, 201102730)					05:23.02(+84)
	50m 00:36.19 36,19	150m 01:57.51 41,45	250m 03:21.13 41,79	350m 04:44.99 41,81	
	100m 01:16.06 39,87	200m 02:39.34 41,83	300m 04:03.18 42,05		
31. Yvonne de Graaf (DWK, 201101418)					05:27.89(+76)
	50m 00:35.70 35,70	150m 01:57.45 41,87	250m 03:21.92 42,26	350m 04:45.75 41,46	
	100m 01:15.58 39,88	200m 02:39.66 42,21	300m 04:04.29 42,37		
32. Juno Toornend (ZV Haerlem, 201101718)					05:31.74(+77)
	50m 00:34.08 34,08	150m 01:51.51 39,74	250m 03:16.99 43,33	350m 04:45.82 44,97	
	100m 01:11.77 37,69	200m 02:33.66 42,15	300m 04:00.85 43,86		
33. Liv Schoon (DAW, 201202112)					05:48.00(+66)
	50m 00:37.92 37,92	150m 02:07.13 45,26	250m 03:37.98 45,13	350m 05:09.21 45,37	
	100m 01:21.87 43,95	200m 02:52.85 45,72	300m 04:23.84 45,86		
34. Gerlin van de Krol (DWK, 201101412)					05:48.27(+71)
	50m 00:39.21 39,21	150m 02:07.72 45,33	250m 03:38.30 45,68	350m 05:06.69 43,49	
	100m 01:22.39 43,18	200m 02:52.62 44,90	300m 04:23.20 44,90		
35. Linde Bakkenes (DWK, 201201662)					06:13.39(+69)
	50m 00:41.55 41,55	150m 02:17.73 49,16	250m 03:55.00 48,12	350m 05:28.25 47,02	
	100m 01:28.57 47,02	200m 03:06.88 49,15	300m 04:41.23 46,23		
36. Julia Happel (DWK, 201201666)					06:47.30(+97)
	100m 01:37.23 97,23	200m 03:22.13 52,71	300m 05:06.96 52,25	350m 05:57.82 50,86	
	150m 02:29.42 52,19	250m 04:14.71 52,58	350m 05:57.82 50,86		
12. 200m vrije slag - Heren					
12 - 17 jaar					
1. Boele Böhm (Blue Marlins, 200700739)					01:55.36(+68)
	50m 00:26.84 26,84	100m 00:55.62 28,78	150m 01:25.66 30,04		
2. Lars Bulman (Blue Marlins, 200600125)					01:56.16(+67)
	50m 00:26.39 26,39	100m 00:55.91 29,52	150m 01:26.22 30,31		
3. Tim van Erven (DZ&PC, 200700175)					01:56.33(+79)
	50m 00:27.20 27,20	100m 00:56.26 29,06	150m 01:26.45 30,19		
4. Diede Veld (HZ&PC Heerenveen, 200800011)					01:58.63(+79)
	50m 00:27.53 27,53	100m 00:57.61 30,08	150m 01:28.73 31,12		
5. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)					01:59.07(+81)
	50m 00:27.00 27,00	100m 00:57.31 30,31	150m 01:28.55 31,24		
6. Jetze de Vries (De Vikings, 200602589)					01:59.14(+69)
	50m 00:27.70 27,70	100m 00:57.96 30,26	150m 01:28.55 30,59		
7. Willem Weustink (Team Noord Holland (SG), 200800109)					02:00.30(+69)
	50m 00:27.39 27,39	100m 00:57.52 30,13	150m 01:28.71 31,19		
8. Thijs Wellink (ZPC AMERSFOORT, 200600715)					02:01.00(+70)
	50m 00:26.84 26,84	100m 00:57.47 30,63	150m 01:29.84 32,37		
9. Gaëtan Spicq (Blue Marlins, 200701807)					02:01.16(+69)
	50m 00:27.53 27,53	100m 00:57.89 30,36	150m 01:29.33 31,44		
10. Jaydey Schonewille (Steenwijk 1934, 200800025)					02:01.18(+78)
	50m 00:27.85 27,85	100m 00:58.27 30,42	150m 01:29.77 31,50		
11. Connor Bagley (Blue Marlins, 200604455)					02:01.54(+66)

	50m 00:27.62 27,62	100m 00:57.69 30,07	150m 01:29.68 31,99	
12. Tieme Wiersma (DZ&PC, 200701031)	50m 00:28.26 28,26	100m 00:59.42 31,16	150m 01:31.46 32,04	02:02.31(+73)
13. Ivo Bot (Wiekslag, 200900509)	50m 00:27.30 27,30	100m 00:58.68 31,38	150m 01:31.00 32,32	02:03.05(+73)
14. Lars Heddema (Steenwijk 1934, 200603697)	50m 00:28.62 28,62	100m 00:59.90 31,28	150m 01:32.65 32,75	02:05.20(+74)
15. Finn Rust (PSV, 200700469)	50m 00:28.89 28,89	100m 01:00.82 31,93	150m 01:33.59 32,77	02:05.80(+70)
16. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:29.13 29,13	100m 01:01.89 32,76	150m 01:35.62 33,73	02:09.37(+71)
17. Jidde Rademaker (De Reuring, 200603619)	50m 00:29.37 29,37	100m 01:02.54 33,17	150m 01:36.40 33,86	02:09.87(+80)
18. Jelte de Boer (De Vikings, 200700345)	50m 00:30.23 30,23	100m 01:04.08 33,85	150m 01:37.96 33,88	02:10.76(+69)
19. Sven Casper Hageman (Steenwijk 1934, 201000009)	50m 00:29.60 29,60	100m 01:03.10 33,50	150m 01:37.29 34,19	02:10.88(+65)
20. Tycho Wienbelt (De Vikings, 201001397)	50m 00:30.75 30,75	100m 01:04.10 33,35	150m 01:38.30 34,20	02:11.74(+78)
21. Mathijs de Wit (KSN (SG), 201001215)	50m 00:28.76 28,76	100m 01:01.52 32,76	150m 01:37.27 35,75	02:12.44(+72)
22. Neo Reiber (Feijenoord Albion, 200900699)	50m 00:28.94 28,94	100m 01:02.13 33,19	150m 01:37.55 35,42	02:13.77(+62)
23. Dyon Scholten (Steenwijk 1934, 200900095)	50m 00:30.21 30,21	100m 01:04.22 34,01	150m 01:39.37 35,15	02:14.10(+75)
24. Derek Smit (De Reuring, 200702055)	50m 00:30.94 30,94	100m 01:06.92 35,98	150m 01:42.52 35,60	02:17.34(+63)
25. Esh Nolden (Blue Marlins, 200800145)	50m 00:32.47 32,47	100m 01:08.76 36,29	150m 01:45.52 36,76	02:18.31(+65)
26. Roemer Bindels (Blue Marlins, 201003335)	50m 00:33.26 33,26	100m 01:10.95 37,69	150m 01:48.29 37,34	02:23.26(+68)
27. Sem Berckenkamp (GZC DONK, 200602229)	50m 00:32.84 32,84	100m 01:09.66 36,82	150m 01:48.22 38,56	02:25.80(+74)
28. Nanne Woldring (De Vikings, 201102035)	50m 00:36.95 36,95	100m 01:17.95 41,00	150m 02:00.94 42,99	02:40.82(+87)
29. Sam Whittaker (De Dolfijn, 201101295)	50m 00:39.04 39,04	100m 01:23.42 44,38	150m 02:10.82 47,40	02:57.34(+94)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>				
1. Ben Schwietert (ZPC AMERSFOORT, 199704831)	50m 00:24.78 24,78	100m 00:51.55 26,77	150m 01:19.11 27,56	01:46.74(+64)
2. Koen Marsman (ZPC AMERSFOORT, 200502763)	50m 00:24.88 24,88	100m 00:51.75 26,87	150m 01:19.40 27,65	01:47.17(+67)
3. Lars Verhalle (PSV, 200200019)	50m 00:25.29 25,29	100m 00:52.76 27,47	150m 01:21.06 28,30	01:48.82(+73)
4. Austin Namesnik (ZPC AMERSFOORT, 200101817)	50m 00:25.64 25,64	100m 00:53.43 27,79	150m 01:21.56 28,13	01:48.89(+63)
5. Émile Fouzai (Blue Marlins, 200500263)	50m 00:25.24 25,24	100m 00:52.73 27,49	150m 01:21.15 28,42	01:49.25(+65)
6. Yanieck Weijland (Blue Marlins, 200500329)				01:50.58(+79)

	50m 00:26.07 26,07	100m 00:53.87 27,80	150m 01:22.09 28,22	
7. Thijn Damen (PSV, 200300973)	50m 00:25.93 25,93	100m 00:53.94 28,01	150m 01:22.58 28,64	01:51.20(+72)
8. Merlin Belmon (PSV, 200403191)	50m 00:25.33 25,33	100m 00:53.21 27,88	150m 01:22.25 29,04	01:53.00(+78)
9. Rens Stijf (ZPC AMERSFOORT, 200501419)	50m 00:26.54 26,54	100m 00:55.89 29,35	150m 01:26.27 30,38	01:56.83(+66)
10. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)	50m 00:27.12 27,12	100m 00:57.42 30,30	150m 01:28.25 30,83	01:59.30(+76)
11. Thijs Berkhout (DWK, 200500035)	50m 00:27.59 27,59	100m 00:58.72 31,13	150m 01:30.95 32,23	02:02.99(+68)
12. Erik Nijholt (DZ&PC, 199401349)	50m 00:27.59 27,59	100m 00:58.07 30,48	150m 01:29.76 31,69	02:03.73(+74)
13. Yuri Wasser (PSV, 200301327)	50m 00:28.50 28,50	100m 01:00.47 31,97	150m 01:32.91 32,44	02:05.50(+69)
13. 200m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>				
1. Evy Rozeboom (DAW, 200601338)	50m 00:30.47 30,47	100m 01:06.46 35,99	150m 01:42.82 36,36	02:18.21(+83)
2. Serena Stel (De Dolfijn, 199801528)	50m 00:30.92 30,92	100m 01:06.61 35,69	150m 01:42.95 36,34	02:18.53(+71)
3. Ilana Gentile (Orca Leeuwarden, 200801558)	50m 00:32.30 32,30	100m 01:10.29 37,99	150m 01:50.83 40,54	02:32.12(+69)
4. Mariia Kostina (Blue Marlins, 201002042)	50m 00:33.17 33,17	100m 01:12.94 39,77	150m 01:56.18 43,24	02:39.47(+77)
5. Julia Dąbrowska (Blue Marlins, 201000300)	50m 00:33.01 33,01	100m 01:12.31 39,30	150m 01:55.91 43,60	02:42.40(+82)
6. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)	50m 00:34.90 34,90	100m 01:16.93 42,03	150m 02:02.82 45,89	02:46.59(+80)
7. Manora Ponne (Steenwijk 1934, 201102222)	50m 00:37.58 37,58	100m 01:24.98 47,40	150m 02:13.02 48,04	02:57.12(+63)
8. Evita Hoornweg (TriVia, 201002046)	50m 00:36.30 36,30	100m 01:22.59 46,29	150m 02:11.32 48,73	03:00.67(+75)
9. Charlie Klaver (De Dolfijn, 201102094)	50m 00:40.31 40,31	100m 01:28.08 47,77	150m 02:18.13 50,05	03:06.70(+71)
10. Zsofi Bouw (DWK, 201101102)	50m 00:40.63 40,63	100m 01:29.90 49,27	150m 02:21.41 51,51	03:12.92(+80)
DIS. Megan Snoek (DAW, 200900888)				00:00.00
14. 200m schoolslag - Heren <i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. Cas Verstegen (PSV, 200500891)	50m 00:30.69 30,69	100m 01:04.55 33,86	150m 01:39.37 34,82	02:14.84(+67)
2. Storm Boxum (DZ&PC, 200700421)	50m 00:31.17 31,17	100m 01:06.23 35,06	150m 01:40.83 34,60	02:15.95(+74)
3. Rick Offringa (DZ&PC, 200300979)	50m 00:31.17 31,17	100m 01:06.24 35,07	150m 01:41.67 35,43	02:17.40(+77)
4. Roan van der Weide (Blue Marlins, 200601629)	50m 00:31.09 31,09	100m 01:06.85 35,76	150m 01:44.17 37,32	02:22.08(+66)
5. Kalle van Gemert (Z & PC De Zeeuwse Kust, 199801259)				02:22.18(+65)

	50m 00:32.24 32,24	100m 01:08.24 36,00	150m 01:44.77 36,53	
6. Luca Boorsma (De Dolfijn, 200902031)	50m 00:32.42 32,42	100m 01:09.46 37,04	150m 01:47.00 37,54	02:25.01(+61)
7. Bjorn van den Berge (Z & PC De Zeeuwse Kust, 200701991)	50m 00:32.88 32,88	100m 01:10.40 37,52	150m 01:48.80 38,40	02:26.48(+66)
8. Storm Tolsma (ZIGNEA, 200600277)	50m 00:33.60 33,60	100m 01:10.70 37,10	150m 01:48.56 37,86	02:26.78(+76)
9. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)	50m 00:32.69 32,69	100m 01:10.75 38,06	150m 01:48.61 37,86	02:27.60(+65)
10. Joshua Agussalim (WVZ, 200600153)	50m 00:32.10 32,10	100m 01:08.50 36,40	150m 01:48.33 39,83	02:27.87(+62)
11. Kay van Sleen (Steenwijk 1934, 200400083)	50m 00:33.31 33,31	100m 01:10.85 37,54	150m 01:48.85 38,00	02:27.98(+74)
12. Dave van den Nieuwendijk (De Columbiaan, 200100475)	50m 00:31.83 31,83	100m 01:08.29 36,46	150m 01:46.74 38,45	02:28.06(+73)
13. Yaniv Kerdijk (ZV Haerlem, 200603439)	50m 00:31.96 31,96	100m 01:10.53 38,57	150m 01:51.29 40,76	02:29.03(+71)
14. Thygo van de Peppel (Blue Marlins, 200901101)	50m 00:32.99 32,99	100m 01:10.58 37,59	150m 01:50.40 39,82	02:30.71(+66)
15. Floris van der Valk (Wiekslag, 200801891)	50m 00:32.85 32,85	100m 01:11.54 38,69	150m 01:51.98 40,44	02:31.83(+66)
16. Thom De Hoog (Blue Marlins, 200600019)	50m 00:34.54 34,54	100m 01:13.50 38,96	150m 01:53.48 39,98	02:33.94(+71)
17. Pedro Filipini (De Dolfijn, 200603863)	50m 00:34.50 34,50	100m 01:13.38 38,88	150m 01:53.42 40,04	02:34.59(+70)
18. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:34.75 34,75	100m 01:14.97 40,22	150m 01:54.95 39,98	02:34.74(+73)
19. Cruz de Groot (Team Noord Holland (SG), 200801077)	50m 00:34.87 34,87	100m 01:14.22 39,35	150m 01:55.46 41,24	02:37.56(+64)
20. Duco de Gelder (Blue Marlins, 201000217)	50m 00:34.43 34,43	100m 01:15.01 40,58	150m 01:57.13 42,12	02:38.80(+69)
21. Brian Arturo Bloemsma (De Dolfijn, 200901155)	50m 00:35.69 35,69	100m 01:16.14 40,45	150m 01:57.10 40,96	02:39.14(+68)
22. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)	50m 00:36.88 36,88	100m 01:19.11 42,23	150m 02:03.04 43,93	02:46.97(+71)
23. Tygo van de Wal (DWK, 201001329)	50m 00:38.37 38,37	100m 01:21.50 43,13	150m 02:05.25 43,75	02:47.09(+84)
24. Jelte de Boer (De Vikings, 200700345)	50m 00:36.89 36,89	100m 01:19.27 42,38	150m 02:03.78 44,51	02:47.74(+65)
25. Nathan Magava (De Dolfijn, 201003067)	50m 00:39.12 39,12	100m 01:23.88 44,76	150m 02:09.00 45,12	02:54.35(+69)
26. Yorre van der Wal (SG. Bolsward-Workum, 201000017)	50m 00:39.27 39,27	100m 01:24.94 45,67	150m 02:11.05 46,11	02:56.37(+64)
27. Idse Eisses (WVZ, 200900009)	50m 00:39.33 39,33	100m 01:25.58 46,25	150m 02:12.90 47,32	02:59.60(+79)
28. Hamza Rakaan (GZC DONK, 201003527)	50m 00:44.52 44,52	100m 01:34.28 49,76	150m 02:25.85 51,57	03:16.37
15. 200m rugslag - Dames vanaf 11 jaar (Senioren Open)				

1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:30.79 30,79	100m 01:03.60 32,81	150m 01:36.84 33,24	02:09.68(+71)
2. Frouke Ludwig (DZ&PC, 200800112)	50m 00:31.48 31,48	100m 01:04.97 33,49	150m 01:39.24 34,27	02:13.78(+60)
3. Eefje Irvine (De Dolfijn, 200700164)	50m 00:31.94 31,94	100m 01:06.70 34,76	150m 01:42.18 35,48	02:16.88(+56)
4. Fay Boxum (DZ&PC, 200900060)	50m 00:31.40 31,40	100m 01:06.08 34,68	150m 01:41.88 35,80	02:17.26(+63)
5. Lynn Blommers (Blue Marlins, 200105062)	50m 00:33.39 33,39	100m 01:10.01 36,62	150m 01:46.93 36,92	02:22.77(+56)
6. Esmee Mulder (DZ&PC, 200800038)	50m 00:33.07 33,07	100m 01:08.42 35,35	150m 01:44.93 36,51	02:23.21(+57)
7. Elin Reinstra (TriVia, 201100842)	50m 00:33.67 33,67	100m 01:10.17 36,50	150m 01:48.14 37,97	02:25.81(+74)
8. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)	50m 00:33.76 33,76	100m 01:10.00 36,24	150m 01:47.43 37,43	02:26.38(+72)
9. Myrthe Natzijs (DZ&PC, 200400076)	50m 00:34.71 34,71	100m 01:11.29 36,58	150m 01:49.21 37,92	02:27.16(+77)
10. Amé Hulleman (DZ&PC, 200202794)	50m 00:35.06 35,06	100m 01:12.34 37,28	150m 01:50.23 37,89	02:27.56(+75)
11. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	50m 00:33.87 33,87	100m 01:11.42 37,55	150m 01:50.77 39,35	02:29.00(+71)
12. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	50m 00:35.04 35,04	100m 01:13.05 38,01	150m 01:51.71 38,66	02:30.26(+69)
13. Yara van Asselen (De Dolfijn, 200900408)	50m 00:35.42 35,42	100m 01:13.40 37,98	150m 01:52.27 38,87	02:30.62(+64)
14. Elin Baars (DWK, 201000138)	50m 00:35.93 35,93	100m 01:14.89 38,96	150m 01:53.90 39,01	02:32.88(+55)
15. Raegan Belmar (Blue Marlins, 201004070)	50m 00:35.49 35,49	100m 01:14.68 39,19	150m 01:54.51 39,83	02:34.15(+82)
16. Indy Feenema (Orca Leeuwarden, 201000850)	50m 00:35.88 35,88	100m 01:16.32 40,44	150m 01:57.08 40,76	02:35.60(+72)
17. Tessa van Beek (DWK, 201001446)	50m 00:36.61 36,61	100m 01:16.86 40,25	150m 01:56.64 39,78	02:35.78(+75)
18. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:36.70 36,70	100m 01:16.86 40,16	150m 01:57.80 40,94	02:36.37(+73)
19. Floortje van 't Wout (De Dolfijn, 200802286)	50m 00:37.40 37,40	100m 01:17.52 40,12	150m 01:58.02 40,50	02:36.59(+73)
20. Yanique Bax (ZPC AMERSFOORT, 201001428)	50m 00:37.14 37,14	100m 01:17.33 40,19	150m 01:57.98 40,65	02:37.53(+79)
21. Jade Belmar (Blue Marlins, 200704900)	50m 00:36.46 36,46	100m 01:16.83 40,37	150m 01:58.34 41,51	02:38.45(+65)
22. Sophie van Leent (Blue Marlins, 200800522)	50m 00:38.34 38,34	100m 01:19.39 41,05	150m 02:00.24 40,85	02:39.85(+80)
23. Noa Jaffe (De Dolfijn, 201000726)	50m 00:37.78 37,78	100m 01:19.44 41,66	150m 02:01.66 42,22	02:43.19(+77)
24. Jildau Folmer (SG. Bolsward-Workum, 201002600)	50m 00:38.27 38,27	100m 01:20.57 42,30	150m 02:03.20 42,63	02:43.91(+66)
25. Amila Mustafic (DZ&PC, 201200026)	50m 00:39.12 39,12	100m 01:21.98 42,86	150m 02:04.23 42,25	02:45.11(+69)

26. Liselotte Schaap (HZ&PC Heerenveen, 200603016)									02:45.21(+56)		
50m	00:38.60	38,60	100m	01:19.96	41,36	150m	02:03.14	43,18			
27. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)									02:46.13(+72)		
50m	00:38.17	38,17	100m	01:19.79	41,62	150m	02:03.07	43,28			
28. Lise Kleinbekman (DZ&PC, 200502870)									02:47.10(+71)		
50m	00:39.17	39,17	100m	01:21.54	42,37	150m	02:04.60	43,06			
29. Tamar Ieperen, van (ZV Haerlem, 200801816)									02:47.35(+70)		
50m	00:38.82	38,82	100m	01:21.52	42,70	150m	02:04.96	43,44			
30. Anna Schuurman (SG. Bolsward-Workum, 201000076)									02:49.55(+73)		
50m	00:40.03	40,03	100m	01:22.43	42,40	150m	02:06.03	43,60			
16. 800m vrije slag - Heren											
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>											
1. Merlin Belmon (PSV, 200403191)									08:10.56(+76)		
50m	00:26.87	26,87	250m	02:28.76	30,78	450m	04:32.63	31,14	650m	06:37.67	31,53
100m	00:56.95	30,08	300m	02:59.47	30,71	500m	05:03.67	31,04	700m	07:09.09	31,42
150m	01:27.41	30,46	350m	03:30.33	30,86	550m	05:34.64	30,97	750m	07:40.61	31,52
200m	01:57.98	30,57	400m	04:01.49	31,16	600m	06:06.14	31,50			
2. Borys Rudman (Blue Marlins, 200504479)									08:23.78(+69)		
50m	00:26.81	26,81	250m	02:28.92	31,08	450m	04:36.01	32,34	650m	06:47.22	32,58
100m	00:56.70	29,89	300m	02:59.98	31,06	500m	05:08.63	32,62	700m	07:20.42	33,20
150m	01:27.23	30,53	350m	03:31.45	31,47	550m	05:41.81	33,18	750m	07:52.49	32,07
200m	01:57.84	30,61	400m	04:03.67	32,22	600m	06:14.64	32,83			
3. Lucas van Rooij (PSV, 200603943)									08:43.75(+65)		
50m	00:27.67	27,67	250m	02:33.46	32,31	450m	04:45.52	33,66	650m	07:01.97	34,41
100m	00:57.66	29,99	300m	03:05.83	32,37	500m	05:19.40	33,88	700m	07:36.45	34,48
150m	01:29.09	31,43	350m	03:38.64	32,81	550m	05:53.48	34,08	750m	08:10.63	34,18
200m	02:01.15	32,06	400m	04:11.86	33,22	600m	06:27.56	34,08			
4. Jere Wiersma (DZ&PC, 200701037)									09:01.29(+77)		
50m	00:29.92	29,92	250m	02:45.95	34,50	450m	05:03.52	34,48	650m	07:20.96	34,39
100m	01:02.85	32,93	300m	03:20.08	34,13	500m	05:38.27	34,75	700m	07:54.77	33,81
150m	01:36.92	34,07	350m	03:54.57	34,49	550m	06:12.72	34,45	750m	08:29.14	34,37
200m	02:11.45	34,53	400m	04:29.04	34,47	600m	06:46.57	33,85			
5. Boyd Delsaerd (Blue Marlins, 200704051)									09:20.25(+70)		
50m	00:30.18	30,18	250m	02:48.91	35,80	450m	05:13.66	36,15	650m	07:36.79	34,94
100m	01:03.37	33,19	300m	03:24.87	35,96	500m	05:49.80	36,14	700m	08:11.87	35,08
150m	01:38.05	34,68	350m	04:01.22	36,35	550m	06:25.86	36,06	750m	08:47.09	35,22
200m	02:13.11	35,06	400m	04:37.51	36,29	600m	07:01.85	35,99			
6. Mike Hilders (De Dolfijn, 200900281)									09:20.46(+66)		
50m	00:29.54	29,54	250m	02:44.47	33,92	450m	05:05.64	35,43	650m	07:31.82	36,29
100m	01:02.57	33,03	300m	03:19.76	35,29	500m	05:42.35	36,71	700m	08:08.43	36,61
150m	01:36.54	33,97	350m	03:54.63	34,87	550m	06:19.12	36,77	750m	08:44.86	36,43
200m	02:10.55	34,01	400m	04:30.21	35,58	600m	06:55.53	36,41			
7. Dyon Scholten (Steenwijk 1934, 200900095)									10:01.14(+83)		
50m	00:32.34	32,34	250m	03:00.54	38,28	450m	05:32.61	37,95	650m	08:08.05	38,48
100m	01:08.01	35,67	300m	03:38.25	37,71	500m	06:11.25	38,64	700m	08:46.52	38,47
150m	01:45.01	37,00	350m	04:16.45	38,20	550m	06:50.40	39,15	750m	09:24.19	37,67
200m	02:22.26	37,25	400m	04:54.66	38,21	600m	07:29.57	39,17			
17. 1500m vrije slag - Dames											
<i>vanaf 11 jaar (Senioren Open)</i>											
1. Hedwig Bolt (HZ&PC Heerenveen, 200602660)									16:53.75(+79)		
50m	00:30.70	30,70	450m	05:02.73	34,13	800m	09:00.40	33,82	1150m	12:58.14	34,00
100m	01:04.40	33,70	500m	05:36.77	34,04	850m	09:34.56	34,16	1200m	13:32.30	34,16
150m	01:38.35	33,95	550m	06:10.93	34,16	900m	10:08.42	33,86	1250m	14:06.33	34,03
200m	02:12.49	34,14	600m	06:44.89	33,96	950m	10:42.45	34,03	1300m	14:40.52	34,19
250m	02:46.45	33,96	650m	07:18.96	34,07	1000m	11:16.41	33,96	1350m	15:14.57	34,05
300m	03:20.53	34,08	700m	07:52.82	33,86	1050m	11:50.47	34,06	1400m	15:48.24	33,67

350m 03:54.59 34,06	750m 08:26.58 33,76	1100m 12:24.14 33,67	1450m 16:22.02 33,78
400m 04:28.60 34,01	800m 09:00.40 33,82	1150m 12:58.14 34,00	
2. Evy Rozeboom (DAW, 200601338)			17:19.56(+76)
50m 00:31.03 31,03	450m 05:06.70 34,79	800m 09:11.08 34,84	1150m 13:16.65 35,07
100m 01:05.00 33,97	500m 05:41.75 35,05	850m 09:46.23 35,15	1200m 13:52.01 35,36
150m 01:39.24 34,24	550m 06:16.41 34,66	900m 10:21.50 35,27	1250m 14:27.29 35,28
200m 02:13.84 34,60	600m 06:51.31 34,90	950m 10:56.62 35,12	1300m 15:02.46 35,17
250m 02:48.14 34,30	650m 07:26.13 34,82	1000m 11:31.72 35,10	1350m 15:37.27 34,81
300m 03:22.42 34,28	700m 08:01.01 34,88	1050m 12:06.66 34,94	1400m 16:11.64 34,37
350m 03:57.24 34,82	750m 08:36.24 35,23	1100m 12:41.58 34,92	1450m 16:46.10 34,46
400m 04:31.91 34,67	800m 09:11.08 34,84	1150m 13:16.65 35,07	
3. Laura van Etten (HZ&PC Heerenveen, 200800264)			17:47.87(+77)
50m 00:31.76 31,76	450m 05:10.95 35,49	800m 09:22.88 36,05	1150m 13:36.98 36,38
100m 01:06.14 34,38	500m 05:46.16 35,21	850m 09:59.72 36,84	1200m 14:13.91 36,93
150m 01:40.84 34,70	550m 06:21.91 35,75	900m 10:35.53 35,81	1250m 14:49.86 35,95
200m 02:15.89 35,05	600m 06:57.87 35,96	950m 11:12.20 36,67	1300m 15:26.06 36,20
250m 02:50.48 34,59	650m 07:34.09 36,22	1000m 11:48.85 36,65	1350m 16:01.97 35,91
300m 03:24.94 34,46	700m 08:10.42 36,33	1050m 12:25.11 36,26	1400m 16:38.25 36,28
350m 03:59.95 35,01	750m 08:46.83 36,41	1100m 13:00.60 35,49	1450m 17:13.43 35,18
400m 04:35.46 35,51	800m 09:22.88 36,05	1150m 13:36.98 36,38	
4. Tara de Jong (DAW, 200701574)			20:49.91(+71)
50m 00:34.86 34,86	450m 05:57.84 41,21	800m 10:52.04 42,44	1150m 15:51.35 43,46
100m 01:13.71 38,85	500m 06:40.24 42,40	850m 11:34.70 42,66	1200m 16:34.38 43,03
150m 01:53.92 40,21	550m 07:21.96 41,72	900m 12:16.91 42,21	1250m 17:17.60 43,22
200m 02:34.24 40,32	600m 08:03.47 41,51	950m 12:59.61 42,70	1300m 18:00.51 42,91
250m 03:14.50 40,26	650m 08:45.32 41,85	1000m 13:42.38 42,77	1350m 18:43.51 43,00
300m 03:55.14 40,64	700m 09:27.03 41,71	1050m 14:24.94 42,56	1400m 19:26.72 43,21
350m 04:36.46 41,32	750m 10:09.60 42,57	1100m 15:07.89 42,95	1450m 20:09.32 42,60
400m 05:16.63 40,17	800m 10:52.04 42,44	1150m 15:51.35 43,46	
5. Yanique Bax (ZPC AMERSFOORT, 201001428)			20:51.12(+59)
50m 00:34.47 34,47	450m 06:03.68 41,92	800m 10:54.33 42,07	1150m 15:52.93 43,63
100m 01:13.89 39,42	500m 06:44.86 41,18	850m 11:36.53 42,20	1200m 16:35.78 42,85
150m 01:54.91 41,02	550m 07:26.55 41,69	900m 12:18.36 41,83	1250m 17:19.10 43,32
200m 02:36.43 41,52	600m 08:08.02 41,47	950m 13:00.81 42,45	1300m 18:02.48 43,38
250m 03:17.37 40,94	650m 08:49.30 41,28	1000m 13:43.80 42,99	1350m 18:45.95 43,47
300m 03:58.61 41,24	700m 09:31.85 42,55	1050m 14:26.50 42,70	1400m 19:29.18 43,23
350m 04:40.03 41,42	750m 10:12.26 40,41	1100m 15:09.30 42,80	1450m 20:11.61 42,43
400m 05:21.76 41,73	800m 10:54.33 42,07	1150m 15:52.93 43,63	
18. 400m wisselslag - Heren			
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>			
1. Yanieck Weijland (Blue Marlins, 200500329)			04:18.14(+75)
50m 00:27.57 27,57	150m 01:33.58 34,20	250m 02:43.01 35,05	350m 03:48.68 30,01
100m 00:59.38 31,81	200m 02:07.96 34,38	300m 03:18.67 35,66	
2. Rick Offringa (DZ&PC, 200300979)			04:35.69(+79)
50m 00:29.01 29,01	150m 01:40.36 36,03	250m 02:53.76 37,63	350m 04:03.92 32,47
100m 01:04.33 35,32	200m 02:16.13 35,77	300m 03:31.45 37,69	
3. Mick van Kempen (CWW Swimteam, 200203375)			04:57.56(+79)
50m 00:29.65 29,65	150m 01:47.06 41,15	250m 03:06.87 40,90	350m 04:24.00 35,20
100m 01:05.91 36,26	200m 02:25.97 38,91	300m 03:48.80 41,93	
4. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)			04:58.86(+73)
50m 00:31.09 31,09	150m 01:46.19 37,52	250m 03:06.92 42,70	350m 04:25.63 34,75
100m 01:08.67 37,58	200m 02:24.22 38,03	300m 03:50.88 43,96	
5. Léon van Grevenbroek (CWW Swimteam, 200601323)			05:01.38(+72)
50m 00:30.26 30,26	150m 01:49.43 42,66	250m 03:12.15 42,26	350m 04:29.12 33,79
100m 01:06.77 36,51	200m 02:29.89 40,46	300m 03:55.33 43,18	
6. Evren Ege Orcunus (De Dolfijn, 201003253)			05:03.78(+68)
50m 00:32.10 32,10	150m 01:46.98 38,13	250m 03:09.02 43,66	350m 04:29.55 34,97
100m 01:08.85 36,75	200m 02:25.36 38,38	300m 03:54.58 45,56	
7. Thijs Berkhout (DWK, 200500035)			05:06.28(+78)

	50m 00:31.16 31,16	150m 01:52.11 42,81	250m 03:15.08 42,08	350m 04:33.39 35,55	
	100m 01:09.30 38,14	200m 02:33.00 40,89	300m 03:57.84 42,76		
8. Jamie Kenworthy (De Dolfijn, 200800045)					05:07.10(+75)
	50m 00:31.02 31,02	150m 01:49.94 40,97	250m 03:11.80 42,72	350m 04:32.39 36,71	
	100m 01:08.97 37,95	200m 02:29.08 39,14	300m 03:55.68 43,88		
9. Tycho Wienbelt (De Vikings, 201001397)					05:13.09(+76)
	50m 00:34.80 34,80	150m 01:53.60 39,71	250m 03:17.30 44,99	350m 04:38.87 36,00	
	100m 01:13.89 39,09	200m 02:32.31 38,71	300m 04:02.87 45,57		
10. Jelte de Boer (De Vikings, 200700345)					05:18.64(+70)
	50m 00:33.34 33,34	150m 01:53.73 41,49	250m 03:18.29 44,86	350m 04:42.34 39,24	
	100m 01:12.24 38,90	200m 02:33.43 39,70	300m 04:03.10 44,81		
11. Jidde Rademaker (De Reuring, 200603619)					05:18.74(+71)
	50m 00:33.43 33,43	150m 01:54.15 40,62	250m 03:18.21 45,67	350m 04:43.46 37,64	
	100m 01:13.53 40,10	200m 02:32.54 38,39	300m 04:05.82 47,61		
12. Tom Arians (CWW Swimteam, 200703219)					05:25.48(+76)
	50m 00:31.08 31,08	150m 01:50.41 43,16	250m 03:21.80 49,55	350m 04:49.38 37,73	
	100m 01:07.25 36,17	200m 02:32.25 41,84	300m 04:11.65 49,85		
13. Sven Casper Hageman (Steenwijk 1934, 201000009)					05:27.60(+70)
	50m 00:35.10 35,10	150m 01:59.18 41,07	250m 03:28.97 48,08	350m 04:52.93 37,27	
	100m 01:18.11 43,01	200m 02:40.89 41,71	300m 04:15.66 46,69		
14. Henry Watson (De Dolfijn, 201001703)					05:33.74(+62)
	50m 00:34.07 34,07	150m 01:58.48 43,08	250m 03:27.03 47,95	350m 04:55.89 39,77	
	100m 01:15.40 41,33	200m 02:39.08 40,60	300m 04:16.12 49,09		
15. Lev Rudman (Blue Marlins, 201102343)					05:38.94(+70)
	50m 00:34.91 34,91	150m 02:03.98 46,60	250m 03:34.89 48,42	350m 05:02.32 38,28	
	100m 01:17.38 42,47	200m 02:46.47 42,49	300m 04:24.04 49,15		
19. 200m wisselslag - Dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Anna van Droffelaar (PSV, 200400258)					02:13.12(+63)
	50m 00:29.75 29,75	100m 01:03.73 33,98	150m 01:41.70 37,97		
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)					02:15.83(+68)
	50m 00:29.10 29,10	100m 01:01.92 32,82	150m 01:42.61 40,69		
3. Elise Tanis (De Dolfijn, 200200120)					02:15.85(+69)
	50m 00:28.66 28,66	100m 01:03.70 35,04	150m 01:43.31 39,61		
4. Serena Stel (De Dolfijn, 199801528)					02:19.98(+70)
	50m 00:30.62 30,62	100m 01:07.73 37,11	150m 01:48.87 41,14		
5. Fay Boxum (DZ&PC, 200900060)					02:21.17(+77)
	50m 00:30.82 30,82	100m 01:06.23 35,41	150m 01:48.06 41,83		
6. Frouke Ludwig (DZ&PC, 200800112)					02:21.68(+69)
	50m 00:29.69 29,69	100m 01:04.62 34,93	150m 01:47.81 43,19		
7. Esmee Mulder (DZ&PC, 200800038)					02:22.34(+65)
	50m 00:30.85 30,85	100m 01:06.70 35,85	150m 01:48.81 42,11		
8. Leyla Oversluizen (Feijenoord Albion, 200602730)					02:23.10(+70)
	50m 00:29.69 29,69	100m 01:08.48 38,79	150m 01:48.10 39,62		
9. Fenna Westerneng (DZ&PC, 200900070)					02:28.64(+78)
	50m 00:32.88 32,88	100m 01:11.13 38,25	150m 01:54.93 43,80		
10. Carla Moreno Palacios (De Dolfijn, 201002302)					02:29.19(+69)
	50m 00:31.56 31,56	100m 01:11.99 40,43	150m 01:53.80 41,81		
11. Jade Geurts (WVZ, 200402278)					02:29.55(+72)
	50m 00:31.86 31,86	100m 01:11.89 40,03	150m 01:52.05 40,16		
12. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)					02:31.00(+73)
	50m 00:31.32 31,32	100m 01:09.56 38,24	150m 01:56.05 46,49		

13. Esmée Ykema (HZ&PC Heerenveen, 200801710)				02:31.47(+79)	
50m 00:34.02	34,02	100m 01:11.50	37,48	150m 01:57.16	45,66
15. Nieke Dovic (PSV, 200700238)				02:32.64(+81)	
50m 00:33.73	33,73	100m 01:15.11	41,38	150m 01:55.61	40,50
16. Elin Reinstra (TriVia, 201100842)				02:32.80(+72)	
50m 00:35.43	35,43	100m 01:12.64	37,21	150m 01:57.87	45,23
17. Mijke Ouderkerken (Blue Marlins, 200901254)				02:33.68(+76)	
50m 00:33.29	33,29	100m 01:14.17	40,88	150m 01:58.56	44,39
18. Raegan Belmar (Blue Marlins, 201004070)				02:36.64(+76)	
50m 00:33.00	33,00	100m 01:12.43	39,43	150m 02:02.26	49,83
19. Chantal Tiesinga (DZ&PC, 200302452)				02:36.82(+73)	
50m 00:34.16	34,16	100m 01:13.72	39,56	150m 02:00.48	46,76
20. Amber Tiesinga (DZ&PC, 200600782)				02:37.02(+75)	
50m 00:33.64	33,64	100m 01:12.97	39,33	150m 01:58.83	45,86
21. Breanna Belmar (Blue Marlins, 201004068)				02:37.37(+78)	
50m 00:34.95	34,95	100m 01:16.89	41,94	150m 02:03.00	46,11
22. Dewi Meijer (De Dolfijn, 201000302)				02:38.31(+77)	
50m 00:34.29	34,29	100m 01:15.72	41,43	150m 02:03.63	47,91
23. Annedieke Scholte (Blue Marlins, 200701110)				02:38.74(+76)	
50m 00:32.83	32,83	100m 01:12.24	39,41	150m 02:01.93	49,69
24. Manou Longayroux (Blue Marlins, 201000580)				02:38.82(+70)	
50m 00:33.46	33,46	100m 01:15.36	41,90	150m 02:04.44	49,08
25. Chiara Lammertink (ZPC AMERSFOORT, 200902200)				02:39.79(+79)	
50m 00:34.00	34,00	100m 01:15.08	41,08	150m 02:04.10	49,02
26. Wieke Dekker (De Dolfijn, 201002020)				02:39.95(+75)	
50m 00:37.21	37,21	100m 01:19.83	42,62	150m 02:03.26	43,43
26. Aniek Vuist (Steenwijk 1934, 200600958)				02:39.95(+72)	
50m 00:33.44	33,44	100m 01:14.51	41,07	150m 02:00.82	46,31
28. Tessa van Beek (DWK, 201001446)				02:39.98(+74)	
50m 00:34.53	34,53	100m 01:16.05	41,52	150m 02:03.11	47,06
29. Ylène Zondervan (ZPC AMERSFOORT, 201200016)				02:40.39(+84)	
50m 00:36.72	36,72	100m 01:16.69	39,97	150m 02:03.88	47,19
30. Marre van der Wal (SG. Bolsward-Workum, 201000046)				02:40.75(+74)	
50m 00:37.07	37,07	100m 01:20.60	43,53	150m 02:03.86	43,26
31. Lili Oosting (DWK, 200900384)				02:41.48(+77)	
50m 00:34.62	34,62	100m 01:14.79	40,17	150m 02:05.33	50,54
32. Mariia Kostina (Blue Marlins, 201002042)				02:41.53(+70)	
50m 00:31.58	31,58	100m 01:10.96	39,38	150m 02:04.54	53,58
33. Noa Oldenhof (A.S.Z.V. Spons, 199700622)				02:42.16(+67)	
50m 00:33.89	33,89	100m 01:13.97	40,08	150m 02:04.20	50,23
34. Indy Feenema (Orca Leeuwarden, 201000850)				02:42.61(+83)	
50m 00:35.15	35,15	100m 01:16.50	41,35	150m 02:04.17	47,67
35. Jade Belmar (Blue Marlins, 200704900)				02:43.12(+79)	
50m 00:34.28	34,28	100m 01:15.98	41,70	150m 02:06.11	50,13
36. Milou Geneuglijk (HZ&PC Heerenveen, 200900556)				02:43.52(+72)	
50m 00:33.15	33,15	100m 01:14.80	41,65	150m 02:05.25	50,45
37. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)				02:45.82(+79)	
50m 00:33.91	33,91	100m 01:17.81	43,90	150m 02:09.44	51,63
38. Brechtje Slootweg (ZPC AMERSFOORT, 201101744)				02:45.84(+80)	

	50m 00:35.76	35,76	100m 01:17.16	41,40	150m 02:09.72	52,56	
39. Mare Offringa (SG. Bolsward-Workum, 201001110)	50m 00:38.73	38,73	100m 01:23.54	44,81	150m 02:11.27	47,73	02:46.09(+81)
40. Lucia van Leeuwen (ZV Haerlem, 200802016)	50m 00:34.65	34,65	100m 01:18.30	43,65	150m 02:08.46	50,16	02:46.59(+71)
41. Evita Hoornweg (TriVia, 201002046)	50m 00:34.05	34,05	100m 01:19.18	45,13	150m 02:08.87	49,69	02:46.84(+71)
42. Noa Jaffe (De Dolfijn, 201000726)	50m 00:37.15	37,15	100m 01:20.78	43,63	150m 02:08.14	47,36	02:47.28(+71)
43. Noortje Bisperink (ZPC AMERSFOORT, 201100486)	50m 00:38.49	38,49	100m 01:18.95	40,46	150m 02:10.50	51,55	02:47.61(+81)
44. Juno Toornend (ZV Haerlem, 201101718)	50m 00:36.87	36,87	100m 01:20.13	43,26	150m 02:09.11	48,98	02:47.94(+78)
45. Hanna Heller (ZPC AMERSFOORT, 201102730)	50m 00:39.04	39,04	100m 01:22.11	43,07	150m 02:11.88	49,77	02:48.69(+81)
46. Charlie Klaver (De Dolfijn, 201102094)	50m 00:38.55	38,55	100m 01:26.30	47,75	150m 02:13.58	47,28	02:52.68(+69)
47. Yvonne de Graaf (DWK, 201101418)	50m 00:39.10	39,10	100m 01:20.72	41,62	150m 02:15.47	54,75	02:54.11(+74)
48. Minke Bouman (Blue Marlins, 201100104)	50m 00:37.39	37,39	100m 01:21.20	43,81	150m 02:13.93	52,73	02:54.69(+67)
49. Manora Ponne (Steenwijk 1934, 201102222)	50m 00:38.75	38,75	100m 01:23.01	44,26	150m 02:17.31	54,30	02:54.84(+66)
50. Marlies Brouwer (DZ&PC, 201101152)	50m 00:43.23	43,23	100m 01:29.37	46,14	150m 02:20.97	51,60	02:58.73(+81)
51. Anna Schuurman (SG. Bolsward-Workum, 201000076)	50m 00:41.58	41,58	100m 01:25.13	43,55	150m 02:20.02	54,89	02:59.18(+75)
52. Lenthe Licht (DAW, 201003668)	50m 00:39.71	39,71	100m 01:26.72	47,01	150m 02:18.88	52,16	02:59.55(+85)
53. Gerlin van de Krol (DWK, 201101412)	50m 00:43.98	43,98	100m 01:32.81	48,83	150m 02:19.57	46,76	03:02.78(+74)
54. Veerle van Bloois (TriVia, 201200960)	50m 00:43.18	43,18	100m 01:27.17	43,99	150m 02:21.05	53,88	03:02.87(+67)
55. Zsofi Bouw (DWK, 201101102)	50m 00:38.82	38,82	100m 01:27.09	48,27	150m 02:22.49	55,40	03:04.39(+77)
56. Elske de Vries (De Vikings, 200800786)	50m 00:43.92	43,92	100m 01:33.06	49,14	150m 02:27.40	54,34	03:08.02(+79)
57. Julia Happel (DWK, 201201666)	50m 00:59.03	59,03	100m 01:57.54	58,51	150m 02:59.92	62,38	03:49.27(+94)

Speedo Fast Water Meet finale 1 - zaterdag 6 juli 2024 om 16:45u (25 m)

Aanvangstijd juryvergadering: 16:00u

1. 50m vrije slag - Heren

12 - 17 jaar

1. Nándor Szabó (De Dolfijn, 200700475)	00:23.40(+70)
2. Yaniv Kerdijk (ZV Haerlem, 200603439)	00:23.52(+68)
3. Lars Bulman (Blue Marlins, 200600125)	00:23.85(+62)
4. Connor Bagley (Blue Marlins, 200604455)	00:24.10(+63)

5. Finn Rust (PSV, 200700469)	00:24.35(+67)
6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:24.38(+68)
7. Storm Boxum (DZ&PC, 200700421)	00:24.60(+72)
8. Daan Sonneveld (WVZ, 200601085)	00:24.69(+70)
. Jetze de Vries (De Vikings, 200602589)	
. Matthijs van Meerendonk (DZ&PC, 199900375)	
. Tim van Erven (DZ&PC, 200700175)	
. Floris Kotterink (Feijenoord Albion, 199800199)	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Renzo Tjon A Joe (De Dolfijn, 199506291)	00:21.08(+62)
2. Thom de Boer (De Dolfijn, 199100181)	00:21.36(+65)
3. Brandon van den Berg (Blue Marlins, 200200669)	00:21.91(+70)
4. Kingue Struijf (De Dolfijn, 199400913)	00:21.95(+64)
5. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:22.08(+61)
6. Michael Smink (Blue Marlins, 200302169)	00:22.46(+63)
7. Lars Verhalle (PSV, 200200019)	00:22.51(+71)
8. Jesse van der A (De Dolfijn, 199905303)	00:23.20(+63)
2. 100m vrije slag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:55.49(+75)
50m 00:26.69 26,69	
2. Fay Boxum (DZ&PC, 200900060)	00:57.82(+78)
50m 00:27.87 27,87	
3. Fenna Westerneng (DZ&PC, 200900070)	00:58.35(+75)
50m 00:28.35 28,35	
4. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:58.83(+77)
50m 00:28.03 28,03	
5. Rafaela Mulders (De Reuring, 200701398)	00:59.08(+69)
50m 00:28.25 28,25	
6. Madeleine Bertram (De Dolfijn, 200900516)	00:59.30(+77)
50m 00:29.10 29,10	
7. Carla Moreno Palacios (De Dolfijn, 201002302)	00:59.91(+76)
50m 00:29.02 29,02	
8. Eefje Irvine (De Dolfijn, 200700164)	01:00.41(+72)
50m 00:29.07 29,07	
. Rhodée van den Ham (De Duinkickers, 200700090)	
. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	
. Ilana Gentile (Orca Leeuwarden, 200801558)	
. Jill Nai Chung Tong (WVZ, 200404272)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Milou van Wijk (Team NL - WVZ, 200404948)	00:53.45(+77)
50m 00:25.72 25,72	
2. Valerie van Roon (De Dolfijn, 199802326)	00:54.01(+68)
50m 00:25.57 25,57	

3. Britta Koehorst (WVZ, 200300246) 50m 00:25.83 25,83	00:54.30(+67)
4. Kim Jansen van Galen (PSV, 200201594) 50m 00:27.32 27,32	00:56.14(+75)
5. Femke Hoppenbrouwer (De Dolfijn, 200301124) 50m 00:26.91 26,91	00:56.43(+72)
6. Janne Slegers (PSV, 200404090) 50m 00:27.26 27,26	00:56.51(+68)
7. Lynn Blommers (Blue Marlins, 200105062) 50m 00:27.24 27,24	00:56.58(+68)
8. Serena Stel (De Dolfijn, 199801528) 50m 00:27.41 27,41	00:56.72(+70)
3. 100m rugslag - Heren 12 - 17 jaar	
1. Giovanni Phillipson (Team Noord Holland (SG), 200801099) 50m 00:26.54 26,54	00:54.97(+65)
2. Daan Sonneveld (WVZ, 200601085) 50m 00:28.26 28,26	00:57.50(+60)
3. Niek Issard (DZ&PC, 200700037) 50m 00:28.03 28,03	00:58.75(+73)
4. Thom De Hoog (Blue Marlins, 200600019) 50m 00:28.74 28,74	00:59.17(+65)
5. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:29.01 29,01	00:59.49(+72)
6. Willem Weustink (Team Noord Holland (SG), 200800109) 50m 00:29.08 29,08	01:01.01(+67)
7. Luca Boorsma (De Dolfijn, 200902031) 50m 00:28.77 28,77	01:01.52(+62)
8. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:30.32 30,32	01:02.85(+61)
. Niek Sonneveld (WVZ, 200802631)	
. Lars Heddema (Steenwijk 1934, 200603697) vanaf 18 jaar (Senioren 1 en ouder)	
1. Joep Hoogerwerf (De Dolfijn, 200204527) 50m 00:24.93 24,93	00:52.78(+55)
2. Lars Minnaert (PSV, 200502355) 50m 00:26.07 26,07	00:54.54(+56)
3. Bjarne van Oord (De Dolfijn, 200105101) 50m 00:26.65 26,65	00:55.34(+60)
4. Yazan Al Bawwab (PSV, 199905421) 50m 00:26.64 26,64	00:55.58(+67)
5. Richard Kuipers (HZ&PC Heerenveen, 199704171) 50m 00:29.92 29,92	01:01.92(+70)
4. 50m rugslag - Dames 11 - 16 jaar (Jeugd 2 en jonger)	
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	00:29.09(+75)
2. Eefje Irvine (De Dolfijn, 200700164)	00:29.83(+62)
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:29.86(+62)

4. Fay Boxum (DZ&PC, 200900060)	00:30.00(+66)
5. Laura van Etten (HZ&PC Heerenveen, 200800264)	00:30.13(+68)
6. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:30.65(+62)
7. Esmee Mulder (DZ&PC, 200800038)	00:30.84(+56)
. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	
. Joy Willekus (De Dolfijn, 200602420)	
. Madeleine Bertram (De Dolfijn, 200900516)	
. Lindi Bos (DWK, 200101256)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Amber Celie (De Dolfijn, 200300756)	00:29.00(+56)
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:29.19(+71)
3. Sterre Hendriks (De Dolfijn, 200401288)	00:29.45(+63)
4. Janne Slegers (PSV, 200404090)	00:30.51(+60)
5. Famke Irvine (De Otters Het Gooi, 200501724)	00:30.81(+71)
6. Inge Dekker (HZ&PC Heerenveen, 200200476)	00:31.06(+63)
7. Lynn Blommers (Blue Marlins, 200105062)	00:31.10(+57)
8. Tamara Grove (De Dolfijn, 199601266)	00:31.23(+68)
5. 50m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Roan van der Weide (Blue Marlins, 200601629)	00:28.75(+65)
2. Yaniv Kerdijk (ZV Haerlem, 200603439)	00:29.23(+69)
2. Storm Boxum (DZ&PC, 200700421)	00:29.23(+70)
4. Jetze de Vries (De Vikings, 200602589)	00:29.96(+67)
5. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)	00:29.98(+65)
6. Floris van der Valk (Wiekslag, 200801891)	00:30.03(+61)
7. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:30.05(+63)
8. Bjorn van den Berge (Z & PC De Zeeuwse Kust, 200701991)	00:30.94(+63)
. Jesse van der A (De Dolfijn, 199905303)	
. Kyle Scritchfield (DZ&PC, 200404893)	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Bram Zwetsloot (Team NL - Nuenen, 200202117)	00:27.26(+62)
2. Lars Verhalle (PSV, 200200019)	00:27.65(+71)
3. Kingue Struijf (De Dolfijn, 199400913)	00:27.69(+66)
4. Brandon van den Berg (Blue Marlins, 200200669)	00:27.92(+65)
5. Juri Dijkstra (De Dolfijn, 200002119)	00:28.22(+69)
6. Cas Verstegen (PSV, 200500891)	00:29.13(+68)
7. Rick Offringa (DZ&PC, 200300979)	00:29.85(+75)
201. 25m vrije slag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Renzo Tjon A Joe (De Dolfijn, 199506291)	00:09.78(+64)

2. Thom de Boer (De Dolfijn, 199100181)	00:09.79(+63)
3. Michael Smink (Blue Marlins, 200302169)	00:10.15(+69)
3. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:10.15(+61)
5. Brandon van den Berg (Blue Marlins, 200200669)	00:10.20(+67)
6. Jesse van der A (De Dolfijn, 199905303)	00:10.49(+65)
7. Lars Verhalle (PSV, 200200019)	00:10.54(+72)
8. Kingue Struijf (De Dolfijn, 199400913)	00:10.63(+69)
6. 100m schoolslag - Dames <i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Rafaela Mulders (De Reuring, 200701398) 50m 00:34.24 34,24	01:12.00(+69)
2. Nieke Dovic (PSV, 200700238) 50m 00:35.30 35,30	01:13.73(+82)
3. Esmee Mulder (DZ&PC, 200800038) 50m 00:35.29 35,29	01:14.08(+68)
4. Veerle Hildebrand (PSV, 200801830) 50m 00:35.19 35,19	01:15.13(+80)
5. Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:35.46 35,46	01:15.38(+75)
6. Rhodée van den Ham (De Duinkickers, 200700090) 50m 00:35.84 35,84	01:15.60(+69)
7. Liv Heijdra (WVZ, 200800736) 50m 00:34.78 34,78	01:16.05(+73)
8. Frouke Ludwig (DZ&PC, 200800112) 50m 00:36.59 36,59	01:17.81(+97)
. Rowie Kamp (De Reuring, 200001706)	
. Esmée de Gans (ZPC AMERSFOORT, 200900134)	
. Mijke Ouderkerken (Blue Marlins, 200901254)	
. Marieke Koekoek (DWK, 200600330)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Anna van Droffelaar (PSV, 200400258) 50m 00:32.29 32,29	01:07.93(+69)
2. Kim Jansen van Galen (PSV, 200201594) 50m 00:33.26 33,26	01:09.13(+77)
3. Leyla Oversluisen (Feijenoord Albion, 200602730) 50m 00:33.09 33,09	01:10.96(+70)
4. Fenna de Groot (Feijenoord Albion, 199701796) 50m 00:33.19 33,19	01:11.07(+68)
5. Jade Geurts (WVZ, 200402278) 50m 00:33.61 33,61	01:11.42(+74)
6. Anouk Elzerman (De Dolfijn, 199005914) 50m 00:34.60 34,60	01:12.68(+78)
7. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 50m 00:34.35 34,35	01:14.00(+69)
8. Joy Willekus (De Dolfijn, 200602420) 50m 00:35.50 35,50	01:15.89(+68)

7. 100m vlinderslag - Heren

12 - 17 jaar

1. Lars Bulman (Blue Marlins, 200600125) 00:54.83(+67)
50m 00:25.79 25,79
2. Kaan Sudak (Blue Marlins, 200803733) 00:54.93(+64)
50m 00:25.72 25,72
3. Joshua Agussalim (WVZ, 200600153) 00:57.25(+65)
50m 00:26.31 26,31
4. Giovanni Phillipson (Team Noord Holland (SG), 200801099) 00:57.66(+72)
50m 00:26.56 26,56
5. Willem Weustink (Team Noord Holland (SG), 200800109) 01:00.45(+69)
50m 00:27.75 27,75
6. Storm Tolsma (ZIGNEA, 200600277) 01:00.87(+74)
50m 00:28.31 28,31
7. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 01:01.64(+62)
50m 00:27.38 27,38
8. Niek Issard (DZ&PC, 200700037) 01:03.36(+72)
50m 00:28.35 28,35

. Jetze de Vries (De Vikings, 200602589)

. Collard Jungeling (DZ&PC, 200701831)

vanaf 18 jaar (Senioren 1 en ouder)

1. Michael Smink (Blue Marlins, 200302169) 00:52.94(+67)
50m 00:24.48 24,48
2. Matthijs van Meerendonk (DZ&PC, 199900375) 00:54.26(+63)
50m 00:25.15 25,15
3. Émile Fouzai (Blue Marlins, 200500263) 00:54.39(+65)
50m 00:25.38 25,38
4. Cas Verstegen (PSV, 200500891) 00:56.36(+70)
50m 00:26.52 26,52
5. Kalle van Gemert (Z & PC De Zeeuwse Kust, 199801259) 00:56.61(+68)
50m 00:26.42 26,42
6. Rick van Hamond (Zegenwerp, 199205873) 00:57.34(+69)
50m 00:26.90 26,90
7. Rik Hofland (Team Noord Holland (SG), 199701737) 00:57.90(+68)
50m 00:26.50 26,50

8. 50m vlinderslag - Dames

11 - 16 jaar (Jeugd 2 en jonger)

1. Maaïke Ooms (ZPC AMERSFOORT, 200801580) 00:28.34(+74)
 2. Rafaela Mulders (De Reuring, 200701398) 00:28.72(+67)
 3. Frouke Ludwig (DZ&PC, 200800112) 00:28.83(+70)
 4. Fay Boxum (DZ&PC, 200900060) 00:29.63(+77)
 5. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 00:29.71(+67)
 6. Laura van Etten (HZ&PC Heerenveen, 200800264) 00:29.89(+75)
 7. Esmee Mulder (DZ&PC, 200800038) 00:30.27(+68)
 8. Liv Heijdra (WVZ, 200800736) 00:30.28(+73)
- . Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)
- . Janne Slegers (PSV, 200404090)

. Ilana Gentile (Orca Leeuwarden, 200801558)	
. Elin Brinkhof (De Dolfijn, 200900078)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Milou van Wijk (Team NL - WVZ, 200404948)	00:27.61(+74)
2. Amber Celie (De Dolfijn, 200300756)	00:27.75(+71)
3. Jill Nai Chung Tong (WVZ, 200404272)	00:27.83(+67)
4. Evy Rozeboom (DAW, 200601338)	00:28.24(+82)
5. Fenna de Groot (Feijenoord Albion, 199701796)	00:28.60(+68)
6. Lynn Blommers (Blue Marlins, 200105062)	00:28.67(+70)
7. Sterre Hendriks (De Dolfijn, 200401288)	00:28.81(+69)
8. Olena Dijkstra (Orca Leeuwarden, 200202624)	00:28.96(+76)
9. 100m wisselslag - Heren	
<i>12 - 17 jaar</i>	
1. Storm Boxum (DZ&PC, 200700421)	00:59.86(+71)
50m 00:28.51 28,51	
2. Luca Boorsma (De Dolfijn, 200902031)	01:00.00(+60)
50m 00:27.13 27,13	
3. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	01:00.80(+67)
50m 00:28.64 28,64	
4. Bjorn van den Berge (Z & PC De Zeeuwse Kust, 200701991)	01:01.02(+66)
50m 00:28.59 28,59	
5. Thom De Hoog (Blue Marlins, 200600019)	01:01.24(+72)
50m 00:27.55 27,55	
6. Storm Tolsma (ZIGNEA, 200600277)	01:02.25(+72)
50m 00:29.51 29,51	
7. Tijn Hilders (De Dolfijn, 200700027)	01:03.37(+78)
50m 00:29.18 29,18	
8. Jaydey Schonewille (Steenwijk 1934, 200800025)	01:03.71(+75)
50m 00:28.38 28,38	
. Tim van Erven (DZ&PC, 200700175)	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Lars Verhalle (PSV, 200200019)	00:54.89(+72)
50m 00:26.18 26,18	
2. Rick Offringa (DZ&PC, 200300979)	00:59.25(+79)
50m 00:27.17 27,17	
3. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)	01:02.06(+63)
50m 00:27.95 27,95	
4. Richard Kuipers (HZ&PC Heerenveen, 199704171)	01:02.15(+70)
50m 00:29.20 29,20	
5. Terrence Fredema (ZPC AMERSFOORT, 200404887)	01:07.12(+69)
50m 00:29.25 29,25	
202. 25m vrije slag - Heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. Thom de Boer (De Dolfijn, 199100181)	00:09.74(+64)
2. Renzo Tjon A Joe (De Dolfijn, 199506291)	00:09.86(+64)
3. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:10.07(+59)

4. Brandon van den Berg (Blue Marlins, 200200669)		00:10.15(+69)
5. Michael Smink (Blue Marlins, 200302169)		00:10.27(+65)
6. Kingue Struijf (De Dolfijn, 199400913)		00:10.34(+66)
7. Jesse van der A (De Dolfijn, 199905303)		00:10.55(+65)
8. Lars Verhalle (PSV, 200200019)		00:10.83(+73)
12. 200m vrije slag - Heren		
<i>12 - 17 jaar</i>		
1. Boele Böhm (Blue Marlins, 200700739)		01:53.55(+68)
50m 00:26.02 26,02	100m 00:54.98 28,96	150m 01:24.31 29,33
2. Tim van Erven (DZ&PC, 200700175)		01:56.10(+82)
50m 00:27.00 27,00	100m 00:55.79 28,79	150m 01:25.84 30,05
3. Diede Veld (HZ&PC Heerenveen, 200800011)		01:59.00(+76)
50m 00:26.92 26,92	100m 00:56.99 30,07	150m 01:27.96 30,97
4. Willem Weustink (Team Noord Holland (SG), 200800109)		02:00.78(+67)
50m 00:27.76 27,76	100m 00:58.63 30,87	150m 01:30.00 31,37
5. Jetze de Vries (De Vikings, 200602589)		02:01.41(+69)
50m 00:27.93 27,93	100m 00:58.59 30,66	150m 01:30.46 31,87
6. Thijs Wellink (ZPC AMERSFOORT, 200600715)		02:02.06(+74)
50m 00:27.76 27,76	100m 00:58.95 31,19	150m 01:30.78 31,83
7. Gaëtan Spicq (Blue Marlins, 200701807)		02:04.02(+73)
50m 00:28.28 28,28	100m 00:59.47 31,19	150m 01:31.61 32,14
8. Jaydey Schonewille (Steenwijk 1934, 200800025)		02:11.53(+84)
50m 00:29.10 29,10	100m 01:02.40 33,30	150m 01:37.00 34,60
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>		
1. Koen Marsman (ZPC AMERSFOORT, 200502763)		01:46.91(+65)
50m 00:24.91 24,91	100m 00:51.73 26,82	150m 01:19.39 27,66
2. Thijn Damen (PSV, 200300973)		01:52.00(+74)
50m 00:25.64 25,64	100m 00:53.99 28,35	150m 01:23.44 29,45
3. Lars Verhalle (PSV, 200200019)		01:57.05(+76)
50m 00:25.96 25,96	100m 00:55.64 29,68	150m 01:26.13 30,49
4. Rens Stijf (ZPC AMERSFOORT, 200501419)		01:57.93(+70)
50m 00:26.44 26,44	100m 00:55.86 29,42	150m 01:27.04 31,18
5. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)		01:59.58(+78)
50m 00:27.34 27,34	100m 00:57.74 30,40	150m 01:28.89 31,15
21. 4x50m wisselslag dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. De Dolfijn		01:52.72
Femke Hoppenbrouwer 2003 (+62)	50m 00:29.67 29,67	
Sterre Hendriks 2004 (+36)	100m 01:01.35 31,68	
Elise Tanis 2002 (+17)	150m 01:28.12 26,77	
Valerie van Roon 1998 (+58)	200m 01:52.72 24,60	
2. De Dolfijn		01:56.32
Eefje Irvine 2007 (+56)	50m 00:29.77 29,77	
Joy Willekus 2006 (+46)	100m 01:01.98 32,21	
Amber Celie 2003 (+34)	150m 01:29.79 27,81	
Tamara Grove 1996 (+25)	200m 01:56.32 26,53	
3. HZ&PC Heerenveen		02:00.70
Laura van Etten 2008 (+65)	50m 00:30.82 30,82	
Hedwig Bolt 2006 (+41)	100m 01:03.68 32,86	
Marte Hieke van der Kamp 2005 (+37)	150m 01:33.11 29,43	

Veerle de Ridder 2007 (+24) 200m 02:00.70 27,59

4. De Dolfijn				02:03.61
Madeleine Bertram 2009 (+59)	50m	00:31.98	31,98	
Carla Moreno Palacios 2010 (+54)	100m	01:07.18	35,20	
Elin Brinkhof 2009 (+45)	150m	01:37.20	30,02	
Serena Stel 1998 (+47)	200m	02:03.61	26,41	
5. De Dolfijn				02:04.19
Yara van Asselen 2009 (+64)	50m	00:33.48	33,48	
Anouk Elzerman 1990	100m	01:06.42	32,94	
Inger van Oord 2007 (+43)	150m	01:37.01	30,59	
Duyven van Mijrna 1999 (+26)	200m	02:04.19	27,18	
6. Orca Leeuwarden				02:05.49
Olena Dijkstra 2002 (+75)	50m	00:32.23	32,23	
Nynke van der Zee 2007 (+48)	100m	01:08.41	36,18	
Ilana Gentile 2008 (+53)	150m	01:38.46	30,05	
Marre Zandringa 1997 (+51)	200m	02:05.49	27,03	
22. 4x50m vrije slag heren				
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. De Dolfijn				01:31.75
Kingue Struijf 1994 (+71)	50m	00:23.21	23,21	
Jesse van der A 1999 (+25)	100m	00:46.40	23,19	
Juri Dijkstra 2000 (+13)	150m	01:08.98	22,58	
Emiel van Oord 2005 (+30)	200m	01:31.75	22,77	
2. De Dolfijn				01:33.46
Nándor Szabó 2007 (+73)	50m	00:23.69	23,69	
Nino Sieling 1997 (+19)	100m	00:47.17	23,48	
Wiktor Syldatk 2003 (+14)	150m	01:09.97	22,80	
Bjarne van Oord 2001 (+23)	200m	01:33.46	23,49	
3. De Dolfijn				01:43.59
Tijn Hilders 2007 (+76)	50m	00:25.98	25,98	
Luca Boorsma 2009	100m	00:50.85	24,87	
Jamie Kenworthy 2008 (+45)	150m	01:18.05	27,20	
Pedro Filipini 2006 (+45)	200m	01:43.59	25,54	

Speedo Fast Water Meet ochtendsessie 2 - zondag 7 juli 2024 om 08:45u (25 m)

Aanvangstijd juryvergadering: 08:00u

23. 50m vrije slag - Dames

11 - 16 jaar (Jeugd 2 en jonger)

1. Fay Boxum (DZ&PC, 200900060)	00:26.90(+78)
2. Carla Moreno Palacios (De Dolfijn, 201002302)	00:27.03(+74)
2. Anne Engbersen (ZPC AMERSFOORT, 201000044)	00:27.03(+73)
4. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)	00:27.26(+81)
5. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	00:27.34(+75)
6. Ilana Gentile (Orca Leeuwarden, 200801558)	00:27.64(+65)
7. Fenna Westerneng (DZ&PC, 200900070)	00:27.67(+75)
8. Mariia Kostina (Blue Marlins, 201002042)	00:27.72(+69)
9. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	00:27.85(+62)
10. Rafaela Mulders (De Reuring, 200701398)	00:27.91(+69)
11. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)	00:28.05(+72)
12. Megan Snoek (DAW, 200900888)	00:28.18(+70)
13. Raegan Belmar (Blue Marlins, 201004070)	00:28.20(+77)

14. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	00:28.40(+65)
15. Veerle Hildebrand (PSV, 200801830)	00:28.45(+79)
16. Julia Dąbrowska (Blue Marlins, 201000300)	00:28.52(+78)
17. Breanna Belmar (Blue Marlins, 201004068)	00:28.56(+76)
18. Patricia de Leu (De Reuring, 200900982)	00:28.63(+68)
18. Dewi Meijer (De Dolfijn, 201000302)	00:28.63(+73)
20. Esmée Ykema (HZ&PC Heerenveen, 200801710)	00:28.68(+73)
21. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:28.73(+78)
22. Isis Verhoeff (De Otters Het Gooi, 200902962)	00:28.76(+80)
23. Nynke van der Zee (Orca Leeuwarden, 200700604)	00:28.82(+72)
24. Eva Ehlert (GZC DONK, 201002026)	00:28.95(+64)
25. Inger van Oord (De Dolfijn, 200703912)	00:29.00(+80)
26. Fenne Metten (ZPC AMERSFOORT, 201000102)	00:29.15(+74)
27. Sophie van Leent (Blue Marlins, 200800522)	00:29.24(+78)
28. Amila Mustafic (DZ&PC, 201200026)	00:29.59(+75)
29. Wieke Dekker (De Dolfijn, 201002020)	00:29.96(+75)
30. Manou Longayroux (Blue Marlins, 201000580)	00:30.16(+70)
31. Hanna Heller (ZPC AMERSFOORT, 201102730)	00:30.25(+81)
32. Lili Oosting (DWK, 200900384)	00:30.34(+73)
33. Lucia van Leeuwen (ZV Haerlem, 200802016)	00:30.41(+71)
34. Manora Ponne (Steenwijk 1934, 201102222)	00:30.43(+66)
35. Tess de Waard (ZV Haerlem, 200903946)	00:30.48(+82)
36. Yanique Bax (ZPC AMERSFOORT, 201001428)	00:30.60(+72)
37. Mare Offringa (SG. Bolsward-Workum, 201001110)	00:30.75(+76)
38. Evita Hoornweg (TriVia, 201002046)	00:30.81(+71)
39. Jade Belmar (Blue Marlins, 200704900)	00:30.82(+75)
40. Eva Leuverman (DAW, 200901216)	00:30.85(+73)
41. Sofie van Poecke (DWK, 201001448)	00:30.93(+67)
42. Noa Jaffe (De Dolfijn, 201000726)	00:30.94(+77)
43. Isa Segenhout (Orca Leeuwarden, 201000128)	00:31.11(+68)
44. Lena Offringa (SG. Bolsward-Workum, 200901150)	00:31.15(+74)
45. Nieke Dovic (PSV, 200700238)	00:31.19(+80)
46. Jildau Folmer (SG. Bolsward-Workum, 201002600)	00:31.39(+76)
47. Britt Jellesma (SG. Bolsward-Workum, 201000310)	00:31.64(+73)
48. Milouck Frunt (DWK, 200901664)	00:31.72(+75)
49. Marlies Brouwer (DZ&PC, 201101152)	00:32.03(+81)
50. Aleyna Bakdemir (Blue Marlins, 200804386)	00:32.13(+94)
51. Veerle van Bloois (TriVia, 201200960)	00:32.27(+69)

52. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028)	00:32.52(+57)
53. Anna Schuurman (SG. Bolsward-Workum, 201000076)	00:33.06(+78)
54. Elske de Vries (De Vikings, 200800786)	00:33.72(+72)
55. Linn Frunt (DWK, 201101420)	00:33.73
56. Zsofi Bouw (DWK, 201101102)	00:33.79(+73)
57. Jolijn van de Burgwal (DWK, 200903594)	00:33.80(+74)
58. Linde Bakkenes (DWK, 201201662)	00:35.44(+68)
59. Meike van Beek (DWK, 201201556)	00:36.87(+95)
60. Melissa Zeegers (De Vikings, 201002612)	00:37.00(+64)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Valerie van Roon (De Dolfijn, 199802326)	00:24.13(+68)
2. Milou van Wijk (Team NL - WVZ, 200404948)	00:24.68(+73)
3. Britta Koehorst (WVZ, 200300246)	00:24.92(+68)
4. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:25.43(+73)
5. Anna van Droffelaar (PSV, 200400258)	00:25.63(+63)
6. Janne Slegers (PSV, 200404090)	00:26.16(+69)
7. Kim Jansen van Galen (PSV, 200201594)	00:26.20(+73)
8. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:26.45(+73)
9. Serena Stel (De Dolfijn, 199801528)	00:26.48(+74)
10. Lynn Blommers (Blue Marlins, 200105062)	00:26.52(+69)
11. Elise Hardeman (ZPC AMERSFOORT, 200101068)	00:26.65(+72)
12. Jill Nai Chung Tong (WVZ, 200404272)	00:26.79(+67)
13. Silke Huisman (De Dolfijn, 200301182)	00:27.05(+72)
14. Tamara Grove (De Dolfijn, 199601266)	00:27.06(+71)
15. Evy Rozeboom (DAW, 200601338)	00:27.09(+78)
16. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	00:27.18(+77)
17. Sophia van Droffelaar (ZV Vlaardingen-Schiedam, 200500330)	00:27.57(+69)
18. Vera Renshof (DWK, 200301582)	00:27.88(+65)
19. Olena Dijkstra (Orca Leeuwarden, 200202624)	00:27.91(+74)
20. Ciska de Lugt (DZ&PC, 200503302)	00:28.30(+69)
21. Fenne Peters (PSV, 200601388)	00:28.37(+73)
22. Aniek Vuist (Steenwijk 1934, 200600958)	00:28.54(+69)
23. Vera Wassink (ZPC AMERSFOORT, 200604976)	00:28.65(+76)
24. Melissa Odemis (De Dolfijn, 200602422)	00:29.04(+72)
25. Zuzanna Kowalczyk (PSV, 200503860)	00:29.06(+77)
26. Lois Jalving (HZ&PC Heerenveen, 200400280)	00:29.81(+68)
27. Jelena Krikke (DZ&PC, 200405874)	00:32.49(+79)
28. Esmeralda Elbers (Blue Marlins, 200404888)	00:37.22(+79)

24. 100m vrije slag - Heren

12 - 17 jaar

1. Nándor Szabó (De Dolfijn, 200700475) 50m 00:24.90 24,90	00:51.78(+71)
2. Boele Böhm (Blue Marlins, 200700739) 50m 00:25.13 25,13	00:52.12(+66)
3. Storm Boxum (DZ&PC, 200700421) 50m 00:25.23 25,23	00:53.17(+74)
4. Lars Bulman (Blue Marlins, 200600125) 50m 00:25.38 25,38	00:53.30(+63)
5. Connor Bagley (Blue Marlins, 200604455) 50m 00:25.52 25,52	00:53.35(+68)
6. Niek Issard (DZ&PC, 200700037) 50m 00:25.37 25,37	00:53.37(+73)
7. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 50m 00:25.67 25,67	00:53.67(+69)
8. Jisse Lousma (WVZ, 200701493) 50m 00:25.92 25,92	00:53.71(+62)
9. Yaniv Kerdijk (ZV Haerlem, 200603439) 50m 00:25.85 25,85	00:53.79(+68)
10. Tim van Erven (DZ&PC, 200700175) 50m 00:26.05 26,05	00:54.01(+78)
11. Storm Tolsma (ZIGNEA, 200600277) 50m 00:26.44 26,44	00:54.22(+73)
12. Jetze de Vries (De Vikings, 200602589) 50m 00:26.24 26,24	00:54.67(+71)
13. Tijn Hilders (De Dolfijn, 200700027) 50m 00:26.44 26,44	00:54.74(+75)
13. Marnix Rietveld (ZV Haerlem, 200700939) 50m 00:25.85 25,85	00:54.74(+68)
15. Luca Boorsma (De Dolfijn, 200902031) 50m 00:26.13 26,13	00:55.03(+61)
16. Willem Weustink (Team Noord Holland (SG), 200800109) 50m 00:26.28 26,28	00:55.19(+72)
17. Thijs Wellink (ZPC AMERSFOORT, 200600715) 50m 00:26.35 26,35	00:55.37(+71)
18. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:26.14 26,14	00:55.43(+64)
19. Jaydey Schonewille (Steenwijk 1934, 200800025) 50m 00:26.39 26,39	00:55.57(+74)
20. Rens Noordover (Team Noord Holland (SG), 200800237) 50m 00:26.70 26,70	00:55.63(+75)
21. Ivo Bot (Wiekslag, 200900509) 50m 00:26.56 26,56	00:55.96(+75)
22. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425) 50m 00:26.73 26,73	00:56.06(+78)
23. Gaëtan Spicq (Blue Marlins, 200701807) 50m 00:26.91 26,91	00:56.36(+70)
24. Diede Veld (HZ&PC Heerenveen, 200800011) 50m 00:26.91 26,91	00:56.38(+78)

25. Tieme Wiersma (DZ&PC, 200701031) 50m 00:27.16 27,16	00:56.45(+73)
26. Alexander Griston (De Dolfijn, 200803053) 50m 00:27.31 27,31	00:56.58(+72)
27. Mike Tjepkema (ZV Haerlem, 200603029) 50m 00:27.23 27,23	00:57.10(+72)
28. Neo Reiber (Feijenoord Albion, 200900699) 50m 00:27.22 27,22	00:57.23(+72)
29. Twan Hoogervorst (De Columbiaan, 200700741) 50m 00:27.44 27,44	00:57.47(+70)
30. Thijn Metten (ZPC AMERSFOORT, 200801327) 50m 00:27.62 27,62	00:57.53(+79)
31. Boyd Delsaerdt (Blue Marlins, 200704051) 50m 00:28.24 28,24	00:57.54(+71)
32. Juan Cruz Slappendel (Orca Leeuwarden, 200903053) 50m 00:27.51 27,51	00:57.71(+73)
33. Mathijs de Wit (KSN (SG), 201001215) 50m 00:27.35 27,35	00:57.89(+72)
34. Damir Mustafic (DZ&PC, 200800885) 50m 00:27.40 27,40	00:57.91(+81)
35. Aidan van der Stelt (Blue Marlins, 200900901) 50m 00:28.27 28,27	00:58.18(+75)
36. Dinand Kop (DAW, 200901001) 50m 00:28.31 28,31	00:58.40(+72)
37. Jelte de Boer (De Vikings, 200700345) 50m 00:28.32 28,32	00:58.45(+69)
38. Duco de Gelder (Blue Marlins, 201000217) 50m 00:28.05 28,05	00:58.47(+66)
39. Derek Smit (De Reuring, 200702055) 50m 00:27.36 27,36	00:58.54(+70)
40. Evren Ege Orcunus (De Dolfijn, 201003253) 50m 00:28.31 28,31	00:58.87(+68)
41. Twan Huisman (WVZ, 200702207) 50m 00:28.25 28,25	00:59.13(+75)
42. Abel op den Velde (De Duinkickers, 201000079) 50m 00:28.46 28,46	00:59.64(+80)
43. Finn Hilders (De Dolfijn, 200900283) 50m 00:28.82 28,82	00:59.76(+70)
44. Sven Potappel (DWK, 201000127) 50m 00:28.72 28,72	00:59.96(+71)
45. Steven Knol (De Otters Het Gooi, 200900543) 50m 00:29.30 29,30	01:00.20(+70)
46. Dyon Scholten (Steenwijk 1934, 200900095) 50m 00:28.60 28,60	01:00.22(+80)
47. Tije Hempenius (HZ&PC Heerenveen, 200901365) 50m 00:28.32 28,32	01:00.27(+65)
48. Nathan Magava (De Dolfijn, 201003067) 50m 00:29.19 29,19	01:00.34(+68)
49. Joshua van den Idsert (DAW, 200801919) 50m 00:28.93 28,93	01:00.38(+76)

50. Girish Nolden (Blue Marlins, 201000087) 50m 00:29.28 29,28	01:00.43(+71)
51. Cayden Malone (De Dolfijn, 201002195) 50m 00:28.35 28,35	01:00.48(+72)
52. Jamie Kenworthy (De Dolfijn, 200800045) 50m 00:28.28 28,28	01:00.53(+73)
53. Teije ter Bekke (Zwemclub Zeist, 200901789) 50m 00:28.88 28,88	01:00.80(+71)
54. Brian Arturo Bloemsma (De Dolfijn, 200901155) 50m 00:29.08 29,08	01:00.84(+68)
55. Tygo van de Wal (DWK, 201001329) 50m 00:28.95 28,95	01:00.85(+75)
56. Seth van den Dool (GZC DONK, 200803809) 50m 00:28.91 28,91	01:00.94(+70)
57. Tycho Wienbelt (De Vikings, 201001397) 50m 00:29.94 29,94	01:01.48(+76)
58. Quinn Frunt (DWK, 200800729) 50m 00:28.68 28,68	01:01.53(+82)
59. Edwin Bulten (Azuro, 200600553) 50m 00:28.90 28,90	01:01.67(+69)
60. Henry Watson (De Dolfijn, 201001703) 50m 00:29.15 29,15	01:01.76(+62)
61. Esh Nolden (Blue Marlins, 200800145) 50m 00:29.31 29,31	01:02.02(+68)
62. Idse Eisses (WVZ, 200900009) 50m 00:29.80 29,80	01:02.52(+75)
63. Victor de Haan (HZ&PC Heerenveen, 201001921) 50m 00:30.04 30,04	01:02.58(+74)
64. Yorre van der Wal (SG. Bolsward-Workum, 201000017) 50m 00:30.71 30,71	01:04.19(+72)
65. Hessel Wachter (Zwemclub Zeist, 200903337) 50m 00:30.91 30,91	01:04.27(+87)
66. Lev Rudman (Blue Marlins, 201102343) 50m 00:29.86 29,86	01:04.60(+67)
67. Quinten Oostveen (ZPC AMERSFOORT, 201002605) 50m 00:30.82 30,82	01:04.72(+65)
68. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:31.04 31,04	01:05.29(+72)
69. Kasper Lubbers (Orca Leeuwarden, 201100025) 50m 00:31.53 31,53	01:05.77(+61)
70. Robin Mintjes (HZ&PC Heerenveen, 201000957) 50m 00:31.73 31,73	01:06.17(+79)
71. Kyaro Giuliano (De Dolfijn, 201000489) 50m 00:31.92 31,92	01:06.97
72. Jelle Postma (De Duinkickers, 201000559) 50m 00:31.60 31,60	01:07.07(+80)
73. Nanne Woldring (De Vikings, 201102035) 50m 00:34.57 34,57	01:11.16(+88)

74. Yannick Dijks (Orca Leeuwarden, 200700923)	01:11.53(+72)
50m 00:33.71 33,71	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Ivo Stolk (Feijenoord Albion, 200100615)	00:49.27(+68)
50m 00:23.75 23,75	
2. Lars Verhalle (PSV, 200200019)	00:49.56(+73)
50m 00:23.77 23,77	
3. Brandon van den Berg (Blue Marlins, 200200669)	00:49.76(+71)
50m 00:24.31 24,31	
4. Merlin Belmon (PSV, 200403191)	00:50.04(+75)
50m 00:23.94 23,94	
5. Wiktor Sylatk (De Dolfijn, 200305079)	00:50.40(+67)
50m 00:24.31 24,31	
6. Jelle Betten (DZ&PC, 200001535)	00:50.46(+71)
50m 00:24.19 24,19	
7. Michael Smink (Blue Marlins, 200302169)	00:50.49(+66)
50m 00:24.26 24,26	
8. Jesse van der A (De Dolfijn, 199905303)	00:50.87(+69)
50m 00:24.42 24,42	
9. Émile Fouzaï (Blue Marlins, 200500263)	00:51.12(+67)
50m 00:24.58 24,58	
10. Matthijs van Meerendonk (DZ&PC, 199900375)	00:51.39(+61)
50m 00:24.58 24,58	
11. Yazan Al Bawwab (PSV, 199905421)	00:51.52(+69)
50m 00:24.75 24,75	
12. Emiel van Oord (De Dolfijn, 200503707)	00:51.57(+67)
50m 00:24.69 24,69	
13. Kenan Coeruez (Feijenoord Albion, 200300357)	00:51.81(+66)
50m 00:24.33 24,33	
14. Daan Hogerhuis (De Columbiaan, 200300317)	00:52.05(+72)
50m 00:24.87 24,87	
14. Thijn Damen (PSV, 200300973)	00:52.05(+74)
50m 00:24.61 24,61	
16. Rick van Hamond (Zegenwerp, 199205873)	00:52.17(+68)
50m 00:25.33 25,33	
17. Bart Muselaers (DWK, 200100865)	00:52.28(+69)
50m 00:24.78 24,78	
18. Nino Sieling (De Dolfijn, 199701845)	00:52.53(+70)
50m 00:25.18 25,18	
19. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	00:52.64(+67)
50m 00:24.96 24,96	
20. Rik Hofland (Team Noord Holland (SG), 199701737)	00:52.89(+68)
50m 00:25.57 25,57	
21. Bjarne van Oord (De Dolfijn, 200105101)	00:53.23(+67)
50m 00:25.30 25,30	
22. Rens Stijf (ZPC AMERSFOORT, 200501419)	00:53.27(+67)
50m 00:25.42 25,42	
23. Thijs Berkhout (DWK, 200500035)	00:54.48(+65)
50m 00:26.47 26,47	

24. Rob Lugtenburg (Blue Marlins, 200201123)	00:54.61(+65)
50m 00:26.27 26,27	
25. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)	00:54.84(+76)
50m 00:25.85 25,85	
26. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)	00:55.12(+66)
50m 00:26.42 26,42	
27. Fayssal Lantema (Zwemlust- den Hommel, 200101379)	00:55.45(+73)
50m 00:26.67 26,67	
28. Erik Nijholt (DZ&PC, 199401349)	00:55.48(+74)
50m 00:27.06 27,06	
29. Franklin Paassen (A.S.Z.V. Spons, 200003881)	00:55.56(+65)
50m 00:26.57 26,57	
30. Yuri Wasser (PSV, 200301327)	00:55.72(+71)
50m 00:26.65 26,65	
31. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)	00:56.33(+65)
50m 00:26.12 26,12	
32. Ruben Trompetter (DZ&PC, 200500997)	00:58.50(+83)
50m 00:28.01 28,01	
33. Terrence Fredema (ZPC AMERSFOORT, 200404887)	01:00.02(+70)
50m 00:27.56 27,56	
25. 100m rugslag - Dames	
11 - 16 jaar (Jeugd 2 en jonger)	
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	01:01.81(+70)
50m 00:29.61 29,61	
2. Eefje Irvine (De Dolfijn, 200700164)	01:02.30(+55)
50m 00:30.12 30,12	
3. Fay Boxum (DZ&PC, 200900060)	01:03.31(+66)
50m 00:30.54 30,54	
4. Laura van Etten (HZ&PC Heerenveen, 200800264)	01:04.89(+66)
50m 00:31.49 31,49	
5. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224)	01:06.88(+64)
50m 00:32.60 32,60	
6. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)	01:07.09(+64)
50m 00:32.67 32,67	
7. Madeleine Bertram (De Dolfijn, 200900516)	01:07.24(+58)
50m 00:32.99 32,99	
8. Esmee Mulder (DZ&PC, 200800038)	01:07.30(+59)
50m 00:32.16 32,16	
9. Elin Reinstra (TriVia, 201100842)	01:08.35(+72)
50m 00:33.38 33,38	
10. Rhodee van den Ham (De Duinkickers, 200700090)	01:08.95(+67)
50m 00:33.53 33,53	
11. Rafaela Mulders (De Reuring, 200701398)	01:08.98(+70)
50m 00:33.48 33,48	
12. Veerle de Ridder (HZ&PC Heerenveen, 200700778)	01:09.18(+73)
50m 00:33.02 33,02	
13. Anne Engbersen (ZPC AMERSFOORT, 201000044)	01:09.20(+75)
50m 00:33.59 33,59	
14. Raegan Belmar (Blue Marlins, 201004070)	01:09.91(+78)
50m 00:33.86 33,86	

15. Annedieke Scholte (Blue Marlins, 200701110) 50m 00:33.22 33,22	01:10.01(+71)
16. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:34.11 34,11	01:10.64(+76)
17. Chiara Lammertink (ZPC AMERSFOORT, 200902200) 50m 00:34.92 34,92	01:10.77(+65)
18. Yara van Asselen (De Dolfijn, 200900408) 50m 00:34.64 34,64	01:11.34(+67)
19. Nynke van der Zee (Orca Leeuwarden, 200700604) 50m 00:34.52 34,52	01:11.63(+69)
20. Indy Feenema (Orca Leeuwarden, 201000850) 50m 00:35.36 35,36	01:12.55(+79)
21. Noa Spaans (De Dolfijn, 201100222) 50m 00:35.09 35,09	01:12.86(+60)
22. Jade Belmar (Blue Marlins, 200704900) 50m 00:35.84 35,84	01:13.07(+64)
23. Floortje van 't Wout (De Dolfijn, 200802286) 50m 00:36.18 36,18	01:13.35(+73)
24. Yanique Bax (ZPC AMERSFOORT, 201001428) 50m 00:35.77 35,77	01:13.95(+77)
25. Charlotte Stegink (ZV Haerlem, 201103760) 50m 00:36.40 36,40	01:14.64(+77)
26. Fenna ter Bekke (Zwemclub Zeist, 200701506) 50m 00:35.55 35,55	01:14.74(+64)
27. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:35.58 35,58	01:15.44(+72)
28. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 50m 00:35.97 35,97	01:15.48(+63)
29. Sophie van Leent (Blue Marlins, 200800522) 50m 00:36.74 36,74	01:15.66(+82)
30. Tess de Waard (ZV Haerlem, 200903946) 50m 00:36.77 36,77	01:15.73(+75)
31. Yvonne de Graaf (DWK, 201101418) 50m 00:36.33 36,33	01:15.92(+64)
32. Tamar Ieperen, van (ZV Haerlem, 200801816) 50m 00:36.18 36,18	01:16.04(+61)
33. Karlijn Dijkshoorn (Steenwijk 1934, 200803926) 50m 00:36.58 36,58	01:16.12(+74)
34. Amila Mustafic (DZ&PC, 201200026) 50m 00:37.90 37,90	01:16.91(+68)
35. Eva Leuerman (DAW, 200901216) 50m 00:37.72 37,72	01:17.33(+70)
36. Jildau Folmer (SG. Bolsward-Workum, 201002600) 50m 00:37.66 37,66	01:17.55
37. Isa Segenhout (Orca Leeuwarden, 201000128) 50m 00:37.71 37,71	01:18.07(+67)
38. Juno Toornend (ZV Haerlem, 201101718) 50m 00:38.42 38,42	01:18.11(+74)
39. Milouck Frunt (DWK, 200901664)	01:19.19(+75)

50m 00:38.31 38,31

40. Anna Schuurman (SG. Bolsward-Workum, 201000076)	01:20.96(+79)
50m 00:39.35 39,35	
41. Manora Ponne (Steenwijk 1934, 201102222)	01:22.84(+82)
50m 00:38.88 38,88	
42. Liv Schoon (DAW, 201202112)	01:22.99(+74)
50m 00:39.79 39,79	
43. Narin Turgut (De Dolfijn, 201201110)	01:26.67(+76)
50m 00:42.05 42,05	
44. Ranomi Zeegers (De Vikings, 201201512)	01:26.95(+74)
50m 00:41.71 41,71	
45. Aleyna Bakdemir (Blue Marlins, 200804386)	01:28.26(+92)
50m 00:43.92 43,92	
46. Femke De Vries (De Vikings, 201200202)	01:29.58(+82)
50m 00:44.05 44,05	
47. Linn Frunt (DWK, 201101420)	01:32.20(+78)
50m 00:45.36 45,36	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	00:59.56(+63)
50m 00:29.08 29,08	
2. Amber Celie (De Dolfijn, 200300756)	01:02.55(+57)
50m 00:30.74 30,74	
3. Janne Slegers (PSV, 200404090)	01:05.20(+62)
50m 00:32.23 32,23	
4. Lynn Blommers (Blue Marlins, 200105062)	01:06.38(+59)
50m 00:32.55 32,55	
5. Myrthe Natzijl (DZ&PC, 200400076)	01:06.77(+72)
50m 00:32.89 32,89	
6. Celine Schoenmaker (DWK, 199801976)	01:06.95(+65)
50m 00:32.32 32,32	
7. Famke Irvine (De Otters Het Gooi, 200501724)	01:07.15(+70)
50m 00:32.81 32,81	
8. Julia Notenboom (De Columbiaan, 200302596)	01:07.25(+69)
50m 00:32.56 32,56	
9. Lindi Bos (DWK, 200101256)	01:08.35(+61)
50m 00:33.21 33,21	
10. Inge Dekker (HZ&PC Heerenveen, 200200476)	01:09.03(+66)
50m 00:33.01 33,01	
11. Amé Hulleman (DZ&PC, 200202794)	01:09.37(+72)
50m 00:33.46 33,46	
12. Elise Hardeman (ZPC AMERSFOORT, 200101068)	01:10.08(+72)
50m 00:33.89 33,89	
13. Karin Rijkelijkhuisen (DZ&PC, 199403358)	01:10.60(+67)
50m 00:34.29 34,29	
14. Ciska de Lugt (DZ&PC, 200503302)	01:10.82(+75)
50m 00:34.07 34,07	
15. Sanne Peters (PSV, 200401112)	01:10.93(+64)
50m 00:34.00 34,00	
16. Lois Jalving (HZ&PC Heerenveen, 200400280)	01:11.85(+65)

50m 00:34.34 34,34

17. Luca Ebbinghe (DZ&PC, 199802406) 50m 00:34.20 34,20	01:12.04(+55)
18. Noa Oldenhof (A.S.Z.V. Spons, 199700622) 50m 00:35.58 35,58	01:14.20(+65)
19. Debora Lazarev (De Dolfijn, 200603398) 50m 00:35.52 35,52	01:14.40(+71)
20. Nicole Stahlh (De Dolfijn, 200600542) 50m 00:37.35 37,35	01:17.40(+77)
21. Jessica Dekkinga (Steenwijk 1934, 200600180) 50m 00:37.82 37,82	01:19.27(+81)
22. Esmeralda Elbers (Blue Marlins, 200404888) 50m 00:47.12 47,12	01:37.10(+82)
26. 50m rugslag - Heren	
<i>12 - 17 jaar</i>	
1. Niek Issard (DZ&PC, 200700037)	00:27.41(+71)
2. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	00:27.82(+58)
3. Lars Heddema (Steenwijk 1934, 200603697)	00:28.10(+64)
4. Willem Weustink (Team Noord Holland (SG), 200800109)	00:28.55(+66)
5. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:28.57(+62)
6. Damir Mustafic (DZ&PC, 200800885)	00:29.16(+66)
7. Jere Wiersma (DZ&PC, 200701037)	00:30.41(+71)
8. Tim van Erven (DZ&PC, 200700175)	00:30.50(+79)
9. Abel op den Velde (De Duinkickers, 201000079)	00:30.95(+73)
10. Boyd Delsaerdt (Blue Marlins, 200704051)	00:31.24(+61)
11. Mathijs de Wit (KSN (SG), 201001215)	00:31.82(+72)
12. Quinn Frunt (DWK, 200800729)	00:32.41(+77)
13. Girish Nolden (Blue Marlins, 201000087)	00:32.65(+60)
14. Eli Fieret (GZC DONK, 200903463)	00:33.01(+78)
15. Yorre van der Wal (SG. Bolsward-Workum, 201000017)	00:34.86(+76)
16. Quinten Oostveen (ZPC AMERSFOORT, 201002605)	00:35.36(+71)
17. Jelle Postma (De Duinkickers, 201000559)	00:35.37
18. Yannick Dijks (Orca Leeuwarden, 200700923)	00:35.57(+71)
19. Victor de Haan (HZ&PC Heerenveen, 201001921)	00:35.82(+68)
20. Lucas de Vries (De Dolfijn, 200802025)	00:36.91(+71)
21. Hamza Rakaan (GZC DONK, 201003527)	00:39.79(+67)
22. Daniel Lubbers (De Dolfijn, 201002967)	00:40.89(+75)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Lars Minnaert (PSV, 200502355)	00:25.12(+53)
2. Joep Hoogerwerf (De Dolfijn, 200204527)	00:25.80(+58)
3. Yazan Al Bawwab (PSV, 199905421)	00:26.15(+63)
4. Juri Dijkstra (De Dolfijn, 200002119)	00:26.54(+69)

5. Nino Sieling (De Dolfijn, 199701845)	00:27.13(+69)
7. Bjorn de Heus (Feijenoord Albion, 200201077)	00:27.78(+66)
8. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)	00:28.40(+64)
9. Richard Kuipers (HZ&PC Heerenveen, 199704171)	00:29.01(+66)
27. 50m schoolslag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Veerle Hildebrand (PSV, 200801830)	00:33.72(+74)
2. Nieke Dovic (PSV, 200700238)	00:34.29(+80)
3. Liv Heijdra (WVZ, 200800736)	00:34.40(+76)
4. Annique Rupke (WVZ, 200700876)	00:34.74(+72)
5. Breanna Belmar (Blue Marlins, 201004068)	00:35.46(+76)
6. Eefje van Hinsbergen (Blue Marlins, 201002252)	00:35.57(+66)
7. Eva Ehlert (GZC DONK, 201002026)	00:35.93(+76)
8. Esm�e de Gans (ZPC AMERSFOORT, 200900134)	00:36.09(+81)
9. Marre van der Wal (SG. Bolsward-Workum, 201000046)	00:36.32(+74)
10. Nynke van der Zee (Orca Leeuwarden, 200700604)	00:36.56(+71)
11. Noa Jaffe (De Dolfijn, 201000726)	00:37.16(+81)
12. Wieke Dekker (De Dolfijn, 201002020)	00:37.38(+76)
13. Raegan Belmar (Blue Marlins, 201004070)	00:37.72(+77)
14. Evita Hoornweg (TriVia, 201002046)	00:38.30(+70)
15. Esm�e Ykema (HZ&PC Heerenveen, 200801710)	00:38.33(+80)
16. Inger van Oord (De Dolfijn, 200703912)	00:38.43(+82)
17. Gerlin van de Krol (DWK, 201101412)	00:38.76(+75)
18. Indy Feenema (Orca Leeuwarden, 201000850)	00:39.15(+86)
19. Mare Offringa (SG. Bolsward-Workum, 201001110)	00:39.30(+80)
20. Chiara Lammertink (ZPC AMERSFOORT, 200902200)	00:39.48(+72)
21. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028)	00:39.69(+68)
22. Eva Leuverman (DAW, 200901216)	00:40.02(+75)
22. Jade van Berlo (Zwemclub Zeist, 200803934)	00:40.02(+72)
24. Britt Jellesma (SG. Bolsward-Workum, 201000310)	00:40.11(+74)
25. Aleyna Bakdemir (Blue Marlins, 200804386)	00:41.36(+75)
26. Veerle van Bloois (TriVia, 201200960)	00:42.15(+75)
27. Marlies Brouwer (DZ&PC, 201101152)	00:42.62(+74)
28. Frederique Grijpink (De Otters Het Gooi, 201001218)	00:44.24(+70)
29. Elske de Vries (De Vikings, 200800786)	00:45.35(+78)
30. Jolijn van de Burgwal (DWK, 200903594)	00:45.42(+79)
31. Melissa Zeegers (De Vikings, 201002612)	00:45.95(+67)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Sterre Hendriks (De Dolfijn, 200401288)	00:32.38(+70)
2. Joy Willekus (De Dolfijn, 200602420)	00:32.42(+68)

3. Fenna de Groot (Feijenoord Albion, 199701796)	00:32.48(+68)
4. Karin Rijkelijkuizen (DZ&PC, 199403358)	00:33.28(+69)
5. Jade Geurts (WVZ, 200402278)	00:33.34(+72)
6. Rowie Kamp (De Reuring, 200001706)	00:34.13(+66)
7. Fenne Peters (PSV, 200601388)	00:34.86(+72)
8. Yvette Buis (De Dolfijn, 200401830)	00:34.94(+73)
9. Janne Slegers (PSV, 200404090)	00:34.96(+69)
10. Manon Kloosterman (Zwemlust- den Hommel, 199702082)	00:35.15(+70)
11. Lise Kleinbekman (DZ&PC, 200502870)	00:35.34(+76)
12. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:35.86(+68)
13. Amber Tiesinga (DZ&PC, 200600782)	00:36.27(+75)
14. Celine Schoenmaker (DWK, 199801976)	00:37.43(+75)
15. Vera Renshof (DWK, 200301582)	00:37.44(+69)
16. Inge Dekker (HZ&PC Heerenveen, 200200476)	00:37.86(+73)
17. Melissa Odemis (De Dolfijn, 200602422)	00:37.87(+74)
18. Esmeralda Elbers (Blue Marlins, 200404888)	00:50.26(+83)
28. 100m schoolslag - Heren 12 - 17 jaar	
1. Roan van der Weide (Blue Marlins, 200601629) 50m 00:29.78 29,78	01:03.64(+66)
2. Yaniv Kerdijk (ZV Haerlem, 200603439) 50m 00:29.59 29,59	01:03.95(+68)
3. Storm Boxum (DZ&PC, 200700421) 50m 00:30.44 30,44	01:04.17(+72)
4. Jetze de Vries (De Vikings, 200602589) 50m 00:30.96 30,96	01:06.36(+67)
5. Luca Boorsma (De Dolfijn, 200902031) 50m 00:31.20 31,20	01:06.86(+61)
6. Lars Bulman (Blue Marlins, 200600125) 50m 00:31.12 31,12	01:07.27(+63)
7. Floris van der Valk (Wiekslag, 200801891) 50m 00:31.21 31,21	01:07.28(+62)
8. Boele Böhm (Blue Marlins, 200700739) 50m 00:31.46 31,46	01:07.35(+70)
9. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023) 50m 00:31.08 31,08	01:07.49(+71)
10. Storm Tolsma (ZIGNEA, 200600277) 50m 00:32.34 32,34	01:08.64(+73)
11. Cruz de Groot (Team Noord Holland (SG), 200801077) 50m 00:32.14 32,14	01:08.91(+64)
12. Thygo van de Peppel (Blue Marlins, 200901101) 50m 00:31.55 31,55	01:08.92(+65)
13. Quinten Brouwer von Gonzenbach (TriVia, 200700001) 50m 00:31.74 31,74	01:10.51(+65)

14. Alexander Griston (De Dolfijn, 200803053) 50m 00:33.04 33,04	01:10.61(+69)
15. Twan Huisman (WVZ, 200702207) 50m 00:33.17 33,17	01:10.94(+75)
16. Twan Hoogervorst (De Columbiaan, 200700741) 50m 00:32.86 32,86	01:10.96(+71)
17. Tijn Hilders (De Dolfijn, 200700027) 50m 00:33.17 33,17	01:11.03(+75)
18. Lou van Leeuwen (De Dolfijn, 200702779) 50m 00:33.82 33,82	01:12.24(+73)
19. Tieme Wiersma (DZ&PC, 200701031) 50m 00:34.52 34,52	01:12.32(+73)
20. Duco de Gelder (Blue Marlins, 201000217) 50m 00:33.75 33,75	01:12.76(+71)
21. Brian Arturo Bloemsma (De Dolfijn, 200901155) 50m 00:33.93 33,93	01:13.01(+66)
22. Rens Noordover (Team Noord Holland (SG), 200800237) 50m 00:35.49 35,49	01:13.47(+72)
23. Nathan Magava (De Dolfijn, 201003067) 50m 00:34.82 34,82	01:14.78(+65)
24. Jelte de Boer (De Vikings, 200700345) 50m 00:35.00 35,00	01:15.23(+67)
25. Aidan van der Stelt (Blue Marlins, 200900901) 50m 00:35.41 35,41	01:15.60(+66)
26. Tygo van de Wal (DWK, 201001329) 50m 00:35.91 35,91	01:15.69(+79)
27. Jamie Kenworthy (De Dolfijn, 200800045) 50m 00:34.95 34,95	01:15.93(+77)
28. Jere Wiersma (DZ&PC, 200701037) 50m 00:36.05 36,05	01:16.87(+75)
29. Milan Schuilenburg (ZPC AMERSFOORT, 201000935) 50m 00:36.19 36,19	01:17.04(+75)
30. Seth van den Dool (GZC DONK, 200803809) 50m 00:36.40 36,40	01:18.06(+74)
31. Mathijs de Wit (KSN (SG), 201001215) 50m 00:35.88 35,88	01:18.37(+74)
32. Cayden Malone (De Dolfijn, 201002195) 50m 00:36.50 36,50	01:18.65(+75)
33. Finn Hilders (De Dolfijn, 200900283) 50m 00:37.03 37,03	01:18.75(+67)
34. Thijn Metten (ZPC AMERSFOORT, 200801327) 50m 00:38.16 38,16	01:21.87(+74)
35. Kasper Lubbers (Orca Leeuwarden, 201100025) 50m 00:38.56 38,56	01:21.99(+62)
36. Tije Hempenius (HZ&PC Heerenveen, 200901365) 50m 00:37.96 37,96	01:22.25(+75)
37. Kyaro Giuliano (De Dolfijn, 201000489) 50m 00:39.06 39,06	01:22.28(+80)
37. Yorre van der Wal (SG. Bolsward-Workum, 201000017) 50m 00:38.66 38,66	01:22.28(+63)

39. Idse Eisses (WVZ, 200900009) 50m 00:39.09 39,09	01:23.23(+82)
40. Esh Nolden (Blue Marlins, 200800145) 50m 00:39.17 39,17	01:23.54(+66)
41. Quinten Oostveen (ZPC AMERSFOORT, 201002605) 50m 00:40.65 40,65	01:24.67(+67)
42. Dyon Scholten (Steenwijk 1934, 200900095) 50m 00:41.17 41,17	01:27.51(+74)
43. Robin Mintjes (HZ&PC Heerenveen, 201000957) 50m 00:42.03 42,03	01:28.52(+68)
44. Kaelan Hayes (De Dolfijn, 201000491) 50m 00:42.42 42,42	01:30.61(+49)
45. Hamza Rafaan (GZC DONK, 201003527) 50m 00:43.36 43,36	01:31.45(+71)
46. Daniel Lubbers (De Dolfijn, 201002967) 50m 00:43.74 43,74	01:32.87(+71)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Koen de Groot (PSV, 200401059) 50m 00:27.04 27,04	00:58.42(+63)
2. Bram Zwetsloot (Team NL - Nuenen, 200202117) 50m 00:27.49 27,49	00:58.90(+64)
3. Lars Verhalle (PSV, 200200019) 50m 00:28.00 28,00	01:00.07(+71)
4. Kingue Struijf (De Dolfijn, 199400913) 50m 00:29.47 29,47	01:02.08(+72)
5. Rick Offringa (DZ&PC, 200300979) 50m 00:29.91 29,91	01:04.41(+74)
6. Emiel van Oord (De Dolfijn, 200503707) 50m 00:30.43 30,43	01:04.87(+65)
7. Dave van den Nieuwendijk (De Columbiaan, 200100475) 50m 00:30.76 30,76	01:06.96(+74)
8. Bjarne van Oord (De Dolfijn, 200105101) 50m 00:31.55 31,55	01:07.80(+67)
9. Kyle Scritchfield (DZ&PC, 200404893) 50m 00:31.54 31,54	01:07.87(+67)
10. Jorian Darwinkel (HZ&PC Heerenveen, 200300565) 50m 00:31.56 31,56	01:08.80(+65)
11. Vincent Versteeg (Zwemlust- den Hommel, 197701003) 50m 00:33.15 33,15	01:10.00(+70)
12. Kay van Sleen (Steenwijk 1934, 200400083) 50m 00:32.71 32,71	01:10.29(+75)
13. Richard Kuipers (HZ&PC Heerenveen, 199704171) 50m 00:33.48 33,48	01:10.68(+73)
14. Thijs Berkhout (DWK, 200500035) 50m 00:32.50 32,50	01:12.45(+68)
15. Jelle Blankestijn (ZPC AMERSFOORT, 199803737) 50m 00:34.27 34,27	01:12.89(+74)
29. 100m vlinderslag - Dames	
11 - 16 jaar (Jeuqd 2 en jonqer)	

1. Laura van Etten (HZ&PC Heerenveen, 200800264) 01:05.51(+76)
50m 00:30.47 30,47
2. Rhodee van den Ham (De Duinkickers, 200700090) 01:06.72(+72)
50m 00:31.65 31,65
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 01:07.04(+66)
50m 00:31.17 31,17
4. Elin Brinkhof (De Dolfijn, 200900078) 01:07.62(+78)
50m 00:31.77 31,77
5. Eefje Irvine (De Dolfijn, 200700164) 01:07.90(+68)
50m 00:31.47 31,47
6. Carla Moreno Palacios (De Dolfijn, 201002302) 01:08.00(+73)
50m 00:30.73 30,73
7. Ilana Gentile (Orca Leeuwarden, 200801558) 01:08.76(+66)
50m 00:31.46 31,46
8. Julia Dąbrowska (Blue Marlins, 201000300) 01:08.81(+80)
50m 00:30.84 30,84
9. Esmee Mulder (DZ&PC, 200800038) 01:09.19(+71)
50m 00:31.79 31,79
10. Isis Verhoeff (De Otters Het Gooi, 200902962) 01:09.75(+77)
50m 00:32.42 32,42
11. Fenna Westerneng (DZ&PC, 200900070) 01:10.51(+79)
50m 00:33.06 33,06
12. Madeleine Bertram (De Dolfijn, 200900516) 01:10.60(+83)
50m 00:32.36 32,36
13. Fenne Metten (ZPC AMERSFOORT, 201000102) 01:10.75(+78)
50m 00:33.06 33,06
14. Esmaé de Gans (ZPC AMERSFOORT, 200900134) 01:11.03(+78)
50m 00:33.27 33,27
15. Dewi Meijer (De Dolfijn, 201000302) 01:11.13(+80)
50m 00:33.63 33,63
16. Mariia Kostina (Blue Marlins, 201002042) 01:11.65(+75)
50m 00:32.55 32,55
18. Nieke Dovic (PSV, 200700238) 01:12.32(+82)
50m 00:33.98 33,98
19. Yara van Asselen (De Dolfijn, 200900408) 01:12.44(+73)
50m 00:33.13 33,13
20. Megan Snoek (DAW, 200900888) 01:12.80(+67)
50m 00:32.65 32,65
21. Lili Oosting (DWK, 200900384) 01:13.14(+69)
50m 00:35.22 35,22
22. Eefje van Hinsbergen (Blue Marlins, 201002252) 01:13.46(+67)
50m 00:33.86 33,86
23. Annedieke Scholte (Blue Marlins, 200701110) 01:13.67(+77)
50m 00:33.94 33,94
24. Veerle de Ridder (HZ&PC Heerenveen, 200700778) 01:15.25(+72)
50m 00:32.39 32,39
25. Brechtje Slootweg (ZPC AMERSFOORT, 201101744) 01:15.44(+75)
50m 00:34.62 34,62
26. Chiara Lammertink (ZPC AMERSFOORT, 200902200) 01:17.67(+75)

50m 00:34.65 34,65

- | | |
|---|---------------|
| 27. Noa Spaans (De Dolfijn, 201100222)
50m 00:35.42 35,42 | 01:19.18(+76) |
| 28. Lucia van Leeuwen (ZV Haerlem, 200802016)
50m 00:35.44 35,44 | 01:21.09(+75) |
| 29. Zsofi Bouw (DWK, 201101102)
50m 00:36.63 36,63 | 01:21.32(+74) |
| 30. Juno Toornend (ZV Haerlem, 201101718)
50m 00:37.05 37,05 | 01:21.45(+79) |
| 31. Eva Leuverman (DAW, 200901216)
50m 00:37.81 37,81 | 01:21.60(+75) |
| 32. Manora Ponne (Steenwijk 1934, 201102222)
50m 00:36.62 36,62 | 01:21.79(+61) |
| 33. Lena Offringa (SG. Bolsward-Workum, 200901150)
50m 00:36.81 36,81 | 01:22.00(+84) |
| 34. Charlotte Stegink (ZV Haerlem, 201103760)
50m 00:38.89 38,89 | 01:22.24(+81) |
| 35. Noa Jaffe (De Dolfijn, 201000726)
50m 00:39.16 39,16 | 01:23.74(+83) |
| 36. Yanique Bax (ZPC AMERSFOORT, 201001428)
50m 00:37.78 37,78 | 01:25.04(+69) |
| 37. Yvonne de Graaf (DWK, 201101418)
50m 00:37.86 37,86 | 01:25.52(+71) |
| 38. Hanna Heller (ZPC AMERSFOORT, 201102730)
50m 00:38.46 38,46 | 01:25.69(+88) |
| 39. Anna Schuurman (SG. Bolsward-Workum, 201000076)
50m 00:41.88 41,88 | 01:27.97(+79) |
| 40. Liv Schoon (DAW, 201202112)
50m 00:42.68 42,68 | 01:41.03 |
| 41. Ranomi Zeegers (De Vikings, 201201512)
50m 00:44.96 44,96 | 01:41.31(+82) |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Elise Tanis (De Dolfijn, 200200120)
50m 00:28.21 28,21 | 01:00.21(+69) |
| 2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)
50m 00:29.27 29,27 | 01:02.10(+68) |
| 3. Milou van Wijk (Team NL - WVZ, 200404948)
50m 00:28.53 28,53 | 01:02.31(+76) |
| 4. Kim Jansen van Galen (PSV, 200201594)
50m 00:29.63 29,63 | 01:02.59(+80) |
| 5. Amber Celie (De Dolfijn, 200300756)
50m 00:29.39 29,39 | 01:02.63(+73) |
| 6. Evy Rozeboom (DAW, 200601338)
50m 00:29.37 29,37 | 01:02.70(+79) |
| 7. Leyla Oversluizen (Feijenoord Albion, 200602730)
50m 00:29.19 29,19 | 01:03.27(+73) |
| 8. Fenna de Groot (Feijenoord Albion, 199701796)
50m 00:29.09 29,09 | 01:03.34(+71) |
| 9. Lynn Blommers (Blue Marlins, 200105062) | 01:04.38(+67) |

50m 00:29.91 29,91

10. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218) 50m 00:30.34 30,34	01:04.76(+70)
11. Olena Dijkstra (Orca Leeuwarden, 200202624) 50m 00:30.14 30,14	01:07.09(+71)
12. Luca Ebbinge (DZ&PC, 199802406) 50m 00:30.93 30,93	01:07.82(+64)
13. Famke Irvine (De Otters Het Gooi, 200501724) 50m 00:31.30 31,30	01:07.95(+71)
14. Marin Wieling (ZPC AMERSFOORT, 200501220) 50m 00:31.06 31,06	01:08.40(+71)
15. Ciska de Lugt (DZ&PC, 200503302) 50m 00:32.07 32,07	01:10.67(+72)
16. Amé Hulleman (DZ&PC, 200202794) 50m 00:32.72 32,72	01:11.52(+80)
17. Zuzanna Kowalczyk (PSV, 200503860) 50m 00:32.34 32,34	01:11.56(+80)
18. Chantal Tiesinga (DZ&PC, 200302452) 50m 00:34.29 34,29	01:13.04(+69)
19. Vera Wassink (ZPC AMERSFOORT, 200604976) 50m 00:33.01 33,01	01:13.49(+73)
20. Inge Dekker (HZ&PC Heerenveen, 200200476) 50m 00:34.00 34,00	01:15.52(+77)
30. 50m vlinderslag - Heren	
12 - 17 jaar	
1. Lars Bulman (Blue Marlins, 200600125)	00:24.76(+66)
2. Jisse Lousma (WVZ, 200701493)	00:26.01(+61)
3. Mike Tjepkema (ZV Haerlem, 200603029)	00:26.02(+71)
4. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:26.30(+65)
4. Marnix Rietveld (ZV Haerlem, 200700939)	00:26.30(+67)
6. Connor Bagley (Blue Marlins, 200604455)	00:26.54(+66)
7. Jetze de Vries (De Vikings, 200602589)	00:26.98(+69)
8. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:27.00(+66)
9. Lars Heddema (Steenwijk 1934, 200603697)	00:27.14(+76)
10. Damir Mustafic (DZ&PC, 200800885)	00:27.16(+78)
11. Cruz de Groot (Team Noord Holland (SG), 200801077)	00:27.43(+67)
12. Willem Weustink (Team Noord Holland (SG), 200800109)	00:27.46(+69)
13. Collard Jungeling (DZ&PC, 200701831)	00:27.61(+70)
14. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	00:27.63(+82)
15. Floris van der Valk (Wiekslag, 200801891)	00:27.65(+67)
16. Tiamo van der Veen (Dedemsvaart-AC, 200600033)	00:27.67(+73)
17. Jaydey Schonewille (Steenwijk 1934, 200800025)	00:27.76(+74)
18. Ivo Bot (Wiekslag, 200900509)	00:27.80(+72)
19. Storm Boxum (DZ&PC, 200700421)	00:28.02(+69)

20. Gaëtan Spicq (Blue Marlins, 200701807)	00:28.11(+68)
21. Thijs Wellink (ZPC AMERSFOORT, 200600715)	00:28.25(+70)
22. Tim van Erven (DZ&PC, 200700175)	00:28.76(+78)
23. Derek Smit (De Reuring, 200702055)	00:28.77(+69)
24. Jere Wiersma (DZ&PC, 200701037)	00:29.07(+74)
25. Jelte de Boer (De Vikings, 200700345)	00:29.74(+66)
26. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	00:29.82(+72)
26. Sven Potappel (DWK, 201000127)	00:29.82(+72)
28. Quinn Frunt (DWK, 200800729)	00:29.88(+74)
29. Dinand Kop (DAW, 200901001)	00:29.90(+77)
30. Seth van den Dool (GZC DONK, 200803809)	00:29.92(+72)
31. Thijn Metten (ZPC AMERSFOORT, 200801327)	00:30.11(+78)
32. Steven Knol (De Otters Het Gooi, 200900543)	00:30.32(+66)
33. Hessel Wachter (Zwemclub Zeist, 200903337)	00:30.59(+83)
34. Joshua van den Idsert (DAW, 200801919)	00:30.87(+80)
35. Brian Arturo Bloemsma (De Dolfijn, 200901155)	00:30.91(+64)
36. Henry Watson (De Dolfijn, 201001703)	00:30.92(+71)
37. Edwin Bulten (Azuro, 200600553)	00:31.03(+69)
37. Girish Nolden (Blue Marlins, 201000087)	00:31.03(+73)
39. Quinten Oostveen (ZPC AMERSFOORT, 201002605)	00:32.08(+62)
40. Kyaro Giuliano (De Dolfijn, 201000489)	00:32.28(+64)
41. Lucas de Vries (De Dolfijn, 200802025)	00:32.50(+68)
42. Tycho Wienbelt (De Vikings, 201001397)	00:33.12(+73)
43. Teije ter Bekke (Zwemclub Zeist, 200901789)	00:33.33(+68)
44. Esh Nolden (Blue Marlins, 200800145)	00:33.34(+66)
45. Robin Mintjes (HZ&PC Heerenveen, 201000957)	00:33.50(+80)
46. Jelle Postma (De Duinkickers, 201000559)	00:35.32(+77)
47. Victor de Haan (HZ&PC Heerenveen, 201001921)	00:36.11(+64)
48. Yannick Dijks (Orca Leeuwarden, 200700923)	00:39.75(+72)
49. Nanne Woldring (De Vikings, 201102035)	00:39.99(+81)
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:23.03(+60)
2. Michael Smink (Blue Marlins, 200302169)	00:23.60(+67)
3. Matthijs van Meerendonk (DZ&PC, 199900375)	00:24.53(+62)
4. Floris Kotterink (Feijenoord Albion, 199800199)	00:24.83(+62)
5. Lars Minnaert (PSV, 200502355)	00:25.06(+64)
6. Rick van Hamond (Zegenwerp, 199205873)	00:25.19(+67)
7. Bart Muselaers (DWK, 200100865)	00:25.69(+67)
7. Kenan Coeruez (Feijenoord Albion, 200300357)	00:25.69(+69)

9. Rik Hofland (Team Noord Holland (SG), 199701737)	00:25.72(+68)
10. Jesse van der A (De Dolfijn, 199905303)	00:25.73(+65)
12. Kyle Scritchfield (DZ&PC, 200404893)	00:25.96(+66)
13. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)	00:26.10(+64)
14. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	00:26.12(+62)
15. Nino Sieling (De Dolfijn, 199701845)	00:26.39(+73)
16. Bjorn de Heus (Feijenoord Albion, 200201077)	00:26.46(+66)
17. Terrence Fredema (ZPC AMERSFOORT, 200404887)	00:26.63(+72)
18. Jorian Darwinkel (HZ&PC Heerenveen, 200300565)	00:26.95(+61)
19. Rens Stijf (ZPC AMERSFOORT, 200501419)	00:27.00(+65)
20. Joris Hendriks (PSV, 199904859)	00:27.04(+68)
20. Franklin Paassen (A.S.Z.V. Spons, 200003881)	00:27.04(+64)
22. Richard Kuipers (HZ&PC Heerenveen, 199704171)	00:28.27(+73)
23. Yuri Wasser (PSV, 200301327)	00:28.28(+72)
24. Fayssal Lantema (Zwemlust- den Hommel, 200101379)	00:28.62(+76)
25. Erik Nijholt (DZ&PC, 199401349)	00:28.85(+72)
26. Kay van Sleen (Steenwijk 1934, 200400083)	00:30.05(+73)
27. Ruben Trompetter (DZ&PC, 200500997)	00:30.49(+83)
31. 100m wisselslag - Dames	
11 - 16 jaar (Jeugd 2 en jonger)	
1. Fay Boxum (DZ&PC, 200900060)	01:04.74(+78)
50m 00:29.70 29,70	
2. Maaïke Ooms (ZPC AMERSFOORT, 200801580)	01:06.00(+75)
50m 00:30.04 30,04	
3. Rafaela Mulders (De Reuring, 200701398)	01:06.85(+69)
50m 00:30.96 30,96	
4. Esmee Mulder (DZ&PC, 200800038)	01:07.52(+70)
50m 00:32.05 32,05	
5. Annique Rupke (WVZ, 200700876)	01:07.96(+75)
50m 00:31.46 31,46	
6. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)	01:08.85(+84)
50m 00:32.29 32,29	
7. Liv Heijdra (WVZ, 200800736)	01:08.96(+75)
50m 00:31.76 31,76	
8. Fenna Westerneng (DZ&PC, 200900070)	01:10.32(+79)
50m 00:32.29 32,29	
9. Nynke van der Zee (Orca Leeuwarden, 200700604)	01:10.87(+74)
50m 00:32.82 32,82	
10. Annedieke Scholte (Blue Marlins, 200701110)	01:11.24(+77)
50m 00:33.08 33,08	
11. Esmaé de Gans (ZPC AMERSFOORT, 200900134)	01:11.63(+77)
50m 00:34.25 34,25	
13. Elin Reinstra (TriVia, 201100842)	01:11.90(+85)
50m 00:33.03 33,03	

14. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:31.36 31,36	01:12.01(+74)
15. Esmée Ykema (HZ&PC Heerenveen, 200801710) 50m 00:33.15 33,15	01:12.05(+77)
16. Marre van der Wal (SG. Bolsward-Workum, 201000046) 50m 00:34.77 34,77	01:12.23(+74)
17. Breanna Belmar (Blue Marlins, 201004068) 50m 00:34.79 34,79	01:12.81(+77)
18. Eva Ehlert (GZC DONK, 201002026) 50m 00:35.94 35,94	01:13.23(+69)
19. Chiara Lammertink (ZPC AMERSFOORT, 200902200) 50m 00:34.33 34,33	01:13.82(+81)
20. Manou Longayroux (Blue Marlins, 201000580) 50m 00:33.74 33,74	01:13.88(+68)
21. Wieke Dekker (De Dolfijn, 201002020) 50m 00:35.96 35,96	01:13.95(+73)
22. Indy Feenema (Orca Leeuwarden, 201000850) 50m 00:34.07 34,07	01:14.41(+81)
22. Fenne Metten (ZPC AMERSFOORT, 201000102) 50m 00:33.36 33,36	01:14.41(+71)
22. Karlijn Dijkshoorn (Steenwijk 1934, 200803926) 50m 00:33.91 33,91	01:14.41(+75)
25. Floortje van 't Wout (De Dolfijn, 200802286) 50m 00:34.07 34,07	01:16.21(+73)
26. Eva Leuerman (DAW, 200901216) 50m 00:35.76 35,76	01:16.74(+74)
27. Hanna Heller (ZPC AMERSFOORT, 201102730) 50m 00:36.12 36,12	01:16.85(+77)
28. Evita Hoornweg (TriVia, 201002046) 50m 00:36.20 36,20	01:17.30(+74)
29. Mare Offringa (SG. Bolsward-Workum, 201001110) 50m 00:37.76 37,76	01:18.02(+79)
30. Patricia de Leu (De Reuring, 200900982) 50m 00:36.27 36,27	01:18.70(+69)
31. Fenna ter Bekke (Zwemclub Zeist, 200701506) 50m 00:35.29 35,29	01:18.89(+74)
32. Sofie van Poecke (DWK, 201001448) 50m 00:38.66 38,66	01:19.72(+58)
33. Isa Segenhout (Orca Leeuwarden, 201000128) 50m 00:35.73 35,73	01:20.24(+70)
34. Jade van Berlo (Zwemclub Zeist, 200803934) 50m 00:37.52 37,52	01:20.37(+74)
35. Britt Jellesma (SG. Bolsward-Workum, 201000310) 50m 00:37.22 37,22	01:20.42(+78)
36. Veerle van Bloois (TriVia, 201200960) 50m 00:37.78 37,78	01:21.09(+71)
37. Milouck Frunt (DWK, 200901664) 50m 00:38.30 38,30	01:21.58(+81)
38. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028) 50m 00:39.73 39,73	01:21.71(+70)

39. Frederique Grijpink (De Otters Het Gooi, 201001218) 50m 00:39.02 39,02	01:21.81(+73)
40. Sophie Stahli (De Dolfijn, 200801202) 50m 00:40.04 40,04	01:24.33(+84)
41. Narin Turgut (De Dolfijn, 201201110) 50m 00:42.73 42,73	01:29.63(+72)
42. Jolijn van de Burgwal (DWK, 200903594) 50m 00:42.57 42,57	01:31.23(+81)
43. Linde Bakkenes (DWK, 201201662) 50m 00:43.73 43,73	01:32.74(+74)
44. Linn Frunt (DWK, 201101420) 50m 00:43.44 43,44	01:33.15(+59)
45. Meike van Beek (DWK, 201201556) 50m 00:45.01 45,01	01:33.59(+89)
46. Femke De Vries (De Vikings, 201200202) 50m 00:46.56 46,56	01:35.94(+76)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Britta Koehorst (WVZ, 200300246) 50m 00:27.35 27,35	01:00.84(+71)
2. Anna van Droffelaar (PSV, 200400258) 50m 00:28.55 28,55	01:01.81(+66)
3. Kim Jansen van Galen (PSV, 200201594) 50m 00:29.89 29,89	01:03.36(+77)
4. Sterre Hendriks (De Dolfijn, 200401288) 50m 00:29.25 29,25	01:04.15(+73)
5. Jill Nai Chung Tong (WVZ, 200404272) 50m 00:29.25 29,25	01:05.02(+68)
6. Serena Stel (De Dolfijn, 199801528) 50m 00:31.16 31,16	01:05.19(+70)
7. Janne Slegers (PSV, 200404090) 50m 00:29.83 29,83	01:05.20(+70)
8. Tamara Grove (De Dolfijn, 199601266) 50m 00:31.20 31,20	01:07.47(+71)
9. Olena Dijkstra (Orca Leeuwarden, 200202624) 50m 00:31.10 31,10	01:09.26(+77)
10. Sanne Peters (PSV, 200401112) 50m 00:31.71 31,71	01:09.29(+71)
11. Sophia van Droffelaar (ZV Vlaardingen-Schiedam, 200500330) 50m 00:32.41 32,41	01:09.38(+68)
12. Jade Geurts (WVZ, 200402278) 50m 00:33.29 33,29	01:10.08(+72)
13. Myrthe Natzijl (DZ&PC, 200400076) 50m 00:32.92 32,92	01:10.48(+79)
14. Vera Renshof (DWK, 200301582) 50m 00:32.32 32,32	01:11.01(+68)
15. Lindi Bos (DWK, 200101256) 50m 00:32.53 32,53	01:11.33(+71)
16. Rowie Kamp (De Reuring, 200001706) 50m 00:33.13 33,13	01:11.40(+66)

17. Fenne Peters (PSV, 200601388)			01:11.59(+80)
	50m	00:33.77 33,77	
18. Yvette Buis (De Dolfijn, 200401830)			01:11.80(+75)
	50m	00:32.35 32,35	
19. Amber Tiesinga (DZ&PC, 200600782)			01:12.53(+73)
	50m	00:33.56 33,56	
20. Aniek Vuist (Steenwijk 1934, 200600958)			01:12.57(+70)
	50m	00:32.67 32,67	
21. Ciska de Lugt (DZ&PC, 200503302)			01:13.25(+70)
	50m	00:33.53 33,53	
22. Vera Wassink (ZPC AMERSFOORT, 200604976)			01:14.37(+77)
	50m	00:33.66 33,66	
23. Noa Oldenhof (A.S.Z.V. Spons, 199700622)			01:14.44(+65)
	50m	00:33.44 33,44	
24. Zuzanna Kowalczyk (PSV, 200503860)			01:15.16(+79)
	50m	00:33.21 33,21	
25. Lise Kleinbekman (DZ&PC, 200502870)			01:15.90(+70)
	50m	00:36.28 36,28	
26. Debora Lazarev (De Dolfijn, 200603398)			01:17.91(+73)
	50m	00:35.21 35,21	
27. Jessica Dekkinga (Steenwijk 1934, 200600180)			01:21.92(+87)
	50m	00:38.33 38,33	
28. Jelena Krikke (DZ&PC, 200405874)			01:22.61(+79)
	50m	00:36.79 36,79	
29. Esmeralda Elbers (Blue Marlins, 200404888)			01:35.42(+84)
	50m	00:44.92 44,92	
32. 4x50m vrije slag			
vanaf 11 jaar			
1. De Dolfijn			01:36.79
Juri Dijkstra 2000 (+75)	50m	00:23.36 23,36	
Jesse van der A 1999 (+21)	100m	00:46.17 22,81	
Femke Hoppenbrouwer 2003 (+35)	150m	01:11.26 25,09	
Elise Tanis 2002 (+14)	200m	01:36.79 25,53	
2. Feijenoord Albion			01:39.10
Kenan Coeruez 2003 (+68)	50m	00:23.74 23,74	
Thomas Verhoeven 1997	100m	00:45.90 22,16	
Fenna de Groot 1997 (+32)	150m	01:12.85 26,95	
Leyla Oversluizen 2006 (+21)	200m	01:39.10 26,25	
3. De Dolfijn			01:39.30
Wiktor Syldatk 2003 (+65)	50m	00:23.50 23,50	
Emiel van Oord 2005 (+20)	100m	00:46.44 22,94	
Serena Stel 1998 (+38)	150m	01:12.73 26,29	
Amber Celie 2003 (+38)	200m	01:39.30 26,57	
4. De Dolfijn			01:41.60
Nándor Szabó 2007 (+65)	50m	00:23.67 23,67	
Bjarne van Oord 2001 (+28)	100m	00:47.50 23,83	
Sterre Hendriks 2004 (+56)	150m	01:15.06 27,56	
Tamara Grove 1996 (+6)	200m	01:41.60 26,54	
5. HZ&PC Heerenveen			01:41.88
Gijs Koehoorn 2008 (+66)	50m	00:24.33 24,33	
Jorian Darwinkel 2003 (+30)	100m	00:48.28 23,95	
Marte Hieke van der Kamp 2005 (+22)	150m	01:14.79 26,51	
Veerle de Ridder 2007 (+16)	200m	01:41.88 27,09	

6. HZ&PC Heerenveen					01:42.44
Wouter Zijlstra 2004 (+60)	50m	00:24.15	24,15		
Richard Kuipers 1997 (+38)	100m	00:49.59	25,44		
Hedwig Bolt 2006 (+41)	150m	01:15.99	26,40		
Laura van Etten 2008 (+29)	200m	01:42.44	26,45		
7. DWK					01:44.31
Bart Muselaers 2001 (+66)	50m	00:23.98	23,98		
Thijs Berkhout 2005 (+32)	100m	00:49.17	25,19		
Celine Schoenmaker 1998 (+28)	150m	01:17.25	28,08		
Vera Renshof 2003 (+12)	200m	01:44.31	27,06		
8. De Dolfijn					01:45.30
Nino Sieling 1997 (+70)	50m	00:24.12	24,12		
Luca Boorsma 2009 (+53)	100m	00:49.09	24,97		
Carla Moreno Palacios 2010 (+37)	150m	01:16.73	27,64		
Elin Brinkhof 2009 (+50)	200m	01:45.30	28,57		
9. ZV Haerlem					01:49.15
Yaniv Kerdijk 2006 (+69)	50m	00:23.68	23,68		
Mike Tjepkema 2006 (+32)	100m	00:48.79	25,11		
Lucia van Leeuwen 2008 (+51)	150m	01:18.14	29,35		
Tamar Ieperen, van 2008 (+36)	200m	01:49.15	31,01		
10. HZ&PC Heerenveen					01:50.04
Diede Veld 2008 (+74)	50m	00:25.94	25,94		
Tije Hempenius 2009 (+13)	100m	00:53.46	27,52		
Inge Dekker 2002 (+43)	150m	01:22.18	28,72		
Silke Hooghiemstra 2009 (+20)	200m	01:50.04	27,86		
11. Orca Leeuwarden					01:52.44
Olena Dijkstra 2002 (+76)	50m	00:28.35	28,35		
Juan Cruz Slappendel 2009 (+29)	100m	00:54.29	25,94		
Iana Gentile 2008 (+38)	150m	01:22.39	28,10		
Kasper Lubbers 2011 (+32)	200m	01:52.44	30,05		
12. DWK					01:56.86
Quinn Frunt 2008 (+72)	50m	00:26.87	26,87		
Sven Potappel 2010 (+54)	100m	00:55.07	28,20		
Sofie van Poecke 2010 (+37)	150m	01:26.39	31,32		
Lili Oosting 2009 (+59)	200m	01:56.86	30,47		
13. HZ&PC Heerenveen					01:58.21
Victor de Haan 2010 (+76)	50m	00:29.73	29,73		
Esmée Ykema 2008 (+29)	100m	00:58.13	28,40		
Robin Mintjes 2010 (+34)	150m	01:28.69	30,56		
Lois Jalving 2004 (+39)	200m	01:58.21	29,52		

Speedo Fast Water Meet middagsessie 2 - zondag 7 juli 2024 om 13:00u (25 m)

Aanvangstijd juryvergadering: 12:15u

33. 400m vrije slag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Yanieck Weijland (Blue Marlins, 200500329)					03:53.16(+77)			
50m	00:26.83	26,83	150m 01:25.20	29,46	250m 02:24.63	29,77	350m 03:24.06	29,57
100m	00:55.74	28,91	200m 01:54.86	29,66	300m 02:54.49	29,86		
2. Merlin Belmon (PSV, 200403191)					03:57.00(+78)			
50m	00:26.19	26,19	150m 01:24.57	29,37	250m 02:24.79	30,34	350m 03:26.50	30,87
100m	00:55.20	29,01	200m 01:54.45	29,88	300m 02:55.63	30,84		
3. Lucas van Rooij (PSV, 200603943)					04:03.79(+65)			
50m	00:27.58	27,58	150m 01:28.07	30,79	250m 02:30.23	30,95	350m 03:33.12	31,44
100m	00:57.28	29,70	200m 01:59.28	31,21	300m 03:01.68	31,45		
4. Youri Voet (ZPC AMERSFOORT, 200502269)					04:05.01(+68)			
50m	00:27.59	27,59	150m 01:29.63	31,48	250m 02:32.14	31,07	350m 03:34.79	31,26
100m	00:58.15	30,56	200m 02:01.07	31,44	300m 03:03.53	31,39		

5. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)					04:06.95(+64)
50m	00:26.85 26,85	150m 01:28.06 31,25	250m 02:31.75 31,95	350m 03:35.29 31,79	
100m	00:56.81 29,96	200m 01:59.80 31,74	300m 03:03.50 31,75		
6. Thijn Damen (PSV, 200300973)					04:07.65(+72)
50m	00:27.69 27,69	150m 01:30.45 32,07	250m 02:33.86 31,45	350m 03:37.00 31,75	
100m	00:58.38 30,69	200m 02:02.41 31,96	300m 03:05.25 31,39		
7. Diede Veld (HZ&PC Heerenveen, 200800011)					04:09.98(+79)
50m	00:28.01 28,01	150m 01:29.79 31,40	250m 02:33.87 32,05	350m 03:38.28 32,13	
100m	00:58.39 30,38	200m 02:01.82 32,03	300m 03:06.15 32,28		
8. Storm Boxum (DZ&PC, 200700421)					04:11.43(+72)
50m	00:27.51 27,51	150m 01:29.81 31,58	250m 02:33.64 31,90	350m 03:38.33 32,61	
100m	00:58.23 30,72	200m 02:01.74 31,93	300m 03:05.72 32,08		
9. Tim van Erven (DZ&PC, 200700175)					04:12.02(+83)
50m	00:28.74 28,74	150m 01:31.64 31,94	250m 02:35.80 31,97	350m 03:41.09 32,69	
100m	00:59.70 30,96	200m 02:03.83 32,19	300m 03:08.40 32,60		
10. Thijs Wellink (ZPC AMERSFOORT, 200600715)					04:14.43(+68)
50m	00:28.74 28,74	150m 01:32.48 32,42	250m 02:37.59 32,72	350m 03:42.73 32,72	
100m	01:00.06 31,32	200m 02:04.87 32,39	300m 03:10.01 32,42		
11. Gaëtan Spicq (Blue Marlins, 200701807)					04:18.67(+67)
50m	00:28.80 28,80	150m 01:33.95 33,03	250m 02:40.31 33,30	350m 03:46.39 33,01	
100m	01:00.92 32,12	200m 02:07.01 33,06	300m 03:13.38 33,07		
12. Boyd Delsaerd (Blue Marlins, 200704051)					04:25.90(+73)
50m	00:29.31 29,31	150m 01:35.16 33,49	250m 02:44.52 34,84	350m 03:52.90 34,06	
100m	01:01.67 32,36	200m 02:09.68 34,52	300m 03:18.84 34,32		
13. Yuri Wasser (PSV, 200301327)					04:28.53(+69)
50m	00:29.94 29,94	150m 01:38.35 34,68	250m 02:46.84 33,54	350m 03:55.21 34,27	
100m	01:03.67 33,73	200m 02:13.30 34,95	300m 03:20.94 34,10		
14. Kay van Sleen (Steenwijk 1934, 200400083)					04:30.34(+77)
50m	00:30.18 30,18	150m 01:37.88 34,25	250m 02:47.06 34,81	350m 03:56.33 34,74	
100m	01:03.63 33,45	200m 02:12.25 34,37	300m 03:21.59 34,53		
15. Abel op den Velde (De Duinkickers, 201000079)					04:34.02(+80)
50m	00:30.59 30,59	150m 01:39.80 35,37	250m 02:50.43 35,09	350m 04:00.47 34,99	
100m	01:04.43 33,84	200m 02:15.34 35,54	300m 03:25.48 35,05		
16. Mathijs de Wit (KSN (SG), 201001215)					04:35.05(+73)
50m	00:29.91 29,91	150m 01:39.77 35,16	250m 02:50.58 35,64	350m 04:01.09 35,06	
100m	01:04.61 34,70	200m 02:14.94 35,17	300m 03:26.03 35,45		
17. Tycho Wienbelt (De Vikings, 201001397)					04:36.29(+73)
50m	00:31.08 31,08	150m 01:40.73 35,31	250m 02:51.85 35,55	350m 04:02.51 35,33	
100m	01:05.42 34,34	200m 02:16.30 35,57	300m 03:27.18 35,33		
18. Dyon Scholten (Steenwijk 1934, 200900095)					04:38.17(+87)
50m	00:31.10 31,10	150m 01:41.10 35,50	250m 02:52.94 36,23	350m 04:03.44 35,38	
100m	01:05.60 34,50	200m 02:16.71 35,61	300m 03:28.06 35,12		
19. Kasper Lubbers (Orca Leeuwarden, 201100025)					04:55.39(+63)
50m	00:33.36 33,36	150m 01:49.63 38,36	250m 03:05.81 37,81	350m 04:20.97 37,35	
100m	01:11.27 37,91	200m 02:28.00 38,37	300m 03:43.62 37,81		
20. Henry Watson (De Dolfijn, 201001703)					04:55.41(+69)
50m	00:33.21 33,21	150m 01:49.19 38,30	250m 03:05.14 38,01	350m 04:19.87 37,04	
100m	01:10.89 37,68	200m 02:27.13 37,94	300m 03:42.83 37,69		
21. Milan Schuilenburg (ZPC AMERSFOORT, 201000935)					05:01.69(+73)
50m	00:32.22 32,22	150m 01:47.62 39,02	250m 03:06.47 39,68	350m 04:24.22 38,86	
100m	01:08.60 36,38	200m 02:26.79 39,17	300m 03:45.36 38,89		
22. Sem Berckenkamp (GZC DONK, 200602229)					05:03.83(+73)
50m	00:34.22 34,22	150m 01:50.93 39,12	250m 03:09.38 39,48	350m 04:25.93 38,28	
100m	01:11.81 37,59	200m 02:29.90 38,97	300m 03:47.65 38,27		

23. Franklin Paassen (A.S.Z.V. Spons, 200003881)				05:15.18(+68)			
50m	00:27.46 27,46	150m	01:32.77 33,91	250m	02:58.23 50,31	350m	04:30.83 45,68
100m	00:58.86 31,40	200m	02:07.92 35,15	300m	03:45.15 46,92		
24. Kaelan Hayes (De Dolfijn, 201000491)				05:18.22(+53)			
50m	00:36.08 36,08	150m	01:57.49 40,88	250m	03:19.79 41,14	350m	04:41.41 40,47
100m	01:16.61 40,53	200m	02:38.65 41,16	300m	04:00.94 41,15		
25. Yannick Dijks (Orca Leeuwarden, 200700923)				05:19.50(+73)			
50m	00:36.54 36,54	150m	01:58.12 40,95	250m	03:19.94 40,63	350m	04:41.47 40,81
100m	01:17.17 40,63	200m	02:39.31 41,19	300m	04:00.66 40,72		
34. 200m vrije slag - Dames							
11 - 16 jaar (Jeugd 2 en jonger)							
1. Maaïke Ooms (ZPC AMERSFOORT, 200801580)				02:02.24(+77)			
50m	00:27.98 27,98	100m	00:58.54 30,56	150m	01:30.36 31,82		
2. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)				02:03.28(+79)			
50m	00:28.23 28,23	100m	00:58.98 30,75	150m	01:30.93 31,95		
3. Eefje Irvine (De Dolfijn, 200700164)				02:06.45(+72)			
50m	00:30.10 30,10	100m	01:02.01 31,91	150m	01:34.65 32,64		
4. Esmee Mulder (DZ&PC, 200800038)				02:06.82(+69)			
50m	00:29.43 29,43	100m	01:01.43 32,00	150m	01:34.45 33,02		
5. Fay Boxum (DZ&PC, 200900060)				02:07.37(+78)			
50m	00:28.54 28,54	100m	01:00.86 32,32	150m	01:34.49 33,63		
6. Fenna Westerneng (DZ&PC, 200900070)				02:08.52(+83)			
50m	00:29.84 29,84	100m	01:02.87 33,03	150m	01:36.26 33,39		
7. Veerle de Ridder (HZ&PC Heerenveen, 200700778)				02:12.17(+73)			
50m	00:29.50 29,50	100m	01:03.04 33,54	150m	01:38.00 34,96		
8. Esmée Ykema (HZ&PC Heerenveen, 200801710)				02:13.12(+85)			
50m	00:30.81 30,81	100m	01:04.88 34,07	150m	01:39.17 34,29		
9. Ilana Gentile (Orca Leeuwarden, 200801558)				02:13.62(+71)			
50m	00:30.40 30,40	100m	01:04.41 34,01	150m	01:39.35 34,94		
10. Chiara Lammertink (ZPC AMERSFOORT, 200902200)				02:14.00(+80)			
50m	00:30.57 30,57	100m	01:04.43 33,86	150m	01:39.81 35,38		
11. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)				02:14.47(+71)			
50m	00:31.16 31,16	100m	01:06.07 34,91	150m	01:40.43 34,36		
12. Raegan Belmar (Blue Marlins, 201004070)				02:14.93(+79)			
50m	00:30.31 30,31	100m	01:04.95 34,64	150m	01:40.46 35,51		
13. Elin Reinstra (TriVia, 201100842)				02:15.10(+83)			
50m	00:31.46 31,46	100m	01:05.61 34,15	150m	01:40.34 34,73		
14. Dewi Meijer (De Dolfijn, 201000302)				02:15.12(+75)			
50m	00:31.89 31,89	100m	01:05.97 34,08	150m	01:41.00 35,03		
15. Elin Brinkhof (De Dolfijn, 200900078)				02:15.60(+69)			
50m	00:31.38 31,38	100m	01:05.61 34,23	150m	01:40.70 35,09		
16. Fenne Metten (ZPC AMERSFOORT, 201000102)				02:16.40(+82)			
50m	00:30.75 30,75	100m	01:05.19 34,44	150m	01:41.22 36,03		
17. Liv Heijdra (WVZ, 200800736)				02:16.42(+74)			
50m	00:30.96 30,96	100m	01:05.50 34,54	150m	01:41.37 35,87		
19. Sophie van Leent (Blue Marlins, 200800522)				02:16.52(+77)			
50m	00:31.57 31,57	100m	01:05.85 34,28	150m	01:41.56 35,71		
20. Breanna Belmar (Blue Marlins, 201004068)				02:17.51(+74)			
50m	00:31.88 31,88	100m	01:07.14 35,26	150m	01:42.18 35,04		
21. Karlijn Dijkshoorn (Steenwijk 1934, 200803926)				02:18.03(+75)			

	50m 00:30.25 30,25	100m 01:04.75 34,50	150m 01:41.48 36,73	
22. Wieke Dekker (De Dolfijn, 201002020)	50m 00:31.88 31,88	100m 01:07.47 35,59	150m 01:43.67 36,20	02:18.89(+76)
23. Ylène Zondervan (ZPC AMERSFOORT, 201200016)	50m 00:32.67 32,67	100m 01:08.52 35,85	150m 01:44.83 36,31	02:20.78(+85)
24. Jade Belmar (Blue Marlins, 200704900)	50m 00:32.70 32,70	100m 01:08.77 36,07	150m 01:45.68 36,91	02:22.11(+73)
25. Tess de Waard (ZV Haerlem, 200903946)	50m 00:32.58 32,58	100m 01:08.98 36,40	150m 01:45.66 36,68	02:22.43(+77)
26. Amila Mustafic (DZ&PC, 201200026)	50m 00:32.48 32,48	100m 01:10.14 37,66	150m 01:47.94 37,80	02:22.92(+80)
27. Lili Oosting (DWK, 200900384)	50m 00:33.97 33,97	100m 01:10.09 36,12	150m 01:46.89 36,80	02:23.02(+81)
28. Mare Offringa (SG. Bolsward-Workum, 201001110)	50m 00:32.85 32,85	100m 01:09.60 36,75	150m 01:47.14 37,54	02:24.00(+80)
29. Evita Hoornweg (TriVia, 201002046)	50m 00:32.63 32,63	100m 01:10.51 37,88	150m 01:49.44 38,93	02:25.92(+73)
30. Yanique Bax (ZPC AMERSFOORT, 201001428)	50m 00:33.28 33,28	100m 01:10.43 37,15	150m 01:49.03 38,60	02:26.13(+69)
31. Patricia de Leu (De Reuring, 200900982)	50m 00:32.88 32,88	100m 01:10.17 37,29	150m 01:49.66 39,49	02:27.80(+68)
32. Jildau Folmer (SG. Bolsward-Workum, 201002600)	50m 00:32.64 32,64	100m 01:10.78 38,14	150m 01:51.01 40,23	02:29.23(+79)
33. Marlies Brouwer (DZ&PC, 201101152)	50m 00:34.31 34,31	100m 01:12.12 37,81	150m 01:51.74 39,62	02:30.06(+81)
34. Kyara Balt (De Vikings, 201100306)	50m 00:34.05 34,05	100m 01:11.99 37,94	150m 01:51.56 39,57	02:30.16
35. Isa Segenhout (Orca Leeuwarden, 201000128)	50m 00:33.43 33,43	100m 01:11.57 38,14	150m 01:51.82 40,25	02:30.17(+69)
36. Tamar Ieperen, van (ZV Haerlem, 200801816)	50m 00:35.04 35,04	100m 01:14.02 38,98	150m 01:53.92 39,90	02:33.03(+73)
37. Anna Schuurman (SG. Bolsward-Workum, 201000076)	50m 00:35.28 35,28	100m 01:13.95 38,67	150m 01:53.74 39,79	02:33.10(+76)
38. Aleyna Bakdemir (Blue Marlins, 200804386)	50m 00:35.38 35,38	100m 01:14.62 39,24	150m 01:55.76 41,14	02:37.02(+74)
39. Elske de Vries (De Vikings, 200800786)	50m 00:37.59 37,59	100m 01:18.45 40,86	150m 01:59.11 40,66	02:40.80(+78)
40. Veerle van Bloois (TriVia, 201200960)	50m 00:36.46 36,46	100m 01:18.70 42,24	150m 02:02.01 43,31	02:41.22(+73)
41. Zsofi Bouw (DWK, 201101102)	50m 00:36.60 36,60	100m 01:18.20 41,60	150m 02:01.00 42,80	02:41.64(+72)
42. Linde Bakkenes (DWK, 201201662)	50m 00:39.73 39,73	100m 01:25.28 45,55	150m 02:11.76 46,48	02:56.48
43. Meike van Beek (DWK, 201201556)	50m 00:40.49 40,49	100m 01:26.85 46,36	150m 02:15.46 48,61	03:01.27(+91)
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>				
1. Hedwig Bolt (HZ&PC Heerenveen, 200602660)	50m 00:28.41 28,41	100m 00:59.13 30,72	150m 01:30.47 31,34	02:01.72(+79)
2. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)				02:03.30(+73)

	50m 00:28.42 28,42	100m 00:59.48 31,06	150m 01:31.38 31,90	
3. Lynn Blommers (Blue Marlins, 200105062)	50m 00:28.64 28,64	100m 01:00.06 31,42	150m 01:31.95 31,89	02:03.45(+69)
4. Elise Hardeman (ZPC AMERSFOORT, 200101068)	50m 00:28.26 28,26	100m 00:59.33 31,07	150m 01:31.19 31,86	02:03.59(+74)
5. Kim Jansen van Galen (PSV, 200201594)	50m 00:29.76 29,76	100m 01:01.57 31,81	150m 01:33.76 32,19	02:05.37(+77)
6. Amé Hulleman (DZ&PC, 200202794)	50m 00:30.34 30,34	100m 01:03.37 33,03	150m 01:36.39 33,02	02:09.36(+76)
7. Myrthe Natzijs (DZ&PC, 200400076)	50m 00:30.04 30,04	100m 01:02.80 32,76	150m 01:36.31 33,51	02:09.75(+75)
8. Sophia van Droffelaar (ZV Vlaardingen-Schiedam, 200500330)	50m 00:29.73 29,73	100m 01:02.96 33,23	150m 01:37.86 34,90	02:11.46(+70)
9. Dominique Dingshoff (ZPC Hoogeveen, 200400804)	50m 00:30.38 30,38	100m 01:03.47 33,09	150m 01:37.56 34,09	02:11.57(+78)
10. Manon Kloosterman (Zwemlust- den Hommel, 199702082)	50m 00:30.60 30,60	100m 01:04.31 33,71	150m 01:38.87 34,56	02:13.85(+80)
11. Chantal Tiesinga (DZ&PC, 200302452)	50m 00:32.12 32,12	100m 01:07.09 34,97	150m 01:42.42 35,33	02:18.41(+72)
12. Noa Oldenhof (A.S.Z.V. Spons, 199700622)	50m 00:32.50 32,50	100m 01:08.44 35,94	150m 01:46.38 37,94	02:23.98(+68)
13. Aniek Vuist (Steenwijk 1934, 200600958)	50m 00:32.35 32,35	100m 01:09.60 37,25	150m 01:48.26 38,66	02:25.23(+71)
14. Jessica Dekkinga (Steenwijk 1934, 200600180)	50m 00:35.50 35,50	100m 01:15.17 39,67	150m 01:56.03 40,86	02:35.22(+84)
15. Jelena Krikke (DZ&PC, 200405874)	50m 00:34.93 34,93	100m 01:13.65 38,72	150m 01:54.90 41,25	02:36.99(+75)
16. Esmeralda Elbers (Blue Marlins, 200404888)	50m 00:41.27 41,27	100m 01:27.53 46,26	150m 02:17.20 49,67	03:04.53(+83)
35. 200m vlinderslag - Heren				
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. Émile Fouzaï (Blue Marlins, 200500263)	50m 00:27.45 27,45	100m 00:58.35 30,90	150m 01:30.43 32,08	02:01.25(+69)
2. Collard Jungeling (DZ&PC, 200701831)	50m 00:29.53 29,53	100m 01:02.89 33,36	150m 01:37.29 34,40	02:12.49(+71)
3. Bjorn de Heus (Feijenoord Albion, 200201077)	50m 00:28.88 28,88	100m 01:02.55 33,67	150m 01:38.04 35,49	02:15.01(+66)
4. Willem Weustink (Team Noord Holland (SG), 200800109)	50m 00:29.48 29,48	100m 01:04.86 35,38	150m 01:40.79 35,93	02:16.59(+64)
5. Jelle Betten (DZ&PC, 200001535)	50m 00:28.63 28,63	100m 01:02.62 33,99	150m 01:39.45 36,83	02:17.72(+78)
6. Marnix Rietveld (ZV Haarlem, 200700939)	50m 00:31.77 31,77	100m 01:08.72 36,95	150m 01:45.49 36,77	02:21.70(+70)
7. Wanne van Geest (ZV Vlaardingen-Schiedam, 200901425)	50m 00:29.38 29,38	100m 01:04.87 35,49	150m 01:43.31 38,44	02:22.87(+81)
8. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:30.90 30,90	100m 01:07.08 36,18	150m 01:44.19 37,11	02:23.51(+77)
9. Erik Nijholt (DZ&PC, 199401349)	50m 00:33.05 33,05	100m 01:10.81 37,76	150m 01:49.23 38,42	02:28.84(+81)

10. Jelle Blankestijn (ZPC AMERSFOORT, 199803737)				02:29.37(+79)	
50m	00:31.5731,57	100m	01:09.4037,83	150m	01:49.3439,94
11. Sven Potappel (DWK, 201000127)				02:36.34(+74)	
50m	00:33.9733,97	100m	01:12.9038,93	150m	01:54.2641,36
12. Esh Nolden (Blue Marlins, 200800145)				02:43.35(+65)	
50m	00:34.6534,65	100m	01:16.0441,39	150m	02:00.8944,85
13. Quinten Oostveen (ZPC AMERSFOORT, 201002605)				02:48.02(+79)	
50m	00:34.9134,91	100m	01:17.1242,21	150m	02:03.3746,25
14. Edwin Bulten (Azuro, 200600553)				02:48.93(+67)	
50m	00:34.0534,05	100m	01:16.4942,44	150m	02:02.2245,73
15. Robin Mintjes (HZ&PC Heerenveen, 201000957)				02:55.87(+70)	
50m	00:36.1536,15	100m	01:19.1342,98	150m	02:06.4247,29
36. 200m schoolslag - Dames					
vanaf 11 jaar (Senioren Open)					
1. Leyla Oversluizen (Feijenoord Albion, 200602730)				02:35.28(+70)	
50m	00:33.8233,82	100m	01:12.5738,75	150m	01:53.4440,87
2. Jade Geurts (WVZ, 200402278)				02:36.91(+72)	
50m	00:35.0435,04	100m	01:14.4539,41	150m	01:56.2341,78
3. Rafaela Mulders (De Reuring, 200701398)				02:38.14(+69)	
50m	00:35.4035,40	100m	01:15.2639,86	150m	01:56.6241,36
4. Esmee Mulder (DZ&PC, 200800038)				02:38.41(+71)	
50m	00:36.6436,64	100m	01:16.9840,34	150m	01:57.6540,67
5. Nieke Dovic (PSV, 200700238)				02:41.14(+82)	
50m	00:36.3836,38	100m	01:17.6441,26	150m	01:59.2941,65
6. Joy Willekus (De Dolfijn, 200602420)				02:42.71(+67)	
50m	00:36.6036,60	100m	01:18.3741,77	150m	02:01.4243,05
7. Carla Moreno Palacios (De Dolfijn, 201002302)				02:45.33(+77)	
50m	00:36.5636,56	100m	01:19.1242,56	150m	02:01.5242,40
8. Marre van der Wal (SG. Bolsward-Workum, 201000046)				02:50.09(+73)	
50m	00:38.4538,45	100m	01:21.2142,76	150m	02:06.0044,79
9. Eefje van Hinsbergen (Blue Marlins, 201002252)				02:50.53(+65)	
50m	00:39.0239,02	100m	01:23.4144,39	150m	02:07.3743,96
10. Fenna Westerneng (DZ&PC, 200900070)				02:51.07(+81)	
50m	00:39.9939,99	100m	01:24.1644,17	150m	02:08.2344,07
11. Amber Tiesinga (DZ&PC, 200600782)				02:51.20(+78)	
50m	00:39.0039,00	100m	01:23.1644,16	150m	02:07.3844,22
12. Lise Kleinbekman (DZ&PC, 200502870)				02:51.24(+72)	
50m	00:38.9438,94	100m	01:23.9344,99	150m	02:07.5143,58
13. Breanna Belmar (Blue Marlins, 201004068)				02:57.35(+79)	
50m	00:41.1041,10	100m	01:27.3846,28	150m	02:12.6545,27
14. Indy Feenema (Orca Leeuwarden, 201000850)				02:57.90(+81)	
50m	00:40.4340,43	100m	01:26.8146,38	150m	02:12.7645,95
15. Annedieke Scholte (Blue Marlins, 200701110)				02:57.92(+76)	
50m	00:41.0141,01	100m	01:25.6644,65	150m	02:11.7846,12
16. Wieke Dekker (De Dolfijn, 201002020)				02:58.69(+84)	
50m	00:40.4840,48	100m	01:26.6146,13	150m	02:13.5346,92
17. Gerlin van de Krol (DWK, 201101412)				02:59.33(+73)	
50m	00:43.0143,01	100m	01:29.7446,73	150m	02:15.5945,85
18. Noa Jaffe (De Dolfijn, 201000726)				03:04.59(+84)	
50m	00:41.6341,63	100m	01:28.7447,11	150m	02:17.1648,42

19. Wyneke Edou van der Heide (Orca Leeuwarden, 201100028)				03:09.50(+73)
	50m 00:43.0743,07	100m 01:32.1749,10	150m 02:21.0848,91	
20. Jessica Dekkinga (Steenwijk 1934, 200600180)				03:10.55(+88)
	50m 00:43.6643,66	100m 01:32.0848,42	150m 02:21.7649,68	
21. Jildau Folmer (SG. Bolsward-Workum, 201002600)				03:10.81(+74)
	50m 00:43.0743,07	100m 01:31.8948,82	150m 02:21.4349,54	
22. Hanna Heller (ZPC AMERSFOORT, 201102730)				03:11.43(+81)
	50m 00:42.9142,91	100m 01:31.2448,33	150m 02:21.2550,01	
23. Britt Jellesma (SG. Bolsward-Workum, 201000310)				03:14.51(+86)
	50m 00:44.6444,64	100m 01:34.4149,77	150m 02:24.7550,34	
24. Kyara Balt (De Vikings, 201100306)				03:16.40
	50m 00:44.6344,63	100m 01:34.9450,31	150m 02:25.8350,89	
25. Esmeralda Elbers (Blue Marlins, 200404888)				04:06.35(+85)
	50m 00:53.5753,57	100m 01:55.9262,35	150m 03:00.9164,99	
37. 200m rugslag - Heren				
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>				
1. Niels Dijkhoorn (PSV, 200203079)				01:58.71(+65)
	50m 00:27.5627,56	100m 00:57.2629,70	150m 01:28.1730,91	
2. Lars Minnaert (PSV, 200502355)				02:03.24(+58)
	50m 00:28.0728,07	100m 00:59.4731,40	150m 01:32.1832,71	
3. Tiemo van der Veen (Dedemsvaart-AC, 200600033)				02:05.09(+60)
	50m 00:29.1429,14	100m 01:00.1731,03	150m 01:32.4332,26	
4. Jisse Lousma (WVZ, 200701493)				02:08.39(+53)
	50m 00:30.4530,45	100m 01:03.3732,92	150m 01:36.4533,08	
5. Jaydey Schonewille (Steenwijk 1934, 200800025)				02:08.60(+77)
	50m 00:30.3830,38	100m 01:02.6032,22	150m 01:35.8433,24	
6. Niek Issard (DZ&PC, 200700037)				02:11.25(+69)
	50m 00:30.3230,32	100m 01:03.6833,36	150m 01:37.4233,74	
7. Youri Voet (ZPC AMERSFOORT, 200502269)				02:14.02(+60)
	50m 00:30.8230,82	100m 01:04.6133,79	150m 01:39.7535,14	
8. Mike Hilders (De Dolfijn, 200900281)				02:18.14(+71)
	50m 00:32.0432,04	100m 01:07.0835,04	150m 01:42.5935,51	
9. Lars Heddema (Steenwijk 1934, 200603697)				02:18.71(+62)
	50m 00:32.6132,61	100m 01:07.6735,06	150m 01:43.3035,63	
10. Evren Ege Orcunus (De Dolfijn, 201003253)				02:21.52(+69)
	50m 00:33.0633,06	100m 01:08.3535,29	150m 01:44.7836,43	
11. Jere Wiersma (DZ&PC, 200701037)				02:22.81(+70)
	50m 00:33.0733,07	100m 01:09.3436,27	150m 01:46.1336,79	
12. Ruben Trompetter (DZ&PC, 200500997)				02:28.86(+79)
	50m 00:34.6934,69	100m 01:12.0937,40	150m 01:50.4538,36	
13. Mathijs de Wit (KSN (SG), 201001215)				02:31.42(+75)
	50m 00:34.9934,99	100m 01:12.4337,44	150m 01:51.3738,94	
14. Yorre van der Wal (SG. Bolsward-Workum, 201000017)				02:35.13(+81)
	50m 00:36.6836,68	100m 01:16.1039,42	150m 01:56.0339,93	
15. Yannick Dijks (Orca Leeuwarden, 200700923)				02:42.32(+77)
	50m 00:38.6938,69	100m 01:20.7242,03	150m 02:02.4941,77	
16. Sem Berckenkamp (GZC DONK, 200602229)				02:43.64(+78)
	50m 00:36.8936,89	100m 01:18.0341,14	150m 02:01.1243,09	
17. Hamza Rakaan (GZC DONK, 201003527)				02:57.13(+83)

50m 00:42.81 42,81 100m 01:27.76 44,95 150m 02:13.26 45,50

38. 800m vrije slag - Dames
vanaf 11 jaar (Senioren Open)

1. Hedwig Bolt (HZ&PC Heerenveen, 200602660) 08:52.64 (+78)
50m 00:29.94 29,94 250m 02:43.09 33,39 450m 04:57.51 33,70 650m 07:13.39 34,17
100m 01:02.91 32,97 300m 03:16.56 33,47 500m 05:31.44 33,93 700m 07:47.00 33,61
150m 01:36.29 33,38 350m 03:50.35 33,79 550m 06:05.19 33,75 750m 08:20.99 33,99
200m 02:09.70 33,41 400m 04:23.81 33,46 600m 06:39.22 34,03
2. Evy Rozeboom (DAW, 200601338) 09:03.36 (+81)
50m 00:30.56 30,56 250m 02:46.39 34,03 450m 05:03.88 34,53 650m 07:21.87 34,22
100m 01:04.26 33,70 300m 03:20.36 33,97 500m 05:38.56 34,68 700m 07:56.40 34,53
150m 01:38.41 34,15 350m 03:54.71 34,35 550m 06:13.29 34,73 750m 08:30.47 34,07
200m 02:12.36 33,95 400m 04:29.35 34,64 600m 06:47.65 34,36
3. Rhodee van den Ham (De Duinkikkers, 200700090) 09:15.51 (+74)
50m 00:31.77 31,77 250m 02:50.98 34,79 450m 05:11.21 35,19 650m 07:32.11 35,18
100m 01:06.38 34,61 300m 03:26.32 35,34 500m 05:46.62 35,41 700m 08:07.65 35,54
150m 01:41.19 34,81 350m 04:01.39 35,07 550m 06:21.84 35,22 750m 08:42.91 35,26
200m 02:16.19 35,00 400m 04:36.02 34,63 600m 06:56.93 35,09
4. Laura van Etten (HZ&PC Heerenveen, 200800264) 09:23.28 (+80)
50m 00:30.56 30,56 250m 02:52.36 35,73 450m 05:14.96 35,33 650m 07:38.36 35,06
100m 01:04.99 34,43 300m 03:28.42 36,06 500m 05:51.39 36,43 700m 08:14.03 35,67
150m 01:40.62 35,63 350m 04:03.68 35,26 550m 06:27.46 36,07 750m 08:49.29 35,26
200m 02:16.63 36,01 400m 04:39.63 35,95 600m 07:03.30 35,84
5. Dominique Dingshoff (ZPC Hoogeveen, 200400804) 09:30.53 (+81)
50m 00:33.21 33,21 250m 02:56.27 35,63 450m 05:19.95 36,45 650m 07:44.08 35,84
100m 01:08.81 35,60 300m 03:32.05 35,78 500m 05:55.92 35,97 700m 08:20.39 36,31
150m 01:44.87 36,06 350m 04:07.79 35,74 550m 06:31.87 35,95 750m 08:56.44 36,05
200m 02:20.64 35,77 400m 04:43.50 35,71 600m 07:08.24 36,37
6. Ciska de Lugt (DZ&PC, 200503302) 10:11.63 (+78)
50m 00:32.56 32,56 250m 03:03.27 38,64 450m 05:38.59 38,46 650m 08:14.57 39,06
100m 01:09.07 36,51 300m 03:41.85 38,58 500m 06:17.71 39,12 700m 08:53.84 39,27
150m 01:46.90 37,83 350m 04:20.80 38,95 550m 06:56.60 38,89 750m 09:33.02 39,18
200m 02:24.63 37,73 400m 05:00.13 39,33 600m 07:35.51 38,91
7. Yanique Bax (ZPC AMERSFOORT, 201001428) 10:29.07 (+71)
50m 00:33.63 33,63 250m 03:10.70 39,64 450m 05:50.49 40,07 650m 08:30.83 39,79
100m 01:12.05 38,42 300m 03:50.60 39,90 500m 06:30.41 39,92 700m 09:11.34 40,51
150m 01:52.07 40,02 350m 04:30.70 40,10 550m 07:11.59 41,18 750m 09:51.70 40,36
200m 02:31.06 38,99 400m 05:10.42 39,72 600m 07:51.04 39,45
8. Sofie van Poecke (DWK, 201001448) 10:56.37 (+68)
50m 00:36.34 36,34 250m 03:24.09 42,26 450m 06:10.91 41,12 650m 08:55.77 40,78
100m 01:17.64 41,30 300m 04:06.18 42,09 500m 06:52.30 41,39 700m 09:36.41 40,64
150m 01:59.64 42,00 350m 04:48.03 41,85 550m 07:33.97 41,67 750m 10:17.25 40,84
200m 02:41.83 42,19 400m 05:29.79 41,76 600m 08:14.99 41,02

39. 1500m vrije slag - Heren
vanaf 12 jaar (Junioren 1 en ouder)

1. Borys Rudman (Blue Marlins, 200504479) 15:59.96 (+68)
50m 00:27.16 27,16 450m 04:40.56 32,06 800m 08:26.64 32,37 1150m 12:15.95 32,53
100m 00:57.72 30,56 500m 05:12.57 32,01 850m 08:59.27 32,63 1200m 12:48.42 32,47
150m 01:28.73 31,01 550m 05:44.67 32,10 900m 09:31.95 32,68 1250m 13:21.21 32,79
200m 02:00.37 31,64 600m 06:17.14 32,47 950m 10:04.50 32,55 1300m 13:53.20 31,99
250m 02:31.93 31,56 650m 06:49.47 32,33 1000m 10:37.58 33,08 1350m 14:25.44 32,24
300m 03:04.04 32,11 700m 07:21.87 32,40 1050m 11:10.64 33,06 1400m 14:58.41 32,97
350m 03:36.37 32,33 750m 07:54.27 32,40 1100m 11:43.42 32,78 1450m 15:30.13 31,72
400m 04:08.50 32,13 800m 08:26.64 32,37 1150m 12:15.95 32,53
2. Jorian Tanis (Feijenoord Albion, 199900327) 16:46.98 (+78)
50m 00:29.91 29,91 450m 04:59.93 34,11 800m 08:57.92 33,99 1150m 12:55.19 33,75
100m 01:03.28 33,37 500m 05:34.14 34,21 850m 09:31.77 33,85 1200m 13:28.85 33,66
150m 01:37.49 34,21 550m 06:08.10 33,96 900m 10:05.68 33,91 1250m 14:01.61 32,76
200m 02:10.78 33,29 600m 06:41.84 33,74 950m 10:39.57 33,89 1300m 14:35.02 33,41

250m 02:44.21 33,43	650m 07:15.70 33,86	1000m 11:13.52 33,95	1350m 15:08.78 33,76
300m 03:18.34 34,13	700m 07:49.92 34,22	1050m 11:47.36 33,84	1400m 15:42.26 33,48
350m 03:52.05 33,71	750m 08:23.93 34,01	1100m 12:21.44 34,08	1450m 16:15.95 33,69
400m 04:25.82 33,77	800m 08:57.92 33,99	1150m 12:55.19 33,75	

3. Thijs Wellink (ZPC AMERSFOORT, 200600715) 16:55.96(+75)

50m 00:29.55 29,55	450m 04:59.42 33,89	800m 08:56.50 33,84	1150m 12:54.57 34,16
100m 01:02.68 33,13	500m 05:33.34 33,92	850m 09:30.56 34,06	1200m 13:28.97 34,40
150m 01:36.50 33,82	550m 06:07.27 33,93	900m 10:04.50 33,94	1250m 14:03.42 34,45
200m 02:10.26 33,76	600m 06:41.12 33,85	950m 10:38.31 33,81	1300m 14:37.87 34,45
250m 02:43.94 33,68	650m 07:14.93 33,81	1000m 11:12.25 33,94	1350m 15:12.81 34,94
300m 03:17.81 33,87	700m 07:48.80 33,87	1050m 11:46.41 34,16	1400m 15:47.36 34,55
350m 03:51.73 33,92	750m 08:22.66 33,86	1100m 12:20.41 34,00	1450m 16:22.27 34,91
400m 04:25.53 33,80	800m 08:56.50 33,84	1150m 12:54.57 34,16	

4. Koen de Vries (MZ&PC De Reest, 200802379) 17:26.76(+72)

50m 00:30.43 30,43	450m 05:08.63 35,13	800m 09:15.63 35,42	1150m 13:22.88 35,22
100m 01:04.27 33,84	500m 05:44.06 35,43	850m 09:50.90 35,27	1200m 13:58.43 35,55
150m 01:38.68 34,41	550m 06:19.10 35,04	900m 10:26.12 35,22	1250m 14:33.91 35,48
200m 02:13.35 34,67	600m 06:54.47 35,37	950m 11:01.67 35,55	1300m 15:09.00 35,09
250m 02:48.29 34,94	650m 07:30.03 35,56	1000m 11:36.76 35,09	1350m 15:44.06 35,06
300m 03:23.20 34,91	700m 08:04.96 34,93	1050m 12:12.09 35,33	1400m 16:19.00 34,94
350m 03:58.35 35,15	750m 08:40.21 35,25	1100m 12:47.66 35,57	1450m 16:53.71 34,71
400m 04:33.50 35,15	800m 09:15.63 35,42	1150m 13:22.88 35,22	

5. Boyd Delsaerdt (Blue Marlins, 200704051) 17:51.93(+72)

50m 00:30.66 30,66	450m 05:16.87 36,91	800m 09:31.92 36,17	1150m 13:43.04 35,43
100m 01:04.59 33,93	500m 05:53.46 36,59	850m 10:07.75 35,83	1200m 14:19.21 36,17
150m 01:39.50 34,91	550m 06:30.58 37,12	900m 10:43.89 36,14	1250m 14:55.12 35,91
200m 02:14.84 35,34	600m 07:06.74 36,16	950m 11:19.18 35,29	1300m 15:31.22 36,10
250m 02:50.40 35,56	650m 07:43.46 36,72	1000m 11:55.23 36,05	1350m 16:06.97 35,75
300m 03:26.58 36,18	700m 08:19.76 36,30	1050m 12:31.41 36,18	1400m 16:42.56 35,59
350m 04:03.11 36,53	750m 08:55.75 35,99	1100m 13:07.61 36,20	1450m 17:17.62 35,06
400m 04:39.96 36,85	800m 09:31.92 36,17	1150m 13:43.04 35,43	

6. Dyon Scholten (Steenwijk 1934, 200900095) 19:13.12(+81)

50m 00:32.65 32,65	450m 05:40.41 38,65	800m 10:10.04 38,30	1150m 14:43.84 39,07
100m 01:09.54 36,89	500m 06:18.43 38,02	850m 10:49.09 39,05	1200m 15:23.43 39,59
150m 01:47.36 37,82	550m 06:57.47 39,04	900m 11:28.30 39,21	1250m 16:02.14 38,71
200m 02:26.05 38,69	600m 07:35.81 38,34	950m 12:07.25 38,95	1300m 16:41.04 38,90
250m 03:04.74 38,69	650m 08:14.39 38,58	1000m 12:46.54 39,29	1350m 17:19.86 38,82
300m 03:43.94 39,20	700m 08:53.20 38,81	1050m 13:25.59 39,05	1400m 17:58.37 38,51
350m 04:23.31 39,37	750m 09:31.74 38,54	1100m 14:04.77 39,18	1450m 18:36.26 37,89
400m 05:01.76 38,45	800m 10:10.04 38,30	1150m 14:43.84 39,07	

7. Yannick Dijks (Orca Leeuwarden, 200700923) 20:50.50(+74)

50m 00:36.19 36,19	450m 06:08.56 41,74	800m 11:02.59 42,06	1150m 15:57.32 42,32
100m 01:16.69 40,50	500m 06:50.30 41,74	850m 11:44.10 41,51	1200m 16:39.94 42,62
150m 01:59.28 42,59	550m 07:31.64 41,34	900m 12:26.29 42,19	1250m 17:21.82 41,88
200m 02:40.60 41,32	600m 08:14.14 42,50	950m 13:08.50 42,21	1300m 18:03.90 42,08
250m 03:22.43 41,83	650m 08:56.50 42,36	1000m 13:50.58 42,08	1350m 18:45.94 42,04
300m 04:03.99 41,56	700m 09:38.59 42,09	1050m 14:32.75 42,17	1400m 19:28.32 42,38
350m 04:45.42 41,43	750m 10:20.53 41,94	1100m 15:15.00 42,25	1450m 20:09.92 41,60
400m 05:26.82 41,40	800m 11:02.59 42,06	1150m 15:57.32 42,32	

40. 400m wisselslag - Dames
vanaf 11 jaar (Senioren Open)

1. Serena Stel (De Dolfijn, 199801528) 04:52.83(+72)

50m 00:31.56 31,56	150m 01:46.91 38,46	250m 03:07.40 41,41	350m 04:22.23 31,91
100m 01:08.45 36,89	200m 02:25.99 39,08	300m 03:50.32 42,92	

2. Kim Jansen van Galen (PSV, 200201594) 04:55.25(+81)

50m 00:30.93 30,93	150m 01:46.48 40,31	250m 03:06.45 40,39	350m 04:22.07 34,24
100m 01:06.17 35,24	200m 02:26.06 39,58	300m 03:47.83 41,38	

3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622) 05:00.41(+73)

50m 00:31.25 31,25	150m 01:45.90 37,02	250m 03:05.06 43,14	350m 04:25.24 36,71
100m 01:08.88 37,63	200m 02:21.92 36,02	300m 03:48.53 43,47	

4. Fenne Metten (ZPC AMERSFOORT, 201000102)					05:29.58(+64)
50m	00:35.75 35,75	150m	01:59.37 41,18	250m	03:29.90 51,00
100m	01:18.19 42,44	200m	02:38.90 39,53	300m	04:19.27 49,37
350m	04:55.62 36,35				
5. Ylène Zondervan (ZPC AMERSFOORT, 201200016)					05:29.59(+86)
50m	00:37.39 37,39	150m	02:02.00 41,11	250m	03:32.06 48,96
100m	01:20.89 43,50	200m	02:43.10 41,10	300m	04:18.59 46,53
350m	04:55.50 36,91				
6. Manon Kloosterman (Zwemlust- den Hommel, 199702082)					05:31.77(+79)
50m	00:34.04 34,04	150m	02:00.44 45,40	250m	03:30.87 46,45
100m	01:15.04 41,00	200m	02:44.42 43,98	300m	04:17.78 46,91
350m	04:55.76 37,98				
7. Manou Longayroux (Blue Marlins, 201000580)					05:31.94(+67)
50m	00:33.99 33,99	150m	01:57.81 44,32	250m	03:29.08 49,60
100m	01:13.49 39,50	200m	02:39.48 41,67	300m	04:17.07 47,99
350m	04:55.87 38,80				
8. Lili Oosting (DWK, 200900384)					05:44.49(+88)
50m	00:38.20 38,20	150m	02:04.14 44,49	250m	03:38.32 51,75
100m	01:19.65 41,45	200m	02:46.57 42,43	300m	04:28.96 50,64
350m	05:08.13 39,17				
9. Kyara Balt (De Vikings, 201100306)					05:49.30
50m	00:39.10 39,10	150m	02:09.57 43,64	250m	03:41.35 47,92
100m	01:25.93 46,83	200m	02:53.43 43,86	300m	04:31.44 50,09
350m	05:11.39 39,95				
10. Evita Hoornweg (TriVia, 201002046)					05:52.97(+72)
50m	00:35.96 35,96	150m	02:09.79 46,82	250m	03:41.48 48,26
100m	01:22.97 47,01	200m	02:53.22 43,43	300m	04:32.45 50,97
350m	05:13.41 40,96				
11. Mare Offringa (SG. Bolsward-Workum, 201001110)					06:02.70(+79)
50m	00:40.05 40,05	150m	02:16.63 45,49	250m	03:50.86 50,17
100m	01:31.14 51,09	200m	03:00.69 44,06	300m	04:42.77 51,91
350m	05:23.36 40,59				
12. Anna Schuurman (SG. Bolsward-Workum, 201000076)					06:16.52(+77)
50m	00:42.14 42,14	150m	02:17.76 46,14	250m	03:58.77 55,95
100m	01:31.62 49,48	200m	03:02.82 45,06	300m	04:55.13 56,36
350m	05:36.84 41,71				
13. Yvonne de Graaf (DWK, 201101418)					06:19.21(+73)
50m	00:39.99 39,99	150m	02:16.29 46,64	250m	03:56.79 55,56
100m	01:29.65 49,66	200m	03:01.23 44,94	300m	04:52.81 56,02
350m	05:37.85 45,04				
14. Zsofi Bouw (DWK, 201101102)					06:34.65(+80)
50m	00:41.08 41,08	150m	02:21.57 50,39	250m	04:07.35 55,56
100m	01:31.18 50,10	200m	03:11.79 50,22	300m	05:04.63 57,28
350m	05:50.54 45,91				
41. 200m wisselslag - Heren					
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>					
1. Lars Verhale (PSV, 200200019)					02:00.70(+74)
50m	00:26.14 26,14	100m	00:57.39 31,25	150m	01:32.28 34,89
2. Yanieck Weijland (Blue Marlins, 200500329)					02:00.85(+74)
50m	00:26.78 26,78	100m	00:58.43 31,65	150m	01:32.85 34,42
3. Niels Dijkhoorn (PSV, 200203079)					02:05.23(+70)
50m	00:27.57 27,57	100m	00:58.67 31,10	150m	01:35.44 36,77
4. Lars Bulman (Blue Marlins, 200600125)					02:09.11(+66)
50m	00:27.14 27,14	100m	01:00.06 32,92	150m	01:38.01 37,95
5. Storm Tolsma (ZIGNEA, 200600277)					02:12.64(+74)
50m	00:28.44 28,44	100m	01:03.37 34,93	150m	01:41.74 38,37
6. Luca Boorsma (De Dolfijn, 200902031)					02:12.94(+60)
50m	00:27.66 27,66	100m	01:00.83 33,17	150m	01:41.10 40,27
7. Storm Boxum (DZ&PC, 200700421)					02:13.59(+74)
50m	00:29.60 29,60	100m	01:05.88 36,28	150m	01:41.87 35,99
8. Roan van der Weide (Blue Marlins, 200601629)					02:15.27(+68)
50m	00:29.11 29,11	100m	01:05.49 36,38	150m	01:42.16 36,67
9. Jisse Lousma (WVZ, 200701493)					02:15.84(+62)
50m	00:28.82 28,82	100m	01:03.76 34,94	150m	01:44.35 40,59

10. Tim van Erven (DZ&PC, 200700175)	50m 00:29.87 29,87	100m 01:04.49 34,62	150m 01:46.89 42,40	02:16.68(+77)
11. Ivo Bot (Wiekslag, 200900509)	50m 00:29.31 29,31	100m 01:04.17 34,86	150m 01:46.03 41,86	02:17.44(+72)
12. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023)	50m 00:28.81 28,81	100m 01:04.99 36,18	150m 01:44.50 39,51	02:17.84(+64)
13. Fayssal Lantema (Zwemlust- den Hommel, 200101379)	50m 00:29.17 29,17	100m 01:05.21 36,04	150m 01:46.83 41,62	02:18.51(+73)
14. Cruz de Groot (Team Noord Holland (SG), 200801077)	50m 00:29.28 29,28	100m 01:05.90 36,62	150m 01:45.69 39,79	02:19.51(+68)
15. Collard Jungeling (DZ&PC, 200701831)	50m 00:29.52 29,52	100m 01:08.08 38,56	150m 01:48.53 40,45	02:20.16(+78)
16. Lou van Leeuwen (De Dolfijn, 200702779)	50m 00:30.35 30,35	100m 01:07.67 37,32	150m 01:47.72 40,05	02:20.36(+71)
17. Kay van Sleen (Steenwijk 1934, 200400083)	50m 00:31.23 31,23	100m 01:09.29 38,06	150m 01:47.50 38,21	02:20.59(+76)
18. Mike Hilders (De Dolfijn, 200900281)	50m 00:30.58 30,58	100m 01:04.43 33,85	150m 01:47.85 43,42	02:20.79(+66)
19. Diede Veld (HZ&PC Heerenveen, 200800011)	50m 00:30.40 30,40	100m 01:06.53 36,13	150m 01:48.50 41,97	02:21.10(+81)
20. Jere Wiersma (DZ&PC, 200701037)	50m 00:30.69 30,69	100m 01:08.21 37,52	150m 01:50.78 42,57	02:23.89(+76)
21. Jelte de Boer (De Vikings, 200700345)	50m 00:31.54 31,54	100m 01:09.70 38,16	150m 01:51.13 41,43	02:24.42(+61)
22. Vincent Versteeg (Zwemlust- den Hommel, 197701003)	50m 00:31.62 31,62	100m 01:10.89 39,27	150m 01:51.36 40,47	02:24.72(+75)
23. Jamie Kenworthy (De Dolfijn, 200800045)	50m 00:30.77 30,77	100m 01:08.51 37,74	150m 01:51.20 42,69	02:25.80(+76)
24. Brian Arturo Bloemsma (De Dolfijn, 200901155)	50m 00:32.21 32,21	100m 01:13.59 41,38	150m 01:54.15 40,56	02:28.56(+65)
25. Tycho Wienbelt (De Vikings, 201001397)	50m 00:34.19 34,19	100m 01:11.92 37,73	150m 01:55.31 43,39	02:29.63(+75)
26. Cayden Malone (De Dolfijn, 201002195)	50m 00:32.27 32,27	100m 01:11.29 39,02	150m 01:55.48 44,19	02:30.92(+68)
26. Mathijs de Wit (KSN (SG), 201001215)	50m 00:34.25 34,25	100m 01:11.76 37,51	150m 01:57.79 46,03	02:30.92(+73)
28. Derek Smit (De Reuring, 200702055)	50m 00:29.88 29,88	100m 01:10.45 40,57	150m 01:56.93 46,48	02:31.88(+65)
29. Esh Nolden (Blue Marlins, 200800145)	50m 00:33.96 33,96	100m 01:12.88 38,92	150m 01:59.28 46,40	02:34.93(+63)
30. Nathan Magava (De Dolfijn, 201003067)	50m 00:31.70 31,70	100m 01:11.71 40,01	150m 01:57.28 45,57	02:35.98(+65)
31. Juan Cruz Slappendel (Orca Leeuwarden, 200903053)	50m 00:30.39 30,39	100m 01:12.14 41,75	150m 02:01.83 49,69	02:36.84(+71)
32. Quinten Oostveen (ZPC AMERSFOORT, 201002605)	50m 00:32.82 32,82	100m 01:14.70 41,88	150m 02:02.68 47,98	02:36.93(+69)
33. Kasper Lubbers (Orca Leeuwarden, 201100025)	50m 00:37.14 37,14	100m 01:18.02 40,88	150m 02:02.88 44,86	02:37.30(+70)
34. Lev Rudman (Blue Marlins, 201102343)				02:38.31(+61)

50m 00:33.40 33,40 100m 01:15.04 41,64 150m 02:03.63 48,59

35. Yorre van der Wal (SG. Bolsward-Workum, 201000017) 02:44.33(+61)
50m 00:39.89 39,89 100m 01:20.28 40,39 150m 02:07.91 47,63
36. Nanne Woldring (De Vikings, 201102035) 03:06.03(+87)
50m 00:40.83 40,83 100m 01:30.04 49,21 150m 02:24.98 54,94

Speedo Fast Water Meet finale 2 - zondag 7 juli 2024 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:15u

23. 50m vrije slag - Dames

11 - 16 jaar (*Jeugd 2 en jonger*)

1. Fay Boxum (DZ&PC, 200900060) 00:26.76(+79)
2. Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 00:27.00(+77)
3. Carla Moreno Palacios (De Dolfijn, 201002302) 00:27.02(+75)
4. Nynke Boerefijn (ZPC AMERSFOORT, 200700114) 00:27.20(+81)
5. Fenna Westerneng (DZ&PC, 200900070) 00:27.79(+80)
6. Veerle de Ridder (HZ&PC Heerenveen, 200700778) 00:27.90(+70)
7. Ilana Gentile (Orca Leeuwarden, 200801558) 00:28.13(+68)
8. Mariia Kostina (Blue Marlins, 201002042) 00:28.17(+72)
- . Rafaela Mulders (De Reuring, 200701398)
- . Serena Stel (De Dolfijn, 199801528)
- . Lynn Blommers (Blue Marlins, 200105062)
- . Karlijn Dijkshoorn (Steenwijk 1934, 200803926)

vanaf 17 jaar (*Senioren 1 en ouder*)

1. Valerie van Roon (De Dolfijn, 199802326) 00:24.14(+69)
2. Britta Koehorst (WVZ, 200300246) 00:24.67(+68)
3. Milou van Wijk (Team NL - WVZ, 200404948) 00:24.74(+75)
4. Femke Hoppenbrouwer (De Dolfijn, 200301124) 00:25.48(+75)
5. Anna van Droffelaar (PSV, 200400258) 00:25.52(+64)
6. Kim Jansen van Galen (PSV, 200201594) 00:25.95(+70)
7. Marin Wieling (ZPC AMERSFOORT, 200501220) 00:26.46(+71)
- DIS. Janne Slegers (PSV, 200404090) 00:00.00

24. 100m vrije slag - Heren

12 - 17 jaar

1. Nándor Szabó (De Dolfijn, 200700475) 00:50.97(+68)
50m 00:24.61 24,61
2. Boele Böhm (Blue Marlins, 200700739) 00:51.72(+66)
50m 00:24.95 24,95
3. Lars Bulman (Blue Marlins, 200600125) 00:51.87(+64)
50m 00:24.89 24,89
4. Connor Bagley (Blue Marlins, 200604455) 00:53.27(+65)
50m 00:25.48 25,48
5. Gijs Koehoorn (HZ&PC Heerenveen, 200800275) 00:53.53(+69)
50m 00:25.34 25,34
6. Tim van Erven (DZ&PC, 200700175) 00:53.81(+78)

	50m 00:26.13 26,13	
7.	Jisse Lousma (WVZ, 200701493) 50m 00:26.97 26,97	00:54.49(+67)
8.	Storm Tolsma (ZIGNEA, 200600277) 50m 00:26.44 26,44	00:54.57(+75)
.	Jetze de Vries (De Vikings, 200602589)	
.	Marnix Rietveld (ZV Haerlem, 200700939)	
.	Bart Muselaers (DWK, 200100865)	
.	Kenan Coeruez (Feijenoord Albion, 200300357)	
	<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1.	Ivo Stolk (Feijenoord Albion, 200100615) 50m 00:23.36 23,36	00:49.41(+68)
2.	Michael Smink (Blue Marlins, 200302169) 50m 00:23.97 23,97	00:49.59(+67)
3.	Wiktor Syldatk (De Dolfijn, 200305079) 50m 00:24.31 24,31	00:50.21(+67)
4.	Émile Fouzaï (Blue Marlins, 200500263) 50m 00:24.26 24,26	00:50.34(+64)
5.	Lars Verhalle (PSV, 200200019) 50m 00:25.22 25,22	00:50.94(+74)
6.	Matthijs van Meerendonk (DZ&PC, 199900375) 50m 00:24.53 24,53	00:51.62(+63)
7.	Emiel van Oord (De Dolfijn, 200503707) 50m 00:24.46 24,46	00:51.78(+65)
8.	Yazan Al Bawwab (PSV, 199905421) 50m 00:24.38 24,38	00:55.71(+68)
25.	100m rugslag - Dames	
	<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1.	Maike Ooms (ZPC AMERSFOORT, 200801580) 50m 00:29.71 29,71	01:01.35(+78)
2.	Eefje Irvine (De Dolfijn, 200700164) 50m 00:30.34 30,34	01:02.39(+53)
3.	Fay Boxum (DZ&PC, 200900060) 50m 00:30.57 30,57	01:03.50(+66)
4.	Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:30.97 30,97	01:03.56(+64)
5.	Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:31.85 31,85	01:05.36(+63)
6.	Madeleine Bertram (De Dolfijn, 200900516) 50m 00:32.84 32,84	01:07.28(+60)
7.	Esmee Mulder (DZ&PC, 200800038) 50m 00:32.74 32,74	01:07.36(+60)
8.	Senna Rijnbeek (ZPC AMERSFOORT, 200901480) 50m 00:33.61 33,61	01:09.68(+67)
.	Rhodee van den Ham (De Duinkickers, 200700090)	
.	Elin Reinstra (TriVia, 201100842)	
.	Elise Hardeman (ZPC AMERSFOORT, 200101068)	

. Karin Rijkelijkhuisen (DZ&PC, 199403358)		
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>		
1. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	50m 00:28.87 28,87	00:59.91(+59)
2. Amber Celie (De Dolfijn, 200300756)	50m 00:30.31 30,31	01:02.68(+56)
3. Lynn Blommers (Blue Marlins, 200105062)	50m 00:32.08 32,08	01:06.03(+61)
4. Myrthe Natzijl (DZ&PC, 200400076)	50m 00:32.11 32,11	01:06.08(+72)
5. Famke Irvine (De Otters Het Gooi, 200501724)	50m 00:32.24 32,24	01:06.87(+69)
6. Amé Hulleman (DZ&PC, 200202794)	50m 00:34.19 34,19	01:10.04(+72)
7. Inge Dekker (HZ&PC Heerenveen, 200200476)	50m 00:33.55 33,55	01:10.22(+67)
26. 50m rugslag - Heren		
<i>12 - 17 jaar</i>		
1. Niek Issard (DZ&PC, 200700037)		00:26.96(+66)
2. Tiamo van der Veen (Dedemsvaart-AC, 200600033)		00:27.39(+60)
3. Lars Heddema (Steenwijk 1934, 200603697)		00:27.71(+68)
4. Willem Weustink (Team Noord Holland (SG), 200800109)		00:27.94(+66)
5. Damir Mustafic (DZ&PC, 200800885)		00:28.76(+66)
6. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)		00:28.93(+60)
7. Jere Wiersma (DZ&PC, 200701037)		00:30.15(+66)
8. Tim van Erven (DZ&PC, 200700175)		00:30.56(+59)
. Abel op den Velde (De Duinkickers, 201000079)		
. Boyd Delsaerd (Blue Marlins, 200704051)		
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>		
1. Joep Hoogerwerf (De Dolfijn, 200204527)		00:24.84(+56)
2. Lars Minnaert (PSV, 200502355)		00:25.17(+53)
3. Yazan Al Bawwab (PSV, 199905421)		00:26.04(+63)
4. Juri Dijkstra (De Dolfijn, 200002119)		00:26.48(+67)
5. Nino Sieling (De Dolfijn, 199701845)		00:27.24(+66)
6. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)		00:27.67(+66)
7. Bjorn de Heus (Feijenoord Albion, 200201077)		00:28.00(+60)
8. Richard Kuipers (HZ&PC Heerenveen, 199704171)		00:28.68(+69)
27. 50m schoolslag - Dames		
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>		
1. Liv Heijdra (WVZ, 200800736)		00:33.74(+74)
2. Veerle Hildebrand (PSV, 200801830)		00:33.80(+74)
3. Nieke Dovic (PSV, 200700238)		00:34.18(+82)
4. Annique Rupke (WVZ, 200700876)		00:34.39(+76)

5. Eefje van Hinsbergen (Blue Marlins, 201002252)	00:35.61(+67)
6. Breanna Belmar (Blue Marlins, 201004068)	00:35.98(+74)
7. Marre van der Wal (SG. Bolsward-Workum, 201000046)	00:36.08(+73)
8. Esmaré de Gans (ZPC AMERSFOORT, 200900134)	00:36.09(+76)
. Manon Kloosterman (Zwemlust- den Hommel, 199702082)	
. Nynke van der Zee (Orca Leeuwarden, 200700604)	
. Noa Jaffe (De Dolfijn, 201000726)	
. Lise Kleinbekman (DZ&PC, 200502870)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Sterre Hendriks (De Dolfijn, 200401288)	00:32.38(+70)
2. Joy Willekus (De Dolfijn, 200602420)	00:32.47(+65)
3. Fenna de Groot (Feijenoord Albion, 199701796)	00:32.99(+67)
4. Jade Geurts (WVZ, 200402278)	00:33.15(+72)
5. Karin Rijkelijkhuisen (DZ&PC, 199403358)	00:33.30(+70)
6. Yvette Buis (De Dolfijn, 200401830)	00:33.82(+71)
7. Fenne Peters (PSV, 200601388)	00:34.66(+73)
8. Janne Slegers (PSV, 200404090)	00:35.02(+68)
203. 25m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Valerie van Roon (De Dolfijn, 199802326)	00:11.15(+68)
2. Britta Koehorst (WVZ, 200300246)	00:11.30(+66)
3. Milou van Wijk (Team NL - WVZ, 200404948)	00:11.59(+76)
4. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:11.72(+69)
5. Anna van Droffelaar (PSV, 200400258)	00:11.94(+64)
6. Kim Jansen van Galen (PSV, 200201594)	00:12.01(+71)
7. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:12.16(+73)
8. Fay Boxum (DZ&PC, 200900060)	00:12.37(+76)
42. 5x50m vrije slag heren	
<i>vanaf 12 jaar (Junioren 1 en ouder)</i>	
1. De Dolfijn	01:52.73
Thom de Boer 1991 (+66) 50m 00:21.48 21,48	
Juri Dijkstra 2000 (+16) 100m 00:44.99 23,51	
Jesse van der A 1999 (+11) 150m 01:07.34 22,35	
Emiel van Oord 2005 (+22) 200m 01:30.20 22,86	
Joep Hoogerwerf 2002 (+21) 250m 01:52.73 22,53	
28. 100m schoolslag - Heren	
<i>12 - 17 jaar</i>	
1. Roan van der Weide (Blue Marlins, 200601629)	01:03.21(+65)
50m 00:29.46 29,46	
2. Storm Boxum (DZ&PC, 200700421)	01:03.38(+69)
50m 00:29.53 29,53	
3. Yaniv Kerdijk (ZV Haerlem, 200603439)	01:03.70(+71)
50m 00:29.55 29,55	
4. Jetze de Vries (De Vikings, 200602589)	01:06.11(+69)
50m 00:30.84 30,84	

5. Floris van der Valk (Wiekslag, 200801891) 50m 00:31.17 31,17	01:06.56(+64)
6. Luca Boorsma (De Dolfijn, 200902031) 50m 00:31.27 31,27	01:06.71(+59)
7. Thierry Zulver (ZV Vlaardingen-Schiedam, 200700023) 50m 00:30.82 30,82	01:07.27(+64)
8. Storm Tolsma (ZIGNEA, 200600277) 50m 00:31.86 31,86	01:07.99(+78)
. Vincent Versteeg (Zwemlust- den Hommel, 197701003)	
. Cruz de Groot (Team Noord Holland (SG), 200801077)	
. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Bram Zwetsloot (Team NL - Nuenen, 200202117) 50m 00:27.46 27,46	00:58.82(+63)
2. Koen de Groot (PSV, 200401059) 50m 00:27.09 27,09	00:58.95(+64)
3. Lars Verhalle (PSV, 200200019) 50m 00:27.90 27,90	00:59.70(+72)
4. Kingue Struijf (De Dolfijn, 199400913) 50m 00:27.79 27,79	01:00.54(+67)
5. Bjarne van Oord (De Dolfijn, 200105101) 50m 00:30.86 30,86	01:06.25(+63)
6. Emiel van Oord (De Dolfijn, 200503707) 50m 00:31.35 31,35	01:07.29(+64)
7. Kyle Scritchfield (DZ&PC, 200404893) 50m 00:31.12 31,12	01:08.54(+67)
8. Kay van Sleen (Steenwijk 1934, 200400083) 50m 00:32.69 32,69	01:09.57(+79)
29. 100m vlinderslag - Dames	
<i>11 - 16 jaar (Jeugd 2 en jonger)</i>	
1. Laura van Etten (HZ&PC Heerenveen, 200800264) 50m 00:29.50 29,50	01:03.91(+78)
2. Rhodee van den Ham (De Duinkickers, 200700090) 50m 00:31.23 31,23	01:05.37(+74)
3. Silke Hooghiemstra (HZ&PC Heerenveen, 200901224) 50m 00:30.99 30,99	01:05.91(+66)
4. Elin Brinkhof (De Dolfijn, 200900078) 50m 00:31.03 31,03	01:07.37(+75)
5. Julia Dąbrowska (Blue Marlins, 201000300) 50m 00:30.99 30,99	01:07.49(+75)
6. Isis Verhoeff (De Otters Het Gooi, 200902962) 50m 00:32.12 32,12	01:08.93(+74)
7. Madeleine Bertram (De Dolfijn, 200900516) 50m 00:32.22 32,22	01:10.23(+82)
8. Carla Moreno Palacios (De Dolfijn, 201002302) 50m 00:32.11 32,11	01:11.13(+76)
. Famke Irvine (De Otters Het Gooi, 200501724)	
. Fenne Metten (ZPC AMERSFOORT, 201000102)	

. Esmaré de Gans (ZPC AMERSFOORT, 200900134)	
. Luca Ebbing (DZ&PC, 199802406)	
<i>vanaf 17 jaar (Senioren 1 en ouder)</i>	
1. Elise Tanis (De Dolfijn, 200200120)	00:59.58(+67)
50m 00:28.28 28,28	
2. Evy Rozeboom (DAW, 200601338)	01:01.62(+82)
50m 00:29.05 29,05	
3. Leyla Oversluizen (Feijenoord Albion, 200602730)	01:01.83(+68)
50m 00:28.73 28,73	
4. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)	01:02.38(+70)
50m 00:29.50 29,50	
5. Milou van Wijk (Team NL - WVZ, 200404948)	01:02.51(+79)
50m 00:28.67 28,67	
6. Lynn Blommers (Blue Marlins, 200105062)	01:03.52(+70)
50m 00:29.61 29,61	
7. Marte Hieke van der Kamp (HZ&PC Heerenveen, 200500218)	01:05.98(+73)
50m 00:30.11 30,11	
8. Olena Dijkstra (Orca Leeuwarden, 200202624)	01:06.67(+75)
50m 00:29.97 29,97	
30. 50m vlinderslag - Heren	
<i>12 - 17 jaar</i>	
1. Lars Bulman (Blue Marlins, 200600125)	00:24.44(+68)
2. Jisse Lousma (WVZ, 200701493)	00:25.77(+65)
3. Quinten Brouwer von Gonzenbach (TriVia, 200700001)	00:25.92(+72)
4. Marnix Rietveld (ZV Haarlem, 200700939)	00:26.40(+76)
5. Jetze de Vries (De Vikings, 200602589)	00:26.68(+68)
6. Connor Bagley (Blue Marlins, 200604455)	00:26.71(+63)
7. Lars Heddema (Steenwijk 1934, 200603697)	00:26.99(+76)
8. Gijs Koehoorn (HZ&PC Heerenveen, 200800275)	00:27.04(+69)
. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)	
. Cruz de Groot (Team Noord Holland (SG), 200801077)	
. Nino Sieling (De Dolfijn, 199701845)	
. Damir Mustafic (DZ&PC, 200800885)	
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>	
1. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:22.76(+63)
2. Michael Smink (Blue Marlins, 200302169)	00:23.42(+66)
3. Matthijs van Meerendonk (DZ&PC, 199900375)	00:24.43(+62)
4. Lars Minnaert (PSV, 200502355)	00:24.79(+63)
5. Kenan Coeruez (Feijenoord Albion, 200300357)	00:25.55(+69)
6. Rik Hofland (Team Noord Holland (SG), 199701737)	00:25.83(+69)
7. Wilco Nijenhuis (A.S.Z.V. Spons, 199802463)	00:26.01(+65)
8. Kyle Scritchfield (DZ&PC, 200404893)	00:27.16(+70)
31. 100m wisselslag - Dames	

11 - 16 jaar (Jeugd 2 en jonger)

1. Rafaela Mulders (De Reuring, 200701398)	01:05.02(+68)
50m 00:30.49 30,49	
2. Fay Boxum (DZ&PC, 200900060)	01:05.48(+80)
50m 00:30.30 30,30	
3. Esmee Mulder (DZ&PC, 200800038)	01:06.95(+71)
50m 00:31.25 31,25	
4. Liv Heijdra (WVZ, 200800736)	01:07.83(+74)
50m 00:32.27 32,27	
5. Annique Rupke (WVZ, 200700876)	01:08.48(+76)
50m 00:31.45 31,45	
6. Nynke van der Zee (Orca Leeuwarden, 200700604)	01:10.36(+74)
50m 00:32.32 32,32	
7. Esm�e de Gans (ZPC AMERSFOORT, 200900134)	01:11.55(+78)
50m 00:33.36 33,36	
8. Annedieke Scholte (Blue Marlins, 200701110)	01:12.01(+77)
50m 00:32.60 32,60	
. Rowie Kamp (De Reuring, 200001706)	
. Elin Reinstra (TriVia, 201100842)	
. Fenne Peters (PSV, 200601388)	

vanaf 17 jaar (Senioren 1 en ouder)

1. Britta Koehorst (WVZ, 200300246)	00:59.79(+68)
50m 00:27.76 27,76	
2. Kim Jansen van Galen (PSV, 200201594)	01:03.26(+74)
50m 00:29.79 29,79	
3. Sterre Hendriks (De Dolfijn, 200401288)	01:04.15(+70)
50m 00:29.77 29,77	
4. Jill Nai Chung Tong (WVZ, 200404272)	01:04.64(+68)
50m 00:29.13 29,13	
5. Serena Stel (De Dolfijn, 199801528)	01:05.12(+68)
50m 00:30.85 30,85	
6. Janne Slegers (PSV, 200404090)	01:05.94(+78)
50m 00:29.59 29,59	
7. Jade Geurts (WVZ, 200402278)	01:09.22(+76)
50m 00:32.96 32,96	
8. Myrthe Natzijl (DZ&PC, 200400076)	01:10.30(+80)
50m 00:34.11 34,11	

204. 25m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Valerie van Roon (De Dolfijn, 199802326)	00:11.25(+69)
2. Femke Hoppenbrouwer (De Dolfijn, 200301124)	00:11.81(+72)
3. Milou van Wijk (Team NL - WVZ, 200404948)	00:11.83(+75)
4. Anna van Droffelaar (PSV, 200400258)	00:11.95(+63)
5. Britta Koehorst (WVZ, 200300246)	00:12.15(+73)
6. Marin Wieling (ZPC AMERSFOORT, 200501220)	00:12.29(+71)
7. Fay Boxum (DZ&PC, 200900060)	00:12.45(+77)
8. Kim Jansen van Galen (PSV, 200201594)	00:12.49(+74)

34. 200m vrije slag - Dames

11 - 16 jaar (Jeugd 2 en jonger)

1. Maaike Ooms (ZPC AMERSFOORT, 200801580)				02:02.14(+74)
50m 00:27.54 27,54	100m 00:58.04 30,50	150m 01:30.10 32,06		
2. Nynke Boerefijn (ZPC AMERSFOORT, 200700114)				02:03.46(+84)
50m 00:28.32 28,32	100m 00:59.34 31,02	150m 01:31.43 32,09		
3. Esmee Mulder (DZ&PC, 200800038)				02:08.03(+70)
50m 00:29.91 29,91	100m 01:02.09 32,18	150m 01:34.93 32,84		
4. Fenna Westerneng (DZ&PC, 200900070)				02:09.30(+81)
50m 00:30.00 30,00	100m 01:02.89 32,89	150m 01:36.05 33,16		
5. Fay Boxum (DZ&PC, 200900060)				02:12.57(+81)
50m 00:29.74 29,74	100m 01:03.55 33,81	150m 01:38.09 34,54		
6. Veerle de Ridder (HZ&PC Heerenveen, 200700778)				02:12.90(+74)
50m 00:29.90 29,90	100m 01:03.93 34,03	150m 01:38.96 35,03		
7. Esmée Ykema (HZ&PC Heerenveen, 200801710)				02:13.04(+79)
50m 00:30.91 30,91	100m 01:04.64 33,73	150m 01:38.88 34,24		
8. Ilana Gentile (Orca Leeuwarden, 200801558)				02:13.81(+75)
50m 00:30.80 30,80	100m 01:04.96 34,16	150m 01:39.96 35,00		

. Manon Kloosterman (Zwemlust- den Hommel, 199702082)

. Chiara Lammertink (ZPC AMERSFOORT, 200902200)

. Senna Rijnbeek (ZPC AMERSFOORT, 200901480)

. Chantal Tiesinga (DZ&PC, 200302452)

vanaf 17 jaar (Senioren 1 en ouder)

1. Hedwig Bolt (HZ&PC Heerenveen, 200602660)				02:01.14(+77)
50m 00:28.40 28,40	100m 00:58.94 30,54	150m 01:30.04 31,10		
2. Elise Hardeman (ZPC AMERSFOORT, 200101068)				02:02.98(+73)
50m 00:28.51 28,51	100m 00:59.37 30,86	150m 01:31.05 31,68		
3. Ismay Lichtendonk (Dedemsvaart-AC, 200400622)				02:04.17(+72)
50m 00:29.06 29,06	100m 01:00.09 31,03	150m 01:32.04 31,95		
4. Dominique Dingshoff (ZPC Hoogeveen, 200400804)				02:08.79(+76)
50m 00:30.05 30,05	100m 01:02.87 32,82	150m 01:36.23 33,36		
5. Myrthe Natzijs (DZ&PC, 200400076)				02:09.38(+76)
50m 00:30.39 30,39	100m 01:03.34 32,95	150m 01:36.73 33,39		
6. Sophia van Droffelaar (ZV Vlaardingen-Schiedam, 200500330)				02:10.62(+69)
50m 00:29.90 29,90	100m 01:03.41 33,51	150m 01:37.05 33,64		
7. Kim Jansen van Galen (PSV, 200201594)				02:11.69(+75)
50m 00:29.93 29,93	100m 01:03.52 33,59	150m 01:38.27 34,75		
8. Amé Hulleman (DZ&PC, 200202794)				02:12.46(+77)
50m 00:30.59 30,59	100m 01:03.70 33,11	150m 01:38.32 34,62		

43. 4x50m wisselslag heren

vanaf 12 jaar (Junioren 1 en ouder)

1. Feijenoord Albion				01:40.47
Bjorn de Heus 2002 (+62)	50m 00:27.64 27,64			
Kenan Coeruez 2003 (+18)	100m 00:55.96 28,32			
Thomas Verhoeven 1997 (+13)	150m 01:18.64 22,68			
Ivo Stolk 2001 (+15)	200m 01:40.47 21,83			
2. De Dolfijn				01:42.34
Bjarne van Oord 2001 (+57)	50m 00:25.62 25,62			
Juri Dijkstra 2000 (+18)	100m 00:53.81 28,19			
Wiktor Sylдатk 2003 (+43)	150m 01:18.71 24,90			

Nándor Szabó 2007 (+42)	200m	01:42.34	23,63	
3. De Dolfijn				01:49.93
Nino Sieling 1997 (+69)	50m	00:27.82	27,82	
Noah de Schryver 2001 (+15)	100m	00:55.42	27,60	
Jamie Kenworthy 2008 (+48)	150m	01:23.42	28,00	
Evren Ege Orcunus 2010 (+25)	200m	01:49.93	26,51	
DIS: De Dolfijn				00:00.00
Joep Hoogerwerf 2002 (+55)	50m	00:25.30	25,30	
Kingue Struijf 1994 (-17)	200m	00:00.00	-25,30	
44. 4x50m vrije slag dames				
vanaf 11 jaar (Senioren Open)				
1. De Dolfijn				01:42.61
Femke Hoppenbrouwer 2003 (+78)	50m	00:25.95	25,95	
Elise Tanis 2002 (+27)	100m	00:52.13	26,18	
Serena Stel 1998 (+50)	150m	01:18.47	26,34	
Valerie van Roon 1998 (+28)	200m	01:42.61	24,14	
2. De Dolfijn				01:48.40
Amber Celie 2003 (+74)	50m	00:26.48	26,48	
Madeleine Bertram 2009 (+48)	100m	00:54.37	27,89	
Carla Moreno Palacios 2010 (+50)	150m	01:22.00	27,63	
Tamara Grove 1996 (+24)	200m	01:48.40	26,40	
3. HZ&PC Heerenveen				01:48.86
Marte Hieke van der Kamp 2005 (+72)	50m	00:27.38	27,38	
Veerle de Ridder 2007 (+32)	100m	00:55.54	28,16	
Hedwig Bolt 2006 (+44)	150m	01:22.26	26,72	
Laura van Etten 2008 (+36)	200m	01:48.86	26,60	
4. De Dolfijn				01:53.16
Eefje Irvine 2007 (+69)	50m	00:27.47	27,47	
Inger van Oord 2007 (+48)	100m	00:55.95	28,48	
Elin Brinkhof 2009 (+62)	150m	01:24.66	28,71	
Melissa Odemis 2006 (+39)	200m	01:53.16	28,50	